# BOSE-EINSTEIN CONDENSATION <br> IN DILUTE GASES 

Second Edition

Since an atomic Bose-Einstein condensate, predicted by Einstein in 1925, was first produced in the laboratory in 1995, the study of ultracold Bose and Fermi gases has become one of the most active areas in contemporary physics. In this book the authors explain phenomena in ultracold gases from basic principles, without assuming a detailed knowledge of atomic and condensed matter physics. This new edition has been revised and updated, and includes new chapters on optical lattices, low dimensions, and strongly interacting Fermi systems.
This book provides a unified introduction to the physics of ultracold atomic Bose and Fermi gases at advanced undergraduate and graduate levels. The book will also be of interest to anyone with a general background in physics, from undergraduates to researchers in the field. Chapters cover the statistical physics of trapped gases, atomic properties, cooling and trapping atoms, interatomic interactions, structure of trapped condensates, collective modes, rotating condensates, superfluidity, mixtures and spinor condensates, interference and correlations, optical lattice low-dimensional systems, Fermi gases and the crossaw from the BCS superfluid state to a Bose-Einstein condensate of diatomic molecules. Problems are included at the end of each chapter.

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The two authors have worked together on problems in low-temperature physics, in particular on the superfluid phases of liquid ${ }^{3} \mathrm{He}$ superconductors and dilute quantum gases. This book derives from graduate-level lectures given by the authors at the University of Copenhagen.

BOSE-EINSTEIN CONDENSATION<br>IN DILUTE GASES<br>Second Edition<br>C. J. PETHICK<br>Nordita<br>H. SMITH<br>University of Copenhagen

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## Preface

The experimental discovery of Bose-Einstein condensation in trapped atomic clouds opened up the exploration of quantum phenomena in a qualitatively new regime. Our aim in the present work is to provide an introduction to this rapidly developing field.

The study of Bose-Einstein condensation in dilute gases draws on many different subfields of physics. Atomic physics provides the basic methods for creating and manipulating these systems, and the physical data required to characterize them. Because interactions between atoms play a key role in the behaviour of ultracold atomic clouds, concepts and methods from condensed matter physics are used extensively. Investigations of spatial and temporal correlations of particles provide links to quantum optics, where related studies have been made for photons. Trapped atomic clouds have some similarities to atomic nuclei, and insights from nuclear physics have been helpful in understanding their properties.

In presenting this diverse range of topics we have attempted to explain physical phenomena in terms of basic principles. In order to make the presentation self-contained, while keeping the length of the book within reasonable bounds, we have been forced to select some subjects and omit others. For similar reasons and because there now exist review articles with extensive bibliographies, the lists of references following each chapter are far from exhaustive.

This book originated in a set of lecture notes written for a graduatelevel one-semester course on Bose-Einstein condensation at the University of Copenhagen. The first edition was completed in 2001. For this second edition we have updated the manuscript and added three new chapters on optical lattices, lower dimensions and molecules. We employ SI units throughout the text. As for mathematical notation we generally use $\sim$ to indicate 'is of order', while $\simeq$ means 'is asymptotically equal to' as in $(1-x)^{-1} \simeq 1+x$.

The symbol $\approx$ means 'is approximately equal to'. Definitions are indicated by $\equiv$, and $\propto$ means 'is proportional to'. However, the reader should be aware that strict consistency in these matters is not possible.

We have received much inspiration from contacts with our colleagues in both experiment and theory. In particular we thank Gordon Baym, Georg Bruun, Alexander Fetter, Henning Heiselberg, Andreas Isacsson, George Kavoulakis, Pietro Massignan, Ben Mottelson, Jörg Helge Müller, Alexandru Nicolin, Nicolai Nygaard, Olav Syljuåsen, Gentaro Watanabe and Mikhail Zvonarev for many stimulating and helpful discussions over the past few years. Wolfgang Ketterle kindly provided us with the cover illustration and Fig. 13.2, and we thank Eric Cornell for allowing us to use Fig. 9.3. We are grateful to Mikhail Zvonarev for providing us with the data for Figs. $15.2-4$. The illustrations in the text have been prepared by Janus Schmidt and Alexandru Nicolin, whom we thank for a pleasant collaboration. It is a pleasure to acknowledge the continuing support of Simon Capelin, Susan Francis and Lindsay Barnes at the Cambridge University Press, and the careful copy-editing of the manuscript by Brian Watts and Jon Billam.

## Introduction

The experimental realization in 1995 of Bose-Einstein condensation in dilute atomic gases marked the beginning of a very rapid development in the study of quantum gases. The initial experiments were performed on vapours of rubidium [1], sodium [2], and lithium [3]. ${ }^{1}$ So far, the atoms ${ }^{1} \mathrm{H},{ }^{7} \mathrm{Li},{ }^{23} \mathrm{Na}$, ${ }^{39} \mathrm{~K},{ }^{41} \mathrm{~K},{ }^{52} \mathrm{Cr},{ }^{85} \mathrm{Rb},{ }^{87} \mathrm{Rb},{ }^{133} \mathrm{Cs},{ }^{170} \mathrm{Yb},{ }^{174} \mathrm{Yb}$ and ${ }^{4} \mathrm{He}$ (the helium atom in an excited state) have been demonstrated to undergo Bose-Einstein condensation. In related developments, atomic Fermi gases have been cooled to well below the degeneracy temperature, and a superfluid state with correlated pairs of fermions has been observed. Also molecules consisting of pairs of fermionic atoms such as ${ }^{6} \mathrm{Li}$ or ${ }^{40} \mathrm{~K}$ have been observed to undergo BoseEinstein condensation. Atoms have been put into optical lattices, thereby allowing the study of many-body systems that are realizations of models used in condensed matter physics. Although the gases are very dilute, the atoms can be made to interact strongly, thus providing new challenges for the description of strongly correlated many-body systems. In a period of less than ten years the study of dilute quantum gases has changed from an esoteric topic to an integral part of contemporary physics, with strong ties to molecular, atomic, subatomic and condensed matter physics.
The dilute quantum gases differ from ordinary gases, liquids and solids in a number of ways, as we shall now illustrate by giving values of physical quantities. The particle density at the centre of a Bose-Einstein condensed atomic cloud is typically $10^{13}-10^{15} \mathrm{~cm}^{-3}$. By contrast, the density of molecules in air at room temperature and atmospheric pressure is about $10^{19} \mathrm{~cm}^{-3}$. In liquids and solids the density of atoms is of order $10^{22} \mathrm{~cm}^{-3}$, while the density of nucleons in atomic nuclei is about $10^{38} \mathrm{~cm}^{-3}$.

To observe quantum phenomena in such low-density systems, the tem-

[^0]perature must be of order $10^{-5} \mathrm{~K}$ or less. This may be contrasted with the temperatures at which quantum phenomena occur in solids and liquids. In solids, quantum effects become strong for electrons in metals below the Fermi temperature, which is typically $10^{4}-10^{5} \mathrm{~K}$, and for phonons below the Debye temperature, which is typically of order $10^{2} \mathrm{~K}$. For the helium liquids, the temperatures required for observing quantum phenomena are of order 1 K . Due to the much higher particle density in atomic nuclei, the corresponding degeneracy temperature is about $10^{11} \mathrm{~K}$.

The path that led in 1995 to the first realization of Bose-Einstein condensation in dilute gases exploited the powerful methods developed since the mid 1970s for cooling alkali metal atoms by using lasers. Since laser cooling alone did not produce sufficiently high densities and low temperatures for condensation, it was followed by an evaporative cooling stage, in which the more energetic atoms were removed from the trap, thereby cooling the remaining atoms.

Cold gas clouds have many advantages for investigations of quantum phenomena. In a weakly interacting Bose-Einstein condensate, essentially all atoms occupy the same quantum state, and the condensate may be described in terms of a mean-field theory similar to the Hartree-Fock theory for atoms. This is in marked contrast to liquid ${ }^{4} \mathrm{He}$, for which a mean-field approach is inapplicable due to the strong correlations induced by the interaction between the atoms. Although the gases are dilute, interactions play an important role as a consequence of the low temperatures, and they give rise to collective phenomena related to those observed in solids, quantum liquids, and nuclei. Experimentally the systems are attractive ones to work with, since they may be manipulated by the use of lasers and magnetic fields. In addition, interactions between atoms may be varied either by using different atomic species or, for species that have a Feshbach resonance, by changing the strength of an applied magnetic or electric field. A further advantage is that, because of the low density, 'microscopic' length scales are so large that the structure of the condensate wave function may be investigated directly by optical means. Finally, these systems are ideal for studies of interference phenomena and atom optics.

The theoretical prediction of Bose-Einstein condensation dates back more than 80 years. Following the work of Bose on the statistics of photons [4], Einstein considered a gas of non-interacting, massive bosons, and concluded that, below a certain temperature, a non-zero fraction of the total number of particles would occupy the lowest-energy single-particle state [5]. In 1938 Fritz London suggested the connection between the superfluidity of liquid ${ }^{4} \mathrm{He}$ and Bose-Einstein condensation [6]. Superfluid liquid ${ }^{4} \mathrm{He}$ is the pro-
totype Bose-Einstein condensate, and it has played a unique role in the development of physical concepts. However, the interaction between helium atoms is strong, and this reduces the number of atoms in the zero-momentum state even at absolute zero. Consequently it is difficult to measure directly the occupancy of the zero-momentum state. It has been investigated experimentally by neutron scattering measurements of the structure factor at large momentum transfers [7], and the results are consistent with a relative occupation of the zero-momentum state of about 0.1 at saturated vapour pressure and about 0.05 near the melting pressure [8].

The fact that interactions in liquid helium reduce dramatically the occupancy of the lowest single-particle state led to the search for weakly interacting Bose gases with a higher condensate fraction. The difficulty with most substances is that at low temperatures they do not remain gaseous, but form solids or, in the case of the helium isotopes, liquids, and the effects of interaction thus become large. In other examples atoms first combine to form molecules, which subsequently solidify. As long ago as in 1959 Hecht [9] argued that spin-polarized hydrogen would be a good candidate for a weakly interacting Bose gas. The attractive interaction between two hydrogen atoms with their electronic spins aligned was then estimated to be so weak that there would be no bound state. Thus a gas of hydrogen atoms in a magnetic field would be stable against formation of molecules and, moreover, would not form a liquid, but remain a gas to arbitrarily low temperatures.
Hecht's paper was before its time and received little attention, but his conclusions were confirmed by Stwalley and Nosanow [10] in 1976, when improved information about interactions between spin-aligned hydrogen atoms was available. These authors also argued that because of interatomic interactions the system would be a superfluid as well as being Bose-Einstein condensed. This latter paper stimulated the quest to realize Bose-Einstein condensation in atomic hydrogen. Initial experimental attempts used a high magnetic field gradient to force hydrogen atoms against a cryogenically cooled surface. In the lowest-energy spin state of the hydrogen atom, the electron spin is aligned opposite the direction of the magnetic field ( $\mathrm{H} \downarrow$ ), since then the magnetic moment is in the same direction as the field. Spinpolarized hydrogen was first stabilized by Silvera and Walraven [11]. Interactions of hydrogen with the surface limited the densities achieved in the early experiments, and this prompted the Massachusetts Institute of Technology (MIT) group led by Greytak and Kleppner to develop methods for trapping atoms purely magnetically. In a current-free region, it is impossible to create a local maximum in the magnitude of the magnetic field. To trap atoms by
the Zeeman effect it is therefore necessary to work with a state of hydrogen in which the electronic spin is polarized parallel to the magnetic field $(\mathrm{H} \uparrow)$. Among the techniques developed by this group is that of evaporative cooling of magnetically trapped gases, which has been used as the final stage in all experiments to date to produce a gaseous Bose-Einstein condensate. Since laser cooling is not feasible for hydrogen, the gas is precooled cryogenically. After more than two decades of heroic experimental work, Bose-Einstein condensation of atomic hydrogen was achieved in 1998 [12].

As a consequence of the dramatic advances made in laser cooling of alkali atoms, such atoms became attractive candidates for Bose-Einstein condensation, and they were used in the first successful experiments to produce a gaseous Bose-Einstein condensate. In later developments other atoms have been shown to undergo Bose-Einstein condensation: metastable ${ }^{4} \mathrm{He}$ atoms in the lowest-energy electronic spin-triplet state [13, 14], and ytterbium $[15,16]$ and chromium atoms [17] in their electronic ground states.

The properties of interacting Bose fluids are treated in many texts. The reader will find an illuminating discussion in the volume by Nozières and Pines [18]. A collection of articles on Bose-Einstein condensation in various systems, prior to its discovery in atomic vapours, is given in [19], while more recent theoretical developments have been reviewed in [20]. The 1998 Varenna lectures are a useful general reference for both experiment and theory on Bose-Einstein condensation in atomic gases, and contain in addition historical accounts of the development of the field [21]. For a tutorial review of some concepts basic to an understanding of Bose-Einstein condensation in dilute gases see Ref. [22]. The monograph [23] gives a comprehensive account of Bose-Einstein condensation in liquid helium and dilute atomic gases.

### 1.1 Bose-Einstein condensation in atomic clouds

Bosons are particles with integer spin. The wave function for a system of identical bosons is symmetric under interchange of any two particles. Unlike fermions, which have half-odd-integer spin and antisymmetric wave functions, bosons may occupy the same single-particle state. An order-of-magnitude estimate of the transition temperature to the Bose-Einstein condensed state may be made from dimensional arguments. For a uniform gas of free particles, the relevant quantities are the particle mass $m$, the number of particles per unit volume $n$, and the Planck constant $h=2 \pi \hbar$. The only quantity having dimensions of energy that can be formed from $\hbar$, $n$, and $m$ is $\hbar^{2} n^{2 / 3} / m$. By dividing this energy by the Boltzmann constant
$k$ we obtain an estimate of the condensation temperature $T_{\mathrm{c}}$,

$$
\begin{equation*}
T_{\mathrm{c}}=C \frac{\hbar^{2} n^{2 / 3}}{m k} . \tag{1.1}
\end{equation*}
$$

Here $C$ is a numerical factor which we shall show in the next chapter to be equal to approximately 3.3 . When (1.1) is evaluated for the mass and density appropriate to liquid ${ }^{4} \mathrm{He}$ at saturated vapour pressure one obtains a transition temperature of approximately 3.13 K , which is close to the temperature below which superfluid phenomena are observed, the so-called lambda point ${ }^{2}$ ( $T_{\lambda}=2.17 \mathrm{~K}$ at saturated vapour pressure).
An equivalent way of relating the transition temperature to the particle density is to compare the thermal de Broglie wavelength $\lambda_{T}$ with the mean interparticle spacing, which is of order $n^{-1 / 3}$. The thermal de Broglie wavelength is conventionally defined by

$$
\begin{equation*}
\lambda_{T}=\left(\frac{2 \pi \hbar^{2}}{m k T}\right)^{1 / 2} \tag{1.2}
\end{equation*}
$$

At high temperatures, it is small and the gas behaves classically. BoseEinstein condensation in an ideal gas sets in when the temperature is so low that $\lambda_{T}$ is comparable to $n^{-1 / 3}$. For alkali atoms, the densities achieved range from $10^{13} \mathrm{~cm}^{-3}$ in early experiments to $10^{14}-10^{15} \mathrm{~cm}^{-3}$ in more recent ones, with transition temperatures in the range from 100 nK to a few $\mu \mathrm{K}$. For hydrogen, the mass is lower and the transition temperatures are correspondingly higher.

In experiments, gases are non-uniform, since they are contained in a trap, which typically provides a harmonic-oscillator potential. If the number of particles is $N$, the density of gas in the cloud is of order $N / R^{3}$, where the size $R$ of a thermal gas cloud is of order $\left(k T / m \omega_{0}^{2}\right)^{1 / 2}, \omega_{0}$ being the angular frequency of single-particle motion in the harmonic-oscillator potential. Substituting the value of the density $n \sim N / R^{3}$ at $T=T_{\mathrm{c}}$ into Eq. (1.1), one sees that the transition temperature is given by

$$
\begin{equation*}
k T_{\mathrm{c}}=C_{1} \hbar \omega_{0} N^{1 / 3}, \tag{1.3}
\end{equation*}
$$

where $C_{1}$ is a numerical constant which we shall later show to be approximately 0.94 . The frequencies for traps used in experiments are typically of order $10^{2} \mathrm{~Hz}$, corresponding to $\omega_{0} \sim 10^{3} \mathrm{~s}^{-1}$, and therefore, for particle numbers in the range from $10^{4}$ to $10^{8}$, the transition temperatures lie in the range quoted above. Estimates of the transition temperature based

[^1]on results for a uniform Bose gas are therefore consistent with those for a trapped gas.

In the original experiment [1] the starting point was a room-temperature gas of rubidium atoms, which were trapped and cooled by lasers to about 20 $\mu \mathrm{K}$. Subsequently the lasers were turned off and the atoms trapped magnetically by the Zeeman interaction of the electron spin with an inhomogeneous magnetic field. If we neglect complications caused by the nuclear spin, an atom with its electron spin parallel to the magnetic field is attracted to the minimum of the magnetic field, while one with its electron spin antiparallel to the magnetic field is repelled. The trapping potential was provided by a quadrupole magnetic field, upon which a small oscillating bias field was imposed to prevent loss of particles at the centre of the trap. Later experiments have employed a wealth of different magnetic field configurations, and also made extensive use of optical traps.

In the magnetic trap the cloud of atoms was cooled further by evaporation. The rate of evaporation was enhanced by applying a radio-frequency magnetic field which flipped the electronic spin of the most energetic atoms from up to down. Since the latter atoms are repelled by the trap, they escape, and the average energy of the remaining atoms falls. It is remarkable that no cryogenic apparatus was involved in achieving the record-low temperatures in the experiment [1]. Everything was held at room temperature except the atomic cloud, which was cooled to temperatures of the order of 100 nK .

So far, Bose-Einstein condensation has been realized experimentally in dilute gases of hydrogen, lithium, sodium, potassium, chromium, rubidium, cesium, ytterbium, and metastable helium atoms. Due to the difference in the properties of these atoms and their mutual interaction, the experimental study of the condensates has revealed a range of fascinating phenomena which will be discussed in later chapters. The presence of the nuclear and electronic spin degrees of freedom adds further richness to these systems when compared with liquid ${ }^{4} \mathrm{He}$, and it gives the possibility of studying multi-component condensates.

From a theoretical point of view, much of the appeal of atomic gases stems from the fact that at low energies the effective interaction between particles may be characterized by a single quantity, the scattering length. The gases are often dilute in the sense that the scattering length is much less than the interparticle spacing. This makes it possible to calculate the properties of the system with high precision. For a uniform dilute gas the relevant theoretical framework was developed in the 1950s and 60 s , but the presence of a confining potential gives rise to new features that are absent for uniform
systems. The possibility of tuning the interatomic interaction by varying the magnitude of the external magnetic field makes it possible to study experimentally also the regime where the scattering length is comparable to or much larger than the interparticle spacing. Under these conditions the atomic clouds constitute strongly interacting many-body systems.

### 1.2 Superfluid ${ }^{4} \mathbf{H e}$

Many of the concepts used to describe properties of quantum gases were developed in the context of liquid ${ }^{4} \mathrm{He}$. The helium liquids are exceptions to the rule that liquids solidify when cooled to sufficiently low temperatures, because the low mass of the helium atom makes the zero-point energy large enough to overcome the tendency to crystallization. At the lowest temperatures the helium liquids solidify only under a pressure in excess of 25 bar $(2.5 \mathrm{MPa})$ for ${ }^{4} \mathrm{He}$ and 34 bar for the lighter isotope ${ }^{3} \mathrm{He}$.

Below the lambda point, liquid ${ }^{4}$ He becomes a superfluid with many remarkable properties. One of the most striking is the ability to flow through narrow channels without friction. Another is the existence of quantized vorticity, the quantum of circulation being given by $h / m(=2 \pi \hbar / m)$. The occurrence of frictionless flow led Landau and Tisza to introduce a two-fluid description of the hydrodynamics. The two fluids - the normal and the superfluid components - are interpenetrating, and their densities depend on temperature. At very low temperatures the density of the normal component vanishes, while the density of the superfluid component approaches the total density of the liquid. The superfluid density is therefore generally quite different from the density of particles in the condensate, which for liquid ${ }^{4} \mathrm{He}$ is only about $10 \%$ or less of the total, as mentioned above. Near the transition temperature to the normal state the situation is reversed: here the superfluid density tends towards zero as the temperature approaches the lambda point, while the normal density approaches the density of the liquid.

The properties of the normal component may be related to the elementary excitations of the superfluid. The concept of an elementary excitation plays a central role in the description of quantum systems. In a uniform ideal gas an elementary excitation corresponds to the addition of a single particle in a momentum eigenstate. Interactions modify this picture, but for low excitation energies there still exist excitations with well-defined energies. For small momenta the excitations in liquid ${ }^{4} \mathrm{He}$ are sound waves or phonons. Their dispersion relation is linear, the energy $\epsilon$ being proportional to the


Fig. 1.1 The spectrum of elementary excitations in superfluid ${ }^{4} \mathrm{He}$. The minimum roton energy is $\Delta$.
magnitude of the momentum $p$,

$$
\begin{equation*}
\epsilon=s p \tag{1.4}
\end{equation*}
$$

where the constant $s$ is the velocity of sound. For larger values of $p$, the dispersion relation shows a slight upward curvature for pressures less than 18 bar, and a downward one for higher pressures. At still larger momenta, $\epsilon(p)$ exhibits first a local maximum and subsequently a local minimum. Near this minimum the dispersion relation may be approximated by

$$
\begin{equation*}
\epsilon(p)=\Delta+\frac{\left(p-p_{0}\right)^{2}}{2 m^{*}} \tag{1.5}
\end{equation*}
$$

where $m^{*}$ is a constant with the dimension of mass and $p_{0}$ is the momentum at the minimum. Excitations with momenta close to $p_{0}$ are referred to as rotons. The name was coined to suggest the existence of vorticity associated with these excitations, but they should really be considered as short-wavelength phonon-like excitations. Experimentally, one finds at zero pressure that $m^{*}$ is 0.16 times the mass of a ${ }^{4} \mathrm{He}$ atom, while the constant $\Delta$, the minimum roton energy, is given by $\Delta / k=8.7 \mathrm{~K}$. The roton minimum occurs at a wave number $p_{0} / \hbar$ equal to $1.9 \times 10^{8} \mathrm{~cm}^{-1}$ (see Fig. 1.1). For excitation energies greater than $2 \Delta$ the excitations become less well-defined since they can decay into two rotons.

The elementary excitations obey Bose statistics, and therefore in thermal
equilibrium their distribution function $f^{0}$ is given by

$$
\begin{equation*}
f^{0}=\frac{1}{e^{\epsilon(p) / k T}-1} \tag{1.6}
\end{equation*}
$$

The absence of a chemical potential in this distribution function is due to the fact that the number of excitations is not a conserved quantity: the energy of an excitation equals the difference between the energy of an excited state and the energy of the ground state for a system containing the same number of particles. The number of excitations therefore depends on the temperature, just as the number of phonons in a solid does. This distribution function Eq. (1.6) may be used to evaluate thermodynamic properties.

### 1.3 Other condensates

The concept of Bose-Einstein condensation finds applications in many systems other than liquid ${ }^{4} \mathrm{He}$ and the atomic clouds discussed above. Historically, the first of these were superconducting metals, where the bosons are pairs of electrons with opposite spin. Many aspects of the behaviour of superconductors may be understood qualitatively on the basis of the idea that pairs of electrons form a Bose-Einstein condensate, but the properties of superconductors are quantitatively very different from those of a weakly interacting gas of pairs. The important physical point is that the binding energy of a pair is small compared with typical atomic energies, and at the temperature where the condensate disappears the pairs themselves break up. This situation is to be contrasted with that for the atomic systems, where the energy required to break up an atom is the ionization energy, which is of order electron volts. This corresponds to temperatures of tens of thousands of degrees, which are much higher than the temperatures for Bose-Einstein condensation.

Many properties of high-temperature superconductors may be understood in terms of Bose-Einstein condensation of pairs, in this case of holes rather than electrons, in states having predominantly d-like symmetry in contrast to the s-like symmetry of pairs in conventional metallic superconductors. The rich variety of magnetic and other behaviour of the superfluid phases of liquid ${ }^{3} \mathrm{He}$ is again due to condensation of pairs of fermions, in this case ${ }^{3} \mathrm{He}$ atoms in triplet spin states with p-wave symmetry. Considerable experimental effort has been directed towards creating Bose-Einstein condensates of excitons, which are bound states of an electron and a hole [24], and of biexcitons ('molecules' made up of two excitons) [25], but the strongest evidence for condensation of such excitations has been obtained for polaritons (hybrid excitations consisting of excitons and photons) [26].

Bose-Einstein condensation of pairs of fermions is also observed experimentally in atomic nuclei, where the effects of neutron-neutron and protonproton pairing may be seen in the excitation spectrum as well as in reduced moments of inertia. A significant difference between nuclei and superconductors is that the size of a pair in bulk nuclear matter is large compared with the nuclear size, and consequently the manifestations of Bose-Einstein condensation in nuclei are less dramatic than they are in bulk systems. Theoretically, Bose-Einstein condensation of nucleon pairs is expected to play an important role in the interiors of neutron stars, and observations of glitches in the spin-down rate of pulsars have been interpreted in terms of neutron superfluidity. The possibility of mesons, either pions or kaons, forming a Bose-Einstein condensate in the cores of neutron stars has been widely discussed, since this would have farreaching consequences for theories of supernovae and the evolution of neutron stars [27].
In the field of nuclear and particle physics the ideas of Bose-Einstein condensation also find application in the understanding of the vacuum as a condensate of quark-antiquark ( $u \bar{u}, \mathrm{~d} \overline{\mathrm{~d}}$ and $\mathrm{s} \overline{\mathrm{s}}$ ) pairs, the so-called chiral condensate. This condensate gives rise to particle masses in much the same way as the condensate of electron pairs in a superconductor gives rise to the gap in the electronic excitation spectrum. Condensation of pairs of quarks with different flavours and spins has been the subject of much theoretical work [28].

This brief account of the rich variety of contexts in which the physics of Bose-Einstein condensation plays a role shows that an understanding of the phenomenon is of importance in many branches of physics.

### 1.4 Overview

To assist the reader, we give here a brief survey of the material we cover. We begin, in Chapter 2, by discussing Bose-Einstein condensation for noninteracting gases in a confining potential. This is useful for developing understanding of the phenomenon of Bose-Einstein condensation and for application to experiment, since in dilute gases many quantities, such as the transition temperature and the condensate fraction, are close to those predicted for a non-interacting gas. We also discuss the density profile and the velocity distribution of particles in an atomic cloud at zero temperature. When the thermal energy $k T$ exceeds the spacing between the energy levels of an atom in the confining potential, the gas may be described semiclassically in terms of a particle distribution function that depends on both
position and momentum. We employ the semi-classical approach to calculate thermodynamic quantities. The effect of finite particle number on the transition temperature is estimated.

In experiments to create degenerate atomic gases the particles used have been primarily alkali atoms and hydrogen. The methods for trapping and cooling atoms make use of the basic atomic structure of these atoms, which is the subject of Chapter 3. There we also study the energy levels of an atom in a static magnetic field, which is a key element in the physics of trapping, and discuss the atomic polarizability in an oscillating electric field, which forms the basis for trapping and manipulating atoms with lasers.

The field of cold atom physics was opened up by the development of methods for cooling and trapping atomic clouds. Chapter 4 describes a variety of magnetic traps, and explains laser-cooling methods. The Doppler and Sisyphus mechanisms are discussed, and it is shown how the latter process may be understood in terms of kinetic theory. We also describe evaporative cooling, which is the key final stage in experiments to make Bose-Einstein condensates and degenerate Fermi gases.

In Chapter 5 we consider atomic interactions, which play a crucial role in evaporative cooling and also determine many properties of the condensed state. At low energies, interactions between particles are characterized by the scattering length $a$, in terms of which the total scattering cross section at low energies is given by $8 \pi a^{2}$ for identical bosons. At first sight, one might expect that, since atomic sizes are typically of order the Bohr radius, scattering lengths would also be of this order. In fact they are one or two orders of magnitude larger for alkali atoms, and we shall show how this may be understood in terms of the long-range part of the interatomic force, which is due to the van der Waals interaction. We also show that the sign of the effective interaction at low energies depends on the details of the short-range part of the interaction. Following that we extend the theory to take into account transitions between channels corresponding to the different hyperfine states for the two atoms. We then estimate rates of inelastic processes, which are a mechanism for loss of atoms from traps, and present the theory of Feshbach resonances, which give the possibility of tuning atomic interactions by varying the magnetic field. Finally we list values of the scattering lengths for alkali atoms.
The ground-state energy of clouds in a confining potential is the subject of Chapter 6 . While the scattering lengths for alkali atoms are large compared with atomic dimensions, they are usually small compared with atomic separations in gas clouds. As a consequence, the effects of atomic interactions may be calculated very reliably by using an effective interaction proportional
to the scattering length. This provides the basis for a mean-field description of the condensate, which leads to the Gross-Pitaevskii equation. From this we calculate the energy using both variational methods and the ThomasFermi approximation. When the atom-atom interaction is attractive, the system becomes unstable if the number of particles exceeds a critical value, which we calculate in terms of the trap parameters and the scattering length. We also consider the structure of the condensate at the surface of a cloud, and treat the influence of the magnetic dipole-dipole interaction on the density distribution in equilibrium.

In Chapter 7 we discuss the dynamics of the condensate at zero temperature, treating the wave function of the condensate as a classical field. We derive the coupled equations of motion for the condensate density and velocity, and use them to determine the elementary excitations in a uniform gas and in a trapped cloud. We describe methods for calculating collective properties of clouds in traps. These include the Thomas-Fermi approximation and a variational approach based on the idea of collective coordinates. The methods are applied to oscillations in both spherically symmetric and anisotropic traps, and to the free expansion of the condensate. We show that, as a result of the combined influence of non-linearity and dispersion, there exist soliton solutions to the equations of motion for a Bose-Einstein condensate.

The microscopic, quantum-mechanical theory of the Bose gas is treated in Chapter 8. We discuss the Bogoliubov approximation and show that it gives the same excitation spectrum as that obtained from classical equations of motion in Chapter 7. At higher temperatures thermal excitations deplete the condensate, and to treat these situations we discuss the Hartree-Fock and Popov approximations.

One of the characteristic features of a superfluid is its response to rotation, in particular the occurrence of quantized vortices. We discuss in Chapter 9 properties of vortices in atomic clouds and determine the critical angular velocity for a vortex state to be energetically favourable. We also examine the equilibrium state of rotating condensates and discuss the structure of the vortex lattice and its collective oscillations.

In Chapter 10 we treat some basic aspects of superfluidity. The Landau criterion for the onset of dissipation is discussed, and we introduce the twofluid picture, in which the condensate and the excitations may be regarded as forming two interpenetrating fluids, each with temperature-dependent densities. We calculate the damping of collective modes in a homogeneous gas at low temperatures, where the dominant process is Landau damping. As an application of the two-fluid picture we derive the dispersion relation
for the coupled sound-like modes, which are referred to as first and second sound.

Chapter 11 deals with particles in traps at non-zero temperature. The effects of interactions on the transition temperature and thermodynamic properties are considered. We also discuss the coupled motion of the condensate and the excitations at temperatures below $T_{\mathrm{c}}$. We then present calculations for modes above $T_{\mathrm{c}}$, both in the hydrodynamic regime, when collisions are frequent, and in the collisionless regime, where we obtain the mode attenuation from the kinetic equation for the particle distribution function.

Chapter 12 discusses properties of mixtures of bosons, either different bosonic isotopes, or different internal states of the same isotope. In the former case, the theory may be developed along lines similar to those for a single-component system. For mixtures of two different internal states of the same isotope, which may be described by a spinor wave function, new possibilities arise because the number of atoms in each state is not conserved. We derive results for the static and dynamic properties of such mixtures. An interesting result is that for an antiferromagnetic interaction between atomic spins, the simple Gross-Pitaevskii treatment fails, and the ground state may be regarded as a Bose-Einstein condensate of pairs of atoms, rather than of single atoms.
In Chapter 13 we take up a number of topics related to interference and correlations in Bose-Einstein condensates and applications to matter wave optics. First we discuss Josephson tunnelling of a condensate between two wells. We then describe interference between two Bose-Einstein condensed clouds, and explore the reasons for the appearance of an interference pattern even though the phase difference between the wave functions of particles in the two clouds is not fixed initially. We demonstrate the suppression of density fluctuations in a Bose-Einstein condensed gas. Interatomic interactions shift the frequency of spectral lines such as those due to hyperfine transitions in alkali atoms and the $1 \mathrm{~S}-2 \mathrm{~S}$ two-photon transition in spin-polarized hydrogen, and we show how these shifts may be calculated in terms of the two-particle correlation function. Following that we consider how properties of coherent matter waves may be investigated by manipulating condensates with lasers. The final section considers the question of how to characterize Bose-Einstein condensation microscopically.

Optical lattices form the topic of Chapter 14. We discuss the generation of a periodic potential by the superposition of two or more laser beams. The notion of an energy band is introduced, and we compare band structures obtained from the Gross-Pitaevskii equation with those of a tight-binding
model. The stability of the solutions is investigated, and we develop a hydrodynamic description applicable to long-wavelength excitations. Non-linear effects result in unusual features of the energy bands such as the occurrence of loop structures and period doubling. In the final section we describe how an increase of the energy barrier between neighbouring lattice sites gives rise to a quantum phase transition from a superfluid to an insulating state.

By manipulating the trapping potential it is possible to create highly flattened or very elongated clouds which exhibit lower-dimensional behaviour. In Chapter 15 we consider the role of phase fluctuations in uniform systems and relate the description of phase fluctuations for trapped clouds to the spectrum of collective density oscillations. We also investigate a one-dimensional model of bosons interacting via a repulsive delta-function potential. When the interaction becomes sufficiently strong, the thermodynamic properties resemble those of a non-interacting gas of fermions in one dimension, while properties such as the momentum distribution function are very different for Bose and Fermi gases.

Trapped Fermi gases are considered in Chapter 16. We first show that interactions generally have less effect on static and dynamic properties of fermions than they do for bosons, and we then calculate equilibrium properties of a free Fermi gas in a trap. The interaction can be important if it is attractive, since at sufficiently low temperatures the fermions undergo a transition to a superfluid state similar to that for electrons in a metallic superconductor. We derive expressions for the transition temperature and the gap in the excitation spectrum at zero temperature, and we demonstrate that they are suppressed due to the modification of the interaction between two atoms by the presence of other atoms. We also consider how the interaction between fermions is altered by the addition of bosons and show that this can enhance the transition temperature.

In Chapter 17 we consider the properties of loosely bound diatomic molecules and relate the molecular binding energy to the atom-atom scattering length. The occurrence of Feshbach resonances enables one to tune the interatomic interaction by varying the magnetic field, thereby making it possible to form bosonic molecules from pairs of fermionic atoms. For uniform systems we discuss the crossover between a superfluid state with weakly bound atom pairs to a Bose-Einstein condensate of diatomic molecules. At the Feshbach resonance the magnitude of the scattering length is much larger than the interatomic distance, and the properties of the system therefore acquire universal features. We discuss how observation of vortices and measurements of collective modes in the crossover region yield evidence for superfluidity.

## Problems

Problem 1.1 Consider an ideal gas of ${ }^{87} \mathrm{Rb}$ atoms at zero temperature, confined by the harmonic-oscillator potential

$$
V(r)=\frac{1}{2} m \omega_{0}^{2} r^{2}
$$

where $m$ is the mass of a ${ }^{87} \mathrm{Rb}$ atom. Take the oscillator frequency $\omega_{0}$ to be given by $\omega_{0} / 2 \pi=150 \mathrm{~Hz}$, which is a typical value for magnetic traps. Determine the ground-state density profile and estimate its width. Find the root-mean-square momentum and velocity of a particle. What is the density at the centre of the trap if there are $10^{6}$ atoms?
Problem 1.2 Determine the density profile for the gas discussed in Problem 1.1 in the classical limit, when the temperature $T$ is much higher than the condensation temperature. Show that the central density may be written as $N / R_{\mathrm{th}}^{3}$ and determine $R_{\mathrm{th}}$. At what temperature does the mean distance between particles at the centre of the trap become equal to the thermal de Broglie wavelength $\lambda_{T}$ ? Compare the result with Eq. (1.3) for the transition temperature.

Problem 1.3 Estimate the number of rotons contained in $1 \mathrm{~cm}^{3}$ of liquid ${ }^{4} \mathrm{He}$ at a temperature $T=1 \mathrm{~K}$ at saturated vapour pressure.

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## 2

## The non-interacting Bose gas

The topic of Bose-Einstein condensation in a uniform, non-interacting gas of bosons is treated in most textbooks on statistical mechanics [1]. In the present chapter we discuss the properties of a non-interacting Bose gas in a trap. We shall calculate equilibrium properties of systems in a semi-classical approximation, in which the energy spectrum is treated as a continuum. For this approach to be valid the temperature must be large compared with $\Delta \epsilon / k$, where $\Delta \epsilon$ denotes the separation between neighbouring energy levels. As is well known, at temperatures below the Bose-Einstein condensation temperature, the lowest-energy state is not properly accounted for if one simply replaces sums by integrals, and it must be included explicitly.

The statistical distribution function is discussed in Sec. 2.1, as is the single-particle density of states, which is a key ingredient in the calculations of thermodynamic properties. Calculations of the transition temperature and the fraction of particles in the condensate are described in Sec. 2.2. In Sec. 2.3 the semi-classical distribution function is introduced. From this we obtain the density profile and the velocity distribution of particles, and use these to determine the shape of an anisotropic cloud after free expansion. Thermodynamic properties of Bose gases are calculated as functions of the temperature in Sec. 2.4. Finally, Sec. 2.5 treats corrections to the transition temperature due to a finite particle number.

### 2.1 The Bose distribution

For non-interacting bosons in thermodynamic equilibrium, the mean occupation number of the single-particle state $\nu$ is given by the Bose distribution function,

$$
\begin{equation*}
f^{0}\left(\epsilon_{\nu}\right)=\frac{1}{e^{\left(\epsilon_{\nu}-\mu\right) / k T}-1}, \tag{2.1}
\end{equation*}
$$

where $\epsilon_{\nu}$ denotes the energy of the single-particle state for the particular trapping potential under consideration. Since the number of particles is conserved, unlike the number of elementary excitations in liquid ${ }^{4} \mathrm{He}$, the chemical potential $\mu$ enters the distribution function (2.1). The chemical potential is determined as a function of $N$ and $T$ by the condition that the total number of particles be equal to the sum of the occupancies of the individual levels. It is sometimes convenient to work in terms of the quantity $\zeta=\exp (\mu / k T)$, which is known as the fugacity. If we take the zero of energy to be that of the lowest single-particle state, the fugacity is less than unity above the transition temperature and equal to unity (to within terms of order $1 / N$, which we shall generally neglect) in the condensed state. In Fig. 2.1 the distribution function (2.1) is shown as a function of energy for various values of the fugacity.

At high temperatures, the effects of quantum statistics become negligible, and the distribution function (2.1) is given approximately by the Boltzmann distribution

$$
\begin{equation*}
f^{0}\left(\epsilon_{\nu}\right) \simeq e^{-\left(\epsilon_{\nu}-\mu\right) / k T} \tag{2.2}
\end{equation*}
$$

For particles in a box of volume $V$ the index $\nu$ labels the allowed wave vectors $\mathbf{q}$ for plane-wave states $V^{-1 / 2} \exp (i \mathbf{q} \cdot \mathbf{r})$, and the particle energy is $\epsilon=\hbar^{2} q^{2} / 2 m$. The distribution (2.2) is thus a Maxwellian one for the velocity $v=\hbar q / m$.

At high temperatures the chemical potential lies well below $\epsilon_{\min }$, the energy of the lowest single-particle state, since in this limit the mean occupation number of any state is much less than unity, and therefore, in particular, $\exp \left[\left(\mu-\epsilon_{\min }\right) / k T\right] \ll 1$. As the temperature is lowered, the chemical potential rises and the mean occupation numbers increase. However, the chemical potential cannot exceed $\epsilon_{\min }$, otherwise the Bose distribution function (2.1) evaluated for the lowest single-particle state would be negative, and hence unphysical. Consequently the mean occupation number of any excited single-particle state cannot exceed the value $1 /\left\{\exp \left[\left(\epsilon_{\nu}-\epsilon_{\min }\right) / k T\right]-1\right\}$. If the total number of particles in excited states is less than $N$, the remaining particles must be accommodated in the single-particle ground state, whose occupation number can be arbitrarily large: the system has a Bose-Einstein condensate. The highest temperature at which the condensate exists is referred to as the Bose-Einstein transition temperature and we shall denote it by $T_{\mathrm{c}}$. As we shall see in more detail in Sec. 2.2, the energy dependence of the single-particle density of states at low energies determines whether or not Bose-Einstein condensation will occur for a particular system. In the condensed state, at temperatures below $T_{\mathrm{c}}$, the chemical potential remains


Fig. 2.1 The Bose distribution function $f^{0}=1 /\left(\zeta^{-1} \exp (\epsilon / k T)-1\right)$ as a function of energy for different values of the fugacity $\zeta$. The value $\zeta=1$ corresponds to temperatures below the transition temperature, while $\zeta=0.5$ and $\zeta=0.25$ correspond to $\mu \approx-0.69 k T$ and $\mu \approx-1.39 k T$, respectively.
equal to $\epsilon_{\min }$, to within terms of order $k T / N$, which is small for large $N$, and the occupancy of the single-particle ground state is macroscopic in the sense that for $N \rightarrow \infty$ a non-zero fraction of the particles are in this state. The number of particles $N_{0}$ in the single-particle ground state equals the total number of particles $N$ minus the number of particles $N_{\text {ex }}$ occupying higher-energy (excited) states.

### 2.1.1 Density of states

When calculating thermodynamic properties of gases it is common to replace sums over states by integrals, and to use a density of states in which details of the level structure are smoothed out. This procedure fails for a BoseEinstein condensed system, since the contribution from the lowest state is not properly accounted for. However, it does give a good approximation to the contribution from excited states, and we shall now calculate these densities of states for a number of different situations.

Throughout most of this book we shall assume that all particles are in one particular internal (spin) state, and therefore we generally suppress the
part of the wave function referring to the internal state. In Chapters 12, 13, 16 and 17 we discuss a number of topics where internal degrees of freedom come into play.

In three dimensions, for a free particle in a particular internal state, there is on average one quantum state per volume $(2 \pi \hbar)^{3}$ of phase space. The region of momentum space for which the magnitude of the momentum is less than $p$ has a volume $4 \pi p^{3} / 3$ equal to that of a sphere of radius $p$ and, since the energy of a particle of momentum $\mathbf{p}$ is $\epsilon_{\mathbf{p}}=p^{2} / 2 m$, the total number of states $G(\epsilon)$ with energy less than $\epsilon$ is given by

$$
\begin{equation*}
G(\epsilon)=V \frac{4 \pi}{3} \frac{(2 m \epsilon)^{3 / 2}}{(2 \pi \hbar)^{3}}=V \frac{2^{1 / 2}}{3 \pi^{2}} \frac{(m \epsilon)^{3 / 2}}{\hbar^{3}}, \tag{2.3}
\end{equation*}
$$

where $V$ is the volume of the system. Quite generally, the number of states with energy between $\epsilon$ and $\epsilon+d \epsilon$ is given by $g(\epsilon) d \epsilon$, where $g(\epsilon)$ is the density of states. Therefore

$$
\begin{equation*}
g(\epsilon)=\frac{d G(\epsilon)}{d \epsilon} \tag{2.4}
\end{equation*}
$$

which, from Eq. (2.3), is thus

$$
\begin{equation*}
g(\epsilon)=\frac{V m^{3 / 2}}{2^{1 / 2} \pi^{2} \hbar^{3}} \epsilon^{1 / 2} \tag{2.5}
\end{equation*}
$$

For a free particle in $d$ dimensions the corresponding result is $g(\epsilon) \propto \epsilon^{(d / 2-1)}$, and therefore the density of states is independent of energy for a free particle in two dimensions.
Let us now consider a particle in the anisotropic harmonic-oscillator potential

$$
\begin{equation*}
V(\mathbf{r})=\frac{1}{2}\left(K_{x} x^{2}+K_{y} y^{2}+K_{z} z^{2}\right) \tag{2.6}
\end{equation*}
$$

which we will refer to as a harmonic trap. Here the quantities $K_{i}(i=$ $x, y, z)$ denote the three force constants, which are generally unequal. The corresponding classical oscillation frequencies $\omega_{i}$ are given by $\omega_{i}^{2}=K_{i} / m$, and we shall therefore write the potential as

$$
\begin{equation*}
V(\mathbf{r})=\frac{1}{2} m\left(\omega_{x}^{2} x^{2}+\omega_{y}^{2} y^{2}+\omega_{z}^{2} z^{2}\right) \tag{2.7}
\end{equation*}
$$

The energy levels, $\epsilon\left(n_{x}, n_{y}, n_{z}\right)$, are then

$$
\begin{equation*}
\epsilon\left(n_{x}, n_{y}, n_{z}\right)=\left(n_{x}+\frac{1}{2}\right) \hbar \omega_{x}+\left(n_{y}+\frac{1}{2}\right) \hbar \omega_{y}+\left(n_{z}+\frac{1}{2}\right) \hbar \omega_{z}, \tag{2.8}
\end{equation*}
$$

where the numbers $n_{i}$ assume all integer values greater than or equal to zero.

We now determine the number of states $G(\epsilon)$ with energy less than a given value $\epsilon$. For energies large compared with $\hbar \omega_{i}$, we may treat the $n_{i}$ as continuous variables and neglect the zero-point motion. We therefore introduce a coordinate system defined by the three variables $\epsilon_{i}=\hbar \omega_{i} n_{i}$, in terms of which a surface of constant energy (2.8) is the plane $\epsilon=\epsilon_{x}+\epsilon_{y}+\epsilon_{z}$. Then $G(\epsilon)$ is proportional to the volume in the first octant bounded by the plane,

$$
\begin{equation*}
G(\epsilon)=\frac{1}{\hbar^{3} \omega_{x} \omega_{y} \omega_{z}} \int_{0}^{\epsilon} d \epsilon_{x} \int_{0}^{\epsilon-\epsilon_{x}} d \epsilon_{y} \int_{0}^{\epsilon-\epsilon_{x}-\epsilon_{y}} d \epsilon_{z}=\frac{\epsilon^{3}}{6 \hbar^{3} \omega_{x} \omega_{y} \omega_{z}} \tag{2.9}
\end{equation*}
$$

Since $g(\epsilon)=d G / d \epsilon$, we obtain a density of states given by

$$
\begin{equation*}
g(\epsilon)=\frac{\epsilon^{2}}{2 \hbar^{3} \omega_{x} \omega_{y} \omega_{z}} \tag{2.10}
\end{equation*}
$$

For a d-dimensional harmonic-oscillator potential with frequencies $\omega_{i}$, the analogous result is

$$
\begin{equation*}
g(\epsilon)=\frac{\epsilon^{d-1}}{(d-1)!\prod_{i} \hbar \omega_{i}} \tag{2.11}
\end{equation*}
$$

We thus see that in many contexts the density of states varies as a power of the energy, and we shall now calculate thermodynamic properties for systems with a density of states of the form

$$
\begin{equation*}
g(\epsilon)=C_{\alpha} \epsilon^{\alpha-1} \tag{2.12}
\end{equation*}
$$

where $C_{\alpha}$ is a constant. In three dimensions, for a gas confined by rigid walls, $\alpha$ is equal to $3 / 2$. The corresponding coefficient may be read off from Eq. (2.5), and it is

$$
\begin{equation*}
C_{3 / 2}=\frac{V m^{3 / 2}}{2^{1 / 2} \pi^{2} \hbar^{3}} \tag{2.13}
\end{equation*}
$$

The coefficient for a three-dimensional harmonic-oscillator potential $(\alpha=3)$, which may be obtained from Eq. (2.10), is

$$
\begin{equation*}
C_{3}=\frac{1}{2 \hbar^{3} \omega_{x} \omega_{y} \omega_{z}} \tag{2.14}
\end{equation*}
$$

### 2.2 Transition temperature and condensate fraction

The transition temperature $T_{\mathrm{c}}$ is defined as the highest temperature at which the macroscopic occupation of the lowest-energy state appears. When the number of particles, $N$, is sufficiently large, we may neglect the zero-point energy in (2.8) and thus equate the lowest energy $\epsilon_{\min }$ to zero, the minimum

Table 2.1 The gamma function $\Gamma$ and the Riemann zeta function $\zeta$ for selected values of $\alpha$.

| $\alpha$ | $\Gamma(\alpha)$ | $\zeta(\alpha)$ |
| :---: | :---: | :---: |
| 1 | 1 | $\infty$ |
| 1.5 | $\sqrt{\pi} / 2=0.886$ | 2.612 |
| 2 | 1 | $\pi^{2} / 6=1.645$ |
| 2.5 | $3 \sqrt{\pi} / 4=1.329$ | 1.341 |
| 3 | 2 | 1.202 |
| 3.5 | $15 \sqrt{\pi} / 8=3.323$ | 1.127 |
| 4 | 6 | $\pi^{4} / 90=1.082$ |

of the potential (2.7). Corrections to the transition temperature arising from the zero-point energy will be considered in Sec. 2.5. The number of particles in excited states is given by

$$
\begin{equation*}
N_{\mathrm{ex}}=\int_{0}^{\infty} d \epsilon g(\epsilon) f^{0}(\epsilon) \tag{2.15}
\end{equation*}
$$

This achieves its greatest value for $\mu=0$, and the transition temperature $T_{\mathrm{c}}$ is determined by the condition that the total number of particles can be accommodated in excited states, that is

$$
\begin{equation*}
N=N_{\mathrm{ex}}\left(T_{\mathrm{c}}, \mu=0\right)=\int_{0}^{\infty} d \epsilon g(\epsilon) \frac{1}{e^{\epsilon / k T_{\mathrm{c}}}-1} \tag{2.16}
\end{equation*}
$$

When (2.16) is written in terms of the dimensionless variable $x=\epsilon / k T_{\mathrm{c}}$, it becomes

$$
\begin{equation*}
N=C_{\alpha}\left(k T_{\mathrm{c}}\right)^{\alpha} \int_{0}^{\infty} d x \frac{x^{\alpha-1}}{e^{x}-1}=C_{\alpha} \Gamma(\alpha) \zeta(\alpha)\left(k T_{\mathrm{c}}\right)^{\alpha} \tag{2.17}
\end{equation*}
$$

where $\Gamma(\alpha)$ is the gamma function and $\zeta(\alpha)=\sum_{n=1}^{\infty} n^{-\alpha}$ is the Riemann zeta function. In evaluating the integral in (2.17) we expand the Bose function in powers of $e^{-x}$, and use the fact that $\int_{0}^{\infty} d x x^{\alpha-1} e^{-x}=\Gamma(\alpha)$. The result is

$$
\begin{equation*}
\int_{0}^{\infty} d x \frac{x^{\alpha-1}}{e^{x}-1}=\Gamma(\alpha) \zeta(\alpha) \tag{2.18}
\end{equation*}
$$

Table 2.1 lists $\Gamma(\alpha)$ and $\zeta(\alpha)$ for selected values of $\alpha$.
From (2.17) we now find

$$
\begin{equation*}
k T_{\mathrm{c}}=\frac{N^{1 / \alpha}}{\left[C_{\alpha} \Gamma(\alpha) \zeta(\alpha)\right]^{1 / \alpha}} \tag{2.19}
\end{equation*}
$$

For a three-dimensional harmonic-oscillator potential, $\alpha$ is 3 and $C_{3}$ is given by Eq. (2.14). From (2.19) we then obtain a transition temperature given by

$$
\begin{equation*}
k T_{\mathrm{c}}=\frac{\hbar \bar{\omega} N^{1 / 3}}{[\zeta(3)]^{1 / 3}} \approx 0.94 \hbar \bar{\omega} N^{1 / 3}, \tag{2.20}
\end{equation*}
$$

where

$$
\begin{equation*}
\bar{\omega}=\left(\omega_{x} \omega_{y} \omega_{z}\right)^{1 / 3} \tag{2.21}
\end{equation*}
$$

is the geometric mean of the three oscillator frequencies. The result (2.20) may be written in the useful form

$$
\begin{equation*}
T_{\mathrm{c}} \approx 4.5\left(\frac{\bar{f}}{100 \mathrm{~Hz}}\right) N^{1 / 3} \mathrm{nK}, \tag{2.22}
\end{equation*}
$$

where $\bar{f}=\bar{\omega} / 2 \pi$.
For a uniform Bose gas in a three-dimensional box of volume $V$ the index $\alpha$ is $3 / 2$. Using the expression (2.13) for the coefficient $C_{3 / 2}$, one finds for the transition temperature the relation

$$
\begin{equation*}
k T_{\mathrm{c}}=\frac{2 \pi}{[\zeta(3 / 2)]^{2 / 3}} \frac{\hbar^{2} n^{2 / 3}}{m} \approx 3.31 \frac{\hbar^{2} n^{2 / 3}}{m}, \tag{2.23}
\end{equation*}
$$

where $n=N / V$ is the number density. For a uniform gas in two dimensions, $\alpha$ is equal to 1 , and the integral in (2.17) diverges. Thus Bose-Einstein condensation in a two-dimensional box can occur only at zero temperature. However, a two-dimensional Bose gas can condense at non-zero temperature if the particles are confined by a harmonic-oscillator potential. In that case $\alpha=2$ and the integral in (2.17) is finite. We shall return to gases in lower dimensions in Chapter 15.

It is useful to introduce the phase-space density, which we denote by $\varpi$. This is defined as the number of particles contained within a volume equal to the cube of the thermal de Broglie wavelength, $\lambda_{T}^{3}=\left(2 \pi \hbar^{2} / m k T\right)^{3 / 2}$,

$$
\begin{equation*}
\varpi=n\left(\frac{2 \pi \hbar^{2}}{m k T}\right)^{3 / 2} \tag{2.24}
\end{equation*}
$$

If the gas is classical, this is a measure of the typical occupancy of singleparticle states. The majority of occupied states have energies of order $k T$ or less, and therefore the number of states per unit volume that are occupied significantly is of order the total number of states per unit volume with energies less than $k T$, which is approximately $\left(m k T / \hbar^{2}\right)^{3 / 2}$ according to (2.3). The phase-space density is thus the ratio between the particle density and the number of significantly occupied states per unit volume.

The Bose-Einstein phase transition occurs when $\varpi=\zeta(3 / 2) \approx 2.612$, according to $(2.23)$. The criterion that $\varpi$ should be comparable with unity indicates that low temperatures and/or high particle densities are necessary for condensation.

The existence of a well-defined phase transition for particles in a harmonicoscillator potential is a consequence of our assumption that the separation of single-particle energy levels is much less than $k T$. For an isotropic harmonic oscillator, with $\omega_{x}=\omega_{y}=\omega_{z}=\omega_{0}$, this implies that the energy quantum $\hbar \omega_{0}$ should be much less than $k T_{\mathrm{c}}$. Since $T_{\mathrm{c}}$ is given by Eq. (2.20), the condition is $N^{1 / 3} \gg 1$. If the finiteness of the particle number is taken into account, the transition becomes smooth.

### 2.2.1 Condensate fraction

Below the transition temperature the number $N_{\text {ex }}$ of particles in excited states is given by Eq. (2.15) with $\mu=0$,

$$
\begin{equation*}
N_{\mathrm{ex}}(T)=C_{\alpha} \int_{0}^{\infty} d \epsilon \epsilon^{\alpha-1} \frac{1}{e^{\epsilon / k T}-1} \tag{2.25}
\end{equation*}
$$

Provided the integral converges, that is $\alpha>1$, we may use Eq. (2.18) to write this result as

$$
\begin{equation*}
N_{\mathrm{ex}}=C_{\alpha} \Gamma(\alpha) \zeta(\alpha)(k T)^{\alpha} . \tag{2.26}
\end{equation*}
$$

Note that this result does not depend on the total number of particles. However, if one makes use of the expression (2.19) for $T_{\mathrm{c}}$, it may be rewritten in the form

$$
\begin{equation*}
N_{\mathrm{ex}}=N\left(\frac{T}{T_{\mathrm{c}}}\right)^{\alpha} \tag{2.27}
\end{equation*}
$$

The number of particles in the condensate is thus given by

$$
\begin{equation*}
N_{0}(T)=N-N_{\mathrm{ex}}(T) \tag{2.28}
\end{equation*}
$$

or

$$
\begin{equation*}
N_{0}=N\left[1-\left(\frac{T}{T_{\mathrm{c}}}\right)^{\alpha}\right] \tag{2.29}
\end{equation*}
$$

For particles in a box in three dimensions, $\alpha$ is $3 / 2$, and the number of excited particles per unit volume, $n_{\text {ex }}$, may be obtained from Eqs. (2.26) and (2.13). It is

$$
\begin{equation*}
n_{\mathrm{ex}}=\frac{N_{\mathrm{ex}}}{V}=\zeta(3 / 2)\left(\frac{m k T}{2 \pi \hbar^{2}}\right)^{3 / 2} \tag{2.30}
\end{equation*}
$$

The occupancy of the condensate is therefore given by the well-known result $N_{0}=N\left[1-\left(T / T_{\mathrm{c}}\right)^{3 / 2}\right]$.

For a three-dimensional harmonic-oscillator potential ( $\alpha=3$ ), the number of particles in the condensate is

$$
\begin{equation*}
N_{0}=N\left[1-\left(\frac{T}{T_{\mathrm{c}}}\right)^{3}\right] \tag{2.31}
\end{equation*}
$$

In all cases the transition temperature $T_{\mathrm{c}}$ is given by (2.19) for the appropriate value of $\alpha$.

### 2.3 Density profile and velocity distribution

The cold clouds of atoms investigated at microkelvin temperatures typically contain of order $10^{4}-10^{8}$ atoms. It is not feasible to apply the usual techniques of low-temperature physics to these systems for a number of reasons. First, there are rather few atoms, second, the systems are metastable, so one cannot allow them to come into equilibrium with another body, and third, the systems have a lifetime which is of order seconds to minutes.

Among the quantities that can be measured is the density profile. One way to do this is by absorptive imaging. Light at a resonant frequency for the atom will be absorbed on passing through an atomic cloud. Thus by measuring the absorption profile one can obtain information about the density distribution. The spatial resolution can be improved by switching off the trap, thereby allowing the cloud to expand before measuring the absorption. The expansion also overcomes a difficulty that many trapped cold-gas clouds absorb so strongly on resonance that an absorptive image yields little information. A drawback of absorptive imaging is that it is destructive, since absorption of light changes the internal states of atoms and heats the cloud significantly. In addition, in the case of imaging after expansion, study of time-dependent phenomena requires preparation of a new cloud for each time point. An alternative technique is to use phasecontrast imaging [2,3]. This exploits the fact that the refractive index of the gas depends on its density, and therefore the optical path length is changed by the medium. By allowing a light beam that has passed through the cloud to interfere with a reference beam that has been phase shifted, changes in optical path length may be converted into intensity variations, just as in phase-contrast microscopy. The advantage of this method is that it is almost non-destructive, and it is therefore possible to study time-dependent phenomena using a single cloud.

In the ground state of the system, all atoms are condensed in the lowest
single-particle quantum state and the density distribution $n(\mathbf{r})$ reflects the shape of the ground-state wave function $\phi_{0}(\mathbf{r})$ for a particle in the trap since, for non-interacting particles, the density is given by

$$
\begin{equation*}
n(\mathbf{r})=N\left|\phi_{0}(\mathbf{r})\right|^{2} \tag{2.32}
\end{equation*}
$$

where $N$ is the number of particles. For an anisotropic harmonic oscillator the ground-state wave function is

$$
\begin{equation*}
\phi_{0}(\mathbf{r})=\frac{1}{\pi^{3 / 4}\left(a_{x} a_{y} a_{z}\right)^{1 / 2}} e^{-x^{2} / 2 a_{x}^{2}} e^{-y^{2} / 2 a_{y}^{2}} e^{-z^{2} / 2 a_{z}^{2}}, \tag{2.33}
\end{equation*}
$$

where the widths $a_{i}$ of the wave function in the three directions $(i=x, y, z)$ are given by

$$
\begin{equation*}
a_{i}^{2}=\frac{\hbar}{m \omega_{i}} \tag{2.34}
\end{equation*}
$$

The density distribution is thus anisotropic if the three frequencies $\omega_{x}, \omega_{y}$ and $\omega_{z}$ are not all equal, the greatest width being associated with the lowest frequency. The widths $a_{i}$ may be written in a form analogous to (2.22)

$$
\begin{equation*}
a_{i} \approx 10.1\left(\frac{100 \mathrm{~Hz}}{f_{i}} \frac{1}{A}\right)^{1 / 2} \mu \mathrm{~m} \tag{2.35}
\end{equation*}
$$

in terms of the trap frequencies $f_{i}=\omega_{i} / 2 \pi$ and the mass number $A$, the number of nucleons in the nucleus of the atom.

The distribution of particles after a cloud is allowed to expand depends not only on the initial density distribution, but also on the initial velocity distribution. Consequently it is important to consider the velocity distribution. In momentum space the wave function corresponding to (2.33) is obtained by taking its Fourier transform and is

$$
\begin{equation*}
\phi_{0}(\mathbf{p})=\frac{1}{\pi^{3 / 4}\left(c_{x} c_{y} c_{z}\right)^{1 / 2}} e^{-p_{x}^{2} / 2 c_{x}^{2}} e^{-p_{y}^{2} / 2 c_{y}^{2}} e^{-p_{z}^{2} / 2 c_{z}^{2}} \tag{2.36}
\end{equation*}
$$

where

$$
\begin{equation*}
c_{i}=\frac{\hbar}{a_{i}}=\sqrt{m \hbar \omega_{i}} \tag{2.37}
\end{equation*}
$$

Thus the density in momentum space is given by

$$
\begin{equation*}
n(\mathbf{p})=N\left|\phi_{0}(\mathbf{p})\right|^{2}=\frac{N}{\pi^{3 / 2} c_{x} c_{y} c_{z}} e^{-p_{x}^{2} / c_{x}^{2}} e^{-p_{y}^{2} / c_{y}^{2}} e^{-p_{z}^{2} / c_{z}^{2}} \tag{2.38}
\end{equation*}
$$

Since $c_{i}^{2} / m=\hbar \omega_{i}$, the distribution (2.38) has the form of a Maxwell distribution with different 'temperatures' $T_{i}=\hbar \omega_{i} / 2 k$ for the three directions.

Since the spatial distribution is anisotropic, the momentum distribution
also depends on direction. By the Heisenberg uncertainty principle, a narrow spatial distribution implies a broad momentum distribution, as seen in the Fourier transform (2.36) where the widths $c_{i}$ are proportional to the square root of the oscillator frequencies.

These density and momentum distributions may be contrasted with the corresponding expressions when the gas obeys classical statistics, at temperatures well above the Bose-Einstein condensation temperature. The density distribution is then proportional to $\exp [-V(\mathbf{r}) / k T]$ and consequently it is given by

$$
\begin{equation*}
n(\mathbf{r})=\frac{N}{\pi^{3 / 2} R_{x} R_{y} R_{z}} e^{-x^{2} / R_{x}^{2}} e^{-y^{2} / R_{y}^{2}} e^{-z^{2} / R_{z}^{2}} \tag{2.39}
\end{equation*}
$$

Here the widths $R_{i}$ are given by

$$
\begin{equation*}
R_{i}^{2}=\frac{2 k T}{m \omega_{i}^{2}} \tag{2.40}
\end{equation*}
$$

and they therefore depend on temperature. Note that the ratio $R_{i} / a_{i}$ equals $\left(2 k T / \hbar \omega_{i}\right)^{1 / 2}$, which under typical experimental conditions is much greater than unity. Consequently the condition for semi-classical behaviour is well satisfied, and one concludes that the thermal cloud is much broader than the condensate, which below $T_{\mathrm{c}}$ emerges as a narrow peak in the spatial distribution with a weight that increases with decreasing temperature.

Above $T_{\mathrm{c}}$ the density $n(\mathbf{p})$ in momentum space is isotropic in equilibrium, since it is determined only by the temperature and the particle mass, and in the classical limit it is given by

$$
\begin{equation*}
n(\mathbf{p})=C e^{-p^{2} / 2 m k T} \tag{2.41}
\end{equation*}
$$

where the constant $C$ is independent of momentum. The width of the momentum distribution is thus $\sim(m k T)^{1 / 2}$, which is $\sim\left(k T / \hbar \omega_{i}\right)^{1 / 2}$ times the zero-temperature width $\left(m \hbar \omega_{i}\right)^{1 / 2}$. At temperatures comparable with the transition temperature one has $k T \sim N^{1 / 3} \hbar \omega_{i}$ and therefore the factor $\left(k T / \hbar \omega_{i}\right)^{1 / 2}$ is of the order of $N^{1 / 6}$. The density and velocity distributions of the thermal cloud are thus much broader than those of the condensate.

If a thermal cloud is allowed to expand to a size much greater than its original one, the resulting cloud will be spherically symmetric due to the isotropy of the velocity distribution, as we shall demonstrate explicitly in Sec. 2.3.1 below. This is quite different from the anisotropic shape of an expanding cloud of condensate. In early experiments the anisotropy of clouds after expansion provided strong evidence for the existence of a Bose-Einstein condensate.

Interactions between the atoms alter the sizes of clouds somewhat, as we shall see in Sec. 6.2. A repulsive interaction increases the size of a zerotemperature condensate cloud in equilibrium by a numerical factor which depends on the number of particles and the interatomic potential, typical values being in the range between 2 and 10, while an attractive interaction can cause the cloud to collapse. Above $T_{\mathrm{c}}$, where the cloud is less dense, interactions hardly affect the size of the cloud.

### 2.3.1 The semi-classical distribution

Quantum-mechanically, the density of non-interacting bosons is given by

$$
\begin{equation*}
n(\mathbf{r})=\sum_{\nu} f_{\nu}\left|\phi_{\nu}(\mathbf{r})\right|^{2} \tag{2.42}
\end{equation*}
$$

where $f_{\nu}$ is the occupation number for state $\nu$, for which the wave function is $\phi_{\nu}(\mathbf{r})$. Such a description is unwieldy in general, since it demands a knowledge of the wave functions for the trapping potential in question. However, provided the de Broglie wavelengths of particles are small compared with the length scale over which the trapping potential varies significantly, a simpler description is possible as we shall see in the following.

Classically, the state of a particle is determined by specifying its position $\mathbf{r}$ and its momentum $\mathbf{p}$, which implies that the statistical properties of a gas may be expressed in terms of a distribution function depending on $\mathbf{r}$ and $\mathbf{p}$. According to the Heisenberg uncertainty principle, in quantum mechanics the momentum and position of a particle cannot be specified with arbitrary accuracy, and therefore such a description is in general not possible. However, provided properties of interest do not require information about the particle distribution on length scales $\Delta l$ and momentum scales $\Delta p$ that violate the uncertainty relation $\Delta l \Delta p \geq \hbar / 2$, a simpler description of the system is possible in terms of a semi-classical distribution function $f_{\mathbf{p}}(\mathbf{r})$ representing the average occupancy of a quantum state. Semi-classically, the number of quantum states with momenta lying within the volume element $d \mathbf{p} d \mathbf{r}$ in phase space is $d \mathbf{p} d \mathbf{r} /(2 \pi \hbar)^{3}$, and therefore the quantity $f_{\mathbf{p}}(\mathbf{r}) d \mathbf{p} d \mathbf{r} /(2 \pi \hbar)^{3}$ is the mean number of particles in the phase space volume $d \mathbf{p} d \mathbf{r}$. For such a description to be applicable, it is necessary that the characteristic distance over which the momentum of a particle changes is large compared with the de Broglie wavelength of the particle.

The physical content of this approximation is that locally the gas may be regarded as having the same properties as a bulk gas. We have used this approximation to discuss the high-temperature limit of Boltzmann statistics,
but it may also be used under conditions when the gas is degenerate. The distribution function in equilibrium is therefore given by

$$
\begin{equation*}
f_{\mathbf{p}}(\mathbf{r})=f_{\mathbf{p}}^{0}(\mathbf{r})=\frac{1}{e^{\left[\epsilon_{\mathbf{p}}(\mathbf{r})-\mu\right] / k T}-1} \tag{2.43}
\end{equation*}
$$

Here the particle energies are those of a classical free particle at point $\mathbf{r}$,

$$
\begin{equation*}
\epsilon_{\mathbf{p}}(\mathbf{r})=\frac{p^{2}}{2 m}+V(\mathbf{r}) \tag{2.44}
\end{equation*}
$$

where $V(\mathbf{r})$ is the external potential.
This description may be used for particles in excited states, but it is inappropriate for the ground state, which has spatial variations on length scales comparable with those over which the trap potential varies significantly. Also, calculating properties of the system by integrating over momentum states does not properly take into account the condensed state, but properties of particles in excited states are well estimated by the semi-classical result. Thus, for example, to determine the number of particles in excited states, one integrates the semi-classical distribution function (2.43) divided by $(2 \pi \hbar)^{3}$ over $\mathbf{p}$ and $\mathbf{r}$. The results for $T_{\mathrm{c}}$ agree with those obtained by the methods described in Sec. 2.2 above, where the effect of the potential was included through the density of states. To demonstrate this for a harmonic trap is left as an exercise (Problem 2.1).

We now consider the density of particles which are not in the condensate. This is given by

$$
\begin{equation*}
n_{\mathrm{ex}}(\mathbf{r})=\int \frac{d \mathbf{p}}{(2 \pi \hbar)^{3}} \frac{1}{e^{\left[\epsilon_{\mathbf{p}}(\mathbf{r})-\mu\right] / k T}-1} \tag{2.45}
\end{equation*}
$$

We evaluate the integral (2.45) by introducing the variable $x=p^{2} / 2 m k T$ and the quantity $z(\mathbf{r})$ defined by the equation

$$
\begin{equation*}
z(\mathbf{r})=e^{[\mu-V(\mathbf{r})] / k T} \tag{2.46}
\end{equation*}
$$

For $V(\mathbf{r})=0, z$ reduces to the fugacity. One finds

$$
\begin{equation*}
n_{\mathrm{ex}}(\mathbf{r})=\frac{2}{\sqrt{\pi} \lambda_{T}^{3}} \int_{0}^{\infty} d x \frac{x^{1 / 2}}{z^{-1} e^{x}-1} \tag{2.47}
\end{equation*}
$$

where $\lambda_{T}=\left(2 \pi \hbar^{2} / m k T\right)^{1 / 2}$ is the thermal de Broglie wavelength, Eq. (1.2). Integrals of this type occur frequently in expressions for properties of ideal Bose gases, so we shall consider a more general one. They are evaluated by expanding the integrand in powers of $z$, and one finds

$$
\begin{equation*}
\int_{0}^{\infty} d x \frac{x^{\gamma-1}}{z^{-1} e^{x}-1}=\sum_{n=1}^{\infty} \int_{0}^{\infty} d x x^{\gamma-1} e^{-n x} z^{n}=\Gamma(\gamma) g_{\gamma}[z] \tag{2.48}
\end{equation*}
$$



Fig. 2.2 The spatial distribution of non-condensed particles, Eq. (2.50), for an isotropic trap, $V(r)=m \omega_{0}^{2} r^{2} / 2$, with $R=\left(2 k T / m \omega_{0}^{2}\right)^{1 / 2}$. The dotted line is a Gaussian distribution, corresponding to the first term in the sum (2.49).
where

$$
\begin{equation*}
g_{\gamma}[z]=\sum_{n=1}^{\infty} \frac{z^{n}}{n^{\gamma}} . \tag{2.49}
\end{equation*}
$$

For $z=1$, the sum in (2.49) reduces to $\zeta(\gamma)$, in agreement with (2.18).
The integral in (2.47) corresponds to $\gamma=3 / 2$, and therefore

$$
\begin{equation*}
n_{\mathrm{ex}}(\mathbf{r})=\frac{g_{3 / 2}[z(\mathbf{r})]}{\lambda_{T}^{3}} \tag{2.50}
\end{equation*}
$$

In Fig. 2.2 we show for a harmonic trap the density of excited particles in units of $1 / \lambda_{T}^{3}$ for a chemical potential equal to the minimum of the potential. This gives the distribution of excited particles at the transition temperature or below. For comparison the result for the classical Boltzmann distribution, which corresponds to the first term in the series (2.49), is also exhibited for the same value of $\mu$. In the semi-classical approximation the density has a sharp peak at the origin, with $d n / d r \rightarrow$ constant, whereas in a more precise treatment the peak is smoothed over a length scale of order $\lambda_{T}$. For a harmonic trap above the transition temperature, the total number of
particles is related to the chemical potential by

$$
\begin{equation*}
N=g_{3}[z(0)]\left(\frac{k T}{\hbar \bar{\omega}}\right)^{3} \tag{2.51}
\end{equation*}
$$

as one can verify by integrating (2.45) over space.

## Free expansion

As mentioned above, the observed anisotropy of a cloud after expansion provides evidence for the existence of a Bose-Einstein condensate. In order to illustrate this, we consider in the following the free expansion of a cloud of non-interacting particles, which are initially trapped in an anisotropic harmonic-oscillator potential. For simplicity, we shall contrast the behaviour of a pure condensate with that of a classical gas at temperatures well above its transition temperature $T_{\mathrm{c}}$, but the treatment given below may be readily generalized to the case when $T \geq T_{\mathrm{c}}$.

In the classical limit, the distribution function (2.43) in equilibrium is

$$
\begin{equation*}
f_{\mathbf{p}}^{0}(\mathbf{r})=e^{\mu / k T} e^{-\epsilon_{\mathbf{p}}(\mathbf{r}) / k T} \tag{2.52}
\end{equation*}
$$

The initial distribution, before the potential is turned off and the gas allowed to expand freely, is thus (2.52) where the energies $\epsilon_{\mathbf{p}}(\mathbf{r})$ are given by (2.44) and (2.7). When the gas expands freely, the individual particles move according to the equations of motion

$$
\begin{equation*}
\dot{\mathbf{r}}=\mathbf{p} / m ; \quad \dot{\mathbf{p}}=0 \tag{2.53}
\end{equation*}
$$

where the dot denotes a time derivative. During the free expansion, in the absence of collisions the distribution function remains unchanged when one follows the motion of an individual particle, according to the Liouville theorem. If the time at which the potential is turned off is taken to be $t=0$, the distribution at later times is therefore given by

$$
\begin{equation*}
f_{\mathbf{p}}(\mathbf{r}, t)=f_{\mathbf{p}}^{0}(\mathbf{r}-\mathbf{p} t / m)=e^{\mu / k T} e^{-\left[p^{2} / 2 m+V(\mathbf{r}-\mathbf{p} t / m)\right] / k T} \tag{2.54}
\end{equation*}
$$

and the density $n(\mathbf{r}, t)$ is obtained by integrating over momentum,

$$
\begin{equation*}
n(\mathbf{r}, t)=\int \frac{d \mathbf{p}}{(2 \pi \hbar)^{3}} f_{\mathbf{p}}(\mathbf{r}, t) \tag{2.55}
\end{equation*}
$$

The integral may be evaluated by performing the integration over each momentum component $p_{i}$ separately and shifting the origin on each $p_{i}$ axis to
obtain simple Gaussian integrals, and the result is

$$
\begin{equation*}
n(\mathbf{r}, t)=e^{\mu / k T} \frac{1}{\lambda_{T}^{3}} \prod_{i}\left(1+\omega_{i}^{2} t^{2}\right)^{-1 / 2} e^{-m \omega_{i}^{2} r_{i}^{2} / 2 k T\left(1+\omega_{i}^{2} t^{2}\right)} \tag{2.56}
\end{equation*}
$$

where $r_{i}=x, y, z$. At time $t=0$ this agrees with (2.50) and (2.39), since in the classical limit $g_{3 / 2}[z(\mathbf{r})] \simeq z(\mathbf{r})$. The anisotropy of the initial distribution is thus determined by the oscillator frequencies, as shown in (2.39). At times much larger than $1 / \omega_{i}$, however, the density distribution (2.56) becomes isotropic, with a width given by the thermal velocity $(2 k T / m)^{1 / 2}$ times $t$.

Let us now consider the expansion of a Bose-Einstein condensed cloud at zero temperature, where the single-particle wave function at $t=0$ is given in momentum space by (2.36). At later times, the wave function develops according to the Schrödinger equation for a free particle, which implies that the wave function in momentum space is simply given by (2.36) times $\exp \left(-i p^{2} t / 2 m \hbar\right)$. The wave function $\phi(\mathbf{r}, t)$ in real space is therefore obtained from

$$
\begin{equation*}
\phi(\mathbf{r}, t)=\int \frac{d \mathbf{p}}{(2 \pi \hbar)^{3 / 2}} \phi_{0}(\mathbf{p}) e^{-i p^{2} t / 2 m \hbar} e^{i \mathbf{p} \cdot \mathbf{r} / \hbar} \tag{2.57}
\end{equation*}
$$

The integration may be carried out as described just below Eq. (2.55) and one finds

$$
\begin{equation*}
\phi(\mathbf{r}, t)=\frac{1}{\pi^{3 / 4}} \prod_{i} a_{i}^{-1 / 2}\left(1+i \omega_{i} t\right)^{-1 / 2} e^{-r_{i}^{2} /\left[2 a_{i}^{2}\left(1+i \omega_{i} t\right)\right]} \tag{2.58}
\end{equation*}
$$

The anisotropy of the density, which is proportional to $|\phi(\mathbf{r}, t)|^{2}$, thus changes dramatically upon expansion. At $t=0$ the width of the cloud in the $i$ direction is given by $a_{i}=\left(\hbar / m \omega_{i}\right)^{1 / 2}$, while at large times the width is $a_{i} \omega_{i} t=\left(\hbar \omega_{i} / m\right)^{1 / 2} t$ in the $i$ direction. A cigar-shaped Bose-Einstein condensed cloud thus becomes pancake-like upon expansion.
This qualitative conclusion holds also when interactions between atoms become important, as will be discussed in greater detail in Sec. 7.5. In that case expansion of the cloud is a result of the force due to the pressure gradient produced by the interaction, rather than to the velocity components present in the initial cloud. The pressure due to interactions is a function of the local particle density, and therefore its gradient is greater in directions in which the cloud extension is smallest. Consequently, the acceleration and the final velocity of atoms are greatest in directions in which the initial cloud was most compact.

### 2.4 Thermodynamic quantities

In this section we determine thermodynamic properties of ideal Bose gases and calculate the energy, entropy, and other properties of the condensed phase. We explore how the temperature dependence of the specific heat for temperatures close to $T_{\mathrm{c}}$ depends on the parameter $\alpha$ characterizing the density of states.

### 2.4.1 Condensed phase

The energy of the macroscopically occupied state is taken to be zero, and therefore only excited states contribute to the total energy of the system. Consequently in converting sums to integrals it is not necessary to include an explicit term for the condensate, as it is when calculating the total number of particles. Below $T_{\mathrm{c}}$, the chemical potential vanishes, and the internal energy is given by

$$
\begin{equation*}
E=C_{\alpha} \int_{0}^{\infty} d \epsilon \epsilon^{\alpha-1} \frac{\epsilon}{e^{\epsilon / k T}-1}=C_{\alpha} \Gamma(\alpha+1) \zeta(\alpha+1)(k T)^{\alpha+1} \tag{2.59}
\end{equation*}
$$

where we have used the integral (2.18). The specific heat $C=\partial E / \partial T$ is therefore given by ${ }^{1}$

$$
\begin{equation*}
C=(\alpha+1) \frac{E}{T} . \tag{2.60}
\end{equation*}
$$

Since the specific heat is also given in terms of the entropy $S$ by $C=$ $T \partial S / \partial T$, we find

$$
\begin{equation*}
S=\frac{C}{\alpha}=\frac{\alpha+1}{\alpha} \frac{E}{T} . \tag{2.61}
\end{equation*}
$$

Note that below $T_{\mathrm{c}}$ the energy, entropy, and specific heat do not depend on the total number of particles. This is because only particles in excited states contribute, and consequently the number of particles in the macroscopically occupied state is irrelevant for these quantities.

Expressed in terms of the total number of particles $N$ and the transition temperature $T_{\mathrm{c}}$, which are related by Eq. (2.19), the energy is given by

$$
\begin{equation*}
E=N k \alpha \frac{\zeta(\alpha+1)}{\zeta(\alpha)} \frac{T^{\alpha+1}}{T_{\mathrm{c}}^{\alpha}} \tag{2.62}
\end{equation*}
$$

where we have used the property of the gamma function that $\Gamma(z+1)=$

[^2]$z \Gamma(z)$. As a consequence, the specific heat is given by
\[

$$
\begin{equation*}
C=\alpha(\alpha+1) \frac{\zeta(\alpha+1)}{\zeta(\alpha)} N k\left(\frac{T}{T_{\mathrm{c}}}\right)^{\alpha}, \tag{2.63}
\end{equation*}
$$

\]

while the entropy is

$$
\begin{equation*}
S=(\alpha+1) \frac{\zeta(\alpha+1)}{\zeta(\alpha)} N k\left(\frac{T}{T_{\mathrm{c}}}\right)^{\alpha} . \tag{2.64}
\end{equation*}
$$

Let us compare the results above with those in the classical limit. At high temperatures, the Bose-Einstein distribution becomes a Boltzmann distribution, and therefore

$$
\begin{equation*}
N=C_{\alpha} \int_{0}^{\infty} d \epsilon \epsilon^{\alpha-1} e^{(\mu-\epsilon) / k T} \tag{2.65}
\end{equation*}
$$

and

$$
\begin{equation*}
E=C_{\alpha} \int_{0}^{\infty} d \epsilon \epsilon^{\alpha} e^{(\mu-\epsilon) / k T} . \tag{2.66}
\end{equation*}
$$

On integrating Eq. (2.66) by parts, we obtain

$$
\begin{equation*}
E=\alpha N k T, \tag{2.67}
\end{equation*}
$$

which implies that the high-temperature specific heat is

$$
\begin{equation*}
C=\alpha N k \tag{2.68}
\end{equation*}
$$

For a homogeneous gas in three dimensions, for which $\alpha=3 / 2$, the result (2.68) is $C=3 N k / 2$, and for a harmonic-oscillator potential in three dimensions $C=3 N k$. Both these results are in agreement with the equipartition theorem. The ratio of the specific heat in the condensed state to its value in the classical limit is thus given by

$$
\begin{equation*}
\frac{C(T)}{\alpha N k}=(\alpha+1) \frac{\zeta(\alpha+1)}{\zeta(\alpha)}\left(\frac{T}{T_{\mathrm{c}}}\right)^{\alpha} . \tag{2.69}
\end{equation*}
$$

At $T_{\mathrm{c}}$ the ratio is approximately 1.28 for a uniform gas in three dimensions ( $\alpha=3 / 2$ ), and 3.60 for a three-dimensional harmonic-oscillator potential ( $\alpha=3$ ).

For later applications we shall require explicit expressions for the pressure and entropy of a homogeneous Bose gas. For an ideal gas in three dimensions, the pressure is given by $p=2 E / 3 V$, irrespective of statistics. For the condensed Bose gas this result may be derived by using the fact that
$p=-(\partial E / \partial V)_{S}$, with the energy given by (2.62) for $\alpha=3 / 2$. According to Eq. (2.23) $T_{\mathrm{c}}$ scales as $n^{2 / 3}$, and one finds

$$
\begin{equation*}
p=n k \frac{\zeta(5 / 2)}{\zeta(3 / 2)} \frac{T^{5 / 2}}{T_{\mathrm{c}}^{3 / 2}}=\zeta(5 / 2)\left(\frac{m}{2 \pi \hbar^{2}}\right)^{3 / 2}(k T)^{5 / 2} \tag{2.70}
\end{equation*}
$$

From Eq. (2.64), the entropy per particle is seen to be

$$
\begin{equation*}
\frac{S}{N}=k \frac{5}{2} \frac{\zeta(5 / 2)}{\zeta(3 / 2)}\left(\frac{T}{T_{\mathrm{c}}}\right)^{3 / 2} \tag{2.71}
\end{equation*}
$$

These results will be used in the discussion of sound modes in Sec. 10.4.

### 2.4.2 Normal phase

Let us now consider the leading corrections to the classical result (2.68) for the specific heat. The general expression for the total number of particles is

$$
\begin{equation*}
N=C_{\alpha} \int_{0}^{\infty} d \epsilon \epsilon^{\alpha-1} \frac{1}{e^{(\epsilon-\mu) / k T}-1} \tag{2.72}
\end{equation*}
$$

while that for the total energy is

$$
\begin{equation*}
E=C_{\alpha} \int_{0}^{\infty} d \epsilon \epsilon^{\alpha} \frac{1}{e^{(\epsilon-\mu) / k T}-1} \tag{2.73}
\end{equation*}
$$

At high temperatures the mean occupation numbers are small. We may therefore use in these two equations the expansion $\left(e^{x}-1\right)^{-1} \simeq e^{-x}+e^{-2 x}$ valid for large $x$, and obtain

$$
\begin{equation*}
N \simeq C_{\alpha} \int_{0}^{\infty} d \epsilon \epsilon^{\alpha-1}\left[e^{(\mu-\epsilon) / k T}+e^{2(\mu-\epsilon) / k T}\right] \tag{2.74}
\end{equation*}
$$

and

$$
\begin{equation*}
E \simeq C_{\alpha} \int_{0}^{\infty} d \epsilon \epsilon^{\alpha}\left[e^{(\mu-\epsilon) / k T}+e^{2(\mu-\epsilon) / k T}\right] \tag{2.75}
\end{equation*}
$$

from which we may eliminate the chemical potential $\mu$ by solving (2.74) for $\exp (\mu / k T)$ and inserting the result in (2.75). This yields

$$
\begin{equation*}
\frac{E}{\alpha N k T} \simeq 1-\frac{\zeta(\alpha)}{2^{\alpha+1}}\left(\frac{T_{\mathrm{c}}}{T}\right)^{\alpha} \tag{2.76}
\end{equation*}
$$

where we have used (2.19) to express $N / C_{\alpha}$ in terms of $T_{\mathrm{c}}$. The specific heat is then given by

$$
\begin{equation*}
C \simeq \alpha N k\left[1+(\alpha-1) \frac{\zeta(\alpha)}{2^{\alpha+1}}\left(\frac{T_{\mathrm{c}}}{T}\right)^{\alpha}\right] \tag{2.77}
\end{equation*}
$$

This approximate form is useful even at temperatures only slightly above $T_{\mathrm{c}}$.
The expressions (2.72) and (2.73) may be applied to non-interacting fermions as well, by replacing the Bose-Einstein distribution function by the Fermi-Dirac one, that is by changing -1 in the denominator to +1 . As a consequence, for fermions the leading corrections to the classical results at high temperature have the opposite sign from those for bosons. The energy of a Fermi gas exceeds the classical result, a direct manifestation of the exclusion principle. We shall return to the properties of fermion clouds in Chapter 16.

### 2.4.3 Specific heat close to $T_{\mathrm{C}}$

Having calculated the specific heat at high temperatures and at temperatures less than $T_{\mathrm{c}}$ we now determine its behaviour near $T_{\mathrm{c}}$. We shall see that it exhibits a discontinuity at $T_{\mathrm{c}}$ if $\alpha$ exceeds 2 . By contrast, for a uniform Bose gas (for which $\alpha$ equals $3 / 2$ ) the specific heat at constant volume is continuous at $T_{\mathrm{c}}$, but its derivative with respect to temperature is discontinuous.

We shall consider the energy $E$ as a function of the two variables $T$ and $\mu$. These are constrained by the condition that the total number of particles be equal to $N$. The change in energy, $\delta E$, may then be written as $\delta E=$ $(\partial E / \partial T)_{\mu} \delta T+(\partial E / \partial \mu)_{T} \delta \mu$. The term proportional to $\delta T$ is the same just above and just below the transition, and therefore it gives contributions to the specific heat that are continuous at $T_{\mathrm{c}}$. The source of the singular behaviour is the term proportional to $\delta \mu$, since the chemical potential $\mu$ is identically zero for temperatures less than $T_{\mathrm{c}}$ and becomes non-zero (in fact, negative) above the transition. To determine the nature of the singularity it is sufficient to consider temperatures just above $T_{\mathrm{c}}$, and evaluate the change (from zero) of the chemical potential, $\delta \mu$, to lowest order in $T-T_{\mathrm{c}}$. The non-zero value $\delta \mu$ of the chemical potential results in a contribution to the internal energy given by $(\partial E / \partial \mu) \delta \mu$. The derivative may be calculated by taking the derivative of Eq. (2.73) and integrating by parts, and one finds $\partial E / \partial \mu=\alpha N$. The discontinuity in the specific heat is therefore

$$
\begin{equation*}
\Delta C=C\left(T_{c+}\right)-C\left(T_{c-}\right)=\left.\alpha N \frac{\partial \mu}{\partial T}\right|_{T=T_{c+}} \tag{2.78}
\end{equation*}
$$

where the derivative is to be evaluated for fixed particle number.
We determine the dependence of $\mu$ on $T$ just above $T_{\mathrm{c}}$ by calculating the


Fig. 2.3 The specific heat $C$, in units of $\alpha N k$, as a function of the reduced temperature $T / T_{\mathrm{c}}$ for different values of $\alpha$.
derivative $(\partial \mu / \partial T)_{N}$, using the identity

$$
\begin{equation*}
\left(\frac{\partial \mu}{\partial T}\right)_{N}=-\left(\frac{\partial \mu}{\partial N}\right)_{T}\left(\frac{\partial N}{\partial T}\right)_{\mu}=-\left(\frac{\partial N}{\partial T}\right)_{\mu}\left(\frac{\partial N}{\partial \mu}\right)_{T}^{-1} \tag{2.79}
\end{equation*}
$$

which follows from the fact that

$$
\begin{equation*}
d N=\left(\frac{\partial N}{\partial T}\right)_{\mu} d T+\left(\frac{\partial N}{\partial \mu}\right)_{T} d \mu=0 \tag{2.80}
\end{equation*}
$$

when the particle number is fixed. The derivatives are evaluated by differentiating the expression (2.72) which applies at temperatures at or above $T_{\mathrm{c}}$ and integrating by parts. The results at $T_{\mathrm{c}}$ are

$$
\begin{equation*}
\left(\frac{\partial N}{\partial \mu}\right)_{T}=\frac{\zeta(\alpha-1)}{\zeta(\alpha)} \frac{N}{k T_{\mathrm{c}}} \tag{2.81}
\end{equation*}
$$

and

$$
\begin{equation*}
\left(\frac{\partial N}{\partial T}\right)_{\mu}=\alpha \frac{N}{T_{\mathrm{c}}} \tag{2.82}
\end{equation*}
$$

which yield

$$
\begin{equation*}
\left(\frac{\partial \mu}{\partial T}\right)_{N}=-\alpha \frac{\zeta(\alpha)}{\zeta(\alpha-1)} k \tag{2.83}
\end{equation*}
$$

We have assumed that $\alpha$ is greater than 2 , since otherwise the expansion is not valid.

For $T-T_{\mathrm{c}} \ll T_{\mathrm{c}}$ this yields

$$
\begin{equation*}
\mu \simeq-\alpha \frac{\zeta(\alpha)}{\zeta(\alpha-1)} k\left(T-T_{\mathrm{c}}\right) \tag{2.84}
\end{equation*}
$$

which, when inserted into Eq. (2.78), gives the specific heat discontinuity

$$
\begin{equation*}
\Delta C=-\alpha^{2} \frac{\zeta(\alpha)}{\zeta(\alpha-1)} N k \tag{2.85}
\end{equation*}
$$

For a harmonic-oscillator potential, corresponding to $\alpha=3$, the jump in the specific heat is

$$
\begin{equation*}
\Delta C=-9 \frac{\zeta(3)}{\zeta(2)} N k \approx-6.58 N k \tag{2.86}
\end{equation*}
$$

For $\alpha \leq 2$, the expansion given above is not permissible, and the investigation of the specific heat for that case is the subject of Problem 2.4. We exhibit in Fig. 2.3 the temperature-dependent specific heat for different values of $\alpha$. Note that the specific heat of an ideal, uniform Bose gas at constant pressure diverges as the temperature approaches $T_{\mathrm{c}}$ from above (Problem 2.5).

### 2.5 Effect of finite particle number

For a cloud of $N$ bosons in a three-dimensional harmonic trap the transition temperature as given by $(2.20)$ is proportional to $N^{1 / 3}$. We now consider the leading correction to this result due to the finiteness of the number of particles. As we shall see, this is independent of $N$, and is therefore of relative order $N^{-1 / 3}$. For a cloud containing $10^{6}$ atoms it lowers the transition temperature by about $1 \%$, while for $10^{4}$ atoms the effect is somewhat larger, of order $5 \%$.

The correction to $T_{\mathrm{c}}$ originates in the zero-point motion, which increases the energy of the lowest single-particle state by an amount (see Eq. (2.8))

$$
\begin{equation*}
\Delta \epsilon_{\min }=\frac{\hbar}{2}\left(\omega_{x}+\omega_{y}+\omega_{z}\right)=\frac{3 \hbar \omega_{\mathrm{m}}}{2} \tag{2.87}
\end{equation*}
$$

where

$$
\begin{equation*}
\omega_{\mathrm{m}}=\left(\omega_{x}+\omega_{y}+\omega_{z}\right) / 3 \tag{2.88}
\end{equation*}
$$

is the algebraic mean of the frequencies. Thus the shift in the chemical potential at the transition temperature is

$$
\begin{equation*}
\Delta \mu=\Delta \epsilon_{\min } \tag{2.89}
\end{equation*}
$$

To determine the shift $\Delta T_{\mathrm{c}}$ in the transition temperature for particles trapped by a three-dimensional harmonic-oscillator potential we use the inverse of the result (2.83) to relate the shift in transition temperature to the change in the chemical potential. When condensation sets in, the chemical potential is equal to the expression (2.89) when the zero-point energy is taken into account. Since $\alpha=3$ for the three-dimensional harmonic trap, the shift in transition temperature is

$$
\begin{equation*}
\Delta T_{\mathrm{c}}=-\frac{\zeta(2)}{3 \zeta(3)} \frac{\Delta \mu}{k}=-\frac{\zeta(2)}{2 \zeta(3)} \frac{\hbar \omega_{\mathrm{m}}}{k} \tag{2.90}
\end{equation*}
$$

Inserting $T_{\mathrm{c}}$ from (2.20) we obtain the result

$$
\begin{equation*}
\frac{\Delta T_{\mathrm{c}}}{T_{\mathrm{c}}}=-\frac{\zeta(2)}{2[\zeta(3)]^{2 / 3}} \frac{\omega_{\mathrm{m}}}{\bar{\omega}} N^{-1 / 3} \approx-0.73 \frac{\omega_{\mathrm{m}}}{\bar{\omega}} N^{-1 / 3} \tag{2.91}
\end{equation*}
$$

which shows that the fractional change in the transition temperature is proportional to $N^{-1 / 3}$.

