

HW 11

1. (a)  $I_r = \frac{1}{2\pi} \oint p_r \wedge r = \frac{1}{2\pi} \int_0^{T_r} m \dot{x}^2 dt$   $T_r$ :  $x$  返回运动初态的周期

$$I_y = \frac{1}{2\pi} \int_0^{T_y} m \dot{y}^2 dt$$

$$\pi \left( \frac{I_r}{T_r} + \frac{I_y}{T_y} \right) = \langle T \rangle \quad \text{又 } \langle T \rangle = \langle V \rangle \quad (\text{Virial 定理})$$

$$E = \langle T \rangle + \langle V \rangle = 2\pi \left( \frac{I_r}{T_r} + \frac{I_y}{T_y} \right)$$

(b)  $\dot{\phi}_x = \frac{\partial E}{\partial I_r} = \frac{2\pi}{T_r} = \omega_x \quad \phi_x = \omega_x t + \phi_{x0}$

$$\dot{\phi}_y = \frac{\partial E}{\partial I_y} = \omega_y \quad \phi_y = \omega_y t + \phi_{y0}$$

运动方程  $x = \sqrt{\frac{2I_r}{m}} \cdot \frac{1}{\omega_x} \cos \phi_x = \sqrt{\frac{2I_r}{m}} \frac{1}{\omega_x} \cos(\omega_x t + \phi_{x0})$

$$y = \sqrt{\frac{2I_y}{m}} \frac{1}{\omega_y} \cos \phi_y = \sqrt{\frac{2I_y}{m}} \frac{1}{\omega_y} \cos(\omega_y t + \phi_{y0})$$

这是一个李萨如图形

2.  $I_r = \frac{1}{2\pi} \oint \sqrt{2mE + \frac{2mK}{r} - \frac{2mh}{r^2} - \frac{L^2}{r^2}} dr =$

$$I_\theta = L - I_\varphi \quad I_\varphi = L\delta$$

将  $L = I_\theta + I_\varphi$  代入  $I_r$  表达式可得  $E(I_r, I_\theta, I_\varphi)$  关系.

$$\omega_r = \frac{\partial E}{\partial I_r}$$

$$\omega_\theta = \frac{\partial E}{\partial I_\theta}$$

$$\omega_\varphi = \frac{\partial E}{\partial I_\varphi}$$

周期已知:  $n_r \omega_r = n_\theta \omega_\theta = n_\varphi \omega_\varphi$

3. H字恒  $\frac{1}{2} m l^2 \dot{\theta}^2 + \frac{1}{2} m g l \theta^2 = \frac{1}{2} m g l \theta_0^2$  ①  $\theta_0$  为初始幅

$$\frac{1}{2} \frac{p^2}{m l^2} + \frac{1}{2} m g l \theta^2 = \frac{1}{2} m g l \theta_0^2$$

容易求出 - 个周期内, 摆受力的平均

$$\bar{F} = -\frac{1}{2} m g \overline{\theta^2} + m l^2 \overline{\dot{\theta}^2} = -\frac{1}{4} m g \theta_0^2 + \frac{1}{2} m l^2 \omega^2 \theta_0^2 = \frac{1}{4} m g \theta_0^2$$

$$-\bar{F} dl = dH = \frac{1}{2} m g \theta_0^2 dl + \frac{1}{2} m g l \cdot 2\theta_0 d\theta_0$$

$$\Rightarrow -\frac{1}{4} \theta_0 dl = l d\theta_0 \Rightarrow \delta(l^{\frac{3}{2}} \theta_0^2) = 0 \quad E\sqrt{l} \text{ 是绝热不变量}$$

(由①式可知其与相空间中的面积相关)

4.  $\delta E l^2 + 2 E l \delta l = 0 \quad \text{即} \quad \delta E = -\frac{2E}{l} \delta l$