For an anisotropic trap with axial symmetry, where $\omega_{z}=\lambda \omega_{x}=\lambda \omega_{y}$, the ratio $\omega_{\mathrm{m}} / \bar{\omega}$ becomes $(2+\lambda) / 3 \lambda^{1 / 3}$. Since $\lambda$ may be as small as $10^{-3}$, anisotropy can enhance significantly the effects of finite particle number.

Since the force constants of the harmonic trapping potential can be varied almost at will, it is possible to create very elongated or highly flattened condensates and thus explore Bose-Einstein condensation in lower dimensions. In a homogeneous system Bose-Einstein condensation cannot take place at non-zero temperature in one or two dimensions. This can be seen from the discussion in Sec. 2.2 above. For a uniform gas of particles in two dimensions the density of states is independent of energy, and the integral in Eq. (2.17) relating the transition temperature to the particle number therefore does not exist. The situation is different in traps, since the density of states for a particle in a two-dimensional harmonic trap is proportional to the energy. In Chapter 15 we discuss some of the phenomena associated with lower-dimensional systems.

## Problems

Problem 2.1 Use the semi-classical distribution function (2.43) to calculate the number of particles in the condensate for an isotropic harmonicoscillator potential. Indicate how the calculation may be generalized to an anisotropic harmonic oscillator.

Problem 2.2 Consider a gas of $N$ identical bosons, each of mass $m$, in
the quadrupole trap potential

$$
V(x, y, z)=A\left(x^{2}+y^{2}+4 z^{2}\right)^{1 / 2}
$$

where $A$ is a positive constant (the physics of this trap will be explained in Sec. 4.1). Use the semi-classical approach to determine the density of single-particle states as a function of energy and calculate the transition temperature, the depletion of the condensate as a function of temperature, and the jump in the specific heat at the transition temperature. [Hint: Find the local density of states and integrate the result over $\mathbf{r}]$.

Problem 2.3 Determine the Bose-Einstein condensation temperature and the temperature dependence of the depletion of the condensate for $N$ identical bosons of mass $m$ in an isotropic potential given by the power law $V(\mathbf{r})=C r^{\nu}$, where $C$ and $\nu$ are positive constants.

Problem 2.4 Prove that the discontinuity in the specific heat at $T_{\mathrm{c}}$, obtained in (2.85) for $\alpha>2$, disappears when $\alpha<2$ by using the identity

$$
N-C_{\alpha} \Gamma(\alpha) \zeta(\alpha)(k T)^{\alpha}=C_{\alpha} \int_{0}^{\infty} d \epsilon \epsilon^{\alpha-1}\left[\frac{1}{e^{(\epsilon-\mu) / k T}-1}-\frac{1}{e^{\epsilon / k T}-1}\right]
$$

at temperatures just above $T_{\mathrm{c}}$. [Hint: Simplify the integrand by using the approximation $\left(e^{x}-1\right)^{-1} \simeq 1 / x$.]
Problem 2.5 Consider a uniform non-interacting gas of $N$ identical bosons of mass $m$ in a volume $V$. Use the method employed in Problem 2.4 to calculate the chemical potential as a function of temperature and volume at temperatures just above $T_{\mathrm{c}}$. Show that the specific heat at constant pressure, $C_{p}$, diverges as $\left(T-T_{\mathrm{c}}\right)^{-1}$ when the temperature approaches $T_{\mathrm{c}}$ from above. [Hint: The thermodynamic identity $C_{p}=C_{V}-T(\partial p / \partial T)_{V}^{2} /(\partial p / \partial V)_{T}$ may be useful.]

## References

[1] L. D. Landau and E. M. Lifshitz, Statistical Physics, Part 1, Third edition, (Oxford, Pergamon, 1980), §62.
[2] M. R. Andrews, M.-O. Mewes, N. J. van Druten, D. S. Durfee, D. M. Kurn, and W. Ketterle, Science 273, 84 (1996).
[3] W. Ketterle, D. S. Durfee, and D. M. Stamper-Kurn, in Bose-Einstein Condensation in Atomic Gases, Proceedings of the Enrico Fermi International School of Physics, Vol. CXL, ed. M. Inguscio, S. Stringari, and C. E. Wieman, (Amsterdam, IOS Press, 1999), p. 67.

## 3

## Atomic properties

A number of atomic properties play a key role in experiments on cold atomic gases, and we shall discuss them briefly in the present chapter with particular emphasis on alkali atoms. Basic atomic structure is the subject of Sec. 3.1. Two effects exploited to trap and cool atoms are the influence of a magnetic field on atomic energy levels, and the response of an atom to radiation. In Sec. 3.2 we describe the combined influence of the hyperfine interaction and the Zeeman effect on the energy levels of an atom, and in Sec. 3.3 we review the calculation of the atomic polarizability. In Sec. 3.4 we summarize and compare some energy scales.

### 3.1 Atomic structure

The total spin of a Bose particle must be an integer, and therefore a boson made up of fermions must contain an even number of them. Neutral atoms contain equal numbers of electrons and protons, and therefore the statistics that an atom obeys is determined solely by the number of neutrons $N$ : if $N$ is even, the atom is a boson, and if it is odd, a fermion. Since the alkalis have odd atomic number $Z$, boson alkali atoms have odd mass numbers $A$. Likewise for atoms with even $Z$, bosonic isotopes have even $A$. In Table 3.1 we list $N, Z$, and the nuclear spin quantum number $I$ for some alkali atoms and hydrogen. We also give the nuclear magnetic moment $\mu$, which is defined as the expectation value of the $z$ component of the magnetic moment operator in the state where the $z$ component of the nuclear spin, denoted by $m_{I} \hbar$, has its maximum value, $\mu=\left\langle I, m_{I}=I\right| \mu_{z}\left|I, m_{I}=I\right\rangle$. To date, most experiments on Bose-Einstein condensation have been made with states having total electronic spin $1 / 2$. The majority of these have been made with atoms having nuclear spin $I=3 / 2\left({ }^{87} \mathrm{Rb},{ }^{23} \mathrm{Na}\right.$, and $\left.{ }^{7} \mathrm{Li}\right)$, while others have involved $I=1 / 2(\mathrm{H})$ and $I=5 / 2\left({ }^{85} \mathrm{Rb}\right)$. In addition,

Table 3.1 The proton number $Z$, the neutron number $N$, the nuclear spin $I$, the nuclear magnetic moment $\mu$ (in units of the nuclear magneton $\mu_{\mathrm{N}}=e \hbar / 2 m_{\mathrm{p}}$ ), and the hyperfine splitting $\nu_{\mathrm{hf}}=\Delta E_{\mathrm{hf}} / h$ for hydrogen and some alkali isotopes. For completeness, the two fermion isotopes ${ }^{6} \mathrm{Li}$ and
${ }^{40} \mathrm{~K}$ are included.

| Isotope | $Z$ | $N$ | $I$ | $\mu / \mu_{\mathrm{N}}$ | $\nu_{\text {hf }}(\mathrm{MHz})$ |
| :--- | ---: | ---: | :---: | ---: | ---: |
| ${ }^{1} \mathrm{H}$ | 1 | 0 | $1 / 2$ | 2.793 | 1420 |
| ${ }^{6} \mathrm{Li}$ | 3 | 3 | 1 | 0.822 | 228 |
| ${ }^{7} \mathrm{Li}$ | 3 | 4 | $3 / 2$ | 3.256 | 804 |
| ${ }^{23} \mathrm{Na}$ | 11 | 12 | $3 / 2$ | 2.218 | 1772 |
| ${ }^{39} \mathrm{~K}$ | 19 | 20 | $3 / 2$ | 0.391 | 462 |
| ${ }^{40} \mathrm{~K}$ | 19 | 21 | 4 | -1.298 | -1286 |
| ${ }^{41} \mathrm{~K}$ | 19 | 22 | $3 / 2$ | 0.215 | 254 |
| ${ }^{85} \mathrm{Rb}$ | 37 | 48 | $5 / 2$ | 1.353 | 3036 |
| ${ }^{87} \mathrm{Rb}$ | 37 | 50 | $3 / 2$ | 2.751 | 6835 |
| ${ }^{133} \mathrm{Cs}$ | 55 | 78 | $7 / 2$ | 2.579 | 9193 |

Bose-Einstein condensation has been achieved for four species with other values of the electronic spin, and nuclear spin $I=0:{ }^{4} \mathrm{He}^{*}\left({ }^{4} \mathrm{He}\right.$ atoms in the lowest electronic triplet state, which is metastable) which has $S=1$, ${ }^{170} \mathrm{Yb}$ and ${ }^{174} \mathrm{Yb}(S=0)$, and ${ }^{52} \mathrm{Cr}(S=3)$.

The ground-state electronic structure of alkali atoms is simple: all electrons but one occupy closed shells, and the remaining one is in an s orbital in a higher shell. In Table 3.2 we list the ground-state electronic configurations for alkali atoms. The nuclear spin is coupled to the electronic spin by the hyperfine interaction. Since the electrons have no orbital angular momentum $(L=0)$, there is no magnetic field at the nucleus due to the orbital motion, and the coupling arises solely due to the magnetic field produced by the electronic spin. The coupling of the electronic spin, $S=1 / 2$, to the nuclear spin $I$ yields the two possibilities $F=I \pm 1 / 2$ for the quantum number $F$ for the total spin, according to the usual rules for addition of angular momentum.

In the absence of an external magnetic field the atomic levels are split by the hyperfine interaction. The coupling is represented by a term $H_{\mathrm{hf}}$ in the Hamiltonian of the form

$$
\begin{equation*}
H_{\mathrm{hf}}=A \mathbf{I} \cdot \mathbf{J}, \tag{3.1}
\end{equation*}
$$

where $A$ is a constant, while $\mathbf{I}$ and $\mathbf{J}$ are the operators for the nuclear spin and the electronic angular momentum, respectively, in units of $\hbar$. For the

Table 3.2 The electron configuration and electronic spin for selected alkali atoms and hydrogen. For clarity, the inner-shell configurations for Rb and Cs are given in terms of those for the noble gases $\mathrm{Ar}, 1 \mathrm{~s}^{2} 2 \mathrm{~s}^{2} 2 \mathrm{p}^{6} 3 \mathrm{~s}^{2} 3 \mathrm{p}^{6}$, and

$$
\mathrm{Kr},(\mathrm{Ar}) 3 \mathrm{~d}^{10} 4 \mathrm{~s}^{2} 4 \mathrm{p}^{6}
$$

| Element | $Z$ | Electronic spin | Electron configuration |
| :--- | ---: | :---: | :---: |
| H | 1 | $1 / 2$ | 1 s |
| Li | 3 | $1 / 2$ | $1 \mathrm{~s}^{2} 2 \mathrm{~s}^{1}$ |
| Na | 11 | $1 / 2$ | $1 \mathrm{~s}^{2} 2 \mathrm{~s}^{2} 2 \mathrm{p}^{6} 3 \mathrm{~s}^{1}$ |
| K | 19 | $1 / 2$ | $1 \mathrm{~s}^{2} 2 \mathrm{~s}^{2} 2 \mathrm{p}^{6} 3 \mathrm{~s}^{2} 3 \mathrm{p}^{6} 4 \mathrm{~s}^{1}$ |
| Rb | 37 | $1 / 2$ | $(\mathrm{Ar}) 3 \mathrm{~d}^{10} 4 \mathrm{~s}^{2} 4 \mathrm{p}^{6} 5 \mathrm{~s}^{1}$ |
| Cs | 55 | $1 / 2$ | $(\mathrm{Kr}) 4 \mathrm{~d}^{10} 5 \mathrm{~s}^{2} 5 \mathrm{p}^{6} 6 \mathrm{~s}^{1}$ |

atoms other than the alkalis and hydrogen that have been Bose-Einstein condensed there is no hyperfine splitting, since $I=0$ for ${ }^{4} \mathrm{He}^{*},{ }^{52} \mathrm{Cr},{ }^{170} \mathrm{Yb}$ and ${ }^{174} \mathrm{Yb}$. The operator for the total angular momentum is equal to

$$
\begin{equation*}
\mathbf{F}=\mathbf{I}+\mathbf{J} \tag{3.2}
\end{equation*}
$$

By squaring this expression we may express $\mathbf{I} \cdot \mathbf{J}$ in terms of the quantum numbers $I, J$, and $F$ determining the squares of the angular momentum operators and the result is

$$
\begin{equation*}
\mathbf{I} \cdot \mathbf{J}=\frac{1}{2}[F(F+1)-I(I+1)-J(J+1)] \tag{3.3}
\end{equation*}
$$

Alkali and hydrogen atoms in their ground states have $J=S=1 / 2$. The splitting between the levels $F=I+1 / 2$ and $F=I-1 / 2$ is therefore given by

$$
\begin{equation*}
\Delta E_{\mathrm{hf}}=h \nu_{\mathrm{hf}}=\left(I+\frac{1}{2}\right) A \tag{3.4}
\end{equation*}
$$

Measured values of the hyperfine splitting are given in Table 3.1.
As a specific example, consider an alkali atom with $I=3 / 2$ in its ground state $(J=S=1 / 2)$. The quantum number $F$ may be either 1 or 2 , and $\mathbf{I} \cdot \mathbf{J}=-5 / 4$ and $3 / 4$, respectively. The corresponding shifts of the ground-state multiplet are given by $E_{1}=-5 A / 4$ (three-fold degenerate) and $E_{2}=3 A / 4$ (five-fold degenerate). The energy difference $\Delta E_{\mathrm{hf}}=E_{2}-E_{1}$ due to the hyperfine interaction (3.1) is thus

$$
\begin{equation*}
\Delta E_{\mathrm{hf}}=2 A \tag{3.5}
\end{equation*}
$$

in agreement with the general expression (3.4).

A first-order perturbation treatment of the magnetic dipole-dipole interaction between the outermost s electron and the nucleus yields the expression [1, §121]

$$
\begin{equation*}
\Delta E_{\mathrm{hf}}=\frac{\mu_{0}}{4 \pi} \frac{16 \pi}{3} \mu_{\mathrm{B}} \mu \frac{(I+1 / 2)}{I}|\psi(0)|^{2} . \tag{3.6}
\end{equation*}
$$

The quantity $\mu_{\mathrm{B}}=e \hbar / 2 m_{\mathrm{e}}$ (the Bohr magneton) is the magnitude of the magnetic moment of the electron with radiative corrections omitted, and $\mu$ is the magnetic moment of the nucleus, which is of order the nuclear magneton $\mu_{\mathrm{N}}=e \hbar / 2 m_{\mathrm{p}}=\left(m_{\mathrm{e}} / m_{\mathrm{p}}\right) \mu_{\mathrm{B}}$. Here $m_{\mathrm{e}}$ is the electron mass and $m_{\mathrm{p}}$ the proton mass. Throughout we denote the elementary charge, the absolute value of the charge of the electron, by $e$. The quantity $\psi(0)$ is the valence s-electron wave function at the nucleus. It follows from Eq. (3.6) that for atoms with a positive nuclear magnetic moment, which is the case for all the alkali isotopes listed in Table 3.1 except ${ }^{40} \mathrm{~K}$, the state with lowest energy has $F=I-1 / 2$. For negative nuclear magnetic moment the state with $F=I+1 / 2$ has the lower energy.

Let us compare the frequency of the hyperfine line in hydrogen with the expression (3.6). For hydrogen, $\mu$ is the proton magnetic moment $\mu_{\mathrm{p}} \approx$ $2.793 \mu_{\mathrm{N}}$ and $|\psi(0)|^{2}=1 / \pi a_{0}^{3}$, where $a_{0}=\hbar^{2} / m_{\mathrm{e}} e_{0}^{2}$ is the Bohr radius, with $e_{0}^{2}=e^{2} / 4 \pi \epsilon_{0}$. Thus (3.6) becomes

$$
\begin{equation*}
\Delta E_{\mathrm{hf}}=\frac{32}{3} \frac{\mu_{0}}{4 \pi} \frac{\mu_{\mathrm{B}} \mu_{\mathrm{p}}}{a_{0}^{3}} . \tag{3.7}
\end{equation*}
$$

The magnitude of $\Delta E_{\mathrm{hf}}$ is of order $\left(m_{\mathrm{e}} / m_{\mathrm{p}}\right) \alpha_{\mathrm{fs}}$ in atomic units (a.u.), where $\alpha_{\mathrm{fs}}=e_{0}^{2} / \hbar c, c$ being the velocity of light, is the fine structure constant and the atomic unit of energy is $e_{0}^{2} / a_{0}$. The calculated result (3.7) differs from the experimental one by less than $1 \%$.
Transitions between hyperfine states are important for applications in other contexts. The hyperfine transition for the hydrogen atom, which has a frequency of 1420 MHz , is the famous $21-\mathrm{cm}$ line exploited by radio astronomers, while the frequency for the transition in the ground state of Cs defines the time standard.

For monovalent multi-electron atoms, Eq. (3.6) shows that the hyperfine splitting is proportional to the electron density at the nucleus due to the valence electron. If interactions between electrons could be neglected, the electron orbitals would be hydrogenic, and the hyperfine interaction would scale as $(Z / n)^{3}$, where $n$ is the principal quantum number for the outermost s electron. However, due to screening by electrons in the atomic core, the potential seen by the valence electron is not Coulombic, and the characteris-
tic valence electron density at the nucleus varies as $\sim Z$, a fact that may be understood on the basis of the quasi-classical WKB approximation $[1, \S 71]$.

We conclude the present section by making a few remarks about atoms which are not monovalent. The ${ }^{4} \mathrm{He}$ atom has a triplet metastable excited state $2^{3} S_{1}$. The lifetime is sufficiently long, more than two hours, that atoms in this state can undergo Bose-Einstein condensation. The energy of the state lies 19.8 eV above the ground state, and this makes it possible to detect the atom by ionization after collision with another atom or with a surface. Also the elastic cross section for the scattering of two ${ }^{4} \mathrm{He}^{*}$ atoms against each other is huge compared with the cross section for scattering of helium atoms in their ground state, and one can therefore use evaporative cooling. It is necessary to achieve a strong spin polarization of the sample since otherwise inelastic processes would prevent the formation of a condensate. Due to the presence of the electronic spin, ${ }^{4} \mathrm{He}$ * atoms possess a magnetic moment and can therefore be held in magnetic traps. The absence of nuclear spin implies that there is no hyperfine splitting.

Ytterbium is a rare earth with atomic number $Z=70$, and the isotopes ${ }^{170} \mathrm{Yb}$ and ${ }^{174} \mathrm{Yb}$ both have nuclear spin zero. The ground-state electronic configuration is (Xe)4f ${ }^{14} 6 \mathrm{~s}^{2}$ corresponding to $S=L=J=0$. Thus these isotopes have electronic and nuclear spins both equal to zero, and from this point of view they are simpler composite particles than the alkali-metal atoms discussed above. However, the fact that the ground states have electronic spin zero makes it more difficult to trap the atoms, since magnetic traps cannot be employed. Instead one uses optical traps, which do not rely on the existence of a magnetic moment.

Bose-Einstein condensation has also been observed for a transition metal atom, the chromium isotope ${ }^{52} \mathrm{Cr}$. This isotope has no nuclear spin $(I=0)$ and the ground-state electronic configuration $(\mathrm{Ar}) 3 \mathrm{~d}^{5} 4 \mathrm{~s}^{1}$. The quantum number for the total electronic spin is $S=3$, while the orbital angular momentum quantum number is $L=0$. Since the alkali atoms have $S=$ $1 / 2$ the magnetic dipole-dipole interaction between electronic spins is much stronger for chromium than for the alkali atoms, which opens the possibility of studying effects of the long-range dipole-dipole interaction experimentally (Sec. 6.5).

### 3.2 The Zeeman effect

To take into account the effect of an external magnetic field on the energy levels of an atom we must add to the hyperfine Hamiltonian (3.1) the Zeeman energies arising from the interaction of the magnetic moments of the electron
and the nucleus with the magnetic field. If we take the magnetic field $\mathbf{B}$ to lie in the $z$ direction, the total Hamiltonian is thus

$$
\begin{equation*}
H_{\mathrm{spin}}=A \mathbf{I} \cdot \mathbf{J}+C J_{z}+D I_{z} \tag{3.8}
\end{equation*}
$$

The constants $C$ and $D$ are given by

$$
\begin{equation*}
C=g \mu_{\mathrm{B}} B \tag{3.9}
\end{equation*}
$$

and

$$
\begin{equation*}
D=-\frac{\mu}{I} B \tag{3.10}
\end{equation*}
$$

where in writing Eq. (3.9) we have assumed that the orbital angular momentum $L$ of the electrons is zero and their spin $S$ is $1 / 2$. For ${ }^{87} \mathrm{Rb}$, the experimental value of $\mu$ is $2.751 \mu_{\mathrm{N}}$ according to Table 3.1, and therefore $D \approx-1.834 \mu_{\mathrm{N}} B$. Since $|D / C| \sim m_{\mathrm{e}} / m_{\mathrm{p}} \sim 10^{-3}$, for many applications $D$ may be neglected. At the same level of approximation the $g$ factor of the electron may be put equal to 2 .

Because of its importance we first consider a nuclear spin of $3 / 2$. In order to obtain the level scheme for an atom in an external magnetic field, we diagonalize $H_{\text {spin }}$ in a basis consisting of the eight states $\left|m_{I}, m_{J}\right\rangle$, where $m_{I}=3 / 2,1 / 2,-1 / 2,-3 / 2$, and $m_{J}=1 / 2,-1 / 2$. The hyperfine interaction may be expressed in terms of the usual raising and lowering operators $I_{ \pm}=$ $I_{x} \pm i I_{y}$ and $J_{ \pm}=J_{x} \pm i J_{y}$ by use of the identity

$$
\begin{equation*}
\mathbf{I} \cdot \mathbf{J}=I_{z} J_{z}+\frac{1}{2}\left(I_{+} J_{-}+I_{-} J_{+}\right) . \tag{3.11}
\end{equation*}
$$

The Hamiltonian (3.8) conserves the $z$ component of the total angular momentum, and therefore it couples only states with the same value of the sum $m_{I}+m_{J}$, since the raising (lowering) of $m_{J}$ by 1 must be accompanied by the lowering (raising) of $m_{I}$ by 1 . This reflects the invariance of the interaction under rotations about the $z$ axis.
The energies of the states $|3 / 2,1 / 2\rangle$ and $|-3 / 2,-1 / 2\rangle$ are easily calculated, since these states do not mix with any others. They are

$$
\begin{equation*}
E(3 / 2,1 / 2)=\frac{3}{4} A+\frac{1}{2} C+\frac{3}{2} D \tag{3.12}
\end{equation*}
$$

and

$$
\begin{equation*}
E(-3 / 2,-1 / 2)=\frac{3}{4} A-\frac{1}{2} C-\frac{3}{2} D \tag{3.13}
\end{equation*}
$$

which are linear in the magnetic field.
Since the Hamiltonian conserves the $z$ component of the total angular momentum, the only states that mix are pairs like $\left|m_{I},-1 / 2\right\rangle$ and $\left|m_{I}-1,1 / 2\right\rangle$.

Therefore to calculate the energies of the other states we need to diagonalize only $2 \times 2$ matrices. Let us first consider the matrix for $m_{I}+m_{J}=1$, corresponding to the states $|3 / 2,-1 / 2\rangle$ and $|1 / 2,1 / 2\rangle$. The matrix elements of the Hamiltonian (3.8) are

$$
\left(\begin{array}{cc}
-\frac{3}{4} A-\frac{1}{2} C+\frac{3}{2} D & \frac{\sqrt{3}}{2} A \\
\frac{\sqrt{3}}{2} A & \frac{1}{4} A+\frac{1}{2} C+\frac{1}{2} D
\end{array}\right)
$$

and the eigenvalues are

$$
\begin{equation*}
E=-\frac{A}{4}+D \pm \sqrt{\frac{3}{4} A^{2}+\frac{1}{4}(A+C-D)^{2}} \tag{3.14}
\end{equation*}
$$

In the absence of a magnetic field $(C=D=0)$ the eigenvalues are seen to be $-5 A / 4$ and $3 A / 4$, in agreement with the energies of the $F=1$ and $F=2$ states calculated earlier. For the states $|-3 / 2,1 / 2\rangle$ and $|-1 / 2,-1 / 2\rangle$ the matrix is obtained from the one above by the substitution $C \rightarrow-C$ and $D \rightarrow-D$. The matrix for the states $|1 / 2,-1 / 2\rangle,|-1 / 2,1 / 2\rangle$ is

$$
\left(\begin{array}{cc}
-\frac{1}{4} A+\frac{1}{2}(C-D) & A \\
A & -\frac{1}{4} A-\frac{1}{2}(C-D)
\end{array}\right)
$$

and the eigenvalues are

$$
\begin{equation*}
E=-\frac{A}{4} \pm \sqrt{A^{2}+\frac{1}{4}(C-D)^{2}} \tag{3.15}
\end{equation*}
$$

The eigenvalues resulting from the matrix diagonalization are plotted in Fig. 3.1. As we remarked earlier, $|D|$ is much less than both $C$ and $|A|$ at the fields attainable. Therefore to a good approximation we may set $D$ equal to zero, and we also set $g=2$. The dimensionless magnetic field $b$ is defined for arbitrary nuclear spin by

$$
\begin{equation*}
b=\frac{C}{A}=\frac{(2 I+1) \mu_{\mathrm{B}} B}{\Delta E_{\mathrm{hf}}} \tag{3.16}
\end{equation*}
$$

The two straight lines correspond to the energies of the states $|3 / 2,1 / 2\rangle$ and $|-3 / 2,-1 / 2\rangle$, which do not mix with other states.

When $D$ is neglected, the energy levels are given for $m_{I}+m_{J}= \pm 2$ by

$$
\begin{equation*}
E(3 / 2,1 / 2)=A\left(\frac{3}{4}+\frac{b}{2}\right) \quad \text { and } \quad E(-3 / 2,-1 / 2)=A\left(\frac{3}{4}-\frac{b}{2}\right) \tag{3.17}
\end{equation*}
$$



Fig. 3.1 Energies of hyperfine levels of an alkali atom with $I=3 / 2$ and $A>0$ in a magnetic field. The energy is measured in units of $A=\Delta E_{\mathrm{hf}} / 2$, and the dimensionless magnetic field $b=C / A=4 \mu_{\mathrm{B}} B / \Delta E_{\mathrm{hf}}$ (see Eq. (3.16)).
for $m_{I}+m_{J}= \pm 1$ by

$$
\begin{equation*}
E=A\left(-\frac{1}{4} \pm \sqrt{\frac{3}{4}+\frac{1}{4}(1+b)^{2}}\right) \tag{3.18}
\end{equation*}
$$

and

$$
\begin{equation*}
E=A\left(-\frac{1}{4} \pm \sqrt{\frac{3}{4}+\frac{1}{4}(1-b)^{2}}\right) \tag{3.19}
\end{equation*}
$$

and for $m_{I}+m_{J}=0$ by

$$
\begin{equation*}
E=A\left(-\frac{1}{4} \pm \sqrt{1+\frac{b^{2}}{4}}\right) \tag{3.20}
\end{equation*}
$$

At high magnetic fields, $b \gg 1$, the leading contributions to these expressions are $\pm A b / 2= \pm C / 2$ corresponding to the energy eigenvalues $\pm \mu_{\mathrm{B}} B$ associated with the electronic spin. These calculations may easily be generalized to other values of the nuclear spin.

Many experiments on alkali atoms are carried out in relatively low magnetic fields, for which the Zeeman energies are small compared with the hyperfine splitting. To first order in the magnetic field, the energy may be
written as

$$
\begin{equation*}
E\left(F, m_{F}\right)=E(F)+m_{F} g_{F} \mu_{\mathrm{B}} B \tag{3.21}
\end{equation*}
$$

where $g_{F}$ is the Landé $g$ factor and $E(F)$ is the energy for $B=0$. For $F=I+1 / 2$, the electron spin is aligned essentially parallel to the total spin, and therefore the $g$ factor is positive. Consequently the state with $m_{F}=F$ has the highest energy. For $F=I-1 / 2$, the electron spin is predominantly antiparallel to the total spin, and the state with $m_{F}=-F$ has the highest energy. Calculation of the $g$ factors is left as an exercise, Problem 3.1.

One state of particular importance experimentally is the doubly polarized state $\left|m_{I}=I, m_{J}=1 / 2\right\rangle$, in which the nuclear and electronic spin components have the largest possible values along the direction of the magnetic field. Another is the maximally stretched state, which corresponds to quantum numbers $F=I-1 / 2, m_{F}=-(I-1 / 2)$ in zero magnetic field. These states have negative magnetic moments and therefore, according to the discussion in Sec. 4.1, they can be trapped by magnetic fields. In addition, they have long inelastic relaxation times, as we shall explain in Sec. 5.4.2. For a nuclear spin $3 / 2$ the doubly polarized state is $\left|m_{I}=3 / 2, m_{J}=1 / 2\right\rangle$, which has $F=2, m_{F}=2$, and in zero magnetic field the maximally stretched state has $F=1, m_{F}=-1$.

For hydrogen, the nuclear spin is $I=1 / 2$. The eigenvalues of (3.8) are determined in precisely the same manner as for a nuclear spin $I=3 / 2$, and the result is

$$
\begin{equation*}
E(1 / 2,1 / 2)=A\left(\frac{1}{4}+\frac{b}{2}\right) \quad \text { and } \quad E(-1 / 2,-1 / 2)=A\left(\frac{1}{4}-\frac{b}{2}\right) \tag{3.22}
\end{equation*}
$$

and for the states with $m_{I}+m_{J}=0$

$$
\begin{equation*}
E=-A\left(\frac{1}{4} \pm \frac{1}{2} \sqrt{1+b^{2}}\right) \tag{3.23}
\end{equation*}
$$

For $I=1 / 2, A$ is equal to the hyperfine splitting $\Delta E_{\mathrm{hf}}$, and the dimensionless magnetic field $b=C / A=2 \mu_{\mathrm{B}} B / \Delta E_{\mathrm{hf}}$ according to (3.16). The energies, converted to equivalent temperatures, are plotted as functions of the magnetic field $B$ in Fig. 3.2.

The four states corresponding to these eigenvalues are conventionally labelled $a, b, c$, and $d$ in order of increasing energy. When expressed in terms of the basis $\left|m_{I}, m_{J}\right\rangle$ they are

$$
\begin{align*}
|a\rangle & =\cos \theta|1 / 2,-1 / 2\rangle-\sin \theta|-1 / 2,1 / 2\rangle  \tag{3.24}\\
|b\rangle & =|-1 / 2,-1 / 2\rangle \tag{3.25}
\end{align*}
$$



Fig. 3.2 Energies of the ground-state multiplet of a hydrogen atom as a function of the magnetic field.

$$
\begin{equation*}
|c\rangle=\cos \theta|-1 / 2,1 / 2\rangle+\sin \theta|1 / 2,-1 / 2\rangle \tag{3.26}
\end{equation*}
$$

and

$$
\begin{equation*}
|d\rangle=|1 / 2,1 / 2\rangle . \tag{3.27}
\end{equation*}
$$

The dependence of the mixing angle $\theta$ on the magnetic field is given by $\tan 2 \theta=1 / b=\Delta E_{\mathrm{hf}} / 2 \mu_{\mathrm{B}} B$.

### 3.3 Response to an electric field

When an atom is subjected to an electric field $\mathcal{E}$ it acquires an electric dipole moment, and its energy levels are shifted. This effect is exploited extensively in experiments on cold dilute gases for trapping, cooling and manipulating atoms using the strong electric fields generated by lasers. Such electric fields are time dependent, but to set the scale of effects we begin by considering static fields. For the hydrogen atom we may estimate the order of magnitude of the polarizability by arguing that the average position of the electron will be displaced by an amount comparable to the atomic size $\sim a_{0}$ if an external electric field comparable in strength to the electric field in the atom $\mathcal{E} \sim e /\left(4 \pi \epsilon_{0} a_{0}^{2}\right)$ is applied. Here $a_{0}=\hbar^{2} / m_{\mathrm{e}} e_{0}^{2}$ is the Bohr radius and
$e_{0}^{2}=e^{2} / 4 \pi \epsilon_{0}$. The polarizability $\alpha$ relates the expectation value $<\mathbf{d}>$ of the electric dipole moment to the electric field according to the definition

$$
\begin{equation*}
<\mathbf{d}>=\alpha \mathcal{E} \tag{3.28}
\end{equation*}
$$

and therefore it is given in order of magnitude by

$$
\begin{equation*}
\alpha \sim \frac{e a_{0}}{e / 4 \pi \epsilon_{0} a_{0}^{2}}=4 \pi \epsilon_{0} a_{0}^{3} \tag{3.29}
\end{equation*}
$$

More generally, the polarizability is a tensor, but for the ground states of alkali atoms and hydrogen, which are $S$ states, it is a scalar, since it does not depend on the direction of the field. In order to avoid exhibiting the factor of $4 \pi \epsilon_{0}$ we define the quantity

$$
\begin{equation*}
\tilde{\alpha}=\frac{\alpha}{4 \pi \epsilon_{0}} \tag{3.30}
\end{equation*}
$$

The estimate (3.29) then leads to the result

$$
\begin{equation*}
\tilde{\alpha} \sim a_{0}^{3} \tag{3.31}
\end{equation*}
$$

The energy of an atom in an electric field may be evaluated quantitatively using perturbation theory. In an electric field which is spatially uniform on the scale of the atom, the interaction between the atom and the electric field may be treated in the dipole approximation, and the interaction Hamiltonian is

$$
\begin{equation*}
H^{\prime}=-\mathbf{d} \cdot \mathcal{E} \tag{3.32}
\end{equation*}
$$

where

$$
\begin{equation*}
\mathbf{d}=-e \sum_{j} \mathbf{r}_{j} \tag{3.33}
\end{equation*}
$$

is the electric dipole moment operator for the atomic electrons. Here the $\mathbf{r}_{j}$ are the position operators for the electrons relative to the atomic nucleus, and the sum is over all electrons in the atom. In the absence of external fields, most atomic states are eigenstates of the parity operator to a very good approximation, since the only deviations are due to the weak interaction, which violates parity. From symmetry it then follows that the dipole moment of the atom in the absence of a field vanishes, and consequently the first-order contribution to the energy also vanishes. The first non-vanishing term in the expansion of the energy in powers of the electric field is of second order, and for the ground state this is given by

$$
\begin{equation*}
\Delta E=-\sum_{n} \frac{\left.\left|\langle n| H^{\prime}\right| 0\right\rangle\left.\right|^{2}}{E_{n}-E_{0}} \tag{3.34}
\end{equation*}
$$

In this expression the energies in the denominator are those for the unperturbed atom, and the sum is over all excited states, including those in the continuum. Because all energy denominators are positive for the ground state, the second-order contribution to the ground-state energy is negative.
The energy of the state may also be calculated in terms of the polarizability. To do this we make use of the fact that the change in the energy due to a change in the electric field is given by

$$
\begin{equation*}
d E=-<\mathbf{d}\rangle \cdot d \boldsymbol{\mathcal { E }}, \tag{3.35}
\end{equation*}
$$

and therefore, when the expectation value of the dipole moment is given by (3.28), the field-dependent contribution to the energy is

$$
\begin{equation*}
\Delta E=-\frac{1}{2} \alpha \mathcal{E}^{2} \tag{3.36}
\end{equation*}
$$

Comparing Eqs. (3.34) and (3.36) we see that

$$
\begin{equation*}
\alpha=-\frac{\partial^{2} \Delta E}{\partial \mathcal{E}^{2}}=\sum_{n} \frac{\left.2\left|\langle n| d_{i}\right| 0\right\rangle\left.\right|^{2}}{E_{n}-E_{0}}, \tag{3.37}
\end{equation*}
$$

where for definiteness we have taken the electric field to be in the $i$ direction.
For hydrogen the polarizability may be calculated exactly, and it is given by $\tilde{\alpha}=9 a_{0}^{3} / 2$, in agreement with our qualitative estimate above and with experiment. Upper and lower bounds on the polarizability may be obtained by simple methods, as described in Problem 3.3.

The polarizabilities of alkali atoms are larger than that of hydrogen by factors which range from 30 to 90 . To understand the magnitude of the numerical factor and its variation throughout the alkali series in simple terms we shall ignore for the moment the presence of the nuclear and electronic spins. Let us introduce the concept of the oscillator strength for a transition from a state $k$ to a state $l$. This dimensionless quantity is defined by

$$
\begin{equation*}
\left.\left.f_{k l}^{i}=\frac{2 m_{\mathrm{e}}\left(E_{k}-E_{l}\right)}{e^{2} \hbar^{2}}\left|\langle k| d_{i}\right|\right\rangle\right\rangle\left.\right|^{2} \tag{3.38}
\end{equation*}
$$

for the $i$ component of the dipole moment. This is the squared modulus of the dipole matrix element divided by the electronic charge times the wave number of a free electron with energy equal to that of the transition. ${ }^{1}$ The polarizability of an atom in its ground state may then be written as

$$
\begin{equation*}
\alpha=4 \pi \epsilon_{0} \tilde{\alpha}=\frac{e^{2}}{m_{\mathrm{e}}} \sum_{n} \frac{f_{n 0}^{i}}{\omega_{n 0}^{2}}, \tag{3.39}
\end{equation*}
$$

[^3]where $\omega_{n 0}=\left(E_{n}-E_{0}\right) / \hbar$. In atomic units ( $a_{0}^{3}$ for $\tilde{\alpha}$ and $e_{0}^{2} / a_{0}$ for energies) this result may be written
\[

$$
\begin{equation*}
\tilde{\alpha}=\sum_{n} \frac{f_{n 0}^{i}}{\left(E_{n}-E_{0}\right)^{2}} \tag{3.40}
\end{equation*}
$$

\]

For an atom with $Z$ electrons the oscillator strengths obey the Thomas-Reiche-Kuhn or $f$ sum rule [2, p. 181]

$$
\begin{equation*}
\sum_{n} f_{n 0}=Z \tag{3.41}
\end{equation*}
$$

In alkali atoms, by far the main contribution to the polarizability comes from the valence electron. Electrons in other states contribute relatively little because the corresponding excitations have high energies. In addition, for the valence electron the bulk of the oscillator strength is in the resonance lines in the optical part of the spectrum. These are due to $n \mathrm{P}-n \mathrm{~S}$ transitions, which are doublets due to the spin-orbit interaction. The best-known example is the 3 P to 3 S transition in sodium, which gives the yellow Fraunhofer D lines in the spectrum of the Sun. To an excellent approximation, the valence electron states are those of a single electron moving in a static potential due to the nucleus and the electrons in the core. The contribution to the sum rule from the valence electron transitions is then unity. If we further neglect all transitions except that for the resonance line, the total oscillator strength for the resonance line is unity, and the polarizability is given by

$$
\begin{equation*}
\tilde{\alpha} \approx \frac{1}{\left(\Delta E_{\mathrm{res}}\right)^{2}} \tag{3.42}
\end{equation*}
$$

where $\Delta E_{\text {res }}$ is the energy difference associated with the resonance line measured in atomic units $\left(e_{0}^{2} / a_{0} \approx 27.2 \mathrm{eV}\right)$. In Table 3.3 we list values of the wavelengths and energy differences for the resonance lines of alkali atoms and hydrogen.

The measured value of $\tilde{\alpha}$ for Li is 164 in atomic units, while (3.42) yields 217. For Na the measured value is 163 [3], while Eq. (3.42) gives 167. For K, Rb, and Cs the measured values are 294, 320, and 404, and Eq. (3.42) evaluated using the energy of the resonance line averaged over the two members of the doublet yields 284,297 , and 361 , respectively. Thus we see that the magnitude of the polarizability and its variation through the alkali series may be understood simply in terms of the dominant transition being the resonance line.

The resonance lines in alkali atoms have energies much less than the

Table 3.3 Wavelengths and energies of resonance lines of alkali atoms and hydrogen. The wavelengths of both members of the doublet are given, and for H and Li they are the same to within the number of figures quoted in the table. The energies given correspond to the average of the energies for the transitions to the spin-orbit doublet, weighted according to their statistical weights ( 4 for $\mathrm{P}_{3 / 2}$ and 2 for $\mathrm{P}_{1 / 2}$ ).

| Atom | Wavelength <br> $(\mathrm{nm})$ | $\Delta E_{\text {res }}$ <br> $(\mathrm{eV})$ | $\Delta E_{\text {res }}$ <br> $($ a. u. $)$ |
| :--- | :---: | :---: | :--- |
| H | 121.6 | 10.20 | 0.375 |
| Li | 670.8 | 1.848 | 0.0679 |
| Na | $589.0,589.6$ | 2.104 | 0.0773 |
| K | $766.5,769.9$ | 1.615 | 0.0594 |
| Rb | $780.0,794.8$ | 1.580 | 0.0581 |
| Cs | $852.1,894.3$ | 1.432 | 0.0526 |

Lyman- $\alpha$ line in hydrogen because they are due to transitions between valence electron states with the same principal quantum number, e.g., $3 \mathrm{P}-3 \mathrm{~S}$ for Na . If the potential in which the electron moved were purely Coulombic, these states would be degenerate. However the wave function for the s state penetrates the core of the atom to a greater extent than does that for the p wave, which is suppressed in the atomic core by virtue of its angular momentum. Consequently screening of the nuclear charge by core electrons is more effective for a $p$ electron than for an s electron, and as a result the s state has lower energy.

For the heavier alkali atoms, the experimental value of the polarizability exceeds that given by the simple estimate (3.42), and the difference increases with increasing $Z$. This is because core electrons, which have been neglected in making the simple estimate, contribute significantly to the polarizability. For hydrogen, the line that plays a role analogous to that of the resonance line in the alkalis is the Lyman- $\alpha$ line, whose energy is $(3 / 8) e_{0}^{2} / a_{0}$, and the estimate (3.42) gives a polarizability of $64 / 9 \approx 7.1$. This is nearly $60 \%$ more than the actual value, the reason being that this transition has an oscillator strength much less than unity. The estimate for Li is $30 \%$ high for a similar reason.

## Oscillating electric fields

Next we turn to time-dependent electric fields. We assume that the electric field is in the $i$ direction and varies in time as $\mathcal{E}(t)=\mathcal{E}_{0} \cos \omega t$. Therefore
the perturbation is given by

$$
\begin{equation*}
H^{\prime}=-d_{i} \mathcal{E}_{0} \cos \omega t=-\frac{d_{i} \mathcal{E}_{0}}{2}\left(e^{i \omega t}+e^{-i \omega t}\right) \tag{3.43}
\end{equation*}
$$

By expanding the wave function $\psi$ in terms of the complete set of unperturbed states $u_{n}$ with energies $E_{n}$,

$$
\begin{equation*}
\psi=\sum_{n} a_{n} u_{n} e^{-i E_{n} t / \hbar} \tag{3.44}
\end{equation*}
$$

we obtain from the time-dependent Schrödinger equation a set of coupled equations for the expansion coefficients $a_{n}$,

$$
\begin{equation*}
i \hbar \dot{a}_{n}=\sum_{k}\langle n| H^{\prime}|k\rangle a_{k}(t) e^{i \omega_{n k} t} \tag{3.45}
\end{equation*}
$$

where $\omega_{n k}=\left(E_{n}-E_{k}\right) / \hbar$, and the dot on $a$ denotes the derivative with respect to time.

Let us consider an atom initially in an eigenstate $m$ of the unperturbed Hamiltonian, and imagine that the perturbation is turned on at time $t=0$. The expansion coefficients $a_{n}$ for $n \neq m$ are then obtained to first order in the perturbation $H^{\prime}$ by inserting (3.43) into (3.45) and replacing $a_{k}$ on the right-hand side by its value $\delta_{k m}$ when the perturbation is absent,

$$
\begin{equation*}
a_{n}{ }^{(1)}=-\frac{1}{2 i \hbar} \int_{0}^{t} d t^{\prime}\langle n| d_{i} \mathcal{E}_{0}|m\rangle\left[e^{i\left(\omega_{n m}+\omega\right) t^{\prime}}+e^{i\left(\omega_{n m}-\omega\right) t^{\prime}}\right] . \tag{3.46}
\end{equation*}
$$

For simplicity we assume here that the frequency is not equal to any of the transition frequencies. In Sec. 4.2 we shall relax this assumption. By carrying out the integration over time one finds

$$
\begin{equation*}
a_{n}^{(1)}=\frac{\langle n| d_{i} \mathcal{E}_{0}|m\rangle}{2 \hbar}\left[\frac{e^{i\left(\omega_{n m}+\omega\right) t}-1}{\omega_{n m}+\omega}+\frac{e^{i\left(\omega_{n m}-\omega\right) t}-1}{\omega_{n m}-\omega}\right] \tag{3.47}
\end{equation*}
$$

for $n \neq m$. To determine the coefficient $a_{m}$ for the initial state, which yields the energy shift, we write it as $a_{m}=e^{i \phi_{m}}$ and we insert (3.47) into (3.45). To second order in the perturbation the result is

$$
\begin{align*}
& \hbar \dot{\phi}_{m}=\langle m| d_{i}|m\rangle \mathcal{E}_{0} \cos \omega t \\
& \left.+\frac{\mathcal{E}_{0}^{2}}{2 \hbar} \sum_{n \neq m}\left|\langle n| d_{i}\right| m\right\rangle\left.\right|^{2} e^{-i \omega_{n m} t} \cos \omega t\left[\frac{e^{i\left(\omega_{n m}+\omega\right) t}-1}{\omega_{n m}+\omega}+\frac{e^{i\left(\omega_{n m}-\omega\right) t}-1}{\omega_{n m}-\omega}\right] . \tag{3.48}
\end{align*}
$$

On the right-hand side of (3.48) we have replaced $e^{-i \phi_{m}}$ by unity, since we work only to second order in the strength of the electric field. The matrix element $\langle m| d_{i}|m\rangle$ vanishes by symmetry when the state $m$ is an eigenstate of the parity operator.

We now average (3.48) over time and obtain

$$
\begin{equation*}
\left.\hbar<\dot{\phi}_{m}>_{t}=\frac{\mathcal{E}_{0}^{2}}{4 \hbar} \sum_{n}\left(\frac{1}{\omega_{n m}+\omega}+\frac{1}{\omega_{n m}-\omega}\right)\left|\langle n| d_{i}\right| m\right\rangle\left.\right|^{2} \tag{3.49}
\end{equation*}
$$

Here $<\cdots\rangle_{t}$ denotes an average over one oscillation period of the electric field. When $\omega$ is different from any resonant frequency of the system $(|\omega| \neq$ $\left.\left|\omega_{n m}\right|\right) \hbar<\dot{\phi}_{m}>_{t}$ is real, and it corresponds to an energy shift $\Delta E$ of the state $m$. We may write the time-averaged energy shift $\Delta E=-\hbar<\dot{\phi}_{m}>_{t}$ for the ground state $(m=0)$ of the atom in a form analogous to Eq. (3.36) for static fields:

$$
\begin{equation*}
\Delta E=-\frac{1}{2} \alpha(\omega)<\mathcal{E}(t)^{2}>_{t} \tag{3.50}
\end{equation*}
$$

with $<\mathcal{E}(t)^{2}>_{t}=\mathcal{E}_{0}^{2} / 2$. The frequency-dependent polarizability is thus

$$
\begin{align*}
\alpha(\omega) & \left.=\sum_{n}\left|\langle n| d_{i}\right| 0\right\rangle\left.\right|^{2}\left(\frac{1}{E_{n}-E_{0}+\hbar \omega}+\frac{1}{E_{n}-E_{0}-\hbar \omega}\right) \\
& =\sum_{n} \frac{\left.2\left(E_{n}-E_{0}\right)\left|\langle n| d_{i}\right| 0\right\rangle\left.\right|^{2}}{\left(E_{n}-E_{0}\right)^{2}-(\hbar \omega)^{2}} \tag{3.51}
\end{align*}
$$

or

$$
\begin{equation*}
\alpha(\omega)=\frac{e^{2}}{m_{\mathrm{e}}} \sum_{n} \frac{f_{n 0}^{i}}{\omega_{n 0}^{2}-\omega^{2}} \tag{3.52}
\end{equation*}
$$

In the limit $\omega \rightarrow 0$ this agrees with the result (3.39) for static fields. When $\omega$ is equal to a resonant frequency of the atom, the polarizability acquires an imaginary part due to real transitions to other states, as we shall explain in greater detail in Sec. 4.2. There we shall also take into account the finite lifetime of the excited state, which removes the divergences in the polarizability (3.51) at the resonant frequencies.

### 3.4 Energy scales

As a prelude to our discussion in Chapter 4 of trapping and cooling processes we give in the following some characteristic atomic energy scales.

Since the Zeeman energies $\mu_{\mathrm{B}} B$ and $\mu_{\mathrm{N}} B$ differ by three orders of magnitude, the interaction of the nuclear spin with the external field may generally be neglected. The magnitude of the hyperfine splitting, $\Delta E_{\mathrm{hf}}$, is comparable with the Zeeman energy $\mu_{\mathrm{B}} B$ for $B=0.1 \mathrm{~T}$.

As we shall see in the next chapter, laser cooling exploits transitions between atomic levels which are typically separated by an energy of the order

Table 3.4 Characteristic atomic energies $E_{i}$ for sodium together with the corresponding frequencies $E_{i} / h$, and temperatures $E_{i} / k$. The quantity $\Delta E_{\mathrm{res}}$ is the energy of the resonance line due to the transition between the 3 P and 3 S levels, $\Delta E_{\mathrm{so}}$ is the spin-orbit splitting in the 3 P doublet, $\Delta E_{\mathrm{hf}}$ the hyperfine splitting in the ground state, $\hbar \Gamma_{e}$ the linewidth of the resonance line, while $\mu_{\mathrm{B}} B$ and $\mu_{\mathrm{N}} B$ are the Zeeman energies for a magnetic field $B=0.1 \mathrm{~T}$.

| Quantity | Energy <br> $(\mathrm{eV})$ | Frequency <br> $(\mathrm{Hz})$ | Temperature <br> $(\mathrm{K})$ |
| :---: | :---: | :---: | :---: |
| $\Delta E_{\text {res }}$ | 2.1 | $5.1 \times 10^{14}$ | $2.4 \times 10^{4}$ |
| $\Delta E_{\text {so }}$ | $2.1 \times 10^{-3}$ | $5.2 \times 10^{11}$ | $2.5 \times 10^{1}$ |
| $\Delta E_{\mathrm{hf}}$ | $7.3 \times 10^{-6}$ | $1.8 \times 10^{9}$ | $8.5 \times 10^{-2}$ |
| $\mu_{\mathrm{B}} B$ | $5.8 \times 10^{-6}$ | $1.4 \times 10^{9}$ | $6.7 \times 10^{-2}$ |
| $\hbar \Gamma_{e}$ | $4.1 \times 10^{-8}$ | $1.0 \times 10^{7}$ | $4.8 \times 10^{-4}$ |
| $\mu_{\mathrm{N}} B$ | $3.2 \times 10^{-9}$ | $7.6 \times 10^{5}$ | $3.7 \times 10^{-5}$ |

of one electron volt (eV). The two resonance lines in sodium are due to transitions from the 3 P level to the 3 S level with wavelengths of 589.0 nm and 589.6 nm corresponding to energy differences $\Delta E_{\text {res }}$ of 2.1 eV (cf. Table 3.3). The splitting of the lines is due to the spin-orbit interaction. The spin-orbit splitting $\Delta E_{\text {so }}$ involves - apart from quantum numbers associated with the particular states in question - an average of the derivative of the potential. For hydrogen one has $\Delta E_{\mathrm{so}} \sim \hbar^{2} e_{0}^{2} / m_{\mathrm{e}}^{2} c^{2} a_{0}^{3}=\alpha_{\mathrm{fs}}^{2} e_{0}^{2} / a_{0} \sim 10^{-3} \mathrm{eV}$, where $\alpha_{\mathrm{fs}}$ is the fine structure constant. For sodium the splitting of the resonance line doublet is $2.1 \times 10^{-3} \mathrm{eV}$.

Yet another energy scale that plays a role in the cooling processes is the intrinsic width of atomic levels. An atom in an excited state decays to lower states by emitting radiation. The rate of this process may be determined by using second-order perturbation theory, the perturbation being the interaction between the atom and the quantized radiation field. Alternatively, within a semi-classical approach, one may calculate the rate of absorption and stimulated emission of photons by treating the electric field classically. From this, the rate of spontaneous emission processes is obtained by using the relationship between the Einstein $A$ and $B$ coefficients. For a state $n$ whose decay is allowed in the dipole approximation the rate of decay $\Gamma_{n m}$ to state $m$ by spontaneous emission is found to be [2, p. 168]

$$
\begin{equation*}
\Gamma_{n m}=\frac{4}{3} \frac{\left.\omega_{n m}^{3} \sum_{i}\left|\langle n| d_{i}\right| m\right\rangle\left.\right|^{2}}{4 \pi \epsilon_{0} \hbar c^{3}} \tag{3.53}
\end{equation*}
$$

where $\hbar \omega_{n m}$ is the energy difference between the levels in question, while $\langle n| d_{i}|m\rangle$ is the dipole matrix element. This result is identical with the damping rate of a classical electric dipole moment of magnitude equal to the square root of $\left.\sum_{i}\left|\langle n| d_{i}\right| m\right\rangle\left.\right|^{2}$ and oscillating with frequency $\omega_{n m}$. The total decay rate of an excited state $n$ is therefore given by

$$
\begin{equation*}
\Gamma_{e}=\sum_{m} \Gamma_{n m}, \tag{3.54}
\end{equation*}
$$

where the sum is over all states $m$ with energy less than that of the initial state. Estimating (3.53) for the $2 \mathrm{P}-1 \mathrm{~S}$ Lyman- $\alpha$ transition in hydrogen, with $\omega_{n m} \sim e_{0}^{2} / \hbar a_{0}$ and $\left.\left|\langle n| d_{i}\right| m\right\rangle \mid \sim e a_{0}$, yields

$$
\begin{equation*}
\Gamma_{e} \sim\left(\frac{e_{0}^{2}}{\hbar c}\right)^{3} \frac{e_{0}^{2}}{\hbar a_{0}} . \tag{3.55}
\end{equation*}
$$

The rate of spontaneous emission is thus a factor of order $\left(\alpha_{\mathrm{fs}}\right)^{3}$ or $4 \times 10^{-7}$ times atomic transition frequencies.
For the resonance lines in alkali atoms, the possible final states are all members of the ground-state multiplet, and therefore we may write the decay rate (3.54) as

$$
\begin{equation*}
\Gamma_{e} \approx \frac{2}{3} f_{\mathrm{res}} \frac{e_{0}^{2}}{\hbar c} \frac{\hbar \omega_{\mathrm{res}}^{2}}{m_{\mathrm{e}} c^{2}}, \tag{3.56}
\end{equation*}
$$

where $\omega_{\text {res }}=\Delta E_{\text {res }} / \hbar$ is the resonance-line frequency and $f_{\text {res }}$ is the total oscillator strength from the excited state to all members of the groundstate multiplet. This strength, like the total strength from a member of the ground-state multiplet to all members of the excited-state multiplet, is close to unity, and for similar reasons, and therefore the decay rate of the excited state is given approximately by

$$
\begin{equation*}
\Gamma_{e} \approx \frac{2}{3} \frac{e_{0}^{2}}{\hbar c} \frac{\hbar \omega_{\mathrm{res}}^{2}}{m_{\mathrm{e}} \mathrm{c}^{2}} \tag{3.57}
\end{equation*}
$$

For the resonance line in sodium, $\omega_{\text {res }} \approx 3.2 \times 10^{15} \mathrm{~s}^{-1}$ and the estimate (3.57) gives $\Gamma_{e} \approx 6.4 \times 10^{7} \mathrm{~s}^{-1}$, which agrees closely with the measured value, $6.3 \times 10^{7} \mathrm{~s}^{-1}$.
In Table 3.4 we list for sodium the characteristic energies, frequencies, and temperatures discussed above.

## Problems

Problem 3.1 Calculate the Zeeman splitting of the hyperfine levels for the ${ }^{87} \mathrm{Rb}$ atom in low magnetic fields and determine the Landé $g$ factors.

Problem 3.2 Use a high-field perturbation treatment to obtain explicit expressions for the Zeeman-split hyperfine levels of ${ }^{87} \mathrm{Rb}$ and ${ }^{133} \mathrm{Cs}$ in a strong magnetic field and compare the results with Fig. 3.1.

Problem 3.3 The static polarizability of a hydrogen atom in its ground state may be calculated in an approximate way from Eq. (3.34). First include only the unperturbed states $|n l m\rangle$ associated with the next-lowest unperturbed energy level, which has $n=2$, and show that if the electric field is in the $z$ direction, the only non-vanishing matrix element is $\langle 210| z|100\rangle$. Calculate the matrix element and use it to obtain a lower bound on the magnitude of the second-order correction to the energy, $\Delta E$. Determine an upper bound on $|\Delta E|$ by replacing all the energy differences $E_{n}-E_{0}$ in Eq. (3.34) by the difference between the energy of the lowest excited state and that of the ground state, and use closure to evaluate the sum. The exact expression, valid to second order in $\mathcal{E}$, is $\Delta E / 4 \pi \epsilon_{0}=-(9 / 4) a_{0}^{3} \mathcal{E}^{2}$.

## References

[1] L. D. Landau and E. M. Lifshitz, Quantum Mechanics, Third edition, (Oxford, Pergamon, 1977).
[2] See, e.g., B. H. Bransden and C. J. Joachain, Physics of Atoms and Molecules, (New York, Longman, 1983).
[3] Experimental values of polarizabilities are taken from the compilation by A. Derevianko, W. R. Johnson, M. S. Safronova, and J. F. Babb, Phys. Rev. Lett. 82, 3589 (1999).

## Trapping and cooling of atoms

The advent of the laser opened the way to the development of powerful methods for producing and manipulating cold atomic gases. To set the stage we describe a typical experiment, which is shown schematically in Fig. 4.1 [1]. A beam of sodium atoms emerges from an oven at a temperature of about 600 K , corresponding to a speed of about $800 \mathrm{~m} \mathrm{~s}^{-1}$, and is then passed through a so-called Zeeman slower, in which the velocity of the atoms is reduced to about $30 \mathrm{~m} \mathrm{~s}^{-1}$, corresponding to a temperature of about 1 K . In the Zeeman slower, a laser beam propagates in the direction opposite that of the atomic beam, and the radiation force produced by absorption of photons retards the atoms. Due to the Doppler effect, the frequency of the atomic transition in the laboratory frame is not generally constant, since the atomic velocity varies. However, by applying an inhomogeneous magnetic field designed so that the Doppler and Zeeman effects cancel, the frequency of the transition in the rest frame of the atom may be held fixed. On emerging from the Zeeman slower the atoms are slow enough to be captured by a magneto-optical trap (MOT), where they are further cooled by interactions with laser light to temperatures of order $100 \mu \mathrm{~K}$. Another way of compensating for the changing Doppler shift is to increase the laser frequency in time, which is referred to as 'chirping'. In other experiments the MOT is filled by transferring atoms from a second MOT where atoms are captured directly from the vapour. After a sufficiently large number of atoms (typically $10^{10}$ ) have accumulated in the MOT, a magnetic trap is turned on and the laser beams are turned off: the atoms are then confined by a purely magnetic trap. At this stage, the density of atoms is relatively low, and the gas is still very non-degenerate, with a phase-space density of order $10^{-6}$. The final step in achieving Bose-Einstein condensation is evaporative cooling, in which relatively energetic atoms leave the system, thereby lowering the average energy of the remaining atoms.

Oven
Zeeman slower
MOT


Fig. 4.1 A typical experiment to cool and trap alkali atoms.

In this chapter we describe the physics of cooling and trapping atoms. We begin with magnetic traps (Sec. 4.1). Subsequently, as a prelude to a discussion of laser cooling and trapping, we consider the effects of laser radiation on atoms and describe optical traps (Sec. 4.2). We then discuss, in Sec. 4.3, the theory of the Doppler process for laser cooling and, in Sec. 4.4, the magneto-optical trap. In Sec. 4.5 an account is given of the Sisyphus cooling process. Section 4.6 is devoted to evaporative cooling. Atomic hydrogen is different from alkali atoms, in that it cannot be cooled by lasers, and the final section, Sec. 4.7, is devoted to experiments on hydrogen. For a more extensive description of many of the topics treated in this chapter, see Ref. [2]. Other useful sources are the summer school lectures [3] and the Nobel lectures [4,5].

### 4.1 Magnetic traps

Magnetic trapping of neutral atoms is due to the Zeeman effect, which we described in Chapter 3: the energy of an atomic state depends on the magnetic field, and therefore an atom in an inhomogeneous field experiences a spatially varying potential. For simplicity, let us begin by assuming that the energy of a state is linear in the magnetic field. As one can see from our earlier discussion in Chapter 3 (see, e.g., Fig. 3.1), this is true generally for the doubly polarized states, and for other states it is a good approximation provided the level shifts produced by the magnetic field are either very small or very large compared with the hyperfine splitting. The energy of an atom in a particular state $i$ may then be written as

$$
\begin{equation*}
E_{i}=C_{i}-\mu_{i} B, \tag{4.1}
\end{equation*}
$$

where $\mu_{i}$ is the magnetic moment of the state and $C_{i}$ is a constant. The magnetic contribution to the energy thus provides a potential energy $-\mu_{i} B$ for the atom. If the magnetic moment is positive, the atom experiences a force tending to drive it to regions of higher field, while if it is negative, the force is towards regions of lower field. For this reason, states with a positive magnetic moment are referred to as high-field seekers, and those with a negative one as low-field seekers.

The energy depth of magnetic traps is determined by the Zeeman energy, $\mu_{i} B$. Atomic magnetic moments are of order the Bohr magneton, $\mu_{\mathrm{B}}=e \hbar / 2 m_{\mathrm{e}}$, which in temperature units is approximately $0.67 \mathrm{~K} / \mathrm{T}$. Since laboratory magnetic fields are generally considerably less than 1 tesla, the depth of magnetic traps is much less than a kelvin, and therefore atoms must be cooled in order to be trapped magnetically.

The task of constructing a magnetic trap is thus to design magnetic field configurations with either a local minimum in the magnitude of the magnetic field, or a local maximum. The latter possibility is ruled out by a general theorem that a local maximum in $|\mathbf{B}|$ is impossible in regions where there are no electrical currents [6]. Thus the case of interest is that of a local minimum, and consequently the only atomic states that can be trapped by magnetic fields alone are low-field seekers. Magnetic field configurations with a local minimum in $|\mathbf{B}|$ have been important over the past few decades for trapping charged particles as a step in the continuing quest to realize nuclear fusion in hot plasmas. In this case the trapping results not from the intrinsic magnetic moment of the particle, but rather from the magnetic moment associated with its cyclotron motion. However, despite the very different physical conditions in the two cases, the requirements in terms of the magnetic field configuration are quite similar, and the design of traps for cold atoms has been significantly influenced by work on plasmas. Field configurations with a minimum in $|\mathbf{B}|$ may be divided into two classes: ones where the minimum of the field is zero, and those where it is non-zero. We shall now describe these in turn.

### 4.1.1 The quadrupole trap

A simple magnetic field configuration in which the magnetic field vanishes at some point is the standard quadrupole one, in which the magnetic field varies linearly with distance in all directions. Such a magnetic field may be produced by, e.g., a pair of opposed Helmholtz coils, as in standard focusing magnets for controlling beams of charged particles in accelerators. For definiteness, let us consider a situation with axial symmetry about the
$z$ direction. If we denote the magnetic field gradients along the $x$ and $y$ axes by $B^{\prime}$, the gradient along the $z$ axis must be $-2 B^{\prime}$, since the divergence of the magnetic field vanishes, $\boldsymbol{\nabla} \cdot \mathbf{B}=0$. The magnetic field in the vicinity of the minimum, whose position we choose to be at the origin of the coordinate system, is thus given by

$$
\begin{equation*}
\mathbf{B}=B^{\prime}(x, y,-2 z) . \tag{4.2}
\end{equation*}
$$

The magnitude of the field is given by $B=B^{\prime}\left(x^{2}+y^{2}+4 z^{2}\right)^{1 / 2}$, and thus it varies linearly with distance from the minimum, but with a slope that depends on direction.
The quadrupole trap suffers from one important disadvantage. In the above discussion of the effective potential produced by a magnetic field, we assumed implicitly that atoms remain in the same quantum state. This is a good approximation provided the magnetic field experienced by an atom changes slowly with time, since the atom then remains in the same quantum state relative to the instantaneous direction of the magnetic field: it is said to follow the magnetic field variations adiabatically. However, a moving atom experiences a time-dependent magnetic field, which will induce transitions between different states. In particular, atoms in low-field seeking states may make transitions to high-field seeking ones, and thereby be ejected from the trap. The effects of the time-dependent magnetic field become serious if its frequency is comparable with or greater than the frequencies of transitions between magnetic sublevels. The latter are of order $\mu_{\mathrm{B}} B$, and therefore vanish if $B=0$. Thus trap losses can be appreciable in the vicinity of the zero-field point: the quadrupole trap effectively has a 'hole' near the node in the field, and this limits the time for which atoms can be stored in it.
This disadvantage of the simple quadrupole trap may be circumvented in a number of ways. One of these is to 'plug the hole' in the trap. In the first successful experiment to realize Bose-Einstein condensation this was done by applying an oscillating bias magnetic field, as we shall explain in the next subsection. An alternative approach, adopted by the MIT group of Ketterle and collaborators in early experiments [7], is to apply a laser field in the region of the node in the magnetic field. The resulting radiation forces repel atoms from the vicinity of the node, thereby reducing losses. The physics of this mechanism will be described in Sec. 4.2. Instead of using traps having a node in the magnetic field, one can remove the 'hole' by working with magnetic field configurations that have a non-zero field at the minimum. These will be described in Sec. 4.1.3.

### 4.1.2 The TOP trap

As mentioned in Chapter 1, Bose-Einstein condensation in dilute gases was first achieved in experiments using a modified quadrupole trap known as the time-averaged orbiting potential (TOP) trap. In this trap one superimposes on the quadrupole field a rotating, spatially uniform, magnetic field [8]. For definiteness we consider the geometry used in the original experiment, where the oscillating magnetic field has components $B_{0} \cos \omega t$ in the $x$ direction, and $B_{0} \sin \omega t$ in the $y$ direction [9]. The instantaneous field is therefore given by

$$
\begin{equation*}
\mathbf{B}=\left(B^{\prime} x+B_{0} \cos \omega t, B^{\prime} y+B_{0} \sin \omega t,-2 B^{\prime} z\right) . \tag{4.3}
\end{equation*}
$$

Thus the effect of the oscillating bias field is to move the instantaneous position of the node in the magnetic field. The frequency of the bias field is chosen to be low compared with the frequencies of transitions between magnetic substates. This condition ensures that an atom will remain in the same quantum state relative to the instantaneous magnetic field, and therefore will not undergo transitions to other hyperfine states and be lost from the trap. Under these conditions the effect of the bias field may be described in terms of an oscillatory component of the energy of an atom. If the frequency of the bias field is chosen to be much greater than that of the atomic motions, an atom moves in an effective potential given by the time average of the instantaneous potential over one rotation period of the field. In experiments, frequencies of atomic motions are typically $\sim 10^{2} \mathrm{~Hz}$, frequencies of transitions between magnetic substates are of order $\sim 10^{6}$ Hz or more, and the frequency of the bias field is typically in the kilohertz range.

To determine the effective potential we first evaluate the instantaneous strength of the magnetic field, which is given by

$$
\begin{align*}
B(t)= & {\left[\left(B_{0} \cos \omega t+B^{\prime} x\right)^{2}+\left(B_{0} \sin \omega t+B^{\prime} y\right)^{2}+4 B^{\prime 2} z^{2}\right]^{1 / 2} } \\
\simeq & B_{0}+B^{\prime}(x \cos \omega t+y \sin \omega t) \\
& +\frac{B^{\prime 2}}{2 B_{0}}\left[x^{2}+y^{2}+4 z^{2}-(x \cos \omega t+y \sin \omega t)^{2}\right], \tag{4.4}
\end{align*}
$$

where the latter form applies for small distances from the node of the quadrupole field, $r \ll\left|B_{0} / B^{\prime}\right|$. The time average, $\left\langle B>_{t}\right.$, of the magnitude of the magnetic field over a rotation period of the field is defined by

$$
\begin{equation*}
<B>_{t}=\frac{\omega}{2 \pi} \int_{0}^{2 \pi / \omega} d t B(t) . \tag{4.5}
\end{equation*}
$$

By performing the time average, we find from (4.4) that

$$
\begin{equation*}
<B>_{t} \simeq B_{0}+\frac{B^{\prime 2}}{4 B_{0}}\left(x^{2}+y^{2}+8 z^{2}\right) . \tag{4.6}
\end{equation*}
$$

The important feature of this result is that the time-averaged field never vanishes, and consequently there is no longer a 'hole' in the trap. The magnetic contribution to the energy of an atom in a magnetic substate $i$ is thus given for small $r$ by

$$
\begin{align*}
E_{i}\left(<B>_{t}\right) & \simeq E_{i}\left(B_{0}\right)-\mu_{i}\left(B_{0}\right)\left(<B>_{t}-B_{0}\right) \\
& \simeq E_{i}\left(B_{0}\right)-\mu_{i}\left(B_{0}\right) \frac{B^{\prime 2}}{4 B_{0}}\left(x^{2}+y^{2}+8 z^{2}\right) \tag{4.7}
\end{align*}
$$

where

$$
\begin{equation*}
\mu_{i}\left(B_{0}\right)=-\left.\frac{\partial E_{i}}{\partial B}\right|_{B_{0}} \tag{4.8}
\end{equation*}
$$

is the projection of the magnetic moment in the direction of the magnetic field. ${ }^{1}$ The oscillating bias field thus converts the linear dependence of magnetic field strength on distance from the node in the original quadrupole field to a quadratic one, corresponding to an anisotropic harmonic-oscillator potential. The angular frequencies for motion in the three coordinate directions are

$$
\begin{equation*}
\omega_{x}^{2}=\omega_{y}^{2}=-\mu_{i} \frac{B^{\prime 2}}{2 m B_{0}} \tag{4.9}
\end{equation*}
$$

and

$$
\begin{equation*}
\omega_{z}^{2}=8 \omega_{x}^{2}=-8 \mu_{i} \frac{B^{\prime 2}}{2 m B_{0}} \tag{4.10}
\end{equation*}
$$

Different choices for the rotation axis of the bias field give traps with different degrees of anisotropy (see Problem 4.3).

Another force which can be important in practice is gravity. This gives rise to a potential which is linear in distance. If the potential produced by the TOP trap were purely harmonic, the only effect of gravity would be to displace the minimum in the harmonic-oscillator potential. However, the harmonic behaviour of the TOP trap potential extends only to a distance of order $l=B_{0} /\left|B^{\prime}\right|$ from the origin, beyond which the bias magnetic field has little effect. If the gravitational force is strong enough to displace the minimum a distance greater than or of order $B_{0} /\left|B^{\prime}\right|$, the total potential no

[^4]longer has the form (4.7) when expanded about the new minimum. Gravity modifies the trapping potential appreciably if the gravitational force mg , where $g$ is the acceleration due to gravity, exceeds that due to the magnetic trap at a distance $B_{0} /\left|B^{\prime}\right|$ from the origin. From Eq. (4.7) one sees that the force constant of the trap is of order $\left|\mu_{i}\right| B^{\prime 2} / B_{0}$, and therefore the force at a distance $B_{0} /\left|B^{\prime}\right|$ from the origin is of order $\left|\mu_{i} B^{\prime}\right|$. Thus gravity is important if
\[

$$
\begin{equation*}
\left|\mu_{i} B^{\prime}\right| \lesssim m g . \tag{4.11}
\end{equation*}
$$

\]

By appropriate choice of magnetic field strengths and of the direction of the axis of a magnetic trap relative to that of the gravitational force it is possible to make the minimum of the potential due to both magnetic and gravitational forces lie at a point such that the force constants of the trap are not in the usual ratio for a TOP trap in the absence of gravity.

### 4.1.3 Magnetic bottles and the Ioffe-Pritchard trap

An inhomogeneous magnetic field with a minimum in the magnetic field at a non-zero value may be generated by a configuration based on two Helmholtz coils with identical currents circulating in the same direction, in contrast to the simple quadrupole field, which is generated by Helmholtz coils with the currents in the two coils in opposite directions. Let us investigate the form of the magnetic field in the vicinity of the point midway between the coils on their symmetry axis, which we take to be the origin of our coordinate system. We denote the coordinate in the direction of the symmetry axis by $z$, and the distance from the axis by $\rho$. Since there are no currents in the vicinity of the origin, the magnetic field may be derived from a scalar potential $\Phi, \mathbf{B}=-\nabla \Phi$. We assume the current coils to be rotationally symmetric about the $z$ axis, and thus the magnetic field is independent of the azimuthal angle. Since the field is an even function of the coordinates, the potential must be an odd one, and therefore an expansion of the potential in terms of spherical harmonics $Y_{l m}$ can contain only terms with odd order $l$. Because of the rotational invariance about the symmetry axis, the potential is a function only of the distance from the origin, $r=\left(z^{2}+\rho^{2}\right)^{1 / 2}$, and of $\cos \theta=z / r$. The potential satisfies Laplace's equation, and it may be written simply as

$$
\begin{equation*}
\Phi=\sum_{l} A_{l} r^{l} P_{l}(z / r), \tag{4.12}
\end{equation*}
$$

where the $P_{l}$ are Legendre polynomials and the $A_{l}$ are coefficients. There can be no terms with inverse powers of $r$ since the field is finite at the origin.

In the immediate vicinity of the origin we may restrict ourselves to the first two terms in this expansion, and therefore one has

$$
\begin{align*}
\Phi & =A_{1} r P_{1}(\cos \theta)+A_{3} r^{3} P_{3}(\cos \theta)  \tag{4.13}\\
& =A_{1} z+A_{3}\left(\frac{5}{2} z^{3}-\frac{3}{2} z r^{2}\right)  \tag{4.14}\\
& =A_{1} z+A_{3}\left(z^{3}-\frac{3}{2} z \rho^{2}\right) \tag{4.15}
\end{align*}
$$

and the magnetic field has components

$$
\begin{equation*}
B_{z}=-A_{1}-3 A_{3}\left(z^{2}-\frac{1}{2} \rho^{2}\right), \quad B_{\rho}=3 A_{3} z \rho, \quad \text { and } \quad B_{\varphi}=0 \tag{4.16}
\end{equation*}
$$

where $\varphi$ is the azimuthal angle. If $A_{1}$ and $A_{3}$ have the same sign, the magnetic field increases in magnitude with increasing $|z|$. Such a field configuration is referred to as a 'magnetic bottle' in plasma physics. Provided its energy is not too high, a charged particle gyrating about the field will be reflected as it moves towards regions of higher field, and thereby contained. Neutral particles, unlike charged ones, can move freely perpendicular to the direction of the magnetic field, and therefore to trap them magnetically the magnetic field must increase in directions perpendicular to the magnetic field as well as parallel to it. To second order in $z$ and $\rho$ the magnitude of the magnetic field is given by

$$
\begin{equation*}
B=A_{1}+3 A_{3}\left(z^{2}-\frac{1}{2} \rho^{2}\right) \tag{4.17}
\end{equation*}
$$

and therefore the magnetic field does not have a local minimum at the origin.
The problem of creating a magnetic field with a local minimum in $B$ arose in the context of plasma physics, and one way of doing this was proposed by Ioffe [10]. It is clear from the expansion of the potential given above that this cannot be done if the magnetic field is axially symmetric: there are only two adjustable coefficients, and there is no way to create a local minimum. The suggestion Ioffe made was to add to the currents creating the magnetic bottle other currents that break the rotational invariance about the symmetry axis of the bottle. In plasma physics the configuration used is that shown in Fig. 4.2 , where the additional currents are carried by conductors parallel to the symmetry axis (so-called 'Ioffe bars'). If the magnitude of the current is the same for each bar, it follows from symmetry under rotation about the axis of the system that the potential produced by the currents in the bars must correspond to a potential having components with degree $m$ equal to 2 or more. Thus the lowest-order spherical harmonics that can contribute are $Y_{2, \pm 2} \propto(\rho / r)^{2} e^{ \pm i 2 \varphi}$, and the corresponding solutions of Laplace's equation


Fig. 4.2 Currents that generate the Ioffe-Pritchard configuration for the magnetic field.
are $r^{2} Y_{2, \pm 2} \propto \rho^{2} e^{ \pm i 2 \varphi}$. The leading term in the expansion of the potential near the origin must therefore be of the form

$$
\begin{equation*}
\Phi=\frac{\rho^{2}}{4}\left(C e^{i 2 \varphi}+C^{*} e^{-i 2 \varphi}\right), \tag{4.18}
\end{equation*}
$$

since terms with higher values of $l$ have higher powers of $r$. Here $C$ is a constant determined by the current in the bars and their geometry. If the zero of the azimuthal angle is taken to lie midway between two adjacent conductors, $C$ must be real, and by symmetry the potential function must be proportional to $x^{2}-y^{2}$, since on the $x$ and $y$ axes the magnetic field lies along the axes. The components of the field due to the Ioffe bars are therefore

$$
\begin{equation*}
B_{x}=-C x, \quad B_{y}=C y, \quad \text { and } \quad B_{z}=0 \tag{4.19}
\end{equation*}
$$

The field in the $x y$ plane is the analogue in two dimensions of the quadrupole field (4.2) in three dimensions. When this field is added to that of the magnetic bottle the magnitude of the total magnetic field is given to second order in the coordinates by

$$
\begin{equation*}
B=A_{1}+3 A_{3}\left(z^{2}-\frac{1}{2} \rho^{2}\right)+\frac{C^{2}}{2 A_{1}} \rho^{2}, \tag{4.20}
\end{equation*}
$$

and consequently the magnitude of the field has a local minimum at the origin if $C^{2}>3 A_{1} A_{3}$, that is for sufficiently strong currents in the bars. A convenient feature of this trap is that by adjusting the current in the coils relative to that in the bars it is possible to make field configurations with different degrees of curvature in the axial and radial directions.

The use of such magnetic field configurations to trap neutral atoms was first proposed by Pritchard [11], and in the neutral atom literature this trap is commonly referred to as the Ioffe-Pritchard trap. In practice, the field may be produced by a variety of different configurations of conductors. One such variant is the clover-leaf trap, where the non-axially-symmetric field is


Fig. 4.3 Schematic view of the currents in the clover-leaf trap.
produced by coils configured as shown in Fig. 4.3 [1]. The windings look very different from the Ioffe bars, but since the azimuthal symmetry of the currents corresponds to $m=2$ or more, as in the Ioffe case, the field near the origin must have the same symmetry. To first order in the coordinates the component of the magnetic field in the axial direction vanishes, and the first non-vanishing contributions are of third order. A virtue of the clover-leaf configuration relative to the original Ioffe one is that experimental access to the region near the field minimum is easier due to the absence of the current-carrying bars.

### 4.1.4 Microtraps

Cold atoms can be manipulated and transported by using traps in the form of micro-fabricated current-carrying conductors. As a simple example, consider an infinitely long, straight wire along the $z$ axis carrying a current $I$, with an external magnetic field, which we refer to as the bias field, of strength $B_{0}$ applied perpendicular to the wire in the $x$ direction, as shown in Fig. 4.4 (a). According to Ampère's law, the magnitude of the magnetic field $B_{I}$ due to the current in the wire is given by $B_{I}=\mu_{0} I / 2 \pi \rho$, where $\rho$ is the distance from the wire.

The magnetic field produced by the current in the wire is in the azimuthal direction with respect to the wire, and therefore the superposition of this


Fig. 4.4 (a) The two-dimensional microtrap. (b) Contours of constant B. (c) The 'U' and 'Z' configurations.
field and the bias field vanishes on a line parallel to the conductor and in the plane $x=0$. This therefore creates a trapping potential in the $x y$ plane for atoms in low-field seeking states. The total magnetic field on the line $(x, y)=\rho(\cos \phi, \sin \phi)$ is thus given by

$$
\begin{equation*}
B_{x}=B_{0}-B_{I} \sin \phi, \quad B_{y}=B_{I} \cos \phi \tag{4.21}
\end{equation*}
$$

and its magnitude is $B=\left(B_{I}^{2}+B_{0}^{2}-2 B_{I} B_{0} \sin \phi\right)^{1 / 2}$. This vanishes when $\phi=\pi / 2$ and $B_{I}(\rho)=B_{0}$, corresponding to $x=0$ and $y=y_{0}=I \mu_{0} / 2 \pi B_{0}$. The contours of constant $B$ in the $x y$ plane are circles and the line $y=y_{0} / 2$ (on which $B=B_{0}$ ), as illustrated in Fig. 4.4 (b).

The trap is two-dimensional, but it can be closed in the $z$ direction by bending the wire in the $x$ direction into the forms shown in Fig. 4.4 (c), which are referred to as ' $U$ ' and ' $Z$ ' configurations, respectively. The currents in the parts of the wire parallel to the $x$ axis produce a magnetic field in the $z$ direction, and this cannot be compensated by the bias field. As a consequence, the magnitude of the minimum value of the total magnetic
field in the plane perpendicular to the $z$ axis increases as $|z|$ increases from zero.

By superimposing two such configurations of conductors it is possible to make a trap with a minimum whose position depends on the currents in the two conductors. With a series of such configurations a succession of field maxima and minima may be created [12], and by applying currents whose magnitudes vary in time, it is possible to shift the positions of the minima, thereby producing a 'conveyor belt' which can transport over macroscopic distances atoms trapped near the minima [13]. For a review of microtraps, see Ref. [14].

### 4.2 Influence of laser light on an atom

Many techniques for trapping and cooling atoms exploit the interaction of atoms with radiation fields, especially those of lasers. As a prelude to the applications later in this chapter, we give here a general description of the interaction of an atom with a radiation field. In Sec. 3.3 we calculated the polarizability of atoms with non-degenerate ground states, and here we shall generalize the treatment to allow for the lifetime of the excited state, and arbitrary directions for the electric field.

The interaction between an atom and the electric field is given in the dipole approximation by

$$
\begin{equation*}
H^{\prime}=-\mathbf{d} \cdot \mathcal{E} \tag{4.22}
\end{equation*}
$$

where $\mathbf{d}$ is the electric dipole moment operator and $\mathcal{E}$ is the electric field vector. In a static electric field the change $\Delta E_{g}$ in the ground-state energy of an atom is given to second order in the electric field by

$$
\begin{equation*}
\Delta E_{g}=-\sum_{e} \frac{\left.\left|\langle e| H^{\prime}\right| g\right\rangle\left.\right|^{2}}{E_{e}-E_{g}}=-\frac{1}{2} \alpha \mathcal{E}^{2} \tag{4.23}
\end{equation*}
$$

where

$$
\begin{equation*}
\alpha=2 \sum_{e} \frac{|\langle e| \mathbf{d} \cdot \hat{\boldsymbol{\epsilon}}| g\rangle\left.\right|^{2}}{E_{e}-E_{g}} \tag{4.24}
\end{equation*}
$$

is the atomic polarizability. Here $\hat{\boldsymbol{\epsilon}}$ is a unit vector in the direction of the electric field, and we label the ground state by $g$ and the excited states by $e$. This contribution to the energy may be represented by the diagram shown in Fig. 4.5 (a). The interaction vertices give factors $\langle e|(-\mathbf{d} \cdot \mathcal{E})|g\rangle$ and $\langle g|(-\mathbf{d} \cdot \mathcal{E})|e\rangle$, and the line for the intermediate atomic state gives a factor $1 /\left(E_{e}-E_{g}\right)$ to the summand, as one may confirm by comparing with the explicit calculation in Sec. 3.3.

(b)

Fig. 4.5 Diagrammatic representation of second-order contributions to the energy of an atom in its ground state for (a) a static electric field and (b) a time-dependent field. The straight lines correspond to the atom and the wavy ones to the interaction with the electric field.

To describe a time-dependent electric field with frequency $\omega$ we write the electric field as $\mathcal{E}(\mathbf{r}, t)=\mathcal{E}_{\omega} e^{-i \omega t}+\mathcal{E}_{-\omega} e^{i \omega t}$. Since the electric field is real, the condition

$$
\begin{equation*}
\mathcal{E}_{-\omega}=\mathcal{E}_{\omega}^{*} \tag{4.25}
\end{equation*}
$$

must be satisfied. In Sec. 3.3 we calculated the energy shift due to this time-dependent electric field by conventional perturbation theory. It is instructive, however, to derive the result (3.50) in an alternative fashion, by use of diagrammatic perturbation theory. The second-order contribution to the energy may be expressed as the sum of two terms which are represented by the diagrams shown in Fig. 4.5 (b). These are identical apart from the reversal of the order in which the dipolar perturbations with positive and negative frequencies occur. The term varying as $e^{-i \omega t}$ corresponds in a quantum-mechanical description of the radiation field to absorption of a photon, and that varying as $e^{i \omega t}$ to emission. The terms where either the positive-frequency component of the field or the negative-frequency one act twice do not contribute to the energy shift, since the final state differs from the initial one by the addition or removal of two photons (these are the terms which averaged to zero in the perturbation calculation of Sec. 3.3). By generalizing the approach used above for a static field, one finds for the energy shift

$$
\Delta E_{g}=\sum_{e}\langle g| \mathbf{d} \cdot \mathcal{E}_{\omega}|e\rangle \frac{1}{E_{g}-E_{e}+\hbar \omega}\langle e| \mathbf{d} \cdot \mathcal{E}_{-\omega}|g\rangle
$$

$$
\begin{align*}
& +\sum_{e}\langle g| \mathbf{d} \cdot \mathcal{E}_{-\omega}|e\rangle \frac{1}{E_{g}-E_{e}-\hbar \omega}\langle e| \mathbf{d} \cdot \mathcal{E}_{\omega}|g\rangle \\
= & \left.\sum_{e}|\langle e| \mathbf{d} \cdot \hat{\boldsymbol{\epsilon}}| g\right\rangle\left.\right|^{2}\left(\frac{1}{E_{g}-E_{e}-\hbar \omega}+\frac{1}{E_{g}-E_{e}+\hbar \omega}\right)\left|\mathcal{E}_{\omega}\right|^{2} \\
= & -\alpha(\omega)\left|\mathcal{E}_{\omega}\right|^{2} \\
= & -\frac{1}{2} \alpha(\omega)<\mathcal{E}(\mathbf{r}, t)^{2}>_{t} \tag{4.26}
\end{align*}
$$

where $<\cdots\rangle_{t}$ denotes a time average, and the dynamical polarizability is given by

$$
\begin{align*}
\alpha(\omega) & \left.=\sum_{e}|\langle e| \mathbf{d} \cdot \hat{\boldsymbol{\epsilon}}| g\right\rangle\left.\right|^{2}\left(\frac{1}{E_{e}-E_{g}+\hbar \omega}+\frac{1}{E_{e}-E_{g}-\hbar \omega}\right) \\
& =\sum_{e} \frac{\left.2\left(E_{e}-E_{g}\right)|\langle e| \mathbf{d} \cdot \hat{\epsilon}| g\right\rangle\left.\right|^{2}}{\left(E_{e}-E_{g}\right)^{2}-(\hbar \omega)^{2}} \tag{4.27}
\end{align*}
$$

in agreement with Eqs. (3.50) and (3.51). Note that the only difference from the static case is that the intermediate energy denominators are shifted by $\pm \hbar \omega$ to take into account the non-zero frequency of the electric field.

In many situations of interest the frequency of the radiation is close to that of an atomic resonance, and it is then a good approximation to neglect all transitions except the resonant one. In addition, in the expression for the polarizability one may take only the term with the smallest energy denominator. The polarizability then reduces to a single term

$$
\begin{equation*}
\alpha(\omega) \approx \frac{|\langle e| \mathbf{d} \cdot \hat{\boldsymbol{\epsilon}}| g\rangle\left.\right|^{2}}{E_{e}-E_{g}-\hbar \omega} \tag{4.28}
\end{equation*}
$$

In the above discussion we implicitly assumed that the excited state has an infinitely long lifetime. However, in reality it will decay by spontaneous emission of photons. This effect can be taken into account phenomenologically by attributing to the excited state an energy with both real and imaginary parts. If the excited state has a lifetime $1 / \Gamma_{e}$, corresponding to the $e$-folding time for the occupation probability of the state, the corresponding $e$-folding time for the amplitude will be twice this, since the probability is equal to the squared modulus of the amplitude. If, in the usual way, the amplitude of the excited state is taken to vary as $\exp \left(-i E_{e} t / \hbar\right)$, exponential decay of the amplitude with a lifetime $2 / \Gamma_{e}$ corresponds to an imaginary contribution to the energy of the state equal to $-i \hbar \Gamma_{e} / 2$. The polarizability is then

$$
\begin{equation*}
\alpha(\omega) \approx \frac{|\langle e| \mathbf{d} \cdot \hat{\boldsymbol{\epsilon}}| g\rangle\left.\right|^{2}}{E_{e}-i \hbar \Gamma_{e} / 2-E_{g}-\hbar \omega} \tag{4.29}
\end{equation*}
$$

Quite generally, the energy of the ground state is a complex quantity, and we shall write the energy shift as

$$
\begin{equation*}
\Delta E_{g}=V_{g}-i \hbar \Gamma_{g} / 2 \tag{4.30}
\end{equation*}
$$

This has the form of an effective potential acting on the atom, the real part corresponding to a shift of the energy of the state, and the imaginary part to a finite lifetime of the ground state due to transitions to the excited state induced by the radiation field, as described above. The shift of the energy level is given by

$$
\begin{equation*}
V_{g}=-\frac{1}{2} \alpha^{\prime}(\omega)<\mathcal{E}(\mathbf{r}, t)^{2}>_{t} \tag{4.31}
\end{equation*}
$$

where

$$
\begin{equation*}
\alpha^{\prime}(\omega) \approx \frac{\left.\left(E_{e}-E_{g}-\hbar \omega\right)|\langle e| \mathbf{d} \cdot \hat{\boldsymbol{\epsilon}}| g\right\rangle\left.\right|^{2}}{\left(E_{e}-E_{g}-\hbar \omega\right)^{2}+\left(\hbar \Gamma_{e} / 2\right)^{2}} \tag{4.32}
\end{equation*}
$$

is the real part of $\alpha$. These shifts are sometimes referred to as ac Stark shifts, since the physics is the same as for the usual Stark effect except that the electric field is time-dependent.
It is convenient to introduce the detuning, $\delta$, which is the difference between the laser frequency and the frequency $\omega_{e g}=\left(E_{e}-E_{g}\right) / \hbar$ of the atomic transition:

$$
\begin{equation*}
\delta=\omega-\omega_{e g} . \tag{4.33}
\end{equation*}
$$

Positive $\delta$ is referred to as blue detuning, and negative $\delta$ as red detuning. The energy shift is given by

$$
\begin{equation*}
V_{g}=\frac{\hbar \Omega_{\mathrm{R}}^{2} \delta}{\delta^{2}+\Gamma_{e}^{2} / 4} \tag{4.34}
\end{equation*}
$$

Here we have introduced the Rabi frequency, which is the magnitude of the perturbing matrix element $\left.\left|\langle e| \mathbf{d} \cdot \mathcal{E}_{\omega}\right| g\right\rangle \mid$ expressed as a frequency:

$$
\begin{equation*}
\left.\Omega_{\mathrm{R}}=\left|\langle e| \mathbf{d} \cdot \mathcal{E}_{\omega}\right| g\right\rangle \mid / \hbar . \tag{4.35}
\end{equation*}
$$

Ground-state energy shifts are thus positive for blue detuning and negative for red detuning.

The rate of loss of atoms from the ground state is given by

$$
\begin{equation*}
\Gamma_{g}=-\frac{2}{\hbar} \operatorname{Im} \Delta E_{g}=\frac{1}{\hbar} \alpha^{\prime \prime}(\omega)<\mathcal{E}(\mathbf{r}, t)^{2}>_{t} \tag{4.36}
\end{equation*}
$$

where $\alpha^{\prime \prime}$ is the imaginary part of $\alpha$,

$$
\begin{equation*}
\left.\alpha^{\prime \prime}(\omega) \approx \frac{\hbar \Gamma_{e} / 2}{\left(E_{e}-E_{g}-\hbar \omega\right)^{2}+\left(\hbar \Gamma_{e} / 2\right)^{2}}|\langle e| \mathbf{d} \cdot \hat{\boldsymbol{\epsilon}}| g\right\rangle\left.\right|^{2} . \tag{4.37}
\end{equation*}
$$

Thus the rate of transitions from the ground state has a Lorentzian dependence on frequency in this approximation. In the limit $\Gamma_{e} \rightarrow 0$, the Lorentzian becomes a Dirac delta function and Eq. (4.36) is then equivalent to Fermi's Golden Rule for the transition rate.

The perturbative treatment given above is valid provided the admixture of the excited state into the ground state is small. To lowest order in the perturbation, this admixture is of order the matrix element of the perturbation divided by the excitation energy of the intermediate state. If the decay of the intermediate state may be neglected, the magnitude of the energy denominator is $\left|\hbar\left(\omega_{e g}-\omega\right)\right|=\hbar|\delta|$ and, with allowance for decay, the effective energy denominator has a magnitude $\hbar\left(\delta^{2}+\Gamma_{e}^{2} / 4\right)^{1 / 2}$. The condition for validity of perturbation theory is therefore $\left.\left|\langle e| \mathbf{d} \cdot \mathcal{E}_{\omega}\right| g\right\rangle \mid \ll \hbar\left(\delta^{2}+\Gamma_{e}^{2} / 4\right)^{1 / 2}$ or $\Omega_{\mathrm{R}} \ll\left(\delta^{2}+\Gamma_{e}^{2} / 4\right)^{1 / 2}$. For larger electric fields it is necessary to go beyond simple perturbation theory but, fortunately, under most conditions relevant for experiments on Bose-Einstein condensation, electric fields are weak enough that the perturbative approach is adequate.

### 4.2.1 Forces on an atom in a laser field

Experiments on clouds of dilute gases exploit the forces on atoms in a laser field in a variety of ways. Before discussing specific applications, we describe the origin of these forces. The energy shift of an atom may be regarded as an effective potential $V$ in which the atom moves. This way of viewing the problem is sometimes referred to as the dressed atom picture, since the energy of interest is that of an atom with its accompanying perturbations in the radiation field, not just an isolated atom. It is the analogue of the concept of an elementary excitation, or quasiparticle, that has been so powerful in understanding the properties of solids and quantum liquids. If the time-averaged electric field varies with position, the shift of the energy due to the field gives rise to a force

$$
\begin{equation*}
\mathbf{F}_{\mathrm{dipole}}=-\nabla V(\mathbf{r})=\frac{1}{2} \alpha^{\prime}(\omega) \nabla<\mathcal{E}(\mathbf{r}, t)^{2}>_{t} \tag{4.38}
\end{equation*}
$$

on an atom. Here $<\cdots>_{t}$ denotes a time average. This result may be understood as being due to the interaction of the induced dipole moment of the atom with a spatially varying electric field, and it is often referred to as the dipole force. More generally, terms due to higher moments of the electric charge distribution such as the quadrupole moment will also give rise to forces, but these will usually be much less than the dipole force.

At low frequencies the polarizability is positive, and the dipole moment
is in the same direction as the electric field. However, at frequencies above those of transitions contributing importantly to the polarizability, the induced dipole moment is in the opposite direction, as one can see by inspection of Eq. (4.32). It is illuminating to consider a frequency close to a resonance, in which case we may use the approximate form (4.32) for the real part of the polarizability. From this one can see that for frequencies below the resonance the force is towards regions of higher electric field, while for ones above it the force is towards regions of lower field. As can be seen from Eqs. (4.38) and (4.32), the magnitude of the force can be of order $\omega_{\text {eg }} / \Gamma_{e}$ times larger than for static fields of the same strength.

As we remarked above, the radiation force repelling atoms from regions of high electric field at frequencies above resonance has been used to reduce loss of atoms at the centre of a quadrupole trap [7]. A blue-detuned laser beam passing through the trap centre gave a repulsive contribution to the energy of atoms, which were thereby prevented from penetrating into the dangerous low-field region, where spin flips could occur.

The change in sign of the force at resonance may be understood in terms of a classical picture of an electron moving in a harmonic potential under the influence of an electric field. The equation of motion for the atomic dipole moment $\mathbf{d}=-e \mathbf{r}$, where $\mathbf{r}$ is the coordinate of the electron, is

$$
\begin{equation*}
\frac{d^{2} \mathbf{d}}{d t^{2}}+\omega_{0}^{2} \mathbf{d}=\frac{e^{2}}{m_{\mathrm{e}}} \mathcal{E} \tag{4.39}
\end{equation*}
$$

with $\omega_{0}$ being the frequency of the harmonic motion. For an electric field which oscillates in time as $\exp (-i \omega t)$, we then obtain

$$
\begin{equation*}
\left(-\omega^{2}+\omega_{0}^{2}\right) \mathbf{d}=\frac{e^{2}}{m_{\mathrm{e}}} \mathcal{E} \tag{4.40}
\end{equation*}
$$

This shows that the polarizability, the ratio of the dipole moment to the electric field, is

$$
\begin{equation*}
\alpha(\omega)=\frac{e^{2}}{m_{\mathrm{e}}\left(\omega_{0}^{2}-\omega^{2}\right)}, \tag{4.41}
\end{equation*}
$$

which becomes negative for frequencies $\omega$ that exceed $\omega_{0}$. If we compare this result with the quantum-mechanical one, Eq. (3.52), we see that it corresponds to having oscillator strength unity for a single transition at the oscillator frequency.
In addition to the contribution to the force on an atom due to energy-level shifts, which are associated with virtual transitions between atomic states, there is another one due to real transitions. Classically this is due to the radiation pressure on the atom. In quantum-mechanical language it is a
consequence of the momentum of a photon being imparted to or removed from an atom during an absorption or an emission process. The rate of absorption of photons by an atom in the ground state is equal to the rate of excitation of the ground state, given by (4.36). Therefore, if the radiation field is a travelling wave with wave vector $\mathbf{q}$, the total force on the atom due to absorption processes is

$$
\begin{equation*}
\mathbf{F}_{\mathrm{rad}}=\hbar \mathbf{q} \Gamma_{g} \tag{4.42}
\end{equation*}
$$

As we shall describe, both this force and the dipole force (4.38) play an important role in laser cooling.

### 4.2.2 Optical traps

A focused laser beam creates a radiation field whose intensity has a maximum in space. If the frequency of the light is detuned to the red, the energy of a ground-state atom has a spatial minimum, and therefore it is possible to trap atoms. The depth of the trap is determined by the magnitude of the energy shift, given by Eq. (4.34).

One advantage of optical traps is that the potential experienced by an alkali atom in its ground state is essentially independent of the magnetic substate. This is due to the fact that the ground state of alkali atoms is an S state (see Sec. 3.3). The situation is quite different for trapping by magnetic fields, since the potential is then strongly dependent on the magnetic substate. With magnetic traps it is difficult to investigate the influence of the interaction energy on the spin degrees of freedom of an atomic cloud since the energy is dominated by the Zeeman term. By contrast, optical traps are well suited for this purpose.

Optical traps are also important in the context of Feshbach resonances. As we shall describe in Sec. 5.4.2, in the vicinity of such a resonance the effective interaction is a strong function of the magnetic field, and therefore it is desirable that the magnetic field be homogeneous. This may be achieved by applying a uniform magnetic field to atoms in an optical trap, but it is not possible with magnetic traps, since without inhomogeneity of the magnetic field there is no trapping.

To reduce heating of atoms by absorption of photons, the laser frequency in optical traps must be chosen to be away from atomic resonances. In an early experiment, a Bose-Einstein condensate of Na atoms was held in a purely optical trap by Stamper-Kurn et al. [15]. The laser had a wavelength of 985 nm while that of the atomic transition is 589 nm . The resulting optical traps are shallow, with depths of order $\mu \mathrm{K}$ in temperature units (see Prob-
lem 4.4), and therefore atoms are usually precooled in other sorts of traps before they can be held by purely optical forces. However, a Bose-Einstein condensate of ${ }^{87} \mathrm{Rb}$ atoms has been created in an optical trap formed by two crossed laser beams, without the need for magnetic traps [16]. Evaporative cooling of the gas, which was a mixture of atoms in the three hyperfine states $F=1$ and $m_{F}=0, \pm 1$, was achieved by gradually lowering the power in the laser beams, thus reducing the depth of the trap. The resulting condensate contained $3.5 \times 10^{4}$ atoms. Further reduction of the laser power resulted in rapid loss of atoms, since the trap was then so shallow that it was unable to support the cloud against gravity.

### 4.3 Laser cooling: the Doppler process

The basic idea that led to the development of laser cooling may be understood by considering an atom subjected to two counter-propagating laser beams of the same angular frequency, $\omega$, and the same intensity. Imagine that the frequency of the laser beams is tuned to lie just below the frequency, $\omega_{e g}$, of an atomic transition between an excited state $|e\rangle$ and the ground state $|g\rangle$. For definiteness we assume that the laser beams are directed along the $z$ axis.

To estimate the frictional force, we assume that the radiation field is sufficiently weak that the absorption may be calculated by perturbation theory. From Eqs. (4.36) and (4.37), the rate $d N_{\mathrm{ph}} / d t$ at which a single atom absorbs photons from one of the beams is given by

$$
\begin{equation*}
\frac{d N_{\mathrm{ph}}}{d t}=C L(\omega) \tag{4.43}
\end{equation*}
$$

where

$$
\begin{equation*}
\left.C=\frac{\pi}{\hbar^{2}}|\langle e| \mathbf{d} \cdot \hat{\boldsymbol{\epsilon}}| g\right\rangle\left.\right|^{2}<\mathcal{E}(\mathbf{r}, t)^{2}>_{t} \tag{4.44}
\end{equation*}
$$

and $L$ is the Lorentzian function

$$
\begin{equation*}
L(\omega)=\frac{\Gamma_{e} / 2 \pi}{\left(\omega-\omega_{e g}\right)^{2}+\left(\Gamma_{e} / 2\right)^{2}} \tag{4.45}
\end{equation*}
$$

which is normalized so that its integral over $\omega$ is unity. The lifetime of an atom in the ground state in the presence of one of the laser beams is $1 / C L(\omega)$. An atom initially at rest will absorb as many left-moving photons as right-moving ones, and thus the total momentum change will be zero on average. However, for an atom moving to the right with velocity $v_{z}$, the frequency of the right-moving photons in the rest frame of the atom is decreased due to the Doppler effect, and to lowest order in the velocity


Fig. 4.6 Rate of absorption of photons from the two red-detuned laser beams as functions of the atomic velocity.
it is given by $\omega-v_{z} q$, where $q=\omega / c$ is the wave number of the photons. The frequency thus lies further from the atomic resonance than it would for an atom at rest, and consequently the rate of absorption of right-moving photons is reduced, and is given approximately by

$$
\begin{equation*}
\frac{d N_{\text {right }}}{d t}=C L\left(\omega-v_{z} q\right) \tag{4.46}
\end{equation*}
$$

For photons moving to the left the story is the opposite: the frequency of the photons in the rest frame of the atom is increased to $\omega+v_{z} q$, and consequently absorption of these photons is increased:

$$
\begin{equation*}
\frac{d N_{\mathrm{left}}}{d t}=C L\left(\omega+v_{z} q\right) \tag{4.47}
\end{equation*}
$$

The situation is represented schematically in Fig. 4.6, where we show the absorption of photons from the two beams as functions of the velocity of the atom.

Since in absorbing a photon, the atom receives momentum $\hbar q$ in the direction of propagation of the photon, the absorption of photons from the two laser beams produces a frictional force on the atom. The net rate of transfer of momentum to the atom is given by

$$
\begin{equation*}
\frac{d p_{z}}{d t}=-\gamma v_{z} \tag{4.48}
\end{equation*}
$$

where the friction coefficient $\gamma$ is defined by

$$
\begin{equation*}
\gamma=\frac{\hbar q C}{v_{z}}\left[L\left(\omega+v_{z} q\right)-L\left(\omega-v_{z} q\right)\right] \simeq 2 \hbar q^{2} C \frac{d L(\omega)}{d \omega} \tag{4.49}
\end{equation*}
$$

In the second expression in Eq. (4.49) we have assumed that the atom moves sufficiently slowly that the Doppler shift is small compared with the larger
of the linewidth and the detuning. The characteristic braking time, which determines the rate of loss of momentum by an atom, is given by

$$
\begin{equation*}
\frac{1}{\tau_{\text {fric }}}=-\frac{1}{p_{z}} \frac{d p_{z}}{d t}=\frac{\gamma}{m} . \tag{4.50}
\end{equation*}
$$

For narrow lines, $d L / d \omega$ can be very large in magnitude if the detuning is of order $\Gamma_{e}$ and in that case the frictional force is correspondingly large. Because of this, the configuration of oppositely directed laser beams is referred to as optical molasses. The frictional force is strong only for a limited range of velocities because, if the velocity of the atom exceeds the larger of $\Gamma_{e} / q$ and $|\delta| / q$, the linear expansion fails, and the force is reduced.

We now estimate the lowest atomic kinetic energies that one would expect to be attainable with the configuration described above. Absorption of photons by atoms, as well as giving rise to the frictional force, also heats them. An atom at rest is equally likely to absorb photons from either of the beams and, since absorption events are uncorrelated with each other, the momentum of the atom undergoes a random walk. In such a walk, the mean-square change in a quantity is the total number of steps in the walk times the square of the step size. The total number of photons absorbed per unit time is given by

$$
\begin{equation*}
\frac{d N_{\mathrm{ph}}}{d t}=2 C L(\omega), \tag{4.51}
\end{equation*}
$$

since for small velocities the Doppler shifts may be neglected, and therefore the momentum diffusion coefficient, which is the rate of change of the meansquare momentum $\overline{p_{z}^{2}}$ of the atom due to absorption of photons, is given by

$$
\begin{equation*}
\left.\frac{d \overline{p_{z}^{2}}}{d t}\right|_{\mathrm{abs}}=2 C L(\omega)(\hbar q)^{2} . \tag{4.52}
\end{equation*}
$$

The emission of photons as the atom de-excites also contributes to the random walk of the momentum. Just how large this effect is depends on detailed assumptions about the emission pattern. If one makes the somewhat artificial assumption that the problem is purely one-dimensional, and that the photons are always emitted in the direction of the laser beams, the step size of the random walk for the $z$ momentum of the atom is again $\hbar q$, and the total number of photons emitted is equal to the number absorbed. Thus the rate of change of the mean-square momentum is precisely the same as for absorption,

$$
\begin{equation*}
\left.\frac{d \overline{p_{z}^{2}}}{d t}\right|_{\mathrm{em}}=\left.\frac{d \overline{p_{z}^{2}}}{d t}\right|_{\mathrm{abs}} \tag{4.53}
\end{equation*}
$$

The total momentum diffusion coefficient, $D_{p}$, due to both absorption and emission of photons is thus given by

$$
\begin{equation*}
D_{p}=\left.\frac{d \overline{p_{z}^{2}}}{d t}\right|_{\text {heat }}=4 C L(\omega)(\hbar q)^{2} \tag{4.54}
\end{equation*}
$$

The kinetic energy of the atom in a steady state is determined by balancing the heating rate (4.54) with the cooling due to the frictional force which, from (4.48) and (4.50), is given by

$$
\begin{equation*}
\left.\frac{d \overline{p_{z}^{2}}}{d t}\right|_{\text {fric }}=-2 \frac{\overline{p_{z}^{2}}}{\tau_{\text {fric }}} \tag{4.55}
\end{equation*}
$$

One thus arrives at the equation

$$
\begin{equation*}
\overline{p_{z}^{2}}=\frac{1}{2} D_{p} \tau_{\text {fric }} \tag{4.56}
\end{equation*}
$$

which shows that the root-mean-square momentum in a steady state is, roughly speaking, the momentum an atom would acquire during a random walk of duration equal to the braking time $\tau_{\text {fric }}$ of an atom in the ground state. Thus the mean kinetic energy and temperature $T$ associated with the motion of the atom in the $z$ direction are given by

$$
\begin{equation*}
m \overline{v_{z}^{2}}=k T=\hbar L(\omega)\left(\frac{d L(\omega)}{d \omega}\right)^{-1} \tag{4.57}
\end{equation*}
$$

The lowest temperature attainable by this mechanism is obtained by minimizing this expression with respect to $\omega$, and is found from (4.45) to be

$$
\begin{equation*}
k T=\frac{\hbar \Gamma_{e}}{2} \tag{4.58}
\end{equation*}
$$

For other assumptions about the emission of photons from the excited state, the limiting temperature differs from this result by a numerical factor. In terms of the detuning parameter $\delta=\omega-\omega_{e g}$, the minimum temperature is attained for $\delta=-\Gamma_{e} / 2$, corresponding to red detuning. For blue detuning, the atom is accelerated rather than slowed down, as one can see from the general formula for the force.

As an example, let us estimate the lowest temperature that can be achieved by laser cooling of sodium atoms. Since the width $\Gamma_{e}$ corresponds to a temperature of $480 \mu \mathrm{~K}$ according to Table 3.4 , we conclude that the minimum temperature attainable by the Doppler mechanism is $\approx 240 \mu \mathrm{~K}$. In our discussion above we have shown how cooling is achieved for one velocity component. With three pairs of mutually opposed laser beams all three components of the velocity may be cooled.

As we mentioned in the introduction to this chapter, in some experiments atoms are passed through a so-called Zeeman slower to reduce their velocities to values small enough for trapping in a magneto-optical trap to be possible. In the Zeeman slower a beam of atoms is subjected to a single laser beam propagating in the direction opposite that of the atoms. As we have seen earlier in this section, absorption and subsequent re-emission of radiation by atoms transfers momentum from the laser beam to the atoms, thereby slowing the atoms. However, if the frequency of the laser beam is resonant with the atomic frequency when atoms emerge from the oven, the slowing of the atoms and the consequent change of the Doppler shift will cause the transition to become non-resonant. Thus the velocity range over which laser light will be maximally effective in decelerating atoms is limited. In the Zeeman slower the effect of the decreasing atomic velocity on the frequency of the atomic transition is compensated by a Zeeman shift produced by an inhomogeneous magnetic field.

### 4.4 The magneto-optical trap

Radiation pressure may also be used to confine atoms in space. In the magneto-optical trap (MOT) this is done with a combination of laser beams and a spatially varying magnetic field. The basic physical effect is that, because atomic energy levels depend on the magnetic field, the radiation pressure depends on position. By way of illustration, consider an atom with a ground state having zero total angular momentum, and an excited state with angular momentum quantum number $J=1$. For simplicity we neglect the nuclear spin. Consider, for example, the quadrupole magnetic field (4.2). On the $z$ axis, the magnetic field is in the $z$ direction and it is linear in $z$. The magnetic substates of the excited state are specified by the quantum number $m$, in terms of which the projection of the angular momentum of the state along the $z$ axis is $m \hbar$. Circularly polarized laser beams with equal intensity and frequency are imposed in the positive and negative $z$ directions. The polarization of both beams is taken to be clockwise with respect to the direction of propagation, which means that the beam directed to the right $\left(\sigma_{+}\right)$couples the ground state to the $m=+1$ excited substate. On the other hand, the polarization of the beam directed to the left has the opposite sense $\left(\sigma_{-}\right)$with respect to the $z$ axis, and thus induces transitions to the $m=-1$ substate. The situation is shown schematically in Fig. 4.7.

Let us assume that the laser frequency is detuned to the red. At $z=0$ the two laser beams are absorbed equally by the atom, and thus there is no net radiation force on the atom. However, if the atom is displaced to


Fig. 4.7 (a) The magneto-optical trap. (b) The relevant transitions. (c) Influence of a spatially varying magnetic field on the atomic transitions. (After Ref. [16].)
positive values of $z$, the frequency of the transition to the $m=-1$ substate is reduced, and is thus closer to the laser frequency, while the reverse holds for the $m=+1$ substate. This results in an increased absorption rate for $\sigma_{-}$ photons, which are moving to the left, and a decreased rate for $\sigma_{+}$photons, which are moving to the right. Consequently there is a force towards the origin, where the two transitions have the same frequency. Similar arguments apply for negative $z$. Determining the force constant for the trap is the task of Problem 4.5. By applying six laser beams, two counter-propagating beams along each axis, one can make a three-dimensional trap.
The use of MOTs is an almost universal feature of experiments on cold atoms. Not only do they trap atoms, but they also cool them, since the Doppler mechanism described above and the Sisyphus process described below operate in them. The fact that the atomic frequency depends on position, due to the inhomogeneous magnetic field, implies that efficient cooling is possible for atoms with a range of velocities.

In practice, MOTs are more complicated than the simple schematic model described above. One reason for this is that the ground state of an alkali
atom has more than one hyperfine state. As an example let us consider Na , which has $F=2$ and $F=1$ hyperfine levels of the $3 \mathrm{~S}_{1 / 2}$ ground state. The excited $3 \mathrm{P}_{3 / 2}$ state has hyperfine levels with total angular momentum quantum numbers $F^{\prime}=0,1,2$, and 3 . If laser light resonant with the $F=2 \rightarrow F^{\prime}=3$ transition is applied, some atoms will be excited nonresonantly to the $F^{\prime}=2$ state, from which they will decay either to the $F=2$ or $F=1$ levels of the ground state. Since there is no radiation resonant with the $F=1 \rightarrow F^{\prime}=2$ transition, the net effect is to build up the population of atoms in the $F=1$ level compared with that in the $F=2$ level. This process is referred to as optical pumping. If this depletion of atoms in the $F=2$ level is not hindered, the MOT will cease to work effectively because of the small number of atoms in the $F=2$ level, referred to as the bright state, which is the one involved in the transition the MOT is working on. To remove atoms from the $F=1$ level, radiation resonant with the $F=1 \rightarrow F^{\prime}=2$ transition is applied. This is referred to as repumping.

As we shall explain below, for evaporative cooling to be effective it is necessary to achieve a sufficiently high density of atoms. In a standard MOT there are a number of effects which limit the density to values too low for evaporative cooling to be initiated. One of these is that the escaping fluorescent radiation produces a force on atoms which counteracts the trapping force of the MOT. A second is that if the density is sufficiently high, the cloud becomes opaque to the trapping light. Both of these can be mitigated by reducing the amount of repumping light so that only a small fraction of atoms are in the substate relevant for the transition on which the MOT operates. This reduces the effective force constant of the MOT, but the density that can be attained with a given number of atoms increases. In the experiment of Ketterle et al. [18] repumping light was applied preferentially in the outer parts of the cloud, thereby giving rise to strong frictional forces on atoms arriving from outside, while in the interior of the cloud radiation forces were reduced because of the depletion of atoms in the bright state. Such a trap is referred to as a dark-spot MOT, and densities achievable with it are of order 100 times higher than with a conventional MOT. The darkspot MOT made it possible to create clouds with densities high enough for evaporative cooling to be efficient, and it was a crucial element in the early experiments on Bose-Einstein condensation in alkali atom vapours.

### 4.5 Sisyphus cooling

It was encouraging that the temperatures achieved in early experiments on laser cooling appeared to agree with the estimates made for the Doppler
mechanism. However, subsequent studies showed that temperatures below the Doppler value could be realized, and that this happened for large detunings, not for a detuning equal to $\Gamma_{e} / 2$ as the Doppler theory predicts. This was both gratifying, since it is commonly the case that what can be achieved in practice falls short of theoretical prediction, and disquieting, since the measurements demonstrated that the cooling mechanisms were not understood [19]. In addition, experimental results depended on the polarization of the laser beams. This led to the discovery of new mechanisms which can cool atoms to temperatures corresponding to a thermal energy of order the so-called recoil energy,

$$
\begin{equation*}
E_{\mathrm{r}}=\frac{(\hbar q)^{2}}{2 m} \tag{4.59}
\end{equation*}
$$

This is the kinetic energy imparted to an atom at rest when it absorbs a photon of momentum $\hbar q$, and it corresponds to a temperature

$$
\begin{equation*}
T_{\mathrm{r}}=\frac{E_{\mathrm{r}}}{k}=\frac{(\hbar q)^{2}}{2 m k} \tag{4.60}
\end{equation*}
$$

These temperatures lie several orders of magnitude below the lowest temperature achievable by the Doppler mechanism, since the recoil energy is $\hbar^{2} \omega^{2} / 2 m c^{2}$. The atomic transitions have energies on the scale of electron volts, while the rest-mass energy of an atom is $\approx A \mathrm{GeV}$, where $A$ is the mass number of the atom. The recoil energy is therefore roughly $5 \times 10^{-10}(\hbar \omega / 1 \mathrm{eV})^{2} / A \mathrm{eV}$, and the corresponding temperature is $\approx 6 \times 10^{-6}(\hbar \omega / 1 \mathrm{eV})^{2} / A \mathrm{~K}$, which is of order $0.1-1 \mu \mathrm{~K}$.

The new cooling mechanisms rely on two features not taken into account in the Doppler theory. First, alkali atoms are not simple two-level systems, and their ground states have substates which are degenerate in the absence of a magnetic field, as we saw in Chapter 3. Second, the radiation field produced by two opposed laser beams is inhomogeneous. To understand how one of these mechanisms, the so-called Sisyphus process, works, consider two counter-propagating, linearly polarized laser beams of equal intensity. For definiteness, we assume that the beam propagating in the positive $z$ direction is polarized along the $x$ axis, while the one propagating in the negative $z$ direction is polarized in the $y$ direction. The electric field is thus of the form

$$
\begin{equation*}
\mathcal{E}(z, t)=\mathcal{E}(z) e^{-i \omega t}+\mathcal{E}^{*}(z) e^{i \omega t} \tag{4.61}
\end{equation*}
$$

where

$$
\begin{equation*}
\mathcal{E}(z)=\mathcal{E}_{0}\left(\hat{e}_{x} e^{i q z}+\hat{e}_{y} e^{-i q z}\right) \tag{4.62}
\end{equation*}
$$



Fig. 4.8 Dipole transitions between a doublet ground state and a quadruplet excited state. The numbers indicate the square of the Clebsch-Gordan coefficients for the transitions.

In writing this equation we have chosen the origin of the coordinate system to eliminate the arbitrary phase difference between the two counterpropagating beams. Thus the polarization of the radiation field varies with $z$, and the normalized polarization vector is

$$
\begin{equation*}
\hat{\boldsymbol{\epsilon}}=\frac{1}{\sqrt{2}}\left(\hat{e}_{x} e^{i q z}+\hat{e}_{y} e^{-i q z}\right)=\frac{1}{\sqrt{2}} e^{i q z}\left(\hat{e}_{x}+\hat{e}_{y} e^{-2 i q z}\right) . \tag{4.63}
\end{equation*}
$$

Apart from an overall phase factor, this varies regularly in the $z$ direction with a period $\pi / q$, which is one-half of the optical wavelength, $\lambda=2 \pi / q$. At $z=0$ the electric field is linearly polarized at $45^{\circ}$ to the $x$ axis, and at $z=\lambda / 4$ it is again linearly polarized, but at an angle $-45^{\circ}$ to the $x$ axis. At $z=\lambda / 8$ the electric field is circularly polarized with negative sense ( $\sigma_{-}$) about the $z$ axis, while at $z=3 \lambda / 8$ it is circularly polarized with positive sense $\left(\sigma_{+}\right)$. At an arbitrary point the intensities of the positively and negatively circularly polarized components of the radiation field vary as $(1 \mp \sin 2 q z) / 2$, as may be seen by expressing (4.62) in terms of the polarization vectors $\left(\hat{e}_{x} \pm i \hat{e}_{y}\right) / \sqrt{2}$.

## The periodic potential

As a simple example that illustrates the physical principles, consider now the energy of an atom with a doublet $\left(J_{g}=1 / 2\right)$ ground state coupled to a quadruplet ( $J_{e}=3 / 2$ ) excited state, as shown schematically in Fig. 4.8. This would correspond to the transition from a ${ }^{2} \mathrm{~S}_{1 / 2}$ to a ${ }^{2} \mathrm{P}_{3 / 2}$ state for


Fig. 4.9 Energy of substates of an atom as a function of position for a red-detuned radiation field $(\delta<0)$. The zero of the energy scale is taken to be the energy of the atom in the absence of radiation.
an alkali atom if the nuclear spin were neglected. Due to interaction with the laser field, the energies of the substates are shifted. For each sublevel of the ground state there are two contributions to the energy shift, one for each of the two circularly polarized components of the radiation field. The contribution of a particular transition to the energy shift is proportional to the product of the intensity of the appropriate component of the radiation field times the square of the corresponding Clebsch-Gordan coefficient. The latter factors are indicated in the diagram. Since the intensities of the two circularly polarized components of the radiation field vary in space, the energy shifts induced by the radiation field do so too. Thus at $z=0$ the shifts of the two lower substates are the same, while at $z=\lambda / 8$, where the radiation is completely circularly polarized in the negative sense, the $g_{+}$state couples only to the upper substate with magnetic quantum number $-1 / 2$ (with the square of the Clebsch-Gordan coefficient equal to $1 / 3$ ), while the $g_{-}$state couples only to the upper substate with magnetic quantum number $-3 / 2$ (with the square of the Clebsch-Gordan coefficient equal to 1 ). The shift of the $g_{-}$substate is thus three times as large as that of the $g_{+}$substate. At a general point in space the energy shift of an atom is

$$
\begin{equation*}
V^{ \pm}=V_{0}(-2 \pm \sin 2 q z), \tag{4.64}
\end{equation*}
$$

as sketched in Fig. 4.9. The magnitude of $V_{0}$ is found by adding the con-
tributions from the two transitions illustrated in Fig. 4.8: the energy shifts $V^{ \pm}$of the two states $g_{ \pm}$are proportional to

$$
\begin{equation*}
\Omega_{\mathrm{R}}^{2}(1 \mp \sin 2 q z)+\frac{1}{3} \Omega_{\mathrm{R}}^{2}(1 \pm \sin 2 q z)=\frac{2}{3} \Omega_{\mathrm{R}}^{2}(2 \mp \sin 2 q z) \tag{4.65}
\end{equation*}
$$

where $\Omega_{\mathrm{R}}$ is the Rabi frequency of the transition from the $g_{+}$sublevel to the $m=3 / 2$ excited level at $z=0$. Combining this with Eq. (4.34) one sees that the prefactor in (4.64) is given by

$$
\begin{equation*}
V_{0}=-\frac{2}{3} \frac{\hbar \Omega_{\mathrm{R}}^{2} \delta}{\delta^{2}+\Gamma_{e}^{2} / 4} \tag{4.66}
\end{equation*}
$$

which is positive for red detuning. The periodic potential acting on an atom subjected to counter-propagating laser beams is referred to as an optical lattice, and the properties of atoms in such a potential are the topic of Chapter 14.

## Transitions between substates

A second key ingredient in understanding cooling in this configuration is that the rate at which atoms are optically pumped between the two lower substates depends on position. Consider a point where the radiation is circularly polarized in the positive sense. Under the influence of the radiation field, an atom in the $g_{+}$substate will make transitions to the upper substate with $m=3 / 2$, from which it will decay to the $g_{+}$state again, since there are no other possibilities for dipole transitions. By contrast, an atom in the $g_{-}$substate will be excited to the $m=1 / 2$ upper substate, from which it can decay by dipole radiation either to the $g_{-}$substate, with probability $1 / 3$, or to the $g_{+}$substate, with probability $2 / 3$. The net effect is thus to pump atoms from the $g_{-}$substate, which at this point has the higher energy of the two substates, into the $g_{+}$one. Where the radiation field is linearly polarized there is no net pumping, while where it is circularly polarized with negative sense, atoms are pumped into the $g_{-}$substate. At any point, the rate $\Gamma_{+-}$of pumping an atom from the $g_{-}$substate to the $g_{+}$substate is proportional to the intensity of the circularly polarized component of the radiation with positive sense, that is

$$
\begin{equation*}
\Gamma_{+-} \propto(1-\sin 2 q z) / 2 \tag{4.67}
\end{equation*}
$$

and the rate $\Gamma_{-+}$of pumping from the $g_{+}$substate to the $g_{-}$substate is

$$
\begin{equation*}
\Gamma_{-+} \propto(1+\sin 2 q z) / 2 \tag{4.68}
\end{equation*}
$$

For red detuning, pumping thus tends to move atoms from the substate with higher energy to that with lower energy, while, for blue detuning, pumping rates and energy shifts are anticorrelated and atoms tend to accumulate in the higher-energy substate. We assume that the radiation field is sufficiently weak that spontaneous emission processes from the excited state to the ground state are more rapid than the corresponding induced process, and consequently the characteristic time $\tau_{\mathrm{p}}$ for pumping is of order the time for the radiation field to excite an atom, which we estimated earlier (see (4.36) and (4.37)):

$$
\begin{equation*}
\frac{1}{\tau_{\mathrm{p}}} \sim \frac{\Omega_{\mathrm{R}}^{2} \Gamma_{e}}{\delta^{2}+\Gamma_{e}^{2} / 4} \tag{4.69}
\end{equation*}
$$

The cooling mechanism may be understood by considering atoms with a thermal spread of velocities. Where the radiation is linearly polarized, there is no net tendency to pump atoms between the two substates. However, if an atom is moving in a direction such that its potential energy due to the optical lattice increases, the rate at which it is pumped to the other substate also increases. Thus there is a tendency for atoms in the substate with the higher energy to be pumped into the substate with lower energy. Consider an atom moving away from a point where the energies of the two substates are equal. If it is moving into a region where its radiation-induced energy shift is greater, it will, by virtue of conservation of the total energy of the atom, tend to lose kinetic energy. In addition, there will be an increasing tendency for the atom to be pumped into the other substate. Conversely, if an atom is moving into a region where its energy shift is smaller, it tends to gain kinetic energy, but the rate of optical pumping to the higher-energy substate is reduced. Because of the correlation between pumping rates and energy shifts, there is a net tendency for an atom to lose kinetic energy irrespective of its direction of motion. Since optical pumping tends to repopulate the lower-energy substate at any point in space, the process of losing kinetic energy followed by optical pumping will be repeated, thereby leading to continual cooling of the atoms. This mechanism is referred to as Sisyphus cooling, since it reminded Dalibard and Cohen-Tannoudji of the Greek myth in which Sisyphus was condemned to eternal punishment in Tartarus, where he vainly laboured to push a heavy rock up a steep hill.

## The friction coefficient

To estimate temperatures that can be achieved by this process we adopt an approach analogous to that used in the discussion of Doppler cooling, and
calculate a friction coefficient, which describes energy loss, and a momentum diffusion coefficient, which takes into account heating [20]. If in the characteristic pumping time an atom moved from a point where the radiation field is linearly polarized to one where it is circularly polarized, the rate of energy loss would be $d E / d t \sim-V_{0} / \tau_{\mathrm{p}}$. However, for an atom moving with velocity $v$, the distance moved in a time $\tau_{\mathrm{p}}$ is $v \tau_{\mathrm{p}}$, and we shall consider the situation when this is small compared with the scale of modulations of the radiation field, the optical wavelength $\lambda=2 \pi / q$. For an atom starting at $z=0$, the net pumping rate is reduced by a factor $\sim v \tau_{\mathrm{p}} / \lambda$, while the extra energy lost due to the motion of the atom from its original position is $\sim V_{0} v \tau_{\mathrm{p}} / \lambda$. The total energy loss rate is thus reduced by a factor $\sim\left(v \tau_{\mathrm{p}} / \lambda\right)^{2}$ compared with the naive estimate. The energy loss rate averaged over possible starting points is reduced by a similar factor. Such factors are familiar from the kinetic theory of gases, where rates of dissipation processes in the hydrodynamic regime are given by the typical collision rate reduced by a factor proportional to the square of the mean free path of an atom divided by the length scale over which the density, temperature, or velocity of the gas vary. Thus the effective energy loss rate is

$$
\begin{equation*}
\frac{d E}{d t} \sim-\frac{V_{0} v^{2} \tau_{\mathrm{p}}}{\lambda^{2}}=-\frac{E}{\tau_{\text {cool }}}, \tag{4.70}
\end{equation*}
$$

where

$$
\begin{equation*}
\frac{1}{\tau_{\text {cool }}} \sim \frac{V_{0} \tau_{\mathrm{p}}}{\lambda^{2} m} \tag{4.71}
\end{equation*}
$$

is a characteristic cooling time. As we shall show below, this result may also be obtained from kinetic theory. Substituting the expressions (4.66) and (4.69) into this equation one finds

$$
\begin{equation*}
\frac{1}{\tau_{\mathrm{cool}}} \sim-\frac{\delta}{\Gamma_{e}} \frac{E_{\mathrm{r}}}{\hbar} \tag{4.72}
\end{equation*}
$$

where the recoil energy is defined in (4.59). A noteworthy feature of the cooling rate is that it does not depend on the strength of the radiation field: the energy shift is proportional to the intensity, while the pumping time is inversely proportional to it. This should be contrasted with the Doppler process, for which the cooling rate is proportional to the intensity.

## Kinetic theory approach

It is instructive to calculate the cooling rate in a more formal manner. In Sec. 2.3.1 we discussed how one could describe equilibrium properties of
a gas by use of the semi-classical distribution function. This approach is valid provided the spatial resolution and momentum resolution required are consistent with the Heisenberg uncertainty principle. We now extend this approach to investigate dynamical phenomena. The semi-classical distribution function $f_{\mathbf{p}}(\mathbf{r})$ gives the mean number of particles per quantum state for atoms in a given internal state. Since the number of quantum states in the phase space element $d \mathbf{p} d \mathbf{r}$ is $d \mathbf{p} d \mathbf{r} /(2 \pi \hbar)^{3},{ }^{2}$ the mean number of atoms in the phase space element $d \mathbf{p} d \mathbf{r}$ is $f_{\mathbf{p}}(\mathbf{r}, t) d \mathbf{p} d \mathbf{r} /(2 \pi \hbar)^{3}$.

The rate at which the distribution function $f$ changes in time has two types of contribution. The first is due to the free motion of the atoms, which is reflected in the change of the position and momentum of an atom with time. If there were no other physical effects, the equation for the time development of $f$ would have the form of a continuity equation in the phase space of a single atom, since the total number of atoms is conserved. The phase space is six-dimensional and defined by the variables $\zeta_{\mu}=(\mathbf{r}, \mathbf{p})$, where $\mu=1, \ldots, 6$. The generalized 'velocity' is given by the time derivatives $\dot{\zeta}_{\mu}=(\dot{\mathbf{r}}, \dot{\mathbf{p}})$ and, consequently, the 'flux' in the $\zeta_{\mu}$ direction is $f \dot{\zeta_{\mu}}$. The rate of change in the number of particles in a particular region of phase space is equal to the net flux of particles inwards across the boundary of this region, or

$$
\begin{equation*}
\frac{\partial f}{\partial t}+\sum_{\mu=1, . ., 6} \frac{\partial}{\partial \zeta_{\mu}}\left(\dot{\zeta_{\mu}} f\right)=\frac{\partial f}{\partial t}+\dot{\mathbf{r}} \cdot \nabla f+\dot{\mathbf{p}} \cdot \nabla_{\mathbf{p}} f+f \sum_{\mu=1, . ., 6} \frac{\partial \dot{\zeta}_{\mu}}{\partial \zeta_{\mu}}=0 \tag{4.73}
\end{equation*}
$$

When $\mathbf{r}$ and $\mathbf{p}$ satisfy the Hamilton equations

$$
\begin{equation*}
\dot{\mathbf{r}}=\frac{\partial H}{\partial \mathbf{p}}, \quad \dot{\mathbf{p}}=-\frac{\partial H}{\partial \mathbf{r}}, \tag{4.74}
\end{equation*}
$$

where $H=H(\mathbf{r}, \mathbf{p})$ is the Hamiltonian for a single particle, it follows that

$$
\begin{equation*}
\frac{\partial \dot{r}_{i}}{\partial r_{j}}+\frac{\partial \dot{p}_{j}}{\partial p_{i}}=0, \quad \text { and therefore } \quad \sum_{\mu=1, . ., 6} \frac{\partial \dot{\zeta}_{\mu}}{\partial \zeta_{\mu}}=0 \tag{4.75}
\end{equation*}
$$

and Eq. (4.73) assumes the form

$$
\begin{equation*}
\frac{\partial f}{\partial t}+\dot{\mathbf{r}} \cdot \nabla f+\dot{\mathbf{p}} \cdot \nabla_{\mathbf{p}} f=0 \tag{4.76}
\end{equation*}
$$

Since the time derivative following the motion of a particle is given by $d f / d t=\partial f / \partial t+\dot{\mathbf{r}} \cdot \nabla f+\dot{\mathbf{p}} \cdot \nabla_{\mathbf{p}} f$, Eq. (4.76) expresses the fact that the distribution function remains constant for a point following the trajectory of a particle in phase space.

[^5]In general, there will be additional contributions to $\partial f / \partial t$ due to the fact that atoms do not stream freely and that the internal state of an atom may change. These effects may be described by a source term $(\partial f / \partial t)_{\text {source }}$ in the transport equation, and the resulting equation for $f$ is

$$
\begin{equation*}
\frac{\partial f}{\partial t}+\dot{\mathbf{r}} \cdot \frac{\partial f}{\partial \mathbf{r}}+\dot{\mathbf{p}} \cdot \frac{\partial f}{\partial \mathbf{p}}=\left(\frac{\partial f}{\partial t}\right)_{\text {source }} \tag{4.77}
\end{equation*}
$$

which is the Boltzmann transport equation. In the present context, the source term is due to the pumping of atoms between substates by the radiation field. Later on, in Chapter 11, we shall introduce a source term that describes the effects of elastic collisions between atoms.

In order to keep track of the occupation of two separate substates we introduce the notation $f_{\mathbf{p}}^{ \pm}$, which denote the distribution functions for atoms in the substates + and - as a function of the momentum $\mathbf{p}=m \mathbf{v}$ of an atom. The evolution of the distribution function is thus governed by the Boltzmann equation:

$$
\begin{equation*}
\frac{\partial f_{\mathbf{p}}^{ \pm}}{\partial t}+\frac{\partial \epsilon_{\mathbf{p}}^{ \pm}}{\partial \mathbf{p}} \cdot \frac{\partial f_{\mathbf{p}}^{ \pm}}{\partial \mathbf{r}}-\frac{\partial \epsilon_{\mathbf{p}}^{ \pm}}{\partial \mathbf{r}} \cdot \frac{\partial f_{\mathbf{p}}^{ \pm}}{\partial \mathbf{p}}=\left.\frac{\partial f_{\mathbf{p}}^{ \pm}}{\partial t}\right|_{\mathrm{pump}} \tag{4.78}
\end{equation*}
$$

where the Hamiltonian for the particle, its energy, is given by $\epsilon_{\mathbf{p}}^{ \pm}=p^{2} / 2 m+$ $V^{ \pm}$, the potential being that due to the radiation field. The right-hand side of this equation takes into account pumping of atoms between substates by the radiation field. The rate at which atoms are pumped from the + state to the - state is proportional to the number of atoms in the + state and may be written as $\Gamma_{-+} f_{\mathbf{p}}^{+}$, where the rate coefficient $\Gamma_{-+}$depends on the velocity of the atom. Similarly the rate for the inverse process may be written as $\Gamma_{+-} f_{\mathbf{p}}^{-}$, and the net rates at which the numbers of atoms increase in the two states are thus given by

$$
\begin{equation*}
\left.\frac{\partial f_{\mathbf{p}}^{+}}{\partial t}\right|_{\text {pump }}=-\left.\frac{\partial f_{\mathbf{p}}^{-}}{\partial t}\right|_{\text {pump }}=-\Gamma_{-+} f_{\mathbf{p}}^{+}+\Gamma_{+-} f_{\mathbf{p}}^{-} \tag{4.79}
\end{equation*}
$$

The first equality in (4.79) follows from the fact that an atom lost from one substate is pumped to the other one.

Let us first assume that the intensity of the radiation is independent of space. In a steady state the Boltzmann equation reduces to $\partial f_{\mathbf{p}}^{ \pm} /\left.\partial t\right|_{\mathrm{pump}}=$ 0 , and therefore

$$
\begin{equation*}
\frac{\bar{f}_{\mathbf{p}}^{+}}{\bar{f}_{\mathbf{p}}^{-}}=\frac{\Gamma_{+-}}{\Gamma_{-+}} \tag{4.80}
\end{equation*}
$$

or

$$
\begin{equation*}
\frac{\bar{f}_{\mathbf{p}}^{+}-\bar{f}_{\mathbf{p}}^{-}}{\bar{f}_{\mathbf{p}}^{+}+\bar{f}_{\mathbf{p}}^{-}}=\frac{\Gamma_{+-}-\Gamma_{-+}}{\Gamma_{+-}+\Gamma_{-+}} \tag{4.81}
\end{equation*}
$$

where the bar denotes the steady-state value. In this situation the average energy of the atoms remains constant, because the net pumping rate vanishes. From Eq. (4.79) one sees that deviations of the distribution functions from their steady-state values relax exponentially on a characteristic pumping timescale $\tau_{\mathrm{p}}$ given by

$$
\begin{equation*}
\frac{1}{\tau_{\mathrm{p}}}=\Gamma_{+-}+\Gamma_{-+} \tag{4.82}
\end{equation*}
$$

However, when the radiation field is inhomogeneous, the distribution function will change due to atoms moving between points where the radiation field is different. Provided the radiation field varies little over the distance that an atom moves in a pumping time, the distribution function will remain close to that for a steady state locally, which we denote by $\bar{f}_{\mathbf{p}}^{ \pm}$. This is given by Eq. (4.80) evaluated for the spatial dependence of the pumping rates given by Eqs. (4.67) and (4.68), that is

$$
\begin{equation*}
\left.\frac{\bar{f}_{\mathbf{p}}^{+}-\bar{f}_{\mathbf{p}}^{-}}{\bar{f}_{\mathbf{p}}^{+}+\bar{f}_{\mathbf{p}}^{-}}=-\sin 2 q z, \quad \text { (local steady state }\right) \tag{4.83}
\end{equation*}
$$

For $z=\lambda / 8$, atoms are pumped completely into the $g_{-}$state, while for $z=-\lambda / 8$, they are pumped into the $g_{+}$state.

We return now to the Boltzmann equation (4.78). The last term on the left-hand side of the equation, which is due to the influence of the 'washboard' potential (4.64) on the atoms, is of order $V^{ \pm} / k T$ times the second term, which comes from the spatial gradient of the local equilibrium distribution function. As we shall show, the lowest temperatures attainable are such that $k T \gtrsim\left|V^{ \pm}\right|$, and therefore we shall neglect this term. The Boltzmann equations for the two distribution functions are thus

$$
\begin{equation*}
\mathbf{v} \cdot \nabla f_{\mathbf{p}}^{ \pm}=\left.\frac{\partial f_{\mathbf{p}}^{ \pm}}{\partial t}\right|_{\text {pump }} \tag{4.84}
\end{equation*}
$$

On adding the equations for the two states one finds $\boldsymbol{\nabla}\left(f^{+}+f^{-}\right)=0$, or $f^{+}+$ $f^{-}$is independent of space, just as in the absence of the external potential and we shall denote it by $2 f^{0}$. Its momentum dependence is arbitrary in this approximation but in practice the form of the momentum dependence is determined by processes such as collisions between atoms, which are not
included in this calculation. We now consider the equation for the difference of the populations of the two states, which is

$$
\begin{equation*}
\mathbf{v} \cdot \boldsymbol{\nabla}\left(f_{\mathbf{p}}^{+}-f_{\mathbf{p}}^{-}\right)=\left.2 \frac{\partial f_{\mathbf{p}}^{+}}{\partial t}\right|_{\text {pump }} \tag{4.85}
\end{equation*}
$$

In a local steady-state, the distribution function has the form

$$
\begin{equation*}
\bar{f}^{+}=\frac{2 \Gamma_{+-} f^{0}}{\Gamma_{+-}+\Gamma_{-+}} \quad \text { and } \quad \bar{f}^{-}=\frac{2 \Gamma_{-+} f^{0}}{\Gamma_{+-}+\Gamma_{-+}} . \tag{4.86}
\end{equation*}
$$

We next write the distribution functions as a local steady-state contribution plus an additional term $f^{ \pm}=\bar{f}^{ \pm} \pm \delta f$. It then follows from Eq. (4.85) that

$$
\begin{equation*}
\mathbf{v} \cdot \boldsymbol{\nabla}\left(f_{\mathbf{p}}^{+}-f_{\mathbf{p}}^{-}\right)=-\left.\frac{2 \delta f}{\tau_{\mathrm{p}}}\right|_{\mathrm{pump}}, \tag{4.87}
\end{equation*}
$$

since the collision term vanishes for the local steady-state distribution. To calculate the deviation of the distribution function from the local steadystate result we make use of the fact that under experimental conditions the pumping time $\tau_{\mathrm{p}}$ is short compared with the time it takes an atom to move a distance $\lambda$, over which the population of atoms varies significantly. We may then approximate the distribution functions on the left-hand side of the Boltzmann equation (4.87) by the local steady-state solution (4.86), $\bar{f}_{\mathbf{p}}^{+}-\bar{f}_{\mathbf{p}}^{-}=-2 f^{0} \sin 2 q z$. This is similar to the Chapman-Enskog procedure of replacing distribution functions on the left-hand side of the Boltzmann equation by local equilibrium values in calculations of transport coefficients in gases. Solving the equation, one then finds

$$
\begin{equation*}
\delta f=-\left(\tau_{\mathrm{p}} / 2\right) \mathbf{v} \cdot \boldsymbol{\nabla}\left(\bar{f}_{\mathbf{p}}^{+}-\bar{f}_{\mathbf{p}}^{-}\right)=2 q v_{z} \tau_{\mathrm{p}} f^{0} \cos 2 q z . \tag{4.88}
\end{equation*}
$$

We now evaluate the average force on atoms with momenta lying within a volume element $d \mathbf{p}$ in momentum space. For an atom in a particular sublevel the force is $-\nabla V^{ \pm}$, and therefore the total force per unit volume on atoms in the element $d \mathbf{p}$ is

$$
\begin{equation*}
-\nabla V^{+} f_{\mathbf{p}}^{+} d \tau-\nabla V^{-} f_{\mathbf{p}}^{-} d \tau=-2 q V_{0}\left(f_{\mathbf{p}}^{+}-f_{\mathbf{p}}^{-}\right) \hat{z} \cos (2 q z) d \tau \tag{4.89}
\end{equation*}
$$

where $d \tau \equiv d p_{x} d p_{y} d p_{z} /(2 \pi \hbar)^{3}$. Since the local steady-state result for the distribution function (4.83) varies as $\sin 2 q z$, the spatial average of the force vanishes for this distribution, ${ }^{3}$ and the leading contributions to the force

[^6]come from the deviations from the local steady state, Eq. (4.88). The number of atoms in the momentum space volume element $d \mathbf{p}$ is $2 f^{0} d \tau$, and thus one finds that the spatial average of the force per atom is
\[

$$
\begin{equation*}
\left.F_{z}\right|_{\mathrm{av}}=-2 q^{2} V_{0} v_{z} \tau_{\mathrm{p}}=-4 \pi q V_{0} \frac{v_{z} \tau_{\mathrm{p}}}{\lambda} . \tag{4.90}
\end{equation*}
$$

\]

The latter expression indicates that this is of order the force due to atomic energy shifts, $\sim q V_{0}$, reduced by a factor of the mean free path for pumping, $v_{z} \tau_{\mathrm{p}}$, divided by the wavelength of light, which gives the spatial scale of variations in the distribution function.

One may define a characteristic cooling rate $1 / \tau_{\text {cool }}$ as the loss of kinetic energy per unit volume divided by the kinetic energy per unit volume associated with motion in the direction of the wave vector of the lattice. The rate of loss of kinetic energy per unit volume, averaged over space, is given in terms of the force by $\left.\int d \tau 2 f^{0} F_{z}\right|_{\text {av }} v_{z}$ and the characteristic cooling rate for energy associated with motion in the $z$ direction is thus

$$
\begin{equation*}
\frac{1}{\tau_{\text {cool }}} \equiv-\frac{\left.\int d \tau f^{0} F_{z}\right|_{\text {av }} v_{z}}{\int d \tau f^{0} m v_{z}^{2} / 2}=\frac{4 q^{2} V_{0}}{m} \frac{\int d \mathbf{p} f^{0} v_{z}^{2} \tau_{\mathrm{p}}}{\int d \mathbf{p} f^{0} v_{z}^{2}} \tag{4.91}
\end{equation*}
$$

This result indicates that the cooling rate is proportional to an energyweighted average of the pumping time over the atomic distribution function, and its form is in agreement with our earlier estimate (4.71). The remarkable effectiveness of Sisyphus cooling is a consequence of the complete reversal of sublevel populations on a short length scale, the optical wavelength.

## Temperature of atoms

There are a number of effects contributing to the energy diffusion coefficient, among them fluctuations in the number of photons absorbed from the two beams, and the different directions of the emitted photons which we considered in the discussion of Doppler cooling. In Sisyphus cooling there is an additional effect due to the fact that the periodic potential accelerates atoms, and this is the dominant contribution. The force on an atom is of order $2 q V_{0}=4 \pi V_{0} / \lambda$, and therefore the momentum imparted to an atom in the characteristic pumping time, which plays the role of a mean free time in this process, is $\sim 4 \pi V_{0} \tau_{\mathrm{p}} / \lambda$. Diffusion coefficients are of order the square of the step size divided by the time for a step, and therefore the momentum diffusion coefficient is of order

$$
\begin{equation*}
D \sim\left(\frac{4 \pi V_{0} \tau_{\mathrm{p}}}{\lambda}\right)^{2} \frac{1}{\tau_{\mathrm{p}}}=\frac{(4 \pi)^{2} V_{0}^{2} \tau_{\mathrm{p}}}{\lambda^{2}} \tag{4.92}
\end{equation*}
$$

The mean-square momentum in a steady state is of order that produced by the diffusion process in a characteristic cooling time, where $\tau_{\text {cool }}$ is given by (4.91), that is $\overline{p_{z}^{2}} \sim D \tau_{\text {cool }}$. Thus the characteristic energy of an atom in a steady state is of order

$$
\begin{equation*}
E \sim D \tau_{\text {cool }} / m \sim V_{0} \tag{4.93}
\end{equation*}
$$

This remarkably simple result would appear to indicate that by reducing the laser power atoms could be cooled to arbitrarily low temperatures. However, there are limits to the validity of the classical description of the atomic motion. We have spoken as though atoms have a definite position and velocity, but according to the Heisenberg uncertainty principle the momentum of an atom confined to within a distance $l$ has an uncertainty of magnitude $\sim \hbar / l$, and thus a kinetic energy of at least $\sim \hbar^{2} / 2 m l^{2}$. The energy of an atom confined to within one minimum of the effective potential is of order $\hbar^{2} / 2 m \lambda^{2} \sim E_{\mathrm{r}}$. If this exceeds the depth of modulation of the washboard potential produced by the radiation, a classical treatment fails. A quantum-mechanical calculation shows that for $V_{0} \lesssim E_{\mathrm{r}}$ the energy of the atoms rises with decreasing radiation intensity, and thus the minimum kinetic energy per particle that can be achieved is of order $E_{\mathrm{r}}$. Detailed one-dimensional calculations confirm the order-of-magnitude estimates and scaling laws given by our simplified treatment. For example, in the limit of large detuning, $|\delta| \gg \Gamma_{e}$, the minimum kinetic energy achievable is of order $30 E_{\mathrm{r}}$ [21]. The existence of substantial numerical factors should come as no surprise, since in our simple approach we were very cavalier and neglected all numerical factors. The single most important source of the large numerical factor is the proper quantum-mechanical treatment of the motion of atoms in the periodic potential, which shows that the lowest temperatures are attained for $V_{0} \approx 50 E_{\mathrm{r}}$. The theory has been extended to higher dimensions, and for three-dimensional optical lattices Castin and Mølmer find a minimum kinetic energy of about $40 E_{\mathrm{r}}$ [22].

To conclude this section, we remark that methods have been developed to cool atoms to kinetic energies less than the recoil energy. This is done by collecting atoms in states weakly coupled to the laser radiation and having a small spread in velocity [21].

### 4.6 Evaporative cooling

The temperatures reached by laser cooling are impressively low, but they are not low enough to produce Bose-Einstein condensation in gases at the densities that are realizable experimentally. In the experiments performed to


Fig. 4.10 Evaporative cooling. The curve on the left shows the equilibrium Maxwell-Boltzmann distribution proportional to $\exp (-\epsilon / k T)$. The energy $\epsilon_{\mathrm{ev}}$ is the threshold value for evaporation, see Eq. (4.106).
date, Bose-Einstein condensation of atomic gases is achieved by evaporative cooling as the final stage. The basic physical effect in evaporative cooling is that, if particles escaping from a system have an energy higher than the average energy of particles in the system, the remaining particles are cooled. Widespread use of this effect has been made in low-temperature physics, where evaporation of liquified gases is one of the commonly used techniques for cooling. In the context of rarefied gases in traps it was first proposed by Hess [23]. For a more extensive account of evaporative cooling we refer to the review [24]. Imagine atoms with a thermal distribution of energies in a trap, as illustrated schematically in Fig. 4.10. If one makes a 'hole' in the trap high up on the sides of the trap, only atoms with an energy at least equal to the energy of the trap at the hole will be able to escape. In practice one can make such a hole by applying radio-frequency (rf) radiation that flips the spin state of an atom from a low-field seeking one to a high-field seeking one, thereby expelling the atom from the trap. Since the resonant frequency depends on position as a consequence of the Zeeman effect and the inhomogeneity of the field, as described in Chapter 3, the position of the 'hole' in the trap may be selected by tuning the frequency of the rf radiation. As atoms are lost from the trap and cooling proceeds, the frequency is steadily adjusted to allow loss of atoms with lower and lower energy.

To illustrate the effect, consider an atomic gas in a trap. We denote the
average energy of an atom by $\bar{\epsilon}$, which contains the kinetic energy as well as the contribution from the trapping potential. If the average energy of an evaporated particle is $(1+\beta) \bar{\epsilon}$, the change in the average particle energy may be obtained from the condition that the total energy of all particles be constant. If the change in the number of particles is denoted by $d N$, the energy removed by the evaporated particles is $(1+\beta) \bar{\epsilon} d N$. For particle loss, $d N$ is negative. By energy conservation, the total energy of the atoms remaining in the trap is $E+(1+\beta) \bar{\epsilon} d N$ and their number is $N+d N$. Thus the average energy per atom in the trap after the evaporation is

$$
\begin{equation*}
\bar{\epsilon}+d \bar{\epsilon}=\frac{E+(1+\beta) \bar{\epsilon} d N}{N+d N}, \tag{4.94}
\end{equation*}
$$

or

$$
\begin{equation*}
\frac{d \ln \bar{\epsilon}}{d \ln N}=\beta \tag{4.95}
\end{equation*}
$$

Thus, if $\beta$ is independent of $N$,

$$
\begin{equation*}
\frac{\bar{\epsilon}}{\bar{\epsilon}(0)}=\left(\frac{N}{N(0)}\right)^{\beta} \tag{4.96}
\end{equation*}
$$

where $\bar{\epsilon}(0)$ and $N(0)$ are initial values. In this simple picture, the average energy per particle of the gas in the trap decreases as a power of the particle number.

The relationship between the average energy and the temperature depends on the trapping potential. To obtain simple results, we consider potentials which are homogeneous functions of the coordinates with degree $\nu$,

$$
\begin{equation*}
V(\mathbf{r})=K(\hat{\mathbf{r}}) r^{\nu} \tag{4.97}
\end{equation*}
$$

where $K(\hat{\mathbf{r}})$ is a coefficient which may depend on direction. A further variable is the effective dimensionality $d$ of the trap, which specifies the number of dimensions for which the trapping potential is operative. For example, a potential $V=m \omega_{\perp}^{2}\left(x^{2}+y^{2}\right) / 2$, with no restoring force in the $z$ direction, has $d=2$. The discussion of magnetic traps given in Sec. 4.1 shows that the assumption of homogeneity is reasonable for many traps used in practice. For an ideal gas one can show that (Problem 4.7)

$$
\begin{equation*}
2 \bar{\epsilon}_{\text {kin }}=\frac{3}{d} \nu \bar{V}, \tag{4.98}
\end{equation*}
$$

where $\epsilon_{\text {kin }}$ is the kinetic energy of a particle, and $V$ is the trapping potential. The bar denotes a thermal average. Throughout most of the evaporation process, the effects of quantum degeneracy are modest, so we may treat the
gas as classical. Thus

$$
\begin{equation*}
\bar{\epsilon}_{\mathrm{kin}}=\frac{3}{2} k T \tag{4.99}
\end{equation*}
$$

and

$$
\begin{equation*}
\bar{\epsilon}=\left(\frac{3}{2}+\frac{d}{\nu}\right) k T \tag{4.100}
\end{equation*}
$$

This shows that the temperature of the gas depends on the particle number in the same way as the average energy, and it therefore follows from Eq. (4.95) that

$$
\begin{equation*}
\frac{d \ln T}{d \ln N}=\beta \tag{4.101}
\end{equation*}
$$

This result shows that the higher the energy of the evaporating particles, the more rapidly the temperature falls for loss of a given number of particles. However, the rate of evaporation depends on the energy threshold and on the rate of elastic collisions between atoms in the gas, since collisions are responsible for scattering atoms into states at energies high enough for evaporation to occur. Thus the higher the threshold, the lower the evaporation rate. The threshold may not be chosen to be arbitrarily high because there are other processes by which particles are lost from the trap without cooling the remaining atoms. These limit the time available for evaporation, and therefore the threshold energy must be chosen as a compromise between the conflicting requirements of obtaining the greatest cooling per particle evaporated, and at the same time not losing the sample by processes other than evaporation.

One of these other processes is collisions with foreign gas atoms. A second is inelastic collisions, in which two atoms collide and are scattered to other hyperfine states. As we shall explain in greater detail in Sec. 5.4.1, some processes can proceed via the central part of the two-body interaction, and the losses due to them are generally so high that one must work with hyperfine states such as the doubly polarized state and, for atoms with a positive nuclear magnetic moment, the maximally stretched state $\left(F=I-1 / 2, m_{F}=-F\right)$ which cannot decay by this route. However, even these states can scatter inelastically via the magnetic dipole-dipole interaction between electron spins. Experiments with Bose-Einstein condensation in atomic hydrogen in magnetic traps are performed on states of $\mathrm{H} \uparrow$, and dipolar losses are a dominant mechanism for loss of atoms and heating, as we shall describe in the following section. In experiments on alkali atoms dipolar losses are generally less important, and then formation of diatomic molecules can be a significant loss mechanism. Two atoms cannot com-
bine directly because it is impossible to get rid of the binding energy of the molecule. The most effective way of satisfying the conservation laws for energy and momentum under typical experimental conditions is for a third atom to participate in the reaction.

## A simple model

To estimate the cooling that may be achieved by evaporation, we consider a simple model [25]. We assume that the rate at which particles are removed from the trap by evaporation is given by

$$
\begin{equation*}
\left.\frac{d N}{d t}\right|_{\mathrm{ev}}=-\frac{N}{\tau_{\mathrm{ev}}} \tag{4.102}
\end{equation*}
$$

and that the rate of particle loss due to other processes is

$$
\begin{equation*}
\left.\frac{d N}{d t}\right|_{\mathrm{loss}}=-\frac{N}{\tau_{\mathrm{loss}}} \tag{4.103}
\end{equation*}
$$

where $\tau_{\text {ev }}$ and $\tau_{\text {loss }}$ are decay times for the two types of mechanisms. Depending upon which process is dominant, the loss rate $1 / \tau_{\text {loss }}$ depends on the density in different ways. For scattering by foreign gas atoms it is independent of the density $n$ of atoms that are to be cooled, and proportional to the density of background gas. For dipolar losses, it varies as $n$, and for threebody ones, as $n^{2}$. If we further assume that the average energy of particles lost by the other processes is the same as the average energy of particles in the gas and neglect heating of the gas by inelastic processes, only particles lost by evaporation change the average energy of particles remaining in the trap. The fraction of particles lost by evaporation is

$$
\begin{equation*}
\left.\frac{d N}{d t}\right|_{\mathrm{ev}} /\left(\left.\frac{d N}{d t}\right|_{\mathrm{ev}}+\left.\frac{d N}{d t}\right|_{\mathrm{loss}}\right)=\frac{1 / \tau_{\mathrm{ev}}}{1 / \tau_{\mathrm{ev}}+1 / \tau_{\mathrm{loss}}}=\frac{\tau_{\mathrm{loss}}}{\tau_{\mathrm{loss}}+\tau_{\mathrm{ev}}} \tag{4.104}
\end{equation*}
$$

and therefore the temperature change is obtained by multiplying the expression (4.101) in the absence of losses by this factor. Thus

$$
\begin{equation*}
\frac{d \ln T}{d \ln N}=\beta \frac{\tau_{\mathrm{loss}}}{\tau_{\mathrm{loss}}+\tau_{\mathrm{ev}}} \equiv \beta^{\prime} \tag{4.105}
\end{equation*}
$$

As we argued earlier, the evaporation time increases rapidly as the average energy of the evaporated particles increases, and therefore there is a particular average energy of the evaporated particles for which the temperature drop for loss of a given number of particles is maximal. To model the evaporation process, we assume that any atom with energy greater than some threshold value $\epsilon_{\mathrm{ev}}$ is lost from the system. The evaporation rate is
therefore equal to the rate at which atoms are scattered to states with energies in excess of $\epsilon_{\mathrm{ev}}$. We shall assume that $\epsilon_{\mathrm{ev}}$ is large compared with $k T$ and, therefore, in an equilibrium distribution the fraction of particles with energies greater than $\epsilon_{\mathrm{ev}}$ is exponentially small. The rate at which particles are promoted to these high-lying states may be estimated by using the principle of detailed balance, since in a gas in thermal equilibrium it is equal to the rate at which particles in these states are scattered to other states. The rate at which atoms with energy in excess of $\epsilon_{\mathrm{ev}}$ collide in an equilibrium gas is

$$
\begin{equation*}
\left.\frac{d N}{d t}\right|_{\text {coll }}=\int d \mathbf{r} \int_{\epsilon_{p}>\epsilon_{\mathrm{ev}}} \frac{d \mathbf{p}}{(2 \pi \hbar)^{3}} \int \frac{d \mathbf{p}^{\prime}}{(2 \pi \hbar)^{3}} f_{\mathbf{p}} f_{\mathbf{p}^{\prime}}\left|\mathbf{v}_{\mathbf{p}}-\mathbf{v}_{\mathbf{p}^{\prime}}\right| \sigma, \tag{4.106}
\end{equation*}
$$

where $\sigma$ is the total elastic cross section, which we assume to be independent of the particle momenta. For $\epsilon_{\mathrm{ev}} \gg k T$ we may replace the velocity difference by $\mathbf{v}_{\mathbf{p}}$, and the distribution functions are given by the classical MaxwellBoltzmann result

$$
\begin{equation*}
f_{\mathbf{p}}=e^{-\left(p^{2} / 2 m+V-\mu\right) / k T} . \tag{4.107}
\end{equation*}
$$

The integral over $\mathbf{p}^{\prime}$ gives the total density of particles at the point under consideration, and the remaining integrals may be evaluated straightforwardly. The leading term for $\epsilon_{\mathrm{ev}} \gg k T$ is given by

$$
\begin{equation*}
\left.\frac{d N}{d t}\right|_{\mathrm{ev}}=-\left.\frac{d N}{d t}\right|_{\mathrm{coll}}=-N n(0) \sigma \bar{v}\left(\frac{\epsilon_{\mathrm{ev}}}{k T}\right) e^{-\epsilon_{\mathrm{ev}} / k T} . \tag{4.108}
\end{equation*}
$$

Here $n(0)$ is the particle density at the centre of the trap, where $V=0$, while $\bar{v}$ is the mean thermal velocity given by

$$
\begin{equation*}
\bar{v}=\frac{\int_{0}^{\infty} d v v^{3} \exp \left(-m v^{2} / 2 k T\right)}{\int_{0}^{\infty} d v v^{2} \exp \left(-m v^{2} / 2 k T\right)}=\left(\frac{8 k T}{\pi m}\right)^{1 / 2} \tag{4.109}
\end{equation*}
$$

It is convenient to introduce the collision time $\tau_{\mathrm{el}}$ for elastic collisions, which we define by

$$
\begin{equation*}
\frac{1}{\tau_{\mathrm{el}}}=n(0) \sigma \bar{v}_{\mathrm{rel}}, \tag{4.110}
\end{equation*}
$$

where $\bar{v}_{\text {rel }}$ is the mean relative velocity of particles in a gas, given by $\bar{v}_{\text {rel }}=$ $\sqrt{2} \bar{v}$. In experiments, the elastic collision time is typically a few orders of magnitude less than the loss time. By combining Eqs. (4.102), (4.108), and (4.110) we conclude that the decay time for evaporation is given by

$$
\begin{equation*}
\frac{1}{\tau_{\mathrm{ev}}}=\frac{1}{\tau_{\mathrm{el}}}\left(\frac{\epsilon_{\mathrm{ev}}}{\sqrt{2} k T}\right) e^{-\epsilon_{\mathrm{ev}} / k T} . \tag{4.111}
\end{equation*}
$$

Since the occupancy of single-particle states falls off rapidly at energies large compared with the thermal energy $k T$, the majority of particles leaving the cloud by evaporation have energies close to the threshold energy $\epsilon_{\text {ev }}$, and it is a good approximation to replace the average energy $(1+\beta) \bar{\epsilon}$ of an evaporated particle by $\epsilon_{\mathrm{ev}}$. We may therefore write Eq. (4.105) as

$$
\begin{equation*}
\frac{d \ln T}{d \ln N}=\left(\frac{\epsilon_{\mathrm{ev}}}{\bar{\epsilon}}-1\right)\left(1+\frac{\tau_{\mathrm{el}}}{\tau_{\mathrm{loss}}} \frac{\sqrt{2} k T}{\epsilon_{\mathrm{ev}}} e^{\epsilon_{\mathrm{ev}} / k T}\right)^{-1} \tag{4.112}
\end{equation*}
$$

This function first increases as the threshold energy increases above the average particle energy, and then falls off when the evaporation rate becomes comparable to the loss rate. The optimal choice of the threshold energy may easily be estimated by maximizing this expression, and it is given to logarithmic accuracy by $\epsilon_{\mathrm{ev}} \sim k T \ln \left(\tau_{\text {loss }} / \tau_{\mathrm{el}}\right)$. This condition amounts to the requirement that the evaporation time and the loss time be comparable.

It is also of interest to investigate how the degree of degeneracy develops as particles are lost. In a trap with a power-law potential, the spatial extent of the cloud is proportional to $T^{1 / \nu}$ for each dimension for which the potential is effective, and therefore the volume varies as $T^{d / \nu}$, where $d$ is the effective dimensionality of the trap, introduced above Eq. (4.98). The mean thermal momentum is proportional to $T^{1 / 2}$, and therefore the volume in momentum space varies as $T^{3 / 2}$. Thus the phase-space volume scales as $T^{d / \nu+3 / 2}$, and the phase-space density $\varpi$ scales as $N / T^{d / \nu+3 / 2}$, and from Eq. (4.105) one is led to the result

$$
\begin{equation*}
-\frac{d \ln \varpi}{d \ln N}=\beta^{\prime}\left(\frac{d}{\nu}+\frac{3}{2}\right)-1 \tag{4.113}
\end{equation*}
$$

This shows that the attainment of a large increase in phase-space density for loss of a given number of particles is aided by use of traps with low values of $\nu$, and thus linear traps are better than harmonic ones.

In experiments, it is desirable that the elastic scattering time decrease as the evaporation proceeds. In this case one realizes what is referred to as runaway evaporation. In the opposite case, the rate of elastic collisions becomes less, and evaporation becomes relatively less important compared with losses. The scattering rate scales as the atomic density times a thermal velocity $\left(\propto T^{1 / 2}\right)$, since the cross section is essentially constant, and thus one finds that

$$
\begin{equation*}
\frac{d \ln \tau_{\mathrm{el}}}{d \ln N}=\beta^{\prime}\left(\frac{d}{\nu}-\frac{1}{2}\right)-1 \tag{4.114}
\end{equation*}
$$

For runaway evaporation, this expression should be positive, and this sets
a more stringent condition on $\beta^{\prime}$ than does the requirement of increasing phase-space density.

### 4.7 Spin-polarized hydrogen

As we described in Chapter 1, the first candidate considered for BoseEinstein condensation in a dilute gas was spin-polarized hydrogen. However, the road to the experimental realization of Bose-Einstein condensation in hydrogen was a long one, and the successful experiment combined techniques from low-temperature physics with ones from atomic and optical physics.

The initial appeal of spin-polarized hydrogen was its having no two-body bound states. However, as has been strikingly demonstrated by the experiments on other spin-polarized atomic gases, the absence of bound states is not a prerequisite for Bose-Einstein condensation. Polarized alkali atoms have many molecular bound states, but the rate at which molecules are produced is slow. This is because, as we described in the previous section, molecule formation is a three-body process and thus it may be reduced by working at low enough densities. What is essential in realizing Bose-Einstein condensation in dilute systems is that the polarized atoms have a sufficiently long lifetime, irrespective of which particular loss processes operate.

Working with spin-polarized hydrogen presents a number of formidable experimental challenges. One is that laser cooling is impractical, since the lowest-frequency optical transition for the hydrogen atom in its ground state is the Lyman- $\alpha$ line (1S-2P), which has a wavelength of 122 nm in the ultraviolet. Even if it were practical, the temperatures attainable by laser cooling would not be particularly low because both the excited state linewidth and the recoil temperature (Eq. (4.60)), which determine the minimum temperatures for cooling by the Doppler and Sisyphus processes, are large due to the high frequency of the transition and the low mass of the hydrogen atom. In the experiments on hydrogen, the gas was first cooled cryogenically by heat exchange with a cold surface, and condensation was achieved by subsequent evaporative cooling, as described in Sec. 4.6.

The level structure of the ground state of hydrogen has been described in Sec. 3.2 (see Fig. 3.2). As we mentioned in Chapter 1, early experiments on spin-polarized hydrogen, in which hydrogen atoms were pressed against a surface by a spatially varying magnetic field, employed states with the electron spin aligned opposite the direction of the magnetic field. These are the high-field seeking states $(\mathrm{H} \downarrow)$ labelled $a$ and $b$ in Fig. 3.2. The limited
densities that could be obtained by these methods led to the development of purely magnetic traps. Since it is impossible to make a magnetic field with a local maximum in a current-free region, trapping is possible only if the electron spin is in the same direction as the field, $\mathrm{H} \uparrow$, corresponding to states $c$ and $d$ in the figure.

The experimental techniques are described in detail in the review article [26] and the original papers [27,28]. The heart of the experiment is a magnetic trap of the Ioffe-Pritchard type enclosed in a chamber whose walls can be cooled cryogenically. Atomic hydrogen is generated in an adjoining cell by applying an rf discharge to gaseous molecular hydrogen. The magnetic field in the source cell is higher than in the experimental cell, so atoms in the low-field seeking states $c$ and $d$ are driven into the experimental cell, where they can be trapped magnetically. The experimental chamber also contains helium gas. The helium atom has no electronic magnetic dipole moment and is unaffected by the magnetic field of the trap. Thus the helium acts as a medium for transporting heat away from the hydrogen gas in the trap to the cold walls of the experimental cell.

The state $d$ is a doubly polarized one, and consequently, as we mentioned in Sec. 4.6 and will be elaborated in Sec. 5.4.1, it is relatively unaffected by atomic collisions, the only allowed processes being ones mediated by the magnetic dipole-dipole interaction. In the trapped gas, spin-exchange collisions $c+c \rightarrow d+b$ can occur, and the $b$ atoms produced by this process, being high-field seekers, will return to the source. Thus the gas in the trap will consist only of $d$ atoms.

After the hydrogen gas in the trap has been cooled, it is thermally isolated by removing the helium gas. This is done by cooling the walls of the experimental cell to a temperature so low that any helium atom arriving at the surface will be absorbed but will not subsequently be desorbed.
The gas in the trap is cooled further by evaporation, as described in Sec. 4.6. The scattering length for hydrogen atoms is typically 1-2 orders of magnitude smaller than for the alkalis, and therefore to achieve rapid enough evaporation it is necessary to use higher atomic densities for hydrogen than for alkalis. However, this is not a problem, since traps may be loaded to higher densities using cryogenic methods than is possible with MOTs. BoseEinstein condensation sets in at a temperature of about $50 \mu \mathrm{~K}$, which is higher than in experiments with alkalis because of the lower atomic mass and the higher atomic densities.

The main process for the destruction of $d$ atoms is the dipolar one $d+d \rightarrow$ $a+a$. Due to the heat which this generates, for hydrogen it is more difficult to realize condensates containing a large fraction of the total number of atoms


Fig. 4.11 Level scheme of the hydrogen atom to illustrate detection of atomic hydrogen by two-photon absorption.
than it is for alkali atoms, and in the first experiments the fraction of atoms in the condensate was estimated to be around $5 \%$. However, the number of condensed particles $\left(10^{9}\right)$, the peak condensate density $\left(5 \times 10^{15} \mathrm{~cm}^{-3}\right)$, and the size of the condensed cloud ( 5 mm long, and $15 \mu \mathrm{~m}$ in diameter) were remarkable.

Detection of the condensate represented another challenge. Time-of-flight methods could not be used, because of the low condensate fraction. The technique employed was to measure the frequency shift of the $1 \mathrm{~S}-2 \mathrm{~S}$ transition (at the same frequency as the Lyman- $\alpha$ line if the Lamb shift is neglected), as illustrated schematically in Fig. 4.11. A great advantage of this line is that it is very narrow because the transition is forbidden in the dipole approximation. For the same reason it cannot be excited by a single photon, so the method employed was to use two-photon absorption of radiation from a laser operating at half the frequency of the transition. Absorption of one photon mixes into the wave function of the 1 S state a component of a P state, which by absorption of a second photon is subsequently converted to the 2 S state. The shift of the line is proportional to the density of hydrogen atoms, and thus the density of condensed atoms could be determined. By this method it was possible to identify components of the line due to the condensate and others due to the thermal cloud. We shall consider the theory of the line shift in Sec. 13.3.1.

## Problems

Problem 4.1 Consider two circular coils, each of radius $a$ and with $N$ turns. The coils lie in planes perpendicular to the $z$ axis, and their centres are on the $z$ axis at $z= \pm d / 2$. The current $I$ in each coil has the same magnitude, but the opposite direction. Calculate the magnetic field in the vicinity of the origin.

Problem 4.2 Find the classical oscillation frequencies for a ${ }^{87} \mathrm{Rb}$ atom in the state $|3 / 2,1 / 2\rangle$ moving in the time-averaged magnetic field given by (4.6). Take the magnitude of the rotating magnetic field to be $B_{0}=1 \mathrm{mT}$, and the value of the radial field-gradient $B^{\prime}$ to be $1.2 \mathrm{~T} \mathrm{~m}^{-1}$. Compare your result with the value $\omega / 2 \pi=7.5 \mathrm{kHz}$ for the frequency of the rotating magnetic field used experimentally [8].
Problem 4.3 Find the time average of the magnitude of the magnetic field close to the origin for a TOP trap in which the quadrupole field is of the form $B^{\prime}(x, y,-2 z)$ and the bias field has the form $\left(B_{0} \cos \omega t, 0, B_{0} \sin \omega t\right)$. Contrast the result with Eq. (4.6) for the original TOP trap.

Problem 4.4 Estimate the depth of an optical trap for Na atoms produced by a $5-\mathrm{mW}$ laser beam of wavelength $1 \mu \mathrm{~m}$ when focused to a circular cross section of minimum diameter $10 \mu \mathrm{~m}$.
Problem 4.5 Consider the simple model of a magneto-optical trap described in Sec. 4.4 under conditions when the Doppler and Zeeman shifts are small compared to the detuning. Show that, in the presence of the quadrupolar magnetic field given by Eq. (4.2), the equation of motion (4.48) acquires an extra term,

$$
\frac{d p_{z}}{d t}=-\gamma v_{z}-K z .
$$

Express the ratio $K / \gamma$ in terms of the magnetic field gradient, the effective magnetic moment for the transition and the laser wavelength. Show that under realistic experimental conditions the motion of an atom is that of an overdamped harmonic oscillator.

Problem 4.6 Show that the lowest temperatures attainable by the Sisyphus process are of order $\left(m_{\mathrm{e}} / m\right) /\left(e_{0}^{2} / \hbar c\right)$ times those for the Doppler process. How large is the numerical prefactor?
Problem 4.7 Consider an ideal gas in three dimensions in a potential $V(\mathbf{r})$ which is a homogeneous function of the coordinates of degree $\nu$, that is, $V(\lambda \mathbf{r})=\lambda^{\nu} V(\mathbf{r})$. Assume that $\nu$ is positive. The effective dimensionality of the trap is denoted by $d$, and, for example, for the anisotropic harmonic
oscillator potential (2.7), $d$ is the number of the frequencies $\omega_{i}$ which are nonzero. By using the semi-classical distribution function, show for a classical gas that

$$
\frac{2 d}{3} \bar{\epsilon}_{\text {kin }}=\nu \bar{V},
$$

where the bar denotes a thermal average. The result also holds for degenerate Bose and Fermi gases, and is an example of the virial theorem.

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## Interactions between atoms

An important feature of cold atomic vapours is that particle separations, which are typically of order $10^{2} \mathrm{~nm}$, are usually an order of magnitude larger than the length scales associated with the atom-atom interaction. Consequently, the two-body interaction between atoms dominates, and three- and higher-body interactions are unimportant. Moreover, since the atoms have low velocities, many properties of these systems may be calculated in terms of a single parameter, the scattering length.

An alkali atom in its electronic ground state has several different hyperfine states, as we have seen in Secs. 3.1 and 3.2. Interatomic interactions give rise to transitions between these states and, as we described in Sec. 4.6, such processes are a major mechanism for loss of trapped atoms. In a scattering process, the internal states of the particles in the initial or final states are described by a set of quantum numbers, such as those for the spin, the atomic species, and their state of excitation. We shall refer to a possible choice of these quantum numbers as a channel. ${ }^{1}$ At the temperatures of interest for Bose-Einstein condensation, atoms are in their electronic ground states, and the only relevant internal states are therefore the hyperfine states. Because of the existence of several hyperfine states for a single atom, the scattering of cold alkali atoms is a multi-channel problem.

Besides inelastic processes that lead to trap loss, coupling between channels also gives rise to Feshbach resonances, in which a low-energy bound state in one channel strongly modifies scattering in another channel. Feshbach resonances make it possible to tune both the magnitude and the sign of the effective atom-atom interaction, and they have become a powerful tool for investigating cold atoms.

For all but the very lightest atoms, it is impossible from theory alone to

[^7]make reliable calculations of the scattering properties of cold atoms because the atom-atom interaction potentials cannot be calculated with sufficient accuracy. In addition, many properties relevant for cold-atom studies are not directly accessible to experiment. Consequently, in deriving information about two-body scattering it is usually necessary to extract information about the interaction from one class of measurements, and then to use theory to predict properties of interest. Following the development of laser cooling, understanding of low-energy atomic collisions has increased enormously. In particular the use of photoassociation spectroscopy and the study of Feshbach resonances have made it possible to deduce detailed information on scattering lengths.
In the present chapter we give an introduction to atom-atom scattering. For further details we refer the reader to the review [1], the lectures [2], and the original literature. We first give dimensional arguments to show that, because of the van der Waals interaction, scattering lengths for alkali atoms are much larger than the atomic size (Sec. 5.1). We then review elements of scattering theory for a single channel, and discuss the concept of effective interactions (Sec. 5.2). In Sec. 5.3 we determine the scattering length for a simple model potential consisting of a hard-core repulsion and a longrange van der Waals attraction, which varies as $r^{-6}$, where $r$ is the atomic separation. To describe transitions between different spin states requires a more general formulation of the scattering problem as a multi-channel one. We consider the general theory of scattering between different channels, describe rates of inelastic processes, and show how Feshbach resonances arise in Sec. 5.4. In the final section, Sec. 5.5, we describe experimental techniques for investigating atom-atom interactions and list values of scattering lengths in zero magnetic field for hydrogen and for alkali atoms.

### 5.1 Interatomic potentials and the van der Waals interaction

Interactions between polarized alkali atoms are very different from those between unpolarized atoms. To understand why this is so, we recall that interactions between atoms with electrons outside closed shells have an attractive contribution because two electrons with opposite spin can occupy the same orbital. This is the effect responsible for covalent bonding. However, if two electrons are in the same spin state, they cannot have the same spatial wave function, and therefore the reduction in energy due to two electrons sharing the same orbital is absent. To illustrate this, we show in Fig. 5.1 the interactions for two rubidium atoms in their ground state when the two valence electrons are in the singlet spin state and in the triplet one.


Fig. 5.1 Sketch of the interaction potentials $U(r)$ as functions of the atomic separation $r$ for two ground-state rubidium atoms with electrons in singlet and triplet states.

For small separations the interactions are dominated by a strong repulsive core due to the overlapping of electron clouds, but at greater separations the attractive well is very much deeper for the singlet state than for the triplet state. The singlet potential has a minimum with a depth of nearly 6000 K in temperature units when the atoms are about $8 a_{0}$ apart. By contrast, the depth of the minimum of the triplet potential that occurs for an atomic separation of about $12 a_{0}$ is only a few hundred Kelvin. For large atomic separations there is an attraction due to the van der Waals interaction, but it is very weak compared with the attractive interactions due to covalent bonding.

While the van der Waals interaction is weak relative to covalent bonding, it is still strong in the sense that for alkali atoms (but not for hydrogen) the triplet potential has many molecular bound states, as we shall see later from more detailed calculations. We remark that the electronic spin state for a pair of atoms in definite hyperfine states is generally a superposition of electronic triplet and singlet contributions, and consequently the interaction contains both triplet and singlet terms.

Two-body interactions at low energies are characterized by their scattering lengths, and it is remarkable that for polarized alkali atoms these are typically about two orders of magnitude greater than the size of an atom, $\sim a_{0}$. Before turning to detailed calculations we give qualitative arguments to show that the van der Waals interaction can give rise to such large scattering lengths. The van der Waals interaction is caused by the electric dipole-dipole interaction between the atoms, and it has the form $-\alpha / r^{6}$, where $r$ is the atomic separation. The length scale $r_{0}$ in the Schrödinger equation at zero energy, which sets the basic scale for the scattering length,

Table 5.1 Calculated values of the van der Waals coefficient $C_{6}$ taken from Ref. [3].

| Element | $C_{6}$ |
| :---: | :---: |
| $\mathrm{H}-\mathrm{H}$ | 6.5 |
| $\mathrm{Li}-\mathrm{Li}$ | 1389 |
| $\mathrm{Na}-\mathrm{Na}$ | 1556 |
| $\mathrm{~K}-\mathrm{K}$ | 3897 |
| $\mathrm{Rb}-\mathrm{Rb}$ | 4691 |
| $\mathrm{Cs}-\mathrm{Cs}$ | 6851 |

may be estimated by dimensional arguments. The only quantity with dimension of length which can be formed from $\hbar$, the atomic mass $m$ and the constant $\alpha$ is of the form $r_{0} \sim\left(\alpha m / \hbar^{2}\right)^{1 / 4}$, as one can see by equating the kinetic energy $\hbar^{2} / m r_{0}^{2}$ to the van der Waals interaction energy $\alpha / r_{0}^{6}$. Physically, at a separation $r_{0}$, the wavelength of a zero-energy particle in the potential is comparable to the separation. At smaller separations the wave function oscillates, while at large distances it approaches a zero-energy solution of the Schrödinger equation for a pair of non-interacting particles.

On dimensional grounds, the coefficient $\alpha$ must be of the form of a typical atomic energy, $e_{0}^{2} / a_{0}$, times the sixth power of the atomic length scale $a_{0}$, that is $\alpha=C_{6} e_{0}^{2} a_{0}^{5}$, where the dimensionless coefficient $C_{6}$ gives the strength of the van der Waals interaction in atomic units. Thus the length scale is given by

$$
\begin{equation*}
r_{0} \sim\left(C_{6} m / m_{\mathrm{e}}\right)^{1 / 4} a_{0} \tag{5.1}
\end{equation*}
$$

This gives the general magnitude of scattering lengths but, as we shall see in Sec. 5.3, the sign and numerical value of the scattering length are determined by the short-range part of the interaction. The large scattering lengths for alkali atoms are thus a consequence of two effects. First, atomic masses are of order $10^{3} A$ times the electron mass, $A$ being the mass number, which gives more than a factor of 10 in the length scale. Second, van der Waals coefficients for alkali atoms lie between $10^{3}$ and $10^{4}$, as one can see from the theoretical values of $C_{6}$ listed in Table 5.1, which are estimated to be uncertain by no more than about $1 \%$. A number of the measurements that we shall describe in Sec. 5.5 provide information about $C_{6}$ and, for example, a study of Feshbach resonances for ${ }^{133} \mathrm{Cs}$ gives $C_{6}=6890 \pm 35[4,5]$. The large values of $C_{6}$ give a further increase in the length scale by almost one order of magnitude, so typical scattering lengths are of order $10^{2} a_{0}$.

The $1 / r^{6}$ contribution to the potential is the leading term in an expansion, in inverse powers of $r$, of the long-range part of the two-body interaction $U(r)$ between neutral atoms. If quantities are measured in atomic units the expansion is given more generally by

$$
\begin{equation*}
U(r)=-\frac{C_{6}}{r^{6}}-\frac{C_{8}}{r^{8}}-\frac{C_{10}}{r^{10}}+\cdots \tag{5.2}
\end{equation*}
$$

The higher-order coefficients $C_{8}$ and $C_{10}$ are typically $10^{2} C_{6}$ and $10^{4} C_{6}$, respectively, and therefore at distances of order $r_{0}$ a pure $1 / r^{6}$ potential is a good first approximation.

## Magnitude of the van der Waals interaction

The large van der Waals interactions for alkali atoms, like the large polarizabilities (see Sec. 3.3), are a consequence of the strong resonance lines in the optical spectrum of these atoms. To derive a microscopic expression for $C_{6}$ we recall that the van der Waals interaction is due to the electric dipole-dipole interaction between atoms, which has the form
$U_{\mathrm{ed}}=\frac{1}{4 \pi \epsilon_{0} r^{3}}\left[\mathbf{d}_{1} \cdot \mathbf{d}_{2}-3\left(\mathbf{d}_{1} \cdot \hat{\mathbf{r}}\right)\left(\mathbf{d}_{2} \cdot \hat{\mathbf{r}}\right)\right]=\frac{1}{4 \pi \epsilon_{0} r^{3}}\left(d_{1 x} d_{2 x}+d_{1 y} d_{2 y}-2 d_{1 z} d_{2 z}\right)$,
where $\mathbf{d}_{1}$ and $\mathbf{d}_{2}$ are the electric dipole moment operators for the two atoms, and $\hat{\mathbf{r}}=\mathbf{r} / r, \mathbf{r}$ being the vector separation of the two atoms. The ground states of atoms are to a very good approximation eigenstates of parity, and consequently diagonal matrix elements of the electric dipole operator vanish. The leading contribution to the interaction energy is of second order in the dipole-dipole interaction and has the form $[6, \S 89]$

$$
\begin{equation*}
U(r)=-\frac{6}{\left(4 \pi \epsilon_{0}\right)^{2} r^{6}} \sum_{n, n^{\prime}} \frac{\left.\left.\left|\langle n| d_{z}\right| 0\right\rangle\left.\right|^{2}\left|\left\langle n^{\prime}\right| d_{z}\right| 0\right\rangle\left.\right|^{2}}{E_{n}+E_{n^{\prime}}-2 E_{0}} \tag{5.4}
\end{equation*}
$$

where the factor 6 comes from using the fact that, for atoms with $L=0$ in the ground state, the sum is independent of which Cartesian component of the dipole operator is chosen. Expressing the result in terms of the oscillator strength (see Eq. (3.38)) and measuring excitation energies in atomic units one finds

$$
\begin{equation*}
C_{6}=\frac{3}{2} \sum_{n, n^{\prime}} \frac{f_{n 0}^{z} f_{n^{\prime} 0}^{z}}{\left(E_{n}-E_{0}\right)\left(E_{n^{\prime}}-E_{0}\right)\left(E_{n}+E_{n^{\prime}}-2 E_{0}\right)} \tag{5.5}
\end{equation*}
$$

Just as for the polarizability, which we discussed in Sec. 3.3 (see Eq. (3.42)), the dominant contribution to the sum comes from the resonance line, and if we assume that the total oscillator strength for transitions from the ground
state to all sublevels of the resonance doublet is unity and neglect all other transitions, one finds

$$
\begin{equation*}
C_{6} \approx \frac{3}{4\left(\Delta E_{\mathrm{res}}\right)^{3}} \tag{5.6}
\end{equation*}
$$

Here $\Delta E_{\text {res }}$ is the energy of the resonance line in atomic units. For alkali atoms this is less than 0.1 atomic units, and therefore the values of $C_{6}$ are more than $10^{3}$, in agreement with more detailed calculations and with experiment. As an example consider sodium. The resonance line energy is 0.0773 atomic units, and therefore Eq. (5.6) yields $C_{6} \approx 1620$, while detailed calculations give 1556 , according to Table 5.1. For the heavier alkali atoms, electrons other than the valence one contribute significantly to the sum, and consequently $C_{6}$ is greater than the estimate (5.6). The simple formula (5.6) enables one to understand why the trend in the magnitude of $C_{6}$ for alkali atoms is similar to the variation of the atomic polarizabilities discussed in Sec. 3.3. For hydrogen the simple estimate evaluated using the Lyman- $\alpha$ energy is $C_{6}=128 / 9 \approx 14.2$, which is larger than the actual value $\approx 6.5$ since the oscillator strength for the transition is significantly less than unity.

We note that to calculate the interatomic potential at large distances the dipolar interaction may not be treated as static, and retardation of the interaction must be taken into account. The interaction is then found to vary as $1 / r^{7}$, rather than $1 / r^{6}$. This effect becomes important when the separation between atoms is comparable to or larger than the wavelength of a photon with energy equal to that of the resonance transition. The latter is of order $10^{3} a_{0}$ or more, which is larger than the distances of importance in determining the scattering length. Consequently retardation plays little role.

The atom-atom interaction considered in this section depends only on the separation $r$ between the atoms. Later in this chapter, when we consider other contributions such as the magnetic dipole-dipole interaction, we shall refer to it as the central part of the interaction and denote it by $U^{c}$.

### 5.2 Basic scattering theory

Here we review aspects of scattering theory for a single channel and introduce the scattering length, which characterizes low-energy interactions between a pair of particles. More extensive treatments may be found in standard texts (see, e.g., $[6, \S 123]$ ). Consider the scattering of two particles with no internal degrees of freedom, and masses $m_{1}$ and $m_{2}$. We shall further assume here that the two particles are distinguishable, and the effects of identity of the particles will be described later. As usual, we transform to centre-of-mass
and relative coordinates. The wave function for the centre-of-mass motion is a plane wave, while that for the relative motion satisfies a Schrödinger equation with the mass equal to the reduced mass $m_{\mathrm{r}}=m_{1} m_{2} /\left(m_{1}+m_{2}\right)$.
To describe scattering, one writes the wave function for the relative motion as the sum of an incoming plane wave and a scattered wave, ${ }^{2}$

$$
\begin{equation*}
\psi=e^{i \mathbf{k} \cdot \mathbf{r}}+\psi_{\mathrm{sc}}(\mathbf{r}) . \tag{5.7}
\end{equation*}
$$

At large interatomic separations the scattered wave is an outgoing spherical wave $f\left(\mathbf{k}^{\prime}\right) \exp (i k r) / r$, where $f\left(\mathbf{k}^{\prime}\right)$ is the scattering amplitude and $\mathbf{k}^{\prime}$, which has magnitude $k$, specifies the wave vector of the scattered wave. We shall assume that the interaction between atoms is spherically symmetric, ${ }^{3}$ and the scattering amplitude $f\left(\mathbf{k}^{\prime}\right)$ then depends on direction only through the scattering angle $\theta$, which is the angle between the directions of the relative momentum of the atoms before and after scattering. The wave function for large $r$ is thus

$$
\begin{equation*}
\psi=e^{i k z}+f(\theta) \frac{e^{i k r}}{r}, \tag{5.8}
\end{equation*}
$$

where we have chosen the relative velocity in the incoming wave to be in the $z$ direction. The scattering amplitude $f$ depends on $\theta$ and on the magnitude $k$ of the wave vector of the incoming wave. The energy of the state is given by

$$
\begin{equation*}
E=\frac{\hbar^{2} k^{2}}{2 m_{\mathrm{r}}} . \tag{5.9}
\end{equation*}
$$

At very low energies it is sufficient to consider s-wave scattering, as we shall argue below. In this limit the scattering amplitude $f(\theta)$ approaches a constant, which we denote by $-a$, and the wave function (5.8) becomes

$$
\begin{equation*}
\psi=1-\frac{a}{r} . \tag{5.10}
\end{equation*}
$$

The constant $a$ is called the scattering length. It gives the intercept of the asymptotic wave function (5.10) on the $r$ axis.
In the following we discuss the connection between the scattering length and the phase shifts, which in general determine the scattering cross section. The differential cross section $d \sigma / d \Omega$ is defined as the ratio of the current of probability per unit solid angle in the scattered wave to the current of probability per unit area in the incoming wave. The current of probability per unit area in the incoming wave for the wave function (5.8) is $\hbar k / m_{r}$, while
${ }^{2}$ We shall use plane-wave states $e^{i \mathbf{k} \cdot \mathbf{r}}$ without an explicit factor of $1 / V^{1 / 2}$.
${ }^{3}$ Here we shall not take into account effects due to coupling between orbital and spin degrees of freedom. These will be considered in Sec. 5.4.
the current in the scattered wave at large distances $r$ is $\left(\hbar k / m_{r}\right)|f(\theta)|^{2} / r^{2}$ per unit area or, since the element of area is $r^{2} d \Omega,\left(\hbar k / m_{\mathrm{r}}\right)|f(\theta)|^{2}$ per unit solid angle. From this it follows that the differential cross section is given by

$$
\begin{equation*}
\frac{d \sigma}{d \Omega}=|f(\theta)|^{2} \tag{5.11}
\end{equation*}
$$

For scattering through an angle between $\theta$ and $\theta+d \theta$, the element of solid angle is $d \Omega=2 \pi \sin \theta d \theta$. Since the potential is spherically symmetric, the solution of the Schrödinger equation has axial symmetry with respect to the direction of the incident particle. The wave function for the relative motion therefore may be expanded in terms of Legendre polynomials $P_{l}(\cos \theta)$,

$$
\begin{equation*}
\psi=\sum_{l=0}^{\infty} A_{l} P_{l}(\cos \theta) R_{k l}(r) . \tag{5.12}
\end{equation*}
$$

The radial wave function $R_{k l}(r)$ satisfies the equation

$$
\begin{equation*}
R_{k l}^{\prime \prime}(r)+\frac{2}{r} R_{k l}^{\prime}(r)+\left[k^{2}-\frac{l(l+1)}{r^{2}}-\frac{2 m_{\mathrm{r}}}{\hbar^{2}} U(r)\right] R_{k l}(r)=0 \tag{5.13}
\end{equation*}
$$

where $U(r)$ is the potential, and the prime denotes a derivative with respect to $r$. For $r \rightarrow \infty$ the radial function is given in terms of the phase shifts $\delta_{l}$ according to the equation

$$
\begin{equation*}
R_{k l}(r) \simeq \frac{1}{k r} \sin \left(k r-l \pi / 2+\delta_{l}\right) . \tag{5.14}
\end{equation*}
$$

By comparing (5.12) and (5.14) with (5.8) and expanding the plane wave $\exp (i k z)$ in Legendre polynomials one finds that $A_{l}=i^{l}(2 l+1) e^{i \delta_{l}}$ and

$$
\begin{equation*}
f(\theta)=\frac{1}{2 i k} \sum_{l=0}^{\infty}(2 l+1)\left(e^{i 2 \delta_{l}}-1\right) P_{l}(\cos \theta) . \tag{5.15}
\end{equation*}
$$

The total scattering cross section is obtained by integrating the differential cross section over all solid angles, and it is given by

$$
\begin{equation*}
\sigma=2 \pi \int_{-1}^{1} d(\cos \theta)|f(\theta)|^{2} . \tag{5.16}
\end{equation*}
$$

When (5.15) is inserted in this expression, and use is made of the fact that the Legendre polynomials are orthogonal, one obtains the total cross section in terms of the phase shifts:

$$
\begin{equation*}
\sigma=\frac{4 \pi}{k^{2}} \sum_{l=0}^{\infty}(2 l+1) \sin ^{2} \delta_{l} . \tag{5.17}
\end{equation*}
$$

For a finite-range potential the phase shifts vary as $k^{2 l+1}$ for small $k$. For a potential varying as $r^{-n}$ at large distances, this result is true provided $l<(n-3) / 2$, but for higher partial waves $\delta_{l} \propto k^{n-2}$ [6, §132]. Thus for potentials that behave as $1 / r^{6}$ or $1 / r^{7}$, all phase shifts become small as $k$ approaches zero. The scattering cross section is thus dominated by the $l=0$ term (s-wave scattering), corresponding to a scattering amplitude $f=\delta_{0} / k$. If one writes the $l=0$ component of the asymptotic low-energy solution (5.14) at large distances as

$$
\begin{equation*}
R_{0} \simeq c_{1} \frac{\sin k r}{k r}+c_{2} \frac{\cos k r}{r} \tag{5.18}
\end{equation*}
$$

where $c_{1}$ and $c_{2}$ are coefficients, the phase shift is seen to be given by

$$
\begin{equation*}
\tan \delta_{0}=\frac{k c_{2}}{c_{1}} \tag{5.19}
\end{equation*}
$$

From the definition of the scattering length in terms of the wave function for $k \rightarrow 0$ given by (5.10), one finds that

$$
\begin{equation*}
\delta_{0}=-k a \tag{5.20}
\end{equation*}
$$

which shows that $a$ is determined by the coefficients in the asymptotic solution (5.18),

$$
\begin{equation*}
a=-\left.\frac{c_{2}}{c_{1}}\right|_{k \rightarrow 0} \tag{5.21}
\end{equation*}
$$

In this limit the total cross section, Eq. (5.17), is determined only by $a$. It is

$$
\begin{equation*}
\sigma=\frac{4 \pi}{k^{2}} \delta_{0}^{2}=4 \pi a^{2} \tag{5.22}
\end{equation*}
$$

Let us now consider scattering of identical particles in the same internal state. The wave function must be symmetric under interchange of the coordinates of the two particles if they are bosons, and antisymmetric if they are fermions. Interchange of the two particle coordinates corresponds to changing the sign of the relative coordinate, that is $\mathbf{r} \rightarrow-\mathbf{r}$, or $r \rightarrow r, \theta \rightarrow \pi-\theta$ and $\varphi \rightarrow \pi+\varphi$, where $\varphi$ is the azimuthal angle. The symmetrized wave function corresponding to Eq. (5.8) is thus

$$
\begin{equation*}
\psi=e^{i k z} \pm e^{-i k z}+[f(\theta) \pm f(\pi-\theta)] \frac{e^{i k r}}{r} \tag{5.23}
\end{equation*}
$$

The amplitude for scattering a particle in the direction specified by the polar angle $\theta$ is therefore $f(\theta) \pm f(\pi-\theta)$, and the differential cross section is

$$
\begin{equation*}
\frac{d \sigma}{d \Omega}=|f(\theta) \pm f(\pi-\theta)|^{2} \tag{5.24}
\end{equation*}
$$

the plus sign applying to bosons and the minus sign to fermions.
The physical content of this equation is that the amplitude for a particle to be scattered into some direction is the sum or difference of the amplitude for one of the particles to be scattered through an angle $\theta$ and the amplitude for the other particle to be scattered through an angle $\pi-\theta$. The total cross section is obtained by integrating the differential cross section over all distinct final states. Because of the symmetry of the wave function, the state specified by angles $\theta, \varphi$ is identical with that for angles $\pi-\theta, \varphi+\pi$, and therefore to avoid double counting, one should integrate only over half of the total $4 \pi$ solid angle, for example by integrating over the range $0 \leq \theta \leq \pi / 2$ and $0 \leq \varphi \leq 2 \pi$. Thus if scattering is purely s-wave, the total cross section is

$$
\begin{equation*}
\sigma=8 \pi a^{2} \tag{5.25}
\end{equation*}
$$

for identical bosons, and it vanishes for identical fermions.
The scattering length depends on the details of the interatomic potential. To illustrate this in a simple case let us consider the relative motion of two atoms interacting via a spherically symmetric square-well potential. The $s$-wave part of the Schrödinger equation (5.13) is

$$
\begin{equation*}
-\frac{\hbar^{2}}{2 m_{\mathrm{r}}} \frac{d^{2} \chi}{d r^{2}}+U(r) \chi=E \chi \tag{5.26}
\end{equation*}
$$

where $\chi=r R$ with $R(r)$ being the radial function. We write the potential in the form

$$
\begin{equation*}
U(r)=-\frac{\hbar^{2} k_{0}^{2}}{2 m_{\mathrm{r}}} \text { for } r<d \text { and } U(r)=0 \text { for } r>d, \tag{5.27}
\end{equation*}
$$

where $k_{0}$ is a constant. The wave function of a bound state decays exponentially outside the well, $\chi \propto \exp (-\kappa r)$ with $\kappa$ real and positive, and the energy is $E=-\hbar^{2} \kappa^{2} / 2 m_{\mathrm{r}}$. The interior solution that is finite at the origin is $\chi \propto \sin q r$, where $q^{2}=k_{0}^{2}-\kappa^{2}$. From the condition that $(d \chi / d r) / \chi$ be continuous at the boundary $r=d$, we obtain the equation determining the eigenvalues,

$$
\begin{equation*}
q \cot q d=-\kappa . \tag{5.28}
\end{equation*}
$$

Now let us determine the scattering length $a$ for this potential. We consider solutions to (5.26) with positive energy and let $E$ tend to zero. Then according to Eq. (5.10) the exterior solution has the form $\chi \propto(r-a)$, while the interior solution is given by $\chi \propto \sin k_{0} r$. By matching $(d \chi / d r) / \chi$ at the
boundary, we obtain

$$
\begin{equation*}
k_{0} \cot k_{0} d=\frac{1}{d-a} \tag{5.29}
\end{equation*}
$$

or, equivalently,

$$
\begin{equation*}
a=d\left(1-\frac{\tan k_{0} d}{k_{0} d}\right) \tag{5.30}
\end{equation*}
$$

The scattering length (5.30) is negative for $k_{0} d<\pi / 2$ and tends to $-\infty$ when $k_{0} d$ approaches $\pi / 2$ from below, corresponding to the appearance of the first bound state as the strength of the attractive interaction increases. The scattering length oscillates with increasing depth of the potential, and can take on any value between $-\infty$ and $\infty$.

In Sec. 5.3 below we derive an explicit expression for the scattering length for a simplified interatomic interaction consisting of a repulsive hard core and an attractive van der Waals contribution falling off as $1 / r^{6}$ outside the core. Before doing that we introduce the concept of an effective interaction and demonstrate how it is related to the scattering length.

### 5.2.1 Effective interactions and the scattering length

Interactions between atoms are strong, but they occur only when two atoms are close together. In dilute gases this is rather unlikely, since interactions are very small for typical atomic separations. For most configurations of the system, the many-body wave function varies slowly in space, but when two atoms approach each other, there are rapid spatial variations. To avoid having to evaluate short-range correlations between atoms in detail whenever one calculates a many-body wave function, it is convenient to introduce the concept of an effective interaction. This describes interactions among longwavelength, low-frequency degrees of freedom of a system when coupling of these degrees of freedom via interactions with those at shorter wavelengths has been taken into account. The short-wavelength degrees of freedom are said to have been 'integrated out'. In recent years this approach has found applications in numerous branches of physics, ranging from critical phenomena to elementary particle physics and nuclear physics.

As we have seen in Sec. 5.2, scattering of a pair of particles with small total energy in the centre-of-mass frame is dominated by the s-wave contribution to the wave function, and it is described entirely in terms of a single parameter, the scattering length (see Eq. (5.10)). To first order in the
interaction the scattering length is given by

$$
\begin{equation*}
a_{\mathrm{Born}}=\frac{m_{\mathrm{r}}}{2 \pi \hbar^{2}} \int d \mathbf{r} U(\mathbf{r}), \tag{5.31}
\end{equation*}
$$

a result referred to as the Born approximation. This is usually demonstrated by considering the scattering process in coordinate space, and it will be a by-product of the analysis in momentum space that we describe later in this section. Equation (5.31) shows that the true low-energy scattering behaviour may be obtained by using in the Born approximation an effective two-body interaction $U_{\text {eff }}$ having the property

$$
\begin{equation*}
\int d \mathbf{r} U_{\mathrm{eff}}(\mathbf{r})=\frac{2 \pi \hbar^{2} a}{m_{\mathrm{r}}} \equiv U_{0} \tag{5.32}
\end{equation*}
$$

For particles of equal mass, the reduced mass is $m_{\mathrm{r}}=m / 2$, and this result becomes

$$
\begin{equation*}
U_{0}=\frac{4 \pi \hbar^{2} a}{m} \tag{5.33}
\end{equation*}
$$

In later chapters we shall use extensively the fact that, for the purpose of calculating low-energy properties of the system, the true interatomic potential, which in general has a complicated dependence on interparticle separation, may be replaced by an effective interaction proportional to the scattering length. In coordinate space, the effective interaction between two particles situated at points $\mathbf{r}$ and $\mathbf{r}^{\prime}$ may therefore be taken to have the contact form

$$
\begin{equation*}
U_{\mathrm{eff}}\left(\mathbf{r}, \mathbf{r}^{\prime}\right)=U_{0} \delta\left(\mathbf{r}-\mathbf{r}^{\prime}\right), \tag{5.34}
\end{equation*}
$$

where $\delta$ denotes the Dirac delta function. This effective interaction may also be used to calculate energies, as we shall now illustrate by considering a simple model problem. Subsequently, we shall treat the scattering process in momentum space, and demonstrate how short-wavelength degrees of freedom are integrated out.

## Energy shift

We here calculate the shift of the energy of a pair of particles in an s-wave state of the relative motion, for which the Schrödinger equation is given in Eq. (5.13). In the absence of interactions, the wave function $\psi_{0}$ for the relative motion that is finite at $r=0$ is proportional to $(\sin k r) / r$, where $r$ denotes the separation of the two particles. To determine the energy levels of the system, it is necessary to specify an additional boundary condition,
and we shall require that the wave function vanish on a sphere of radius $r=d$. The normalized wave function for the ground state is thus

$$
\begin{equation*}
\psi_{0}=\frac{1}{(2 \pi d)^{1 / 2} r} \sin \left(\frac{\pi r}{d}\right) . \tag{5.35}
\end{equation*}
$$

The radial wave number $k$ for the state (5.35) is $k=\pi / d$, and the corresponding ground-state energy is

$$
\begin{equation*}
E_{0}=\frac{\hbar^{2} \pi^{2}}{2 m_{\mathrm{r}} d^{2}} \tag{5.36}
\end{equation*}
$$

Consider now two particles interacting via a potential which has a range small compared to $d$. In the presence of this potential, the lowest-energy swave state extending over the volume of the box and satisfying the boundary condition that it vanish at $r=d$, as in the case of no interaction, is (see Eqs. (5.14) and (5.20))

$$
\begin{equation*}
\psi=\frac{C}{r} \sin \left[\pi\left(\frac{r-a}{d-a}\right)\right], \tag{5.37}
\end{equation*}
$$

in the region where the potential may be neglected. Here $C$ is a normalization constant. We shall further assume that $|a| \ll d$, in which case for $r \ll d$ the sine function may be replaced by its argument, and the wave function reduces to the general low-energy form $1-a / r$, which applies for separations small compared with the de Broglie wavelength.
The wave number of the state for the wave function (5.37) is $k=\pi /(d-a)$, and the corresponding energy is given by

$$
\begin{equation*}
E=\frac{\hbar^{2} \pi^{2}}{2 m_{\mathrm{r}}(d-a)^{2}} . \tag{5.38}
\end{equation*}
$$

The presence of the potential thus changes the energy of the state by an amount

$$
\begin{equation*}
\Delta E=E-E_{0}=\frac{\hbar^{2} \pi^{2}}{2 m_{\mathrm{r}}}\left(\frac{1}{(d-a)^{2}}-\frac{1}{d^{2}}\right) \simeq \frac{\hbar^{2} \pi^{2} a}{m_{\mathrm{r}} d^{3}} . \tag{5.39}
\end{equation*}
$$

In first-order perturbation theory, the shift $\Delta E$ of the energy for the potential (5.34) is given by $\Delta E=U_{0}\left|\psi_{0}(0)\right|^{2}$ where $\left|\psi_{0}(0)\right|^{2}$ is the particle density at zero particle separation in the absence of interaction. Since according to (5.35) $\left|\psi_{0}(0)\right|^{2}=\pi / 2 d^{3}$, the energy shift may be written as

$$
\begin{equation*}
\Delta E=\frac{2 \pi \hbar^{2} a}{m_{\mathrm{r}}}\left|\psi_{0}(0)\right|^{2} \tag{5.40}
\end{equation*}
$$

from which one can identify the effective interaction, which is seen to be given by Eq. (5.32). We have demonstrated the result (5.40) for a special
case. However, one would expect the result to hold more generally provided $\psi_{0}(\mathbf{r})$ varies little for $r$ small compared with $|a|$ and the range of the potential.

## Momentum space analysis

We now demonstrate how the effective interaction (5.32) is derived on the basis of a momentum space analysis in which the short-wavelength degrees of freedom are integrated out. Again we consider the problem of two-particle scattering, this time in the momentum representation. The particles are assumed to have equal masses $m$, and therefore $m_{r}=m / 2$. The wave function in coordinate space is given by (5.7), which in the momentum representation is ${ }^{4}$

$$
\begin{equation*}
\psi\left(\mathbf{k}^{\prime}\right)=(2 \pi)^{3} \delta\left(\mathbf{k}^{\prime}-\mathbf{k}\right)+\psi_{\mathrm{sc}}\left(\mathbf{k}^{\prime}\right) \tag{5.41}
\end{equation*}
$$

where the second term on the right hand side of this equation is the Fourier transform of the scattered wave in (5.7). The wave function (5.41) satisfies the Schrödinger equation, which is ${ }^{5}$

$$
\begin{equation*}
\left(\frac{\hbar^{2} k^{2}}{m}-\frac{\hbar^{2} k^{2}}{m}\right) \psi_{\mathrm{sc}}\left(\mathbf{k}^{\prime}\right)=U\left(\mathbf{k}^{\prime}, \mathbf{k}\right)+\frac{1}{V} \sum_{\mathbf{k}^{\prime \prime}} U\left(\mathbf{k}^{\prime}, \mathbf{k}^{\prime \prime}\right) \psi_{\mathrm{sc}}\left(\mathbf{k}^{\prime \prime}\right) \tag{5.42}
\end{equation*}
$$

where $\hbar^{2} k^{2} / m(=E)$ is the energy eigenvalue and $U\left(\mathbf{k}^{\prime}, \mathbf{k}^{\prime \prime}\right)=U\left(\mathbf{k}^{\prime}-\mathbf{k}^{\prime \prime}\right)$ is the Fourier transform of the bare atom-atom interaction. The scattered wave is thus given by

$$
\begin{equation*}
\psi_{\mathrm{sc}}\left(\mathbf{k}^{\prime}\right)=\left(\frac{\hbar^{2} k^{2}}{m}-\frac{\hbar^{2} k^{\prime 2}}{m}+i \delta\right)^{-1}\left(U\left(\mathbf{k}^{\prime}, \mathbf{k}\right)+\frac{1}{V} \sum_{\mathbf{k}^{\prime \prime}} U\left(\mathbf{k}^{\prime}, \mathbf{k}^{\prime \prime}\right) \psi_{\mathrm{sc}}\left(\mathbf{k}^{\prime \prime}\right)\right) \tag{5.43}
\end{equation*}
$$

where we have in the standard way introduced the infinitesimal imaginary part $\delta$ to ensure that only outgoing waves are present in the scattered wave.
${ }^{4}$ A function $F(\mathbf{r})$ and its Fourier transform $F(\mathbf{q})$ are related by

$$
F(\mathbf{r})=\frac{1}{V} \sum_{\mathbf{q}} F(\mathbf{q}) e^{i \mathbf{q} \cdot \mathbf{r}}=\int \frac{d \mathbf{q}}{(2 \pi)^{3}} F(\mathbf{q}) e^{i \mathbf{q} \cdot \mathbf{r}}
$$

where $V$ is the volume. Thus $F(\mathbf{q})=\int d \mathbf{r} F(\mathbf{r}) e^{-i \mathbf{q} \cdot \mathbf{r}}$. We adopt the common convention of distinguishing a function from its Fourier transform by their argument only.
5 We caution the reader that there are different ways of normalizing states in the continuum. In some of the atomic physics literature it is common to use integrals over energy rather than sums over wave numbers and to work with states which differ from the ones used here by a factor of the square root of the density of states. Matrix elements of the potential are then dimensionless quantities, rather than ones with dimensions of energy times volume, as they are here.

This equation may be written in the form

$$
\begin{equation*}
\psi_{\mathrm{sc}}\left(\mathbf{k}^{\prime}\right)=\left(\frac{\hbar^{2} k^{2}}{m}-\frac{\hbar^{2} k^{\prime 2}}{m}+i \delta\right)^{-1} T\left(\mathbf{k}^{\prime}, \mathbf{k} ; \hbar^{2} k^{2} / m\right) \tag{5.44}
\end{equation*}
$$

where the scattering matrix $T$ satisfies the so-called Lippmann-Schwinger equation

$$
\begin{equation*}
T\left(\mathbf{k}^{\prime}, \mathbf{k} ; E\right)=U\left(\mathbf{k}^{\prime}, \mathbf{k}\right)+\frac{1}{V} \sum_{\mathbf{k}^{\prime \prime}} U\left(\mathbf{k}^{\prime}, \mathbf{k}^{\prime \prime}\right)\left(E-\frac{\hbar^{2} k^{\prime \prime 2}}{m}+i \delta\right)^{-1} T\left(\mathbf{k}^{\prime \prime}, \mathbf{k} ; E\right) \tag{5.45}
\end{equation*}
$$

The scattered wave at large distances and for zero energy ( $E=k=0$ ) may be calculated from Eq. (5.44). Using the Fourier transform

$$
\begin{equation*}
\int \frac{d \mathbf{k}^{\prime}}{(2 \pi)^{3}} \frac{e^{i \mathbf{k}^{\prime} \cdot \mathbf{r}}}{k^{\prime 2}}=\frac{1}{4 \pi r}, \tag{5.46}
\end{equation*}
$$

we find

$$
\begin{equation*}
\psi_{\mathrm{sc}}(r)=-\frac{m T(0,0 ; 0)}{4 \pi \hbar^{2} r} . \tag{5.47}
\end{equation*}
$$

We have replaced the argument $k^{\prime}$ in the $T$ matrix by zero, since the values of $k^{\prime}$ of importance in the Fourier transform are of order $1 / r$. The expression (5.47) may thus be identified with (5.10), which implies that the scattering matrix at zero energy and the scattering length are related by the expression

$$
\begin{equation*}
a=\frac{m}{4 \pi \hbar^{2}} T(0,0 ; 0) \tag{5.48}
\end{equation*}
$$

or

$$
\begin{equation*}
T(0,0 ; 0)=\frac{4 \pi \hbar^{2} a}{m} . \tag{5.49}
\end{equation*}
$$

More generally the scattering amplitude and the $T$ matrix are related by the equation

$$
\begin{equation*}
f\left(\mathbf{k}, \mathbf{k}^{\prime}\right)=-\frac{m}{4 \pi \hbar^{2}} T\left(\mathbf{k}^{\prime}, \mathbf{k} ; E=\hbar^{2} k^{2} / m\right) . \tag{5.50}
\end{equation*}
$$

In the Born approximation, which is obtained by taking only the first term on the right-hand side of the Lippmann-Schwinger equation, the scattering length is given by

$$
\begin{equation*}
a_{\text {Born }}=\frac{m}{4 \pi \hbar^{2}} U(0)=\frac{m}{4 \pi \hbar^{2}} \int d \mathbf{r} U(\mathbf{r}), \tag{5.51}
\end{equation*}
$$

corresponding to $\left|\mathbf{k}-\mathbf{k}^{\prime}\right|=0$. Thus the scattering matrix, $T$, may be regarded as an effective interaction, in the sense that when inserted into the Born-approximation expression for the scattered wave function it gives the
exact result when the atoms are far apart. The short-wavelength components of the wave function that represent the correlations between the two particles have been implicitly taken into account by replacing $U(0)$ by $T$.

To obtain further insight into effective interactions we now adopt another point of view. Let us divide the intermediate states in the LippmannSchwinger equation into two groups: those with energy greater than some cut-off value $\epsilon_{\mathrm{c}}=\hbar^{2} k_{\mathrm{c}}^{2} / m$, and those with lower energy. We can perform the summation over intermediate states in (5.45) in two stages. First we sum over all intermediate states with energy in excess of $\epsilon_{\mathrm{c}}$, and then over the remaining states. The first stage leads to a quantity $\tilde{U}\left(\mathbf{k}^{\prime}, \mathbf{k} ; E\right)$ which satisfies the equation

$$
\begin{align*}
\tilde{U}\left(\mathbf{k}^{\prime}, \mathbf{k} ; E\right) & =U\left(\mathbf{k}^{\prime}, \mathbf{k}\right) \\
& +\frac{1}{V} \sum_{\mathbf{k}^{\prime \prime}, k^{\prime \prime}>k_{\mathrm{c}}} U\left(\mathbf{k}^{\prime}, \mathbf{k}^{\prime \prime}\right)\left(E-\frac{\hbar^{2} k^{\prime \prime 2}}{m}+i \delta\right)^{-1} \tilde{U}\left(\mathbf{k}^{\prime \prime}, \mathbf{k} ; E\right) \tag{5.52}
\end{align*}
$$

and the second stage builds in the correlations associated with lower-energy states:

$$
\begin{align*}
T\left(\mathbf{k}^{\prime}, \mathbf{k} ; E\right) & =\tilde{U}\left(\mathbf{k}^{\prime}, \mathbf{k} ; E\right) \\
+ & \frac{1}{V} \sum_{\mathbf{k}^{\prime \prime}, k^{\prime \prime}<k_{\mathrm{c}}} \tilde{U}\left(\mathbf{k}^{\prime}, \mathbf{k}^{\prime \prime} ; E\right)\left(E-\frac{\hbar^{2} k^{\prime \prime 2}}{m}+i \delta\right)^{-1} T\left(\mathbf{k}^{\prime \prime}, \mathbf{k} ; E\right) . \tag{5.53}
\end{align*}
$$

The latter equation shows that if one uses $\tilde{U}$ as the interaction in a scattering problem in which intermediate states with energies in excess of $\epsilon_{\mathrm{c}}$ do not appear explicitly, it produces the correct scattering matrix. In this sense it is an effective interaction, which describes interactions between a limited set of states. The difference between the effective interaction and the bare one is due to the influence of the high-momentum states. It is important to observe that the effective potential depends explicitly on the choice of the energy $\epsilon_{\mathrm{c}}$. However, the final result for the scattering amplitude is, of course, independent of this choice.

If one takes the limit $k_{\mathrm{c}} \rightarrow 0$, the effective interaction reduces to the scattering matrix. For small $k_{\mathrm{c}}$, that is for describing interactions between very-long-wavelength excitations and at low energies, the effective interaction becomes simply

$$
\begin{equation*}
\left.\tilde{U}(0,0 ; 0)\right|_{k_{\mathrm{c}} \rightarrow 0}=\frac{4 \pi \hbar^{2} a}{m} \equiv U_{0} \tag{5.54}
\end{equation*}
$$

We shall make extensive use of this effective interaction for calculating properties of dilute gases. The key point is that the effective interaction
may be used to make precise calculations for low-energy properties of dilute systems, and the effects of short-range correlations are all encoded in a single quantity, the scattering length. This implies that the Born approximation for scattering, and a mean-field approach such as the Hartree or HartreeFock ones for calculating energies give the correct results provided one uses the effective interaction rather than the bare one. ${ }^{6}$

Later, in discussing the microscopic theory of the dilute Bose gas, we shall need an expression for the effective interaction for small but non-zero $k_{\mathrm{c}}$. This may be found from (5.53) and is

$$
\begin{align*}
\tilde{U}\left(\mathbf{k}^{\prime}, \mathbf{k} ; E\right) & \simeq T\left(\mathbf{k}^{\prime}, \mathbf{k} ; E\right) \\
& -\frac{1}{V} \sum_{\mathbf{k}^{\prime \prime}, k^{\prime \prime}<k_{c}} T\left(\mathbf{k}^{\prime}, \mathbf{k}^{\prime \prime} ; E\right)\left(E-\frac{\hbar^{2} k^{\prime \prime 2}}{m}+i \delta\right)^{-1} T\left(\mathbf{k}^{\prime \prime}, \mathbf{k} ; E\right) . \tag{5.55}
\end{align*}
$$

In the opposite limit, $k_{\mathrm{c}} \rightarrow \infty$, the effective interaction is the bare interaction, because no degrees of freedom are integrated out.

### 5.3 Scattering length for a model potential

As we have described earlier, the interaction between two alkali atoms at large separation is dominated by the van der Waals attraction. We now evaluate the scattering length for a model potential that has the van der Waals form $\sim 1 / r^{6}$ at large distances, and that is cut off at short distances by an infinitely hard core of radius $r_{c}[8,9]$ :

$$
\begin{equation*}
U(r)=\infty \quad \text { for } \quad r \leq r_{\mathrm{c}}, \quad U(r)=-\frac{\alpha}{r^{6}} \quad \text { for } r>r_{\mathrm{c}} . \tag{5.56}
\end{equation*}
$$

This simplified model captures the essential aspects of the physics when the potential has many bound states, as it does for alkali atoms. The core radius is to be regarded as a way of parametrizing the short-distance behaviour of the potential, rather than as a realistic representation of it.

The Schrödinger equation (5.13) for the relative motion is conveniently written in terms of the function $\chi=r R$,

$$
\begin{equation*}
\chi^{\prime \prime}(r)+\left[k^{2}-\frac{l(l+1)}{r^{2}}-\frac{2 m_{\mathrm{r}}}{\hbar^{2}} U(r)\right] \chi(r)=0 . \tag{5.57}
\end{equation*}
$$

[^8]Since we consider low-energy s-wave scattering, we set $k$ and $l$ equal to zero in (5.57), which results in

$$
\begin{equation*}
\chi^{\prime \prime}(r)+\frac{2 m_{\mathrm{r}} \alpha}{\hbar^{2} r^{6}} \chi(r)=0, \text { for } r>r_{\mathrm{c}} . \tag{5.58}
\end{equation*}
$$

Due to the presence of the hard core, $\chi$ must vanish at $r=r_{\mathrm{c}}$.
Our strategy is to use (5.58) to determine $\chi$ at large $r$, where it has the form

$$
\begin{equation*}
\chi=c_{1} r+c_{2}, \tag{5.59}
\end{equation*}
$$

in terms of which the scattering length is given by $a=-c_{2} / c_{1}$ (see (5.18)). First we introduce the dimensionless variable $x=r / r_{0}$, where

$$
\begin{equation*}
r_{0}=\left(\frac{2 m_{\mathrm{r}} \alpha}{\hbar^{2}}\right)^{1 / 4} \tag{5.60}
\end{equation*}
$$

This is the length scale we derived in Sec. 5.1 from qualitative arguments, except that here we have allowed for the possibility of the masses of the two atoms being different. The Schrödinger equation then becomes

$$
\begin{equation*}
\frac{d^{2} \chi(x)}{d x^{2}}+\frac{1}{x^{6}} \chi(x)=0 . \tag{5.61}
\end{equation*}
$$

In order to solve the differential equation (5.61), we write

$$
\begin{equation*}
\chi=x^{\beta} f\left(x^{\gamma}\right) \tag{5.62}
\end{equation*}
$$

and try to find values of $\beta$ and $\gamma$ that result in a known differential equation for $f=f(y)$ with $y=x^{\gamma}$. We obtain

$$
\begin{align*}
\frac{d^{2} \chi(x)}{d x^{2}}= & \beta(\beta-1) y^{(\beta-2) / \gamma} f(y)+[\gamma(\gamma-1)+2 \beta \gamma] y^{1+(\beta-2) / \gamma} \frac{d f(y)}{d y} \\
& +\gamma^{2} y^{2+(\beta-2) / \gamma} \frac{d^{2} f(y)}{d y^{2}} \tag{5.63}
\end{align*}
$$

and

$$
\begin{equation*}
\frac{1}{x^{6}} \chi(x)=y^{(\beta-6) / \gamma} f(y) \tag{5.64}
\end{equation*}
$$

If we choose $\beta=1 / 2$ and $\gamma=-2$, introduce the new variable $z=y / 2$, and write $f(y)=g(z)$, we find

$$
\begin{equation*}
\frac{d^{2} g}{d z^{2}}+\frac{1}{z} \frac{d g}{d z}+\left(1-\frac{1}{16 z^{2}}\right) g=0 \tag{5.65}
\end{equation*}
$$

which is Bessel's equation. The general solution of (5.65) may be written as a linear combination of the Bessel functions $J_{1 / 4}(z)$ and $J_{-1 / 4}(z)$,

$$
\begin{equation*}
g=A J_{1 / 4}(z)+B J_{-1 / 4}(z), \tag{5.66}
\end{equation*}
$$

where

$$
\begin{equation*}
z=\frac{r_{0}^{2}}{2 r^{2}} \tag{5.67}
\end{equation*}
$$

Since $\chi$ must vanish at $r=r_{\mathrm{c}}$, the coefficients satisfy the condition

$$
\begin{equation*}
\frac{A}{B}=-\frac{J_{-1 / 4}(\Phi)}{J_{1 / 4}(\Phi)} \tag{5.68}
\end{equation*}
$$

where the parameter $\Phi$ is defined by

$$
\begin{equation*}
\Phi \equiv \frac{r_{0}^{2}}{2 r_{\mathrm{c}}^{2}} \tag{5.69}
\end{equation*}
$$

In terms of the original variables, the radial function $\chi(r)=r R(r)$ is given by

$$
\begin{equation*}
\chi(r)=A\left(r / r_{0}\right)^{1 / 2}\left[J_{1 / 4}\left(r_{0}^{2} / 2 r^{2}\right)-\frac{J_{1 / 4}(\Phi)}{J_{-1 / 4}(\Phi)} J_{-1 / 4}\left(r_{0}^{2} / 2 r^{2}\right)\right] \tag{5.70}
\end{equation*}
$$

This function is plotted in Fig. 5.2 for different values of $\Phi$. For alkali atoms, the interatomic potentials become repulsive for $r \lesssim 10 a_{0}$, and therefore an appropriate choice of $r_{\mathrm{c}}$ is of this order of magnitude. Since $r_{0} \sim 100 a_{0}$ the condition

$$
\begin{equation*}
r_{0} \gg r_{\mathrm{c}} \tag{5.71}
\end{equation*}
$$

is satisfied, which implies that the potential has many bound states, as we shall argue below. We may then evaluate (5.68) by using the asymptotic expansion

$$
\begin{equation*}
J_{p}(z) \simeq \sqrt{\frac{2}{\pi z}} \cos \left[z-\left(p+\frac{1}{2}\right) \frac{\pi}{2}\right] \tag{5.72}
\end{equation*}
$$

valid for large $z$. We find from (5.68) that

$$
\begin{equation*}
\frac{A}{B}=-\frac{\cos (\Phi-\pi / 8)}{\cos (\Phi-3 \pi / 8)} \tag{5.73}
\end{equation*}
$$

To determine the scattering length we must examine the wave function $\chi$ at large distances $r \gg r_{0}$, that is for small values of $z$.

In this limit the leading term in the Bessel function is

$$
\begin{equation*}
J_{p}(z) \simeq \frac{z^{p}}{2^{p} \Gamma(1+p)} \tag{5.74}
\end{equation*}
$$

and therefore the radial wave function has the form

$$
\begin{equation*}
\chi \simeq A \frac{1}{\sqrt{2} \Gamma(5 / 4)}+B \frac{\sqrt{2}}{\Gamma(3 / 4)} \frac{r}{r_{0}} . \tag{5.75}
\end{equation*}
$$



Fig. 5.2 The radial wave function $\chi$ as a function of $r / r_{0}$ for selected values of $\Phi=r_{0}^{2} / 2 r_{\mathrm{c}}^{2}$. From top to bottom, the three curves correspond to core radii $r_{\mathrm{c}} \approx 0.12159 r_{0}, 0.12097 r_{0}$, and $0.11895 r_{0}$, and illustrate the sensitivity of the wave function to small changes in the short-range part of the potential. The normalization constant has been chosen to make the wave function at large $r$ positive, and as a consequence the wave function for $r \rightarrow r_{\mathrm{c}}$ has the opposite sign for case (c) compared with the other two cases.


Fig. 5.3 The scattering length $a$ as a function of the hard core radius $r_{\mathrm{c}}$. Both are measured in units of $r_{0}$. The points labelled correspond to the three values of $r_{\mathrm{c}}$ used to generate curves (a) to (c), respectively, in Fig. 5.2; for case (b) $a$ is $-186.0 r_{0}$.

By comparing this result with the general expression (5.59) for the wave function at large distances we conclude that

$$
\begin{equation*}
a=-r_{0} \frac{\Gamma(3 / 4)}{2 \Gamma(5 / 4)} \frac{A}{B} . \tag{5.76}
\end{equation*}
$$

The scattering length obtained from (5.68) and (5.76) is plotted in Fig. 5.3 as a function of the hard core radius. Inserting the ratio $A / B$ from (5.73) we arrive at the expression

$$
\begin{equation*}
a=r_{0} \frac{\Gamma(3 / 4) \cos (\Phi-\pi / 8)}{2 \Gamma(5 / 4) \cos (\Phi-3 \pi / 8)}, \tag{5.77}
\end{equation*}
$$

which may alternatively be written as

$$
\begin{equation*}
a=r_{0} \frac{\Gamma(3 / 4)}{2 \sqrt{2} \Gamma(5 / 4)}[1-\tan (\Phi-3 \pi / 8)] \approx 0.478 r_{0}[1-\tan (\Phi-3 \pi / 8)] . \tag{5.78}
\end{equation*}
$$

From Eq. (5.78) we can draw a number of important conclusions. First,
the scale of scattering lengths is set by the quantity $r_{0}$, in agreement with the dimensional arguments made in Sec. 5.1. Second, the scattering length can be either positive (corresponding to a repulsive effective interaction) or negative (corresponding to an attractive one). Third, the scattering length depends on the details of the short-range part of the interaction (in this case the parameter $r_{\mathrm{c}}$ ), and therefore it is impossible on the basis of this simple model to obtain realistic estimates of the scattering length. This is due to the fact that the sign of the effective interaction at zero energy depends on the energy of the highest bound state. One may estimate the number of bound states by imagining slowly increasing the strength of the potential from zero to its physical value. A bound state appears whenever the scattering length tends to minus infinity and therefore the number $N_{\mathrm{b}}$ of bound states is given by the integer part of $(\Phi / \pi+1 / 8)$ or

$$
\begin{equation*}
N_{\mathrm{b}} \approx \operatorname{int}\left(\frac{\Phi}{\pi}\right)=\operatorname{int}\left(\frac{r_{0}^{2}}{2 \pi r_{\mathrm{c}}^{2}}\right) \tag{5.79}
\end{equation*}
$$

for $\Phi \gg 1$.
One can make statistical arguments about the relative likelihood of attractive and repulsive interactions by assuming that all values of $\Phi$ in a range much greater than $\pi$ are equally probable. According to (5.78) the scattering length $a$ is positive unless $\Phi-3 \pi / 8-\nu \pi$ lies in the interval between $\pi / 4$ and $\pi / 2$, with $\nu$ being an integer. Since the length of this interval is $\pi / 4$, there is a 'probability' $1 / 4$ of the scattering length being negative and a 'probability' $3 / 4$ of it being positive. Thus, on average, repulsive interactions should be three times more common than attractive ones.

The van der Waals potential plays such an important role in low-energy scattering of alkali atoms because, in the range of atomic separations for which it dominates the interaction, it is so strong that it can cause many spatial oscillations of the zero-energy wave function. The qualitative conclusions we have arrived at using the simple model apply for more general forms of the short-range part of the potential, as may be demonstrated by using the semi-classical approximation [8].

### 5.4 Scattering between different internal states

In treating atom-atom scattering we have so far neglected the internal degrees of freedom of the atoms due to the nuclear and electronic spins. These give rise to the hyperfine and Zeeman splittings, as discussed in Chapter 3. For an alkali atom in its ground state, the electronic spin is $1 / 2$ and the total number of nuclear spin states is $2 I+1$, where $I$ is the nuclear spin.

For two alkali atoms in their ground states, with nuclear spin $I_{1}$ and $I_{2}$, the total number of hyperfine states is thus $4\left(2 I_{1}+1\right)\left(2 I_{2}+1\right)$, and we shall label them by indices $\alpha$ and $\beta$ which specify the hyperfine states of each of the atoms. Two atoms initially in the state $|\alpha \beta\rangle$ may be scattered by atom-atom interactions to the state $\left|\alpha^{\prime} \beta^{\prime}\right\rangle$ and, as a consequence, scattering becomes a multi-channel problem. In this section we indicate how to generalize the theory of scattering to this situation.

In the absence of interactions between atoms, the Hamiltonian for two atoms consists of the kinetic energy associated with the centre-of-mass motion, the kinetic energy of the relative motion, and the hyperfine and Zeeman energies, Eq. (3.8). As in the single-channel problem, the centre-of-mass motion is simple, since the corresponding momentum is conserved. We can therefore confine our attention to the relative motion, the Hamiltonian for which is

$$
\begin{equation*}
H_{\mathrm{rel}}=H_{0}+U, \tag{5.80}
\end{equation*}
$$

where

$$
\begin{equation*}
H_{0}=\frac{\mathbf{p}^{2}}{2 m_{\mathrm{r}}}+H_{\mathrm{spin}}(1)+H_{\mathrm{spin}}(2) . \tag{5.81}
\end{equation*}
$$

Here the first term in $H_{0}$ is the kinetic energy operator for the relative motion, $\mathbf{p}$ being the operator for the relative momentum, $H_{\text {spin }}$ is the Hamiltonian (3.8), the labels 1 and 2 refer to the two atoms, and $U$ is the atom-atom interaction. The eigenstates of $H_{0}$ may be denoted by $|\alpha \beta, \mathbf{k}\rangle$, where $\hbar \mathbf{k}$ is the relative momentum. If the eigenvalues of the spin Hamiltonian are given by

$$
\begin{equation*}
H_{\text {spin }}|\alpha\rangle=\epsilon_{\alpha}|\alpha\rangle, \tag{5.82}
\end{equation*}
$$

the energies of the eigenstates of $H_{0}$ are

$$
\begin{equation*}
E_{\alpha \beta}\left(k_{\alpha \beta}\right)=\frac{\hbar^{2} k_{\alpha \beta}^{2}}{2 m_{\mathrm{r}}}+\epsilon_{\alpha}+\epsilon_{\beta} . \tag{5.83}
\end{equation*}
$$

The scattering amplitude is now introduced by generalizing (5.8) to allow for the internal states. The asymptotic form of the wave function corresponding to (5.8) is thus

$$
\begin{equation*}
\psi=e^{i \mathbf{k}_{\alpha \beta} \cdot \mathbf{r}}|\alpha \beta\rangle+\sum_{\alpha^{\prime} \beta^{\prime}} f_{\alpha \beta}^{\alpha^{\prime} \beta^{\prime}}\left(\mathbf{k}_{\alpha \beta}, \mathbf{k}_{\alpha^{\prime} \beta^{\prime}}^{\prime}\right) \frac{e^{i k_{\alpha^{\prime} \beta^{\prime}}^{\prime} r}}{r}\left|\alpha^{\prime} \beta^{\prime}\right\rangle, \tag{5.84}
\end{equation*}
$$

where $\hbar \mathbf{k}_{\alpha \beta}$ is the relative momentum in the incoming state, which is referred to as the entrance channel. The scattered wave has components in different internal states $\alpha^{\prime} \beta^{\prime}$ which are referred to as the exit channels.

It is important to note that if the entrance and exit channels are different, their hyperfine and Zeeman energies are generally different, and therefore the magnitude of the relative momentum $\hbar \mathbf{k}_{\alpha^{\prime} \beta^{\prime}}^{\prime}$ in the exit channel $\alpha^{\prime} \beta^{\prime}$ is different from that in the entrance channel. The two relative momenta are related by the requirement that the total energy $E$ be conserved, $E=$ $E_{\alpha \beta}\left(k_{\alpha \beta}\right)=E_{\alpha^{\prime} \beta^{\prime}}\left(k_{\alpha^{\prime} \beta^{\prime}}^{\prime}\right)$, and thus the condition on the wave numbers for the relative motion is

$$
\begin{equation*}
\frac{\hbar^{2} k_{\alpha^{\prime} \beta^{\prime}}^{\prime 2}}{2 m_{\mathrm{r}}}=\frac{\hbar^{2} k_{\alpha \beta}^{2}}{2 m_{\mathrm{r}}}+\epsilon_{\alpha}+\epsilon_{\beta}-\epsilon_{\alpha^{\prime}}-\epsilon_{\beta^{\prime}} . \tag{5.85}
\end{equation*}
$$

If $k_{\alpha^{\prime} \beta^{\prime}}^{\prime 2} \leq 0$, the channel is said to be closed, since there is insufficient energy for the pair of atoms to be at rest far from each other, and the corresponding term should not be included in the sum. Another way of expressing this is that a channel $\alpha^{\prime} \beta^{\prime}$ is closed if the energy in the relative motion as given by the Hamiltonian Eq. (5.81) is less than a threshold energy $E_{\mathrm{th}}\left(\alpha^{\prime} \beta^{\prime}\right)$ given by

$$
\begin{equation*}
E_{\mathrm{th}}\left(\alpha^{\prime} \beta^{\prime}\right)=\epsilon_{\alpha^{\prime}}+\epsilon_{\beta^{\prime}} . \tag{5.86}
\end{equation*}
$$

For many purposes it is convenient to work in terms of the $T$ matrix rather than the scattering amplitude. This is defined by a Lippmann-Schwinger equation analogous to that for the single-channel problem, Eq. (5.45), which we write formally as

$$
\begin{equation*}
T=U+U G_{0} T \tag{5.87}
\end{equation*}
$$

where the propagator for the pair of atoms in the absence of interactions between them is given by

$$
\begin{equation*}
G_{0}=\left(E-H_{0}+i \delta\right)^{-1} . \tag{5.88}
\end{equation*}
$$

The scattering amplitude is related to the matrix element of the $T$ matrix by the same factor as for a single channel. This is given in Eq. (5.50) for two particles of equal mass, and the generalization to unequal masses is straightforward, amounting to the replacement of $m$ by $2 m_{\mathrm{r}}$. We therefore get

$$
\begin{equation*}
f_{\alpha \beta}^{\alpha^{\prime} \beta^{\prime}}\left(\mathbf{k}_{\alpha \beta}, \mathbf{k}_{\alpha^{\prime} \beta^{\prime}}^{\prime}\right)=-\frac{m_{\mathrm{r}}}{2 \pi \hbar^{2}}\left\langle\alpha^{\prime} \beta^{\prime}\right| T\left(\mathbf{k}_{\alpha^{\prime} \beta^{\prime}}^{\prime}, \mathbf{k}_{\alpha \beta} ; E\right)|\alpha \beta\rangle . \tag{5.89}
\end{equation*}
$$

## The central part of the interaction

To estimate rates of processes we need to invoke the specific properties of the interatomic interaction. The largest contribution is the central part $U^{\mathrm{c}}$, which we discussed in Sec. 5.1. This depends on the separation of the
atoms, and on the electronic spin state of the two atoms. For alkali atoms and hydrogen, the electronic spin is $1 / 2$, and therefore the electronic spin state of a pair of atoms can be either a singlet or a triplet. One therefore writes the interaction in terms of the electron spin operators $\mathbf{S}_{1}$ and $\mathbf{S}_{2}$. By expressing the scalar product $\mathbf{S}_{1} \cdot \mathbf{S}_{2}$ in terms of the total spin by analogy with (3.3) one sees that $\mathbf{S}_{1} \cdot \mathbf{S}_{2}$ has eigenvalues $1 / 4$ (for triplet states) and $-3 / 4$ (for singlet states). Consequently the interaction may be written in the form

$$
\begin{equation*}
U^{\mathrm{c}}=U_{\mathrm{s}} \mathcal{P}_{0}+U_{\mathrm{t}} \mathcal{P}_{1}=\frac{U_{\mathrm{s}}+3 U_{\mathrm{t}}}{4}+\left(U_{\mathrm{t}}-U_{\mathrm{s}}\right) \mathbf{S}_{1} \cdot \mathbf{S}_{2} \tag{5.90}
\end{equation*}
$$

where $\mathcal{P}_{0}=1 / 4-\mathbf{S}_{1} \cdot \mathbf{S}_{2}$ and $\mathcal{P}_{1}=3 / 4+\mathbf{S}_{1} \cdot \mathbf{S}_{2}$ are projection operators for the two-electron singlet and triplet states, respectively. At large distances the singlet and triplet potentials are dominated by the van der Waals interaction. The interaction (5.90) is invariant under rotations in coordinate space, and therefore it conserves orbital angular momentum. However, it can exchange the spins of the atoms, flipping one from up to down, and the other from down to up, for example. Because it is invariant under rotations in spin space, it conserves the total electronic spin angular momentum.

## The magnetic dipole-dipole interaction

Some transitions are forbidden for the central part of the interaction, and under such circumstances the magnetic dipole-dipole interaction between electronic spins can be important. This has a form analogous to the electric dipole-dipole interaction (5.3) and it may be written as

$$
\begin{equation*}
U_{\mathrm{md}}=\frac{\mu_{0}\left(2 \mu_{\mathrm{B}}\right)^{2}}{4 \pi r^{3}}\left[\mathbf{S}_{1} \cdot \mathbf{S}_{2}-3\left(\mathbf{S}_{1} \cdot \hat{\mathbf{r}}\right)\left(\mathbf{S}_{2} \cdot \hat{\mathbf{r}}\right)\right] . \tag{5.91}
\end{equation*}
$$

This is independent of nuclear spins and is invariant under simultaneous rotations in coordinate space and electron spin space, and therefore it conserves the total angular momentum. However, it does not conserve separately orbital angular momentum and electronic spin angular momentum. The interaction transforms as spherical tensors of rank 2 in both coordinate space and spin space, and it may be written in the form

$$
\begin{equation*}
U_{\mathrm{md}}=-\left(\frac{24}{5 \pi}\right)^{1 / 2} \frac{\mu_{0} \mu_{\mathrm{B}}^{2}}{r^{3}} \sum_{\mu=-2}^{2} Y_{2 \mu}^{*}(\hat{\mathbf{r}}) \Sigma_{2, \mu} \tag{5.92}
\end{equation*}
$$

where $Y_{l m}(\hat{\mathbf{r}})$ is a spherical harmonic and $\Sigma_{2, \mu}$ is a spherical tensor of rank 2 made up from the two spin operators. Its components are

$$
\begin{aligned}
\Sigma_{2,0} & =-\sqrt{\frac{3}{2}}\left(S_{1 z} S_{2 z}-\mathbf{S}_{1} \cdot \mathbf{S}_{2} / 3\right), \\
\Sigma_{2, \pm 1} & = \pm \frac{1}{2}\left(S_{1 z} S_{2 \pm}+S_{1 \pm} S_{2 z}\right),
\end{aligned}
$$

and

$$
\begin{equation*}
\Sigma_{2, \pm 2}=-\frac{1}{2} S_{1 \pm} S_{2 \pm} \tag{5.93}
\end{equation*}
$$

This interaction can induce transitions in which the orbital angular momentum quantum number $l$ changes by $-2,0$, or +2 . Two incoming atoms in an s-wave state can thus be scattered to a d-wave state, the angular momentum being taken from the electronic spins. As we shall show, typical non-vanishing matrix elements of the dipole-dipole interaction are roughly one or two orders of magnitude less than those for spin exchange, which involve the $\mathbf{S}_{1} \cdot \mathbf{S}_{2}$ term in (5.90).

## Low-energy collisions

The scattering amplitude is determined by solving the Schrödinger equation in essentially the same way as was done for a single channel. It is convenient to work in a basis of angular-momentum eigenstates of the form $|l m \alpha \beta\rangle$. The quantum number $l$ specifies the total orbital angular momentum due to the relative motion of the atoms, and $m$ its projection on some axis. Expressing the state in terms of this basis corresponds to the partial wave expansion in the single-channel problem supplemented by the channel label $\alpha \beta$ specifying the electronic and nuclear spin state of the two atoms. The result is a set of coupled second-order differential equations for the different channels specified by the quantum numbers $l, m, \alpha$, and $\beta$. The picture of a low-energy collision that emerges from such calculations is that the two incoming atoms are initially in single-atom states obtained by diagonalizing the hyperfine and Zeeman terms in Eq. (5.81). If we forget for the moment about the dipole-dipole interaction, the interaction at large separations is dominated by the van der Waals term, which does not mix different hyperfine states. However, for smaller separations the central part of the interaction is different for triplet and singlet electronic spin states. As a simple model, let us assume that for separations greater than some value $R_{0}$ the interaction may be taken to be independent of hyperfine state and therefore there is no mixing of the different
hyperfine states. At smaller separations, where the dependence of the interaction on the electronic spin state becomes important, we shall neglect the hyperfine interaction, and therefore the interaction depends only on the electronic spin state. The wave function for the incoming particles at $R_{0}$ may be expressed in terms of electronic singlet and triplet states, and then for $r<R_{0}$ the singlet and triplet states propagate in different ways. Finally, the outgoing wave at $r=R_{0}$ must be re-expressed in terms of the hyperfine states for two atoms. Because the potential for $r<R_{0}$ depends on the electronic spin state this will generally give rise to an outgoing wave function with a hyperfine composition different from that of the incoming state. In practice, a multi-channel calculation is necessary to obtain reliable quantitative results because the transition between the outer and inner regions is gradual, not sharp. For a more detailed account, we refer to Ref. [2].
A convenient way of summarizing data on low-energy scattering is in terms of fictitious singlet and triplet scattering lengths, that are the scattering lengths $a_{\mathrm{s}}$ for the singlet part of the central potential and $a_{\mathrm{t}}$ for the triplet when the hyperfine splittings and the dipole-dipole interaction are neglected. Since the long-range part of the interaction is wellcharacterized, from these quantities it is possible to calculate scattering lengths for arbitrary combinations of hyperfine states and the rates of inelastic collisions.
If both atoms occupy the same doubly polarized state $F=F_{\max }=I+1 / 2$ and $m_{F}= \pm F_{\max }$, the electron spins are either both up or both down. Consequently the electronic spin state of the two atoms is a triplet, and only the triplet part of the interaction contributes. For pairs of atoms in other hyperfine states the electronic spin state is a superposition of singlet and triplet components, and therefore both triplet and singlet parts of the interaction play a role, and in particular they will mix different channels.

The coupling of channels has two effects. First, atoms can be scattered between different magnetic substates. Since the trap potential depends on the magnetic substate, this generally leads to loss of atoms from the trap, as described in Sec. 4.6. Second, the elastic scattering amplitude and the effective interaction are altered by the coupling between channels. We now discuss these two topics in greater detail.

### 5.4.1 Inelastic processes

Rates of processes may be calculated in terms of the scattering amplitude. The differential cross section is the current per unit solid angle in the final
state divided by the flux in the initial state. With the wave function (5.84) the flux in the entrance channel is the relative velocity $v_{\alpha \beta}=\hbar k_{\alpha \beta} / m_{\mathrm{r}}$, and the current in the exit channel is $\left|f_{\alpha \beta}^{\alpha^{\prime} \beta^{\prime}}\left(\mathbf{k}_{\alpha \beta}, \mathbf{k}_{\alpha^{\prime} \beta^{\prime}}^{\prime}\right)\right|^{2} v_{\alpha^{\prime} \beta^{\prime}}^{\prime}$ per unit solid angle. The differential cross section is therefore

$$
\begin{equation*}
\frac{d \sigma_{\alpha \beta}^{\alpha^{\prime} \beta^{\prime}}}{d \Omega}=\left|f_{\alpha \beta}^{\alpha^{\prime} \beta^{\prime}}\left(\mathbf{k}_{\alpha \beta}, \mathbf{k}_{\alpha^{\prime} \beta^{\prime}}^{\prime}\right)\right|^{2} \frac{v^{\prime} \alpha^{\prime} \beta^{\prime}}{v_{\alpha \beta}}=\left|f_{\alpha \beta}^{\alpha^{\prime} \beta^{\prime}}\left(\mathbf{k}_{\alpha \beta}, \mathbf{k}_{\alpha^{\prime} \beta^{\prime}}^{\prime}\right)\right|^{2} \frac{k_{\alpha^{\prime} \beta^{\prime}}^{\prime}}{k_{\alpha \beta}} \tag{5.94}
\end{equation*}
$$

The rate at which two atoms in states $\alpha$ and $\beta$ and contained within a volume $V$ are scattered to states $\alpha^{\prime}$ and $\beta^{\prime}$ is given by $\mathcal{K}_{\alpha \beta}^{\alpha^{\prime} \beta^{\prime}} / V$, where

$$
\begin{align*}
\mathcal{K}_{\alpha \beta}^{\alpha^{\prime} \beta^{\prime}} & =v_{\alpha \beta} \int d \Omega \frac{d \sigma_{\alpha \beta}^{\alpha^{\prime} \beta^{\prime}}}{d \Omega} \\
& \left.=\frac{2 \pi}{\hbar} N_{\alpha^{\prime} \beta^{\prime}}(E) \int \frac{d \Omega}{4 \pi}\left|\left\langle\alpha^{\prime} \beta^{\prime}\right| T\left(\mathbf{k}_{\alpha^{\prime} \beta^{\prime}}^{\prime}, \mathbf{k}_{\alpha \beta} ; E\right)\right| \alpha \beta\right\rangle\left.\right|^{2} \tag{5.95}
\end{align*}
$$

Here we have used Eq. (5.89), and

$$
\begin{equation*}
N_{\alpha^{\prime} \beta^{\prime}}(E)=\frac{m_{\mathrm{r}}^{2} v_{\alpha^{\prime} \beta^{\prime}}^{\prime}}{2 \pi^{2} \hbar^{3}} \tag{5.96}
\end{equation*}
$$

is the density of final states of the relative motion per unit energy and per unit volume. Equation (5.96) is equivalent to Eq. (2.5) for a single particle, but with the mass of an atom replaced by the reduced mass and the particle momentum by the relative momentum $m_{\mathrm{r}} v_{\alpha^{\prime} \beta^{\prime}}^{\prime}$. The relative velocity in the final state is given by

$$
\begin{equation*}
v_{\alpha^{\prime} \beta^{\prime}}^{\prime}=\frac{\hbar k_{\alpha^{\prime} \beta^{\prime}}^{\prime}}{m_{\mathrm{r}}}=\left[\frac{2\left(E-\epsilon_{\alpha^{\prime}}-\epsilon_{\beta^{\prime}}\right)}{m_{\mathrm{r}}}\right]^{1 / 2} . \tag{5.97}
\end{equation*}
$$

The $T$ matrix for transitions of two atoms in hyperfine states $\alpha \beta$ to states $\alpha^{\prime} \beta^{\prime}$, with quantum numbers $m_{F}$ and $m_{F}^{\prime}$ for the projection of the total spin of the nucleus and the electrons in the direction of the magnetic field, may be written quite generally as

$$
\begin{equation*}
T\left(\mathbf{k}_{\alpha^{\prime} \beta^{\prime}}^{\prime}, \mathbf{k}_{\alpha \beta} ; E\right)=\sum_{l m, l^{\prime} m^{\prime}} T_{\alpha \beta l m}^{\alpha^{\prime} \beta^{\prime} l^{\prime} m^{\prime}} Y_{l^{\prime} m^{\prime}}^{*}\left(\hat{\mathbf{k}}^{\prime}\right) Y_{l m}(\hat{\mathbf{k}}), \tag{5.98}
\end{equation*}
$$

since the spherical harmonics form a complete set of angular functions. Here the quantities $T_{\alpha \beta l m}^{\alpha^{\prime} \beta^{\prime} l^{\prime} m^{\prime}}$ are expansion coefficients. In a magnetic field, total angular momentum of the two atoms is not conserved, but the component of the angular momentum along the field is. Consequently, the matrix element $T_{\alpha \beta l m}^{\alpha^{\prime} \beta^{\prime} l^{\prime} m^{\prime}}$ vanishes unless $m+m_{F}=m^{\prime}+m_{F}^{\prime}$, which implies that $m=m^{\prime}$ for scattering without change of channel $\left(\alpha=\alpha^{\prime}, \beta=\beta^{\prime}\right.$ and therefore $m_{F}=m_{F}^{\prime}$ ). The $T$ matrix for ultracold atoms is dominated by the s-wave
component but, due to the magnetic dipole-dipole interaction, there is a non-zero d-wave admixture even in the limit $k \rightarrow 0$, as we shall describe later in this section. In the scattering of atoms without change of the hyperfine states the effect of the dipole-dipole interaction is generally small compared with that of the other components of the interaction (see, e.g., Eq. (5.110)). When the d-wave component is neglected, the scattering amplitude becomes independent of the directions of $\mathbf{k}$ and $\mathbf{k}^{\prime}$. However, the scattering amplitude may still be energy-dependent, as in the case of a molecular resonance near zero energy (see Sec. 5.4.2).
In the Born approximation one replaces the $T$ matrix by the potential itself, and the result (5.95) then reduces to Fermi's Golden Rule for the rate of transitions. If either the incoming atoms are in the same internal state, or the outgoing ones are in the same state, the $T$ matrix must be symmetrized or antisymmetrized according to the statistics of the atoms, as we described earlier for elastic scattering (see Eq. (5.24)).
In a gas at temperatures high enough that the effects of quantum degeneracy can be neglected, the total rate of a process is obtained by multiplying the rate (5.95) for a pair of particles by the distribution functions for atoms in internal states $\alpha$ and $\beta$ and then integrating over the momenta of the particles. This leads to equations for the rate of change of the number densities $n_{\alpha}, n_{\beta}$ of atoms:

$$
\begin{equation*}
\frac{d n_{\alpha}}{d t}=\frac{d n_{\beta}}{d t}=-\frac{d n_{\alpha^{\prime}}}{d t}=-\frac{d n_{\beta^{\prime}}}{d t}=-K_{\alpha \beta}^{\alpha^{\prime} \beta^{\prime}} n_{\alpha} n_{\beta} . \tag{5.99}
\end{equation*}
$$

When the effects of degeneracy become important, statistical factors must be included for the final states to take into account induced emission for bosons and Pauli blocking for fermions.

The rate coefficients $K$ are temperature dependent and are defined by

$$
\begin{equation*}
K_{\alpha \beta}^{\alpha^{\prime} \beta^{\prime}}=\overline{\mathcal{K}_{\alpha \beta}^{\alpha^{\prime} \beta^{\prime}}}=\frac{2 \pi}{\hbar} \overline{\left.\left|\left\langle\alpha^{\prime} \beta^{\prime}\right| T\right| \alpha \beta\right\rangle\left.\right|^{2} N_{\alpha^{\prime} \beta^{\prime}}(E)}=\overline{\sigma_{\alpha \beta}^{\alpha^{\prime} \beta^{\prime}}(E) v_{\alpha \beta}}, \tag{5.100}
\end{equation*}
$$

where the bar indicates an average over the distribution of the relative velocities $v$ of the colliding atoms and over angles for the final relative momentum. These coefficients have the dimensions of volume divided by time, and a typical lifetime for an atom in state $\alpha$ to be lost by this process is given by $\tau_{\alpha}=1 / K_{\alpha \beta}^{\alpha^{\prime} \beta^{\prime}} n_{\beta}$.

## Spin-exchange processes

To estimate the rate of processes that can proceed via the central part of the interaction, we use the fact that the interaction may be written in the form
(5.90). If we adopt the simplified picture of a collision given earlier and also neglect the hyperfine and magnetic dipole-dipole interactions during the scattering process we may write the effective interaction for the spin degrees of freedom as

$$
\begin{equation*}
U_{\mathrm{ex}}(\mathbf{r})=\frac{4 \pi \hbar^{2}\left(a_{\mathrm{t}}-a_{\mathrm{s}}\right)}{m} \mathbf{S}_{1} \cdot \mathbf{S}_{2} \delta(\mathbf{r}), \tag{5.101}
\end{equation*}
$$

which has the usual form of an exchange interaction. Here we have replaced $U_{\mathrm{t}}-U_{\mathrm{s}}$ in (5.90) by the difference between the corresponding pseudopotentials, following the same line of argument that led to Eq. (5.54). The matrix elements of the $T$ matrix are therefore given by

$$
\begin{equation*}
\left\langle\alpha^{\prime} \beta^{\prime}\right| T|\alpha \beta\rangle=\frac{4 \pi \hbar^{2}\left(a_{\mathrm{t}}-a_{\mathrm{s}}\right)}{m}\left\langle\alpha^{\prime} \beta^{\prime}\right| \mathbf{S}_{1} \cdot \mathbf{S}_{2}|\alpha \beta\rangle . \tag{5.102}
\end{equation*}
$$

For incoming atoms with zero kinetic energy the rate coefficient (5.100) is therefore

$$
\begin{equation*}
\left.K_{\alpha \beta}^{\alpha^{\prime} \beta^{\prime}}=4 \pi\left(a_{\mathrm{t}}-a_{\mathrm{s}}\right)^{2} v_{\alpha^{\prime} \beta^{\prime}}^{\prime}\left|\left\langle\alpha^{\prime} \beta^{\prime}\right| \mathbf{S}_{1} \cdot \mathbf{S}_{2}\right| \alpha \beta\right\rangle\left.\right|^{2} . \tag{5.103}
\end{equation*}
$$

For hydrogen, the difference of the scattering lengths is of order $a_{0}$, and therefore for atoms in the upper hyperfine state, the rate coefficient is of order $10^{-13} \mathrm{~cm}^{3} \mathrm{~s}^{-1}$ if the spin matrix element is of order unity. For alkali atoms the corresponding values are of order $10^{-11} \mathrm{~cm}^{3} \mathrm{~s}^{-1}$ because of the larger scattering lengths. Since typical densities in experiments are of order $10^{13} \mathrm{~cm}^{-3}$ or more, the estimates for rate coefficients indicate that atoms will be lost by exchange collisions in a fraction of a second. For atoms in the lower hyperfine multiplet in low magnetic fields the rate coefficients are generally smaller because of the reduced amount of phase space available to the outgoing atoms.

The fact that rates of spin-exchange processes vary as $\left(a_{\mathrm{t}}-a_{\mathrm{s}}\right)^{2}$ makes it possible to deduce information about scattering lengths from data on the lifetimes of atoms in traps. As we shall describe in Sec. 5.5, the lifetime of a cloud containing condensates of ${ }^{87} \mathrm{Rb}$ atoms in two different hyperfine states was found to be unexpectedly long, and this provided evidence for the triplet and singlet scattering lengths being almost equal.

## Dipolar processes

Some transitions cannot occur via the central part of the interaction because of angular momentum selection rules. For example, two atoms that are both in the doubly polarized state $\left|F=I+1 / 2, m_{F}=F\right\rangle$ cannot scatter to any other channel because there are no other states with the same
projection of the total spin angular momentum. Consider next two atoms which are both in the maximally stretched state $\left|F=I-1 / 2, m_{F}=-F\right\rangle$ in a low magnetic field. This state is partly electronic spin triplet and partly singlet. Consequently, the central part of the interaction does have matrix elements between the maximally stretched state and other states. However, if the nuclear magnetic moment is positive, as it is for the bosonic alkali isotopes we consider, these other states have $F=I+1 / 2$, and therefore they lie above the original states by an energy equal to the hyperfine splitting. Therefore, for temperatures at which the thermal energy $k T$ is less than the hyperfine splitting, transitions to the upper hyperfine state are suppressed. Clouds of atoms containing either the doubly polarized state or the maximally stretched state can, however, decay via the magnetic dipole-dipole interaction, but rates for dipolar processes are typically $10^{-2}-10^{-4}$ times those for spin-exchange processes, as we shall explain below. Similar arguments apply for the states $\left|F=I+1 / 2, m_{F}=-F\right\rangle$ and $\left|F=I-1 / 2, m_{F}=F\right\rangle$. The doubly polarized state $\left|F=I+1 / 2, m_{F}=F\right\rangle$ and the maximally stretched state $\left|F=I-1 / 2, m_{F}=-F\right\rangle$ have low inelastic scattering rates and, since they can be trapped magnetically, these states are favoured for experiments on dilute gases.

Polarized gases in which all atoms are either in the doubly polarized state or the maximally stretched state with $F=I-1 / 2$ can decay via the magnetic dipole-dipole interaction. We shall estimate rate coefficients for dipoledipole relaxation of two incoming atoms with zero relative momentum using the Born approximation, in which one replaces the $T$ matrix in Eq. (5.100) by the matrix element of the magnetic dipole-dipole interaction (5.91) between an incoming state with relative momentum zero and an outgoing one with relative momentum $\mathbf{k}_{\alpha^{\prime} \beta^{\prime}}^{\prime}$ whose magnitude is defined by Eq. (5.97) for $E=$ $\epsilon_{\alpha}+\epsilon_{\beta}$.
If the relative momentum of the incoming atoms is zero, the result is

$$
\begin{equation*}
K_{\alpha \beta}^{\alpha^{\prime} \beta^{\prime}}=\frac{m^{2}}{4 \pi \hbar^{4}} \overline{\left.\left\langle\alpha^{\prime} \beta^{\prime}\right| U_{\mathrm{md}}\left(\mathbf{k}_{\alpha^{\prime} \beta^{\prime}}^{\prime}, 0\right)|\alpha \beta\rangle\right|^{2}} v_{\alpha^{\prime} \beta^{\prime}}^{\prime}, \tag{5.104}
\end{equation*}
$$

where the bar denotes an average over directions of the final relative momentum. The wave function for the initial state, which has zero momentum, is unity, and that for the final state is $\exp \left(i \mathbf{k}_{\alpha^{\prime} \beta^{\prime}}^{\prime} \cdot \mathbf{r}\right)$, and therefore the matrix element of the magnetic dipole-dipole interaction (5.91) is

$$
\begin{equation*}
U_{\mathrm{md}}\left(\mathbf{k}_{\alpha^{\prime} \beta^{\prime}}^{\prime}, 0\right)=\int d \mathbf{r} U_{\mathrm{md}}(\mathbf{r}) e^{-i \mathbf{k}_{\alpha^{\prime} \beta^{\prime}}^{\prime} \cdot \mathbf{r}} \tag{5.105}
\end{equation*}
$$

and it is an operator in the spin variables. A plane wave is given in terms
of spherical waves by $[6, \S 34]$

$$
\begin{equation*}
e^{i \mathbf{k} \cdot \mathbf{r}}=4 \pi \sum_{l m} i^{l} j_{l}(k r) Y_{l m}^{*}(\hat{\mathbf{k}}) Y_{l m}(\hat{\mathbf{r}}) \tag{5.106}
\end{equation*}
$$

where $j_{l}$ is the spherical Bessel function and $\hat{\mathbf{k}}$ denotes a unit vector in the direction of $\mathbf{k}$. The expression (5.92) for the magnetic dipole-dipole interaction shows that it has only contributions corresponding to an orbital angular momentum $l=2$, and consequently the matrix element reduces to

$$
\begin{equation*}
U_{\mathrm{md}}\left(\mathbf{k}_{\alpha^{\prime} \beta^{\prime}}^{\prime}, 0\right)=\left(\frac{24}{5 \pi}\right)^{1 / 2} \mu_{0} \mu_{\mathrm{B}}^{2}\left(\int d \mathbf{r} \frac{j_{2}\left(k_{\alpha^{\prime} \beta^{\prime}}^{\prime} r\right)}{r^{3}}\right) \sum_{\mu} Y_{2 \mu}^{*}\left(\hat{\mathbf{k}}_{\alpha^{\prime} \beta^{\prime}}^{\prime}\right) \Sigma_{2, \mu} \tag{5.107}
\end{equation*}
$$

The integral containing the spherical Bessel function may easily be evaluated using the fact that

$$
\begin{equation*}
j_{l}(x)=(-1)^{l} x^{l}\left(\frac{1}{x} \frac{d}{d x}\right)^{l} \frac{\sin x}{x} \tag{5.108}
\end{equation*}
$$

and it is equal to $4 \pi / 3$. The matrix element is thus

$$
\begin{equation*}
U_{\mathrm{md}}\left(\mathbf{k}_{\alpha^{\prime} \beta^{\prime}}^{\prime}, 0\right)=4 \pi^{2}\left(\frac{8}{15 \pi}\right)^{1 / 2} \frac{\hbar^{2} r_{\mathrm{e}}}{m_{\mathrm{e}}} \sum_{\mu} Y_{2 \mu}^{*}\left(\hat{\mathbf{k}}_{\alpha^{\prime} \beta^{\prime}}^{\prime}\right) \Sigma_{2, \mu} \tag{5.109}
\end{equation*}
$$

since $\mu_{0} \mu_{\mathrm{B}}^{2}=\pi \hbar^{2} r_{\mathrm{e}} / m_{\mathrm{e}}$, where $r_{\mathrm{e}}=e_{0}^{2} / m_{\mathrm{e}} c^{2}=\alpha_{\mathrm{fs}}^{2} a_{0}$ is the classical electron radius. We have introduced the length $r_{\mathrm{e}}$ so that the expression for the matrix element resembles the effective interaction $4 \pi \hbar^{2} a / m$ for the central part of the potential.

It is striking that this result is independent of the magnitude of the relative momentum in the final state. This is because of the slow fall-off of the dipole-dipole interaction at large distances. By contrast the matrix element for a short-range interaction having the same tensor structure as the magnetic dipole-dipole interaction depends on $k^{\prime}$ and is proportional to $k^{\prime 2}$ for small $k^{\prime}$. The suppression of the matrix element in that case is due to the reduction by the centrifugal barrier of the wave function at atomic separations less than the wavelength $\lambda \sim 1 / k^{\prime}$ corresponding to the relative momentum of the outgoing atoms. The matrix element for the dipole-dipole interaction remains constant at small relative momenta because the main contribution to the integral comes from separations of order $\lambda \sim 1 / k^{\prime}$ where the magnitude of the Bessel function has its first (and largest) maximum. While the value of the interaction is of order $\mu_{0} \mu_{\mathrm{B}}^{2} \lambda^{-3} \propto k^{\prime 3}$ and therefore tends to zero as $k^{\prime} \rightarrow 0$, the volume of space in which the integrand has this magnitude is of order $\lambda^{3}$, and the integral is therefore of order $\mu_{0} \mu_{\mathrm{B}}^{2} \sim \hbar^{2} r_{\mathrm{e}} / m_{\mathrm{e}}$,
which is independent of $k^{\prime}$. The matrix element for spin-exchange processes is of order $4 \pi \hbar^{2}\left(a_{\mathrm{t}}-a_{\mathrm{s}}\right) / m$, and therefore the ratio of the magnitude of the dipole matrix element to that for spin exchange is

$$
\begin{equation*}
\left|\frac{U_{\mathrm{md}}}{U_{\mathrm{ex}}}\right| \sim A \frac{m_{\mathrm{p}}}{m_{\mathrm{e}}} \alpha_{\mathrm{fs}}^{2} \frac{a_{0}}{\left|a_{\mathrm{t}}-a_{\mathrm{s}}\right|} \approx \frac{A}{10} \frac{a_{0}}{\left|a_{\mathrm{t}}-a_{\mathrm{s}}\right|} \tag{5.110}
\end{equation*}
$$

if one neglects differences between the matrix elements of the spin operators ( $A$ is the mass number). This ratio is of order $10^{-1}$ for hydrogen, and for the alkalis it lies between $10^{-1}$ and $10^{-2}$ since scattering lengths for alkali atoms are of order $100 a_{0}$.

The rate coefficient for dipolar transitions is obtained by inserting the matrix element (5.109) into the expression (5.95), and, because of the orthogonality of the spherical harmonics, for incoming particles with zero relative momentum it is given by

$$
\begin{align*}
K_{\alpha \beta}^{\alpha^{\prime} \beta^{\prime}} & \left.=\frac{m^{2} v_{\alpha^{\prime} \beta^{\prime}}^{\prime}}{4 \pi \hbar^{4}} \int \frac{d \Omega}{4 \pi}\left|\left\langle\alpha^{\prime} \beta^{\prime}\right| U_{\mathrm{md}}\left(\mathbf{k}_{\alpha^{\prime} \beta^{\prime}}^{\prime}, 0\right)\right| \alpha \beta\right\rangle\left.\right|^{2} \\
& \left.=\frac{32 \pi^{2}}{15}\left(\frac{m r_{\mathrm{e}}}{m_{\mathrm{e}}}\right)^{2} v_{\alpha^{\prime} \beta^{\prime}}^{\prime} \sum_{\mu}\left|\left\langle\alpha^{\prime} \beta^{\prime}\right| \Sigma_{2, \mu}\right| \alpha \beta\right\rangle\left.\right|^{2} \tag{5.111}
\end{align*}
$$

The states of greatest interest experimentally are the doubly polarized state and, for atoms with a positive nuclear magnetic moment, the maximally stretched lower hyperfine state, since these cannot decay via the relatively rapid spin-exchange processes. Detailed calculations for hydrogen give dipolar rate coefficients of order $10^{-15} \mathrm{~cm}^{3} \mathrm{~s}^{-1}$ or less depending on the particular transition and the magnetic field strength [10]. Estimates for alkali atoms are comparable for the doubly polarized state [11]. Dipolar rates can be much greater or much less than the typical values cited above because coupling between channels can give resonances, and also because of phasespace limitations. The latter are important for atoms initially in the lower hyperfine multiplet, for example a maximally stretched state. The phase space available is reflected in the factor $v_{\alpha^{\prime} \beta^{\prime}}^{\prime}$ in Eq. (5.111). In this case the relative velocity in the final state is due solely to the Zeeman splitting, and not the hyperfine interaction as it is for collisions between two doubly polarized atoms. Since $v_{\alpha^{\prime} \beta^{\prime}}^{\prime} \propto B^{1 / 2}$ for small fields, the dipole rate vanishes in the limit of low magnetic fields. Consequently, these states are attractive ones for experimental study. In experiments on alkali atoms, dipolar processes do not generally limit the lifetime. However, for hydrogen the densities achieved are so high that the characteristic time for the dipolar process is of order one second, and this process is the dominant loss mechanism, as we mentioned in Sec. 4.7. For the hydrogen atom, which has nuclear spin
$1 / 2$, there is only one lower hyperfine state $(F=0)$ and it is a high-field seeker. Consequently, for hydrogen, dipolar losses in magnetic traps cannot be avoided by working with a state in the lower hyperfine multiplet.

In the heavier alkalis Rb and Cs , relativistic effects are important and they provide another mechanism for losses [12]. This is the spin-orbit interaction, which acting in second order gives rise to transitions like those that can occur via the magnetic dipole-dipole interaction. The sign of the interaction is opposite that of the dipolar interaction. In Rb , the second-order spin-orbit matrix element is smaller in magnitude than that for the dipole process, and the result is that the inelastic rate coefficient for the doubly polarized and maximally stretched states are decreased compared with the result for the dipolar interaction alone. For Cs, with its higher atomic number, spin-orbit effects are larger and, while still of opposite sign compared with the dipolar interaction, they are so large that they overwhelm the dipolar contribution and give an increased inelastic scattering rate. These losses thwarted for many years attempts to observe Bose-Einstein condensation of cesium atoms.

## Three-body processes

Thus far in this section we have only considered two-body reactions, but as we indicated in Chapter 4, three-body recombination puts stringent limits on the densities that can be achieved in traps. The rate of this process is given by the equation

$$
\begin{equation*}
\frac{d n}{d t}=-L n^{3} \tag{5.112}
\end{equation*}
$$

where $L$ is the rate coefficient and $n$ is the density of the atomic species. The rate is proportional to the third power of the density because the process is a three-body one, and the probability of three atoms being close to each other varies as $n^{3}$. The rate coefficients $L$ for alkali atoms have been calculated by Moerdijk et al. [13], who find them to be $2.6 \times 10^{-28} \mathrm{~cm}^{6} \mathrm{~s}^{-1}$ for ${ }^{7} \mathrm{Li}, 2.0 \times$ $10^{-28} \mathrm{~cm}^{6} \mathrm{~s}^{-1}$ for ${ }^{23} \mathrm{Na}$ and $4 \times 10^{-30} \mathrm{~cm}^{6} \mathrm{~s}^{-1}$ for ${ }^{87} \mathrm{Rb}$. The magnitude of the three-body rates for the alkalis may be crudely understood by noting that for a three-body process to occur, three atoms must be within a volume $r_{0}^{3}$, where $r_{0}$ is the distance out to which the two-body interaction is significant. The probability of an atom being within a volume $r_{0}^{3}$ is of order $n r_{0}^{3}$, and thus the rate of three-body processes compared with that of two-body ones is roughly given by the same factor, if we forget about differences between phase space for the two processes. Therefore the rate coefficient for threebody processes is of order $r_{0}^{3}$ compared with the rate coefficient for twobody processes, that is $L \sim K r_{0}^{3}$, assuming that all processes are allowed to
occur via the central part of the interaction. In Sec. 5.1 we showed for the alkalis that $r_{0} \sim 10^{2} a_{0}$, which, together with $K \sim 10^{-11} \mathrm{~cm}^{3} \mathrm{~s}^{-1}$ (see below (5.103)), gives a crude estimate of the three-body rate coefficient of order $10^{-30} \mathrm{~cm}^{6} \mathrm{~s}^{-1}$. For hydrogen, the rate is very much smaller, of order $10^{-38}$ $\mathrm{cm}^{6} \mathrm{~s}^{-1}$, because of the much weaker interatomic potential. Consequently, three-body processes can be important in experiments with alkali atoms, but not with hydrogen. Rates of three-body interactions, like those of two-body ones, are affected by the identity of the atoms participating in the process. In Sec. 13.3 we shall demonstrate how the rate of three-body processes is reduced by the appearance of a condensate.

### 5.4.2 Elastic scattering and Feshbach resonances

A qualitative difference compared with the single-channel problem is that the scattering amplitude is generally not real at $k=0$ if there are other open channels. However, this effect is rather small under typical experimental conditions for alkali atoms at low temperatures because the phase space available for real transitions is small, and to a very good approximation elastic scattering can still be described in terms of a real scattering length, as in the single-channel theory. Another effect is that elastic scattering in one channel can be altered dramatically if there is a low-energy bound state in a second channel which is closed. This phenomenon, which was investigated in the contexts of nuclear physics [14] and atomic physics [15], is generally referred to as a Feshbach resonance and their use in the context of cold atomic gases was proposed in Ref. [16]. These resonances have become an important tool in investigations of the basic atomic physics of cold atoms, because they make it possible to vary the effective interaction by adjusting an external parameter such as the magnetic field. The use of magnetically tunable Feshbach resonances has played an important role in the production of cold molecules and the superfluid state of strongly interacting Fermi gases. The topic has been reviewed in [17], and we shall return to it in Chapter 17.
Feshbach resonances appear when the total energy in an open channel matches the energy of a bound state in a closed channel, as illustrated in Fig. 5.4. To first order in the coupling between open and closed channels the scattering is unaltered, because there are, by definition, no continuum states in the closed channels. However, two particles in an open channel can scatter to an intermediate state in a closed channel, which subsequently decays to give two particles in one of the open channels. Such second-order processes are familiar from our earlier treatments of the atomic polarizability in Sec. 3.3, and therefore from perturbation theory one would expect there to be a


Fig. 5.4 Schematic plot of potential energy curves for two different channels that illustrate the formation of Feshbach resonances. $E_{\text {th }}$ is the threshold energy, Eq. (5.86), for the entrance channel, and $E_{\text {res }}$ is the energy of a state in a closed channel.
contribution to the scattering length having the form of a sum of terms of the type

$$
\begin{equation*}
a \sim \frac{C}{E-E_{\mathrm{res}}} \tag{5.113}
\end{equation*}
$$

where $E$ is the energy of the particles in the open channel and $E_{\text {res }}$ is the energy of a state in the closed channels. Consequently there will be large effects if the energy $E$ of the two particles in the entrance channel is close to the energy of a bound state in a closed channel. As one would expect from second-order perturbation theory for energy shifts, coupling between channels gives rise to a repulsive interaction if the energy of the scattering particles is greater than that of the bound state, and an attractive one if it is less. The closer the energy of the bound state is to the energy of the incoming particles in the open channels, the larger the effect on the scattering. Since the energies of states depend on external parameters, such as the magnetic field, these resonances make it possible to tune the effective interaction between atoms.

## Basic formalism

We now describe the general formalism for treating Feshbach resonances. The space of states describing the spatial and spin degrees of freedom may be divided into two subspaces, $P$, which contains the open channels, and $Q$,
which contains the closed ones. We write the state vector $|\Psi\rangle$ as the sum of its projections onto the two subspaces,

$$
\begin{equation*}
\Psi=\left|\Psi_{P}\right\rangle+\left|\Psi_{Q}\right\rangle, \tag{5.114}
\end{equation*}
$$

where $\left|\Psi_{P}\right\rangle=\mathcal{P}|\Psi\rangle$ and $\left|\Psi_{Q}\right\rangle=\mathcal{Q}|\Psi\rangle$. Here $\mathcal{P}$ and $\mathcal{Q}$ are projection operators for the two subspaces, and they satisfy the conditions $\mathcal{P}+\mathcal{Q}=1$ and $\mathcal{P Q}=0$.

By multiplying the Schrödinger equation $H|\Psi\rangle=E|\Psi\rangle$ on the left by $\mathcal{P}$ and $\mathcal{Q}$ we obtain two coupled equations for the projections of the state vector onto the two subspaces:

$$
\begin{equation*}
\left(E-H_{P P}\right)\left|\Psi_{P}\right\rangle=H_{P Q}\left|\Psi_{Q}\right\rangle \tag{5.115}
\end{equation*}
$$

and

$$
\begin{equation*}
\left(E-H_{Q Q}\right)\left|\Psi_{Q}\right\rangle=H_{Q P}\left|\Psi_{P}\right\rangle, \tag{5.116}
\end{equation*}
$$

where $H_{P P}=\mathcal{P} H \mathcal{P}, H_{Q Q}=\mathcal{Q} H \mathcal{Q}, H_{P Q}=\mathcal{P} H \mathcal{Q}$ and $H_{Q P}=\mathcal{Q} H \mathcal{P}$. The operator $H_{P P}$ is the Hamiltonian in the $P$ subspace, $H_{Q Q}$ that in the $Q$ subspace, and $H_{P Q}$ and $H_{Q P}$ represent the coupling between the two subspaces. The formal solution of (5.116) is

$$
\begin{equation*}
\left|\Psi_{Q}\right\rangle=\left(E-H_{Q Q}+i \delta\right)^{-1} H_{Q P}\left|\Psi_{P}\right\rangle, \tag{5.117}
\end{equation*}
$$

where we have added a positive infinitesimal imaginary part $\delta$ in the denominator to ensure that the scattered wave has only outgoing terms. When Eq. (5.117) is inserted into (5.115), the resulting equation for $\left|\Psi_{P}\right\rangle$ becomes

$$
\begin{equation*}
\left(E-H_{P P}-H_{P P}^{\prime}\right)\left|\Psi_{P}\right\rangle=0 . \tag{5.118}
\end{equation*}
$$

Here

$$
\begin{equation*}
H_{P P}^{\prime}=H_{P Q}\left(E-H_{Q Q}+i \delta\right)^{-1} H_{Q P} \tag{5.119}
\end{equation*}
$$

is the term that describes Feshbach resonances. It represents an effective interaction in the $P$ subspace due to transitions from that subspace to the $Q$ subspace and back again to the $P$ subspace. In agreement with our earlier qualitative arguments, it has a form similar to the energy shift in secondorder perturbation theory, and corresponds to a non-local potential in the open channels. Due to the energy dependence of the interaction, it is also retarded in time.

It is convenient to divide the diagonal parts $H_{P P}+H_{Q Q}$ of the Hamiltonian into a term $H_{0}$ independent of the separation of the two atoms, and an
interaction contribution. Here $H_{0}$ is the sum of the kinetic energy of the relative motion and the hyperfine and Zeeman terms, Eq. (3.8). We write

$$
\begin{equation*}
H_{P P}=H_{0}+U_{1} \tag{5.120}
\end{equation*}
$$

where $U_{1}$ is the interaction term for the $P$ subspace. Equation (5.118) may be rewritten as

$$
\begin{equation*}
\left(E-H_{0}-U\right)\left|\Psi_{P}\right\rangle=0, \tag{5.121}
\end{equation*}
$$

where the total effective atom-atom interaction in the subspace of open channels is given by

$$
\begin{equation*}
U=U_{1}+U_{2} \tag{5.122}
\end{equation*}
$$

with

$$
\begin{equation*}
U_{2}=H_{P P}^{\prime} \tag{5.123}
\end{equation*}
$$

## A simple example

For the purpose of illustration, let us begin by considering the $T$ matrix when there is no interaction in the open channels if the open and closed channels are not coupled. This means that we set $U_{1}=0$ in (5.120). We also treat $U_{2}$ in the first Born approximation, which corresponds to equating the $T$ matrix with the matrix elements of $U_{2}$ for plane-wave states. The diagonal element of the $T$ matrix in the channel $\alpha \beta$ may be evaluated by using the identity $1=\sum_{n}|n\rangle\langle n|$, where the states $|n\rangle$ form a complete set. ${ }^{7}$ If one takes for the states the energy eigenstates in the absence of coupling between channels, the result for two atoms with zero relative momentum in the incoming state (labelled as $|\alpha \beta, 0\rangle$ ) is

$$
\begin{equation*}
\langle\alpha \beta, 0| T|\alpha \beta, 0\rangle=\sum_{n} \frac{\left.\left|\langle n| H_{Q P}\right| \alpha \beta, 0\right\rangle\left.\right|^{2}}{E_{\operatorname{th}}(\alpha \beta)-E_{n}+i \delta} \tag{5.124}
\end{equation*}
$$

Here $E_{\text {th }}(\alpha \beta)$ is the threshold energy (5.86), and we denote the eigenstates of the Hamiltonian $H_{Q Q}$ by $E_{n}$ and the state vectors by $|n\rangle$. This result has the form anticipated, and it shows how the scattering length can be large if the energy of the two scattering particles is close to the energy of a state in a closed channel.

[^9]
## General solution

Before deriving more general results, we describe their key features. The expression for the scattering length retains essentially the same form when the interaction $U_{1}$ is included, the only difference being that the open-channel plane-wave state $|\alpha \beta, 0\rangle$ is replaced by a scattering state which is an energy eigenstate of the Hamiltonian including the potential $U_{1}$. When higherorder terms in $U_{2}$ are taken into account, the energy of the resonant state is shifted, and the state may acquire a non-zero width due to decay to states in the open channels.

To solve the problem more generally we calculate the $T$ matrix corresponding to the interaction given in Eq. (5.118). As before, Eqs. (5.87) and (5.88), we write the Lippmann-Schwinger equation (5.45) as an operator equation

$$
\begin{equation*}
T=U+U G_{0} T \tag{5.125}
\end{equation*}
$$

The quantity $G_{0}$ is given by

$$
\begin{equation*}
G_{0}=\left(E-H_{0}+i \delta\right)^{-1}, \tag{5.126}
\end{equation*}
$$

where $H_{0}$ is the Hamiltonian (5.81). It represents the free propagation of atoms, and is the Green function for the Schrödinger equation. The formal solution of (5.125) is

$$
\begin{equation*}
T=\left(1-U G_{0}\right)^{-1} U=U\left(1-G_{0} U\right)^{-1} \tag{5.127}
\end{equation*}
$$

The second equality in (5.127) may be proved by multiplying $\left(1-U G_{0}\right)^{-1} U$ on the right by $G_{0} G_{0}^{-1}$ and using the fact that $U G_{0}$ commutes with ( $1-$ $\left.U G_{0}\right)^{-1}$, together with the identities

$$
\begin{equation*}
U G_{0}\left(1-U G_{0}\right)^{-1} G_{0}^{-1}=U\left[G_{0}\left(1-U G_{0}\right) G_{0}^{-1}\right]^{-1}=U\left(1-G_{0} U\right)^{-1} \tag{5.128}
\end{equation*}
$$

By inserting (5.126) into the first equality in (5.127) we obtain

$$
\begin{equation*}
T=\left(E+i \delta-H_{0}\right)\left(E+i \delta-H_{0}-U\right)^{-1} U . \tag{5.129}
\end{equation*}
$$

Putting $A=E+i \delta-H_{0}-U_{1}$ and $B=U_{2}$ in the matrix identity

$$
\begin{equation*}
(A-B)^{-1}=A^{-1}\left(1+B(A-B)^{-1}\right) \tag{5.130}
\end{equation*}
$$

one finds

$$
\begin{equation*}
\left(E+i \delta-H_{0}-U\right)^{-1}=\left(E+i \delta-H_{0}-U_{1}\right)^{-1}\left[1+U_{2}\left(E+i \delta-H_{0}-U\right)^{-1}\right], \tag{5.131}
\end{equation*}
$$

which when inserted into Eq. (5.129) gives the useful result

$$
\begin{equation*}
T=T_{1}+\left(1-U_{1} G_{0}\right)^{-1} U_{2}\left(1-G_{0} U\right)^{-1} . \tag{5.132}
\end{equation*}
$$

Here $T_{1}$, which satisfies the equation $T_{1}=U_{1}+U_{1} G_{0} T_{1}$, is the $T$ matrix in the $P$ subspace if transitions to the $Q$ subspace are neglected.

Let us now interpret the result (5.132) by considering its matrix elements between plane-wave states with relative momenta $\mathbf{k}$ and $\mathbf{k}^{\prime}$ :

$$
\begin{equation*}
\left\langle\mathbf{k}^{\prime}\right| T|\mathbf{k}\rangle=\left\langle\mathbf{k}^{\prime}\right| T_{1}|\mathbf{k}\rangle+\left\langle\mathbf{k}^{\prime}\right|\left(1-U_{1} G_{0}\right)^{-1} U_{2}\left(1-G_{0} U\right)^{-1}|\mathbf{k}\rangle \tag{5.133}
\end{equation*}
$$

The scattering amplitude is generally a matrix labelled by the quantum numbers of the entrance and exit channels, but for simplicity we suppress the indices. Acting on a plane-wave state for the relative motion $|\mathbf{k}\rangle$ the operator $\Omega_{U}=\left(1-G_{0} U\right)^{-1}$ generates an eigenstate of the Hamiltonian $H_{0}+U$, as one may verify by operating on the state with the Hamiltonian. This result is equivalent to Eqs. (5.41) and (5.42) for the single-channel problem. At large separations the state $\Omega_{U}|\mathbf{k}\rangle$ consists of a plane wave and a spherical wave, which is outgoing because of the $i \delta$ in $G_{0}$. We denote this state by $|\mathbf{k} ; U,+\rangle$, the plus sign indicating that the state has outgoing spherical waves. The operators $U_{1}$ and $H_{0}$ are Hermitian and therefore $\left(1-U_{1} G_{0}\right)^{\dagger}=1-G_{0}^{-} U_{1}$ for $E$ real, where $G_{0}^{-}=\left(E-H_{0}-i \delta\right)^{-1}$ is identical with $G_{0}$ defined in Eq. (5.126) except that the sign of the infinitesimal imaginary part is opposite. We may thus write

$$
\begin{equation*}
\left\langle\mathbf{k}^{\prime}\right|\left(1-U_{1} G_{0}\right)^{-1}=\left[\left(1-G_{0}^{-} U_{1}\right)^{-1}\left|\mathbf{k}^{\prime}\right\rangle\right]^{\dagger} \equiv\left[\left|\mathbf{k}^{\prime} ; U_{1},-\right\rangle\right]^{\dagger} \tag{5.134}
\end{equation*}
$$

As a consequence of the difference of the sign of $\delta$, the state contains incoming spherical waves at large distances, and this is indicated by the minus sign in the notation for the eigenstates. ${ }^{8}$ The scattering amplitude (5.133) may therefore be written as

$$
\begin{equation*}
\left\langle\mathbf{k}^{\prime}\right| T|\mathbf{k}\rangle=\left\langle\mathbf{k}^{\prime}\right| T_{1}|\mathbf{k}\rangle+\left\langle\mathbf{k}^{\prime} ; U_{1},-\right| U_{2}|\mathbf{k} ; U,+\rangle \tag{5.135}
\end{equation*}
$$

This is the general expression for the scattering amplitude in the $P$ subspace.

## Tuning effective interactions

We now apply the above results, and we begin by considering the contribution of first order in $U_{2}$. This is equivalent to replacing $U$ by $U_{1}$ in Eq. (5.133), which gives

$$
\begin{equation*}
T \simeq T_{1}+\left(1-U_{1} G_{0}\right)^{-1} U_{2}\left(1-G_{0} U_{1}\right)^{-1} \tag{5.136}
\end{equation*}
$$

[^10]The matrix elements between plane-wave states are given by

$$
\begin{equation*}
\left\langle\mathbf{k}^{\prime}\right| T|\mathbf{k}\rangle=\left\langle\mathbf{k}^{\prime}\right| T_{1}|\mathbf{k}\rangle+\left\langle\mathbf{k}^{\prime} ; U_{1},-\right| U_{2}\left|\mathbf{k} ; U_{1},+\right\rangle . \tag{5.137}
\end{equation*}
$$

This result differs from the simple example with $U_{1}=0$ that we considered above in two respects: the interaction in the $P$ subspace gives a contribution $T_{1}$ to the $T$ matrix, and the contribution due to the $U_{2}$ term is to be evaluated using scattering states that take into account the potential $U_{1}$, not plane waves.
Let us now neglect coupling between the open channels. The scattering in a particular channel for particles with zero relative velocity is then specified by the scattering length, which is related to the $T$ matrix by the usual factor. As explained in footnote 7, we may then neglect the difference between the scattering states with incoming and outgoing spherical waves and we shall denote the state simply by $\left|\psi_{0}\right\rangle$. We again evaluate the matrix element of $U_{2}$, defined in Eqs. (5.119) and (5.123), by inserting the unit operator and find

$$
\begin{equation*}
\frac{4 \pi \hbar^{2}}{m} a=\frac{4 \pi \hbar^{2}}{m} a_{P}+\sum_{n} \frac{\left.\left|\left\langle\psi_{n}\right| H_{Q P}\right| \psi_{0}\right\rangle\left.\right|^{2}}{E_{\mathrm{th}}-E_{n}} \tag{5.138}
\end{equation*}
$$

where the sum is over all states in the $Q$ subspace and $a_{P}$ is the scattering length when coupling between open and closed channels is neglected.

If the energy $E_{\text {th }}$ is close to the energy $E_{\text {res }}$ of one particular bound state, contributions from all other states will vary slowly with energy, and they, together with the contribution from the potential $U_{1}$, may be represented by a non-resonant scattering length $a_{\text {nr }}$ whose energy dependence may be neglected. However in the resonance term the energy dependence must be retained. The scattering length may then be written as

$$
\begin{equation*}
\frac{4 \pi \hbar^{2}}{m} a=\frac{4 \pi \hbar^{2}}{m} a_{\mathrm{nr}}+\frac{\left.\left|\left\langle\psi_{\mathrm{res}}\right| H_{Q P}\right| \psi_{0}\right\rangle\left.\right|^{2}}{E_{\mathrm{th}}-E_{\mathrm{res}}} . \tag{5.139}
\end{equation*}
$$

This displays the energy dependence characteristic of a Feshbach resonance.
Atomic interactions may be tuned by exploiting the fact that the energies of states depend on external parameters, among which are the strengths of magnetic and electric fields. For definiteness, let us consider an external magnetic field. We imagine that the energy denominator in Eq. (5.139) vanishes for a particular value of the magnetic field, $B=B_{0}$. Expanding the energy denominator about this value of the magnetic field we find

$$
\begin{equation*}
E_{\mathrm{th}}-E_{\mathrm{res}} \simeq\left(\mu_{\mathrm{res}}-\mu_{\alpha}-\mu_{\beta}\right)\left(B-B_{0}\right), \tag{5.140}
\end{equation*}
$$

where

$$
\begin{equation*}
\mu_{\alpha}=-\frac{\partial \epsilon_{\alpha}}{\partial B} \text { and } \mu_{\beta}=-\frac{\partial \epsilon_{\beta}}{\partial B} \tag{5.141}
\end{equation*}
$$

are the magnetic moments of the two atoms in the open channel, and

$$
\begin{equation*}
\mu_{\mathrm{res}}=-\frac{\partial E_{\mathrm{res}}}{\partial B} \tag{5.142}
\end{equation*}
$$

is the magnetic moment of the molecular bound state. The scattering length is therefore given by

$$
\begin{equation*}
a=a_{\mathrm{nr}}\left(1-\frac{\Delta B}{B-B_{0}}\right) \tag{5.143}
\end{equation*}
$$

where the width parameter $\Delta B$ is given by

$$
\begin{equation*}
\Delta B=\frac{m}{4 \pi \hbar^{2} a_{\mathrm{nr}}} \frac{\left.\left|\left\langle\psi_{\mathrm{res}}\right| H_{Q P}\right| \psi_{0}\right\rangle\left.\right|^{2}}{\left(\mu_{\alpha}+\mu_{\beta}-\mu_{\mathrm{res}}\right)} \tag{5.144}
\end{equation*}
$$

At a magnetic field $B=B_{0}+\Delta B$ the scattering length vanishes. Note that the strength of the divergence in $a$ is measured by the combination $a_{\mathrm{nr}} \Delta B$, which is finite in the limit $a_{\mathrm{nr}} \rightarrow 0$. This shows that the characteristic range of magnetic fields over which the resonance significantly affects the scattering length depends on the magnetic moments of the states, and on the coupling between channels. Consequently, measurement of Feshbach resonances provides a means of obtaining information about interactions between atoms. Equation (5.143) shows that in this approximation the scattering length diverges to $\pm \infty$ as $B$ approaches $B_{0}$. Because of the dependence on $1 /\left(B-B_{0}\right)$, large changes in the scattering length can be produced by small changes in the field. It is especially significant that the sign of the interaction can be changed by a small change in the field.

Higher-order contributions in $U_{2}$ may be included, and the exact solution (5.133) may be expressed in the form

$$
\begin{equation*}
T=T_{1}+\left(1-U_{1} G_{0}\right)^{-1} H_{P Q}\left(E-H_{Q Q}-H_{Q Q}^{\prime}\right)^{-1} H_{Q P}\left(1-G_{0} U_{1}\right)^{-1} \tag{5.145}
\end{equation*}
$$

where

$$
\begin{equation*}
H_{Q Q}^{\prime}=H_{Q P}\left(E-H_{P P}\right)^{-1} H_{P Q} \tag{5.146}
\end{equation*}
$$

By comparing this result with the earlier one (5.136) we see that the only effect of higher-order terms in $U_{2}$ is to introduce an extra contribution $H_{Q Q}^{\prime}$ in the Hamiltonian acting in the $Q$ subspace. This effective interaction in the $Q$ subspace takes into account the influence of coupling to the open channels, and it is therefore the analogue of the interaction $H_{P P}^{\prime}$ in the open channels. Physically it has two effects. One is to shift the energies of the
bound states, and the second is to give them a non-zero width $\hbar \Gamma_{\text {res }}$ if decay into open channels is possible. The width leads to a scattering amplitude of the Breit-Wigner form $\propto 1 /\left(E_{\mathrm{th}}-E_{\mathrm{res}}+i \hbar \Gamma_{\mathrm{res}} / 2\right)$. For $\left|E_{\mathrm{th}}-E_{\mathrm{res}}\right| \gg \Gamma_{\text {res }}$ the scattering amplitude shows the $1 /\left(E_{\text {th }}-E_{\text {res }}\right)$ behaviour predicted by the simpler calculations. For $\left|E_{\text {th }}-E_{\text {res }}\right| \lesssim \hbar \Gamma_{\text {res }}$ the divergence is cut off and the scattering amplitude behaves smoothly. However, the width of resonant states close to the threshold energy in the open channel is generally very small because of the small density of final states, and Feshbach resonances for cold atoms are consequently very sharp.

Detailed calculations of Feshbach resonances have been made for lithium and sodium, using the methods outlined above, by Moerdijk et al. [18]. Feshbach resonances have been investigated experimentally for a variety of atoms, including ${ }^{23} \mathrm{Na}$ [19], ${ }^{85} \mathrm{Rb}[20,21],{ }^{133} \mathrm{Cs}[4]$ and ${ }^{6} \mathrm{Li}$ [22]. Level shifts due to the interaction of atoms with a laser field can also induce Feshbach resonances, as has been observed in sodium [23]. As we shall describe in Sec. 5.5 , Feshbach resonances are a key tool for extracting information about interactions between atoms. In addition they provide a means of varying the scattering length almost at will, and this allows one to explore properties of condensates under novel conditions. For example, in the experiment by Cornish et al. on ${ }^{85} \mathrm{Rb}$ described in Ref. [21] the effective interaction was changed from positive to negative by varying the magnetic field, and this caused the cloud to collapse. In Chapter 17 we discuss the role of Feshbach resonances in the production of cold molecules and the study of the crossover between Bose-Einstein condensation and Bardeen-Cooper-Schrieffer pairing.

### 5.5 Determination of scattering lengths

In this section we survey the methods used to determine scattering lengths of alkali atoms. Most experiments do not give directly the value of the scattering length, but they give information about atom-atom interactions, from which scattering lengths may be calculated. The general framework in which this is done was described immediately preceding Sec. 5.4.1.

## Measurement of the collision cross section

For identical bosons, the cross section for elastic collisions at low energy is given by $8 \pi a^{2}$, and therefore a measurement of the elastic cross section gives the magnitude of the scattering length, but not its sign. In Sec. 11.3 we shall describe how the scattering length is related to the damping rate


Fig. 5.5 Schematic representation of potential energy curves to illustrate the method of photoassociative spectroscopy.
for collective modes and temperature anisotropies. One difficulty of this technique is that it requires knowledge of the particle density.

## Molecular spectra

Measurements of the frequencies of transitions between molecular bound states of two polarized atoms give information about the interaction potential. However, this method is not particularly sensitive to the long-range part of the interaction, which is crucial for determining the scattering length.

## Photoassociative spectroscopy

The understanding of interactions between cold atoms has been advanced significantly by the use of photoassociative spectroscopy, in which one measures the rate at which two interacting ground-state atoms in an unbound state are excited by means of a laser to a molecular state in which one of the atoms is in a P state. The principle of the method is illustrated in Fig. 5.5. For two atoms in the ground state, the potential is of the van der Waals form $\left(\propto r^{-6}\right)$ at large distances, as described in Sec. 5.1. This is represented by the lower curve, labelled ' $S+S$ '. When one atom is excited to a $P$ state, the electric dipole-dipole interaction, Eq. (5.3), gives a first-order contribution to the energy because the state with one atom excited and the other in the
ground state is degenerate with the state in which the two atoms are interchanged, and this varies as $r^{-3}$ at large distances, as does the dipole-dipole interaction itself. Its sign can be either positive or negative, depending on the symmetry of the excited state of the two atoms. The potentials for this case are labelled in the figure by ' $\mathrm{S}+\mathrm{P}$ '.

The long-range part of the potential when one atom is excited is very much stronger than the van der Waals interaction and, consequently, the excitedstate potential, when attractive, has many bound states, some of which have sizes much greater than those of the bound states for the ground-state potential. The transition rate to an excited molecular state is given in terms of the matrix element of the perturbation due to the laser, between the state with two ground-state atoms and the excited state. The spatial variation of the ground-state wave function is generally slow compared with that of the excited molecular state, since the excited-state potential is much stronger. Consequently, the largest contribution to the matrix element comes from the region where the relative momentum of the two atoms in the excited state is small, that is near the classical turning points of the motion. In regions where the relative momentum is larger, the product of the two wave functions oscillates rapidly in space, and, when integrated over space, gives little contribution to the matrix element. Thus the transition probability depends sensitively on the magnitude of the ground-state wave function near the turning point of the motion in the excited molecular state. The position of the turning point depends on the molecular state under consideration, and therefore the variation of the strengths of transitions to different molecular states, which have different energies and are therefore resonant at different laser frequencies, shows strong features due to the oscillations in the groundstate wave function for two atoms. From a knowledge of the excited-state potential and the transition rates for a number of molecular excited states it is possible to deduce properties of the ground-state wave function and scattering length.

Excited molecular states may decay to give atoms which have kinetic energies high enough that they can overcome the trapping potential. Therefore, one way of detecting transitions to excited molecular states is by measuring trap loss. Alternatively, a second light pulse may be used to excite the atom further, possibly to an ionized state which is easily detectable. Extensive discussions of the method and developments of it are given in Refs. [1] and [2].

## Other methods

Other measurements give information about atomic interactions. Since rates of inelastic processes are sensitive to the atomic interaction, especially to differences between singlet and triplet scattering lengths, measurement of them can give information about the potential. This has been particularly important for ${ }^{87} \mathrm{Rb}$. Surprisingly, it was found experimentally that a cloud with two condensates, one in the $F=2, m_{F}=2$ state and the other in the $F=1, m_{F}=-1$ state, lived much longer than suggested by an order-of-magnitude estimate of the lifetime due to exchange collisions based on Eq. (5.103) with the assumption that $\left|a_{\mathrm{t}}-a_{\mathrm{s}}\right|$ is comparable to $\left|a_{\mathrm{t}}\right|$. The explanation for this is that the triplet and singlet scattering lengths are nearly equal. This means physically that the singlet and triplet components of the wave function are essentially in phase again when the two particles have been scattered, and consequently they reconstruct the initial hyperfine state, with only a small admixture of other hyperfine states.

As explained in Sec. 5.4.2, the positions of Feshbach resonances and the width $\Delta B$, Eq. (5.144), are sensitive to the interatomic interaction. Therefore by studying these resonances it is possible to deduce properties of interatomic potentials. Techniques that make use of Feshbach resonances are important in extracting information about potentials, as is exemplified by the discussion of results for Rb isotopes and ${ }^{133} \mathrm{Cs}$ given below.

### 5.5.1 Scattering lengths for alkali atoms and hydrogen

Below we list values of the scattering lengths in zero magnetic field for hydrogen and the members of the alkali series. ${ }^{9}$ The reader is referred to Ref. [2] and the original literature for further discussion. The triplet scattering length is denoted by $a_{\mathrm{t}}$, the singlet one by $a_{\mathrm{s}}$, and that for two atoms in the maximally stretched lower hyperfine state $F=I-1 / 2, m_{F}=-(I-1 / 2)$ by $a_{\mathrm{ms}}$. All scattering lengths are given in atomic units (1 a.u. $=a_{0}=$ $4 \pi \epsilon_{0} \hbar^{2} / m_{\mathrm{e}} e^{2} \approx 0.0529 \mathrm{~nm}$ ).

## Hydrogen

The hydrogen atom is sufficiently simple that scattering lengths may be calculated reliably from first principles, with the results $a_{\mathrm{t}}=1.2$ [24] and $a_{\mathrm{s}}=0.41$ [25].

[^11]
## Lithium

${ }^{6} \mathrm{Li}$ For this fermion Abraham et al. [26], who employed photoassociative spectroscopy, obtained $a_{\mathrm{s}}=45.5 \pm 2.5$ and $a_{\mathrm{t}}=-2160 \pm 250$, the latter exceeding by more than one order of magnitude the estimate based on the dimensional arguments of Sec. 5.1. More recently, accurate determination of the parameters by the use of radio-frequency spectroscopy led to $a_{\mathrm{s}}=$ $45.167 \pm 0.008$ and $a_{\mathrm{t}}=-2140 \pm 18[22]$.
${ }^{7} \mathrm{Li}$ The work of Ref. [26] led to the values $a_{\mathrm{s}}=33 \pm 2$ and $a_{\mathrm{t}}=-27.6 \pm 0.5$. As we shall see in Chapter 6, the negative value of the triplet scattering length for ${ }^{7} \mathrm{Li}$ prevents the formation of a condensate with more than a few thousand atoms.

## Sodium

${ }^{23} \mathrm{Na}$ Scattering lengths have been derived by Tiesinga et al. [27] from photoassociative spectroscopy data. They found $a_{\mathrm{t}}=85 \pm 3$ and $a_{\mathrm{ms}}=$ $52 \pm 5$. A more recent analysis of different types of data gives $a_{\mathrm{t}}=65.3 \pm 0.9$, $a_{\mathrm{s}}=19.1 \pm 2.1$, and $a_{\mathrm{ms}}=55.4 \pm 1.2[28]$.

## Potassium

Scattering lengths for potassium isotopes have been derived from photoassociative spectroscopy by Bohn et al. [29]. Their results are:
${ }^{39} \mathrm{~K} \quad a_{\mathrm{t}}=-17 \pm 25, a_{\mathrm{s}}=140_{-6}^{+3}$, and $a_{\mathrm{ms}}=-20_{-64}^{+42}$,
${ }^{40} \mathrm{~K} \quad a_{\mathrm{t}}=194_{-35}^{+114}$ and $a_{\mathrm{s}}=105_{-3}^{+2}$,
${ }^{41} \mathrm{~K} \quad a_{\mathrm{t}}=65_{-8}^{+13}, a_{\mathrm{s}}=85 \pm 2$, and $a_{\mathrm{ms}}=69_{-9}^{+14}$.
These values are somewhat different from earlier ones obtained from molecular spectroscopy $[30,31]$.

## Rubidium

${ }^{85} \mathrm{Rb}$ From photoassociative spectroscopy and study of a Feshbach resonance, Roberts et al. found $a_{\mathrm{t}}=-369 \pm 16$ and $a_{\mathrm{s}}=2400_{-350}^{+600}$ [21]. Vogels et al. found $a_{\mathrm{ms}}=-450 \pm 140$ from photoassociative spectroscopy [32].
${ }^{87} \mathrm{Rb}$ All the scattering lengths are closely equal. Roberts et al. found $a_{\mathrm{t}}=106 \pm 4$ and $a_{\mathrm{s}}=90 \pm 1$ from the same kinds of data as they used for
the lighter isotope [21]. From measurements of the lifetime of two coexisting condensates and from photoassociative spectroscopy Julienne et al. found $a_{\mathrm{ms}}=103 \pm 5[33]$.

## Cesium

${ }^{133} \mathrm{Cs}$ The scattering cross section of ${ }^{133} \mathrm{Cs}$ atoms in the doubly polarized state, $F=4, m_{F}=4$, was measured by Arndt et al. [34] in the temperature range from 5 to $60 \mu \mathrm{~K}$. It was found to be inversely proportional to the temperature, characteristic of resonant scattering $(|a| \rightarrow \infty)$. Since the cross section did not saturate at the lowest temperatures, the measurements yield only a lower bound on the magnitude of the scattering length, $\left|a_{\mathrm{t}}\right| \geq 260$. Chin et al. [4] have made high-resolution measurements of a large number of Feshbach resonances, from which Leo et al. [5] deduced the values $a_{\mathrm{t}}=$ $2400 \pm 100$ and $a_{\mathrm{s}}=280 \pm 10$. Because of the many resonances, scattering lengths depend sensitively on the magnetic field.

## Problems

Problem 5.1 Use the model of Sec. 5.3 to determine the value of $r_{\mathrm{c}} / r_{0}$ at which the first bound state appears. In the light of this calculation, discuss why two spin-polarized hydrogen atoms in a triplet electronic state do not have a bound state. (The triplet-state potential for hydrogen is positive for distances less than approximately $7 a_{0}$.)

Problem 5.2 Calculate the rate of the process $d+d \rightarrow a+a$ for hydrogen atoms at zero temperature. This process was discussed in Sec. 4.7, and expressions for the states are given in Eqs. (3.24)-(3.27). Use the Born approximation and take into account only the magnetic dipole-dipole interaction. Give limiting results for low magnetic fields ( $B<\Delta E_{\mathrm{hf}} / \mu_{\mathrm{B}}$ ) and high magnetic fields.

Problem 5.3 Make numerical estimates of rates of elastic scattering, and inelastic two- and three-body processes for hydrogen and alkali atoms at low temperatures under typical experimental conditions.

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## 6

## Theory of the condensed state

In the present chapter we consider the structure of the Bose-Einstein condensed state in the presence of interactions. Our discussion is based on the Gross-Pitaevskii equation [1], which describes the zero-temperature properties of the non-uniform Bose gas when the scattering length $a$ is much less than the mean interparticle spacing. We shall first derive the GrossPitaevskii equation at zero temperature by treating the interaction between particles in a mean-field approximation (Sec. 6.1). Following that, in Sec. 6.2 we discuss the ground state of atomic clouds in a harmonic-oscillator potential. We compare results obtained by variational methods with those derived in the Thomas-Fermi approximation, in which the kinetic energy operator is neglected in the Gross-Pitaevskii equation. The Thomas-Fermi approximation fails near the surface of a cloud, and in Sec. 6.3 we calculate the surface structure using the Gross-Pitaevskii equation. In Sec. 6.4 we determine how the condensate wave function 'heals' when subjected to a localized disturbance. Finally, in Sec. 6.5 we show how the magnetic dipoledipole interaction, which is long-ranged and anisotropic, may be included in the Gross-Pitaevskii equation and determine within the Thomas-Fermi approximation its effect on the density distribution.

### 6.1 The Gross-Pitaevskii equation

In the previous chapter we have shown that the effective interaction between two particles at low energies is a constant in the momentum representation, $U_{0}=4 \pi \hbar^{2} a / m$. In coordinate space this corresponds to a contact interaction $U_{0} \delta\left(\mathbf{r}-\mathbf{r}^{\prime}\right)$, where $\mathbf{r}$ and $\mathbf{r}^{\prime}$ are the positions of the two particles. To investigate the energy of many-body states we adopt a Hartree or mean-field approach, and assume that the wave function is a symmetrized product of single-particle wave functions. In the fully condensed state, all bosons are
in the same single-particle state, $\phi(\mathbf{r})$, and therefore we may write the wave function of the $N$-particle system as

$$
\begin{equation*}
\Psi\left(\mathbf{r}_{1}, \mathbf{r}_{2}, \ldots, \mathbf{r}_{N}\right)=\prod_{i=1}^{N} \phi\left(\mathbf{r}_{i}\right) \tag{6.1}
\end{equation*}
$$

The single-particle wave function $\phi\left(\mathbf{r}_{i}\right)$ is normalized in the usual way,

$$
\begin{equation*}
\int d \mathbf{r}|\phi(\mathbf{r})|^{2}=1 \tag{6.2}
\end{equation*}
$$

This wave function does not contain the correlations produced by the interaction when two atoms are close to each other. These effects are taken into account by using the effective interaction $U_{0} \delta\left(\mathbf{r}-\mathbf{r}^{\prime}\right)$, which includes the influence of short-wavelength degrees of freedom that have been eliminated, or integrated out, as described in Sec. 5.2.1. In the mean-field treatment, we shall take into account explicitly interactions between degrees of freedom corresponding to length scales such as the spatial extent of the cloud, the scale of surface structure, or the wavelength of an excitation. These length scales are generally much larger than the lengths associated with scattering, $r_{0}$ given by Eq. (5.1) and the magnitude of the scattering length. Therefore we may generally set the cut-off wave number $k_{\mathrm{c}}$ to zero. ${ }^{1}$ The effective interaction is thus equal to $U_{0}$, the $T$ matrix at zero energy, and the effective Hamiltonian may be written

$$
\begin{equation*}
H=\sum_{i=1}^{N}\left[\frac{\mathbf{p}_{i}^{2}}{2 m}+V\left(\mathbf{r}_{i}\right)\right]+U_{0} \sum_{i<j} \delta\left(\mathbf{r}_{i}-\mathbf{r}_{j}\right), \tag{6.3}
\end{equation*}
$$

$V(\mathbf{r})$ being the external potential. The energy of the state (6.1), the expectation value of the Hamiltonian (6.3) in the state, is given by

$$
\begin{equation*}
E=N \int d \mathbf{r}\left[\frac{\hbar^{2}}{2 m}|\nabla \phi(\mathbf{r})|^{2}+V(\mathbf{r})|\phi(\mathbf{r})|^{2}+\frac{(N-1)}{2} U_{0}|\phi(\mathbf{r})|^{4}\right] . \tag{6.4}
\end{equation*}
$$

In the interaction term, $N(N-1) / 2$ is the number of terms in the interaction energy, that is the number of ways of making pairs of bosons, times $\int d \mathbf{r} U_{0}|\phi(\mathbf{r})|^{4}$, the interaction energy of two particles in the state $\phi(\mathbf{r}) .^{2}$

In the Hartree approximation, all atoms are in the state whose wave function we denote by $\phi$. In the true wave function, some atoms will be in states with more rapid spatial variation, due to the correlations at small atomic separations, and therefore the total number of atoms in the state $\phi$ will be

[^12]less than $N$. However, as we shall demonstrate in Sec. 8.1 from microscopic theory for the uniform Bose gas, the relative reduction of the number of particles in the condensate, the so-called depletion of the condensate due to interactions, is of order $\left(n a^{3}\right)^{1 / 2}$, where $n$ is the particle density. As a measure of the particle separation we introduce the radius $r_{\mathrm{s}}$ of a sphere having a volume equal to the average volume per particle. This is related to the density by the equation
\[

$$
\begin{equation*}
n=\frac{1}{(4 \pi / 3) r_{\mathrm{s}}^{3}} \tag{6.5}
\end{equation*}
$$

\]

The depletion is thus of order $\left(a / r_{\mathrm{s}}\right)^{3 / 2}$ which is typically of order one per cent or less in most experiments performed to date, and therefore depletion of the condensate due to interactions may be neglected under most circumstances.

We begin by considering the uniform Bose gas. In a uniform system of volume $V$, the wave function of a particle in the ground state is $1 / V^{1 / 2}$, and therefore the interaction energy of a pair of particles is $U_{0} / V$. The energy of a state with $N$ bosons all in the same state is this quantity multiplied by the number of possible ways of making pairs of bosons, $N(N-1) / 2$. In this approximation, the energy is

$$
\begin{equation*}
E=\frac{N(N-1)}{2 V} U_{0} \simeq \frac{1}{2} V n^{2} U_{0} \tag{6.6}
\end{equation*}
$$

where $n=N / V$. In writing the last expression we have assumed that $N \gg 1$.

It is convenient to introduce the concept of the wave function $\psi(\mathbf{r})$ of the condensed state by the definition

$$
\begin{equation*}
\psi(\mathbf{r})=N^{1 / 2} \phi(\mathbf{r}) \tag{6.7}
\end{equation*}
$$

The density of particles is given by

$$
\begin{equation*}
n(\mathbf{r})=|\psi(\mathbf{r})|^{2} \tag{6.8}
\end{equation*}
$$

and, with the neglect of terms of order $1 / N$, the energy of the system may therefore be written as

$$
\begin{equation*}
E(\psi)=\int d \mathbf{r}\left[\frac{\hbar^{2}}{2 m}|\nabla \psi(\mathbf{r})|^{2}+V(\mathbf{r})|\psi(\mathbf{r})|^{2}+\frac{1}{2} U_{0}|\psi(\mathbf{r})|^{4}\right] \tag{6.9}
\end{equation*}
$$

To find the optimal form for $\psi$, we minimize the energy (6.9) with respect to independent variations ${ }^{3}$ of $\psi(\mathbf{r})$ and its complex conjugate $\psi^{*}(\mathbf{r})$ subject

[^13]to the condition that the total number of particles
\[

$$
\begin{equation*}
N=\int d \mathbf{r}|\psi(\mathbf{r})|^{2} \tag{6.10}
\end{equation*}
$$

\]

be constant. The constraint is conveniently taken care of by the method of Lagrange multipliers. One writes $\delta E-\mu \delta N=0$, where the chemical potential $\mu$ is the Lagrange multiplier that ensures constancy of the particle number and the variations of $\psi$ and $\psi^{*}$ may thus be taken to be arbitrary. This procedure is equivalent to minimizing the quantity $E-\mu N$ at fixed $\mu$. Equating to zero the variation of $E-\mu N$ with respect to $\psi^{*}(\mathbf{r})$ gives

$$
\begin{equation*}
-\frac{\hbar^{2}}{2 m} \nabla^{2} \psi(\mathbf{r})+V(\mathbf{r}) \psi(\mathbf{r})+U_{0}|\psi(\mathbf{r})|^{2} \psi(\mathbf{r})=\mu \psi(\mathbf{r}) \tag{6.11}
\end{equation*}
$$

To obtain this result, the variation of the kinetic energy term was carried out by performing an integration by parts. The surface terms that arise in this process vanish for systems of finite extent or when periodic boundary conditions are imposed. Equation (6.11) is the time-independent GrossPitaevskii equation. It has the form of a Schrödinger equation in which the potential acting on particles is the sum of the external potential $V$ and a non-linear term $U_{0}|\psi(\mathbf{r})|^{2}$ that takes into account the mean field produced by the other bosons. ${ }^{4}$ Note that the eigenvalue is the chemical potential, not the energy per particle as it is for the usual (linear) Schrödinger equation. For non-interacting particles all in the same state the chemical potential is equal to the energy per particle, but for interacting particles it is not.
For a uniform Bose gas, the Gross-Pitaevskii equation (6.11) is

$$
\begin{equation*}
\mu=U_{0}|\psi(\mathbf{r})|^{2}=U_{0} n, \tag{6.12}
\end{equation*}
$$

which agrees with the result of using the thermodynamic relation $\mu=$ $\partial E / \partial N$ to calculate the chemical potential from the energy of the uniform state, Eq. (6.6).

### 6.2 The ground state for trapped bosons

We now examine the solution of the Gross-Pitaevskii equation for bosons in a trap [2]. For definiteness, and because of their experimental relevance,

[^14]we shall consider harmonic traps, but the formalism may easily be applied to more general traps.

Before embarking on detailed calculations let us consider qualitative properties of the solution. For simplicity, we neglect the anisotropy of the oscillator potential, and take it to be of the form $V=m \omega_{0}^{2} r^{2} / 2$. If the spatial extent of the cloud is $\sim R$, the potential energy of a particle in the oscillator potential is $\sim m \omega_{0}^{2} R^{2} / 2$, and the kinetic energy is of order $\hbar^{2} / 2 m R^{2}$ per particle, since in the ground state a typical particle momentum is of order $\hbar / R$ from the Heisenberg uncertainty principle. Thus in the absence of interactions, the total energy varies as $1 / R^{2}$ for small $R$ and as $R^{2}$ for large $R$, and it has a minimum when the kinetic and potential energies are equal. The corresponding value of the radius of the cloud is of order

$$
\begin{equation*}
a_{\mathrm{osc}}=\left(\frac{\hbar}{m \omega_{0}}\right)^{1 / 2} \tag{6.13}
\end{equation*}
$$

which is the characteristic quantum-mechanical length scale for the harmonic oscillator. This result is what one would anticipate, because we have made what amounts to a variational calculation of the ground state of a single particle in an oscillator potential.

We now consider the effect of interactions. A typical particle density is $n \sim N / R^{3}$, and the interaction energy of a particle is therefore of order $n U_{0} \sim U_{0} N / R^{3}$. For repulsive interactions, the effect of an additional contribution to the energy varying as $R^{-3}$ shifts the minimum of the total energy to larger values of $R$, and consequently, for increasing values of $N a$, the kinetic energy term becomes less important. It is instructive to investigate the limit of strong interactions, in which the kinetic energy may be neglected. The equilibrium size is found by minimizing the sum of the potential and interaction energies, and this occurs when the two contributions to the energy are of the same order of magnitude. By equating the two energies, one finds the equilibrium radius to be given by

$$
\begin{equation*}
R \sim a_{\mathrm{osc}}\left(\frac{N a}{a_{\mathrm{osc}}}\right)^{1 / 5} \tag{6.14}
\end{equation*}
$$

and the energy per particle is

$$
\begin{equation*}
\frac{E}{N} \sim \hbar \omega_{0}\left(\frac{N a}{a_{\mathrm{osc}}}\right)^{2 / 5} . \tag{6.15}
\end{equation*}
$$

The quantity $N a / a_{\text {osc }}$ is a dimensionless measure of the strength of the interaction, and in most experiments on atoms with repulsive interactions it is much larger than unity, so the radius $R$ is somewhat larger than $a_{\text {osc }}$. For
$|a| \sim 10 \mathrm{~nm}$ and $a_{\text {osc }} \sim 1 \mu \mathrm{~m}$ (see Eq. (2.35)), with $N$ between $10^{4}$ and $10^{6}$, the ratio $R / a_{\text {osc }}$ is seen to range from 2.5 to 6 . In equilibrium, the interaction energy and the energy due to the trapping potential are both of order $m \omega_{0}^{2} R^{2}$, where $R$ is the equilibrium radius given by (6.14), and therefore the ratio between the kinetic energy, which is proportional to $R^{-2}$, and the other contributions to the energy is proportional to $\left(a_{\text {osc }} / N a\right)^{4 / 5}$. This confirms that the kinetic energy is indeed negligible for clouds containing a sufficiently large number of particles. ${ }^{5}$
Let us now turn to attractive interactions. For a small number of particles, the total energy as a function of $R$ is similar to that for non-interacting particles, except that at very small $R$ the energy diverges to $-\infty$ as $-1 / R^{3}$. Consequently, for a sufficiently small number of particles the energy has a local minimum near that for non-interacting particles, but at a smaller radius. This state is metastable, since for small departures from the minimum, the energy increases, but for small $R$ the energy eventually varies as $-1 / R^{3}$ and becomes less than that at the local minimum. With increasing particle number, the local minimum becomes shallower, and at a critical particle number $N_{\mathrm{c}}$ it disappears. For larger numbers of particles there is no metastable state. As one might expect, the critical number is determined by the condition that the dimensionless coupling parameter be of order -1 , that is $N_{\mathrm{c}} \sim a_{\text {osc }} /|a|$. For two ${ }^{7} \mathrm{Li}$ atoms in the $F=2, m_{F}=2$ state, the electronic state is a triplet, and the scattering length $a_{t}$ is $-27.6 a_{0}=-1.46$ nm . Therefore in traps with frequencies of order 100 Hz , corresponding to $a_{\text {osc }}$ of order microns, the critical number is of order $10^{3}$, which is what is found experimentally [3].

We now consider the problem quantitatively. We shall determine the ground-state energy for a gas trapped in an anisotropic three-dimensional harmonic-oscillator potential $V$ given by

$$
\begin{equation*}
V(x, y, z)=\frac{1}{2} m\left(\omega_{x}^{2} x^{2}+\omega_{y}^{2} y^{2}+\omega_{z}^{2} z^{2}\right) \tag{6.16}
\end{equation*}
$$

where the three oscillator frequencies $\omega_{i}(i=x, y, z)$ may differ from each other. Many traps used in experiments have an axis of symmetry, so that two of the frequencies are equal, but we shall consider the general case. The Gross-Pitaevskii equation (6.11) may be solved directly by numerical integration, but it is instructive to derive some analytical results. We begin with a variational calculation based on a Gaussian trial function and then go on to the Thomas-Fermi approximation.

[^15]
### 6.2.1 A variational calculation

In the absence of interparticle interactions the lowest single-particle state has the familiar wave function,

$$
\begin{equation*}
\phi_{0}(\mathbf{r})=\frac{1}{\pi^{3 / 4}\left(a_{x} a_{y} a_{z}\right)^{1 / 2}} e^{-x^{2} / 2 a_{x}^{2}} e^{-y^{2} / 2 a_{y}^{2}} e^{-z^{2} / 2 a_{z}^{2}}, \tag{6.17}
\end{equation*}
$$

where the oscillator lengths $a_{i}(i=x, y, z)$ are given by $a_{i}^{2}=\hbar / m \omega_{i}$ according to Eq. (2.34). The density distribution $n(\mathbf{r})=N \phi_{0}(\mathbf{r})^{2}$ is thus Gaussian. Interatomic interactions change the dimensions of the cloud, and we adopt as our trial function for $\psi$ the same form as (6.17),

$$
\begin{equation*}
\psi(\mathbf{r})=\frac{N^{1 / 2}}{\pi^{3 / 4}\left(b_{x} b_{y} b_{z}\right)^{1 / 2}} e^{-x^{2} / 2 b_{x}^{2}} e^{-y^{2} / 2 b_{y}^{2}} e^{-z^{2} / 2 b_{z}^{2}} \tag{6.18}
\end{equation*}
$$

where the lengths $b_{i}$ are variational parameters. The trial function satisfies the normalization condition (6.10). Substitution of (6.18) into (6.9) yields the energy expression

$$
\begin{equation*}
E\left(b_{x}, b_{y}, b_{z}\right)=N \sum_{i} \hbar \omega_{i}\left(\frac{a_{i}^{2}}{4 b_{i}^{2}}+\frac{b_{i}^{2}}{4 a_{i}^{2}}\right)+\frac{N^{2} U_{0}}{2(2 \pi)^{3 / 2} b_{x} b_{y} b_{z}} . \tag{6.19}
\end{equation*}
$$

If we evaluate (6.19), putting the $b_{i}$ equal to their values $a_{i}$ in the absence of interaction, one finds

$$
\begin{align*}
E & \simeq N \sum_{i} \frac{\hbar \omega_{i}}{2}+\frac{N^{2} U_{0}}{2(2 \pi)^{3 / 2} a_{x} a_{y} a_{z}} \\
& =N \sum_{i} \frac{\hbar \omega_{i}}{2}+\frac{N^{2}}{2}\langle 00| v|00\rangle \tag{6.20}
\end{align*}
$$

where

$$
\begin{equation*}
\langle 00| v|00\rangle=\frac{4 \pi \hbar^{2} a}{m} \int d \mathbf{r}\left|\phi_{0}(\mathbf{r})\right|^{4} \tag{6.21}
\end{equation*}
$$

is the interaction energy for two particles in the ground state of the oscillator. The result (6.20) is valid to first order in $a$, and it is a good approximation as long as the interaction energy per particle is small compared with the smallest of the zero-point energies $\hbar \omega_{i} / 2$. If the magnitudes of the three oscillator frequencies are comparable $\left(\omega_{i} \sim \omega_{0}\right)$, the ratio of the interaction energy to the zero-point energy of the oscillator is of order $N a / a_{\text {osc }}$, which, as we argued above, is a dimensionless measure of the strength of the interaction. It gives the ratio of the interaction energy to the oscillator energy $\hbar \omega_{0}$ when the wave function is that for the particles in the ground state of the oscillator. The condition $N a / a_{\text {osc }} \sim 1$ marks the crossover between
the perturbative regime and one where equilibrium is determined by competition between the interaction energy and the potential energy due to the trap.

With increasing positive effective interaction, the cloud expands, and the optimal wave function becomes more extended, corresponding to larger values of the lengths $b_{i}$. It is convenient to introduce dimensionless lengths $x_{i}$ defined by

$$
\begin{equation*}
\beta_{i}=\frac{b_{i}}{a_{i}} \tag{6.22}
\end{equation*}
$$

Minimizing $E$ with respect to the variational parameters $\beta_{i}(i=x, y, z)$ then yields the three equations

$$
\begin{equation*}
\frac{1}{2} \hbar \omega_{i}\left(\beta_{i}^{2}-\frac{1}{\beta_{i}^{2}}\right)-\frac{1}{2(2 \pi)^{3 / 2}} \frac{N U_{0}}{\bar{a}^{3}} \frac{1}{\beta_{x} \beta_{y} \beta_{z}}=0 \tag{6.23}
\end{equation*}
$$

Here we have introduced the characteristic length

$$
\begin{equation*}
\bar{a}=\sqrt{\frac{\hbar}{m \bar{\omega}}} \tag{6.24}
\end{equation*}
$$

for an oscillator of frequency

$$
\begin{equation*}
\bar{\omega}=\left(\omega_{x} \omega_{y} \omega_{z}\right)^{1 / 3} \tag{6.25}
\end{equation*}
$$

the geometric mean of the oscillator frequencies for the three directions. In the general case we obtain the optimal parameters for the trial function by solving this set of coupled equations. Let us here, however, consider the simpler situation when the number of particles is sufficiently large that the interaction energy per particle is large compared with $\hbar \omega_{i}$ for all $\omega_{i}$. Then it is permissible to neglect the kinetic energy terms (proportional to $1 / \beta_{i}^{2}$ ) in (6.23). By solving for $\beta_{i}$ we find

$$
\begin{equation*}
\beta_{i}^{5}=\left(\frac{2}{\pi}\right)^{1 / 2} \frac{N a}{\bar{a}}\left(\frac{\bar{\omega}}{\omega_{i}}\right)^{5 / 2} \tag{6.26}
\end{equation*}
$$

or

$$
\begin{equation*}
b_{i}=\left(\frac{2}{\pi}\right)^{1 / 10}\left(\frac{N a}{\bar{a}}\right)^{1 / 5} \frac{\bar{\omega}}{\omega_{i}} \bar{a} \tag{6.27}
\end{equation*}
$$

and the energy per particle is given in this approximation by

$$
\begin{equation*}
\frac{E}{N}=\frac{5}{4}\left(\frac{2}{\pi}\right)^{1 / 5}\left(\frac{N a}{\bar{a}}\right)^{2 / 5} \hbar \bar{\omega} \tag{6.28}
\end{equation*}
$$

According to the variational estimate (6.28) the energy per particle is proportional to $N^{2 / 5}$ in the limit when the kinetic energy is neglected, and is of


Fig. 6.1 Variational expression for the energy per particle for an isotropic harmonic trap as a function of the variational parameter $b$, for different values of the dimensionless parameter $N a / a_{\text {osc }}$. The dotted curve corresponds to the critical value, approximately -0.67 , at which the cloud becomes unstable.
order $(N a / \bar{a})^{2 / 5}$ times greater than the energy in the absence of interactions. As we shall see below, this is also true in the Thomas-Fermi approximation, which is exact when the particle number is large.

In Fig. 6.1 we illustrate for an isotropic oscillator the dependence of $E / N$ on the variational parameter $b\left(=b_{x}=b_{y}=b_{z}\right)$ for different values of the dimensionless parameter $N a / a_{\text {osc }}$. We have included examples of attractive interactions, corresponding to negative values of the scattering length $a$. As shown in the figure, a local minimum exists for negative $a$ provided $N$ is less than some value $N_{\mathrm{c}}$, but for larger values of $N$ the cloud will collapse. The critical particle number is found from the condition that the first and second derivatives of $E / N$ with respect to $b$ are both equal to zero, which gives [4]

$$
\begin{equation*}
\frac{N_{\mathrm{c}}|a|}{a_{\mathrm{osc}}}=\frac{2(2 \pi)^{1 / 2}}{5^{5 / 4}} \approx 0.67 . \tag{6.29}
\end{equation*}
$$

The minimum energy per particle (in units of $\hbar \omega_{0}$ ) is plotted in Fig. 6.2 as a function of $N a / a_{\text {osc }}$ within the range of stability $-0.67<N a / a_{\text {osc }}<\infty$. For comparison, we also exhibit the result of the Thomas-Fermi approximation


Fig. 6.2 Variational estimate of the energy per particle for an isotropic harmonic trap as a function of the dimensionless parameter $N a / a_{\text {osc }}$. The dotted line is the result in the Thomas-Fermi approximation.
discussed in the following subsection. A numerical integration of the GrossPitaevskii equation gives $N_{\mathrm{c}}|a| / a_{\text {osc }} \approx 0.57$ [5].

### 6.2.2 The Thomas-Fermi approximation

For sufficiently large clouds, an accurate expression for the ground-state energy may be obtained by neglecting the kinetic energy term in the GrossPitaevskii equation. As we have seen for a harmonic trap in the preceding subsection, when the number of atoms is large and interactions are repulsive, the kinetic energy term is small compared with other energies. A better approximation for the condensate wave function for large numbers of atoms may be obtained by solving the Gross-Pitaevskii equation, neglecting the kinetic energy term from the start. Thus from Eq. (6.11) one finds

$$
\begin{equation*}
\left[V(\mathbf{r})+U_{0}|\psi(\mathbf{r})|^{2}\right] \psi(\mathbf{r})=\mu \psi(\mathbf{r}) \tag{6.30}
\end{equation*}
$$

where $\mu$ is the chemical potential. This has the solution

$$
\begin{equation*}
n(\mathbf{r})=|\psi(\mathbf{r})|^{2}=[\mu-V(\mathbf{r})] / U_{0} \tag{6.31}
\end{equation*}
$$

in the region where the right-hand side is positive and $\psi=0$ otherwise. The boundary of the cloud is therefore given by

$$
\begin{equation*}
V(\mathbf{r})=\mu . \tag{6.32}
\end{equation*}
$$

The physical content of this approximation is that the energy to add a particle at any point in the cloud is the same everywhere. This energy is given by the sum of the external potential $V(\mathbf{r})$ and an interaction contribution $n(\mathbf{r}) U_{0}$ which is the chemical potential of a uniform gas having a density equal to the local density $n(\mathbf{r})$. Since this approximation is reminiscent of the Thomas-Fermi approximation in the theory of atoms, it is generally referred to by the same name. For atoms, the total electrostatic potential takes the place of the trapping potential, and the local Fermi energy that of the mean-field energy $U_{0}|\psi|^{2}=U_{0} n$.
In the Thomas-Fermi approximation the extension of the cloud in the three directions is given by the three semi-axes $R_{i}$ obtained by inserting (6.16) into (6.32),

$$
\begin{equation*}
R_{i}^{2}=\frac{2 \mu}{m \omega_{i}^{2}}, \quad i=x, y, z \tag{6.33}
\end{equation*}
$$

The lengths $R_{i}$ may be evaluated in terms of trap parameters once the chemical potential has been determined. The normalization condition on $\psi$, Eq. (6.10), yields a relation between the chemical potential $\mu$ and the total number of particles $N$. For a harmonic trap with a potential given by Eq. (6.16) one finds

$$
\begin{equation*}
N=\frac{8 \pi}{15}\left(\frac{2 \mu}{m \bar{\omega}^{2}}\right)^{3 / 2} \frac{\mu}{U_{0}}, \tag{6.34}
\end{equation*}
$$

as may be seen by scaling each spatial coordinate by $\left(2 \mu / m \omega_{i}^{2}\right)^{1 / 2}$ and integrating over the interior of the unit sphere. Solving (6.34) for $\mu$ we obtain the following relation between $\mu$ and $\hbar \bar{\omega}$ :

$$
\begin{equation*}
\mu=\frac{15^{2 / 5}}{2}\left(\frac{N a}{\bar{a}}\right)^{2 / 5} \hbar \bar{\omega} \tag{6.35}
\end{equation*}
$$

The quantity $\bar{R}=\left(R_{x} R_{y} R_{z}\right)^{1 / 3}$ is a convenient measure of the spatial extent of the cloud. By combining (6.33) and (6.35) we obtain

$$
\begin{equation*}
\bar{R}=15^{1 / 5}\left(\frac{N a}{\bar{a}}\right)^{1 / 5} \bar{a} \approx 1.719\left(\frac{N a}{\bar{a}}\right)^{1 / 5} \bar{a} \tag{6.36}
\end{equation*}
$$

which implies that $\bar{R}$ is somewhat greater than $\bar{a}$ under typical experimental conditions. In Fig. 6.3 we compare wave functions for the variational


Fig. 6.3 The ground-state wave function in the Gaussian variational approximation (full line) and in the Thomas-Fermi approximation (dotted line) for an isotropic harmonic-oscillator potential. The wave functions are given in units of $N^{1 / 2} /\left(\beta a_{\text {osc }}\right)^{3 / 2}$, with $\beta \equiv\left(N a / a_{\text {osc }}\right)^{1 / 5}$.
calculation described in the previous section and the Thomas-Fermi approximation.

Since $\mu=\partial E / \partial N$ and $\mu \propto N^{2 / 5}$ according to Eq. (6.35) the energy per particle is

$$
\begin{equation*}
\frac{E}{N}=\frac{5}{7} \mu \tag{6.37}
\end{equation*}
$$

This is the exact result for the leading contribution to the energy at large $N$, and it is smaller than the variational estimate (6.28) by a numerical factor $(3600 \pi)^{1 / 5} / 7 \approx 0.92$. The central density of the cloud is $n(0)=\mu / U_{0}$ within the Thomas-Fermi approximation.

In order to see how the total energy is distributed between potential and interaction energies we insert the Thomas-Fermi solution given by (6.31) into (6.9) and evaluate the last two terms, neglecting the kinetic energy. The calculation is carried out most easily by working in terms of the variables $x_{i} / R_{i}$ so that the potential $V(\mathbf{r})$ and the Thomas-Fermi solution become spherically symmetric when expressed in these variables. The ratio between
the interaction energy $E_{\text {int }}$ and the potential energy $E_{\text {pot }}$ then becomes

$$
\begin{equation*}
\frac{E_{\mathrm{int}}}{E_{\mathrm{pot}}}=\frac{\int_{0}^{1} d \lambda \lambda^{2}\left(1-\lambda^{2}\right)^{2} / 2}{\int_{0}^{1} d \lambda \lambda^{4}\left(1-\lambda^{2}\right)}=\frac{2}{3} \tag{6.38}
\end{equation*}
$$

This result is an expression of the virial theorem (see Problem 6.2). The interaction energy in the Thomas-Fermi approximation is thus equal to $2 / 5$ times the total energy. Since the total energy per particle is $5 \mu / 7$ we conclude that the interaction energy per particle and the chemical potential are related by

$$
\begin{equation*}
\frac{E_{\text {int }}}{N}=\frac{2}{7} \mu \tag{6.39}
\end{equation*}
$$

We shall return to this result in Chapter 11 when calculating the effect of interactions on properties of clouds at non-zero temperature.

The Thomas-Fermi approximation gives an excellent account of the gross properties of clouds when $N a / \bar{a}$ is large compared with unity. However, in a number of important problems of physical interest, the kinetic energy plays a crucial role. In the next section we consider the surface structure of clouds and, in Sec. 9.2, vortex states.

### 6.3 Surface structure of clouds

The Thomas-Fermi approach is applicable provided the condensate wave function varies sufficiently slowly in space. It fails near the edge of the cloud, as one may see by estimating the contributions to the energy functional for the Thomas-Fermi wave function. The density profile is $n(\mathbf{r})=[\mu-$ $V(\mathbf{r})] / U_{0}$, and if we expand the external potential about a point $\mathbf{r}_{0}$ in the surface, which is given by $V\left(\mathbf{r}_{0}\right)=\mu$, this becomes $n(\mathbf{r})=\mathbf{F} \cdot\left(\mathbf{r}-\mathbf{r}_{0}\right) / U_{0}$, where

$$
\begin{equation*}
\mathbf{F}=-\nabla V\left(\mathbf{r}_{0}\right) \tag{6.40}
\end{equation*}
$$

is the force that the external potential exerts on a particle at the surface. The condensate wave function is given by

$$
\begin{equation*}
\psi(r)=\left[\frac{\mathbf{F} \cdot\left(\mathbf{r}-\mathbf{r}_{0}\right)}{U_{0}}\right]^{1 / 2} \tag{6.41}
\end{equation*}
$$

If we denote the coordinate in the direction of $\nabla V\left(\mathbf{r}_{0}\right)$ by $x$, and denote the position of the surface by $x=x_{0}$, the interior of the cloud corresponds to $x \leq x_{0}$. The Thomas-Fermi wave function for the cloud varies as $\left(x_{0}-x\right)^{1 / 2}$ for $x \leq x_{0}$, and therefore its derivative with respect to $x$ is proportional to $\left(x_{0}-x\right)^{-1 / 2}$. Consequently, the kinetic energy term in the energy functional
behaves as $1 /\left(x_{0}-x\right)$, and the total kinetic energy per unit area of the surface, which is obtained by integrating this expression over $x$, diverges as $-\ln \left(x_{0}-x\right)$, as $x$ approaches $x_{0}$ from below. To estimate the distance from the surface at which the kinetic energy term becomes important, we observe that the kinetic energy contribution to the energy functional is of order

$$
\begin{equation*}
\frac{\hbar^{2}|d \psi / d x|^{2}}{2 m|\psi|^{2}} \sim \frac{\hbar^{2}}{2 m\left(x_{0}-x\right)^{2}} \tag{6.42}
\end{equation*}
$$

per atom. The difference between the chemical potential and the external potential is

$$
\begin{equation*}
\mu-V(\mathbf{r}) \simeq F\left(x_{0}-x\right) \tag{6.43}
\end{equation*}
$$

where $F$ is the magnitude of the trapping force acting on a particle at the surface of the cloud. Thus the kinetic energy term dominates for $x_{0}-x \lesssim \delta$, where

$$
\begin{equation*}
\delta=\left(\hbar^{2} / 2 m F\right)^{1 / 3} \tag{6.44}
\end{equation*}
$$

which is the same length scale as occurs in the quantum mechanics of a free particle in a linear potential. For an isotropic harmonic potential $V=$ $m \omega_{0}^{2} r^{2} / 2, F$ is $m \omega_{0}^{2} R$, where $R$ is the radius of the cloud, and therefore

$$
\begin{equation*}
\delta=\left(\frac{a_{\mathrm{osc}}^{4}}{2 R}\right)^{1 / 3}=\left(\frac{\hbar \omega_{0}}{\mu}\right)^{2 / 3} \frac{R}{2} \tag{6.45}
\end{equation*}
$$

where $a_{\text {osc }}=\left(\hbar / m \omega_{0}\right)^{1 / 2}$ and in writing the second expression we have used the fact that $\mu=m \omega_{0}^{2} R^{2} / 2$. Consequently, the fraction of the volume of the cloud where the Thomas-Fermi approximation is poor is proportional to $\left(a_{\text {osc }} / R\right)^{4 / 3}$, which is small for a large enough number of particles.

We now study the surface region starting from the Gross-Pitaevskii equation. If the external potential varies slowly on the length scale $\delta$, we may expand the potential about the position of the surface as we did above, and the problem becomes essentially one-dimensional [6,7]. In terms of the coordinate $x$ introduced above, and with the origin chosen to be at the position of the surface in the Thomas-Fermi approximation, the Gross-Pitaevskii equation is

$$
\begin{equation*}
\left[-\frac{\hbar^{2}}{2 m} \frac{d^{2}}{d x^{2}}+F x+U_{0}|\psi(x)|^{2}\right] \psi(x)=0 \tag{6.46}
\end{equation*}
$$

In the discussion above we identified the length scale $\delta$ associated with the surface structure and, as one would expect, the Gross-Pitaevskii equation simplifies if one measures lengths in units of $\delta$. In addition, it is convenient
to measure the wave function of the condensate in terms of its value $b=$ $\left(F \delta / U_{0}\right)^{1 / 2}$ in the Thomas-Fermi theory at a distance $\delta$ from the edge of the cloud. After introducing a scaled length variable $y=x / \delta$ and a scaled wave function given by $\Psi=\psi / b$ we obtain the equation

$$
\begin{equation*}
\Psi^{\prime \prime}=y \Psi+\Psi^{3} \tag{6.47}
\end{equation*}
$$

where a prime denotes differentiation with respect to $y$. The solution in the Thomas-Fermi approximation is

$$
\begin{equation*}
\Psi=\sqrt{-y} \text { for } y \leq 0, \quad \Psi=0 \text { for } y>0 \tag{6.48}
\end{equation*}
$$

First let us consider the behaviour for $x \gg \delta$, corresponding to $y \gg 1$. Since the condensate wave function is small we may neglect the cubic term in Eq. (6.47). The resulting equation is that for the Airy function, and its asymptotic solution is

$$
\begin{equation*}
\Psi \simeq \frac{C}{y^{1 / 4}} e^{-2 y^{3 / 2} / 3} \tag{6.49}
\end{equation*}
$$

Deep inside the cloud, corresponding to $y \ll-1$, the Thomas-Fermi solution $\Psi \simeq \sqrt{-y}$ is approximately valid. To determine the leading correction to the wave function, we write $\Psi=\Psi_{0}+\Psi_{1}$ and linearize (6.47), thereby finding

$$
\begin{equation*}
-\Psi_{1}^{\prime \prime}+y \Psi_{1}+3 \Psi_{0}^{2} \Psi_{1}=\Psi_{0}^{\prime \prime} \tag{6.50}
\end{equation*}
$$

Using $\Psi_{0}=(-y)^{1 / 2}$ from (6.48) and neglecting $\Psi_{1}^{\prime \prime}$ in (6.50) since it contributes to terms of higher order in $1 / y$, we arrive at the result

$$
\begin{equation*}
\Psi_{1} \simeq-\frac{1}{8 y^{2} \sqrt{-y}} \tag{6.51}
\end{equation*}
$$

The asymptotic solution is thus

$$
\begin{equation*}
\Psi=\sqrt{-y}\left(1+\frac{1}{8 y^{3}}\right) \tag{6.52}
\end{equation*}
$$

Equation (6.47) may be solved numerically and this enables one to evaluate the coefficient $C$ in Eq. (6.49), which is found to be approximately 0.3971 [7].

We now evaluate the kinetic energy per unit area perpendicular to the $x$ axis,

$$
\begin{equation*}
\frac{<p^{2}>}{2 m}=\frac{\hbar^{2}}{2 m} \int d x|\nabla \psi|^{2} \tag{6.53}
\end{equation*}
$$

Let us first use the Thomas-Fermi wave function (6.48) which we expect to be valid only in the region $x \ll-\delta$. Since the integral diverges for $x \rightarrow 0$, as we discussed at the beginning of this section, we evaluate the integral for
$x$ less than some cut-off value $-l$. We take the lower limit of the integration to be $-L$, where $L$ is large compared with $\delta$. We expect that the kinetic energy will be given approximately by the Thomas-Fermi result if the cutoff distance is chosen to be $\sim-\delta$, the distance at which the Thomas-Fermi approximation fails,

$$
\begin{equation*}
\frac{<p^{2}>}{2 m}=\frac{\hbar^{2}}{2 m} \int_{-L}^{-l} d x\left(\psi^{\prime}\right)^{2} \simeq \frac{\hbar^{2}}{8 m} \frac{F}{U_{0}} \ln \frac{L}{l} \tag{6.54}
\end{equation*}
$$

We now compare this result with the kinetic energy per unit area calculated numerically using the true wave function,

$$
\begin{equation*}
\frac{\left\langle p^{2}>\right.}{2 m}=\frac{\hbar^{2}}{2 m} \int_{-L}^{\infty} d x\left(\psi^{\prime}\right)^{2} \approx \frac{\hbar^{2}}{8 m} \frac{F}{U_{0}} \ln \frac{4.160 L}{\delta}, \tag{6.55}
\end{equation*}
$$

which is valid for large values of $\ln (L / \delta)$.
We conclude that one obtains the correct asymptotic behaviour of the kinetic energy if one uses the Thomas-Fermi approach and cuts the integral off at $x=-l$, where

$$
\begin{equation*}
l=0.240 \delta \tag{6.56}
\end{equation*}
$$

As we shall demonstrate below, the same effective cut-off may be used for calculating the kinetic energy in more general situations.

We now turn to the system of physical interest, a cloud of $N$ atoms trapped in a three-dimensional harmonic-oscillator potential. For simplicity, we consider only the isotropic case, where the potential is $V(r)=m \omega_{0}^{2} r^{2} / 2$. The ground-state wave function satisfies the Gross-Pitaevskii equation

$$
\begin{equation*}
\left[-\frac{\hbar^{2}}{2 m r^{2}} \frac{d}{d r}\left(r^{2} \frac{d}{d r}\right)+\frac{1}{2} m \omega_{0}^{2} r^{2}+\frac{4 \pi \hbar^{2} a}{m}|\psi(r)|^{2}\right] \psi(r)=\mu \psi(r) \tag{6.57}
\end{equation*}
$$

By the substitution $\chi=r \psi$ we obtain

$$
\begin{equation*}
-\frac{\hbar^{2}}{2 m} \frac{d^{2} \chi}{d r^{2}}+\frac{1}{2} m \omega_{0}^{2}\left(r^{2}-R^{2}\right) \chi(r)+\frac{4 \pi \hbar^{2} a}{m r^{2}}|\chi(r)|^{2} \chi(r)=0 \tag{6.58}
\end{equation*}
$$

since $\mu=m \omega_{0}^{2} R^{2} / 2$. The Thomas-Fermi solution is

$$
\begin{equation*}
\chi_{\mathrm{TF}}=r\left(\frac{R^{2}-r^{2}}{8 \pi a a_{\mathrm{osc}}^{4}}\right)^{1 / 2} \tag{6.59}
\end{equation*}
$$

By expanding about $r=R$ in Eq. (6.58) we arrive at an equation of the form (6.47), with the length scale $\delta$ given by Eq. (6.45).
To calculate the kinetic energy, we use the Thomas-Fermi wave function
and cut the integral off at a radius $R-l$, where $l$ is given by the calculation for the linear ramp, Eq. (6.56). The result is

$$
\begin{equation*}
\frac{E_{\text {kin }}}{N}=\frac{\hbar^{2}}{2 m} \frac{\int_{0}^{R-l} d r r^{2}(d \psi / d r)^{2}}{\int_{0}^{R} d r r^{2} \psi^{2}} \simeq \frac{\hbar^{2}}{2 m R^{2}}\left(\frac{15}{4} \ln \frac{2 R}{l}-\frac{5}{2}\right) \tag{6.60}
\end{equation*}
$$

This expression agrees well with the numerical result $[7]$ for $\ln (R / \delta)$ greater than 3 , the relative difference being less than $2.5 \%$.

### 6.4 Healing of the condensate wave function

In the previous section we considered the condensate wave function for an external potential that varied relatively smoothly in space. It is instructive to investigate the opposite extreme, a condensate confined by a box with infinitely hard walls. At the wall, the wave function must vanish, and in the interior of the box the condensate density approaches its bulk value. The distance over which the wave function rises from zero at the wall to close to its bulk value may be estimated from the Gross-Pitaevskii equation, since away from the wall the wave function is governed by competition between the interaction energy term $\sim n U_{0}$ and the kinetic energy one. If one denotes the spatial scale of variations by $\xi$, the kinetic energy per particle is of order $\hbar^{2} / 2 m \xi^{2}$ and the two energies are equal when

$$
\begin{equation*}
\frac{\hbar^{2}}{2 m \xi^{2}}=n U_{0} \tag{6.61}
\end{equation*}
$$

or

$$
\begin{equation*}
\xi^{2}=\frac{\hbar^{2}}{2 m n U_{0}}=\frac{1}{8 \pi n a}=\frac{r_{s}^{3}}{6 a}, \tag{6.62}
\end{equation*}
$$

where the particle separation $r_{\mathrm{s}}$ is defined in Eq. (6.5). Since in experiments the distance between atoms is typically much larger than the scattering length, the coherence length is larger than the atomic separation. The length $\xi$ is referred to in the condensed matter literature as the coherence length, where the meaning of the word 'coherence' is different from that in optics. Since it describes the distance over which the wave function tends to its bulk value when subjected to a localized perturbation, it is also referred to as the healing length.

To investigate the behaviour of the condensate wave function quantitatively, we begin with the Gross-Pitaevskii equation (6.11), and assume that the potential vanishes for $x \geq 0$ and is infinite for $x<0$. The groundstate wave function is uniform in the $y$ and $z$ directions, and therefore the

Gross-Pitaevskii equation is

$$
\begin{equation*}
-\frac{\hbar^{2}}{2 m} \frac{d^{2} \psi(x)}{d x^{2}}+U_{0}|\psi(x)|^{2} \psi(x)=\mu \psi(x) \tag{6.63}
\end{equation*}
$$

For bulk uniform matter, the chemical potential is given by Eq. (6.12), and thus we may write $\mu=U_{0}\left|\psi_{0}\right|^{2}$ where $\psi_{0}$ is the wave function far from the wall, where the kinetic energy term becomes negligible. The equation then becomes

$$
\begin{equation*}
\frac{\hbar^{2}}{2 m} \frac{d^{2} \psi(x)}{d x^{2}}=-U_{0}\left[\left|\psi_{0}\right|^{2}-|\psi(x)|^{2}\right] \psi(x) \tag{6.64}
\end{equation*}
$$

When $\psi$ is real, one may regard $\psi$ as being a spatial coordinate and $x$ as being the 'time'. Then (6.64) has the same form as the classical equation of motion of a particle in a potential $\propto \psi_{0}^{2} \psi^{2}-\psi^{4} / 2$. The equation may be solved analytically, subject to the boundary conditions that $\psi(0)=0$ and $\psi(\infty)=\psi_{0}$, with the result

$$
\begin{equation*}
\psi(x)=\psi_{0} \tanh (x / \sqrt{2} \xi) \tag{6.65}
\end{equation*}
$$

This confirms that the wave function approaches its bulk value over a distance $\sim \xi$, in agreement with the qualitative arguments above.

### 6.5 Condensates with dipolar interactions

As mentioned in Chapters 1 and 3 , chromium atoms ( ${ }^{52} \mathrm{Cr}$ ) have been BoseEinstein condensed. This atom is particularly interesting because its total electronic spin is $S=3$, six times larger than for alkali atoms $(S=1 / 2)$, and therefore the dipole-dipole interaction between electronic magnetic moments, which is anisotropic, is especially large. Since for ${ }^{52} \mathrm{Cr}$ the groundstate orbital angular momentum is $L=0$ and the nuclear spin $I$ is zero, the atomic state may be specified by the value of the magnetic quantum number $m_{S}$. In the following we consider atoms completely polarized by an external magnetic field along the $z$ axis, in which case the atomic state has $m_{S}=-3$. This implies that the magnetic dipole-dipole interaction given by Eq. (5.91) (which is valid for arbitrary $S$ ) has a magnitude $6^{2}=36$ times as large as for alkali atoms. While the usual central parts of the interaction given by Eq. (5.34) are also present, the magnitude of the dipolar interaction is sufficiently large for chromium atoms that it affects the observed shape of the cloud during free expansion [8]. As we have seen in Sec. 5.4.1, the scale of the magnetic dipole-dipole interaction is given by $\mu_{0} \mu_{\mathrm{B}}^{2}=\pi \hbar^{2} r_{\mathrm{e}} / m_{\mathrm{e}}$ where $r_{\mathrm{e}}=\alpha_{\mathrm{fs}}^{2} a_{0}$ is the classical electron radius and $m_{\mathrm{e}}$ the electron mass. We therefore expect the relative importance of the magnetic dipole-dipole
interaction compared with the central interaction to be governed by the dimensionless parameter $\alpha_{\mathrm{fs}}^{2}\left(m / m_{\mathrm{e}}\right)\left(a_{0} / a\right)$, as will be confirmed by the detailed calculation below.
As an illustration, we calculate within the Thomas-Fermi approximation the deformation of a trapped cloud due to the dipolar interaction [9]. The dipolar interaction energy between two atoms at points $\mathbf{r}$ and $\mathbf{r}^{\prime}$ is given according to Eq. (5.91) by

$$
\begin{equation*}
U_{\mathrm{md}}\left(\mathbf{r}-\mathbf{r}^{\prime}\right)=\frac{\mu_{0}\left(2 m_{S} \mu_{\mathrm{B}}\right)^{2}}{4 \pi}\left(\frac{1}{\left|\mathbf{r}-\mathbf{r}^{\prime}\right|^{3}}-\frac{3\left(z-z^{\prime}\right)^{2}}{\left|\mathbf{r}-\mathbf{r}^{\prime}\right|^{5}}\right) . \tag{6.66}
\end{equation*}
$$

This interaction is long-ranged. The energy due to it may be calculated in the mean-field approximation, and it is given for the wave function (6.1) by

$$
\begin{equation*}
E_{\mathrm{md}}=\frac{1}{2} \int d \mathbf{r} d \mathbf{r}^{\prime} U_{\mathrm{md}}\left(\mathbf{r}-\mathbf{r}^{\prime}\right) n(\mathbf{r}) n\left(\mathbf{r}^{\prime}\right) \tag{6.67}
\end{equation*}
$$

where $n(\mathbf{r})$ is given by Eq. (6.8). ${ }^{6}$ The equation for the condensate wave function may be determined by repeating the considerations in Sec. 6.1 with the dipolar contribution to the energy included and one finds the GrossPitaevskii equation

$$
\begin{array}{r}
-\frac{\hbar^{2}}{2 m} \nabla^{2} \psi(\mathbf{r})+V(\mathbf{r}) \psi(\mathbf{r})+\left[U_{0}|\psi(\mathbf{r})|^{2}+\int d \mathbf{r}^{\prime} U_{\mathrm{md}}\left(\mathbf{r}-\mathbf{r}^{\prime}\right)\left|\psi\left(\mathbf{r}^{\prime}\right)\right|^{2}\right] \psi(\mathbf{r}) \\
=\mu \psi(\mathbf{r}) \tag{6.68}
\end{array}
$$

In the Thomas-Fermi approximation, the density distribution $n(\mathbf{r})$ satisfies the integral equation

$$
\begin{equation*}
\mu=V(\mathbf{r})+U_{0} n(\mathbf{r})+\int d \mathbf{r}^{\prime} U_{\mathrm{md}}\left(\mathbf{r}-\mathbf{r}^{\prime}\right) n\left(\mathbf{r}^{\prime}\right) \tag{6.69}
\end{equation*}
$$

which is a generalization of Eq. (6.31) in the absence of the dipolar interaction. For simplicity we consider in the following an isotropic harmonic trap with $V(r)=m \omega_{0}^{2} r^{2} / 2$ and treat the dipolar interaction as a perturbation. In the absence of the dipolar interaction, Eq. (6.69) has the solution $n^{(0)}(r)=\left(\mu-m \omega_{0}^{2} r^{2} / 2\right) / U_{0}$. We insert this $n^{(0)}(r)$ into the last term of (6.69) and carry out the integration over $\mathbf{r}^{\prime}$ and obtain the dipolar contri-

[^16]bution to the energy of an atom at point $\mathbf{r}$ :
\[

$$
\begin{equation*}
V_{\mathrm{md}}^{(0)}(\mathbf{r})=\int d \mathbf{r}^{\prime} U_{\mathrm{md}}\left(\mathbf{r}-\mathbf{r}^{\prime}\right) n^{(0)}\left(r^{\prime}\right) \tag{6.70}
\end{equation*}
$$

\]

From Eq. (6.69) one then finds

$$
\begin{equation*}
n(\mathbf{r})=\frac{1}{U_{0}}\left[\mu-V(\mathbf{r})-V_{\mathrm{md}}^{(0)}(\mathbf{r})\right] . \tag{6.71}
\end{equation*}
$$

As we shall see, $V_{\mathrm{md}}^{(0)}(\mathbf{r})$ is anisotropic and as a consequence the cloud is distorted. The integrand in (6.69) may be simplified by using the relation

$$
\begin{equation*}
\frac{1}{\left|\mathbf{r}-\mathbf{r}^{\prime}\right|^{3}}-\frac{3\left(z-z^{\prime}\right)^{2}}{\left|\mathbf{r}-\mathbf{r}^{\prime}\right|^{5}}=-\frac{\partial^{2}}{\partial z^{2}}\left(\frac{1}{\left|\mathbf{r}-\mathbf{r}^{\prime}\right|}\right)-\frac{4 \pi}{3} \delta\left(\mathbf{r}-\mathbf{r}^{\prime}\right) . \tag{6.72}
\end{equation*}
$$

Inserting this result into Eq. (6.70) one finds

$$
\begin{equation*}
V_{\mathrm{md}}^{(0)}(\mathbf{r})=-\mu_{0}\left(2 m_{S} \mu_{\mathrm{B}}\right)^{2}\left(\frac{\partial^{2} \phi(\mathbf{r})}{\partial z^{2}}+\frac{1}{3} n^{(0)}(r)\right), \tag{6.73}
\end{equation*}
$$

where

$$
\begin{equation*}
\phi(\mathbf{r})=\frac{1}{4 \pi} \int d \mathbf{r}^{\prime} \frac{n^{(0)}\left(\mathbf{r}^{\prime}\right)}{\left|\mathbf{r}-\mathbf{r}^{\prime}\right|} \tag{6.74}
\end{equation*}
$$

Thus $\phi$ satisfies the Poisson equation $\nabla^{2} \phi=-n^{(0)}(\mathbf{r})$ and is, apart from factors, the electrostatic potential due to a charge distribution $n^{(0)}(\mathbf{r})$.
In the case we consider, $n^{(0)}$ is spherically symmetric and given by $n^{(0)}=$ $n^{(0)}(0)\left(1-r^{2} / R^{2}\right)$ for $r$ less than the Thomas-Fermi radius $R$. The potential at $r$ is determined by splitting up the integration in (6.74) into two regions, $r^{\prime}<r$ and $r^{\prime}>r$. The contribution of the former region is given by $1 / r$ times the total number of atoms inside the sphere with radius $r$. The contribution to the potential from a spherical shell with radius $r^{\prime}>r$ and thickness $d r^{\prime}$ is $1 / r^{\prime}$ times the total charge contained in the shell, and therefore the potential is

$$
\begin{equation*}
\phi(r)=\frac{1}{r} \int_{0}^{r} d r^{\prime}\left(r^{\prime}\right)^{2} n^{(0)}\left(r^{\prime}\right)+\int_{r}^{R} d r^{\prime}\left(r^{\prime}\right)^{2} \frac{1}{r^{\prime}} n^{(0)}\left(r^{\prime}\right) \tag{6.75}
\end{equation*}
$$

or

$$
\begin{equation*}
\phi(r)=n^{(0)}(0)\left(\frac{R^{2}}{4}-\frac{r^{2}}{6}+\frac{r^{4}}{20 R^{2}}\right) \tag{6.76}
\end{equation*}
$$

for $r<R$ and $\phi=N / 4 \pi r$ for $r>R$. The energy $V_{\mathrm{md}}^{(0)}(\mathbf{r})$ given by the last
term in (6.69) is thus
$V_{\mathrm{md}}^{(0)}(\mathbf{r})=\int d \mathbf{r}^{\prime} U_{\mathrm{md}}\left(\mathbf{r}-\mathbf{r}^{\prime}\right) n^{(0)}\left(r^{\prime}\right)=-\mu_{0}\left(2 m_{S} \mu_{\mathrm{B}}\right)^{2}\left(\frac{\partial^{2}}{\partial z^{2}} \phi(r)+\frac{1}{3} n^{(0)}(r)\right)$.
When (6.76) is inserted into this expression one gets

$$
\begin{align*}
V_{\mathrm{md}}^{(0)}(\mathbf{r}) & =\frac{2}{15} \mu_{0}\left(2 m_{S} \mu_{\mathrm{B}}\right)^{2} n^{(0)}(0)\left(\frac{r^{2}-3 z^{2}}{R^{2}}\right) \\
& =\frac{m \omega_{0}^{2}}{15 U_{0}} \mu_{0}\left(2 m_{S} \mu_{\mathrm{B}}\right)^{2}\left(x^{2}+y^{2}-2 z^{2}\right) \tag{6.78}
\end{align*}
$$

where the second form follows from the fact that in the Thomas-Fermi approximation $n^{(0)}(0)=m \omega_{0}^{2} R^{2} / 2 U_{0}$. From Eq. (6.71) one thus finds

$$
\begin{equation*}
n(\mathbf{r})=n^{(0)}(0)\left(1-\frac{x^{2}}{R_{x}^{2}}-\frac{y^{2}}{R_{y}^{2}}-\frac{z^{2}}{R_{z}^{2}}\right) \tag{6.79}
\end{equation*}
$$

where

$$
\begin{equation*}
R_{x}=R_{y} \simeq R\left(1-\epsilon_{\mathrm{dd}} / 5\right) ; \quad R_{z} \simeq R\left(1+2 \epsilon_{\mathrm{dd}} / 5\right) \tag{6.80}
\end{equation*}
$$

to lowest order in the dimensionless parameter

$$
\begin{equation*}
\epsilon_{\mathrm{dd}}=\frac{\mu_{0}\left(2 m_{S} \mu_{\mathrm{B}}\right)^{2} m}{12 \pi \hbar^{2} a}=\frac{m_{S}^{2}}{3 \pi} \alpha_{\mathrm{fs}}^{2}\left(\frac{m}{m_{\mathrm{e}}}\right)\left(\frac{a_{0}}{a}\right) \tag{6.81}
\end{equation*}
$$

For ${ }^{52} \mathrm{Cr}$ in the $m_{S}=-3$ state and for the measured scattering length $a=100 a_{0}$, the value of $\epsilon_{\mathrm{dd}}$ is 0.15 [10].

The dipolar interaction thus elongates the cloud along the direction in which the dipoles are aligned. The physical reason is that the interaction is attractive when the relative separation points along the $z$ axis and repulsive when it lies in the plane perpendicular to it. The perturbation treatment may be extended to anisotropic traps.

The experiment of Ref. [8] was carried out with a chromium condensate in an anisotropic harmonic trap with three different trap frequencies. The atomic dipole moments were oriented by a homogeneous magnetic field, and the aspect ratio $R_{y} / R_{z}$ during expansion was measured as a function of time for two different directions of the magnetic field, thus allowing the small effects of the magnetic dipole-dipole interaction to be identified.

## Problems

Problem 6.1 Consider $N$ bosons interacting via repulsive interactions in an isotropic harmonic trap. Use the Gaussian trial function (6.18) to
calculate the kinetic energy per particle of a cloud in its ground state when $N a / a_{\text {osc }}$ is large.

Problem 6.2 Consider a condensate which is trapped by a potential which is a homogeneous function of degree $\nu$ of the radial coordinate but with arbitrary dependence on the angular coordinates $\left(V(\lambda \mathbf{r})=\lambda^{\nu} V(\mathbf{r})\right)$. In equilibrium, the energy of the condensate must be unchanged by a small change in the wave function from its value in the ground state, subject to the number of particles being constant. By considering a change of spatial scale of the wave function, with its form being unaltered, show that the kinetic, trap and interaction energies, which are given by $E_{\text {kin }}=\left(\hbar^{2} / 2 m\right) \int d \mathbf{r}|\nabla \psi(\mathbf{r})|^{2}$, $E_{\text {trap }}=\int d \mathbf{r} V(\mathbf{r})|\psi(\mathbf{r})|^{2}$, and $E_{\text {int }}=\frac{1}{2} U_{0} \int d \mathbf{r}|\psi(\mathbf{r})|^{4}$ satisfy the condition

$$
2 E_{\text {kin }}-\nu E_{\text {trap }}+3 E_{\text {int }}=0,
$$

which is a statement of the virial theorem for this problem. Show in addition that the chemical potential is given by

$$
\mu N=E_{\text {kin }}+E_{\text {trap }}+2 E_{\text {int }}
$$

and determine the ratio between the chemical potential and the total energy per particle in the limit when the kinetic energy may be neglected.
Problem 6.3 Consider a cloud of $10^{5}$ atoms of ${ }^{87} \mathrm{Rb}$ in an isotropic harmonic-oscillator potential with the oscillation frequency $\omega_{0}$ given by $\omega_{0} / 2 \pi=200 \mathrm{~Hz}$. Calculate the total energy, the chemical potential $\mu$, the radius $R$, in the Thomas-Fermi approximation, taking the scattering length $a$ to be $100 a_{0}$. Use these results to estimate the coherence length $\xi$ at the centre of the cloud, and the length $\delta$ giving the scale of surface structure.

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## Dynamics of the condensate

The time-dependent behaviour of Bose-Einstein condensed clouds, such as collective modes and the expansion of a cloud when released from a trap, is an important source of information about the physical nature of the condensate. In addition, the spectrum of elementary excitations of the condensate is an essential ingredient in calculations of thermodynamic properties. In this chapter we treat the dynamics of a condensate at zero temperature starting from a time-dependent generalization of the Gross-Pitaevskii equation used in Chapter 6 to describe static properties. From this equation one may derive equations very similar to those of classical hydrodynamics, which we shall use to calculate properties of collective modes.
We begin in Sec. 7.1 by describing the time-dependent Gross-Pitaevskii equation and deriving the hydrodynamic equations, which we then use to determine the excitation spectrum of a homogeneous Bose gas (Sec. 7.2). Subsequently, we consider modes in trapped clouds (Sec. 7.3) within the hydrodynamic approach, and also describe the method of collective coordinates and the related variational method. In Sec. 7.4 we consider surface modes of oscillation, which resemble gravity waves on a liquid surface. The variational approach is used in Sec. 7.5 to treat the free expansion of a condensate upon release from a trap. Finally, in Sec. 7.6 we discuss solitons, which are exact one-dimensional non-linear solutions of the time-dependent Gross-Pitaevskii equation.

### 7.1 General formulation

In the previous chapter we saw that the equilibrium structure of the condensate is described by a time-independent Schrödinger equation with a nonlinear contribution to the potential to take into account interactions between particles. To treat dynamical problems it is natural to use a time-dependent
generalization of this Schrödinger equation, with the same non-linear interaction term. This equation is the time-dependent Gross-Pitaevskii equation,

$$
\begin{equation*}
i \hbar \frac{\partial \psi(\mathbf{r}, t)}{\partial t}=-\frac{\hbar^{2}}{2 m} \nabla^{2} \psi(\mathbf{r}, t)+V(\mathbf{r}) \psi(\mathbf{r}, t)+U_{0}|\psi(\mathbf{r}, t)|^{2} \psi(\mathbf{r}, t) \tag{7.1}
\end{equation*}
$$

which is the basis for our discussion of the dynamics of the condensate.
The time-independent Gross-Pitaevskii equation, Eq. (6.11), is a nonlinear Schrödinger equation with the chemical potential replacing the energy eigenvalue in the time-independent Schrödinger equation. To ensure consistency between the time-dependent Gross-Pitaevskii equation and the time-independent one, under stationary conditions $\psi(\mathbf{r}, t)$ must develop in time as $\exp (-i \mu t / \hbar)$. The phase factor reflects the fact that microscopically $\psi$ is equal to the matrix element of the annihilation operator $\hat{\psi}$ between the ground state with $N$ particles and that with $N-1$ particles,

$$
\begin{equation*}
\psi(\mathbf{r}, t)=\langle N-1| \hat{\psi}(\mathbf{r})|N\rangle \propto \exp \left[-i\left(E_{N}-E_{N-1}\right) t / \hbar\right] \tag{7.2}
\end{equation*}
$$

since the states $|N\rangle$ and $|N-1\rangle$ develop in time as $\exp \left(-i E_{N} t / \hbar\right)$ and $\exp \left(-i E_{N-1} t / \hbar\right)$, respectively. For large $N$ the difference in ground-state energies $E_{N}-E_{N-1}$ is equal to $\partial E / \partial N$, which is the chemical potential. Therefore this result is basically the Josephson relation for the development of the phase $\phi$ of the condensate wave function

$$
\begin{equation*}
\frac{d \phi}{d t}=-\frac{\mu}{\hbar} \tag{7.3}
\end{equation*}
$$

Both for formal reasons as well as for applications a variational formulation analogous to that for static problems is useful. The time-dependent Gross-Pitaevskii equation (7.1) may be derived from the action principle

$$
\begin{equation*}
\delta \int_{t_{1}}^{t_{2}} L d t=0 \tag{7.4}
\end{equation*}
$$

where the Lagrangian $L$ is given by

$$
\begin{align*}
L & =\int d \mathbf{r} \frac{i \hbar}{2}\left(\psi^{*} \frac{\partial \psi}{\partial t}-\psi \frac{\partial \psi^{*}}{\partial t}\right)-E \\
& =\int d \mathbf{r}\left[\frac{i \hbar}{2}\left(\psi^{*} \frac{\partial \psi}{\partial t}-\psi \frac{\partial \psi^{*}}{\partial t}\right)-\mathcal{E}\right] \tag{7.5}
\end{align*}
$$

Here $E$ is the energy, Eq. (6.9), and the energy density $\mathcal{E}$ is given by

$$
\begin{equation*}
\mathcal{E}=\frac{\hbar^{2}}{2 m}|\nabla \psi|^{2}+V(\mathbf{r})|\psi|^{2}+\frac{U_{0}}{2}|\psi|^{4} \tag{7.6}
\end{equation*}
$$

In the variational principle (7.4) the variations of $\psi\left(\right.$ or $\left.\psi^{*}\right)$ are arbitrary,
apart from the requirement that they vanish at $t=t_{1}, t=t_{2}$, and on any spatial boundaries for all $t$. With a physically motivated choice of trial function for $\psi$, this variational principle provides the foundation for approximate solutions of dynamical problems, as we shall illustrate in Sec. 7.3.3.

The physical content of the Gross-Pitaevskii equation (7.1) may be revealed by reformulating it as a pair of hydrodynamic equations, which we now derive.

### 7.1.1 The hydrodynamic equations

Under general, time-dependent conditions we may use instead of (7.1) an equivalent set of equations for the density, which is given by $|\psi|^{2}$, and the gradient of its phase, which is proportional to the local velocity of the condensate.

To understand the nature of the velocity of the condensate, we derive the continuity equation. If one multiplies the time-dependent Gross-Pitaevskii equation (7.1) by $\psi^{*}(\mathbf{r}, t)$ and subtracts the complex conjugate of the resulting equation, one arrives at the equation

$$
\begin{equation*}
\frac{\partial|\psi|^{2}}{\partial t}+\boldsymbol{\nabla} \cdot\left[\frac{\hbar}{2 m i}\left(\psi^{*} \nabla \psi-\psi \nabla \psi^{*}\right)\right]=0 \tag{7.7}
\end{equation*}
$$

This is the same as one obtains from the usual (linear) Schrödinger equation, since the non-linear potential in the Gross-Pitaevskii equation is real. Equation (7.7) has the form of a continuity equation for the particle density, $n=|\psi|^{2}$, and it may be written as

$$
\begin{equation*}
\frac{\partial n}{\partial t}+\nabla \cdot(n \mathbf{v})=0 \tag{7.8}
\end{equation*}
$$

where the velocity of the condensate is defined by

$$
\begin{equation*}
\mathbf{v}=\frac{\hbar}{2 m i} \frac{\left(\psi^{*} \boldsymbol{\nabla} \psi-\psi \boldsymbol{\nabla} \psi^{*}\right)}{|\psi|^{2}} \tag{7.9}
\end{equation*}
$$

The momentum density $\mathbf{j}$ is given by

$$
\begin{equation*}
\mathbf{j}=\frac{\hbar}{2 i}\left(\psi^{*} \boldsymbol{\nabla} \psi-\psi \boldsymbol{\nabla} \psi^{*}\right) \tag{7.10}
\end{equation*}
$$

and therefore the relation (7.9) is equivalent to the result

$$
\begin{equation*}
\mathbf{j}=m n \mathbf{v} \tag{7.11}
\end{equation*}
$$

which states that the momentum density is equal to the particle mass times the particle current density.

Simple expressions for the density and velocity may be obtained if we write $\psi$ in terms of its amplitude $f$ and phase $\phi$,

$$
\begin{equation*}
\psi=f e^{i \phi} \tag{7.12}
\end{equation*}
$$

from which it follows that

$$
\begin{equation*}
n=f^{2}, \tag{7.13}
\end{equation*}
$$

and the velocity $\mathbf{v}$ is

$$
\begin{equation*}
\mathbf{v}=\frac{\hbar}{m} \boldsymbol{\nabla} \phi \tag{7.14}
\end{equation*}
$$

From Eq. (7.14) we conclude that the motion of the condensate corresponds to potential flow, since the velocity is the gradient of a scalar quantity, which is referred to as the velocity potential. For a condensate, Eq. (7.14) shows that the velocity potential is $\hbar \phi / m$. Provided that $\phi$ is not singular, we can immediately conclude that the motion of the condensate must be irrotational, that is ${ }^{1}$

$$
\begin{equation*}
\boldsymbol{\nabla} \times \mathbf{v}=\frac{\hbar}{m} \boldsymbol{\nabla} \times \boldsymbol{\nabla} \phi=0 . \tag{7.15}
\end{equation*}
$$

The possible motions of a condensate are thus much more restricted than those of a classical fluid.
The equations of motion for $f$ and $\phi$ may be found by inserting (7.12) into (7.1) and separating real and imaginary parts. Since

$$
\begin{equation*}
i \frac{\partial \psi}{\partial t}=i \frac{\partial f}{\partial t} e^{i \phi}-\frac{\partial \phi}{\partial t} f e^{i \phi} \tag{7.16}
\end{equation*}
$$

and

$$
\begin{equation*}
-\nabla^{2} \psi=\left[-\nabla^{2} f+(\boldsymbol{\nabla} \phi)^{2} f-i\left(\nabla^{2} \phi\right) f-2 i(\boldsymbol{\nabla} \phi) \cdot \boldsymbol{\nabla} f\right] e^{i \phi}, \tag{7.17}
\end{equation*}
$$

we obtain the two equations

$$
\begin{equation*}
\frac{\partial\left(f^{2}\right)}{\partial t}=-\frac{\hbar}{m} \boldsymbol{\nabla} \cdot\left(f^{2} \boldsymbol{\nabla} \phi\right) \tag{7.18}
\end{equation*}
$$

and

$$
\begin{equation*}
-\hbar \frac{\partial \phi}{\partial t}=-\frac{\hbar^{2}}{2 m f} \nabla^{2} f+\frac{1}{2} m v^{2}+V(\mathbf{r})+U_{0} f^{2} . \tag{7.19}
\end{equation*}
$$

Equations (7.18) and (7.19) may also be derived directly from the variational principle (7.4) with the Lagrangian (7.5) expressed in terms of the variables $n=f^{2}$ and $\phi$, and this is left as an exercise (Problem 7.1).

[^17]Equation (7.18) is the continuity equation (7.8) expressed in the new variables. To find the equation of motion for the velocity, given by Eq. (7.14), we take the gradient of Eq. (7.19), and the resulting equation is

$$
\begin{equation*}
m \frac{\partial \mathbf{v}}{\partial t}=-\boldsymbol{\nabla}\left(\tilde{\mu}+\frac{1}{2} m v^{2}\right) \tag{7.20}
\end{equation*}
$$

where

$$
\begin{equation*}
\tilde{\mu}=V+n U_{0}-\frac{\hbar^{2}}{2 m \sqrt{n}} \nabla^{2} \sqrt{n} \tag{7.21}
\end{equation*}
$$

Equation (7.19) may be expressed in terms of the functional derivative ${ }^{2}$ $\delta E / \delta n$,

$$
\begin{equation*}
\frac{\partial \phi(\mathbf{r}, t)}{\partial t}=-\frac{1}{\hbar} \frac{\delta E}{\delta n(\mathbf{r})} \tag{7.22}
\end{equation*}
$$

The quantity $\delta E / \delta n(\mathbf{r})$ is the energy required to add a particle at point $\mathbf{r}$, and therefore this result is the generalization of the Josephson relation (7.3) to systems not in their ground states. Under stationary conditions $\tilde{\mu}+\frac{1}{2} m v^{2}$ is a constant, and if in addition the velocity is zero, that is $\phi$ is independent of position, $\tilde{\mu}$ is a constant, which is precisely the time-independent GrossPitaevskii equation (6.11).

The quantity $n U_{0}$ in Eq. (7.21) is the expression for the chemical potential of a uniform Bose gas, omitting contributions from the external potential. At zero temperature, changes in the chemical potential for a bulk system are related to changes in the pressure $p$ by the Gibbs-Duhem relation $d p=n d \mu$, a result easily confirmed for the uniform dilute Bose gas, since $\mu=n U_{0}$ and $p=-\partial E / \partial V=n^{2} U_{0} / 2$ (see Eqs. (6.12) and (6.6), respectively). Equation (7.20) may therefore be rewritten in the form

$$
\begin{equation*}
\frac{\partial \mathbf{v}}{\partial t}=-\frac{1}{m n} \nabla p-\boldsymbol{\nabla}\left(\frac{v^{2}}{2}\right)+\frac{1}{m} \boldsymbol{\nabla}\left(\frac{\hbar^{2}}{2 m \sqrt{n}} \nabla^{2} \sqrt{n}\right)-\frac{1}{m} \nabla V \tag{7.23}
\end{equation*}
$$

Equations (7.8) and (7.23) are very similar to the hydrodynamic equations for an ideal fluid. If we denote the velocity of the fluid by $\mathbf{v}$, the continuity equation (7.8) has precisely the same form as for an ideal fluid, while the

[^18]analogue of Eq. (7.23) is the Euler equation
\[

$$
\begin{equation*}
\frac{\partial \mathbf{v}}{\partial t}+(\mathbf{v} \cdot \boldsymbol{\nabla}) \mathbf{v}+\frac{1}{m n} \boldsymbol{\nabla} p=-\frac{1}{m} \boldsymbol{\nabla} V \tag{7.24}
\end{equation*}
$$

\]

or

$$
\begin{equation*}
\frac{\partial \mathbf{v}}{\partial t}-\mathbf{v} \times(\boldsymbol{\nabla} \times \mathbf{v})=-\frac{1}{m n} \boldsymbol{\nabla} p-\boldsymbol{\nabla}\left(\frac{v^{2}}{2}\right)-\frac{1}{m} \nabla V \tag{7.25}
\end{equation*}
$$

Here the pressure $p$ is that of the fluid, which generally has a form different from that of the condensate.

There are two differences between equations (7.23) and (7.25). The first is that the Euler equation contains the term $\mathbf{v} \times(\boldsymbol{\nabla} \times \mathbf{v})$. However, since the velocity field of the superfluid corresponds to potential flow, $\boldsymbol{\nabla} \times \mathbf{v}=0$, the term $\mathbf{v} \times(\boldsymbol{\nabla} \times \mathbf{v})$ for such a flow would not contribute in the Euler equation. The only difference between the two equations for potential flow is therefore the third term on the right-hand side of Eq. (7.23), which is referred to as the quantum pressure term. This describes forces due to spatial variations in the magnitude of the wave function for the condensed state. Like the term $\boldsymbol{\nabla} v^{2} / 2$, its origin is the kinetic energy term $\hbar^{2}|\nabla \psi|^{2} / 2 m=m n v^{2} / 2+$ $\hbar^{2}(\nabla f)^{2} / 2 m$ in the energy density, but the two contributions correspond to different physical effects: the first is the kinetic energy of motion of particles, while the latter corresponds to 'zero-point motion', which does not give rise to particle currents. If the spatial scale of variations of the condensate wave function is $l$, the pressure term in Eq. (7.23) is of order $n U_{0} / m l$, while the quantum pressure term is of order $\hbar^{2} / m^{2} l^{3}$. Thus the quantum pressure term dominates the usual pressure term if spatial variations of the density occur on length scales $l$ less than or of order the coherence length $\xi \sim \hbar /\left(m n U_{0}\right)^{1 / 2}$ (see Eq. (6.62)), and it becomes less important on larger length scales.

As we have seen, motions of the condensate may be specified in terms of a local density and a local velocity. The reason for this is that the only degrees of freedom are those of the condensate wave function, which has a magnitude and a phase. Ordinary liquids and gases have many more degrees of freedom and, as a consequence, it is in general necessary to employ a microscopic description, e.g., in terms of the distribution function for the particles. However, a hydrodynamic description is possible for ordinary gases and liquids if collisions between particles are sufficiently frequent that thermodynamic equilibrium is established locally. The state of the fluid may then be specified completely in terms of the local particle density (or equivalently the mass density), the local velocity, and the local temperature. At zero temperature, the temperature is not a relevant variable, and the motion may be described in terms of the local density and the local fluid velocity,
just as for a condensate. The reason that the equations of motion for a condensate and for a perfect fluid are so similar is that they are expressions of the conservation laws for particle number and for total momentum. However, the physical reasons for a description in terms of a local density and a local velocity being possible are quite different for the two situations.

### 7.2 Elementary excitations

The properties of elementary excitations may be investigated by considering small deviations of the state of the gas from equilibrium and finding periodic solutions of the time-dependent Gross-Pitaevskii equation. An equivalent approach is to use the hydrodynamic formulation given above, and we begin by describing this. In Chapter 8 we shall consider the problem on the basis of microscopic theory. We write the density as $n=n_{\text {eq }}+\delta n$, where $n_{\text {eq }}$ is the equilibrium density and $\delta n$ the departure of the density from its equilibrium value. On linearizing Eqs. (7.8), (7.20), and (7.21) by treating the velocity $\mathbf{v}$ and $\delta n$ as small quantities, one finds

$$
\begin{equation*}
\frac{\partial \delta n}{\partial t}=-\boldsymbol{\nabla} \cdot\left(n_{\mathrm{eq}} \mathbf{v}\right) \tag{7.26}
\end{equation*}
$$

and

$$
\begin{equation*}
m \frac{\partial \mathbf{v}}{\partial t}=-\boldsymbol{\nabla} \delta \tilde{\mu} \tag{7.27}
\end{equation*}
$$

where $\delta \tilde{\mu}$ is obtained by linearizing (7.21). Taking the time derivative of (7.26) and eliminating the velocity by means of (7.27) results in the equation of motion

$$
\begin{equation*}
m \frac{\partial^{2} \delta n}{\partial t^{2}}=\boldsymbol{\nabla} \cdot\left(n_{\mathrm{eq}} \boldsymbol{\nabla} \delta \tilde{\mu}\right) . \tag{7.28}
\end{equation*}
$$

This equation describes the excitations of a Bose gas in an arbitrary potential. To keep the notation simple, we shall henceforth in this chapter denote the equilibrium density by $n$. Note that $n$ is the density of the condensate, since we neglect the zero-temperature depletion of the condensate. In Chapter 10, which treats the dynamics at non-zero temperature, we shall denote the condensate density by $n_{0}$, in order to distinguish it from the total density, which includes a contribution from thermal excitations.

## A uniform gas

As a first example we investigate the spectrum for a homogeneous gas, where the external potential $V$ is constant. In the undisturbed state the
density $n$ is the same everywhere and it may therefore be taken outside the spatial derivatives. We look for travelling-wave solutions, proportional to $\exp (i \mathbf{q} \cdot \mathbf{r}-i \omega t)$, where $\mathbf{q}$ is the wave vector and $\omega$ the frequency. From Eq. (7.21) the change in $\tilde{\mu}$ is seen to be equal to

$$
\begin{equation*}
\delta \tilde{\mu}=\left(U_{0}+\frac{\hbar^{2} q^{2}}{4 m n}\right) \delta n \tag{7.29}
\end{equation*}
$$

and the equation of motion becomes

$$
\begin{equation*}
m \omega^{2} \delta n=\left(n U_{0} q^{2}+\frac{\hbar^{2} q^{4}}{4 m}\right) \delta n \tag{7.30}
\end{equation*}
$$

To make contact with the microscopic calculations to be described later, it is convenient to work with the energy of an excitation, $\epsilon_{q}$, rather than the frequency. Non-vanishing solutions of (7.30) are possible only if the frequency is given by

$$
\begin{equation*}
\hbar \omega= \pm \epsilon_{q}, \text { where } \epsilon_{q}=\sqrt{2 n U_{0} \epsilon_{q}^{0}+\left(\epsilon_{q}^{0}\right)^{2}} \tag{7.31}
\end{equation*}
$$

Here

$$
\begin{equation*}
\epsilon_{q}^{0}=\frac{\hbar^{2} q^{2}}{2 m} \tag{7.32}
\end{equation*}
$$

is the free-particle energy (we adopt the convention that the branch of the square root to be used is the positive one). The spectrum (7.31) was first derived by Bogoliubov from microscopic theory [1].
The excitation spectrum $\hbar \omega=\epsilon_{q}$ is plotted in Fig. 7.1. For small $q, \epsilon_{q}$ is a linear function of $q$,

$$
\begin{equation*}
\epsilon_{q} \simeq s \hbar q \tag{7.33}
\end{equation*}
$$

and the spectrum is sound-like. The velocity $s$ is seen to be

$$
\begin{equation*}
s=\sqrt{n U_{0} / m} \tag{7.34}
\end{equation*}
$$

This result agrees with the expression for the sound velocity calculated from the hydrodynamic result $s^{2}=d p / d \rho=(n / m) d \mu / d n$, where $\rho=n m$ is the mass density. The repulsive interaction has thus turned the energy spectrum at long wavelengths, which is quadratic in $q$ for free particles, into a linear one, in agreement with what is observed experimentally in liquid ${ }^{4}$ He. As we shall see in Chapter 10, the linear spectrum at long wavelengths provides the key to superfluid behaviour, and it was one of the triumphs of Bogoliubov's pioneering calculation. In the hydrodynamic description


Fig. 7.1 Excitation spectrum of a homogeneous Bose gas (full line) plotted as a function of the wave number expressed as the dimensionless variable $\hbar q / m s$, where the sound velocity $s$ is given by Eq. (7.34). The expansion (7.35) for high wave number is shown as a dotted line.
the result is almost 'obvious', since sound waves are well-established excitations of hydrodynamic systems. What is perhaps surprising is that at short wavelengths the leading contributions to the spectrum are

$$
\begin{equation*}
\epsilon_{q} \simeq \epsilon_{q}^{0}+n U_{0} \tag{7.35}
\end{equation*}
$$

which is also shown in Fig. 7.1. This is the free-particle spectrum plus a mean-field contribution. The transition between the linear spectrum and the quadratic one occurs when the kinetic energy, $\hbar^{2} q^{2} / 2 m$, becomes comparable with the potential energy of a particle $\sim n U_{0}$, or in other words the 'quantum pressure' term and the usual pressure term are roughly equal. This occurs at a wave number $\sim\left(2 m n U_{0}\right)^{1 / 2} / \hbar$, which is the inverse of the coherence length, $\xi$, Eq. (6.62). The coherence length is related to the sound velocity, Eq. (7.34) by $\xi=\hbar / \sqrt{2} \mathrm{~ms}$. On length scales longer than $\xi$, atoms move collectively, while on shorter length scales, they behave as free particles. The spectrum of elementary excitations in superfluid liquid ${ }^{4} \mathrm{He}$ differs from that for a dilute gas because of the strong short-range correlations. The first satisfactory account of the roton part of the spectrum was given by Feynman [2].

The energy of the elementary excitations can also be obtained by calculating the response of the condensate to a space- and time-dependent external
potential $V(\mathbf{r}, t)=V_{\mathbf{q}} \exp (i \mathbf{q} \cdot \mathbf{r}-i \omega t)$. To see this one adds the term $-\boldsymbol{\nabla} V$ on the right-hand side of Eq. (7.28), which results in

$$
\begin{equation*}
m\left(\omega^{2}-\frac{\epsilon_{q}^{2}}{\hbar^{2}}\right) \delta n=n q^{2} V_{\mathbf{q}} \tag{7.36}
\end{equation*}
$$

or

$$
\begin{equation*}
\delta n=\chi(q, \omega) V_{\mathbf{q}} \tag{7.37}
\end{equation*}
$$

where

$$
\begin{equation*}
\chi(q, \omega)=\frac{n q^{2}}{m\left(\omega^{2}-\epsilon_{q}^{2} / \hbar^{2}\right)} \tag{7.38}
\end{equation*}
$$

is the density-density response function for the condensate. Thus the response diverges if the frequency of the external potential is equal to the frequency of an elementary excitation of the condensate. In Chapter 16 we shall use the expression for the response function to calculate how the interaction between two fermions is affected by the presence of a condensate of bosons. Response functions are of general importance in many experimental situations, since external probes such as electromagnetic waves or neutrons usually couple weakly to the system of interest, implying that the response of the system will be determined by its elementary excitations.

## The Bogoliubov equations

An alternative route to calculating the excitation spectrum is to start from the Gross-Pitaevskii equation directly, without introducing the hydrodynamic variables. This approach complements the hydrodynamic one since it emphasizes single-particle behaviour and shows how the collective effects at long wavelengths come about. Let us denote the change in $\psi$ by $\delta \psi$. Linearizing the Gross-Pitaevskii equation (7.1), one finds

$$
\begin{align*}
-\frac{\hbar^{2}}{2 m} \nabla^{2} \delta \psi(\mathbf{r}, t)+V(\mathbf{r}) \delta \psi(\mathbf{r}, t) & +U_{0}\left[2|\psi(\mathbf{r}, t)|^{2} \delta \psi(\mathbf{r}, t)+\psi(\mathbf{r}, t)^{2} \delta \psi^{*}(\mathbf{r}, t)\right] \\
& =i \hbar \frac{\partial \delta \psi(\mathbf{r}, t)}{\partial t} \tag{7.39}
\end{align*}
$$

and

$$
\begin{align*}
-\frac{\hbar^{2}}{2 m} \nabla^{2} \delta \psi^{*}(\mathbf{r}, t)+V(\mathbf{r}) \delta \psi^{*}(\mathbf{r}, t) & +U_{0}\left[2|\psi(\mathbf{r}, t)|^{2} \delta \psi^{*}(\mathbf{r}, t)+\psi^{*}(\mathbf{r}, t)^{2} \delta \psi(\mathbf{r}, t)\right] \\
& =-i \hbar \frac{\partial \delta \psi^{*}(\mathbf{r}, t)}{\partial t} \tag{7.40}
\end{align*}
$$

Here $\psi(\mathbf{r}, t)$ is understood to be the condensate wave function in the unperturbed state, which we may write as $\psi=\sqrt{n(\mathbf{r})} e^{-i \mu t / \hbar}$, where $n(\mathbf{r})$ is the equilibrium density of particles and $\mu$ is the chemical potential of the unperturbed system. To avoid carrying an arbitrary phase factor along in our calculations we have taken the phase of the condensate wave function at $t=0$ to be zero. We wish to find solutions of these equations which are periodic in time, apart from the overall phase factor $e^{-i \mu t / \hbar}$ present for the unperturbed state. We therefore search for solutions of the form

$$
\begin{equation*}
\delta \psi(\mathbf{r}, t)=e^{-i \mu t / \hbar}\left[u(\mathbf{r}) e^{-i \omega t}-v^{*}(\mathbf{r}) e^{i \omega t}\right] \tag{7.41}
\end{equation*}
$$

where $u(\mathbf{r})$ and $v(\mathbf{r})$ are functions to be determined and $\omega$ is real. The overall phase factor $e^{-i \mu t / \hbar}$ is necessary to cancel the effects of the phases of $\psi(\mathbf{r}, t)^{2}$ and $\psi^{*}(\mathbf{r}, t)^{2}$ in Eqs. (7.39) and (7.40), and thereby ensure that the equations can be satisfied for all time. The choice of the sign in front of $v$ is a matter of convention, and we take it to be negative. Since the equations couple $\delta \psi$ and $\delta \psi^{*}$, they cannot be satisfied unless both positive and negative frequency components are allowed for. We insert the ansatz (7.41) into the two equations (7.39) and (7.40) and, provided $\omega \neq 0$, we may equate to zero the coefficients of $e^{i \omega t}$ and $e^{-i \omega t}$. This gives the following pair of coupled equations for $u(\mathbf{r})$ and $v(\mathbf{r})$ :

$$
\begin{equation*}
\left[-\frac{\hbar^{2}}{2 m} \nabla^{2}+V(\mathbf{r})+2 n(\mathbf{r}) U_{0}-\mu-\hbar \omega\right] u(\mathbf{r})-n(\mathbf{r}) U_{0} v(\mathbf{r})=0 \tag{7.42}
\end{equation*}
$$

and

$$
\begin{equation*}
\left[-\frac{\hbar^{2}}{2 m} \nabla^{2}+V(\mathbf{r})+2 n(\mathbf{r}) U_{0}-\mu+\hbar \omega\right] v(\mathbf{r})-n(\mathbf{r}) U_{0} u(\mathbf{r})=0, \tag{7.43}
\end{equation*}
$$

which are referred to as the Bogoliubov equations.
We now apply this formalism to the uniform Bose gas, $V(\mathbf{r})=0$. Because of the translational invariance the solutions may be chosen to be of the form

$$
\begin{equation*}
u(\mathbf{r})=u_{q} \frac{e^{i \mathbf{q} \cdot \mathbf{r}}}{V^{1 / 2}} \quad \text { and } \quad v(\mathbf{r})=v_{q} \frac{e^{i \mathbf{q} \cdot \mathbf{r}}}{V^{1 / 2}}, \tag{7.44}
\end{equation*}
$$

where we have introduced the conventional normalization factor $1 / V^{1 / 2}$ explicitly, $V$ being the volume of the system.

The chemical potential for the uniform system is given by $n U_{0}$ (Eq. (6.12)), and thus the Bogoliubov equations are

$$
\begin{equation*}
\left(\frac{\hbar^{2} q^{2}}{2 m}+n U_{0}-\hbar \omega\right) u_{q}-n U_{0} v_{q}=0 \tag{7.45}
\end{equation*}
$$

and

$$
\begin{equation*}
\left(\frac{\hbar^{2} q^{2}}{2 m}+n U_{0}+\hbar \omega\right) v_{q}-n U_{0} u_{q}=0 \tag{7.46}
\end{equation*}
$$

The two equations are consistent only if the determinant of the coefficients vanishes. With the definition (7.32) this leads to the condition

$$
\begin{equation*}
\left(\epsilon_{q}^{0}+n U_{0}+\hbar \omega\right)\left(\epsilon_{q}^{0}+n U_{0}-\hbar \omega\right)-n^{2} U_{0}^{2}=0 \tag{7.47}
\end{equation*}
$$

or

$$
\begin{equation*}
(\hbar \omega)^{2}=\left(\epsilon_{q}^{0}+n U_{0}\right)^{2}-\left(n U_{0}\right)^{2}=\epsilon_{q}^{0}\left(\epsilon_{q}^{0}+2 n U_{0}\right)=\epsilon_{q}^{2} \tag{7.48}
\end{equation*}
$$

which agrees with the spectrum (7.31) obtained earlier from the hydrodynamic approach.
The nature of the excitations may be elucidated by investigating the behaviour of the coefficients $u_{q}$ and $v_{q}$. Here we shall consider repulsive interactions, in which case the frequencies are real. For the positive energy solutions ( $\hbar \omega=+\epsilon_{q}$ ), one has

$$
\begin{equation*}
v_{q}=\frac{n U_{0}}{\epsilon_{q}+\xi_{q}} u_{q}, \tag{7.49}
\end{equation*}
$$

where

$$
\begin{equation*}
\xi_{q}=\epsilon_{q}^{0}+n U_{0} \tag{7.50}
\end{equation*}
$$

is the energy of an excitation if one neglects coupling between $u_{q}$ and $v_{q}$. The normalization of $u_{q}$ and $v_{q}$ is arbitrary, but as we shall see from the quantum-mechanical treatment in Sec. 8.1, a convenient one is

$$
\begin{equation*}
\left|u_{q}\right|^{2}-\left|v_{q}\right|^{2}=1 \tag{7.51}
\end{equation*}
$$

since this ensures that the new operators introduced there satisfy Bose commutation relations. The Bogoliubov equations are unaltered if $u_{q}$ and $v_{q}$ are multiplied by an arbitrary phase factor. Therefore, without loss of generality we may take $u_{q}$ and $v_{q}$ to be real. With this choice one finds that

$$
\begin{equation*}
u_{q}^{2}=\frac{1}{2}\left(\frac{\xi_{q}}{\epsilon_{q}}+1\right) \tag{7.52}
\end{equation*}
$$

and

$$
\begin{equation*}
v_{q}^{2}=\frac{1}{2}\left(\frac{\xi_{q}}{\epsilon_{q}}-1\right) . \tag{7.53}
\end{equation*}
$$

In terms of $\xi_{q}$, the excitation energy is given by

$$
\begin{equation*}
\epsilon_{q}=\sqrt{\xi_{q}^{2}-\left(n U_{0}\right)^{2}} \tag{7.54}
\end{equation*}
$$



Fig. 7.2 The coefficients $u_{q}$ and $v_{q}$ given by Eqs. (7.52)-(7.53) as functions of the wave number, expressed as the dimensionless variable $\hbar q / m s$.

The coefficients $u_{q}$ and $v_{q}$ are exhibited as functions of the dimensionless variable $\hbar q / m s$ in Fig. 7.2.

For the positive energy solution, $v_{q}$ tends to zero as $1 / q^{2}$ for large $q$, and in this limit $\delta \psi=e^{i\left(\mathbf{q} \cdot \mathbf{r}-\omega_{q} t\right)} / V^{1 / 2}$, with $\omega_{q}=\epsilon_{q} / \hbar$. This corresponds to addition of a single particle with momentum $\hbar \mathbf{q}$, and the removal of a particle in the zero-momentum state, as will be made explicit when the quantum-mechanical theory is presented in Chapter 8. At smaller momenta, excitations are linear superpositions of the state in which a particle with momentum $\hbar \mathbf{q}$ is added (and a particle in the condensate is removed) and the state in which a particle with momentum $-\hbar \mathbf{q}$ is removed (and a particle added to the condensate). At long wavelengths $u_{q}$ and $v_{q}$ diverge as $1 / q^{1 / 2}$, and the two components of the wave function are essentially equal in magnitude. For the negative energy solution ( $\hbar \omega=-\epsilon_{q}$ ) one has $v_{q}^{2} \geq u_{q}^{2}$ and $u_{q} \rightarrow 0$ for large $q$. In the large- $q$ limit the excitation corresponds to the removal of a particle with momentum $-\hbar \mathbf{q}$ (and addition of a particle to the condensate).

The algebraic expressions for the excitation spectrum and the factors $u_{q}$ and $v_{q}$ are analogous to those for a superconductor in the Bardeen-CooperSchrieffer (BCS) theory, apart from some sign changes due to the fact that we are here dealing with bosons rather than fermions. In the BCS theory,
which we shall describe in Sec. 16.3 in the context of the transition to a superfluid state for dilute Fermi gases, the dispersion relation for an elementary excitation is $\epsilon_{q}=\sqrt{\xi_{q}^{2}+\Delta^{2}}$, where $\xi_{q}$ is the normal-state energy of a particle measured with respect to the chemical potential, as for the boson problem we consider, and $\Delta$ is the superconducting energy gap. Thus one sees that for bosons the excitation energy is obtained by replacing $\Delta^{2}$ in the BCS expression by $-\left(n U_{0}\right)^{2}$.

In addition to the finite-wavelength modes discussed above, there are two special modes. One corresponds to an overall change of the phase of the wave function, $\psi \rightarrow \psi e^{i \theta}$, where $\theta$ is real. For small $\theta$ the change in the wave function is $\delta \psi \simeq i \theta \psi$. This does not change the energy, and therefore there is no restoring force on this mode. The second mode corresponds to a uniform change in the magnitude of the condensate wave function. If the change in the number of particles is $\Delta N$, the condensate wave function behaves as

$$
\begin{equation*}
\psi=\left(\frac{N+\Delta N}{V}\right)^{1 / 2} e^{i \phi_{0}} e^{-i \mu(N+\Delta N) t / \hbar} \tag{7.55}
\end{equation*}
$$

where $\mu(N+\Delta N)$ is the chemical potential for particle number $N+\Delta N$ and $\phi_{0}$ is the initial phase. This mode does not have the form assumed in the ansatz (7.41). Uniform changes in the phase and density of particles are uncoupled, in contrast to the situation at finite wavelength, for which an initial density fluctuation will, with time, give rise to a phase fluctuation. For a non-uniform condensate these modes will be discussed in greater detail in Sec. 8.2.

## Attractive interactions

If the interaction is attractive, the sound speed is imaginary, which indicates that long-wavelength modes grow or decay exponentially in time, rather than oscillate. This signals an instability of the system due to the attractive interaction tending to make atoms clump together. However at shorter wavelengths modes are stable, since the free-particle kinetic energy term dominates in the dispersion relation. The lowest wave number $q_{\mathrm{c}}$ for which the mode is stable is given by the condition that its frequency vanish. Thus from Eq. (7.31)

$$
\begin{equation*}
\epsilon_{q_{\mathrm{c}}}^{0}+2 n U_{0}=0 \tag{7.56}
\end{equation*}
$$

or

$$
\begin{equation*}
q_{\mathrm{c}}^{2}=-\frac{4 m n U_{0}}{\hbar^{2}}=16 \pi n|a|, \tag{7.57}
\end{equation*}
$$

where we have used Eq. (5.33) to express $U_{0}$ in terms of the scattering length $a$. This shows that the spatial scale of unstable modes is greater than or of order the coherence length, Eq. (6.62), evaluated using the absolute magnitude of the scattering length.
It is instructive to relate these ideas for bulk matter to a cloud in a trap. For simplicity, we consider the trap to be a spherical container with radius $R_{0}$. The lowest mode has a wave number of order $1 / R_{0}$, and the density is $n \sim N / R_{0}^{3}$. Thus according to (7.57) the lowest mode is stable if the number of particles is less than a critical value $N_{\mathrm{c}}$ given by $1 / R_{0}^{2} \sim N_{\mathrm{c}}|a| / R_{0}^{3}$ or

$$
\begin{equation*}
N_{\mathrm{c}} \sim \frac{R_{0}}{|a|}, \tag{7.58}
\end{equation*}
$$

and unstable for larger numbers of particles. The physics of the instability is precisely the same as that considered in Chapter 6 in connection with the energy of a cloud: for a sufficiently large number of particles, the zero-point energy of atoms is too small to overcome the attraction between them. In the present formulation, the zero-point energy is the kinetic energy of the lowest mode in the well. To make contact with the calculations for a harmonicoscillator trap in Chapter 6, we note that the estimate (7.58) is consistent with the earlier result (6.29) if the radius $R_{0}$ of the container is replaced by the oscillator length.

### 7.3 Collective modes in traps

Calculating the properties of modes in a homogeneous gas is relatively straightforward because there are only two length scales in the problem, the coherence length and the wavelength of the excitation. For a gas in a trap there is an additional length, the spatial extent of the cloud, and moreover the coherence length varies in space. However, we have seen in Chapter 6 that static properties of clouds may be calculated rather precisely if the number of atoms is sufficiently large, $N a / \bar{a} \gg 1$, since under these conditions the kinetic energy associated with the confinement of atoms within the cloud, which gives rise to the quantum pressure, may be neglected. It is therefore of interest to explore the properties of modes when the quantum pressure term in the equation of motion is neglected. For such an approximation to be reliable, a mode must not be concentrated in the boundary layer of thickness $\sim \delta$, and must vary in space only on length scales large compared with the local coherence length. In this approach one can describe collective modes, but not excitations that are free-particle-like.
The basic equation for linear modes was derived earlier in Eq. (7.28).

When the quantum pressure term is neglected, the quantity $\tilde{\mu}$ reduces to $n U_{0}+V$, and therefore

$$
\begin{equation*}
\delta \tilde{\mu}=U_{0} \delta n \tag{7.59}
\end{equation*}
$$

Inserting this result into Eq. (7.28), we find that the density disturbance satisfies the equation

$$
\begin{equation*}
m \frac{\partial^{2} \delta n}{\partial t^{2}}=U_{0} \boldsymbol{\nabla} \cdot(n \boldsymbol{\nabla} \delta n) \tag{7.60}
\end{equation*}
$$

If we consider oscillations with time dependence $\delta n \propto e^{-i \omega t}$, the differential equation (7.60) simplifies to

$$
\begin{equation*}
-\omega^{2} \delta n=\frac{U_{0}}{m}\left(\nabla n \cdot \nabla \delta n+n \nabla^{2} \delta n\right) \tag{7.61}
\end{equation*}
$$

The equilibrium density is given by

$$
\begin{equation*}
n=\frac{\mu-V(\mathbf{r})}{U_{0}} \tag{7.62}
\end{equation*}
$$

and therefore Eq. (7.61) reduces to

$$
\begin{equation*}
\omega^{2} \delta n=\frac{1}{m}\left\{\nabla V \cdot \nabla \delta n-[\mu-V(\mathbf{r})] \nabla^{2} \delta n\right\} . \tag{7.63}
\end{equation*}
$$

In the following two subsections we discuss solutions to (7.63) and the associated mode frequencies, which were first obtained by Stringari [3]. As we shall see in Chapters 11 and 17, a similar approach to the calculation of collective modes applies to a variety of physical situations.

### 7.3.1 Traps with spherical symmetry

First we consider an isotropic harmonic trap $(\lambda=1)$. The potential is

$$
\begin{equation*}
V(\mathbf{r})=\frac{1}{2} m \omega_{0}^{2} r^{2} \tag{7.64}
\end{equation*}
$$

and in the Thomas-Fermi approximation the chemical potential and the radius of the cloud are related by the equation $\mu=m \omega_{0}^{2} R^{2} / 2$ according to Eq. (6.33). It is natural to work in spherical polar coordinates $r, \theta$, and $\varphi$. Equation (7.63) then becomes

$$
\begin{equation*}
\omega^{2} \delta n=\omega_{0}^{2} r \frac{\partial}{\partial r} \delta n-\frac{\omega_{0}^{2}}{2}\left(R^{2}-r^{2}\right) \nabla^{2} \delta n \tag{7.65}
\end{equation*}
$$

Because of the spherical symmetry, the general solution for the density deviation is a sum of terms of the form

$$
\begin{equation*}
\delta n=D(r) Y_{l m}(\theta, \varphi), \tag{7.66}
\end{equation*}
$$

where $Y_{l m}$ is a spherical harmonic. In a quantum-mechanical description, $l$ is the quantum number for the magnitude of the total angular momentum and $m$ that for its projection on the polar axis.

One simple solution of Eq. (7.65) is

$$
\begin{equation*}
\delta n=C r^{l} Y_{l m}(\theta, \varphi) \tag{7.67}
\end{equation*}
$$

where $C$ is an arbitrary constant. With increasing $l$ these modes become more localized near the surface of the cloud, and they correspond to surface waves. They will be studied in more detail in Sec. 7.4. Since the function (7.67) satisfies the Laplace equation, the last term in Eq. (7.65) vanishes, and one finds $\omega^{2}=l \omega_{0}^{2}$. Let us first consider the case $l=0$. The corresponding change in density and chemical potential is constant everywhere in the cloud. Therefore there is no restoring force, and the frequency of the mode is zero. This 'zero mode' is not relevant for systems with a fixed number of particles, since a uniform change in density involves a change in the particle number. The three $l=1$ modes correspond to translation of the cloud with no change in the internal structure. Consider the $l=1, m=0$ mode. The density variation is proportional to $r Y_{10} \propto z$. In equilibrium, the density profile is $n(r) \propto\left(1-r^{2} / R^{2}\right)$, and therefore if the centre of the cloud is moved in the $z$ direction a distance $\zeta$, the change in the density is given by $\delta n=-\zeta \partial n / \partial z \propto$ $z$. The physics of the $l=1$ modes is that, for a harmonic external potential, the centre-of-mass and relative motions are separable for interactions that depend only on the relative coordinates of the particles. The motion of the centre of mass, $\mathbf{r}_{\mathrm{cm}}$, is that of a free particle of mass Nm moving in an external potential $N m \omega_{0}^{2} r_{\mathrm{cm}}^{2} / 2$, and this has the same frequency as that for the motion of a single particle. They represent a general feature of the motion, which is unaffected by interactions as well as temperature. Modes with higher values of $l$ have larger numbers of nodes, and higher frequencies.

To investigate more general modes it is convenient to separate out the radial dependence due to the 'centrifugal barrier', the $l(l+1) / r^{2}$ term in the Laplacian, by defining a new radial function $G(r)=D(r) / r^{l}$, and to introduce the dimensionless variable

$$
\begin{equation*}
\epsilon=\frac{\omega^{2}}{\omega_{0}^{2}} . \tag{7.68}
\end{equation*}
$$

The differential equation for the radial function $G(r)$ is

$$
\begin{equation*}
\epsilon G(r)=l G(r)+r G^{\prime}(r)-\frac{1}{2}\left(R^{2}-r^{2}\right)\left[G^{\prime \prime}(r)+\frac{2(l+1) G^{\prime}(r)}{r}\right] \tag{7.69}
\end{equation*}
$$

where a prime denotes a derivative. To solve this eigenvalue problem we first
introduce the new variable $u=r^{2} / R^{2}$. The differential equation satisfied by $G(u)$ is seen to be

$$
\begin{equation*}
u(1-u) G^{\prime \prime}(u)+\left(\frac{2 l+3}{2}-\frac{2 l+5}{2} u\right) G^{\prime}(u)+\frac{(\epsilon-l)}{2} G(u)=0 \tag{7.70}
\end{equation*}
$$

which is in the standard form for the hypergeometric function $F(\alpha, \beta ; \gamma ; u)$,

$$
\begin{equation*}
u(1-u) F^{\prime \prime}(u)+[\gamma-(\alpha+\beta+1) u] F^{\prime}(u)-\alpha \beta F(u)=0 . \tag{7.71}
\end{equation*}
$$

For the function to be well behaved, either $\alpha$ or $\beta$ must be a negative integer, $-n$. The hypergeometric function is symmetrical under interchange of $\alpha$ and $\beta$, and for definiteness we put $\alpha=-n$. Comparing Eqs. (7.70) and (7.71), one sees that $\beta=l+n+3 / 2, \gamma=l+3 / 2$, and that the eigenvalue is given by $\epsilon-l=2 n(l+n+3 / 2)$ or

$$
\begin{equation*}
\omega^{2}=\omega_{0}^{2}\left(l+3 n+2 n l+2 n^{2}\right) . \tag{7.72}
\end{equation*}
$$

The index $n$ specifies the number of radial nodes.
The normal modes of the cloud are therefore given by

$$
\begin{equation*}
\delta n(\mathbf{r}, t)=C r^{l} F\left(-n, l+n+3 / 2 ; l+3 / 2 ; r^{2} / R^{2}\right) Y_{l m}(\theta, \varphi) e^{-i \omega t} \tag{7.73}
\end{equation*}
$$

$C$ being an arbitrary constant. Solutions for low values of $n$ and $l$ may be evaluated conveniently by using the standard series expansion in powers of $u=r^{2} / R^{2}[4]:$

$$
\begin{equation*}
F(\alpha, \beta ; \gamma ; u)=1+\frac{\alpha \beta}{\gamma} \frac{u}{1!}+\frac{\alpha(\alpha+1) \beta(\beta+1)}{\gamma(\gamma+1)} \frac{u^{2}}{2!}+\cdots \tag{7.74}
\end{equation*}
$$

As an alternative, the solutions may be written in terms of the Jacobi polynomials $J_{n}^{(0, l+1 / 2)}\left(2 r^{2} / R^{2}-1\right)$.
For $n=0$, the modes have no radial nodes and they are the surface modes given by Eq. (7.67). The velocity field associated with a mode may be obtained from Eqs. (7.27) and (7.59). The mode with $l=0$ and $n=1$ is spherically symmetric and the radial velocity has the same sign everywhere. It is therefore referred to as the breathing mode.

The low-lying excitation frequencies in the spectrum (7.72) are shown in Fig. 7.3. For an ideal gas in a harmonic trap, mode frequencies correspond to those of a free particle if the mean free path is large compared with the size of the cloud, and these are shown for comparison. The results exhibit clearly how mode frequencies are affected by interactions between particles.


Fig. 7.3 Excitation frequencies of a condensate in an isotropic harmonic trap according to Eq. (7.72) (full lines). The dotted lines indicate the result in the absence of interactions. The degeneracy occurring at $\omega=\omega_{0}$ for $l=1$ is due to the fact that these modes correspond to pure centre-of-mass motion.

### 7.3.2 Anisotropic traps

Next we consider anisotropic traps. Most experimental traps are harmonic and anisotropic, but with an axis of symmetry which we shall take to be the $z$ axis. We write the potential in the form

$$
\begin{equation*}
V(x, y, z)=\frac{1}{2} m \omega_{0}^{2} \rho^{2}+\frac{1}{2} m \omega_{z}^{2} z^{2}=\frac{1}{2} m \omega_{0}^{2}\left(\rho^{2}+\lambda^{2} z^{2}\right) \tag{7.75}
\end{equation*}
$$

where $\rho^{2}=x^{2}+y^{2}$. The anisotropy parameter $\lambda=\omega_{z} / \omega_{0}$ is unity for a spherically symmetric trap, and $\sqrt{8}$ for the TOP trap discussed in Sec. 4.1.2. For traps of the Ioffe-Pritchard type, $\lambda$ can be adjusted continuously by varying the currents in the coils.

For such a trap the equilibrium density is given in the Thomas-Fermi approximation by

$$
\begin{equation*}
n=\frac{\mu}{U_{0}}\left(1-\frac{\rho^{2}}{R^{2}}-\frac{\lambda^{2} z^{2}}{R^{2}}\right) \tag{7.76}
\end{equation*}
$$

where the radius $R$ of the cloud in the $x y$ plane is given by $\mu-V(R, 0,0)=0$ or

$$
\begin{equation*}
R^{2}=\frac{2 \mu}{m \omega_{0}^{2}}, \tag{7.77}
\end{equation*}
$$

while its semi-axis in the $z$ direction is $R / \lambda$. Note that the central density
$n(\mathbf{r}=0)$ equals $\mu / U_{0}$. Equation (7.63) for the mode function is thus

$$
\begin{equation*}
\omega^{2} \delta n=\omega_{0}^{2}\left(\rho \frac{\partial}{\partial \rho}+\lambda^{2} z \frac{\partial}{\partial z}\right) \delta n-\frac{\omega_{0}^{2}}{2}\left(R^{2}-\rho^{2}-\lambda^{2} z^{2}\right) \nabla^{2} \delta n . \tag{7.78}
\end{equation*}
$$

Because of the axial symmetry there are solutions proportional to $e^{i m \varphi}$, where $m$ is an integer. One simple class of solutions is of the form

$$
\begin{equation*}
\delta n \propto \rho^{l} \exp ( \pm i l \varphi)=(x \pm i y)^{l} \propto r^{l} Y_{l, \pm l}(\theta, \varphi), \tag{7.79}
\end{equation*}
$$

which is the same as for the $m= \pm l$ surface modes (7.67) for an isotropic trap. Since $\nabla^{2} \delta n=0$, the frequencies are given by

$$
\begin{equation*}
\omega^{2}=l \omega_{0}^{2} . \tag{7.80}
\end{equation*}
$$

Likewise one may show (Problem 7.2) that there are solutions of the form

$$
\begin{equation*}
\delta n \propto z(x \pm i y)^{l-1} \propto r^{l} Y_{l, \pm(l-1)}(\theta, \varphi), \tag{7.81}
\end{equation*}
$$

whose frequencies are given by

$$
\begin{equation*}
\omega^{2}=(l-1) \omega_{0}^{2}+\omega_{3}^{2}=\left(l-1+\lambda^{2}\right) \omega_{0}^{2} . \tag{7.82}
\end{equation*}
$$

## Low-lying modes

In the following we investigate some of the low-lying modes, since these are the ones that have been observed experimentally [5]. As we shall see, the modes have velocity fields of the simple form $\mathbf{v}=(a x, b y, c z)$, where $a, b$ and $c$ are constants. One example is $\delta n \propto \rho^{2} \exp ( \pm i 2 \varphi)=(x \pm i y)^{2}$, which corresponds to Eq. (7.79) for $l=2$. The mode frequency is given by

$$
\begin{equation*}
\omega^{2}=2 \omega_{0}^{2} . \tag{7.83}
\end{equation*}
$$

A second is $\rho z \exp ( \pm i \varphi)=z(x \pm i y) \propto r^{2} Y_{2, \pm 1}(\theta, \varphi)$ with a frequency given by $\omega^{2}=\left(1+\lambda^{2}\right) \omega_{0}^{2}$. For traps with spherical symmetry these two types of modes are degenerate, since they both have angular symmetry corresponding to $l=2$, but with different values of the index $m$ equal to $\pm 2$ and $\pm 1$, respectively. There is yet another mode, with $l=2, m=0$, which is degenerate with the others if the trap is spherically symmetric, but which mixes with the lowest $l=0, m=0$ mode, the breathing mode, if the spherical symmetry is broken. To see this explicitly we search for a solution independent of $\varphi$ of the form

$$
\begin{equation*}
\delta n=A+B \rho^{2}+C z^{2}, \tag{7.84}
\end{equation*}
$$

where $A, B$ and $C$ are constants to be determined. Upon insertion of (7.84) into (7.78) we obtain three linear algebraic equations for $A, B$ and $C$, which


Fig. 7.4 The mode frequencies (7.86) as functions of $\lambda$.
may be written as a matrix equation. The condition for the existence of nontrivial solutions is that the determinant of the matrix vanish. This yields $\omega^{2}=0$ (for $\delta n=$ constant) and

$$
\begin{equation*}
\left(\omega^{2}-4 \omega_{0}^{2}\right)\left(\omega^{2}-3 \lambda^{2} \omega_{0}^{2}\right)-2 \lambda^{2} \omega_{0}^{4}=0, \tag{7.85}
\end{equation*}
$$

which has roots

$$
\begin{equation*}
\omega^{2}=\omega_{0}^{2}\left(2+\frac{3}{2} \lambda^{2} \pm \frac{1}{2} \sqrt{16-16 \lambda^{2}+9 \lambda^{4}}\right) . \tag{7.86}
\end{equation*}
$$

For the TOP trap discussed in Sec. 4.1.2 with $\lambda^{2}=8$ the smaller root yields

$$
\begin{equation*}
\omega=\omega_{0}(14-2 \sqrt{29})^{1 / 2} \approx 1.797 \omega_{0} . \tag{7.87}
\end{equation*}
$$

Both this $m=0$ mode and the $l=2, m=2$ mode with frequency $\sqrt{2} \omega_{0}$ given by (7.83) have been observed experimentally [5]. The two mode frequencies (7.86) are shown in Fig. 7.4 as functions of the anisotropy parameter $\lambda$.

The density variations in all modes considered above exhibit a quadratic dependence on the cartesian coordinates. The associated velocity fields are linear in $x, y$ and $z$ according to the acceleration equation (7.27). The motion of the cloud therefore corresponds to homologous stretching of the cloud by a scale factor that depends on direction.

## The scissors mode

In the Thomas-Fermi approximation there are modes having a simple analytical form also for a general harmonic trap

$$
\begin{equation*}
V(\mathbf{r})=\frac{1}{2} m\left(\omega_{x}^{2} x^{2}+\omega_{y}^{2} y^{2}+\omega_{z}^{2} z^{2}\right) \tag{7.88}
\end{equation*}
$$

where the frequencies $\omega_{x}, \omega_{y}$ and $\omega_{z}$ are all different. For traps with rotational symmetry about the $z$ axis we have seen that there exist modes with a density variation proportional to $x z$ or $y z$, the associated frequency being given by $\omega^{2}=\omega_{0}^{2}\left(1+\lambda^{2}\right)$. These modes are linear combinations of $r^{2} Y_{2,1}$ and $r^{2} Y_{2,-1}$, which are degenerate eigenstates. In addition there is a mode with frequency given by $\omega^{2}=2 \omega_{0}^{2}$ and a density variation proportional to $x y$, which is a linear combination of the modes with $l=2, m= \pm 2$. Modes with density variations proportional to $x y, y z$ or $z x$ are purely two-dimensional, and also exist for a general harmonic trap with a potential given by (7.88). Let us consider a density change given by

$$
\begin{equation*}
\delta n=C x y \tag{7.89}
\end{equation*}
$$

where $C$ is a coefficient which we assume varies as $e^{-i \omega t}$. In order to determine the velocity field associated with this mode we start with the hydrodynamic equations in their original form. In the Thomas-Fermi approximation, $\delta \tilde{\mu}=U_{0} \delta n$ (see Eq. (7.59)) and therefore from Eq. (7.27) the velocity is given by

$$
\begin{equation*}
-i m \omega \mathbf{v}=-U_{0} \boldsymbol{\nabla}(C x y)=-U_{0} C(y, x, 0) \tag{7.90}
\end{equation*}
$$

Since $\boldsymbol{\nabla} \cdot \mathbf{v}=0$, the continuity equation (7.26) reduces to

$$
\begin{equation*}
-i \omega \delta n=-(\boldsymbol{\nabla} n) \cdot \mathbf{v} \tag{7.91}
\end{equation*}
$$

We now use the condition for hydrostatic equilibrium of the unperturbed cloud, $\boldsymbol{\nabla} n=-\nabla V / U_{0}$, and insert $\mathbf{v}$ from (7.90) on the right-hand side of (7.91) which becomes $C\left(\omega_{x}^{2}+\omega_{y}^{2}\right) x y / i \omega$. This shows that the equations of motion are satisfied provided

$$
\begin{equation*}
\omega^{2}=\omega_{x}^{2}+\omega_{y}^{2} \tag{7.92}
\end{equation*}
$$

Corresponding results are obtained for density variations proportional to $y z$ and $z x$, with frequencies given by cyclic permutation of the trap frequencies in (7.92).

The mode (7.89) is sometimes called a scissors mode, and it has been observed experimentally in a Bose-Einstein condensate [6]. The reason for the name may be understood by considering the density change when the
equilibrium cloud in the trap is rotated. The equilibrium density profile is proportional to $1-x^{2} / R_{x}^{2}-y^{2} / R_{y}^{2}-z^{2} / R_{z}^{2}$, where the lengths $R_{i}$ are given by (6.33). A rotation of the cloud by an angle $\chi$ about the $z$ axis corresponds to the transformation $x \rightarrow x \cos \chi-y \sin \chi, y \rightarrow x \sin \chi+y \cos \chi$. The corresponding change in the density for small $\chi$ is proportional to $x y$. The density change in the mode is thus the same as would be produced by a rigid rotation of the cloud. However, the velocity field varies as ( $y, x, 0$ ) , and it is therefore very different from that for rigid rotation about the $z$ axis, which is proportional to $(-y, x, 0)$. The velocity of the condensate must be irrotational, and therefore the latter form of the velocity is forbidden. The name of the mode is taken from nuclear physics: in deformed nuclei, the density distributions of neutrons and protons can execute out-of-phase oscillations of this type which resemble the opening and closing of a pair of scissors. The scissors modes are purely two-dimensional, and therefore their frequencies do not depend on how the trapping potential varies in the third direction, provided it has the general form $m\left(\omega_{x}^{2} x^{2}+\omega_{y}^{2} y^{2}\right) / 2+V(z)$.

### 7.3.3 Collective coordinates and the variational method

In general it is not possible to solve the equations of motion for a trapped Bose gas analytically and one must resort to other approaches, either numerical methods, or approximate analytical ones. In this section we consider low-lying excitations and describe how to calculate properties of modes within two related approximate schemes. We shall illustrate these methods by applying them to the breathing mode of a cloud in a spherically symmetric trap, with a potential

$$
\begin{equation*}
V(r)=\frac{1}{2} m \omega_{0}^{2} r^{2} . \tag{7.93}
\end{equation*}
$$

In the notation of Sec. 7.3.1, this mode has $l=0$ and radial index $n=1$.

## Collective coordinates

For the modes examined above in the Thomas-Fermi approximation the interaction between particles plays an important role, and the motion is highly collective. The idea behind the method of collective coordinates is to identify variables related to many particles that may be used to describe the collective behaviour. A simple example is the centre-of-mass coordinate, which may be used to describe the modes of frequency $\omega_{i}$ in a harmonic trap. In Chapter 6 we showed how the width parameter $R$ of a cloud may be used as a variational parameter in determining an approximate expression for
the energy. We now extend this approach to calculate the properties of the breathing mode.
Let us assume that during the motion of the cloud, the density profile maintains its shape, but that its spatial extent depends on time. Rather than adopting the Gaussian trial wave function used previously, we shall take a more general one

$$
\begin{equation*}
\psi(r)=\frac{A N^{1 / 2}}{R^{3 / 2}} f(r / R) e^{i \phi(r)}, \tag{7.94}
\end{equation*}
$$

where $f$ is an arbitrary real function, and $A$, a number, is a normalization constant. The total energy of the cloud obtained by evaluating Eq. (6.9) may be written as

$$
\begin{equation*}
E=E_{\text {flow }}+U(R) \tag{7.95}
\end{equation*}
$$

Here the first term is the kinetic energy associated with particle currents, and is given by

$$
\begin{equation*}
E_{\text {flow }}=\frac{\hbar^{2}}{2 m} \int d \mathbf{r}|\psi(\mathbf{r})|^{2}(\boldsymbol{\nabla} \phi)^{2} \tag{7.96}
\end{equation*}
$$

The second term is an effective potential energy, and it is equal to the energy of the cloud when the phase does not vary in space. It is made up of a number of terms:

$$
\begin{equation*}
U(R)=E_{\mathrm{zp}}+E_{\mathrm{osc}}+E_{\mathrm{int}}, \tag{7.97}
\end{equation*}
$$

where

$$
\begin{equation*}
E_{\mathrm{zp}}=\frac{\hbar^{2}}{2 m} \int d \mathbf{r}\left(\frac{d|\psi|}{d r}\right)^{2}=c_{\mathrm{zp}} R^{-2} \tag{7.98}
\end{equation*}
$$

is the contribution from the zero-point kinetic energy,

$$
\begin{equation*}
E_{\mathrm{osc}}=\frac{1}{2} m \omega_{0}^{2} \int d \mathbf{r} r^{2}|\psi|^{2}=c_{\mathrm{OSc}} R^{2} \tag{7.99}
\end{equation*}
$$

is that from the harmonic-oscillator potential, and

$$
\begin{equation*}
E_{\mathrm{int}}=\frac{1}{2} U_{0} \int d \mathbf{r}|\psi|^{4}=c_{\mathrm{int}} R^{-3} \tag{7.100}
\end{equation*}
$$

is that due to interactions. ${ }^{3}$ The coefficients $c$, which are constants that depend on the choice of $f$, are defined by these equations. The equilibrium radius of the cloud $R_{0}$ is determined by minimizing the total energy. The

[^19]kinetic energy contribution (7.96) is positive definite, and is zero if $\phi$ is constant, and therefore the equilibrium condition is that the effective potential be a minimum,
\[

$$
\begin{equation*}
\left.\frac{d U}{d R}\right|_{R=R_{0}}=0, \tag{7.101}
\end{equation*}
$$

\]

or, since the contributions to the energy behave as powers of $R$ as shown in Eqs. (7.98)-(7.100),

$$
\begin{equation*}
\left.R \frac{d U}{d R}\right|_{R=R_{0}}=-2 E_{\mathrm{zp}}+2 E_{\mathrm{osc}}-3 E_{\mathrm{int}}=0 . \tag{7.102}
\end{equation*}
$$

When $R$ differs from its equilibrium value there is a force tending to change $R$. To derive an equation describing the dynamics of the cloud, we need to find the kinetic energy associated with a time dependence of $R$. Changing $R$ from its initial value to a new value $\tilde{R}$ amounts to a uniform dilation of the cloud, since the new density distribution may be obtained from the old one by changing the radial coordinate of each atom by a factor $\tilde{R} / R$. The velocity of a particle is therefore equal to

$$
\begin{equation*}
v(r)=r \frac{\dot{R}}{R} \tag{7.103}
\end{equation*}
$$

where $\dot{R}$ denotes the time derivative of $R$. The kinetic energy of the bulk motion of the gas is thus given by

$$
\begin{array}{r}
E_{\text {flow }}=\frac{m}{2} \frac{\dot{R}^{2}}{R^{2}} \int d \mathbf{r} n(r) r^{2} \\
=\frac{1}{2} m_{\mathrm{eff}} \dot{R}^{2}, \tag{7.104}
\end{array}
$$

where

$$
\begin{equation*}
m_{\mathrm{eff}}=N m \frac{\overline{r^{2}}}{R^{2}} . \tag{7.105}
\end{equation*}
$$

Here $\overline{r^{2}}=\int d \mathbf{r} n(r) r^{2} / \int d \mathbf{r} n(r)$ is the mean-square radius of the cloud. Note that $m_{\text {eff }}$ is independent of $R$. For a harmonic trap the integral here is identical with that which occurs in the expression (7.99) for the contribution to the energy due to the oscillator potential, and therefore we may write

$$
\begin{equation*}
E_{\text {flow }}=\frac{\dot{R}^{2}}{\omega_{0}^{2} R^{2}} E_{\text {osc }} \tag{7.106}
\end{equation*}
$$

or

$$
\begin{equation*}
m_{\mathrm{eff}}=\frac{2}{\omega_{0}^{2} R^{2}} E_{\mathrm{osc}} . \tag{7.107}
\end{equation*}
$$

The total energy of the cloud may thus be written as the sum of the energy of the static cloud Eq. (7.97) and the kinetic energy term Eq. (7.104),

$$
\begin{equation*}
E=\frac{1}{2} m_{\mathrm{eff}} \dot{R}^{2}+U(R) \tag{7.108}
\end{equation*}
$$

which is the same expression as for a particle of mass $m_{\text {eff }}$ moving in a onedimensional potential $U(R)$. From the condition for energy conservation, $d E / d t=0$, it follows that the equation of motion is

$$
\begin{equation*}
m_{\mathrm{eff}} \ddot{R}=-\frac{\partial U(R)}{\partial R} \tag{7.109}
\end{equation*}
$$

This equation is not limited to situations close to equilibrium, and in Sec. 7.5 below we shall use it to determine the final velocity of a freely expanding cloud. However, as a first application we investigate the frequency of small oscillations about the equilibrium state. Expanding the effective potential to second order in $R-R_{0}$, one finds

$$
\begin{equation*}
U(R)=U\left(R_{0}\right)+\frac{1}{2} K_{\mathrm{eff}}\left(R-R_{0}\right)^{2} \tag{7.110}
\end{equation*}
$$

where

$$
\begin{equation*}
K_{\mathrm{eff}}=U^{\prime \prime}\left(R_{0}\right) \tag{7.111}
\end{equation*}
$$

is the effective force constant. Therefore the frequency of oscillations is given by

$$
\begin{equation*}
\omega^{2}=\frac{K_{\mathrm{eff}}}{m_{\mathrm{eff}}} \tag{7.112}
\end{equation*}
$$

This result is in fact independent of the trapping potential, but we shall now specialize our discussion to harmonic traps. From the expressions (7.98)(7.100) one sees that

$$
\begin{align*}
R^{2} U^{\prime \prime} & =6 E_{\mathrm{zp}}+2 E_{\mathrm{osc}}+12 E_{\mathrm{int}} \\
& =8 E_{\mathrm{osc}}+3 E_{\mathrm{int}} \tag{7.113}
\end{align*}
$$

where the latter form follows from the first by using the virial condition Eq. (7.102) to eliminate the zero-point energy. Thus the frequency is given by

$$
\begin{equation*}
\omega^{2}=\omega_{0}^{2}\left[4+\frac{3}{2} \frac{E_{\mathrm{int}}\left(R_{0}\right)}{E_{\mathrm{osc}}\left(R_{0}\right)}\right] . \tag{7.114}
\end{equation*}
$$

In Sec. 16.2 we shall apply this result to fermions.
Let us examine a number of limits of this expression. First, when interactions may be neglected one finds $\omega= \pm 2 \omega_{0}$, in agreement with the exact result, corresponding quantum-mechanically to two oscillator quanta.

This may be seen from the fact that the Gross-Pitaevskii equation in the absence of interactions reduces to the Schrödinger equation, and the energy eigenvalues are measured with respect to the chemical potential, which is $3 \hbar \omega_{0} / 2$. The lowest excited state with spherical symmetry corresponds to two oscillator quanta, since states having a single quantum have odd parity and therefore cannot have spherical symmetry.

Another limit is that of strong interactions, $N a / a_{\text {osc }} \gg 1$. The zero-point energy can be neglected to a first approximation, and the virial condition (7.102) then gives $E_{\text {int }}\left(R_{0}\right)=2 E_{\text {osc }}\left(R_{0}\right) / 3$ and therefore

$$
\begin{equation*}
\omega^{2}=5 \omega_{0}^{2} . \tag{7.115}
\end{equation*}
$$

This too agrees with the exact result in this limit, Eq. (7.72) for $n=1, l=0$.
It is remarkable that, irrespective of the form of the function $f$, the mode frequency calculated by the approximate method above agrees with the exact result in the limits of strong interactions and of weak interactions. This circumstance is a special feature of the harmonic-oscillator potential, for which the effective mass is simply related to the potential energy due to the trap.

The method may be applied to anisotropic traps by considering perturbations of the cloud corresponding to transformations of the form $x, y, z \rightarrow$ $\alpha x, \beta y, \gamma z$, where the scale factors may be different. This gives three coupled equations for $\alpha, \beta$ and $\gamma$. For an axially symmetric trap this leads to Eqs. (7.83) and (7.86) for the mode frequencies. Likewise the properties of the scissors modes may be derived by considering displacements of the form $x \rightarrow x+a y, y \rightarrow y+b x, z \rightarrow z$ and cyclic permutations of this.

## Variational approach

The calculation of mode frequencies based on the idea of collective coordinates may be put on a more formal footing by starting from the variational principle Eq. (7.4). The basic idea is to take a trial function which depends on a number of time-dependent parameters and to derive equations of motion for these parameters by applying the variational principle [7]. As an example, we again consider the breathing mode of a cloud in a spherical trap. The amplitude of the wave function determines the density distribution, while its phase determines the velocity field. For the amplitude we take a function of the form we considered above in Eq. (7.94). In the calculation for the breathing mode we assumed that the velocity was in the radial direction and proportional to $r$. Translated into the behaviour of the wave function, this implies that the phase of the wave function varies as
$r^{2}$, since the radial velocity of the condensate is given by $(\hbar / m) \partial \phi / \partial r$. We therefore write the phase of the wave function as $\beta m r^{2} / 2 \hbar$, where $\beta$ is a second parameter in the wave function. The factor $m / \hbar$ is included to make subsequent equations simpler. The complete trial wave function is thus

$$
\begin{equation*}
\psi(r, t)=\frac{A N^{1 / 2}}{R^{3 / 2}} f(r / R) e^{i \beta m r^{2} / 2 \hbar} \tag{7.116}
\end{equation*}
$$

We now carry out the integration over $r$ in (7.5) and obtain the Lagrangian as a function of the two independent variables $\beta$ and $R$ and the time derivative $\dot{\beta}$,

$$
\begin{equation*}
L=-\left(U(R)+\frac{m_{\mathrm{eff}} R^{2}}{2}\left(\beta^{2}+\dot{\beta}\right)\right) . \tag{7.117}
\end{equation*}
$$

From the Lagrange equation for $\beta$,

$$
\begin{equation*}
\frac{d}{d t} \frac{\partial L}{\partial \dot{\beta}}=\frac{\partial L}{\partial \beta} \tag{7.118}
\end{equation*}
$$

we find

$$
\begin{equation*}
\beta=\frac{\dot{R}}{R} \tag{7.119}
\end{equation*}
$$

This is the analogue of the continuity equation for this problem, since it ensures consistency between the velocity field, which is proportional to $\beta$ and the density profile, which is determined by $R$. The Lagrange equation for $R$ is

$$
\begin{equation*}
\frac{d}{d t} \frac{\partial L}{\partial \dot{R}}=\frac{\partial L}{\partial R} \tag{7.120}
\end{equation*}
$$

which reduces to $\partial L / \partial R=0$, since the Lagrangian does not depend on $\dot{R}$. This is

$$
\begin{equation*}
m_{\mathrm{eff}} R\left(\dot{\beta}+\beta^{2}\right)=-\frac{\partial U(R)}{\partial R} \tag{7.121}
\end{equation*}
$$

When Eq. (7.119) for $\beta$ is inserted into (7.121) we arrive at the equation of motion (7.109) derived earlier. The results of this approach are equivalent to those obtained earlier using more heuristic ideas. However, the variational method has the advantage of enabling one to systematically improve the solution by using trial functions with a greater number of parameters.

Finally, let us compare these results for the breathing mode with those obtained in Eq. (7.72) by solving the hydrodynamic equations with the quantum pressure term neglected. The hydrodynamic equations are valid in the limit $E_{\mathrm{zp}} \ll E_{\text {int }}$, and therefore in the results for the collective coordinate and variational approaches we should take that limit. As already mentioned,
the lowest $l=0$ mode involves a uniform change in the density everywhere and has zero frequency because such a density change produces no restoring forces. This corresponds to the index $n$ in (7.72) being zero. The first excited state with $l=0$ corresponds to $n=1$, indicating that the density perturbation has a single radial node. According to (7.72) the frequency of the mode is given by $\omega^{2}=5 \omega_{0}^{2}$, in agreement with the result of the collective coordinate approach, Eq. (7.115). The nature of the mode may be determined either from the general expression in terms of hypergeometric functions or by construction, as we shall now demonstrate.
The s-wave solutions to (7.65) satisfy the equation

$$
\begin{equation*}
\omega^{2} \delta n=\omega_{0}^{2} r \frac{d}{d r} \delta n-\omega_{0}^{2} \frac{\left(R^{2}-r^{2}\right)}{2 r} \frac{d^{2}}{d r^{2}}(r \delta n) . \tag{7.122}
\end{equation*}
$$

Following the method used earlier for anisotropic traps, let us investigate whether there exists a solution of the form

$$
\begin{equation*}
\delta n=A+B r^{2}, \tag{7.123}
\end{equation*}
$$

where $A$ and $B$ are constants to be determined. This function is the analogue of Eq. (7.84) for a mode with spherical symmetry ( $B=C$ ). Inserting this expression into (7.122), we find from the terms proportional to $r^{2}$ that

$$
\begin{equation*}
\omega^{2}=5 \omega_{0}^{2}, \tag{7.124}
\end{equation*}
$$

in agreement with the values calculated by other methods, as given in (7.72) and (7.115). By equating the terms independent of $r$ we obtain the condition

$$
\begin{equation*}
B=-\frac{5}{3} \frac{A}{R^{2}} . \tag{7.125}
\end{equation*}
$$

The density change $\delta n$ is thus given by

$$
\begin{equation*}
\delta n=A\left(1-\frac{5 r^{2}}{3 R^{2}}\right) . \tag{7.126}
\end{equation*}
$$

This is identical with the density change of the equilibrium cloud produced by a change in $R$. To show this, we use the fact that in the ThomasFermi approximation, when the zero-point kinetic energy is neglected, the equilibrium density is given by

$$
\begin{equation*}
n=\frac{C_{1}}{R^{3}}\left(1-\frac{r^{2}}{R^{2}}\right), \tag{7.127}
\end{equation*}
$$

where $C_{1}$ is a constant. From (7.127) it follows that a small change $\delta R$ in
the cloud radius $R$ gives rise to a density change

$$
\begin{equation*}
\delta n=-\frac{C_{1}}{R^{4}}\left(3-5 \frac{r^{2}}{R^{2}}\right) \delta R, \tag{7.128}
\end{equation*}
$$

which has the same form as Eq. (7.126). The corresponding velocity field may be found from the continuity equation (7.8), which shows that $\mathbf{v} \propto \nabla \delta n$, which is proportional to $\mathbf{r}$. Thus the velocity field is homologous, as was assumed in our discussion of modes in terms of collective coordinates.

### 7.4 Surface modes

In the previous section we showed that in a spherically symmetric trap there are modes that are well localized near the surface of the cloud. To shed light on these modes, we approximate the potential in the surface region by a linear function of the coordinates, as we did in our study of surface structure in Sec. 6.3, and write

$$
\begin{equation*}
V(\mathbf{r})=F x \tag{7.129}
\end{equation*}
$$

where the coordinate $x$ measures distances in the direction of $\nabla V$. This approximation is good provided the spatial extent of the mode in the radial direction is small compared with the linear dimensions of the cloud. As we shall see, this condition is equivalent to the requirement that the wavelength of the excitation is small compared with the linear dimensions. Following Ref. [8] we now investigate surface modes for a condensate in the linear ramp potential (7.129). Because of the translational invariance in the $y$ and $z$ directions the solution may be chosen to have the form of a plane wave for these coordinates. We denote the wave number of the mode by $q$, and take the direction of propagation to be the $z$ axis. Provided the mode is not concentrated in the surface region of thickness $\delta$ given by Eq. (6.44), we may use the Thomas-Fermi approximation, in which the equilibrium condensate density $n$ is given by $n(x)=-F x / U_{0}$ for $x<0$, while it vanishes for $x>0$. Equation (7.63) for the density oscillation in the mode has a solution

$$
\begin{equation*}
\delta n=C e^{q x+i q z} \tag{7.130}
\end{equation*}
$$

$C$ being an arbitrary constant. This describes a wave propagating on the surface and decaying exponentially in the interior. For the Thomas-Fermi approximation to be applicable the decay length $1 / q$ must be much greater than $\delta$. Since (7.130) satisfies the Laplace equation, $\nabla^{2} \delta n=0$, we obtain
by inserting (7.130) into (7.63) the dispersion relation

$$
\begin{equation*}
\omega^{2}=\frac{F}{m} q . \tag{7.131}
\end{equation*}
$$

This has the same form as that for a gravity wave propagating on the surface of an incompressible ideal fluid in the presence of a gravitational field $g=$ $F / m$.

The solution (7.130) is however not the only one which decays exponentially in the interior. To investigate the solutions to (7.63) more generally we insert a function of the form

$$
\begin{equation*}
\delta n=f(q x) e^{q x+i q z} \tag{7.132}
\end{equation*}
$$

and obtain the following second-order differential equation for $f(y)$,

$$
\begin{equation*}
y \frac{d^{2} f}{d y^{2}}+(2 y+1) \frac{d f}{d y}+(1-\epsilon) f=0 \tag{7.133}
\end{equation*}
$$

where $\epsilon=m \omega^{2} / F q$. By introducing the new variable $z=-2 y$ one sees that Eq. (7.133) becomes the differential equation for the Laguerre polynomial $L_{n}(z)$, provided $\epsilon-1=2 n$. We thus obtain the general dispersion relation for the surface modes

$$
\begin{equation*}
\omega^{2}=\frac{F}{m} q(1+2 n), \quad n=0,1,2, \ldots \tag{7.134}
\end{equation*}
$$

The associated density oscillations are given by

$$
\begin{equation*}
\delta n(x, z, t)=C L_{n}(-2 q x) e^{q x+i q z-i \omega t} \tag{7.135}
\end{equation*}
$$

where $C$ is a constant.
Let us now compare the frequencies of these modes with those given in Eq. (7.72) for the modes of a cloud in an isotropic, harmonic trap. For $l$ much greater than $n$, the dispersion relation becomes $\omega^{2}=\omega_{0}^{2} l(1+2 n)$. Since the force due to the trap at the surface of the cloud is $F=\omega_{0}^{2} R$ per unit mass and the wave number of the mode at the surface of the cloud is given by $q=l / R$, it follows that $\omega_{0}^{2} l=F q / m$ and the dispersion relation $\omega^{2}=\omega_{0}^{2} l(1+2 n)$ is seen to be in agreement with the result (7.134) for the plane surface. For large values of $l$ it is thus a good approximation to replace the harmonic-oscillator potential by the linear ramp. The surface modes are concentrated within a distance of order $(2 n+1) R / l$ from the surface, and therefore provided this is smaller than $R$, it is permissible to approximate the harmonic-oscillator potential by the linear ramp. It should be noted that the frequencies of the $n=0$ modes for the linear ramp potential agree with the frequencies of the nodeless radial modes (corresponding to $n=0$ )
for a harmonic trap at all values of $l$. For modes with radial nodes $(n \neq 0)$, the two results agree only for $l \gg n$.

The results above were obtained in the Thomas-Fermi approximation, which is valid only if the depth to which the mode penetrates is much greater than the scale of the surface structure $\delta$, Eq. (6.44). At shorter wavelengths, there are corrections to the dispersion relation (7.131) which may be related to an effective surface tension due to the kinetic energy of matter in the surface region $[8]$. Surface excitations for $l=2$ and $l=4$ have been observed experimentally by using as a stirrer the dipole force due to a laser beam [9] (see Sec. 4.2.1).

### 7.5 Free expansion of the condensate

The methods described above are not limited to situations close to equilibrium. One experimentally relevant problem is the evolution of a cloud of condensate when the trap is switched off suddenly. The configuration of the cloud after expansion is used as a probe of the cloud when it is impossible to resolve its initial structure directly. For simplicity, we consider a cloud contained by an isotropic harmonic trap, $V(r)=m \omega_{0}^{2} r^{2} / 2$, which is turned off at time $t=0$. We employ a trial function of the form (7.116) with $f(r / R)=\exp \left(-r^{2} / 2 R^{2}\right)$. As may be seen from Eq. (6.19), the zero-point energy is given by

$$
\begin{equation*}
E_{\mathrm{zp}}=\frac{3 N \hbar^{2}}{4 m R^{2}} \tag{7.136}
\end{equation*}
$$

and the interaction energy by

$$
\begin{equation*}
E_{\mathrm{int}}=\frac{N^{2} U_{0}}{2(2 \pi)^{3 / 2} R^{3}} \tag{7.137}
\end{equation*}
$$

For the Gaussian trial function the effective mass (Eq. (7.107)) is $m_{\text {eff }}=$ $3 \mathrm{Nm} / 2$. The energy conservation condition therefore yields

$$
\begin{equation*}
\frac{3 m \dot{R}^{2}}{4}+\frac{3 \hbar^{2}}{4 m R^{2}}+\frac{1}{2(2 \pi)^{3 / 2}} \frac{N U_{0}}{R^{3}}=\frac{3 \hbar^{2}}{4 m R(0)^{2}}+\frac{1}{2(2 \pi)^{3 / 2}} \frac{N U_{0}}{R(0)^{3}}, \tag{7.138}
\end{equation*}
$$

where $R(0)$ is the radius at time $t=0$.
In the absence of interactions $\left(U_{0}=0\right)$ we may integrate (7.138) with the result

$$
\begin{equation*}
R^{2}(t)=R^{2}(0)+v_{0}^{2} t^{2} \tag{7.139}
\end{equation*}
$$

where $v_{0}$, which is equal to the root-mean-square particle velocity, is given
by

$$
\begin{equation*}
v_{0}=\frac{\hbar}{m R(0)} . \tag{7.140}
\end{equation*}
$$

Thus the expansion velocity is of order the velocity uncertainty predicted by the Heisenberg uncertainty principle for a particle confined within a distance $\sim R(0)$. The initial radius, $R(0)$, is equal to the oscillator length $a_{\text {osc }}=$ $\left(\hbar / m \omega_{0}\right)^{1 / 2}$, and therefore the result (7.139) may be written as

$$
\begin{equation*}
R^{2}(t)=R^{2}(0)\left(1+\omega_{0}^{2} t^{2}\right) \tag{7.141}
\end{equation*}
$$

This agrees with the result obtained previously in Eq. (2.58) for the evolution of a Gaussian wave packet.

When interactions are present, the development of $R$ as a function of time may be found by numerical integration. However, the asymptotic behaviour for $t \rightarrow \infty$ may be obtained using the energy conservation condition (7.138), which yields a final velocity given by

$$
\begin{equation*}
v_{\infty}^{2}=\frac{\hbar^{2}}{m^{2} R(0)^{2}}+\frac{U_{0} N}{3\left(2 \pi^{3}\right)^{1 / 2} m R(0)^{3}} . \tag{7.142}
\end{equation*}
$$

When $N a / a_{\text {osc }}$ is large, the initial size of the cloud may be determined by minimizing the sum of the oscillator energy and the interaction energy. According to (6.27) the result for an isotropic trap is

$$
\begin{equation*}
R(0)=\left(\frac{2}{\pi}\right)^{1 / 10}\left(\frac{N a}{a_{\mathrm{osc}}}\right)^{1 / 5} a_{\mathrm{osc}} \tag{7.143}
\end{equation*}
$$

At large times, the cloud therefore expands according to the equation

$$
\begin{equation*}
\frac{R^{2}(t)}{R^{2}(0)} \simeq \frac{U_{0} N}{3\left(2 \pi^{3}\right)^{1 / 2} m R(0)^{5}} t^{2}=\frac{2}{3} \omega_{0}^{2} t^{2} \tag{7.144}
\end{equation*}
$$

since the final velocity is dominated by the second term in (7.142).
From an experimental point of view, an important observable is the shape after expansion of a cloud initially confined by an anisotropic trap. This problem may be studied quantitatively by generalizing the approach of this subsection to an anisotropic cloud, and this is the subject of Problem 7.4. The tighter the confinement of the cloud in a given direction, the greater the pressure gradient due to the mean-field energy, and the greater the final velocity of expansion in that direction. Thus initially prolate clouds become oblate, and vice versa, just as they do for non-interacting gases, as described in Sec. 2.3.

### 7.6 Solitons

In the dynamical problems addressed so far, we have obtained analytical results for small-amplitude motions, but have had to rely on approximate methods when non-linear effects are important. However the timedependent Gross-Pitaevskii equation has exact analytical solutions in the non-linear regime. These have the form of solitary waves, or solitons, that is, localized disturbances which propagate without change of form. ${ }^{4}$ The subject of solitons has a long history, starting with the observations on shallow water waves made by the British engineer and naval architect John Scott Russell in the decade from 1834 to 1844. Soliton solutions exist for a number of non-linear equations, among them the Korteweg-de Vries equation, which describes the properties of shallow water waves, and the non-linear Schrödinger equation, of which the Gross-Pitaevskii equation (7.1) is a special case.

The physical effects that give rise to the existence of solitons are nonlinearity and dispersion. Both of these are present in the Gross-Pitaevskii equation, as one can see by examining the Bogoliubov dispersion relation given by $(7.31), \omega^{2}=\left(n U_{0} / m\right) q^{2}+\hbar^{2} q^{4} / 4 m^{2}$, which exhibits the dependence of the velocity of an excitation on the local density and on the wave number. Solitons preserve their form because the effects of non-linearity compensate for those of dispersion. Before describing detailed calculations, we make some general order-of-magnitude arguments. For definiteness, let us consider a spatially uniform condensed Bose gas with repulsive interactions. If a localized disturbance of the density has an amplitude $\Delta n$ and extends over a distance $L$, it may be seen from the dispersion relation that the velocity of sound within the disturbance is different from the sound velocity in the bulk medium by an amount $\sim s(\Delta n) / n$ due to non-linear effects. One can also see that, since $q \sim 1 / L$, dispersion increases the velocity by an amount $\sim s \xi^{2} / L^{2}$, where $\xi$ is the coherence length, given by (6.62). For the effects of non-linearity to compensate for those of dispersion, these two contributions must cancel. Therefore the amplitude of the disturbance is related to its length by

$$
\begin{equation*}
\frac{\Delta n}{n} \sim-\frac{\xi^{2}}{L^{2}} . \tag{7.145}
\end{equation*}
$$

The velocity $u$ of the disturbance differs from the sound speed by an amount

[^20]of order the velocity shifts due to dispersion and non-linearity, that is
\[

$$
\begin{equation*}
|u-s| \sim s \frac{\xi^{2}}{L^{2}} \tag{7.146}
\end{equation*}
$$

\]

Note that solitons for this system correspond to density depressions, whereas for waves in shallow water, they correspond to elevations in the water level. This difference can be traced to the fact that the dispersion has the opposite sign for waves in shallow water, since for these $\omega^{2} \simeq g h q^{2}\left[1-(q h)^{2} / 3\right]$, where $g$ is the acceleration due to gravity and $h$ the equilibrium depth of the water. The non-linearity has the same sign in the two cases, since the velocity of surface waves increases with the depth of the water, just as the speed of sound in a Bose gas with repulsive interactions increases with density.

Solitons are also observed in non-linear optics, and the intensity of the light plays a role similar to that of the condensate density in atomic clouds. By analogy, the word dark is used to describe solitons that correspond to density depressions. This category of solitons is further divided into black ones, for which the minimum density is zero, and grey ones, for which it is greater than zero. Solitons with a density maximum are referred to as bright.

### 7.6.1 Dark solitons

For repulsive interactions between particles, the simplest example of a soliton is obtained by extending to the whole of space the stationary solution to the Gross-Pitaevskii equation at a wall found in Sec. 6.4 (see Eq. (6.65)),

$$
\begin{equation*}
\psi(x)=\psi_{0} \tanh \left(\frac{x}{\sqrt{2} \xi}\right) \tag{7.147}
\end{equation*}
$$

with

$$
\begin{equation*}
\xi=\frac{\hbar}{\left(2 m n_{0} U_{0}\right)^{1 / 2}} \tag{7.148}
\end{equation*}
$$

being the coherence length far from the wall. This solution is static, and therefore corresponds to a soliton with velocity zero. It is also referred to as a kink, since the phase of the wave function jumps discontinuously by $\pi$ as $x$ passes through zero.
The Gross-Pitaevskii equation (7.1) possesses one-dimensional soliton solutions for which the associated density depends on the spatial coordinate $x$ and the time $t$ through the combination $x-u t$. For repulsive interactions ( $U_{0}>0$ ) we look for solutions where the density $n$ approaches a non-zero
value $n_{0}$ when $x \rightarrow \pm \infty$. We insert into (7.1) a solution of the form

$$
\begin{equation*}
\psi(x, t)=f(x-u t) e^{-i \mu t / \hbar} \tag{7.149}
\end{equation*}
$$

and obtain the following differential equation for the function $f$,

$$
\begin{equation*}
-\frac{\hbar^{2}}{2 m} f^{\prime \prime}+U_{0}|f|^{2} f=-i \hbar u f^{\prime}+\mu f \tag{7.150}
\end{equation*}
$$

Here $f^{\prime}$ denotes the derivative of $f$ with respect to the variable $x-u t$. The chemical potential $\mu=U_{0} n_{0}$ is determined by the background density $n_{0}=f_{0}^{2}$, where $f_{0}$ denotes the amplitude of the condensate wave function for $x \rightarrow \pm \infty$.

We separate the solution to (7.150) into real and imaginary parts by writing

$$
\begin{equation*}
f=f_{0}[\alpha(\tilde{x})+i \beta(\tilde{x})], \tag{7.151}
\end{equation*}
$$

where $\alpha$ and $\beta$ are real functions of the dimensionless variable $\tilde{x}=(x-u t) / \xi$. When $\tilde{x} \rightarrow \pm \infty$ the functions $\alpha$ and $\beta$ approach the values $\alpha( \pm \infty)$ and $\beta( \pm \infty)$, respectively, where

$$
\begin{equation*}
\alpha( \pm \infty)^{2}+\beta( \pm \infty)^{2}=1 \tag{7.152}
\end{equation*}
$$

Let us consider possible solutions for which the imaginary part is equal to a constant everywhere, $\beta=\beta_{0}$, and separate the equation (7.150) into real and imaginary parts. This yields the two equations

$$
\begin{equation*}
\alpha^{\prime \prime}+\left(1-\alpha^{2}-\beta_{0}^{2}\right) \alpha=0 \tag{7.153}
\end{equation*}
$$

and

$$
\begin{equation*}
\left(1-\alpha^{2}-\beta_{0}^{2}\right) \beta_{0}=\frac{\sqrt{2} u}{s} \alpha^{\prime}, \tag{7.154}
\end{equation*}
$$

where $s=\left(n_{0} U_{0} / m\right)^{1 / 2}$ is the sound velocity of the uniform condensate, and the prime denotes differentiation with respect to $\tilde{x}$. First we ensure the consistency of the two equations by multiplying (7.153) by $\alpha^{\prime}$ and integrating, using the boundary condition $\alpha( \pm \infty)^{2}=1-\beta_{0}^{2}$. This results in

$$
\begin{equation*}
2\left(\alpha^{\prime}\right)^{2}=\left(1-\alpha^{2}-\beta_{0}^{2}\right)^{2}, \tag{7.155}
\end{equation*}
$$

which is consistent with (7.154) if

$$
\begin{equation*}
\beta_{0}^{2}=\frac{u^{2}}{s^{2}} . \tag{7.156}
\end{equation*}
$$

By comparing (7.153) with (6.64) and its solution (6.65) we conclude that the equation (7.154) and the boundary conditions are satisfied by the function

$$
\begin{equation*}
\alpha=\alpha_{0} \tanh \left[\frac{(x-u t) \alpha_{0}}{\sqrt{2} \xi}\right] \tag{7.157}
\end{equation*}
$$

with

$$
\begin{equation*}
\alpha_{0}=\sqrt{1-\beta_{0}^{2}}=\sqrt{1-\frac{u^{2}}{s^{2}}} \tag{7.158}
\end{equation*}
$$

The soliton wave function is thus

$$
\begin{equation*}
\psi=\sqrt{n_{0}}\left[i \frac{u}{s}+\sqrt{\left(1-\frac{u^{2}}{s^{2}}\right)} \tanh \left(\frac{x-u t}{\sqrt{2} \xi_{u}}\right)\right] e^{-i \mu t / \hbar} \tag{7.159}
\end{equation*}
$$

with the associated density

$$
\begin{align*}
n=n_{0}\left(\alpha^{2}+\beta_{0}^{2}\right) & =n_{0}\left[\frac{u^{2}}{s^{2}}+\left(1-\frac{u^{2}}{s^{2}}\right) \tanh ^{2}\left(\frac{x-u t}{\sqrt{2} \xi_{u}}\right)\right] \\
= & n_{0}-\left(n_{0}-n_{\min }\right) \frac{1}{\cosh ^{2}\left[(x-u t) / \sqrt{2} \xi_{u}\right]} \tag{7.160}
\end{align*}
$$

Here we have introduced the width $\xi_{u}$, which depends on velocity according to the equation

$$
\begin{equation*}
\xi_{u}=\frac{\xi}{\left[1-(u / s)^{2}\right]^{1 / 2}} \tag{7.161}
\end{equation*}
$$

and the minimum density,

$$
\begin{equation*}
n_{\min }=n_{0} \frac{u^{2}}{s^{2}} \tag{7.162}
\end{equation*}
$$

Equation (7.162) shows that the soliton velocity $u$ is given by $\left(n_{\min } U_{0} / m\right)^{1 / 2}$, which is the bulk sound velocity evaluated at the density $n_{\text {min }}$. When $u=0$ the minimum density in the soliton vanishes, and the density profile (7.160) reduces to that associated with (7.147). These analytical results, which were derived by Tsuzuki [10], confirm the qualitative estimates (7.145) and (7.146) arrived at earlier.

The velocity field $v$ associated with the moving soliton may be found directly from the phase $\phi$ of the wave function (7.159) as $v=(\hbar / m) \partial \phi / \partial x$. As an alternative derivation we shall use the continuity equation to express $v$ in terms of the density. Since $\partial n / \partial t=-u \partial n / \partial x$, the continuity equation assumes the form

$$
\begin{equation*}
\frac{\partial}{\partial x}(u n-v n)=0 \tag{7.163}
\end{equation*}
$$



Fig. 7.5 The density and the velocity field of a dark soliton for $u^{2}=0.3 s^{2}$.
which upon integration and use of the boundary condition that the velocity field vanishes at infinity becomes

$$
\begin{equation*}
v=u\left(1-\frac{n_{0}}{n}\right) . \tag{7.164}
\end{equation*}
$$

The density and velocity field of a dark soliton are plotted in Fig. 7.5 for $u^{2}=0.3 s^{2}$. The phase $\phi$ of the wave function is $\phi=\tan ^{-1}\left(\beta_{0} / \alpha\right)$. The total change $\Delta \phi$ in phase across the soliton is

$$
\begin{equation*}
\Delta \phi=\phi(\infty)-\phi(-\infty)=\tan ^{-1} \frac{\beta_{0}}{\alpha_{0}}-\left(\pi-\tan ^{-1} \frac{\beta_{0}}{\alpha_{0}}\right)=-2 \cos ^{-1}\left(\frac{u}{s}\right) . \tag{7.165}
\end{equation*}
$$

For a dark soliton moving in the positive $x$ direction the phase change is negative. Physically this is because the wave is a density depression and consequently the fluid velocity associated with it is in the negative $x$ direction as shown by (7.164).

The total energy of the soliton may be obtained from (7.159). To allow for the deficit of particles in the soliton it is convenient to consider the quantity $E-\mu N$ rather than the energy $E$ itself. In the absence of the soliton the corresponding density is $U_{0} n_{0}^{2} / 2-\mu n_{0}$. The difference $\Delta(E-\mu N)$ between
$E-\mu N$ with and without the soliton is thus

$$
\begin{equation*}
\Delta(E-\mu N)=\mathcal{A} \int_{-\infty}^{\infty} d x\left[\frac{\hbar^{2}}{2 m}\left|\frac{d \psi}{d x}\right|^{2}+\frac{1}{2} U_{0}\left(|\psi|^{4}-n_{0}^{2}\right)-\mu\left(|\psi|^{2}-n_{0}\right)\right] \tag{7.166}
\end{equation*}
$$

with $\mathcal{A}$ being the cross-sectional area in the plane perpendicular to the direction of propagation. Since we are considering only a single soliton, the chemical potential $\mu$ is given by its value in the absence of the soliton, $\mu=U_{0} n_{0}$, and the soliton energy per unit cross-sectional area can therefore be written as

$$
\begin{equation*}
E_{\mathrm{sol}}=\frac{\Delta(E-\mu N)}{\mathcal{A}}=\int_{-\infty}^{\infty} d x\left[\frac{\hbar^{2}}{2 m}\left|\frac{d \psi}{d x}\right|^{2}+\frac{1}{2} U_{0}\left(|\psi|^{2}-n_{0}\right)^{2}\right] \tag{7.167}
\end{equation*}
$$

When (7.159) is inserted into this expression and use is made of the integral $\int_{-\infty}^{\infty} d x / \cosh ^{4} x=2 / 3$, one finds that the two terms in (7.167) contribute equally to the soliton energy per unit area which can be written as

$$
\begin{equation*}
E_{\mathrm{sol}}=\frac{4}{3} n_{0} \hbar s\left(1-\frac{u^{2}}{s^{2}}\right)^{3 / 2} \tag{7.168}
\end{equation*}
$$

Note that the soliton energy decreases with increasing velocity, corresponding to a negative effective mass, as defined by the expansion of (7.168) for $u \ll s$,

$$
\begin{equation*}
E_{\mathrm{sol}} \simeq \frac{4}{3} n_{0} \hbar s-2 n_{0} \hbar s \frac{u^{2}}{s^{2}} \tag{7.169}
\end{equation*}
$$

which shows that the effective mass per unit area equals $-4 n_{0} \hbar / s$. The deficit of particles $\Delta N$ (per unit cross-sectional area) associated with the soliton is readily obtained from the density expression (7.160). It is $\Delta N=$ $2 \sqrt{2} n_{0} \xi\left(1-u^{2} / s^{2}\right)^{1 / 2}$, which vanishes as $u$ approaches the sound velocity. The energy per (deficit) particle $E_{\mathrm{sol}} / \Delta N$ is thus of order the chemical potential times $\left(1-u^{2} / s^{2}\right)$.

The expression (7.168) can be written in the alternative fashion

$$
\begin{equation*}
E_{\mathrm{sol}}=\frac{4}{3 \sqrt{m} U_{0}}\left(\mu-m u^{2}\right)^{3 / 2} \tag{7.170}
\end{equation*}
$$

which allows us to draw some interesting conclusions regarding soliton dynamics. Dark solitons in external potentials behave essentially like particles, if the potential varies sufficiently slowly in space [11]. To see this we consider adding a slowly varying potential $V(x)$. In the Thomas-Fermi approximation, the chemical potential and the external potential are related to the local density $n_{0}(x)$ in the absence of the soliton by Eq. (6.31), $\mu=V(x)+n_{0}(x) U_{0}$.

This suggests that the energy (7.170) in the presence of a slowly varying external potential is modified according to the expression

$$
\begin{equation*}
E_{\mathrm{sol}}=\frac{4}{3 \sqrt{m} U_{0}}\left[\mu-V\left(x_{s}\right)-m u^{2}\left(x_{s}\right)\right]^{3 / 2} \tag{7.171}
\end{equation*}
$$

where $x_{s}$ denotes the position of the soliton centre (recall that the soliton velocity according to (7.160) equals the local sound velocity at the centre $x=u t$ ).

From Eq. (7.171) one sees that for energy to be conserved, the quantity $\mu-V\left(x_{\mathrm{s}}\right)-m u^{2}\left(x_{\mathrm{s}}\right)$ must be constant, implying that $V\left(x_{\mathrm{s}}\right)+m u^{2}\left(x_{\mathrm{s}}\right)$ is a constant, independent of $x_{\mathrm{s}}$. The latter expression is the energy of a particle of mass $2 m$. Consequently, we arrive at the remarkable conclusion that the motion of a soliton in a Bose-Einstein condensate in an external potential is the same as that of a particle of mass $2 m$ in the same potential. Thus, for a potential having a minimum, the period of the motion of a soliton is $\sqrt{2}$ times that of a particle of mass $m$ in the potential, the energy of the particle being equal to the value of the external potential at the turning points of the motion.

Because of the inhomogeneity of the potential, the form of the velocity that we have adopted is not an exact solution of the equation of motion, and as the soliton accelerates due to the external potential, it will emit sound waves in much the same way as a charged particle emits electromagnetic radiation when accelerated. However, this effect is small if the potential varies sufficiently slowly. Dissipation tends to make the soliton less dark, that is to reduce the depth of the density depression. In a condensate of finite extent, such as one in a trap, emission of phonons is suppressed by the discrete nature of the spectrum of elementary excitations.

Experimentally, dark solitons in Bose-Einstein condensates were first generated by the method of phase imprinting (Sec. 13.4) at the National Institute of Standards and Technology (NIST) [12] and in Hannover [13].

The Gross-Pitaevskii equation also has solutions representing periodic arrays of solitons. If $D$ denotes the period of the array, the solution for a unit cell of the array may be obtained by the same method as for a single soliton, except that the derivative $f^{\prime}$ of the modulus of the condensate wave function vanishes at $x-u t= \pm D / 2$ instead of for $x-u t \rightarrow \pm \infty$ as it does for a single soliton in an infinite condensate. The solution for the whole array is then obtained by joining together solutions for a single cell by matching $\psi$ at the boundary between successive cells. These solutions were also discussed by Tsuzuki [10], and in Sec. 14.4.1 we shall return to
them in connection with the description of loops in the band structure for a Bose-Einstein condensate moving in an optical lattice.

### 7.6.2 Bright solitons

For attractive interactions $\left(U_{0}<0\right)$ there are also one-dimensional soliton solutions with a maximum instead of a minimum in the density. These are referred to as bright solitons. Their properties differ from those of dark solitons in that their height and width are unrelated to their propagation velocity. For vanishing soliton velocity $(u=0)$ Eq. (7.150) admits a solution of the form

$$
\begin{equation*}
f=\frac{b}{\cosh a x}, \tag{7.172}
\end{equation*}
$$

provided $a$ and $b$ satisfy

$$
\begin{equation*}
a^{2}=-\frac{2 m \mu}{\hbar^{2}} \quad \text { and } \quad b^{2}=\frac{2 \mu}{U_{0}} . \tag{7.173}
\end{equation*}
$$

It is clearly necessary that $\mu<0$ and $U_{0}<0$ for this solution to exist. The condensate wave function describing a bright soliton at rest is thus given by

$$
\begin{equation*}
\psi(x, t)=\left(\frac{2 \mu}{U_{0}}\right)^{1 / 2} \frac{1}{\cosh \left[\left(2 m|\mu| / \hbar^{2}\right)^{1 / 2} x\right]} e^{-i \mu t / \hbar} \tag{7.174}
\end{equation*}
$$

In contrast to the case of a dark soliton, the density vanishes at large distances from the centre.
There exists an infinity of solutions to the one-dimensional GrossPitaevskii equation which differ from (7.174) by a Galilean transformation, that is the substitution $x \rightarrow x-u t-x_{0}$ in the argument of the hyperbolic function, multiplication by the phase factor $\exp (i m u x / \hbar)$ and the replacement $\mu \rightarrow \mu-m u^{2} / 2$. This may be seen directly by inserting a solution of this form in the differential equation (7.150). Note that while the velocity of a dark soliton cannot exceed the sound velocity, there is no corresponding restriction on the velocity of bright solitons.

Bright solitons have been generated in experiments involving condensates of ${ }^{7} \mathrm{Li}$ atoms in the hyperfine state $F=1, m_{F}=1$ with the use of a magnetic field to tune the scattering length in the vicinity of a Feshbach resonance $[14,15]$. In the experiment [14] soliton trains containing several solitons were formed, allowing the study of the repulsive interaction between neighbouring solitons. For atoms in an optical lattice it is possible to observe bright solitons even in condensates with repulsive interactions [16]. The reason is that the effective mass of an atom in an optical lattice becomes
negative near the Brillouin zone boundary (see Sec. 14.2.3). As one can see from (7.150), a change in sign of the mass $m$ will have the same effect as a change in sign of $U_{0}$ in allowing for the existence of bright soliton solutions.

In bulk matter, purely one-dimensional solitons are unstable to perturbations in the other dimensions. This may be shown by studying small departures of the condensate wave function from its form for a soliton, just as we earlier investigated oscillations of a condensate about the ground-state solution. The corresponding equations are the Bogoliubov equations (7.39) and (7.40) with $\psi(\mathbf{r}, t)$ put equal to the solution for a soliton. For dark solitons in a condensate with repulsive interactions, this instability was demonstrated in Ref. [17]. When the instability grows, solitons break up into pairs of vortices. Bright solitons in a medium with attractive interactions are unstable with respect to a periodic spatial variation in the transverse direction [18]. This corresponds to a tendency to break up into small clumps, since the attractive interaction favours more compact structures, as discussed in Sec. 6.2.

## Problems

Problem 7.1 Derive the hydrodynamic equations (7.8) and (7.19) directly from the action principle (7.4) with the Lagrangian (7.5), by varying the action with respect to the magnitude and the phase of the condensate wave function $\psi(\mathbf{r}, t)=f(\mathbf{r}, t) e^{i \phi(\mathbf{r}, t)}$.

Problem 7.2 Show that for a harmonic trap with an axis of symmetry there exist collective modes of the form (7.81), and verify the result (7.82) for their frequencies.

Problem 7.3 Consider a trap with axial symmetry, corresponding to the potential (7.75) with $\lambda \neq 1$. Use the variational method with a trial function of the form

$$
\psi=C e^{-\rho^{2} / 2 R^{2}} e^{-z^{2} / 2 Z^{2}} e^{i \alpha \rho^{2} m / 2 \hbar} e^{i \beta z^{2} m / 2 \hbar},
$$

$R, Z, \alpha$ and $\beta$ being variational parameters, to obtain equations of motion for $R$ and $Z$ and identify the potential $U(R, Z)$. Determine the frequencies of small oscillations around the equilibrium state and compare the results with the frequencies (7.86) obtained by solving the hydrodynamic equations in the Thomas-Fermi approximation.

Problem 7.4 Use the trial function given in Problem 7.3 to study the free expansion of a cloud of condensate upon release from an axially symmetric trap of the form (7.75) with $\lambda \neq 1$, by numerically solving the coupled
differential equations for $R$ and $Z$. Check that your numerical results satisfy the energy conservation condition.

Problem 7.5 Determine the density profile associated with a dark soliton directly from (7.27) by making use of the fact that, since the form of the soliton remains unchanged in a frame moving with velocity $u, \partial v / \partial t=$ $-u \partial v / \partial x$. Eliminate $v$ by means of the continuity equation (7.163) to show that the density satisfies the equation

$$
\left(\frac{\hbar}{2 m s} \frac{d n}{d \tilde{x}}\right)^{2}=\left(\frac{n}{n_{0}}-\frac{u^{2}}{s^{2}}\right)\left(n_{0}-n\right)^{2},
$$

where $\tilde{x}=x-u t$. Integrate this equation to find the density profile.

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## 8

## Microscopic theory of the Bose gas

In Chapter 7 we studied elementary excitations of the condensate using the Gross-Pitaevskii equation, in which the wave function of the condensate is treated as a classical field. In this chapter we develop the microscopic theory of the Bose gas, taking into account the quantum nature of excitations. First we discuss the excitation spectrum of a homogeneous gas at zero temperature (Sec. 8.1) within the Bogoliubov approximation and determine the depletion of the condensate and the change in ground-state energy. Following that we derive in Sec. 8.2 the Bogoliubov equations for inhomogeneous gases. Excitations at non-zero temperatures are the subject of Sec. 8.3, where we describe the Hartree-Fock and Popov approximations, which are mean-field theories.
The starting point for our calculations is the Hamiltonian (6.3). In terms of creation and annihilation operators for bosons, $\hat{\psi}^{\dagger}(\mathbf{r})$ and $\hat{\psi}(\mathbf{r})$ respectively, it has the form ${ }^{1}$

$$
\begin{equation*}
\hat{H}=\int d \mathbf{r}\left[-\hat{\psi}^{\dagger}(\mathbf{r}) \frac{\hbar^{2}}{2 m} \nabla^{2} \hat{\psi}(\mathbf{r})+V(\mathbf{r}) \hat{\psi}^{\dagger}(\mathbf{r}) \hat{\psi}(\mathbf{r})+\frac{U_{0}}{2} \hat{\psi}^{\dagger}(\mathbf{r}) \hat{\psi}^{\dagger}(\mathbf{r}) \hat{\psi}(\mathbf{r}) \hat{\psi}(\mathbf{r})\right] \tag{8.1}
\end{equation*}
$$

As we have discussed in Chapter 5, the use of this simplified Hamiltonian with an effective contact interaction of the form (5.34) is restricted to low energies and momenta. In the following we shall only consider the case of repulsive interaction, $U_{0}>0$. In the Gross-Pitaevskii equation one works not with creation and annihilation operators but with the wave function for the condensed state, which is a classical field. The Gross-Pitaevskii approach is thus analogous to the classical theory of electrodynamics, in

[^21]which a state is characterized by classical electric and magnetic fields, rather than by creation and annihilation operators for photons.

To take into account quantum fluctuations about the state in which all atoms are condensed in a single quantum state it is natural to write

$$
\begin{equation*}
\hat{\psi}(\mathbf{r})=\psi(\mathbf{r})+\delta \hat{\psi}(\mathbf{r}) \tag{8.2}
\end{equation*}
$$

If the fluctuation term $\delta \hat{\psi}(\mathbf{r})$ is neglected, the Hamiltonian is equivalent to the energy expression which leads to the Gross-Pitaevskii equation.

### 8.1 The uniform Bose gas

As a first illustration we consider a uniform gas of $N$ interacting bosons contained in a box of volume $V$. We express the creation and annihilation operators occurring in (8.1) in terms of operators that create and destroy particles in momentum states by the transformation ${ }^{2}$

$$
\begin{equation*}
\hat{\psi}(\mathbf{r})=\frac{1}{V^{1 / 2}} \sum_{\mathbf{p}} e^{i \mathbf{p} \cdot \mathbf{r} / \hbar} \hat{a}_{\mathbf{p}}=\frac{V^{1 / 2}}{(2 \pi \hbar)^{3}} \int d \mathbf{p} e^{i \mathbf{p} \cdot \mathbf{r} / \hbar} \hat{a}_{\mathbf{p}} \tag{8.3}
\end{equation*}
$$

where $V$ is the volume, and its inverse

$$
\begin{equation*}
\hat{a}_{\mathbf{p}}=\frac{1}{V^{1 / 2}} \int d \mathbf{r} e^{-i \mathbf{p} \cdot \mathbf{r} / \hbar} \hat{\psi}(\mathbf{r}) . \tag{8.4}
\end{equation*}
$$

The Hamiltonian (8.1) then becomes

$$
\begin{equation*}
\hat{H}=\sum_{\mathbf{p}} \epsilon_{p}^{0} \hat{a}_{\mathbf{p}}^{\dagger} \hat{a}_{\mathbf{p}}+\frac{U_{0}}{2 V} \sum_{\mathbf{p}, \mathbf{p}^{\prime}, \mathbf{q}} \hat{a}_{\mathbf{p}+\mathbf{q}}^{\dagger} \hat{a}_{\mathbf{p}^{\prime}-\mathbf{q}}^{\dagger} \hat{a}_{\mathbf{p}^{\prime}} \hat{a}_{\mathbf{p}} \tag{8.5}
\end{equation*}
$$

where $\epsilon_{p}^{0}=p^{2} / 2 m$. The operators $\hat{a}_{\mathbf{p}}$ and $\hat{a}_{\mathbf{p}}^{\dagger}$ that destroy and create bosons in the state with momentum $\mathbf{p}$ satisfy the Bose commutation relations

$$
\begin{equation*}
\left[\hat{a}_{\mathbf{p}}, \hat{a}_{\mathbf{p}^{\prime}}^{\dagger}\right]=\delta_{\mathbf{p}, \mathbf{p}^{\prime}}, \quad\left[\hat{a}_{\mathbf{p}}, \hat{a}_{\mathbf{p}^{\prime}}\right]=0, \quad \text { and } \quad\left[\hat{a}_{\mathbf{p}}^{\dagger}, \hat{a}_{\mathbf{p}^{\prime}}^{\dagger}\right]=0 \tag{8.6}
\end{equation*}
$$

We assume that in the interacting system the lowest-lying single-particle state is macroscopically occupied in the sense that the expectation value of the particle number operator for the lowest-lying state becomes of order $N$ in the thermodynamic limit when $N$ and $V$ tend to infinity in such a way that the density $N / V$ remains constant. In the unperturbed system we have

$$
\begin{equation*}
\hat{a}_{0}^{\dagger}\left|N_{0}\right\rangle=\sqrt{N_{0}+1}\left|N_{0}+1\right\rangle \text { and } \hat{a}_{0}\left|N_{0}\right\rangle=\sqrt{N_{0}}\left|N_{0}-1\right\rangle, \tag{8.7}
\end{equation*}
$$

and in the Hamiltonian we therefore replace $\hat{a}_{0}$ and $\hat{a}_{0}^{\dagger}$ by $\sqrt{N_{0}}$, as was first

[^22]done by Bogoliubov [1]. This is equivalent to using Eq. (8.2) with the wave function for the condensed state given by $\psi=\sqrt{N_{0}} \phi_{0}$, where $\phi_{0}=V^{-1 / 2}$ is the wave function for the zero-momentum state.

Within the Bogoliubov approach one assumes that $\delta \hat{\psi}(\mathbf{r})$ is small and retains in the interaction all terms which have (at least) two powers of $\psi(\mathbf{r})$ or $\psi^{*}(\mathbf{r})$. This is equivalent to including terms which are no more than quadratic in $\delta \hat{\psi}(\mathbf{r})$ and $\delta \hat{\psi}^{\dagger}(\mathbf{r})$, that is in $\hat{a}_{\mathbf{p}}$ and $\hat{a}_{\mathbf{p}}^{\dagger}$ for $\mathbf{p} \neq 0$. One finds

$$
\begin{equation*}
\hat{H}=\frac{N_{0}^{2} U_{0}}{2 V}+\sum_{\mathbf{p}(\mathbf{p} \neq 0)}\left(\epsilon_{p}^{0}+2 n_{0} U_{0}\right) \hat{a}_{\mathbf{p}}^{\dagger} \hat{a}_{\mathbf{p}}+\frac{n_{0} U_{0}}{2} \sum_{\mathbf{p}(\mathbf{p} \neq 0)}\left(\hat{a}_{\mathbf{p}}^{\dagger} \hat{a}_{-\mathbf{p}}^{\dagger}+\hat{a}_{\mathbf{p}} \hat{a}_{-\mathbf{p}}\right) \tag{8.8}
\end{equation*}
$$

where $n_{0}=N_{0} / V$ is the density of particles in the zero-momentum state. ${ }^{3}$ The first term is the energy of $N_{0}$ particles in the zero-momentum state, and the second is that of independent excitations with energy $\epsilon_{p}^{0}+2 n_{0} U_{0}$, which is the energy of an excitation moving in the Hartree-Fock mean field produced by interactions with other atoms. To see this it is convenient to consider an effective interaction $U(r)$ with non-zero range instead of the contact one, and introduce its Fourier transform $U(p)$ by

$$
\begin{equation*}
U(p)=\int d \mathbf{r} U(r) \exp (-i \mathbf{p} \cdot \mathbf{r} / \hbar) \tag{8.9}
\end{equation*}
$$

When the operators $\hat{a}_{0}$ and $\hat{a}_{0}^{\dagger}$ in the Hamiltonian are replaced by c numbers, the term in the interaction proportional to $N_{0}$ is

$$
\begin{equation*}
\sum_{\mathbf{p}(\mathbf{p} \neq 0)} n_{0}[U(0)+U(p)] \hat{a}_{\mathbf{p}}^{\dagger} \hat{a}_{\mathbf{p}}+\frac{1}{2} \sum_{\mathbf{p}(\mathbf{p} \neq 0)} n_{0} U(p)\left(\hat{a}_{\mathbf{p}}^{\dagger} \hat{a}_{-\mathbf{p}}^{\dagger}+\hat{a}_{\mathbf{p}} \hat{a}_{-\mathbf{p}}\right) \tag{8.10}
\end{equation*}
$$

The $\hat{a}_{\mathbf{p}}^{\dagger} \hat{a}_{\mathbf{p}}$ term has two contributions. The first, $n_{0} U(0)$, is the Hartree energy, which comes from the direct interaction of a particle in the state $\mathbf{p}$ with the $N_{0}$ atoms in the zero-momentum state. The second is the exchange, or Fock, term, in which an atom in the state $\mathbf{p}$ is scattered into the zero-momentum state, while a second atom is simultaneously scattered from the condensate to the state $\mathbf{p}$. These identifications will be further elucidated in Sec. 8.3.1 below where we consider the Hartree-Fock approximation in greater detail. For a contact interaction the Fourier transform of the interaction $U(p)$ is independent of $p$, and therefore the Hartree and Fock terms are both equal to $n_{0} U_{0}$. The final terms in Eqs. (8.8) and (8.10) correspond to the scattering of two atoms in the condensate to states with

[^23]momenta $\pm \mathbf{p}$ and the inverse process in which two atoms with momenta $\pm \mathbf{p}$ are scattered into the condensate.

The task now is to find the eigenvalues of the Hamiltonian (8.8). The original Hamiltonian conserves the number of particles, and therefore we wish to find the eigenvalues of the new Hamiltonian for a fixed average particle number. The operator for the total particle number is given by

$$
\begin{equation*}
\hat{N}=\sum_{\mathbf{p}} \hat{a}_{\mathbf{p}}^{\dagger} \hat{a}_{\mathbf{p}} \tag{8.11}
\end{equation*}
$$

which on treating the zero-momentum-state operators as c numbers becomes

$$
\begin{equation*}
\hat{N}=N_{0}+\sum_{\mathbf{p}(\mathbf{p} \neq 0)} \hat{a}_{\mathbf{p}}^{\dagger} \hat{\mathbf{a}}_{\mathbf{p}} \tag{8.12}
\end{equation*}
$$

Expressed in terms of the total number of particles, the Hamiltonian (8.8) may be written

$$
\begin{equation*}
\hat{H}=\frac{N^{2} U_{0}}{2 V}+\sum_{\mathbf{p}(\mathbf{p} \neq 0)}\left[\left(\epsilon_{p}^{0}+n_{0} U_{0}\right) \hat{a}_{\mathbf{p}}^{\dagger} \hat{a}_{\mathbf{p}}+\frac{n_{0} U_{0}}{2}\left(\hat{a}_{\mathbf{p}}^{\dagger} \hat{a}_{-\mathbf{p}}^{\dagger}+\hat{a}_{\mathbf{p}} \hat{a}_{-\mathbf{p}}\right)\right], \tag{8.13}
\end{equation*}
$$

where in the first term we have replaced $\hat{N}$ by its expectation value. This is permissible since the fluctuation in the particle number is small. Since we consider states differing little from the state with all particles in the condensed state it makes no difference whether the condensate density or the total density appears in the terms in the sum. The reduction of the coefficient of $\hat{a}_{\mathbf{p}}^{\dagger} \hat{a}_{\mathbf{p}}$ from $\epsilon_{p}^{0}+2 n_{0} U_{0}$ to $\epsilon_{p}^{0}+n_{0} U_{0}$, is due to the condition that the total number of particles be fixed. In the classical treatment of excitations in Chapter 7 this corresponds to the subtraction of the chemical potential, since for the uniform Bose gas at zero temperature, the chemical potential is $n_{0} U_{0}$, Eq. (6.12).

The energy $\epsilon_{p}^{0}+n_{0} U_{0}$ does not depend on the direction of $\mathbf{p}$, and therefore we may write the Hamiltonian (8.13) in the symmetrical form

$$
\begin{equation*}
\hat{H}=\frac{N^{2} U_{0}}{2 V}+\sum_{\mathbf{p}(\mathbf{p} \neq 0)}^{\prime}\left[\left(\epsilon_{p}^{0}+n_{0} U_{0}\right)\left(\hat{a}_{\mathbf{p}}^{\dagger} \hat{a}_{\mathbf{p}}+\hat{a}_{-\mathbf{p}}^{\dagger} \hat{a}_{-\mathbf{p}}\right)+n_{0} U_{0}\left(\hat{a}_{\mathbf{p}}^{\dagger} \hat{a}_{-\mathbf{p}}^{\dagger}+\hat{a}_{\mathbf{p}} \hat{a}_{-\mathbf{p}}\right)\right], \tag{8.14}
\end{equation*}
$$

where the prime on the sum indicates that it is to be taken only over one half of momentum space, since the terms corresponding to $\mathbf{p}$ and $-\mathbf{p}$ must be counted only once.

### 8.1.1 The Bogoliubov transformation

The structure of the Hamiltonian is now simple, since it consists of a sum of independent terms of the form

$$
\begin{equation*}
\hat{h}=\epsilon_{0}\left(\hat{a}^{\dagger} \hat{a}+\hat{b}^{\dagger} \hat{b}\right)+\epsilon_{1}\left(\hat{a}^{\dagger} \hat{b}^{\dagger}+\hat{b} \hat{a}\right) \tag{8.15}
\end{equation*}
$$

Here $\epsilon_{0}$ and $\epsilon_{1}$ are c numbers. The operators $\hat{a}^{\dagger}$ and $\hat{a}$ create and annihilate bosons in the state with momentum $\mathbf{p}$, and $\hat{b}^{\dagger}$ and $\hat{b}$ are the corresponding operators for the state with momentum $-\mathbf{p}$.

The eigenvalues and eigenstates of this Hamiltonian may be obtained by performing a canonical transformation, as Bogoliubov did in the context of liquid helium [1]. This method has proved to be very fruitful, and it is used extensively in the theory of superconductivity and of magnetism as well as in other fields. We shall use it again in Chapter 16 when we consider pairing of fermions. The basic idea is to introduce a new set of operators $\hat{\alpha}$ and $\hat{\beta}$ such that the Hamiltonian has only terms proportional to $\hat{\alpha}^{\dagger} \hat{\alpha}$ and $\hat{\beta}^{\dagger} \hat{\beta}$.

Creation and annihilation operators for bosons obey the commutation relations

$$
\begin{equation*}
\left[\hat{a}, \hat{a}^{\dagger}\right]=\left[\hat{b}, \hat{b}^{\dagger}\right]=1, \quad \text { and }\left[\hat{a}, \hat{b}^{\dagger}\right]=\left[\hat{b}, \hat{a}^{\dagger}\right]=[\hat{a}, \hat{b}]=\left[\hat{a}^{\dagger}, \hat{b}^{\dagger}\right]=0 \tag{8.16}
\end{equation*}
$$

We introduce new operators $\hat{\alpha}$ and $\hat{\beta}$ by the transformation

$$
\begin{equation*}
\hat{\alpha}=u \hat{a}+v \hat{b}^{\dagger}, \quad \hat{\beta}=u \hat{b}+v \hat{a}^{\dagger} \tag{8.17}
\end{equation*}
$$

where $u$ and $v$ are coefficients to be determined. We require that also these operators satisfy Bose commutation rules,

$$
\begin{equation*}
\left[\hat{\alpha}, \hat{\alpha}^{\dagger}\right]=\left[\hat{\beta}, \hat{\beta}^{\dagger}\right]=1, \quad\left[\hat{\alpha}, \hat{\beta}^{\dagger}\right]=\left[\hat{\beta}, \hat{\alpha}^{\dagger}\right]=[\hat{\alpha}, \hat{\beta}]=\left[\hat{\alpha}^{\dagger}, \hat{\beta}^{\dagger}\right]=0 \tag{8.18}
\end{equation*}
$$

Since the phases of $u$ and $v$ are arbitrary, we may take $u$ and $v$ to be real. By inserting (8.17) into (8.18) and using (8.16) one sees that $u$ and $v$ must satisfy the condition

$$
\begin{equation*}
u^{2}-v^{2}=1 \tag{8.19}
\end{equation*}
$$

The inverse transformation corresponding to (8.17) is

$$
\begin{equation*}
\hat{a}=u \hat{\alpha}-v \hat{\beta}^{\dagger}, \quad \hat{b}=u \hat{\beta}-v \hat{\alpha}^{\dagger} \tag{8.20}
\end{equation*}
$$

We now substitute (8.20) in (8.15) and obtain the result

$$
\begin{align*}
\hat{h}=2 v^{2} \epsilon_{0}-2 u v \epsilon_{1} & +\left[\epsilon_{0}\left(u^{2}+v^{2}\right)-2 u v \epsilon_{1}\right]\left(\hat{\alpha}^{\dagger} \hat{\alpha}+\hat{\beta}^{\dagger} \hat{\beta}\right) \\
& +\left[\epsilon_{1}\left(u^{2}+v^{2}\right)-2 u v \epsilon_{0}\right]\left(\hat{\alpha} \hat{\beta}+\hat{\beta}^{\dagger} \hat{\alpha}^{\dagger}\right) . \tag{8.21}
\end{align*}
$$

The term proportional to $\hat{\alpha} \hat{\beta}+\hat{\beta}^{\dagger} \hat{\alpha}^{\dagger}$ can be made to vanish by choosing $u$ and $v$ so that its coefficient is zero:

$$
\begin{equation*}
\epsilon_{1}\left(u^{2}+v^{2}\right)-2 u v \epsilon_{0}=0 \tag{8.22}
\end{equation*}
$$

The sign of $u$ is arbitrary, and if we adopt the convention that it is positive, the normalization condition (8.19) is satisfied by the following parametrization of $u$ and $v$,

$$
\begin{equation*}
u=\cosh t, \quad v=\sinh t, \tag{8.23}
\end{equation*}
$$

which in turn implies that the condition (8.22) may be written as

$$
\begin{equation*}
\epsilon_{1}\left(\cosh ^{2} t+\sinh ^{2} t\right)-2 \epsilon_{0} \sinh t \cosh t=0 \tag{8.24}
\end{equation*}
$$

or

$$
\begin{equation*}
\tanh 2 t=\frac{\epsilon_{1}}{\epsilon_{0}} . \tag{8.25}
\end{equation*}
$$

From this result one finds

$$
\begin{equation*}
u^{2}=\frac{1}{2}\left(\frac{\epsilon_{0}}{\epsilon}+1\right) \quad \text { and } \quad v^{2}=\frac{1}{2}\left(\frac{\epsilon_{0}}{\epsilon}-1\right) \tag{8.26}
\end{equation*}
$$

where

$$
\begin{equation*}
\epsilon=\sqrt{\epsilon_{0}^{2}-\epsilon_{1}^{2}} \tag{8.27}
\end{equation*}
$$

It is necessary to choose the positive branch of the square root, since otherwise $u$ and $v$ would be imaginary, contrary to our initial assumption. Solving for $u^{2}+v^{2}$ and $2 u v$ in terms of the ratio $\epsilon_{1} / \epsilon_{0}$ and inserting the expressions into (8.21) leads to the result

$$
\begin{equation*}
\hat{h}=\epsilon\left(\hat{\alpha}^{\dagger} \hat{\alpha}+\hat{\beta}^{\dagger} \hat{\beta}\right)+\epsilon-\epsilon_{0} . \tag{8.28}
\end{equation*}
$$

The ground-state energy is $\epsilon-\epsilon_{0}$, which is negative, and the excited states correspond to the addition of two independent kinds of bosons with energy $\epsilon$, created by the operators $\hat{\alpha}^{\dagger}$ and $\hat{\beta}^{\dagger}$. For $\epsilon$ to be real, the magnitude of $\epsilon_{0}$ must exceed that of $\epsilon_{1}$. If $\left|\epsilon_{1}\right|>\left|\epsilon_{0}\right|$, the excitation energy is imaginary, corresponding to an instability of the system.

### 8.1.2 Elementary excitations

We may now use the results of the previous subsection to bring the Hamiltonian (8.14) into diagonal form. We make the transformation

$$
\begin{equation*}
\hat{a}_{\mathbf{p}}=u_{p} \hat{\alpha}_{\mathbf{p}}-v_{p} \hat{\alpha}_{-\mathbf{p}}^{\dagger}, \quad \hat{a}_{-\mathbf{p}}=u_{p} \hat{\alpha}_{-\mathbf{p}}-v_{p} \hat{\alpha}_{\mathbf{p}}^{\dagger}, \tag{8.29}
\end{equation*}
$$

where $\hat{a}_{\mathbf{p}}$ corresponds to $\hat{a}$ in the simple model, $\hat{a}_{-\mathbf{p}}$ to $\hat{b}, \hat{\alpha}_{\mathbf{p}}$ to $\hat{\alpha}$, and $\hat{\alpha}_{-\mathbf{p}}$ to $\hat{\beta}$. The result is

$$
\begin{equation*}
H=\frac{N^{2} U_{0}}{2 V}+\sum_{\mathbf{p}(\mathbf{p} \neq 0)} \epsilon_{p} \hat{\alpha}_{\mathbf{p}}^{\dagger} \hat{\alpha}_{\mathbf{p}}-\frac{1}{2} \sum_{\mathbf{p}(\mathbf{p} \neq 0)}\left(\epsilon_{p}^{0}+n_{0} U_{0}-\epsilon_{p}\right) \tag{8.30}
\end{equation*}
$$

with

$$
\begin{equation*}
\epsilon_{p}=\sqrt{\left(\epsilon_{p}^{0}+n_{0} U_{0}\right)^{2}-\left(n_{0} U_{0}\right)^{2}}=\sqrt{\left(\epsilon_{p}^{0}\right)^{2}+2 \epsilon_{p}^{0} n_{0} U_{0}} \tag{8.31}
\end{equation*}
$$

The energy spectrum (8.31) agrees precisely with the result (7.31) derived in the previous chapter. For small $p$ the energy is $\epsilon_{p}=s p$, where

$$
\begin{equation*}
s^{2}=\frac{n_{0} U_{0}}{m} . \tag{8.32}
\end{equation*}
$$

The operators that create and destroy elementary excitations are given by

$$
\begin{equation*}
\hat{\alpha}_{\mathbf{p}}^{\dagger}=u_{p} \hat{a}_{\mathbf{p}}^{\dagger}+v_{p} \hat{a}_{-\mathbf{p}} . \tag{8.33}
\end{equation*}
$$

The coefficients satisfy the normalization condition

$$
\begin{equation*}
u_{p}^{2}-v_{p}^{2}=1 \tag{8.34}
\end{equation*}
$$

corresponding to Eq. (8.19) and are given explicitly by

$$
\begin{equation*}
u_{p}^{2}=\frac{1}{2}\left(\frac{\xi_{p}}{\epsilon_{p}}+1\right) \quad \text { and } \quad v_{p}^{2}=\frac{1}{2}\left(\frac{\xi_{p}}{\epsilon_{p}}-1\right) \tag{8.35}
\end{equation*}
$$

where $\xi_{p}=\epsilon_{p}^{0}+n_{0} U_{0}$ is the difference between the Hartree-Fock energy of a particle and the chemical potential, Eq. (6.12).
Thus the system behaves as a collection of non-interacting bosons with energies given by the Bogoliubov spectrum previously derived from classical considerations in Chapter 7. In the ground state of the system there are no excitations, and thus $\hat{\alpha}_{\mathbf{p}}|0\rangle=0$. When terms cubic and quartic in $\delta \hat{\psi}$ and $\delta \hat{\psi}^{\dagger}$ are included in the Hamiltonian, the excitations are damped and their energies shifted relative to the Bogoliubov spectrum (8.31).

### 8.1.3 Depletion of the condensate

The particle number is given by Eq. (8.12) which, rewritten in terms of $\hat{\alpha}_{\mathbf{p}}^{\dagger}$ and $\hat{\alpha}_{\mathbf{p}}$, has the form

$$
\hat{N}=N_{0}+\sum_{\mathbf{p}(\mathbf{p} \neq 0)} v_{p}^{2}+\sum_{\mathbf{p}(\mathbf{p} \neq 0)}\left(u_{p}^{2}+v_{p}^{2}\right) \hat{\alpha}_{\mathbf{p}}^{\dagger} \hat{\alpha}_{\mathbf{p}}
$$

$$
\begin{equation*}
-\sum_{\mathbf{p}(\mathbf{p} \neq 0)} u_{p} v_{p}\left(\hat{\alpha}_{\mathbf{p}}^{\dagger} \hat{\alpha}_{-\mathbf{p}}^{\dagger}+\hat{\alpha}_{-\mathbf{p}} \hat{\alpha}_{\mathbf{p}}\right) \tag{8.36}
\end{equation*}
$$

In deriving this expression we used the Bose commutation relations to reorder operators so that the expectation value of the operator terms gives zero in the ground state. The physical interpretation of this expression is that the first term is the number of atoms in the condensate. The second term represents the depletion of the condensate by interactions when no real excitations are present. In the ground state of the interacting gas, not all particles are in the zero-momentum state because the two-body interaction mixes in components with atoms in other states. Consequently, the probability of an atom being in the zero-momentum state is reduced. The last terms correspond to the depletion of the condensate due to the presence of real excitations. For states that are eigenstates of the Hamiltonian (8.30), the expectation value of $\hat{\alpha}_{\mathbf{p}}^{\dagger} \hat{\alpha}_{-\mathbf{p}}^{\dagger}$ and its Hermitian conjugate vanish, and therefore the number operator may equivalently be written as

$$
\begin{equation*}
\hat{N}=N_{0}+\sum_{\mathbf{p}(\mathbf{p} \neq 0)} v_{p}^{2}+\sum_{\mathbf{p}(\mathbf{p} \neq 0)}\left(u_{p}^{2}+v_{p}^{2}\right) \hat{\alpha}_{\mathbf{p}}^{\dagger} \hat{\alpha}_{\mathbf{p}} \tag{8.37}
\end{equation*}
$$

This shows that when an excitation with non-zero momentum $\mathbf{p}$ is added to the gas, keeping $N_{0}$ fixed, the number of particles changes by an amount

$$
\begin{equation*}
\nu_{p}=u_{p}^{2}+v_{p}^{2}=\frac{\xi_{p}}{\epsilon_{p}} \tag{8.38}
\end{equation*}
$$

where, as before, $\xi_{p}=\epsilon_{p}^{0}+n_{0} U_{0}$. Thus, when an excitation is added keeping the total number of particles fixed, $N_{0}$ must be reduced by the corresponding amount. At large momenta the particle number associated with an excitation tends to unity, since then excitations are just free particles, while for small momenta the effective particle number diverges as $m s / p$.

The depletion of the ground state at zero temperature may be calculated by evaluating the second term in Eq. (8.36) explicitly and one finds for the number of particles per unit volume in excited states

$$
\begin{equation*}
n_{\mathrm{ex}}=\frac{1}{V} \sum_{\mathbf{p}(\mathbf{p} \neq 0)} v_{p}^{2}=\int \frac{d \mathbf{p}}{(2 \pi \hbar)^{3}} v_{p}^{2}=\frac{1}{3 \pi^{2}}\left(\frac{m s}{\hbar}\right)^{3} \tag{8.39}
\end{equation*}
$$

which is of order one particle per volume $\xi^{3}$, where $\xi$ is the coherence length, Eq. (6.62). Physically this result may be understood by noting that $v_{p}^{2}$ is of order unity for momenta $p \sim \hbar / \xi$, and then falls off rapidly at larger momenta. The number density of particles in excited states is thus of order the number of states per unit volume with wave number less than $1 / \xi$, that is, $1 / \xi^{3}$ in three dimensions. The depletion may also be expressed in terms
of the scattering length by utilizing the result (8.32) with $U_{0}=4 \pi \hbar^{2} a / m$, and one finds

$$
\begin{equation*}
\frac{n_{\mathrm{ex}}}{n}=\frac{8}{3 \sqrt{\pi}}\left(n a^{3}\right)^{1 / 2} \tag{8.40}
\end{equation*}
$$

In deriving this result we have assumed that the depletion of the condensate is small, and (8.40) is therefore only valid when the particle spacing is large compared with the scattering length, or $n_{\text {ex }} \ll n$. In most experiments that have been carried out, the ground-state depletion is of the order of one per cent. Near Feshbach resonances, however, the magnitude of the scattering length can be comparable to the particle spacing, which has opened up the possibility of measuring effects beyond the validity of the mean-field approximation [2]. We discuss in Chapter 17 some of the recent developments in the study of atomic gases near Feshbach resonances.

### 8.1.4 Ground-state energy

The calculation of higher-order contributions to the energy requires that one go beyond the simple approximation in which the effective interaction is replaced by $U_{0}=4 \pi \hbar^{2} a / m$. The difficulty with the latter approach is seen by considering the expression for the ground-state energy $E_{0}$ that one obtains from Eq. (8.30),

$$
\begin{equation*}
E_{0}=\frac{N^{2} U_{0}}{2 V}-\frac{1}{2} \sum_{\mathbf{p}}\left(\epsilon_{p}^{0}+n_{0} U_{0}-\epsilon_{p}\right) .(\text { wrong! }) \tag{8.41}
\end{equation*}
$$

Formally the sum is of order $U_{0}^{2}$, as one can see by expanding the summand for large $p$. However, the sum diverges linearly at large $p$ : the leading terms in the summand are of order $1 / p^{2}$, and the sum over momentum space when converted to an integral gives a factor $p^{2} d p$. This difficulty is due to the fact that we have used the effective interaction $U_{0}$, which is valid only for small momenta, to calculate high-momentum processes. In perturbation theory language, the effective interaction takes into account transitions to intermediate states in which the two interacting particles have arbitrarily high momenta. If the sum in Eq. (8.41) is taken over all states, contributions from these high-energy intermediate states are included twice. To make a consistent calculation of the ground-state energy one must use an effective interaction $U\left(p_{\mathrm{c}}\right)$ in which all intermediate states with momenta in excess of some cut-off value $p_{c}$ are taken into account, and then evaluate the energy omitting in the sum in the analogue of Eq. (8.41) all intermediate states
with momenta in excess of this cut-off. The ground-state energy is therefore

$$
\begin{equation*}
E_{0}=\frac{N^{2} U\left(p_{\mathrm{c}}\right)}{2 V}-\frac{1}{2} \sum_{\mathbf{p}\left(p<p_{\mathrm{c}}\right)}\left(\epsilon_{p}^{0}+n_{0} U_{0}-\epsilon_{p}\right) \tag{8.42}
\end{equation*}
$$

The effective interaction $\tilde{U}=U\left(p_{c}\right)$ for zero energy $E$ and for small values of $p_{\mathrm{c}}$ may be obtained from (5.55) by replacing $T$ by $U_{0}$, which is the effective interaction for $p_{\mathrm{c}}=0$ and $E=0$. The imaginary part of the effective interaction, which is due to the $i \delta$ term in the energy denominator in (5.50), is proportional to $E^{1 / 2}$, and therefore it vanishes at zero energy. The effective interaction for small $p_{\mathrm{c}}$ and zero energy is thus given by

$$
\begin{equation*}
U\left(p_{\mathrm{c}}\right)=U_{0}+\frac{U_{0}^{2}}{V} \sum_{\mathbf{p}\left(p<p_{\mathrm{c}}\right)} \frac{1}{2 \epsilon_{p}^{0}} . \tag{8.43}
\end{equation*}
$$

With this expression for the effective interaction $U\left(p_{\mathrm{c}}\right)$ one finds

$$
\begin{equation*}
E_{0}=\frac{N^{2} U_{0}}{2 V}-\frac{1}{2} \sum_{\mathbf{p}\left(p<p_{\mathrm{c}}\right)}\left[\epsilon_{p}^{0}+n_{0} U_{0}-\epsilon_{p}-\frac{\left(n U_{0}\right)^{2}}{2 \epsilon_{p}^{0}}\right] \tag{8.44}
\end{equation*}
$$

If one chooses the cut-off momentum to be large compared with ms but small compared with $\hbar / a$ the result does not depend on $p_{\mathrm{c}}$, and, using the fact that $n_{0} \simeq n$, one finds

$$
\begin{align*}
\frac{E_{0}}{V} & =\frac{n^{2} U_{0}}{2}+\frac{8}{15 \pi^{2}}\left(\frac{m s}{\hbar}\right)^{3} m s^{2} \\
& =\frac{n^{2} U_{0}}{2}\left[1+\frac{128}{15 \pi^{1 / 2}}\left(n a^{3}\right)^{1 / 2}\right] \tag{8.45}
\end{align*}
$$

The first form of the correction term indicates that the order of magnitude of the energy change is the number of states having wave numbers less than the inverse coherence length, times the typical energy of an excitation with this wave number, as one would expect from the form of the integral. This result was first obtained by Lee and Yang [3].

### 8.1.5 States with definite particle number

The original microscopic Hamiltonian (8.5) conserves the total number of particles. The assumption that the annihilation operator for a particle has a non-zero expectation value, as indicated in Eq. (8.2), implies that the states we are working with are not eigenstates of the particle number operator. In an isolated cloud of gas, the number of particles is fixed, and therefore the expectation value of the particle annihilation operator vanishes. Assuming
that the annihilation operator for a particle has a non-zero expectation value is analogous to assuming that the operator for the electromagnetic field due to photons may be treated classically. In both cases one works with coherent states, which are superpositions of states with different numbers of particles or photons. It is possible to calculate the properties of a Bose gas containing a definite particle number by introducing the operators [4]

$$
\begin{equation*}
\hat{c}_{\mathbf{p}}=\hat{a}_{0}^{\dagger}\left(\hat{N}_{0}+1\right)^{-1 / 2} \hat{a}_{\mathbf{p}}, \quad \hat{c}_{\mathbf{p}}^{\dagger}=\hat{a}_{\mathbf{p}}^{\dagger}\left(\hat{N}_{0}+1\right)^{-1 / 2} \hat{a}_{0}, \quad(\mathbf{p} \neq 0) \tag{8.46}
\end{equation*}
$$

where $\hat{N}_{0}=\hat{a}_{0}^{\dagger} \hat{a}_{0}$ is the operator for the number of particles in the zeromomentum state. By evaluating the commutators explicitly, one can show that these operators obey Bose commutation relations when they act on any state which has a non-vanishing number of particles in the zero-momentum state. In the presence of a Bose-Einstein condensate, components of the many-particle state having no particles in the zero-momentum state play essentially no role, so we shall not consider this restriction further. In addition, the operator $\hat{c}_{\mathbf{p}}^{\dagger} \hat{\mathbf{c}}_{\mathbf{p}}$ is identically equal to $\hat{a}_{\mathbf{p}}^{\dagger} \hat{a}_{\mathbf{p}}$ for $\mathbf{p} \neq 0$. Retaining only terms no more than quadratic in the operators $\hat{c}_{\mathbf{p}}$ and $\hat{c}_{\mathbf{p}}^{\dagger}$, one may write the Hamiltonian for states that deviate little from the fully condensed state containing a definite number of particles $N$ as

$$
\begin{align*}
\hat{H}= & \frac{N(N-1) U_{0}}{2 V}+\sum_{\mathbf{p}(\mathbf{p} \neq 0)}^{\prime}\left\{\left(\epsilon_{p}^{0}+\frac{\hat{N}_{0}}{V} U_{0}\right)\left(\hat{c}_{\mathbf{p}}^{\dagger} \hat{c}_{\mathbf{p}}+\hat{c}_{-\mathbf{p}}^{\dagger} \hat{c}_{-\mathbf{p}}\right)\right. \\
& \left.+\frac{U_{0}}{V}\left[\left(\hat{N}_{0}+2\right)^{1 / 2}\left(\hat{N}_{0}+1\right)^{1 / 2} \hat{c}_{\mathbf{p}}^{\dagger} \hat{c}_{-\mathbf{p}}^{\dagger}+\hat{c}_{\mathbf{p}} \hat{c}_{-\mathbf{p}}\left(\hat{N}_{0}+2\right)^{1 / 2}\left(\hat{N}_{0}+1\right)^{1 / 2}\right]\right\} . \tag{8.47}
\end{align*}
$$

When one replaces $\hat{N}_{0}$ by its expectation value $N_{0}$ and neglects terms of relative order $1 / N_{0}$ and $1 / N$, this equation becomes identical with Eq. (8.14) apart from the replacement of $\hat{a}_{\mathbf{p}}$ and $\hat{a}_{\mathbf{p}}^{\dagger}$ by $\hat{c}_{\mathbf{p}}$ and $\hat{c}_{\mathbf{p}}^{\dagger}$. In terms of new operators defined by

$$
\begin{equation*}
\hat{d}_{\mathbf{p}}^{\dagger}=u_{p} \hat{c}_{\mathbf{p}}^{\dagger}+v_{p} \hat{c}_{-\mathbf{p}}=u_{p} \hat{a}_{\mathbf{p}}^{\dagger}\left(\hat{N}_{0}+1\right)^{-1 / 2} \hat{a}_{0}+v_{p} \hat{a}_{0}^{\dagger}\left(\hat{N}_{0}+1\right)^{-1 / 2} \hat{a}_{-\mathbf{p}} \tag{8.48}
\end{equation*}
$$

which is analogous to Eq. (8.33), the Hamiltonian reduces to Eq. (8.30), but with the operators $\hat{d}_{\mathbf{p}}$ instead of $\hat{\alpha}_{\mathbf{p}}$. This shows that the addition of an elementary excitation of momentum $\mathbf{p}$ is the superposition of the addition of a particle of momentum $\mathbf{p}$ together with the removal of a particle from the condensate, and the removal of a particle with momentum $-\mathbf{p}$ accompanied by the addition of a particle to the condensate. The fact that the total number of particles remains unchanged is brought out explicitly. The physical character of long-wavelength excitations may be seen by using
the fact that $u_{p} \simeq v_{p}$ in this limit. Therefore, for large $N_{0}, \hat{d}_{\mathbf{p}}^{\dagger}$ is proportional to $\hat{a}_{\mathbf{p}}^{\dagger} \hat{a}_{0}+\hat{a}_{0}^{\dagger} \hat{a}_{-\mathbf{p}}$, which is the condensate contribution to the operator $\sum_{\mathbf{p}^{\prime}} \hat{a}_{\mathbf{p}+\mathbf{p}^{\prime}}^{\dagger} \hat{a}_{\mathbf{p}^{\prime}}$ that creates a density fluctuation. This confirms the phonon nature of long-wavelength excitations.

### 8.2 Excitations in a trapped gas

In Chapter 7 we calculated properties of excitations using a classical approach. The analogous quantum-mechanical theory can be developed along similar lines and parallels the treatment for the uniform system given in Sec. 8.1. Instead of starting from a functional for the energy as we did in the classical case, we consider the Hamiltonian operator (8.1) and the expression (8.2) which corresponds to separating out the condensed state. Also, to make it easier to take into account changes in the particle number, it is convenient to work with the operator $\hat{K}=\hat{H}-\mu \hat{N}$ rather than the Hamiltonian itself. The term with no fluctuation operators is the Gross-Pitaevskii functional (6.9). The terms with a single fluctuation operator vanish if $\psi$ satisfies the time-independent Gross-Pitaevskii equation (6.11), since the latter follows from the condition that the variations of the energy should vanish to first order in variations in $\psi$, for changes that conserve the total number of particles. To second order in the fluctuations, $\hat{K}$ may be written

$$
\begin{align*}
& \hat{K}=\hat{H}-\mu \hat{N}=E_{0} \\
& +\int d \mathbf{r}\left(-\delta \hat{\psi}^{\dagger}(\mathbf{r}) \frac{\hbar^{2}}{2 m} \nabla^{2} \delta \hat{\psi}(\mathbf{r})+\left[V(\mathbf{r})+2 U_{0}|\psi(\mathbf{r})|^{2}-\mu\right] \delta \hat{\psi}^{\dagger}(\mathbf{r}) \delta \hat{\psi}(\mathbf{r})\right. \\
&  \tag{8.49}\\
& \left.+\frac{U_{0}}{2}\left\{\psi(\mathbf{r})^{2}\left[\delta \hat{\psi}^{\dagger}(\mathbf{r})\right]^{2}+\psi^{*}(\mathbf{r})^{2}[\delta \hat{\psi}(\mathbf{r})]^{2}\right\}\right),
\end{align*}
$$

which should be compared with the similar expression (8.13) for the energy of a gas in a constant potential.

We now diagonalize the operator $\hat{K}$ employing the general formalism described in Ref. [5] which was applied to a Bose-Einstein condensate in Ref. [6]. In a compact matrix notation and neglecting a c-number term, we may write

$$
\begin{equation*}
\hat{K}=\frac{1}{2} \hat{\Psi}^{\dagger} \mathcal{M} \hat{\Psi}, \tag{8.50}
\end{equation*}
$$

where

$$
\begin{equation*}
\hat{\Psi}=\binom{\delta \hat{\psi}}{\delta \hat{\psi}^{\dagger}} \tag{8.51}
\end{equation*}
$$

and

$$
\begin{aligned}
& \mathcal{M}= \\
& \left(\begin{array}{cc}
-\left(\hbar^{2} / 2 m\right) \nabla^{2}+V+2 U_{0}|\psi|^{2}-\mu & U_{0} \psi^{2} \\
U_{0} \psi^{* 2} & -\left(\hbar^{2} / 2 m\right) \nabla^{2}+V+2 U_{0}|\psi|^{2}-\mu
\end{array}\right)
\end{aligned}
$$

The inner product of two vectors $A^{\dagger}$ and $B$ is defined by

$$
\begin{equation*}
A^{\dagger} B \equiv \sum_{\alpha=1,2} \int d \mathbf{r} A_{\alpha}^{*}(\mathbf{r}) B_{\alpha}(\mathbf{r}) \tag{8.53}
\end{equation*}
$$

where the index $\alpha$ labels the components of the vectors.
We wish to find a transformation that diagonalizes $\mathcal{M}$, which is Hermitian. As we shall explain, the eigenfunctions of $\mathcal{M}$ are closely related to the solutions of the Bogoliubov equations (Eqs. (7.42) and (7.43) for the case when the condensate wave function of the unperturbed state is real), which in matrix notation are

$$
\begin{equation*}
\mathcal{M} W_{i}=\epsilon_{i} \sigma_{z} W_{i} \quad \text { or } \quad \sigma_{z} \mathcal{M} W_{i}=\epsilon_{i} W_{i} \tag{8.54}
\end{equation*}
$$

where

$$
\begin{equation*}
W_{i}=\binom{u_{i}}{-v_{i}} \tag{8.55}
\end{equation*}
$$

and

$$
\sigma_{z}=\left(\begin{array}{cc}
1 & 0  \tag{8.56}\\
0 & -1
\end{array}\right)
$$

the notation indicating that this is a Pauli matrix in the usual representation. The index $i$ labels the modes, and we have replaced the frequency $\omega$ by $\epsilon_{i} / \hbar$. The solutions of the Bogoliubov equations are thus eigenfunctions of the non-Hermitian operator $\sigma_{z} \mathcal{M}$.

From the Bogoliubov equations (8.54), one can see that if there exists a solution with eigenvalue $\epsilon_{i}$, there exists a second solution with eigenvalue $\epsilon_{j}=-\epsilon_{i}^{*}$ and $u_{j}=v_{i}^{*}$ and $v_{j}=u_{i}^{*}$. One can derive an orthogonality condition by calculating the quantity $W_{j}^{\dagger} \mathcal{M} W_{i}-\left(W_{i}^{\dagger} \mathcal{M} W_{j}\right)^{*}$. On the one hand, because $\mathcal{M}$ is Hermitian, this vanishes. On the other hand it may be evaluated directly from Eq. (8.54), and therefore one finds

$$
\begin{equation*}
\left(\epsilon_{i}-\epsilon_{j}^{*}\right) \int d \mathbf{r}\left(u_{i} u_{j}^{*}-v_{i} v_{j}^{*}\right)=0 \tag{8.57}
\end{equation*}
$$

from which it follows that

$$
\begin{equation*}
\int d \mathbf{r}\left(u_{i} u_{j}^{*}-v_{i} v_{j}^{*}\right)=0, \quad \epsilon_{i} \neq \epsilon_{j}^{*} \tag{8.58}
\end{equation*}
$$

The quantity

$$
\begin{equation*}
\mathcal{N}_{i} \equiv \int d \mathbf{r}\left(\left|u_{i}\right|^{2}-\left|v_{i}\right|^{2}\right)=W_{i}^{\dagger} \sigma_{z} W_{i} \tag{8.59}
\end{equation*}
$$

is the norm, with metric $\sigma_{z}$, of the eigenvector, which we shall refer to as simply the norm. Applying Eq. (8.57) to the case $i=j$, one finds that the norm of solutions with complex eigenvalues vanishes. Complex eigenvalues signal a dynamical instability of the condensate, as we shall describe in Sec. 14.3 in the context of moving condensates in optical lattices.

For modes with real frequencies we shall choose the normalization condition

$$
\int d \mathbf{r}\left(u_{i} u_{j}^{*}-v_{i} v_{j}^{*}\right)=\left\{\begin{array}{rc}
\delta_{i j} & \text { for } \quad \mathcal{N}_{i}>0  \tag{8.60}\\
-\delta_{i j} & \text { for } \quad \mathcal{N}_{i}<0
\end{array}\right.
$$

The norm of the solution of the Bogoliubov equations with a real eigenvalue $\epsilon_{j}=-\epsilon_{i}$ and $u_{j}=v_{i}^{*}$ and $v_{j}=u_{i}^{*}$ has a sign opposite that of the original solution.

So far we have only used the Hermitian character of the matrix $\mathcal{M}$. For a trapped gas in its ground state, the matrix $\mathcal{M}$ is positive semi-definite, since changes in $\psi$ can only increase the energy, and one can then show that the eigenvalues of the matrix $\sigma_{z} \mathcal{M}$ are real. To demonstrate this, we multiply the second of the equations (8.54) on the left by $W_{i}^{\dagger} \sigma_{z}$ to give $W_{i}^{\dagger} \mathcal{M} W_{i}=\epsilon_{i} W_{i}^{\dagger} \sigma_{z} W_{i}$. The left-hand side is positive semi-definite, and it is zero only if $W_{i}$ is an eigenfunction of $\mathcal{M}$ with eigenvalue zero. Thus if $W_{i}$ is not such an eigenfunction, it follows that $\epsilon_{i} W_{i}^{\dagger} \sigma_{z} W_{i}>0$, a condition that could not be satisfied by a complex eigenvalue, since for such a state the norm is zero. Thus we conclude that all eigenvalues must be real. Furthermore, one can conclude that the eigenvalue for a state must have the same sign as the norm for the inequality to be satisfied. ${ }^{4}$ Eigenfunctions of $\sigma_{z} \mathcal{M}$ with zero eigenvalue may be shown to have zero norm, as we shall now illustrate for one particular mode. For the case of other zero modes, we refer to Ref. [5].

There is also a solution of the Bogoliubov equations with zero eigenvalue, which corresponds to the vector $W^{(1)}$ with components equal to $\psi$ and $-\psi$, i.e., $u^{(1)}=v^{(1)}=\psi$. This satisfies the Bogoliubov equations because $\psi$ obeys the Gross-Pitaevskii equation (6.11). From Eq. (8.59) one sees directly that

[^24]its norm is equal to zero. It corresponds to a global change in the phase of the condensate wave function, and is the analogue of Eq. (7.55) for a uniform system. From Eq. (8.58) it follows that this mode is orthogonal to modes with non-zero $\epsilon_{i}$.

In addition to the eigenstates of the Bogoliubov equations, there is another mode of excitation which corresponds to addition of particles to the system. For $N$ particles, the time-dependent Gross-Pitaevskii wave function may be written as $\psi e^{-i \mu(N) t / \hbar}$. Changing the particle number has two effects: the first is to change $\psi$ and the second is to alter the time dependence, since the chemical potential changes. The small-amplitude approximation cannot be used to describe this mode since the changes in the wave function are not small for large times, due to the dependence of the chemical potential on $N$, and the mode does not satisfy the Bogoliubov equations. To discuss these effects we shall treat the case where the wave function of the unperturbed state may be taken to be real, and the change in the condensate wave function in this mode thus has the form

$$
\begin{equation*}
\delta \psi \propto \frac{d \psi}{d N} . \tag{8.61}
\end{equation*}
$$

By differentiating the Gross-Pitaevskii equation (6.11) with respect to $N$ one then finds

$$
\begin{equation*}
\left(-\frac{\hbar^{2}}{2 m} \nabla^{2}+V(\mathbf{r})+3 U_{0}|\psi(\mathbf{r})|^{2}-\mu\right) \frac{d \psi(\mathbf{r})}{d N}=\frac{d \mu}{d N} \psi(\mathbf{r}) . \tag{8.62}
\end{equation*}
$$

Since $\int d \mathbf{r}|\psi|^{2}=N$ and $\psi$ is real, it follows that

$$
\begin{equation*}
\int d \mathbf{r} \psi \frac{d \psi}{d N}=\frac{1}{2} \tag{8.63}
\end{equation*}
$$

This mode corresponds to the vector $W^{(2)}$ with components $u^{(2)}=-v^{(2)}=$ $d \psi / d N$, and by evaluating $W^{(2) \dagger} \mathcal{M} W_{i}-\left(W_{i}^{\dagger} \mathcal{M} W^{(2)}\right)^{*}$ and making use of Eq. (8.62) one can demonstrate that $W^{(2)}$ is orthogonal to all states with non-zero $\epsilon_{i}$. To fit these modes into the formalism for non-zero energy modes, it is convenient to introduce the vectors $W_{0 \pm}$ with components $u_{0 \pm}=$ $(\psi \pm d \psi / d N) / \sqrt{2}, v_{0 \pm}=(\psi \mp d \psi / d N) / \sqrt{2}$. These two modes are orthogonal, since $W_{0 \pm}^{\dagger} \sigma_{z} W_{0 \mp}=0$ and, as a consequence of Eq. (8.63), they satisfy the normalization condition $W_{0 \pm}^{\dagger} \sigma_{z} W_{0 \pm}= \pm 1$, just as the $W_{i}$ for $\epsilon_{i} \neq 0$ do.

The $W_{i}$, for both positive and negative $\epsilon_{i}$ and including $W_{0 \pm}$, form a set of linearly independent vectors. According to Eq. (8.58), solutions of the Bogoliubov equations with unequal eigenvalues are orthogonal to each other (with metric $\sigma_{z}$ ), and from degenerate states one may construct linear combinations that are orthogonal to other eigenstates. In the following we
shall assume that the set of eigenvectors have been chosen to be orthogonal to each other. Consider the operator

$$
\begin{equation*}
\mathcal{I} \equiv \mathcal{J} \sigma_{z} \tag{8.64}
\end{equation*}
$$

where

$$
\begin{align*}
\mathcal{J}=W_{0+} & W_{0+}^{\dagger}-W_{0-} W_{0-}^{\dagger}+\sum_{i\left(\epsilon_{i} \neq 0\right)} \mathcal{N}_{i} W_{i} W_{i}^{\dagger} \\
& =W^{(1)} W^{(2) \dagger}-W^{(2)} W^{(1) \dagger}+\sum_{i\left(\epsilon_{i} \neq 0\right)} \mathcal{N}_{i} W_{i} W_{i}^{\dagger} \tag{8.65}
\end{align*}
$$

the sums being over all eigenstates of the Bogoliubov equations with nonzero eigenvalue. One can see that when this operator acts on any linear combination of the vectors $W_{i}$, it gives the same vector. Thus, if the set of vectors is complete, ${ }^{5}$ it follows that

$$
\begin{equation*}
\mathcal{I}=1 . \tag{8.66}
\end{equation*}
$$

Multiplying this equation on the right by $\sigma_{z}$ gives $\mathcal{J}=\sigma_{z}$ which, when multiplied on the left by $\sigma_{z}$, shows that $\mathcal{I}=\sigma_{z} \mathcal{J}$. When written out explicitly, condition (8.66) leads to the relations

$$
\begin{align*}
& \psi(\mathbf{r}) \frac{d \psi\left(\mathbf{r}^{\prime}\right)}{d N}+\frac{d \psi(\mathbf{r})}{d N} \psi\left(\mathbf{r}^{\prime}\right)+\sum_{i\left(\epsilon_{i}>0\right)}\left[u_{i}(\mathbf{r}) u_{i}^{*}\left(\mathbf{r}^{\prime}\right)-v_{i}^{*}(\mathbf{r}) v_{i}\left(\mathbf{r}^{\prime}\right)\right]=\delta\left(\mathbf{r}-\mathbf{r}^{\prime}\right),  \tag{8.67}\\
& \psi(\mathbf{r}) \frac{d \psi\left(\mathbf{r}^{\prime}\right)}{d N}-\frac{d \psi(\mathbf{r})}{d N} \psi\left(\mathbf{r}^{\prime}\right)+\sum_{i\left(\epsilon_{i}>0\right)}\left[-u_{i}(\mathbf{r}) v_{i}^{*}\left(\mathbf{r}^{\prime}\right)+v_{i}^{*}(\mathbf{r}) u_{i}\left(\mathbf{r}^{\prime}\right)\right]=0, \tag{8.68}
\end{align*}
$$

and their complex conjugates. The sums are to be taken over eigenstates with positive eigenvalue. By taking components of the equation $\hat{\Psi}=\mathcal{J} \sigma_{z} \hat{\Psi}$, one finds that $\delta \hat{\psi}$ and $\delta \hat{\psi}^{\dagger}$ may be expanded in the form

$$
\begin{equation*}
\delta \hat{\psi}(\mathbf{r})=\frac{d \psi(\mathbf{r})}{d N} \hat{Q}+i \psi(\mathbf{r}) \hat{P}+\sum_{i\left(\epsilon_{i}>0\right)}\left[u_{i}(\mathbf{r}) \hat{\alpha}_{i}-v_{i}^{*}(\mathbf{r}) \hat{\alpha}_{i}^{\dagger}\right] \tag{8.69}
\end{equation*}
$$

and

$$
\begin{equation*}
\delta \hat{\psi}^{\dagger}(\mathbf{r})=\frac{d \psi(\mathbf{r})}{d N} \hat{Q}-i \psi(\mathbf{r}) \hat{P}+\sum_{i\left(\epsilon_{i}>0\right)}\left[u_{i}^{*}(\mathbf{r}) \hat{\alpha}_{i}^{\dagger}-v_{i}(\mathbf{r}) \hat{\alpha}_{i}\right], \tag{8.70}
\end{equation*}
$$

where

$$
\begin{equation*}
\hat{\alpha}_{i} \equiv \int d \mathbf{r}\left[u_{i}^{*}(\mathbf{r}) \delta \hat{\psi}(\mathbf{r})+v_{i}(\mathbf{r}) \delta \hat{\psi}^{\dagger}(\mathbf{r})\right], \tag{8.71}
\end{equation*}
$$

[^25]\[

$$
\begin{equation*}
\hat{Q} \equiv \int d \mathbf{r} \psi(\mathbf{r})\left[\delta \hat{\psi}(\mathbf{r})+\delta \hat{\psi}^{\dagger}(\mathbf{r})\right] \tag{8.72}
\end{equation*}
$$

\]

and

$$
\begin{equation*}
\hat{P} \equiv \frac{1}{i} \int d \mathbf{r} \frac{d \psi(\mathbf{r})}{d N}\left[\delta \hat{\psi}(\mathbf{r})-\delta \hat{\psi}^{\dagger}(\mathbf{r})\right] . \tag{8.73}
\end{equation*}
$$

The operators $\hat{\alpha}_{i}$ and $\hat{\alpha}_{i}^{\dagger}$ satisfy Bose commutation relations because of the condition (8.60), and the Hermitian operators $\hat{P}$ and $\hat{Q}$ satisfy the canonical commutation relation $[\hat{P}, \hat{Q}]=-i$ because of the normalization condition (8.63), and the commutators of $\hat{P}$ and $\hat{Q}$ with the $\hat{\alpha}_{i}$ vanish.

We can now diagonalize the Hamiltonian (8.50) by writing

$$
\begin{equation*}
\hat{K}=\frac{1}{2} \hat{\Psi}^{\dagger} \mathcal{I} \mathcal{M} \mathcal{I} \hat{\Psi} . \tag{8.74}
\end{equation*}
$$

The result is

$$
\begin{align*}
\hat{K}= & \frac{1}{2} \frac{d \mu}{d N} \hat{Q}^{2}+\sum_{i\left(\epsilon_{i}>0\right)} \frac{1}{2} \epsilon_{i}\left(\hat{\alpha}_{i}^{\dagger} \hat{\alpha}_{i}+\hat{\alpha}_{i} \hat{\alpha}_{i}^{\dagger}\right) \\
& =\frac{1}{2} \frac{d \mu}{d N} \hat{Q}^{2}+\sum_{i\left(\epsilon_{i}>0\right)} \epsilon_{i}\left(\hat{\alpha}_{i}^{\dagger} \hat{\alpha}_{i}+1 / 2\right) . \tag{8.75}
\end{align*}
$$

The $\hat{Q}^{2}$ contribution comes from the zero modes, and the only term that survives there is the one containing $W^{(2) \dagger} \mathcal{M} W^{(2)}$, since $\mathcal{M} W^{(1)}=0$ and $W^{(1) \dagger} \mathcal{M}=0$. Equation (8.62) in vector notation reads $\mathcal{M} W^{(2)}=$ $(d \mu / d N) \sigma_{z} W^{(1)}$. Thus $W^{(2) \dagger} \mathcal{M} W^{(2)}=(d \mu / d N) W^{(2) \dagger} \sigma_{z} W^{(1)}=d \mu / d N$ since $W^{(2) \dagger} \sigma_{z} W^{(1)}=1$ from Eq. (8.63).

The Hamiltonian (8.75) shows that the system behaves as a collection of non-interacting Bose excitations, plus an extra term associated with addition of particles to the condensate. The contribution linear in $\hat{Q}$ vanishes because we are considering the thermodynamic potential corresponding to $\hat{K}=\hat{H}-$ $\mu \hat{N}$, not $\hat{H}$.

In the treatment of the uniform Bose gas in Sec. 8.1 there was no contribution from zero modes because fluctuations with $\mathbf{p}=0$ were neglected explicitly. For a uniform gas, $\psi(\mathbf{r})=(N / V)^{1 / 2}, d \psi\left(\mathbf{r}^{\prime}\right) / d N=1 / 2(N V)^{1 / 2}$ and $\psi(\mathbf{r}) d \psi\left(\mathbf{r}^{\prime}\right) / d N=1 / 2 V$ (see Eq. (7.55)).

### 8.3 Non-zero temperature

At non-zero temperatures, elementary excitations will be present. At temperatures well below the transition temperature their number is small and
interactions between them may be neglected. In equilibrium, the distribution function for excitations is thus the usual Bose-Einstein one evaluated with the energies calculated earlier for the Bogoliubov approximation. An important observation is that addition of one of these excitations does not change the total particle number and, consequently, there is no chemical potential term in the Bose distribution,

$$
\begin{equation*}
f_{i}=\frac{1}{\exp \left(\epsilon_{i} / k T\right)-1}, \tag{8.76}
\end{equation*}
$$

where $i$ labels the state. In this respect these excitations resemble phonons and rotons in liquid ${ }^{4} \mathrm{He}$. From the distribution function for excitations we may calculate the thermodynamic properties of the gas. For example, for a uniform Bose gas the thermal contribution to the energy $E(T)$ is

$$
\begin{equation*}
E(T)-E(0)=V \int \frac{d \mathbf{p}}{(2 \pi \hbar)^{3}} \epsilon_{p} f_{p}, \tag{8.77}
\end{equation*}
$$

and the thermal depletion of the condensate density is given by

$$
\begin{equation*}
n_{\mathrm{ex}}(T)-n_{\mathrm{ex}}(0)=\int \frac{d \mathbf{p}}{(2 \pi \hbar)^{3}} \frac{\xi_{p}}{\epsilon_{p}} f_{p} \tag{8.78}
\end{equation*}
$$

since according to (8.35) and (8.38) the addition of an excitation keeping the total number of particles fixed reduces the number of particles in the condensate by an amount $\xi_{p} / \epsilon_{p}$. When the temperature is less than the characteristic temperature $T_{*}$ defined by

$$
\begin{equation*}
k T_{*}=m s^{2} \simeq n U_{0}, \tag{8.79}
\end{equation*}
$$

the excitations in a uniform gas are phonon-like, with an energy given by $\epsilon=s p$. In this limit the thermal contribution to the energy, Eq. (8.77), is proportional to $T^{4}$, as opposed to the $T^{5 / 2}$ behaviour found for the noninteracting gas, Eq. (2.62) with $\alpha=3 / 2$. Likewise the specific heat and entropy obtained from (8.77) are both proportional to $T^{3}$, while the corresponding result for the non-interacting gas is $T^{3 / 2}$. Due to the fact that the particle number $\xi_{p} / \epsilon_{p}$ becomes inversely proportional to $p$ for $p \ll m s$, the thermal depletion of the condensate density obtained from (8.78) is proportional to $T^{2}$ which should be contrasted with the $T^{3 / 2}$ behaviour of $n_{\mathrm{ex}}$ for a non-interacting gas exhibited in Eq. (2.30).

### 8.3.1 The Hartree-Fock approximation

In the calculations described above we assumed the system to be close to its ground state, and the excitations we found were independent of each other.

At higher temperatures, interactions between excitations become important. These are described by the terms in the Hamiltonian with lower powers of the condensate wave function. Deriving expressions for the properties of a Bose gas at arbitrary temperatures is a difficult task, but fortunately there is a useful limit in which a simple physical picture emerges. In a homogeneous gas not far from its ground state, the energy of an excitation with high momentum is given by Eq. (7.35). This approximate form is obtained from the general theory by neglecting $v$ : excitations correspond to addition of a particle of momentum $\pm \mathbf{p}$ and removal of one from the condensate. The wave function of the state is a product of single-particle states, symmetrized with respect to interchange of the particle coordinates to take into account the Bose statistics. The neglect of $v$ is justifiable if the $\hat{a}^{\dagger} \hat{a}^{\dagger}$ and $\hat{a} \hat{a}$ terms in the Bogoliubov Hamiltonian are negligible for the excitations of interest. This requires that $\epsilon_{p}^{0} \gg n_{0} U_{0}$. Expressed in terms of the temperature, this corresponds to $T \gg T_{*}$, Eq. (8.79).
To explore the physics further, consider a Bose gas in a general spatially dependent potential. Let us assume that the wave function has the form of a product of single-particle states symmetrized with respect to interchange of particles:

$$
\begin{equation*}
\Psi\left(\mathbf{r}_{1}, \mathbf{r}_{2}, \ldots, \mathbf{r}_{N}\right)=c_{N} \sum_{\mathrm{sym}} \phi_{1}\left(\mathbf{r}_{1}\right) \phi_{2}\left(\mathbf{r}_{2}\right) \ldots \phi_{N}\left(\mathbf{r}_{N}\right) . \tag{8.80}
\end{equation*}
$$

Here the wave functions of the occupied single-particle states are denoted by $\phi_{i}$. If, for example, there are $N_{\alpha}$ particles in the state $\alpha$, that state will occur $N_{\alpha}$ times in the sequence of single-particle states in the product. The sum denotes symmetrization with respect to interchange of particle coordinates, and

$$
\begin{equation*}
c_{N}=\left(\frac{\prod_{i} N_{i}!}{N!}\right)^{1 / 2} \tag{8.81}
\end{equation*}
$$

is a normalization factor. This wave function is the natural generalization of the wave function (6.1) when all particles are in the same state. To bring out the physics it is again helpful to consider a non-zero-range interaction $U\left(\mathbf{r}-\mathbf{r}^{\prime}\right)$, where $\mathbf{r}$ and $\mathbf{r}^{\prime}$ are the coordinates of the two atoms, rather than a contact one (see Eq. (8.9)). In the expression for the interaction energy for the wave function (8.80) there are two sorts of terms. The first are ones which would occur if the wave function had not been symmetrized. These are the so-called direct, or Hartree, terms and they contain contributions of the form

$$
\begin{equation*}
U_{i j}^{\text {Hartree }}=\int d \mathbf{r} d \mathbf{r}^{\prime} U\left(\mathbf{r}-\mathbf{r}^{\prime}\right)\left|\phi_{i}(\mathbf{r})\right|^{2}\left|\phi_{j}\left(\mathbf{r}^{\prime}\right)\right|^{2}, \tag{8.82}
\end{equation*}
$$

which is the energy of a pair of particles in the state $\phi_{i}(\mathbf{r}) \phi_{j}\left(\mathbf{r}^{\prime}\right)$. The second class of terms, referred to as exchange or Fock terms, arise because of the symmetrization of the wave function, and have the form

$$
\begin{equation*}
U_{i j}^{\mathrm{Fock}}=\int d \mathbf{r} d \mathbf{r}^{\prime} U\left(\mathbf{r}-\mathbf{r}^{\prime}\right) \phi_{i}^{*}(\mathbf{r}) \phi_{j}^{*}\left(\mathbf{r}^{\prime}\right) \phi_{i}\left(\mathbf{r}^{\prime}\right) \phi_{j}(\mathbf{r}) . \tag{8.83}
\end{equation*}
$$

For fermions, the Fock term has the opposite sign because of the antisymmetry of the wave function. Calculation of the coefficients of these terms may be carried out using the wave function (8.80) directly, but it is much more convenient to use the formalism of second quantization which is designed expressly for calculating matrix elements of operators between wave functions of the form (8.80). The general expression for the interaction energy operator in this notation is [7]

$$
\begin{equation*}
U=\frac{1}{2} \sum_{i j k l}\langle i j| U|k l\rangle \hat{a}_{i}^{\dagger} \hat{a}_{j}^{\dagger} \hat{a}_{l} \hat{a}_{k}, \tag{8.84}
\end{equation*}
$$

where

$$
\begin{equation*}
\langle i j| U|k l\rangle=\int d \mathbf{r} d \mathbf{r}^{\prime} U\left(\mathbf{r}-\mathbf{r}^{\prime}\right) \phi_{i}^{*}(\mathbf{r}) \phi_{j}^{*}\left(\mathbf{r}^{\prime}\right) \phi_{l}\left(\mathbf{r}^{\prime}\right) \phi_{k}(\mathbf{r}) \tag{8.85}
\end{equation*}
$$

is the matrix element of the two-body interaction. To evaluate the potential energy we thus need to calculate the expectation value of $\hat{a}_{i}^{\dagger} \hat{a}_{j}^{\dagger} \hat{a}_{l} \hat{a}_{k}$. Since the single-particle states we work with are assumed to be orthogonal, the expectation value of this operator vanishes unless the two orbitals in which particles are destroyed are identical with those in which they are created. There are only two ways to ensure this: either $i=k$ and $j=l$, or $i=l$ and $j=k$. The matrix element for the first possibility is $N_{i}\left(N_{j}-\delta_{i j}\right), \delta_{i j}$ being the Kronecker delta function, since for bosons $\hat{a}_{i}\left(\hat{a}_{i}^{\dagger}\right)$ acting on a state with $N_{i}$ particles in the single-particle state $i$ yields $\sqrt{N_{i}}\left(\sqrt{N_{i}+1}\right)$ times the state with one less (more) particle in that single-particle state. For fermions the corresponding factors are $\sqrt{N_{i}}$ and $\sqrt{1-N_{i}}$. The matrix element for the second possibility is $N_{i} N_{j}$ if we exclude the situation when all four states are the same, which has already been included in the first case. For bosons, the expectation value of the interaction energy is therefore

$$
\begin{align*}
U & =\frac{1}{2} \sum_{i j}\langle i j| U|i j\rangle N_{i}\left(N_{j}-\delta_{i j}\right)+\frac{1}{2} \sum_{i j(i \neq j)}\langle i j| U|j i\rangle N_{i} N_{j} \\
& =\frac{1}{2} \sum_{i}\langle i i| U|i i\rangle N_{i}\left(N_{i}-1\right)+\sum_{i<j}(\langle i j| U|i j\rangle+\langle i j| U|j i\rangle) N_{i} N_{j} . \tag{8.86}
\end{align*}
$$

The contributions containing $\langle i j| U|i j\rangle$ are direct terms, and those containing $\langle i j| U|j i\rangle$ are exchange terms.

For a contact interaction, the matrix elements $\langle i j| U|i j\rangle$ and $\langle i j| U|j i\rangle$ are identical, as one can see from Eq. (8.85), and therefore the interaction energy is

$$
\begin{equation*}
U=\frac{1}{2} \sum_{i}\langle i i| U|i i\rangle N_{i}\left(N_{i}-1\right)+2 \sum_{i<j}\langle i j| U|i j\rangle N_{i} N_{j} . \tag{8.87}
\end{equation*}
$$

For bosons, the effect of exchange is to double the term proportional to $N_{i} N_{j}$, whereas for fermions in the same internal state, the requirement of antisymmetry of the wave function leads to a cancellation and the total potential energy vanishes for a contact interaction.
Let us now turn to the homogeneous Bose gas. If the system is translationally invariant, the single-particle wave functions may taken to be plane waves. The matrix elements of the interaction are $U_{0} / V$, provided the initial and final states have the same total momentum, and the energy of a state of the form (8.80) is according to (8.86) given by

$$
\begin{align*}
E & =\sum_{\mathbf{p}} \epsilon_{p}^{0} N_{\mathbf{p}}+\frac{U_{0}}{2 V} \sum_{\mathbf{p}, \mathbf{p}^{\prime}} N_{\mathbf{p}}\left(N_{\mathbf{p}^{\prime}}-\delta_{\mathbf{p}, \mathbf{p}^{\prime}}\right)+\frac{U_{0}}{2 V} \sum_{\mathbf{p}, \mathbf{p}^{\prime}\left(\mathbf{p} \neq \mathbf{p}^{\prime}\right)} N_{\mathbf{p}} N_{\mathbf{p}^{\prime}}  \tag{8.88}\\
& =\sum_{\mathbf{p}} \epsilon_{p}^{0} N_{\mathbf{p}}+\frac{U_{0}}{2 V} N(N-1)+\frac{U_{0}}{2 V} \sum_{\mathbf{p}, \mathbf{p}^{\prime}\left(\mathbf{p} \neq \mathbf{p}^{\prime}\right)} N_{\mathbf{p}} N_{\mathbf{p}^{\prime}}  \tag{8.89}\\
& =\sum_{\mathbf{p}} \epsilon_{p}^{0} N_{\mathbf{p}}+\frac{U_{0}}{V}\left(N^{2}-\frac{1}{2} \sum_{\mathbf{p}} N_{\mathbf{p}}^{2}-\frac{N}{2}\right) . \tag{8.90}
\end{align*}
$$

If the zero-momentum state is the only macroscopically occupied one and we take only terms of order $N^{2}$, the interaction energy is $\left(N^{2}-N_{0}^{2} / 2\right) U_{0} / V$. Thus for a system with a given number of particles, the interaction energy above $T_{\mathrm{c}}$ is twice that at zero temperature where $N_{0}=N$, due to the existence of the exchange term, which is not present for a pure condensate.

The energy $\epsilon_{\mathbf{p}}$ of an excitation of momentum $\mathbf{p}$ is obtained from (8.90) by changing $N_{\mathbf{p}}$ to $N_{\mathbf{p}}+1$, thereby adding a particle to the system. It is

$$
\begin{equation*}
\epsilon_{\mathbf{p}}=\epsilon_{p}^{0}+\frac{N}{V} U_{0}+\frac{N-N_{\mathbf{p}}}{V} U_{0} . \tag{8.91}
\end{equation*}
$$

The first interaction term is the Hartree contribution, which represents the direct interaction of the added particle with the $N$ particles in the original system. The second interaction term, the Fock one, is due to exchange, and it is proportional to the number of particles in states different from that of
the added particle, since there is no exchange contribution between atoms in the same single-particle state. ${ }^{6}$

Let us now calculate the energy of an excitation when one state, which we take to be the zero-momentum state, is macroscopically occupied, while all others are not. To within terms of order $1 / N$ we may therefore write

$$
\begin{equation*}
\epsilon_{\mathbf{p}=0}=\left(2 n-n_{0}\right) U_{0}=\left(n_{0}+2 n_{\mathrm{ex}}\right) U_{0}, \tag{8.92}
\end{equation*}
$$

where $n$ is the total density of particles, $n_{0}$ is the density of particles in the condensate, and $n_{\text {ex }}=n-n_{0}$ is the number of non-condensed particles. For other states one has

$$
\begin{equation*}
\epsilon_{\mathbf{p}}=\epsilon_{p}^{0}+2 n U_{0} \tag{8.93}
\end{equation*}
$$

We shall now apply these results to calculate equilibrium properties.

## Thermal equilibrium

To investigate the thermodynamics in the Hartree-Fock approximation we follow the same path as for the non-interacting gas, but with the HartreeFock expression for the energy rather than the free-particle one. The way in which one labels states in the Hartree-Fock approximation is the same as for free particles, and therefore the entropy $S$ is given by the usual result for bosons

$$
\begin{equation*}
S=k \sum_{\mathbf{p}}\left[\left(1+f_{\mathbf{p}}\right) \ln \left(1+f_{\mathbf{p}}\right)-f_{\mathbf{p}} \ln f_{\mathbf{p}}\right] \tag{8.94}
\end{equation*}
$$

where $f_{\mathbf{p}}$ is the average occupation number for states with momenta close to p. The equilibrium distribution is obtained by maximizing the entropy subject to the condition that the total energy and the total number of particles be fixed. The excitations we work with here correspond to adding a single atom to the gas. Thus in maximizing the entropy, one must introduce the chemical potential term to maintain the particle number at a constant value. This is to be contrasted with the Bogoliubov approximation where we implemented the constraint on the particle number explicitly. The equilibrium distribution is thus

$$
\begin{equation*}
f_{\mathbf{p}}=\frac{1}{\exp \left[\left(\epsilon_{\mathbf{p}}-\mu\right) / k T\right]-1} \tag{8.95}
\end{equation*}
$$

[^26]where the excitation energies are given by the Hartree-Fock expressions (8.92) and (8.93).

For the zero-momentum state to be macroscopically occupied, the energy to add a particle to that state must be equal to the chemical potential, to within terms of order $1 / N$. Thus according to Eq. (8.92),

$$
\begin{equation*}
\mu=\left(n_{0}+2 n_{\mathrm{ex}}\right) U_{0}, \tag{8.96}
\end{equation*}
$$

and the average occupancy of the other states is given by

$$
\begin{equation*}
f_{\mathbf{p}}=\frac{1}{\exp \left[\left(\epsilon_{p}^{0}+n_{0} U_{0}\right) / k T\right]-1} \tag{8.97}
\end{equation*}
$$

For consistency the number of non-condensed particles must be given by

$$
\begin{align*}
N-N_{0} & =\sum_{\mathbf{p}(\mathbf{p} \neq 0)} f_{\mathbf{p}} \\
& =\sum_{\mathbf{p}(\mathbf{p} \neq 0)} \frac{1}{\exp \left[\left(\epsilon_{p}^{0}+n_{0} U_{0}\right) / k T\right]-1} . \tag{8.98}
\end{align*}
$$

This provides a self-consistency condition for the number of particles in the condensate, since $n_{0}=N_{0} / V$ occurs in the distribution function.

Above the transition temperature energies of all states are shifted by the same amount, and consequently the thermodynamic properties of the gas are simply related to those of the non-interacting gas. In particular the energy and the free energy are the same as that of a perfect Bose gas apart from an additional term $N^{2} U_{0} / V$. Since this does not depend on temperature, interactions have no effect on the transition temperature.

We now formulate the theory in terms of creation and annihilation operators. If the zero-momentum state is the only one that is macroscopically occupied, the terms in the Hamiltonian (8.5) that contribute to the expectation value (8.88) of the energy for a state whose wave function is a symmetrized product of plane-wave states may be written as

$$
\begin{equation*}
\hat{H}=\frac{N_{0}^{2} U_{0}}{2 V}+\sum_{\mathbf{p}(\mathbf{p} \neq 0)}\left(\epsilon_{p}^{0}+2 n_{0} U_{0}\right) \hat{a}_{\mathbf{p}}^{\dagger} \hat{a}_{\mathbf{p}}+\frac{U_{0}}{V} \sum_{\mathbf{p p}^{\prime}\left(\mathbf{p}, \mathbf{p}^{\prime} \neq 0\right)} \hat{a}_{\mathbf{p}}^{\dagger} \hat{a}_{\mathbf{p}} \hat{a}_{\mathbf{p}^{\prime}}^{\dagger} \hat{a}_{\mathbf{p}^{\prime}}, \tag{8.99}
\end{equation*}
$$

where we have neglected terms of order $1 / N$.
We now imagine that the system is in a state close to one with average occupation number $f_{\mathbf{p}}$, and ask what the Hamiltonian is for small changes in the number of excitations. We therefore write

$$
\begin{equation*}
\hat{a}_{\mathbf{p}}^{\dagger} \hat{a}_{\mathbf{p}}=f_{\mathbf{p}}+\left(\hat{a}_{\mathbf{p}}^{\dagger} \hat{a}_{\mathbf{p}}-f_{\mathbf{p}}\right), \tag{8.100}
\end{equation*}
$$

and expand the Hamiltonian to first order in the fluctuation term. As we
did in making the Bogoliubov approximation, we neglect fluctuations in the occupation of the zero-momentum state. The result is

$$
\begin{equation*}
\hat{H}=\frac{N_{0}^{2} U_{0}}{2 V}-\frac{U_{0}}{V} \sum_{\mathbf{p p}^{\prime}\left(\mathbf{p}, \mathbf{p}^{\prime} \neq 0\right)} f_{\mathbf{p}} f_{\mathbf{p}^{\prime}}+\sum_{\mathbf{p}(\mathbf{p} \neq 0)}\left(\epsilon_{p}^{0}+2 n U_{0}\right) \hat{a}_{\mathbf{p}}^{\dagger} \hat{a}_{\mathbf{p}} . \tag{8.101}
\end{equation*}
$$

This shows that the energy to add a particle to a state with non-zero momentum is $\epsilon_{p}^{0}+2 n U_{0}$, which is the Hartree-Fock expression for the excitation energy derived in Eq. (8.93).
It is also of interest to calculate the chemical potential, which is the energy to add a particle, the entropy being held constant:

$$
\begin{equation*}
\mu=\left.\frac{d E}{d N}\right|_{S} \tag{8.102}
\end{equation*}
$$

The entropy associated with the zero-momentum state is zero, and therefore a simple way to evaluate the derivative is to calculate the energy change when a particle is added to the condensate, keeping the distribution of excitations fixed:

$$
\begin{equation*}
\mu=\left.\frac{d E}{d N_{0}}\right|_{f_{\mathbf{p}(\mathbf{p} \neq 0)}}=\left(n_{0}+2 n_{\mathrm{ex}}\right) U_{0} \tag{8.103}
\end{equation*}
$$

This result agrees with Eq. (8.96).
Since the energy $\epsilon_{p}$ of an excitation tends to $2 n U_{0}$ for $p \rightarrow 0$, the excitation energy measured with respect to the chemical potential has a gap $n_{0} U_{0}$ in this approximation. The long-wavelength excitations in the Hartree-Fock approximation are particles moving in the mean field of the other particles, whereas physically one would expect them to be sound waves, with no gap in the spectrum, as we found in the Bogoliubov theory. For this reason the Hartree-Fock approximation is good only for temperatures $T \gg T_{*}$ given by Eq. (8.79). However, the approximation cannot be used very close to the transition temperature, where long-wavelength fluctuations play an important role (see Sec. 11.1.2). We now show how to obtain a phonon-like spectrum at non-zero temperatures.

### 8.3.2 The Popov approximation

To go beyond the Hartree-Fock approximation one must allow for the mixing of particle-like and hole-like excitations due to the interaction, which is reflected in the coupling of the equations for $u$ and $v$. This effect is important for momenta for which $\epsilon_{p}^{0}$ is comparable with or less than $n_{0} U_{0}$. A simple way to do this is to add to the Hartree-Fock Hamiltonian (8.101) the terms in
the Bogoliubov Hamiltonian (8.8) that create and destroy pairs of particles. The Hamiltonian is therefore ${ }^{7}$

$$
\begin{align*}
\hat{H}= & \frac{N_{0}^{2} U_{0}}{2 V}-\frac{U_{0}}{V} \sum_{\mathbf{p p}^{\prime}\left(\mathbf{p}, \mathbf{p}^{\prime} \neq 0\right)} f_{\mathbf{p}} f_{\mathbf{p}^{\prime}}+\sum_{\mathbf{p}(\mathbf{p} \neq 0)}\left(\epsilon_{p}^{0}+2 n U_{0}\right) \hat{a}_{\mathbf{p}}^{\dagger} \hat{a}_{\mathbf{p}} \\
& +n_{0} U_{0} \sum_{\mathbf{p}(\mathbf{p} \neq 0)}^{\prime}\left(\hat{a}_{\mathbf{p}}^{\dagger} \hat{a}_{-\mathbf{p}}^{\dagger}+\hat{a}_{\mathbf{p}} \hat{a}_{-\mathbf{p}}\right) . \tag{8.104}
\end{align*}
$$

This approximation is usually referred to as the Popov approximation [8]. Rather than working with the Hamiltonian itself, we consider the quantity $\hat{H}-\mu \hat{N}$ to take care of the requirement that particle number be conserved. One finds

$$
\begin{align*}
\hat{H}-\mu \hat{N} & =-\frac{N_{0}^{2} U_{0}}{2 V}-\frac{2 N_{0} N_{\mathrm{ex}} U_{0}}{V}-\frac{N_{\mathrm{ex}}^{2} U_{0}}{V} \\
& +\sum_{\mathbf{p}(\mathbf{p} \neq 0)}^{\prime}\left[\left(\epsilon_{p}^{0}+n_{0} U_{0}\right)\left(\hat{a}_{\mathbf{p}}^{\dagger} \hat{a}_{\mathbf{p}}+\hat{a}_{-\mathbf{p}}^{\dagger} \hat{a}_{-\mathbf{p}}\right)+n_{0} U_{0}\left(\hat{a}_{\mathbf{p}}^{\dagger} \hat{a}_{-\mathbf{p}}^{\dagger}+\hat{a}_{\mathbf{p}} \hat{a}_{-\mathbf{p}}\right)\right] \tag{8.105}
\end{align*}
$$

where

$$
\begin{equation*}
N_{\mathrm{ex}}=\sum_{\mathbf{p}(\mathbf{p} \neq 0)}<\hat{a}_{\mathbf{p}}^{\dagger} \hat{a}_{\mathbf{p}}> \tag{8.106}
\end{equation*}
$$

is the expectation value of the number of excited particles. Remarkably, the form of the Hamiltonian is identical with the Bogoliubov one for zero temperature, Eq. (8.14), except that the c-number term is different. Also, the occupancy of the zero-momentum state must be determined self-consistently. The spectrum is thus given by the usual Bogoliubov expression (8.31), with the density of the condensate being the one at the temperature of interest, not the zero-temperature value. Again the long-wavelength excitations are phonons, with a speed $s$ given by

$$
\begin{equation*}
s(T)^{2}=\frac{n_{0}(T) U_{0}}{m} \tag{8.107}
\end{equation*}
$$

and the coherence length

$$
\begin{equation*}
\xi(T)=\left[\frac{\hbar^{2}}{2 m n_{0}(T) U_{0}}\right]^{1 / 2}=\frac{\hbar}{\sqrt{2} m s(T)} \tag{8.108}
\end{equation*}
$$

[^27]determines the transition to free-particle behaviour.

### 8.3.3 Excitations in non-uniform gases

The Hartree-Fock and Popov approximations may be applied to excitations in trapped gases. In the Hartree-Fock approximation the wave function $\phi_{i}$ for an excited state satisfies the equation

$$
\begin{equation*}
\left[-\frac{\hbar^{2}}{2 m} \nabla^{2}+V(\mathbf{r})+2 n(\mathbf{r}) U_{0}\right] \phi_{i}(\mathbf{r})=\epsilon_{i} \phi_{i}(\mathbf{r}), \tag{8.109}
\end{equation*}
$$

and the corresponding equation for the wave function $\phi_{0}$ for the condensed state is

$$
\begin{equation*}
\left\{-\frac{\hbar^{2}}{2 m} \nabla^{2}+V(\mathbf{r})+\left[n_{0}(\mathbf{r})+2 n_{\mathrm{ex}}(\mathbf{r})\right] U_{0}\right\} \phi_{0}(\mathbf{r})=\mu \phi_{0}(\mathbf{r}) \tag{8.110}
\end{equation*}
$$

the absence of a factor of 2 in the condensate density term reflecting the fact that there is no exchange term for two atoms in the same state. Here $n_{0}(\mathbf{r})=N_{0}\left|\phi_{0}(\mathbf{r})\right|^{2}$ is the density of atoms in the condensed state and $n_{\text {ex }}(\mathbf{r})=\sum_{i \neq 0} N_{i}\left|\phi_{i}(\mathbf{r})\right|^{2}$ is the density of non-condensed particles. The wave functions and occupation numbers are determined self-consistently by imposing the conditions $N_{i}=\left\{\exp \left[\left(\epsilon_{i}-\mu\right) / k T\right]-1\right\}^{-1}$ for $i \neq 0$ and $N=N_{0}+\sum_{i \neq 0} N_{i}$.

The equations for the Popov approximation are

$$
\begin{equation*}
\left[-\frac{\hbar^{2}}{2 m} \nabla^{2}+V(\mathbf{r})+2 n(\mathbf{r}) U_{0}-\mu-\epsilon_{i}\right] u_{i}(\mathbf{r})-n_{0}(\mathbf{r}) U_{0} v_{i}(\mathbf{r})=0 \tag{8.111}
\end{equation*}
$$

and

$$
\begin{equation*}
\left[-\frac{\hbar^{2}}{2 m} \nabla^{2}+V(\mathbf{r})+2 n(\mathbf{r}) U_{0}-\mu+\epsilon_{i}\right] v_{i}(\mathbf{r})-n_{0}(\mathbf{r}) U_{0} u_{i}(\mathbf{r})=0 \tag{8.112}
\end{equation*}
$$

for the excitations. The wave function for the condensed state satisfies the generalized Gross-Pitaevskii equation

$$
\begin{equation*}
\left\{-\frac{\hbar^{2}}{2 m} \nabla^{2}+V(\mathbf{r})+\left[n_{0}(\mathbf{r})+2 n(\mathbf{r})\right] U_{0}-\mu\right\} \phi_{0}(\mathbf{r})=0 \tag{8.113}
\end{equation*}
$$

in which there is an extra contribution to the potential due to interaction of the condensate with the non-condensed particles. The density of noncondensed particles is given by $n_{\mathrm{ex}}(\mathbf{r})=\sum_{i \neq 0} N_{i}\left(\left|u_{i}(\mathbf{r})\right|^{2}+\left|v_{i}(\mathbf{r})\right|^{2}\right)$.
In the Hartree-Fock and Popov approximations the only effect of interactions between particles is to provide static mean fields that couple either to the density of particles or create or destroy pairs of particles. A difficulty
with this approach may be seen by considering a cloud of gas in a harmonic trap. This has collective modes associated with the motion of the centre of mass of the cloud, and they have frequencies which are sums of multiples of the oscillator frequencies. In the Hartree-Fock and Popov approximations these frequencies are different since the static potential acting on the excitations is affected by particle interactions. To resolve this problem, it is necessary to allow for the dynamics of the mean fields. A related effect is that the effective two-body interaction depends on temperature, due to the presence of the other excitations. This is connected with the problem mentioned in footnote 7 of how to treat 'pairing' terms consistently. These effects can be important for low-lying excitations, but are generally of little consequence for higher-energy excitations. For a discussion of them we refer to Refs. [9] and [10].

### 8.3.4 The semi-classical approximation

In Sec. 2.3.1 we showed how the properties of a trapped cloud of noninteracting particles may be described semi-classically. This approximation holds provided the typical de Broglie wavelengths of particles are small compared with the length scales over which the trapping potential and the particle density vary significantly. Locally the gas may then be treated as uniform. Properties of non-condensed particles may be calculated using a semi-classical distribution function $f_{\mathbf{p}}(\mathbf{r})$ and particle energies given by

$$
\begin{equation*}
\epsilon_{\mathbf{p}}(\mathbf{r})=\frac{p^{2}}{2 m}+V(\mathbf{r}) \tag{8.114}
\end{equation*}
$$

When particles interact, the properties of the excitations may still be described semi-classically subject to the requirement that spatial variations occur over distances large compared with the wavelengths of typical excitations. The properties of the condensed state must generally be calculated from the Gross-Pitaevskii equation generalized to allow for the interaction of the condensate with the thermal excitations. With a view to later applications we now describe the semi-classical versions of the Hartree-Fock, Bogoliubov, and Popov approximations.

Within Hartree-Fock theory, the semi-classical energies are given by

$$
\begin{equation*}
\epsilon_{\mathbf{p}}(\mathbf{r})=p^{2} / 2 m+2 n(\mathbf{r}) U_{0}+V(\mathbf{r}) \tag{8.115}
\end{equation*}
$$

where we have generalized the result (8.93) by adding to it the potential energy $V(\mathbf{r})$. In determining thermodynamic properties, the energy of an excitation enters in the combination $\epsilon_{i}-\mu$. A simple expression for this
may be found if the Thomas-Fermi approximation is applicable for the condensate, which is the case if length scales for variations of the condensate density and the potential are large compared with the coherence length. In the Thomas-Fermi approximation the chemical potential is given by adding the contribution $V(\mathbf{r})$ to the result (8.103) and is

$$
\begin{equation*}
\mu=V(\mathbf{r})+\left[n_{0}(\mathbf{r})+2 n_{\mathrm{ex}}(\mathbf{r})\right] U_{0} . \tag{8.116}
\end{equation*}
$$

The semi-classical limit of the Bogoliubov approximation is obtained by replacing in the coupled differential equations (7.42) and (7.43) the kinetic energy operator by $p^{2} / 2 m$. The energies $\epsilon_{\mathbf{p}}(\mathbf{r})$ are found by setting the determinant equal to zero, with the result

$$
\begin{equation*}
\epsilon_{\mathbf{p}}(\mathbf{r})=\left\{\left[p^{2} / 2 m+2 n_{0}(\mathbf{r}) U_{0}+V(\mathbf{r})-\mu\right]^{2}-\left[n_{0}(\mathbf{r}) U_{0}\right]^{2}\right\}^{1 / 2} . \tag{8.117}
\end{equation*}
$$

Here the chemical potential $\mu$ is that which enters the zero-temperature Gross-Pitaevskii equation. In the Thomas-Fermi approximation (see Sec. 6.2.2) the chemical potential is obtained by neglecting the kinetic energy in the Gross-Pitaevskii equation, which yields $\mu=V(\mathbf{r})+n_{0}(\mathbf{r}) U_{0}$. The semi-classical Bogoliubov excitation energies are therefore

$$
\begin{equation*}
\epsilon_{\mathbf{p}}(\mathbf{r})=\left[\left(p^{2} / 2 m\right)^{2}+\left(p^{2} / m\right) n_{0}(\mathbf{r}) U_{0}\right]^{1 / 2} \tag{8.118}
\end{equation*}
$$

Finally, the semi-classical limit of the Popov approximation is obtained by replacing the kinetic energy operator by $p^{2} / 2 m$ in Eqs. (8.111) and (8.112). Therefore the excitation energies become

$$
\begin{equation*}
\epsilon_{\mathbf{p}}(\mathbf{r})=\left(\left[p^{2} / 2 m+2 n(\mathbf{r}) U_{0}+V(\mathbf{r})-\mu\right]^{2}-\left[n_{0}(\mathbf{r}) U_{0}\right]^{2}\right)^{1 / 2}, \tag{8.119}
\end{equation*}
$$

where the condensate density $n_{0}$ is to be determined self-consistently. If the Thomas-Fermi expression (8.116) for the chemical potential is valid, the excitation spectrum is identical with the result of the Bogoliubov theory, Eq. (8.118), except that the condensate density $n_{0}$ now depends on temperature. Note that in our discussion of the Hartree-Fock approximation the excitations correspond to addition of a particle, while in the Bogoliubov and Popov ones the excitation energies given above are evaluated for no change in the total particle number. If the term $\left[n_{0}(\mathbf{r}) U_{0}\right]^{2}$ in Eqs. (8.117) and (8.119) is neglected, the excitation energy becomes equal to the Hartree-Fock result for $\epsilon_{\mathbf{p}}(\mathbf{r})-\mu$.

The density of non-condensed atoms is given in the Bogoliubov approximation by

$$
\begin{equation*}
n_{\mathrm{ex}}(\mathbf{r})=\int \frac{d \mathbf{p}}{(2 \pi \hbar)^{3}} \frac{p^{2} / 2 m+2 n_{0}(\mathbf{r}) U_{0}+V(\mathbf{r})-\mu}{\epsilon_{\mathbf{p}}(\mathbf{r})} \frac{1}{e^{\epsilon_{\mathbf{p}}(\mathbf{r}) / k T}-1}, \tag{8.120}
\end{equation*}
$$

in the Hartree-Fock approximation by

$$
\begin{equation*}
n_{\mathrm{ex}}(\mathbf{r})=\int \frac{d \mathbf{p}}{(2 \pi \hbar)^{3}} \frac{1}{e^{\left(\left[\epsilon_{\mathbf{p}}(\mathbf{r})-\mu\right] / k T\right.}-1} \tag{8.121}
\end{equation*}
$$

and in the Popov approximation by

$$
\begin{equation*}
n_{\mathrm{ex}}(\mathbf{r})=\int \frac{d \mathbf{p}}{(2 \pi \hbar)^{3}} \frac{p^{2} / 2 m+2 n(\mathbf{r}) U_{0}+V(\mathbf{r})-\mu}{\epsilon_{\mathbf{p}}(\mathbf{r})} \frac{1}{e^{\epsilon_{\mathbf{p}}(\mathbf{r}) / k T}-1} \tag{8.122}
\end{equation*}
$$

The factors multiplying the distribution functions in the Bogoliubov and Popov approximations are the numbers of non-condensed particles associated with an excitation. In the Hartree-Fock and Popov approximations the density of non-condensed atoms and the number of particles in the condensate must be determined self-consistently. Applications of the results of this section to atoms in traps will be described in Chapter 11.

## Problems

Problem 8.1 The long-wavelength elementary excitations of a dilute, uniform Bose gas are phonons. Determine the specific heat at low temperatures and compare the result with that obtained in Chapter 2 for the ideal, uniform Bose gas at low temperatures. Estimate the temperature at which the two results are comparable.

Problem 8.2 Use the Thomas-Fermi approximation to calculate the sound velocity at the centre of a cloud of $10^{6}{ }^{87} \mathrm{Rb}$ atoms in a harmonicoscillator trap, $V(r)=m \omega_{0}^{2} r^{2} / 2$, for $\omega_{0} / 2 \pi=150 \mathrm{~Hz}$. Evaluate the characteristic wave number at which the frequency of an excitation changes from a linear to a quadratic dependence on wave number. Compare the temperature $T_{*}$ given by Eq. (8.79) with the transition temperature.
Problem 8.3 Calculate the thermal depletion of the condensate of a uniform Bose gas at temperatures well below $T_{\mathrm{c}}$. Give limiting expressions for temperatures $T \ll n U_{0} / k$ and $T \gg n U_{0} / k$ and interpret the results in terms of the number of thermal excitations and their effective particle numbers.

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## 9

## Rotating condensates

One of the hallmarks of a superfluid is its response to rotation or, for charged superfluids, to a magnetic field [1]. The special properties of superfluids are a consequence of their motions being constrained by the fact that the velocity of the condensate is proportional to the gradient of the phase of the wave function. Following the discovery of Bose-Einstein condensation in atomic gases, much work has been devoted to the properties of rotating condensates in traps, and these developments have been reviewed in Refs. [2] and [3]. We begin by demonstrating that the circulation around a closed contour in the condensate is quantized (Sec. 9.1). Following that we consider properties of a single vortex line (Sec. 9.2). In Sec. 9.3 we then study conditions for equilibrium of a rotating condensate. Section 9.4 describes experiments on vortices, and Sec. 9.5 is devoted to rapidly rotating condensates. Finally, in Sec. 9.6, we consider collective oscillations of the vortex lattice.

### 9.1 Potential flow and quantized circulation

The fact that according to Eq. (7.14) the velocity of the condensate is the gradient of a scalar,

$$
\begin{equation*}
\mathbf{v}=\frac{\hbar}{m} \boldsymbol{\nabla} \phi \tag{9.1}
\end{equation*}
$$

has far-reaching consequences for the possible motions of the fluid. From Eq. (9.1) it follows immediately that

$$
\begin{equation*}
\boldsymbol{\nabla} \times \mathbf{v}=0 \tag{9.2}
\end{equation*}
$$

that is, the velocity field is irrotational, unless the phase of the order parameter has a singularity. Possible motions of the condensate are therefore very restricted. Quite generally, from the single-valuedness of the condensate wave function it follows that around a closed contour the change $\Delta \phi$ in
the phase of the wave function must be a multiple of $2 \pi$, or

$$
\begin{equation*}
\Delta \phi=\oint \boldsymbol{\nabla} \phi \cdot d \mathbf{l}=2 \pi \ell, \tag{9.3}
\end{equation*}
$$

where $\ell$ is an integer. Thus the circulation $\Gamma$ around a closed contour is given by

$$
\begin{equation*}
\Gamma=\oint \mathbf{v} \cdot d \mathbf{l}=\frac{\hbar}{m} 2 \pi \ell=\ell \frac{h}{m}, \tag{9.4}
\end{equation*}
$$

which shows that it is quantized in units of $h / m$. The magnitude of the quantum of circulation is approximately $4.0 \times 10^{-7}\left(m_{\mathrm{p}} / m\right) \mathrm{m}^{2} \mathrm{~s}^{-1}$ where $m_{\mathrm{p}}$ is the proton mass. Quantization of circulation was first proposed in the context of superfluid liquid ${ }^{4} \mathrm{He}$ by Onsager [4]. Feynman independently proposed quantization of circulation and investigated its consequences for flow experiments [5].

As a simple example, consider purely azimuthal flow in a trap invariant under rotation about the $z$ axis. To satisfy the requirement of singlevaluedness, the condensate wave function must vary as $e^{i l \varphi}$, where $\varphi$ is the azimuthal angle. If $\rho$ is the distance from the axis of the trap, it follows from Eq. (9.4) that the velocity is

$$
\begin{equation*}
v_{\varphi}=\ell \frac{\hbar}{m \rho} \tag{9.5}
\end{equation*}
$$

The circulation is thus $\ell h / m$ if the contour encloses the axis, and zero otherwise. If $\ell \neq 0$, the condensate wave function must vanish on the axis of the trap, since otherwise the kinetic energy due to the azimuthal motion would diverge. The structure of the flow pattern is thus that of a vortex line.
For an external potential with axial symmetry, and for a state that has a singularity only on the axis, each particle carries angular momentum $\ell \hbar$ about the axis, and therefore the total angular momentum $L$ about the axis is $N \ell \hbar$. If the singularity in the condensate wave function lies off the axis of the trap, the angular momentum will generally differ from $N \ell \hbar$. For a state having a density distribution with axial symmetry, the quantization of circulation is equivalent to quantization of the angular momentum per particle about the axis of symmetry. However, for other states circulation is still quantized, even though angular momentum per particle is not. The generalization of Eq. (9.2) to a state with a vortex lying along the $z$ axis is

$$
\begin{equation*}
\boldsymbol{\nabla} \times \mathbf{v}=\hat{z} \frac{\ell h}{m} \delta^{2}(\boldsymbol{\rho}), \tag{9.6}
\end{equation*}
$$

where $\delta^{2}$ is a two-dimensional Dirac delta function in the $x y$ plane, $\boldsymbol{\rho}=$
$(x, y)$, and $\hat{z}$ is a unit vector in the $z$ direction. When there are many vortices, the right-hand side of this equation becomes a vector sum of twodimensional delta functions on planes perpendicular to the direction of the vortex line. The strength of the delta function is a vector directed along the vortex line and with a magnitude equal to the circulation associated with the vortex. We now turn to a more detailed description of a single vortex.

### 9.2 Structure of a single vortex

Consider a trap with axial symmetry, and let us assume that the wave function varies as $e^{i \ell \varphi}$. If we write the condensate wave function in cylindrical polar coordinates as

$$
\begin{equation*}
\psi(\mathbf{r})=f(\rho, z) e^{i \ell \varphi} \tag{9.7}
\end{equation*}
$$

where $f$ is real, the energy (6.9) is

$$
\begin{equation*}
E=\int d \mathbf{r}\left\{\frac{\hbar^{2}}{2 m}\left[\left(\frac{\partial f}{\partial \rho}\right)^{2}+\left(\frac{\partial f}{\partial z}\right)^{2}\right]+\frac{\hbar^{2}}{2 m} \ell^{2} \frac{f^{2}}{\rho^{2}}+V(\rho, z) f^{2}+\frac{U_{0}}{2} f^{4}\right\} \tag{9.8}
\end{equation*}
$$

The only difference between this result and the one for a condensate with a phase that does not depend on position is the addition of the $1 / \rho^{2}$ term. This is a consequence of the azimuthal motion of the condensate which gives rise to a kinetic energy density $m f^{2} v_{\varphi}^{2} / 2=\hbar^{2} \ell^{2} f^{2} / 2 m \rho^{2}$. The equation for the amplitude $f$ of the condensate wave function may be obtained from the Gross-Pitaevskii equation (6.11). It is

$$
\begin{equation*}
-\frac{\hbar^{2}}{2 m}\left[\frac{1}{\rho} \frac{\partial}{\partial \rho}\left(\rho \frac{\partial f}{\partial \rho}\right)+\frac{\partial^{2} f}{\partial z^{2}}\right]+\frac{\hbar^{2}}{2 m \rho^{2}} \ell^{2} f+V(\rho, z) f+U_{0} f^{3}=\mu f \tag{9.9}
\end{equation*}
$$

Alternatively, Eq. (9.9) may be derived by inserting (9.8) with $\psi$ given by Eq. (9.7) into the variational principle $\delta(E-\mu N)=0$. Equation (9.9) forms the starting point for determining the energy of a vortex in a uniform medium as well as in a trap.

### 9.2.1 A vortex in a uniform medium

First we consider an infinite medium with a uniform potential, which we take to be zero, $V(\rho, z)=0$. In the ground state the wave function does not depend on $z$, so terms with derivatives with respect to $z$ vanish. Because of the importance of vortex lines with a single quantum of circulation we specialize to that case and put $\ell=1$. At large distances from the axis the
radial derivative and the centrifugal barrier term $\propto 1 / \rho^{2}$ become unimportant, and therefore the magnitude of the condensate wave function becomes $f=f_{0} \equiv\left(\mu / U_{0}\right)^{1 / 2}$. Close to the axis the derivative and centrifugal terms dominate, and the solution regular on the axis behaves as $\rho$, as it does for a free particle with unit angular momentum in two dimensions. Comparison of terms in the Gross-Pitaevskii equation (9.9) shows that the crossover between the two sorts of behaviour occurs at distances from the axis of order the coherence length in matter far from the axis, in agreement with the general arguments given in Chapter 6. It is therefore convenient to scale lengths to the coherence length $\xi$ defined by (see Eq. (6.61))

$$
\begin{equation*}
\frac{\hbar^{2}}{2 m \xi^{2}}=n U_{0}=\mu \tag{9.10}
\end{equation*}
$$

where $n=f_{0}^{2}$ is the density far from the vortex. Thus we introduce the new variable $x=\rho / \xi$ and also scale the amplitude of the condensate wave function to its value $f_{0}$ far from the vortex by introducing the variable $\chi=f / f_{0}$. The energy density $\mathcal{E}$ then has the form

$$
\begin{equation*}
\mathcal{E}=n^{2} U_{0}\left[\left(\frac{d \chi}{d x}\right)^{2}+\frac{\chi^{2}}{x^{2}}+\frac{1}{2} \chi^{4}\right], \tag{9.11}
\end{equation*}
$$

and the Gross-Pitaevskii equation (9.9) becomes

$$
\begin{equation*}
-\frac{1}{x} \frac{d}{d x}\left(x \frac{d \chi}{d x}\right)+\frac{\chi}{x^{2}}+\chi^{3}-\chi=0 \tag{9.12}
\end{equation*}
$$

This equation may be solved numerically, and the solution is shown in Fig. 9.1.

Let us now calculate the energy of the vortex. One quantity of interest is the extra energy associated with the presence of a vortex, compared with the energy of the same number of particles in the uniform state. The energy $\epsilon$ per unit length along the axis of the vortex is given by

$$
\begin{equation*}
\epsilon=\int_{0}^{\rho_{0}} 2 \pi \rho d \rho\left[\frac{\hbar^{2}}{2 m}\left(\frac{d f}{d \rho}\right)^{2}+\frac{\hbar^{2}}{2 m} \frac{f^{2}}{\rho^{2}}+\frac{U_{0}}{2} f^{4}\right] . \tag{9.13}
\end{equation*}
$$

The second term in the integrand is the kinetic energy of the azimuthal motion, and it varies as $f^{2} / \rho^{2}$. Since the density tends to a constant far from the vortex, its integral diverges logarithmically at large distances. This is similar to the logarithmic term in the electrostatic energy of a charged rod. In order to obtain well-defined answers, we therefore consider the energy of atoms within a finite distance $\rho_{0}$ of the vortex, and we shall further take $\rho_{0}$ to be large compared with $\xi$.


Fig. 9.1 The condensate wave function for a singly quantized vortex as a function of radius. The numerical solution is given by the full line and the approximate function $x /\left(2+x^{2}\right)^{1 / 2}$ by the dashed line.

To find the energy associated with the vortex, we must subtract from the total energy that of a uniform gas with the same number of particles $\nu$ per unit length contained within a cylinder of radius $D$. The energy per unit volume of a uniform gas is $\bar{n}^{2} U_{0} / 2$, where $\bar{n}=\nu / \pi D^{2}$ is the average density. The average density in the reference system is not equal to the density far from the axis in the vortex state, since the vortex state has a 'hole' in the density distribution near the axis. Because the number of particles is the same for the two states, the density of the vortex state at large distances from the axis is greater than that of the uniform system. The number of particles per unit length is given by

$$
\begin{equation*}
\nu=\int_{0}^{D} 2 \pi \rho d \rho f^{2}=\pi D^{2} f_{0}^{2}-\int_{0}^{D} 2 \pi \rho d \rho\left(f_{0}^{2}-f^{2}\right) \tag{9.14}
\end{equation*}
$$

Thus the energy per unit length of the uniform system is given by

$$
\begin{equation*}
\epsilon_{0}=\frac{1}{2} \pi D^{2} f_{0}^{4} U_{0}-f_{0}^{2} U_{0} \int_{0}^{D} 2 \pi \rho d \rho\left(f_{0}^{2}-f^{2}\right) \tag{9.15}
\end{equation*}
$$

where we have neglected terms proportional to the square of the last term in (9.14). These are of order $f_{0}^{4} U_{0} \xi^{4} / D^{2}$ and are therefore unimportant because of the assumption that $D \gg \xi$. Thus $\epsilon_{\mathrm{v}}$, the total energy per unit
length associated with the vortex, is the difference between Eqs. (9.13) and (9.15) and it is given by

$$
\begin{align*}
\epsilon_{\mathrm{v}} & =\int_{0}^{D} 2 \pi \rho d \rho\left[\frac{\hbar^{2}}{2 m}\left(\frac{d f}{d \rho}\right)^{2}+\frac{\hbar^{2}}{2 m} \frac{f^{2}}{\rho^{2}}+\frac{U_{0}}{2}\left(f_{0}^{2}-f^{2}\right)^{2}\right]  \tag{9.16}\\
& =\frac{\pi \hbar^{2}}{m} n \int_{0}^{D / \xi} x d x\left[\left(\frac{d \chi}{d x}\right)^{2}+\frac{\chi^{2}}{x^{2}}+\frac{1}{2}\left(1-\chi^{2}\right)^{2}\right] . \tag{9.17}
\end{align*}
$$

For $\rho \gg \xi$, the dominant contribution to the vortex energy comes from the kinetic energy, the second term in the integrand, and to logarithmic accuracy ${ }^{1}$ the energy per unit length of the vortex is given by

$$
\begin{equation*}
\epsilon_{\mathrm{v}} \simeq \pi n \frac{\hbar^{2}}{m} \ln \left(\frac{D}{\xi}\right) \tag{9.18}
\end{equation*}
$$

The more accurate result obtained by evaluating the vortex energy for the numerical solution of the Gross-Pitaevskii equation is

$$
\begin{equation*}
\epsilon_{\mathrm{v}}=\pi n \frac{\hbar^{2}}{m} \ln \left(1.464 \frac{D}{\xi}\right) \tag{9.19}
\end{equation*}
$$

This result was first obtained by Ginzburg and Pitaevskii in the context of their phenomenological theory of liquid ${ }^{4} \mathrm{He}$ close to $T_{\lambda}[6]$. The mathematical form of the theory is identical with that of Gross-Pitaevskii theory for the condensate at zero temperature, but the physical significance of the coefficients that appear in it is different.

The expression (9.17) may be used as the basis for a variational solution for the condensate wave function. In the usual way, one inserts a trial form for $f$ and minimizes the energy expression with respect to the parameters in the trial function. For example, if one takes the trial solution [7]

$$
\begin{equation*}
\chi=\frac{x}{\left(\alpha+x^{2}\right)^{1 / 2}}, \tag{9.20}
\end{equation*}
$$

which has the correct properties at both small and large distances, the optimal value of $\alpha$ is 2, and this solution is also shown in Fig. 9.1. We comment that minimizing the energy of the vortex, Eq. (9.17), is equivalent to minimizing the quantity $E-\mu N$, keeping the chemical potential $\mu$ fixed. Here $E$ is the total energy. For the variational solution (9.20) with $\alpha=2$ one finds the result $\epsilon_{\mathrm{v}}=\pi\left(n \hbar^{2} / m\right) \ln (1.497 D / \xi)$ which is very close to the exact result (9.19).

With the condensate wave function (9.7), each particle carries one unit

[^28]of angular momentum, and therefore the total angular momentum per unit length is given by
\[

$$
\begin{equation*}
\mathcal{L}=\nu \hbar \tag{9.21}
\end{equation*}
$$

\]

We caution the reader that the simple expression for the angular momentum is a consequence of the rotational symmetry when the vortex lies on the axis of the trap. The condensate wave function for a vortex not on the axis of the trap is not an eigenstate of the angular momentum along the axis of the trap and, moreover, the expectation value of the angular momentum depends on the distance of the vortex from the axis, as we shall see explicitly in Sec. 9.2.4.

### 9.2.2 Vortices with multiple quanta of circulation

Vortices with more than one quantum of circulation, $|\ell|>1$, are also possible. The only change in the Gross-Pitaevskii equation is that the centrifugal potential term $\propto 1 / x^{2}$ must be multiplied by $\ell^{2}$. The core size for a vortex with $\ell$ quanta is roughly $|\ell| \xi$, as may be seen by equating the centrifugal term in the Gross-Pitaevskii equation to the chemical potential (see also Problem 9.1). In the absence of an external potential, the velocity field at large distances from the centre of the vortex varies as $\ell \hbar / m \rho$, and therefore the kinetic energy associated with the azimuthal motion within a distance $D$ from the vortex is

$$
\begin{equation*}
\epsilon_{\mathrm{v}} \simeq \ell^{2} \pi n \frac{\hbar^{2}}{m} \ln \frac{D}{|\ell| \xi} \tag{9.22}
\end{equation*}
$$

to logarithmic accuracy.
To calculate the numerical factor in the logarithm one must determine the structure of the vortex core by solving the Gross-Pitaevskii equation, which is Eq. (9.12) with the second term multiplied by $\ell^{2}$. For small $\rho$ the condensate wave function behaves as $\rho^{|\ell|}$, as does the wave function of a free particle in two dimensions with azimuthal angular momentum $\ell \hbar$. The result (9.22) indicates that the energy of a vortex with more than one unit of circulation is greater than the energy of a collection of well-separated vortices with a single quantum of circulation and the same total circulation. This result may be generalized to allow for the interaction between vortices. In the absence of an external potential, the interaction energy per unit length of two parallel vortex lines with $\ell_{1}$ and $\ell_{2}$ units of circulation separated by a distance $d$ is given to logarithmic accuracy by (see Problem 9.3)

$$
\begin{equation*}
\epsilon_{\mathrm{int}} \simeq \frac{2 \pi \ell_{1} \ell_{2} \hbar^{2} n}{m} \ln \frac{D}{d} \tag{9.23}
\end{equation*}
$$

where $n$ is the particle density in the vicinity of the vortices. This expression holds provided $D \gg d \gg \xi$. When $d \sim \xi$ the interaction energy is $\left(2 \pi \ell_{1} \ell_{2} \hbar^{2} n / m\right) \ln (D / \xi)$, and therefore to logarithmic accuracy, the total energy of a number of parallel vortices is $\left[\pi\left(\sum_{i} \ell_{i}\right)^{2} \hbar^{2} n / m\right] \ln (D / \xi)$ per unit length in the direction parallel to the vortices, the same as that of a single vortex with circulation equal to the sum of the circulations of the individual vortices. (Here we have assumed that $\ln (D / \xi) \gg \ln \left|\ell_{i}\right|$ for all $i$, that is we have neglected differences between the core sizes of the various vortices). We therefore see that, in a uniform condensate, it is energetically favourable for a vortex with multiple quanta of circulation to split up into a number of vortices, each with a single quantum of circulation, but the same total circulation. Vortices with multiple quanta of circulation can be energetically favourable in inhomogeneous condensates in anharmonic trapping potentials [8] and have been observed experimentally [9].

### 9.2.3 A vortex in a trapped cloud

We now calculate the energy of a vortex in a Bose-Einstein condensed cloud in a trap, following Ref. [10]. This quantity is important for estimating the lowest angular velocity at which it is energetically favourable for a vortex to enter the cloud. We consider a harmonic trapping potential which is rotationally invariant about the $z$ axis, and we shall imagine that the number of atoms is sufficiently large that the Thomas-Fermi approximation gives a good description of the non-rotating cloud. The radius of the core of a vortex located on the $z$ axis of the trap, which is determined by the coherence length there, is then small compared with the size of the cloud. This may be seen from the fact that the coherence length $\xi_{0}$ at the centre of the cloud is given by Eq. (9.10), which may be rewritten as

$$
\begin{equation*}
\frac{\hbar^{2}}{2 m \xi_{0}^{2}}=\mu=n(0) U_{0}, \tag{9.24}
\end{equation*}
$$

where $n(0)$ is the density at the centre in the absence of rotation. In addition, the chemical potential is related to the radius $R$ of the cloud in the $x y$ plane by Eq. (6.33), which for a harmonic oscillator potential is

$$
\begin{equation*}
\mu=m \omega_{\perp}^{2} R^{2} / 2, \tag{9.25}
\end{equation*}
$$

where $\omega_{\perp}$ is the trap frequency for motion in the plane. Combining Eqs. (9.24) and (9.25), we are led to the result

$$
\begin{equation*}
\frac{\xi_{0}}{R}=\frac{\hbar \omega_{\perp}}{2 \mu} . \tag{9.26}
\end{equation*}
$$

This shows that the coherence length is small compared with the radius of the cloud if the chemical potential is large compared with the oscillator quantum of energy, a condition satisfied when the Thomas-Fermi approximation holds. Under these conditions, as in a bulk medium, the energy of the vortex is dominated by the kinetic energy and to logarithmic accuracy it is given by

$$
\begin{equation*}
\epsilon_{\mathrm{v}} \simeq \int_{0}^{R} 2 \pi \rho d \rho \frac{\hbar^{2} n}{2 m \rho^{2}} \simeq n(0) \frac{\pi \hbar^{2}}{m} \ln \left(\frac{R}{\xi_{0}}\right) \tag{9.27}
\end{equation*}
$$

per unit length.
To calculate the coefficient of the argument of the logarithm, it is necessary to improve the above approximation by including the other contributions to the energy. Outside the vortex core the density varies on a length scale $\sim R$. Thus the energy of the vortex out to a radius $\rho_{1}$ intermediate between the core size and the radius of the cloud ( $\xi_{0} \ll \rho_{1} \ll R$ ) may be calculated using the result (9.19) for the energy of a vortex in a uniform medium. At larger radii, the density profile is essentially unaltered compared with that for the cloud without a vortex, but the condensate moves with a velocity determined by the circulation of the vortex. The extra energy in the region at large distances is thus the kinetic energy of the condensate, which may be calculated from hydrodynamics.

To begin, let us consider the two-dimensional problem, in which we neglect the trapping force in the $z$ direction. The cloud is cylindrical, with radius $\rho_{2}$, and the energy per unit length is then given by

$$
\begin{equation*}
\epsilon_{\mathrm{v}}=\pi n(0) \frac{\hbar^{2}}{m} \ln \left(1.464 \frac{\rho_{1}}{\xi_{0}}\right)+\frac{1}{2} \int_{\rho_{1}}^{\rho_{2}} m n(\rho) v^{2}(\rho) 2 \pi \rho d \rho . \tag{9.28}
\end{equation*}
$$

Since the magnitude of the velocity is $v=h / 2 \pi \rho m$, and the density in a harmonic trap varies as $1-\rho^{2} / \rho_{2}^{2}$ in the Thomas-Fermi approximation, one finds

$$
\begin{align*}
\epsilon_{\mathrm{v}} & =\pi n(0) \frac{\hbar^{2}}{m}\left[\ln \left(1.464 \frac{\rho_{1}}{\xi_{0}}\right)+\int_{\rho_{1}}^{\rho_{2}} \frac{\rho d \rho}{\rho^{2}}\left(1-\frac{\rho^{2}}{\rho_{2}^{2}}\right)\right] \\
& \simeq \pi n(0) \frac{\hbar^{2}}{m}\left[\ln \left(1.464 \frac{\rho_{2}}{\xi_{0}}\right)-\frac{1}{2}\right], \tag{9.29}
\end{align*}
$$

where the integral has been evaluated for $\rho_{1} \ll \rho_{2}$, with terms of higher order in $\rho_{1} / \rho_{2}$ being neglected. The logarithmic term is the result for a medium of uniform density, while the $-1 / 2$ reflects the lowering of the kinetic energy due to the reduction of particle density caused by the trapping potential. Thus the energy per unit length is given by an expression similar to (9.19)
but with a different numerical constant $1.464 / e^{1 / 2} \approx 0.888$,

$$
\begin{equation*}
\epsilon_{\mathrm{v}}=\pi n(0) \frac{\hbar^{2}}{m} \ln \left(0.888 \frac{\rho_{2}}{\xi_{0}}\right) \tag{9.30}
\end{equation*}
$$

The angular momentum $\mathcal{L}$ per unit length is $\hbar$ times the total number of particles per unit length. For $\rho_{2} \gg \xi_{0}$ the latter may be evaluated in the Thomas-Fermi approximation, and one finds

$$
\begin{equation*}
\mathcal{L}=n(0) \hbar \int_{0}^{\rho_{2}}\left(1-\frac{\rho^{2}}{\rho_{2}^{2}}\right) 2 \pi \rho d \rho=\frac{1}{2} n(0) \pi \rho_{2}^{2} \hbar . \tag{9.31}
\end{equation*}
$$

Let us now consider the three-dimensional problem with density $n(\rho, z)$ in the absence of the vortex. If the semi-axis, $Z$, of the cloud in the $z$ direction is much greater than the coherence length, one may estimate the energy of the cloud by adding the energy of horizontal slices of the cloud, thus neglecting the kinetic energy term due to the vertical gradient of the condensate wave function. The total energy is then given by (9.30), integrated over the vertical extent of the cloud,

$$
\begin{equation*}
E=\frac{\pi \hbar^{2}}{m} \int_{-Z}^{Z} d z n(0, z) \ln \left[0.888 \frac{\rho_{2}(z)}{\xi(z)}\right] \tag{9.32}
\end{equation*}
$$

For a harmonic trap the density on the $z$ axis is $n(0, z)=n(0,0)\left(1-z^{2} / Z^{2}\right)$, while $\rho_{2}(z)=R\left(1-z^{2} / Z^{2}\right)^{1 / 2}$ and $\xi(z)=\xi_{0}[n(0,0) / n(0, z)]^{1 / 2}$, where $\xi_{0}$ is the coherence length at the centre of the cloud. The energy is then given by

$$
\begin{equation*}
E=\frac{\pi \hbar^{2} n(0,0)}{m} \int_{-Z}^{Z} d z\left(1-\frac{z^{2}}{Z^{2}}\right) \ln \left[0.888 \frac{R}{\xi_{0}}\left(1-\frac{z^{2}}{Z^{2}}\right)\right] \tag{9.33}
\end{equation*}
$$

Using the fact that $\int_{0}^{1} d y\left(1-y^{2}\right) \ln \left(1-y^{2}\right)=(12 \ln 2-10) / 9$, we obtain the final result

$$
\begin{equation*}
E=\frac{4 \pi n(0,0)}{3} \frac{\hbar^{2}}{m} Z \ln \left(0.671 \frac{R}{\xi_{0}}\right) \tag{9.34}
\end{equation*}
$$

which is in very good agreement with numerical calculations for large clouds [11].

The total angular momentum is

$$
\begin{align*}
L & =N \hbar=\hbar \int d \mathbf{r} n(\mathbf{r})=n(0,0) \hbar \int_{-Z}^{Z} d z \int_{0}^{\rho_{2}(z)} 2 \pi \rho d \rho\left(1-\frac{\rho^{2}}{R^{2}}-\frac{z^{2}}{Z^{2}}\right) \\
& =\frac{8 \pi}{15} n(0,0) R^{2} Z \hbar \tag{9.35}
\end{align*}
$$

These results will be used in Sec. 9.3.2 to discuss the critical angular velocity for a vortex state to be energetically stable.

### 9.2.4 An off-axis vortex

We consider now a vortex line with a single quantum of circulation and lying parallel to the axis of the trap, which we take to be the $z$ direction, and at a distance $b$ from the axis. As we saw in the calculation for a vortex on the axis of the trap, the major contribution to the energy due to the presence of the vortex comes from the kinetic energy of matter at distances from the vortex between $\xi$ and $R$, the transverse extent of the system. According to Eq. (9.27), the energy per unit length of the vortex is $\left(\pi \hbar^{2} / m\right) n(b, z) \ln [R(z) / \xi(b, z)]$, to logarithmic accuracy, where $\left.n(\rho, z)\right|_{\rho=b}$ is the density at the location of the vortex core in the absence of the vortex, and the total energy is

$$
\begin{equation*}
E=\int_{-Z_{b}}^{Z_{b}} d z n(b, z) \ln \left(\frac{R(z)}{\xi(b, z)}\right) \simeq E_{0}\left(1-\frac{b^{2}}{R^{2}}\right)^{3 / 2} \tag{9.36}
\end{equation*}
$$

where $E_{0}=\left[4 \pi \hbar^{2} n(0,0) Z / 3 m\right] \ln \left(R / \xi_{0}\right)$ (see Eq. (9.34), with the numerical factor in the logarithm omitted) and $Z_{b}=Z\left(1-b^{2} / R^{2}\right)^{1 / 2}$ is the height at which the vortex leaves the cloud. Here $\xi_{0}$ is the coherence length at the centre of the cloud, Eq. (9.24). The dependence of the coherence length on position does not affect the coefficient of the logarithm, just as we saw earlier in calculations for a vortex on the axis of the trap. In the result (9.36), a factor $1-b^{2} / R^{2}$ is due to the reduction of the density at the position of the vortex and the remaining factor of $\left(1-b^{2} / R^{2}\right)^{1 / 2}$ reflects the decrease of the length of an off-axis vortex.

This calculation shows that the energy decreases as the distance of the vortex from the axis increases. Thus, in the presence of dissipation mechanisms that can remove angular momentum from the condensate, a vortex initially on the axis of an axisymmetric trap will tend to relax towards the edge of the cloud. As we shall see in the following section, rotation of the trap can stabilize a trapped vortex.

### 9.3 Equilibrium of rotating condensates

The equilibrium state of a rotating condensate depends on the symmetry of the trap. In the following we first discuss traps with axial symmetry, in which case the component of the angular momentum about the symmetry axis is conserved. Subsequently we consider traps with no axis of symmetry.

### 9.3.1 Traps with an axis of symmetry

The calculations above show that one way to add angular momentum to a condensate of bosons in a trap with an axis of symmetry is to put all atoms into a state with non-zero angular momentum (the vortex state). In Sec. 7.3.1 we found that another way to add angular momentum to a cloud is to create elementary excitations, such as surface waves. In general, more complicated states may be created by combining the two processes by, e.g., adding elementary excitations to a vortex state. An interesting question is what the lowest-energy state is for a given angular momentum. Following nuclear physics terminology, this state is sometimes referred to as the yrast state. ${ }^{2}$

We begin by considering a cloud with angular momentum much less than $\hbar$ per atom. Intuitively one would expect the state to be close to that of the non-rotating ground state, and therefore it is natural to anticipate that the lowest-energy state would be the ground state plus a number of elementary excitations. Let us assume for the moment that the interaction is repulsive. If the number of particles is sufficiently large that the ThomasFermi approximation is valid, excitation energies may be calculated from the results of Sec. 7.3.1. For a harmonic trap, the lowest-energy elementary excitations with angular momentum $l \hbar$ are surface waves. Their energies $\hbar \omega$ may be obtained from the frequencies for modes obtained in Chapter 7: for isotropic traps by Eq. (7.71) for $n=0$ and for anisotropic ones by Eq. (7.79). The energies are therefore in both cases equal to $\hbar \omega_{0} l^{1 / 2}$. Thus the energy per unit angular momentum is $\omega_{0} / l^{1 / 2}$. The lowest energy cost per unit angular momentum is achieved if modes with high $l$ are excited. However with increasing $l$, the modes penetrate less and less into the bulk of the cloud, and the simple hydrodynamic picture of modes developed in Chapter 7 fails when the penetration depth of the surface wave, $1 / q \sim R / l$ (see Sec. 7.4) becomes comparable with the thickness of the surface, $\delta$, given by Eq. (6.45). At higher values of $l$, the modes become free-particle-like, with an energy approaching $\hbar^{2} q^{2} / 2 m \propto l^{2}$, and the energy per unit angular momentum increases. Consequently, the lowest energy cost per unit angular momentum is for surface waves with wave numbers of order $1 / \delta$, or $l \sim R / \delta$, and has a value

$$
\begin{equation*}
\frac{\epsilon_{l}}{l \hbar} \sim \omega_{0}\left(\frac{\delta}{R}\right)^{1 / 2} \sim \omega_{0}\left(\frac{a_{\mathrm{osc}}}{R}\right)^{2 / 3} \tag{9.37}
\end{equation*}
$$

since $\delta \sim a_{\mathrm{osc}}^{4 / 3} / R^{1 / 3}$ with $a_{\mathrm{osc}}=\left(\hbar / m \omega_{0}\right)^{1 / 2}$.

[^29]

Fig. 9.2 Schematic representation of ways of adding angular momentum to a BoseEinstein condensed cloud in a trap.

For $L \sim N \hbar$, states like the vortex state for one quantum of circulation are energetically most favourable. As the angular momentum increases further, states with a pair of vortices, or a vortex array have the lowest energy. Explicit calculations within the Gross-Pitaevskii approach may be found in Refs. [12] and [13] for weak coupling.

When the interparticle interaction is attractive, the picture is completely different. In the lowest-energy state for a given value of the angular momentum all the angular momentum is associated with the centre-of-mass motion of the cloud, and internal correlations are identical with those in the ground state. This corresponds to excitation of a surface mode with $l=1$.

In summary, for repulsive interactions the lowest-energy state of a BoseEinstein condensate in a trap is generally a superposition of vortices and elementary excitations, especially surface waves. When the interaction is attractive, the lowest energy is achieved by putting all the angular momentum into the centre-of-mass motion. The three ways of adding angular momentum to a cloud are illustrated schematically in Fig. 9.2.

### 9.3.2 Rotating traps

In the previous discussion we assumed that the trap has an axis of symmetry, and therefore the angular momentum about that axis is conserved. Another situation arises for traps which have no axis of symmetry, since angular momentum is then not conserved. As an example one may consider an anisotropic trap rotating about some axis. The question we now address is what the equilibrium state is under such conditions.

The difficulty with rotating traps is that in the laboratory frame the trapping potential is generally time-dependent. It is therefore convenient to
approach the problem of finding the equilibrium state by transforming to the frame rotating with the trapping potential, since in that frame the potential is constant in time, and thus the standard methods for finding equilibrium may be employed. According to the well-known result from mechanics, in the frame rotating with the potential the energy $E^{\prime}$ of a cloud of atoms is given in terms of the energy $E$ in the non-rotating frame by [14]

$$
\begin{equation*}
E^{\prime}=E-\boldsymbol{\Omega} \cdot \mathbf{L} \tag{9.38}
\end{equation*}
$$

where $\mathbf{L}$ is the angular-momentum vector and $\boldsymbol{\Omega}$ is the angular-velocity vector describing the rotation of the potential. In a trap with no axis of symmetry, the angular momentum about the axis of rotation is not conserved, and therefore in quantum mechanics $\mathbf{L}$ must be identified with the quantummechanical expectation value of the angular momentum. The problem is then to find the state with lowest energy in the rotating frame, that is, with the lowest value of $E^{\prime}$.

An important conclusion may be drawn from Eq. (9.38). If a state with angular-momentum component $L$ along the rotation axis has energy $E_{L}$, it will be energetically favourable compared with the ground state if the angular velocity of the trap exceeds a critical value $\Omega_{\mathrm{c}}$, given by

$$
\begin{equation*}
\Omega_{\mathrm{c}}=\frac{E_{L}-E_{0}}{L} \tag{9.39}
\end{equation*}
$$

The value of $\Omega_{\mathrm{c}}$ depends on the character of the excited state.

## A single vortex

For the vortex state in a cloud with a number of particles large enough that the Thomas-Fermi approximation is valid, the energy of the vortex state relative to the ground state is given by (9.34), while $L$ is given by (9.35). Their ratio determines $\Omega_{\mathrm{c}}$ according to (9.39), and we therefore obtain a critical angular velocity given by

$$
\begin{equation*}
\Omega_{\mathrm{c}}=\frac{5}{2} \frac{\hbar}{m R^{2}} \ln \left(0.671 \frac{R}{\xi_{0}}\right)=\frac{5}{2} \omega_{0}\left(\frac{a_{\mathrm{osc}}}{R}\right)^{2} \ln \left(0.671 \frac{R}{\xi_{0}}\right) \tag{9.40}
\end{equation*}
$$

Apart from the logarithmic term and a numerical factor, this is the angular velocity of a particle at the edge of the cloud with angular momentum $\hbar$. Since the minimum value of the ratio of energy to angular momentum for surface waves is given by Eq. (9.37), the critical angular velocity for such waves is given by

$$
\begin{equation*}
\Omega_{\mathrm{c}} \sim \omega_{0}\left(\frac{a_{\mathrm{osc}}}{R}\right)^{2 / 3} \tag{9.41}
\end{equation*}
$$

Thus in the Thomas-Fermi regime, vortex states can be in equilibrium in a rotating trap with an angular velocity lower than that required for surface waves. The smallest value of the critical angular velocity allowing for all sorts of possible excitations is referred to as the lower critical angular velocity. Below this angular velocity, the non-rotating ground state has the lowest energy in the rotating frame, while at higher angular velocities, other states are favoured. It is usually denoted by $\Omega_{\mathrm{c} 1}$, by analogy with the lower critical magnetic field in type II superconductors, at which the Meissner state ceases to be energetically favourable. At higher magnetic fields, flux lines, the charged analogues of vortices in uncharged systems, are created. As the angular velocity increases past $\Omega_{\mathrm{c} 1}$, the angular momentum of the equilibrium state changes discontinuously from zero to $\hbar$ per particle.

It is instructive to study an off-axis vortex, the energy for which is given by Eq. (9.36). The energy in the rotating frame is given by Eq. (9.38), and the angular momentum is in the $z$ direction, of magnitude

$$
\begin{equation*}
L=\int \rho d \rho d \varphi d z n m \rho v_{\varphi} \tag{9.42}
\end{equation*}
$$

If the coherence length $\xi$, which determines the size of the vortex core, is small compared with the radial extent of the cloud, it is a good approximation in most of the cloud to replace the density by its value in the absence of the vortex, which is independent of $\varphi$. The angular integral is then $\int d \varphi \rho v_{\varphi}$ which is equal to $2 \pi \hbar / m$ if the circle of radius $\rho$ surrounds the vortex, i. e. $\rho>b$, and zero otherwise. The total angular momentum is therefore $\hbar$ times the number of particles at distances greater than $b$ from the axis. Thus

$$
\begin{equation*}
L=\hbar \int_{-Z(b)}^{Z(b)} d z \int_{b}^{R(z)} 2 \pi \rho d \rho n \tag{9.43}
\end{equation*}
$$

where $Z(b)=Z\left(1-b^{2} / R^{2}\right)^{1 / 2}$ is the $z$ coordinate of the surface of the cloud for $\rho=b$ and $R(z)=R\left(1-z^{2} / Z^{2}\right)^{1 / 2}$ is the radius of the cloud as a function of $z$. For a harmonic trap and in the Thomas-Fermi approximation, the integral is exactly the same as in Eq. (9.31), except that the lower limit on the $\rho$ integration is $b$, not zero and one finds

$$
\begin{equation*}
L=N \hbar\left(1-\frac{b^{2}}{R^{2}}\right)^{5 / 2} \tag{9.44}
\end{equation*}
$$

Thus the angular momentum per particle is not quantized, but it decreases continuously as the distance of the vortex from the axis of the trap increases, and is zero when the vortex lies at the surface of the cloud.

Combining Eqs. (9.36) and (9.44) we find

$$
\begin{equation*}
E^{\prime}=E_{0}\left(1-\frac{b^{2}}{R^{2}}\right)^{3 / 2}-N \hbar \Omega\left(1-\frac{b^{2}}{R^{2}}\right)^{5 / 2} \tag{9.45}
\end{equation*}
$$

which for small $b$ is $E^{\prime} \simeq E_{0}^{\prime}+\left[(5 / 2) N \hbar \Omega-(3 / 2) E_{0}\right] b^{2} / R^{2}$. Thus for an angular velocity greater than $(3 / 5) \Omega_{\mathrm{c}}$, where $\Omega_{\mathrm{c}}=E_{0} / N \hbar \simeq$ $(5 / 2)\left(\hbar / m R^{2}\right) \ln \left(R / \xi_{0}\right)$, Eq. (9.40), the energy of a vortex in the rotating frame will have a local minimum on the axis of the trap, and in the presence of dissipation, the vortex will tend to return to the centre of the trap: the state with a vortex at the centre of the trap is locally stable, even though an angular velocity $\Omega>\Omega_{\mathrm{c}}$ is required for the state with a vortex on the axis of the trap to be energetically stable with respect to a cloud with no vortex.

Even for $\Omega>\Omega_{\mathrm{c}}$ the energy in the rotating frame has a local maximum as a function of $b$. Thus there is an energy barrier for entry of a vortex from the outside of the cloud. This can make difficulties in realizing equilibrium in experiments. Such effects can be minimized by first rotating a cloud of atoms above the Bose-Einstein condensation temperature, and then cooling it to produce a condensate.

From the above results we can obtain the rate of precession $\Omega_{\mathrm{p}}$ of a vortex by minimizing the energy $E^{\prime}$ in the rotating frame, since $E^{\prime}=E-\Omega_{\mathrm{p}} L$ according to Eq. (9.38). The condition $\partial E^{\prime} / \partial L=0$ then yields $\Omega_{\mathrm{p}}=\partial E / \partial L$, from which one sees that

$$
\begin{equation*}
\Omega_{\mathrm{p}}=\frac{\partial E}{\partial L}=\frac{\partial E}{\partial b} / \frac{\partial L}{\partial b}=\frac{(3 / 5) \Omega_{\mathrm{c}}}{1-b^{2} / R^{2}} . \tag{9.46}
\end{equation*}
$$

Thus, a vortex in a trapped cloud precesses in the same direction as the circulation.

### 9.3.3 Vortex arrays

As the rotation rate is increased, the nature of the equilibrium state changes, first to a state with two vortices rotating around each other, then to three vortices in a triangle, and subsequently to arrays with ever more vortices. Calculations of such structures for a trapped Bose gas with weak interaction have been carried out in Ref. [12]. All the vortices have a single quantum of circulation since, as argued in Sec. 9.2.1, vortices with multiple quanta of circulation are unstable with respect to decay into vortices with a single quantum.

For rotation at an angular velocity high compared with the minimum
angular velocity $\Omega_{\mathrm{c} 1}$ at which it is energetically favourable to have a vortex, the state with lowest energy in the rotating frame has a uniform array of vortices. To understand this, consider the Hamiltonian in the rotating frame,

$$
\begin{align*}
H^{\prime}= & H-\boldsymbol{\Omega} \cdot \mathbf{L} \\
= & \sum_{i=1}^{N}\left(\frac{\mathbf{p}_{i}^{2}}{2 m}+V\left(\mathbf{r}_{i}\right)-\boldsymbol{\Omega} \cdot\left(\mathbf{r}_{i} \times \mathbf{p}_{i}\right)\right)+U_{0} \sum_{i<j} \delta\left(\mathbf{r}_{i}-\mathbf{r}_{j}\right) \\
= & \sum_{i=1}^{N}\left(\frac{\left(\mathbf{p}_{i}-m \boldsymbol{\Omega} \times \mathbf{r}_{i}\right)^{2}}{2 m}+V\left(\mathbf{r}_{i}\right)-\frac{m}{2}\left(\boldsymbol{\Omega} \times \mathbf{r}_{i}\right)^{2}\right) \\
& +U_{0} \sum_{i<j} \delta\left(\mathbf{r}_{i}-\mathbf{r}_{j}\right) \tag{9.47}
\end{align*}
$$

The first term in the last expression in Eq. (9.47) is the kinetic energy in the rotating frame. For a classical system, this term could be made to vanish by taking the velocity of a particle to be $\mathbf{v}_{i}=\mathbf{p}_{i} / m=\boldsymbol{\Omega} \times \mathbf{r}_{i}$, which corresponds to rotation as a rigid body. For this velocity field, $\boldsymbol{\nabla} \times \mathbf{v}$ is uniform and equal to $2 \boldsymbol{\Omega}$. The velocity field for a condensate cannot have this form, since it is the gradient of a scalar quantity, and therefore it has non-vanishing curl only at singularities of the phase of the condensate wave function. For a condensate, a velocity field that approximates rigid-body rotation can be generated by creating a uniform array of vortices aligned in the direction of the angular velocity. If the number $n_{\mathrm{v}}$ of vortices per unit area in the plane perpendicular to $\boldsymbol{\Omega}$ is uniform and equal to

$$
\begin{equation*}
n_{\mathrm{v}}=\frac{2 m \Omega}{h}=\frac{1}{\pi a_{\Omega}^{2}} \tag{9.48}
\end{equation*}
$$

the average circulation per unit area in the condensate is $2 \Omega$, the circulation for rigid-body rotation at angular velocity $\Omega$. Here the length

$$
\begin{equation*}
a_{\Omega}=\sqrt{\hbar / m \Omega} \tag{9.49}
\end{equation*}
$$

is a measure of the intervortex spacing. As we have argued, because the circulation is quantized, it is impossible for a superfluid to have a velocity field with $\mathbf{v}=\boldsymbol{\Omega} \times \mathbf{r}$ everywhere. However, the deviations of the velocity field from that for rigid-body rotation are small for systems with many vortices. The reason for this is that the typical energy per particle associated with the rotational motion of the cloud as a whole is of order $m \Omega^{2} R^{2}$, where $R$ is the linear dimension of the cloud perpendicular to the rotation axis. The velocity of the swirling motion around an individual vortex is of order $\hbar / m a_{\Omega}$, and the corresponding kinetic energy per particle is of order
$\hbar^{2} / m a_{\Omega}^{2}=\hbar \Omega=m \Omega^{2} a_{\Omega}^{2}$. The ratio of this term to that associated with the general rotation of the cloud is therefore of order $a_{\Omega}^{2} / R^{2} \sim 1 / N_{\mathrm{v}}$, where $N_{\mathrm{v}}$ is the total number of vortices in the cloud. As a consequence, the equations of ideal-fluid hydrodynamics, without the requirement that the velocity be the gradient of a scalar quantity, provide a good starting point for calculating gross properties of rotating condensates with many vortices. We shall also assume that rotation is so slow that the cross sectional area of a vortex core, $\sim \xi^{2}$, is small compared with the area of a unit cell of the vortex lattice, $\sim a_{\Omega}^{2}$. This is equivalent to the condition $n U_{0} \ll \hbar \Omega$. Under these conditions, density inhomogeneities in the vicinity of a vortex core may be neglected, and the energy in the rotating frame is given by

$$
\begin{equation*}
E^{\prime}=\int d \mathbf{r}\left\{\frac{1}{2} n m(\mathbf{v}-\boldsymbol{\Omega} \times \mathbf{r})^{2}+n\left[V(\mathbf{r})-\frac{1}{2} m(\boldsymbol{\Omega} \times \mathbf{r})^{2}\right]+\frac{1}{2} U_{0} n^{2}\right\} . \tag{9.50}
\end{equation*}
$$

This is minimized by taking $\mathbf{v}=\boldsymbol{\Omega} \times \mathbf{r}$ and

$$
\begin{equation*}
V(\mathbf{r})-\frac{1}{2} m(\boldsymbol{\Omega} \times \mathbf{r})^{2}+U_{0} n=\mu^{\prime} \tag{9.51}
\end{equation*}
$$

or

$$
\begin{equation*}
n=\frac{1}{U_{0}}\left(\mu^{\prime}-V(\mathbf{r})+\frac{1}{2} m(\boldsymbol{\Omega} \times \mathbf{r})^{2}\right), \tag{9.52}
\end{equation*}
$$

where $\mu^{\prime}$ is the chemical potential in the rotating frame. The smoothed density therefore has the Thomas-Fermi form, except that the trapping potential is modified by the centrifugal term and the effective interaction between atoms is increased by a factor $\beta$ to take into account the inhomogeneity due to the lattice structure.

For systems containing many vortices, the lattice is triangular to a very good approximation. This has been demonstrated for an incompressible condensate by Tkachenko [15] and for a rapidly rotating condensate in a harmonic trap, as we shall describe in Sec. 9.5. For other situations, no detailed theoretical discussion of the lattice structure has been made, but vortex lattices observed experimentally are triangular. For a trapped condensate, the energy associated with the trap is insensitive to the detailed local arrangement of vortices, and therefore one expects lattices to be triangular provided the particle density does not vary appreciably on a length scale equal to the spacing between vortices.

### 9.4 Experiments on vortices

Ultracold atomic gases are excellent systems in which to observe properties of rotating superfluids, and they have made possible the direct examination of many aspects of vortex behaviour inaccessible in liquid ${ }^{4} \mathrm{He}$. Among the great advantages of the atomic gases is that they may be examined optically, because the atoms have lines in the optical (visible and nearvisible) region, and because the spatial scale of vortices is comparable to or, on expansion, greater than the wavelength of light. By contrast, helium atoms in the ground state have no absorption lines in the optical range and, even if there were such lines, vortex core radii, which are of order 0.1 nm , are too small to be resolved. In practice, other techniques are employed, especially determining the positions of vortex cores by trapping electrons on vortex lines, and sweeping the electrons out by means of an electric field, thereby allowing one to image the vortex positions [16].

To impart angular momentum to a gas cloud, the method commonly used is to 'stir' it by means of a laser beam. Due to the interaction of atoms with radiation, as described in Sec. 4.2, a laser beam, whose axis has a fixed direction and whose centre rotates in space, creates a rotating potential for atoms. The first experiment of this type was reported by Madison et al. [17]. The gas was stirred during the evaporative cooling of the gas, and was continued for about 0.5 s following evaporation in order for the gas to reach equilibrium. Subsequently, the trap potential, as well as the stirring potential, were switched off, and the gas allowed to expand. The density distribution was then examined by resonant absorption of light, which revealed up to four density minima corresponding to positions of vortices. Subsequently, arrays containing more vortices were created by such techniques [18] and related methods have been employed by other groups to create arrays containing hundreds of vortices [19,20], and an example is shown in Fig. 9.3.

To achieve higher angular velocities, one method that has been employed is to first stir the cloud mechanically with a laser stirrer, as described above, and then to evaporate particles near the axis of the trap. Such particles tend to have lower than average angular momenta, and therefore the average angular momentum of the remaining particles is increased [21]. With increasing angular velocity, the density of the cloud falls, and evaporation of particles close to the axis of the trap becomes slow. Under these conditions, one may increase the angular velocity by evaporating particles relatively uniformly over the whole of the cloud. The average angular momentum per particle remains constant. However, the radius of a cloud decreases as the
number of particles decreases because the effects of the repulsive interaction between particles becomes smaller, and therefore the angular velocity of the cloud increases.

Historically, the first creation of a vortex was performed not by the above methods but by coherent transfer of atoms from the s-wave state for motion in the trapping potential and one hyperfine state to a p-wave state of the trapping potential and a second hyperfine state. The transition was driven by a combination of a rotating laser beam, which provides the angular momentum and a microwave magnetic field that changes the hyperfine state. By appropriate choice of the frequency of the microwaves, the transition is on resonance, and it leads to a significant fraction of the atoms being transferred to the p-wave state. The experiment was performed with ${ }^{87} \mathrm{Rb}$ atoms, and the two components corresponded to atoms in the hyperfine states $\left|F=1, m_{F}=-1\right\rangle$ and $\left|F=2, m_{F}=+1\right\rangle[22]$. The coupling between the two hyperfine states in this case requires a second-order process in the rf field, but this does not alter the basic principle of the method. When the two perturbations operate on, say, a non-rotating condensate in the state $\left|F=1, m_{F}=-1\right\rangle$, they can produce a rotating condensate in the state $\left|F=2, m_{F}=+1\right\rangle$. If the frequency of the microwave field and the rotation frequency are chosen appropriately, atoms from the non-rotating condensate are transferred resonantly to a vortex state of atoms in the second hyperfine state. In the first experiment, the core of the vortex contained a non-rotating condensate of atoms in the state $\left|F=1, m_{F}=-1\right\rangle$. Because of the repulsive interaction between atoms, the vortex core was so large that it could be imaged directly, without ballistic expansion. In subsequent experiments, the condensate of non-rotating atoms was removed, thereby yielding a rotating condensate in a one-component system [23].
Finally we describe briefly an elegant method for creating vortices that does not rely on mechanical stirring [24]. Imagine subjecting an atom in a definite hyperfine state to a magnetic field that varies in time at a rate slow compared with the frequencies for transitions between different hyperfine states. The atoms will then remain in the same hyperfine state, referred to the instantaneous direction of the local magnetic field, but the phase of the state depends not just on the final magnetic field vector, but also on the particular path that the magnetic field vector followed during the process. This is an example of a geometrical (or Berry) phase [25]. The particular change in the magnetic field we consider is reversal of the axial magnetic field of a Ioffe-Pritchard trap (Sec. 4.1.3). Due to the quadrupolar magnetic field in the $x y$ plane produced by the Ioffe bars, the path that the local magnetic field follows under reversal of the axial magnetic field depends
on position, and consequently the Berry phases of the atomic states are position-dependent. For a Bose-Einstein condensate, this means that the condensate wave function will acquire a spatially dependent phase. This method has been employed experimentally to create vortex states with two and four units of circulation [26]. Such vortices are energetically unstable in a bulk condensate, as we have argued in Sec. 9.2.2, and they decay into a number of vortices with smaller circulation per vortex.

### 9.5 Rapidly rotating condensates

With increasingly rapid rotation, the density of vortices increases, and the spacing between vortices becomes smaller. Eventually vortex cores overlap, and an interesting question is what the state of the system is under these conditions. The vortex spacing is of order $a_{\Omega}=(\hbar / m \Omega)^{1 / 2}$ and, at low rotation rates, the vortex core size is comparable to the coherence length $\xi=\left(\hbar^{2} / 2 m n U_{0}\right)^{1 / 2}$. The condition for the vortex cores to touch is therefore $a_{\Omega} \sim \xi$ or $\hbar \Omega \sim n U_{0}$. For liquid helium, the core size is of order 0.1 nm , so the rotation rates required to satisfy this condition are of order $10^{12}$ $\mathrm{s}^{-1}$, impossibly high to be realized in the laboratory. For atomic gases, the picture is completely different, and the condition can be achieved: even in a non-rotating condensate, the coherence length is of order $1 \mu \mathrm{~m}$, thereby decreasing the required rotation rate by a factor $10^{8}$. Another effect is that with increasing rotation rate, the density of particles in a trap falls, thereby further reducing the rotation rate required to make vortex cores overlap.

The Hamiltonian in the rotating frame is given by Eq. (9.47). Since the vector potential for a uniform magnetic field $\mathbf{B}$ may be written in the form $\mathbf{A}=\mathbf{B} \times \mathbf{r} / 2$, this expression shows that the particles behave as though they were charged particles in a magnetic field of strength $B=2 m \Omega / Q$, where $Q$ is the charge of the particle. The correspondence between the two problems as far as this term is concerned is made by replacing the cyclotron frequency $Q B / m$ in the magnetic field problem by twice the rotational angular velocity. In addition, the potential in which the particles move is changed by the presence of the 'centrifugal potential' $-m(\boldsymbol{\Omega} \times \mathbf{r})^{2} / 2$.

Let us begin by considering the first term in the last expression for the Hamiltonian (9.47). We assume for the moment that the system is uniform in the $z$ direction and, consequently, the wave function is independent of $z$. The eigenvalues and eigenfunctions of this term may be found from the standard treatment for a particle in a magnetic field. The wave functions may be taken to be eigenstates of the $z$ component of the angular momentum, which is described by the quantum number $l$, and they therefore vary with the
azimuthal angle as $e^{i l \varphi}$. The energy levels for a single particle are [27]

$$
\begin{equation*}
\epsilon=\left(1+2 n_{\rho}+|l|-l\right) \hbar \Omega, \tag{9.53}
\end{equation*}
$$

where $n_{\rho}$ is the radial quantum number, which gives the number of radial nodes of the wave function. Alternatively, the result may be obtained by writing, with $\boldsymbol{\Omega}$ along the $z$ axis,

$$
\begin{equation*}
\frac{(\mathbf{p}-m \boldsymbol{\Omega} \times \mathbf{r})^{2}}{2 m}=\frac{\mathbf{p}^{2}}{2 m}+\frac{1}{2} m \Omega^{2} \rho^{2}-\Omega L_{z}, \tag{9.54}
\end{equation*}
$$

where $\rho^{2} \equiv x^{2}+y^{2}$. This shows that the Hamiltonian is that of a particle in a two-dimensional harmonic-oscillator potential with force constant $m \Omega^{2}$, in a frame rotating at angular velocity $\Omega$. The energy of the eigenstates in the non-rotating frame is $\left(1+2 n_{\rho}+|l|\right) \hbar \Omega$, and the angular momentum is $l \hbar$. Thus the energy in the rotating frame is given by Eq. (9.53). The lowest-energy states, which are those with $n_{\rho}=0$ and $l \geq 0$, all have energy $\epsilon=\hbar \Omega$. These states are referred to collectively as the lowest Landau level, and their wave functions are given by

$$
\begin{equation*}
\chi_{l}=\frac{1}{\sqrt{\pi l!}} \frac{\rho^{l}}{a_{\Omega}^{l+1}} e^{i l \varphi} e^{-\rho^{2} / 2 a_{\Omega}^{2}}=\frac{1}{\sqrt{\pi l!}} \frac{\zeta^{l}}{a_{\Omega}^{l+1}} e^{-|\zeta|^{2} / 2 a_{\Omega}^{2}}, \tag{9.55}
\end{equation*}
$$

where $\zeta=x+i y$ and $l \geq 0$. We have chosen the normalization condition $\int d x d y\left|\chi_{l}\right|^{2}=1$.

Let us now return to the many-body problem for a harmonic trapping potential $V=m \omega_{\perp}^{2} \rho^{2} / 2$. We shall adopt the Gross-Pitaevskii approximation, and at the end of this section we shall consider when this breaks down. With increasing rotation rate, the effective trapping potential in the rotating frame becomes shallower (see Eq. (9.57)), and hence the density of the gas and the interaction energy become lower. When the interaction energy $n U_{0}$ is small compared with the energy $2 \hbar \Omega$ to excite higher Landau levels it is a good approximation to use a trial condensate wave function that has components only in the lowest Landau level (LLL) [28]. From the form of the functions (9.55), it follows that the trial wave function is a polynomial in $\zeta=x+i y$, multiplied by a Gaussian factor. From a basic theorem of algebra, it follows that the wave function may be expressed in terms of its roots, $\zeta_{i}$ :

$$
\begin{equation*}
\psi \propto \prod_{i}\left(\zeta-\zeta_{i}\right) e^{-|\zeta|^{2} / 2 a_{\Omega}^{2}} \tag{9.56}
\end{equation*}
$$

The wave function therefore has vortices at the points $\zeta=\zeta_{i}$. If all the $\zeta_{i}$ are distinct, each vortex has a single quantum of circulation.
We now evaluate the energy in the rotating frame for the wave function
(9.56). The term in the Hamiltonian (9.47) that represents the kinetic energy in the rotating frame is equal to the eigenvalue for the energy of the lowest Landau level, $\hbar \Omega$ per particle, and therefore

$$
\begin{equation*}
E^{\prime}=N \hbar \Omega+\frac{1}{2} m\left(\omega_{\perp}^{2}-\Omega^{2}\right) \int d \mathbf{r} \rho^{2} n+\frac{U_{0}}{2} \int d \mathbf{r} n^{2}, \tag{9.57}
\end{equation*}
$$

where $n=|\psi|^{2}$ is the particle density. We are interested in situations where there are many vortices. Due to the nodes of the wave function at the vortex positions, the particle density varies rapidly on the scale of the vortex spacing and it is therefore convenient to introduce coarse-grained averages, denoted by a bar, of the density and the square of the density taken over distances large compared with the vortex spacing, but small compared with the size of the cloud. ${ }^{3}$ The energy (9.57) in the rotating frame is thus given by

$$
\begin{align*}
E^{\prime}= & \hbar \Omega \int d \mathbf{r} \bar{n}+\frac{1}{2} m\left(\omega_{\perp}^{2}-\Omega^{2}\right) \int d \mathbf{r} \rho^{2} n+\frac{U_{0}}{2} \int d \mathbf{r} n^{2} \\
& =N \hbar \Omega+\frac{1}{2} m\left(\omega_{\perp}^{2}-\Omega^{2}\right) \int d \mathbf{r} \rho^{2} \bar{n}+\beta \frac{U_{0}}{2} \int d \mathbf{r} \bar{n}^{2} \tag{9.58}
\end{align*}
$$

where the inhomogeneity parameter $\beta$ is defined by

$$
\begin{equation*}
\beta \equiv \frac{\overline{n^{2}}}{\bar{n}^{2}} \tag{9.59}
\end{equation*}
$$

For a regular triangular lattice, one finds $\beta \approx 1.1596$ for the wave function (9.56) [29]. To a good first approximation, the vortices lie on a regular triangular lattice, and therefore we may take $\beta$ to be independent of position. The expression (9.58) has a form similar to that derived from ideal-fluid hydrodynamics for slow rotation, Eq. (9.50).

The energetically most favourable density distribution may be determined by minimizing $E^{\prime}$ with respect to the coarse-grained density distribution, subject to the condition that the total number of particles is fixed, and this gives

$$
\begin{equation*}
\beta U_{0} \bar{n}=\mu^{\prime}-\hbar \Omega-\frac{1}{2} m\left(\omega_{\perp}^{2}-\Omega^{2}\right) \rho^{2} \tag{9.60}
\end{equation*}
$$

or

$$
\begin{equation*}
\bar{n}(\rho)=\bar{n}(0)\left(1-\rho^{2} / R_{\perp}^{2}\right), \tag{9.61}
\end{equation*}
$$

where $R_{\perp}=\left[2\left(\mu^{\prime}-\hbar \Omega\right) / m\left(\omega_{\perp}^{2}-\Omega^{2}\right)\right]^{1 / 2}$ and $\bar{n}(0)=\left(\mu^{\prime}-\hbar \Omega\right) / \beta U_{0}, \mu^{\prime}$ being the chemical potential in the rotating frame. This shows that the density

[^30]profile has a Thomas-Fermi form analogous to that for a non-rotating condensate, Eq. (6.31), but with addition of the centrifugal term to the potential and with the strength of the effective two-body interaction increased by inhomogeneity.

For the LLL wave function (9.56), there is a remarkable relationship between the density of particles and the density of vortices. To see this, we evaluate $\nabla^{2} \ln n=\nabla^{2} \ln |\psi|^{2}=\nabla^{2}\left(2 \sum_{i} \ln \left|\rho-\rho_{i}\right|-\rho^{2} / a_{\perp}^{2}\right)$. This gives

$$
\begin{equation*}
\frac{1}{4 \pi} \nabla^{2} \ln n=\sum_{i} \delta\left(\zeta-\zeta_{i}\right)-\frac{1}{\pi a_{\Omega}^{2}} . \tag{9.62}
\end{equation*}
$$

Taking the coarse-grained average of Eq. (9.62), one finds

$$
\begin{equation*}
\bar{n}_{\mathrm{v}}=\frac{1}{\pi a_{\Omega}^{2}}+\frac{1}{4 \pi} \nabla^{2} \ln \bar{n}, \tag{9.63}
\end{equation*}
$$

where $\bar{n}_{\mathrm{v}}$ is the coarse-grained average of the density of vortices per unit area. In deriving this result we used the result that the coarse-grained average of $\nabla^{2} \ln n$ is equal to $\nabla^{2} \ln \bar{n} .{ }^{4}$ Equation (9.63) shows that, for a wave function containing only components in the lowest Landau level, the density of vortices is equal to the value $m \Omega / \pi \hbar=1 / \pi a_{\Omega}^{2}$ for rigid-body rotation if the coarse-grained particle density is uniform. If the number of vortices $N_{\mathrm{v}}$ is large compared to unity, the vortex density is close to that for rigid body rotation, since the gradient term is of order $a_{\Omega}^{2} / R_{\perp}^{2} \sim 1 / N_{\mathrm{v}}, R_{\perp}$ being the radius of the cloud perpendicular to the rotation axis. Conversely, the density distribution for the LLL wave function is very sensitive to the distribution of vortex lines. The vortex density for the density profile (9.61) may be calculated from Eq. (9.63), and it is given by

$$
\begin{equation*}
\bar{n}_{\mathrm{v}}=\frac{1}{\pi a_{\Omega}^{2}}-\frac{1}{\pi R_{\perp}^{2}} \frac{1}{\left(1-\rho^{2} / R_{\perp}^{2}\right)^{2}} . \tag{9.64}
\end{equation*}
$$

It is instructive to express the results in terms of the radial displacement $\boldsymbol{\epsilon}=\epsilon_{\rho} \hat{\boldsymbol{\rho}}$ of the vortex positions in an array that is initially uniform. From conservation of the number of vortices it follows that the relative change in the vortex density is given by $\delta \bar{n}_{\mathrm{V}} / \bar{n}_{\mathrm{v}} \simeq-\boldsymbol{\nabla} \cdot \boldsymbol{\epsilon}=\left(a_{\Omega}^{2} / 4\right) \nabla^{2} \ln \bar{n}$, where the latter expression follows from Eq. (9.63). Thus on integrating this equation

[^31]one finds $\boldsymbol{\epsilon}=-\left(a_{\Omega}^{2} / 4\right) \nabla \ln \bar{n}$, from which it follows that for the density profile (9.61) the displacement is
\[

$$
\begin{equation*}
\epsilon_{\rho}=\frac{a_{\Omega}^{2}}{2 R_{\perp}^{2}} \frac{\rho}{1-\rho^{2} / R_{\perp}^{2}} . \tag{9.65}
\end{equation*}
$$

\]

The displacement vanishes at the origin, and is typically of order $a_{\Omega}^{2} / R_{\perp}$, but for the outermost vortices, for which $R_{\perp}-\rho \lesssim a_{\Omega}$, the displacement is comparable to the lattice spacing.

So far we have considered systems uniform in the $z$ direction. If there is a harmonic potential $m \omega_{z}^{2} z^{2} / 2$, the dependence of the wave function on $z$ will be given by the ground state wave function $\left(\pi a_{z}^{2}\right)^{-1 / 4} \exp \left(-z^{2} / 2 a_{z}^{2}\right)$. It is left as a problem (Problem 9.5) to demonstrate that the density distribution in the $x y$ plane is the same as that of a system uniform in the $z$ direction with $N / \sqrt{2 \pi} a_{z}$ particles per unit length. The density of particles in a vortex lattice has been examined experimentally [30] and the results are in good agreement with the theoretical predictions described here [31].

## Beyond the Gross-Pitaevskii approximation

As we have seen in this section, a system with a fixed number of particles becomes increasingly two-dimensional as the rotation rate approaches the transverse trap frequency. The effective trapping frequency perpendicular to the axis of the trap is reduced, the cloud expands and the interaction energy becomes smaller, and consequently the dependence of the wave function on the coordinate in the axial direction of the trap is determined by the lowest single-particle level for the trapping potential acting in the axial direction.
Numerical calculations of the wave function for small numbers of particles have been carried out in the limit when the interactions between particles are so weak that the mean field energy $n U_{0}$ is much less than $\hbar \Omega$ [32]. This work indicates that the Gross-Pitaevskii assumption that all particles are in the same microscopic state fails when the ratio $\nu=N / N_{\mathrm{v}}$ of the number of particles $N$ to the number of vortices $N_{\mathrm{v}}$ becomes less than about 6 . Physically, this is a consequence of the vortex lattice melting as a result of the zero-point fluctuations of the Tkachenko modes, to be discussed in the following section, and calculations based on this idea give good agreement with the numerical ones [33].

At higher rotation rates, the numerical calculations indicate that the system undergoes transitions to a number of novel correlated states similar to those studied in connection with the quantum Hall effect for electrons $[34,35]$. Experimentally, it is a challenge to realize these states be-
cause it is difficult to make rotating clouds in which the number of vortices is comparable to the number of particles.

It is instructive to compare rotating Bose gases with type II superconductors. While these superconductors become normal when the separation of flux lines is comparable to the radius of the core of an isolated flux line, vortex lattices in Bose gases can remain stable even in situations when the vortex spacing is less than the core size of an isolated vortex, which is given by the coherence length $\xi$.

### 9.6 Collective modes in a vortex lattice

Research on rotating Bose gases has branched out in many different directions. As an example we discuss the collective oscillations of a vortex lattice, which are influenced by the Coriolis force. For low rotation rates, the properties of modes may be determined from the equations of hydrodynamics, as we did for the equilibrium structure in Sec. 9.3.3. A qualitatively new feature is introduced by the discreteness of vortices, which leads to torsional oscillations of the vortex lattice, first predicted by Tkachenko [15]. Evidence for these modes in liquid ${ }^{4} \mathrm{He}$ has been reported [36], but the clearest demonstration of their existence is provided by experiments on a Bose-Einstein condensed gas of ${ }^{87} \mathrm{Rb}$ atoms [37]. Here we describe the hydrodynamic approach to oscillations of a vortex lattice and solve the equations for the case of a uniform medium. Our discussion builds on Ref. [38], where references to earlier work may be found.

We shall consider waves in a triangular lattice of vortex lines parallel to the $z$ axis, and treat the case where the waves propagate in the $x y$ plane. The harmonic trapping potential is given by $m \omega_{\perp}^{2}\left(x^{2}+y^{2}\right) / 2$. In the longwavelength limit the vortex lattice may be treated by elasticity theory, provided one works with quantities that are averaged over a volume containing many vortices, as in the previous section. To avoid complicating the notation we shall not indicate the bar explicitly in what follows, but caution the reader that such averaging is always understood. This in turn limits the validity of our approach to wavelengths that are long compared to the intervortex spacing.

To specify the system, we shall use the usual hydrodynamic variables $n$ and $\mathbf{v}$, the coarse-grained averages of the particle density and superfluid velocity, supplemented by information about the lattice, whose configuration is characterized by the displacement field $\boldsymbol{\epsilon}=\left(\epsilon_{x}(x, y), \epsilon_{y}(x, y)\right)$ which describes the deviation of the vortex positions from a regular triangular lattice corresponding to an average rotational angular velocity $\Omega$.


Fig. 9.3 Observation of Tkachenko oscillations of the vortex lattice in a rotating Bose-Einstein condensate. The oscillation is excited by removing atoms at the centre of the condensate with a focused laser beam. The two panels (A and B) are expansion images of the clouds at two different times after the laser pulse is turned off. (From Ref. [37].)

We now write the linearized hydrodynamic equations in the frame of reference rotating with angular velocity $\boldsymbol{\Omega}$ [14]. The continuity equation is

$$
\begin{equation*}
\frac{\partial n}{\partial t}+\nabla \cdot \mathbf{g}=0 \tag{9.66}
\end{equation*}
$$

The quantity $\mathbf{g}$ is the particle current density in the rotating frame. Since there are two velocities in the problem (the fluid velocity $\mathbf{v}$ and the velocity $\dot{\boldsymbol{\epsilon}} \equiv \partial \boldsymbol{\epsilon} / \partial t$ of the vortex lattice), $\mathbf{g}$ must be of the general form

$$
\begin{equation*}
\mathbf{g}=n_{1} \mathbf{v}+n_{2} \dot{\boldsymbol{\epsilon}}, \tag{9.67}
\end{equation*}
$$

where $n_{1}$ and $n_{2}$ are coefficients. The first term in Eq. (9.67) represents the flow of particles when the vortex lattice is static, while the second represents flow associated with dragging of particles by the vortex lattice, an effect sometimes referred to as 'backflow' in the literature. The analogous effect for a particle moving in a crystal lattice leads to the difference between the bare mass and the effective mass. From Galilean invariance it follows that when $\mathbf{v}=\dot{\boldsymbol{\epsilon}}$ the particle current density is $n \mathbf{v}$, and therefore $n_{1}+n_{2}=n$. In this section we shall confine the discussion to the case when the radial extent of a vortex core is small compared with the spacing between vortices. Under these conditions, the additional term may be neglected, and the particle current density is simply $n \mathbf{v}$.

Next we turn to momentum conservation. The momentum density is $m \mathbf{g}$, which is equal to $m n \mathbf{v}$ in the case of small vortex cores. The condition for momentum conservation expressed in terms of variables in the rotating frame is then

$$
\begin{equation*}
m n \frac{\partial \mathbf{v}}{\partial t}=-2 m n \boldsymbol{\Omega} \times \mathbf{v}-n \boldsymbol{\nabla} V_{\mathrm{eff}}-\nabla p+\mathbf{f} \tag{9.68}
\end{equation*}
$$

The first term on the right-hand side of (9.68) represents the Coriolis force, while the second term, with $V_{\text {eff }}=m\left(\omega_{\perp}^{2}-\Omega^{2}\right)\left(x^{2}+y^{2}\right) / 2$ arises from the trap potential and the centrifugal force. The quantity $\mathbf{f}$ is the force per unit volume arising from displacements of the vortex positions, and there are two sorts of contribution. One is due to distortion of the lattice, which is given in terms of the strain tensor $u_{i k}=\left(\partial \epsilon_{i} / \partial x_{k}+\partial \epsilon_{k} / \partial x_{i}\right) / 2$ with $x_{i}=x, y$. We shall take the axis of rotation to be in the $z$ direction, and shall further limit ourselves to the case of two-dimensional motion, in which $\mathbf{v}$ and $\boldsymbol{\epsilon}$ are independent of $z$. The elastic energy density $\mathcal{E}_{\text {el }}$ is thus given by the expression for a system with hexagonal symmetry [39], without the terms that involve derivatives with respect to the $z$ coordinate,

$$
\begin{equation*}
\mathcal{E}_{\mathrm{el}}=2 C_{1}\left(u_{x x}+u_{y y}\right)^{2}+C_{2}\left[\left(u_{x x}-u_{y y}\right)^{2}+2 u_{x y}^{2}+2 u_{y x}^{2}\right] \tag{9.69}
\end{equation*}
$$

The stress tensor is $\sigma_{i k}=\partial \mathcal{E}_{\text {el }} / \partial u_{i k}$, which yields

$$
\begin{equation*}
\sigma_{x x}=\left(4 C_{1}+2 C_{2}\right) u_{x x}+\left(4 C_{1}-2 C_{2}\right) u_{y y} \text { and } \sigma_{x y}=4 C_{2} u_{x y} \tag{9.70}
\end{equation*}
$$

The $x$ and $y$ components of the elastic contributions to the force $\mathbf{f}$ due to the internal stresses are thus given by

$$
\begin{equation*}
\left(f_{\mathrm{el}}\right)_{x}=\frac{\partial \sigma_{x x}}{\partial x}+\frac{\partial \sigma_{x y}}{\partial y}, \quad\left(f_{\mathrm{el}}\right)_{y}=\frac{\partial \sigma_{y x}}{\partial x}+\frac{\partial \sigma_{y y}}{\partial y} \tag{9.71}
\end{equation*}
$$

A second contribution to the force arises from the fact that, in an inhomogeneous medium, the energy of the vortex lattice depends on the local density. Thus displacement of the lattice locally even without strain will change the energy. This gives rise to terms in the energy density varying as $\boldsymbol{\epsilon} \cdot \boldsymbol{\nabla} n,(\boldsymbol{\epsilon} \cdot \boldsymbol{\nabla})^{2} n$, and $(\boldsymbol{\epsilon} \cdot \boldsymbol{\nabla} n)^{2}$. The force contains terms independent of $\boldsymbol{\epsilon}$ and linear in $\boldsymbol{\epsilon}$, and in a steady state in the rotating frame the distortion is determined by balancing this force by the elastic and Coriolis terms for the distorted lattice. This is the physics underlying the calculation of lattice distortion for high rotation rates given in Sec. 9.5.

A further condition may be derived from the quantization of circulation, or alternatively conservation of the number of vortices. This gives the con-
tinuity equation

$$
\begin{equation*}
\frac{\partial n_{\mathrm{v}}}{\partial t}+\boldsymbol{\nabla} \cdot\left(n_{\mathrm{v}} \dot{\boldsymbol{\epsilon}}\right)=0 \tag{9.72}
\end{equation*}
$$

since the vortex velocity is $\dot{\boldsymbol{\epsilon}}$. The average vortex density $n_{\mathrm{v}}$ is given by the circulation per unit area, divided by the quantum of circulation, $h / m$. The velocity in the lab frame is $\boldsymbol{\Omega} \times \mathbf{r}+\mathbf{v}$, and therefore the vortex density is proportional to the magnitude of $2 \boldsymbol{\Omega}+\boldsymbol{\nabla} \times \mathbf{v}$. Equation (9.72) when linearized then gives

$$
\begin{equation*}
\frac{\partial(\boldsymbol{\nabla} \times \mathbf{v})}{\partial t}+2 \boldsymbol{\Omega}(\boldsymbol{\nabla} \cdot \dot{\boldsymbol{\epsilon}})=0 \quad \text { or } \quad \boldsymbol{\nabla} \times\left(\frac{\partial \mathbf{v}}{\partial t}+2 \boldsymbol{\Omega} \times \dot{\boldsymbol{\epsilon}}\right)=0, \tag{9.73}
\end{equation*}
$$

from which it follows that

$$
\begin{equation*}
\frac{\partial \mathbf{v}}{\partial t}+2 \boldsymbol{\Omega} \times \dot{\boldsymbol{\epsilon}}=-\nabla W \tag{9.74}
\end{equation*}
$$

where the quantity $W$ is a scalar. To identify $W$ we consider the case of a lattice which is stationary in the rotating frame, $\dot{\boldsymbol{\epsilon}}=0$, in which case one has $\partial \mathbf{v} / \partial t=-\nabla W$. This says that the changes in the velocity correspond to potential flow and, with the definition $\Phi(t) \equiv-(m / \hbar) \int_{t_{0}}^{t} d t^{\prime} W\left(t^{\prime}\right)$, one finds $\mathbf{v}(t)-\mathbf{v}\left(t_{0}\right)=(\hbar / m) \boldsymbol{\nabla}\left[\Phi(t)-\Phi\left(t_{0}\right)\right]$, which is reminiscent of the expression (7.14) for the superfluid velocity. Thus it is natural to regard $\Phi$ as a coarsegrained average of the phase of the wave function when the rapid spatial phase variations due to the vortices have been removed. In a spatially uniform system, the time rate of change of the phase (times $\hbar$ ) is given in terms of the energy $E^{\prime}$ in the rotating frame by $-\left(E_{N+1}^{\prime}-E_{N}^{\prime}\right)=-\partial \mathcal{E}^{\prime} / \partial n=-\mu^{\prime}$, where $\mu^{\prime}$ is the chemical potential in the rotating frame. Here the prime on $\mu$ is included to remind the reader that the quantity is to be evaluated in the rotating frame. For a system in which spatial variations are small on scales of the vortex spacing, the rate of change of the phase locally may be approximated by the corresponding expression but with the global chemical potential replaced by the chemical potential evaluated at the local density, plus the trapping and centrifugal potentials, or

$$
\begin{equation*}
W=\mu^{\prime}+V_{\mathrm{eff}} . \tag{9.75}
\end{equation*}
$$

For low rates of rotation, the chemical potential is given by $\mu^{\prime}=n U_{0}$ to a good approximation, but at higher rotation rates there are contributions due to the inhomogeneity of the density on length scales comparable to the vortex separation, which increases the interaction energy and also gives rise to kinetic energy. On combining Eq. (9.74) and (9.75) we find

$$
\begin{equation*}
\frac{\partial \mathbf{v}}{\partial t}=-2 \boldsymbol{\Omega} \times \frac{\partial \boldsymbol{\epsilon}}{\partial t}-\frac{1}{m} \boldsymbol{\nabla}\left(\mu^{\prime}+V_{\mathrm{eff}}\right) . \tag{9.76}
\end{equation*}
$$

At zero temperature, the pressure and the chemical potential are related by the condition $d p=n d \mu^{\prime}$ and therefore it follows from Eqs. (9.68) and (9.76) that

$$
\begin{equation*}
\mathbf{f}_{\text {Magnus }}+\mathbf{f}=0, \tag{9.77}
\end{equation*}
$$

where

$$
\begin{equation*}
\mathbf{f}_{\text {Magnus }}=-2 m n \boldsymbol{\Omega} \times(\mathbf{v}-\dot{\boldsymbol{\epsilon}}) \tag{9.78}
\end{equation*}
$$

is the so-called Magnus (or lift) force, which is due to flow of fluid past the vortex. In the small-core approximation that we are using, the effective mass of a vortex is zero, and Eq. (9.77) expresses the condition that the total force acting on the vortices is zero. The length of vortex line per unit volume is $2 \Omega$ divided by the quantum of circulation $h / m$, and therefore the Magnus force per unit length of a vortex line is

$$
\begin{equation*}
\frac{\pi \hbar}{m \Omega} \mathbf{f}_{\mathrm{Magnus}}=-n m \boldsymbol{\kappa} \times(\mathbf{v}-\dot{\boldsymbol{\epsilon}}), \tag{9.79}
\end{equation*}
$$

where $\boldsymbol{\kappa}=(h / m) \hat{z}$ is the circulation of a vortex line, regarded as a vector directed along the vortex line. In aerodynamics the Magnus force provides the lift on the wing of an aeroplane.

We now calculate collective modes. Since the theory has yet to be worked out with allowance for backflow and inhomogeneity of the cloud we shall assume that $V_{\text {eff }}$ is zero (and as a result the system is infinite in extent). We shall also assume that vortex cores occupy a sufficiently small fraction of space that backflow may be neglected. In equilibrium, when $\mathbf{v}=\dot{\boldsymbol{\epsilon}}=0$, it follows from Eqs. (9.68) and (9.76) that $p+n V_{\text {eff }}$ and $\mu+V_{\text {eff }}$ are constant everywhere in space. Out of equilibrium, the collective modes of the vortex lattice couple $\mathbf{v}$ and $\boldsymbol{\epsilon}$ to small changes $d p$ and $d \mu$ in the pressure and the chemical potential. At zero temperature, which we consider here, the pressure gradient $\nabla p$ can be related to the gradient in chemical potential using $d p=n d \mu$. Since $n d \mu=m s^{2} d n$, where $s$ is the sound velocity (see the discussion below Eq. (7.34)), the gradient in chemical potential can therefore be expressed in terms of the density gradient according to the relation

$$
\begin{equation*}
\boldsymbol{\nabla} \mu=\frac{m s^{2}}{n} \nabla n . \tag{9.80}
\end{equation*}
$$

Since the elastic properties of a two-dimensional triangular lattice are isotropic in the $x y$ plane [39], we may take the direction of propagation of the wave to be parallel to the $x$ axis. This simplifies the equations, since
there is no longer any dependence on $y$. The continuity equation is

$$
\begin{equation*}
\frac{\partial n}{\partial t}+n \frac{\partial v_{x}}{\partial x}=0 \tag{9.81}
\end{equation*}
$$

while momentum conservation, Eq. (9.68), results in the two equations

$$
\begin{equation*}
\frac{\partial v_{x}}{\partial t}-2 \Omega v_{y}=\frac{1}{m}\left(-\frac{\partial \mu}{\partial x}+\frac{f_{x}}{n}\right) \tag{9.82}
\end{equation*}
$$

and

$$
\begin{equation*}
\frac{\partial v_{y}}{\partial t}+2 \Omega v_{x}=\frac{1}{m n} f_{y} \tag{9.83}
\end{equation*}
$$

where the elastic stress force is given by

$$
\begin{equation*}
f_{x}=\left(4 C_{1}+2 C_{2}\right) \frac{\partial^{2} \epsilon_{x}}{\partial x^{2}} \text { and } f_{y}=2 C_{2} \frac{\partial^{2} \epsilon_{y}}{\partial x^{2}} \tag{9.84}
\end{equation*}
$$

The $y$ component of the acceleration equation (9.76) yields

$$
\begin{equation*}
\frac{\partial}{\partial t}\left(v_{y}+2 \Omega \epsilon_{x}\right)=0 \tag{9.85}
\end{equation*}
$$

The other component of the acceleration equation (9.76) is

$$
\begin{equation*}
\frac{\partial v_{x}}{\partial t}-2 \Omega \frac{\partial \epsilon_{y}}{\partial t}=-\frac{1}{m} \frac{\partial \mu}{\partial x}=-\frac{s^{2}}{n} \frac{\partial n}{\partial x} \tag{9.86}
\end{equation*}
$$

where the final form follows from Eq. (9.80).
In order to find the dispersion relation of the collective modes we write the density as $n=n_{\text {eq }}+\delta n$ and look for solutions with the space and time variation $\exp (i k x-i \omega t)$. Equation (9.85) gives $v_{y}=-2 \Omega \epsilon_{x}$, which allows us to eliminate $v_{y}$, thereby giving four equations for $\delta n, v_{x}, \epsilon_{x}$, and $\epsilon_{y}$ :

$$
\begin{gather*}
-i \omega \delta n+n i k v_{x}=0  \tag{9.87}\\
-i \omega v_{x}+(2 \Omega)^{2} \epsilon_{x}+\frac{4 C_{1}+2 C_{2}}{n m} k^{2} \epsilon_{x}+\frac{s^{2}}{n} i k \delta n=0  \tag{9.88}\\
2 \Omega i \omega \epsilon_{x}+2 \Omega v_{x}+\frac{2 C_{2}}{n m} k^{2} \epsilon_{y}=0 \tag{9.89}
\end{gather*}
$$

and

$$
\begin{equation*}
-i \omega v_{x}+2 \Omega i \omega \epsilon_{y}+\frac{s^{2}}{n} i k \delta n=0 \tag{9.90}
\end{equation*}
$$

These equations may be expressed in terms of a $4 \times 4$ matrix, and they have solutions provided the determinant of the matrix is equal to zero. This yields the condition

$$
\begin{equation*}
\omega^{4}-\omega^{2} \omega_{1}^{2}+\omega_{2}^{4}=0 \tag{9.91}
\end{equation*}
$$

with

$$
\begin{equation*}
\omega_{1}^{2}=4 \Omega^{2}+\left(s^{2}+\frac{4\left(C_{1}+C_{2}\right)}{n m}\right) k^{2} \tag{9.92}
\end{equation*}
$$

and

$$
\begin{equation*}
\omega_{2}^{4}=\frac{2 s^{2} C_{2} k^{4}}{n m}\left(1+\frac{\left(C_{1}+C_{2}\right) k^{2}}{2 \Omega^{2} n m}\right) \tag{9.93}
\end{equation*}
$$

from which one finds two solutions for $\omega^{2}$.
The result simplifies in the limit where the elastic constants vanish:

$$
\begin{equation*}
\omega^{2}=(2 \Omega)^{2}+s^{2} k^{2} \tag{9.94}
\end{equation*}
$$

whereas the other solution has vanishing frequency. The $k=0$ limit of (9.94) is an inertial wave familiar from the physics of rotating fluids, while its large- $k$ limit represents a sound wave, $\omega=s k$. When the elastic forces are taken into account, both modes have non-zero frequencies. In the limit $4\left(C_{1}+C_{2}\right) \ll n m s^{2}$, the dispersion relations of the two modes are seen to be given by (9.94) and by

$$
\begin{equation*}
\omega^{2}=\frac{s^{2} k^{2}}{4 \Omega^{2}+s^{2} k^{2}} \frac{2 C_{2} k^{2}}{n m} \tag{9.95}
\end{equation*}
$$

The latter is the Tkachenko mode. In the limit $\hbar \Omega \ll m s^{2}$ the values of the elastic constants are $C_{1}=-C_{2}=-\hbar n \Omega / 8[15,40]$. The polarization of the Tkachenko mode (9.95) is the topic of Problem 9.6. At large $k$ the frequency of the Tkachenko mode is linear in $k$ and proportional to the square root of the elastic constant $C_{2}$, similar to a shear wave in an isotropic solid. For $k \ll \Omega / s$ (corresponding to wavelengths much longer than $a_{\Omega}^{2} / \xi$ ) the mode softens, and its frequency is seen from (9.95) to be proportional to $k^{2}$. Figure 9.3 shows observations of Tkachenko oscillations of a vortex lattice in a rotating Bose-Einstein condensate.

## Problems

Problem 9.1 Calculate the condensate wave function for a vortex in a uniform Bose gas in the Thomas-Fermi approximation, in which one neglects the term in the energy containing radial gradients of the wave function. Show that the condensate wave function vanishes for $\rho \leq|\ell| \xi$, where $\ell$ is the number of quanta of circulation of the vortex and $\xi$ is the coherence length far from the vortex. Show that to logarithmic accuracy the vortex energy per unit length is $\pi \hbar^{2}(n / m) \ell^{2} \ln [R /|\ell| \xi]$, $n$ being the density far from the vortex. Compare this result with the exact one for a vortex line with a single quantum of circulation. When the radial gradient terms are included
in the calculation, particles tunnel into the centrifugal barrier at small radii, yielding a condensate wave function which for small $\rho$ has the $\rho^{|\ell|}$ behaviour familiar for free particles.

Problem 9.2 Calculate the vortex energy from (9.17) using the trial solution given by (9.20), and show that it is a minimum for $\alpha=2$.
Problem 9.3 Consider two parallel vortices with circulations $\ell_{1}$ and $\ell_{2}$ separated by a distance $d$ within a cylindrical container of radius $R$. The mass density of the medium is uniform, $\rho=n m$. Show that the interaction energy per unit length of the vortices is given in terms of their velocity fields $\mathbf{v}_{1}$ and $\mathbf{v}_{2}$ by

$$
\epsilon_{\mathrm{int}}=\rho \int d^{2} \mathbf{r} \mathbf{v}_{1} \cdot \mathbf{v}_{2} \simeq \frac{2 \pi \ell_{1} \ell_{2} \hbar^{2} n}{m} \ln \frac{R}{d},
$$

where the final expression holds for $R \gg d$ and $d \gg \xi$.
Problem 9.4 Calculate the energy of a rectilinear vortex in a uniform fluid contained in a cylinder of radius $R$ when the vortex is coaxial with the cylinder and at a distance $b$ from the axis of the cylinder. [Hint: The problem is equivalent to that of evaluating the capacitance of two parallel cylindrical conductors of radii $R$ and $\xi$ whose axes are displaced with respect to each other by an amount $b$. See, e.g., Ref. [41].]

Problem 9.5 Consider $N$ particles in an anisotropic trap,

$$
V=\frac{m}{2} \omega_{\perp}^{2}\left(x^{2}+y^{2}\right)+\frac{m}{2} \omega_{z}^{2} z^{2}
$$

rotating at an angular velocity $\Omega$ about the $z$ axis. When interactions are sufficiently weak, the dependence of the wave function on $z$ is that of the ground-state wave function for an oscillator of frequency $\omega_{z}$. Show that the density distribution in the $x y$ plane is the same as that of a system uniform in the $z$ direction with $N / \sqrt{2 \pi} a_{z}$ particles per unit length. Under which conditions is this ansatz for the wave function a good approximation?

Problem 9.6 Plot the mode frequencies obtained from the solutions to (9.91) in units of $2 \Omega$, as functions of $s k / \Omega$, using $C_{1}=-C_{2}=-\hbar n \Omega / 8$ (choose, for instance, a rotational frequency $\Omega$ given by $\hbar \Omega / m s^{2}=0.1$ ). Eliminate $\delta n$ and $v_{x}$ from the equations (9.87)-(9.90) and show that the displacement field $\epsilon$ in the Tkachenko mode is elliptically polarized. Find the ratio between the maximum values of $\epsilon_{x}$ and $\epsilon_{y}$ for this mode as a function of $s k / \Omega$.

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## Superfluidity

In the previous chapter we described quantized vortex lines, which are one of the characteristic features of superfluids. In a classical fluid, the circulation of vortex lines is not quantized and, in addition, vortex lines decay because of viscous processes. Another feature of a superfluid, the lack of response to rotation for a small enough angular velocity, was also demonstrated. This is analogous to the Meissner effect for superconductors. One characteristic common to superfluids and superconductors is the ability to carry currents without dissipation. Such current-carrying states are not the lowest-energy state of the system. They are metastable states, the existence of which is intimately connected to the nature of the low-lying elementary excitations. The word 'superfluidity' does not refer to a single property of the system, but it is used to describe a variety of different phenomena (see Ref. [1]).

Historically, the connection between superfluidity and the existence of a condensate, a macroscopically occupied quantum state, dates back to Fritz London's suggestion in 1938, as we have described in Chapter 1. However, the connection between Bose-Einstein condensation and superfluidity is a subtle one. A Bose-Einstein condensed system does not necessarily exhibit superfluidity, an example being the ideal Bose gas for which the critical velocity vanishes, as demonstrated in Sec. 10.1 below. Also lower-dimensional systems may exhibit superfluid behaviour in the absence of a true condensate, as we shall see in Chapter 15.

Phenomenologically, a very successful account of many properties of superfluids and superconductors has been given on the basis of a two-fluid description, in which the superfluid is imagined to be made up of two interpenetrating fluids, one of which behaves as a normal liquid, and the other as an ideal fluid. Microscopically, such a model may be developed from the picture of a superfluid as being comprised of a condensate and elementary excitations, which has formed the basis for the earlier chapters of this book.

In Chapter 8 we have seen how physical properties such as the energy and the density of a Bose-Einstein condensed system may be expressed in terms of a contribution from the condensate, plus one from the elementary excitations, and in this chapter we shall consider further developments of this basic idea to other situations.
As a first application of the concept of elementary excitations, we determine the critical velocity for creation of an excitation in a homogeneous system (Sec. 10.1). Following that, we show how to express the momentum density in terms of the velocity of the condensate and the distribution function for excitations. This provides the basis for a two-component description, the two components being the condensate and the thermal excitations (Sec. 10.2 ), and in Sec. 10.3 we apply it to dynamical processes.

To describe the state of a superfluid, one must specify the condensate velocity, in addition to the variables needed to characterize the state of an ordinary fluid. As a consequence, the collective behaviour of a superfluid is richer than that of an ordinary one. Collective modes are most simply examined when excitations collide frequently enough that they are in local thermodynamic equilibrium. Under these conditions the excitations may be regarded as a fluid, and a hydrodynamic description is possible. This is referred to as the two-fluid model. As an illustration, we show in Sec. 10.4 that, as a consequence of the additional macroscopic variable, there are two sound-like modes, so-called first and second sound, rather than the single sound mode in an ordinary fluid.

When collisions are so infrequent that local thermodynamic equilibrium is not established, the dynamics of the excitations must be treated microscopically. In Sec. 10.5 we illustrate this approach by considering the damping and frequency shift of low-frequency collective modes of the condensate due to coupling to thermal excitations.

### 10.1 The Landau criterion

Consider a uniform Bose-Einstein condensed liquid in its ground state. Imagine that a heavy obstacle moves through the liquid at a constant velocity $v$, and let us ask at what velocity it becomes possible for excitations to be created. In the reference frame in which the fluid is at rest, the obstacle exerts a time-dependent potential on the particles in the fluid. To simplify the analysis it is convenient to work in the frame in which the obstacle is at rest. If the energy of a system in one frame of reference is $E$, and its momentum is $\mathbf{p}$, the energy in a frame moving with velocity $\mathbf{v}$ is given by
the standard result for Galilean transformations,

$$
\begin{equation*}
E(\mathbf{v})=E-\mathbf{p} \cdot \mathbf{v}+\frac{1}{2} M v^{2}, \tag{10.1}
\end{equation*}
$$

where $M=N m$ is the total mass of the system. Thus in the frame moving with the obstacle the energy of the ground state, which has momentum zero in the original frame, is

$$
\begin{equation*}
E(\mathbf{v})=E_{0}+\frac{1}{2} N m v^{2} \tag{10.2}
\end{equation*}
$$

$E_{0}$ being the ground-state energy in the frame where the fluid is at rest.
Consider now the state with a single excitation of momentum $\mathbf{p}$. In the original frame the energy is

$$
\begin{equation*}
E_{\text {ex }}=E_{0}+\epsilon_{p}, \tag{10.3}
\end{equation*}
$$

and therefore the energy in the frame moving with the obstacle is

$$
\begin{equation*}
E_{\mathrm{ex}}(\mathbf{v})=E_{0}+\epsilon_{p}-\mathbf{p} \cdot \mathbf{v}+\frac{1}{2} N m v^{2} . \tag{10.4}
\end{equation*}
$$

Consequently, the energy in the moving frame needed to create an excitation is $\epsilon_{p}-\mathbf{p} \cdot \mathbf{v}$, the difference between (10.4) and (10.2). In the frame of the obstacle, the potential produced by it is static, and therefore the obstacle is unable to transfer energy to the fluid. Thus at a velocity

$$
\begin{equation*}
v=\frac{\epsilon_{p}}{p}, \tag{10.5}
\end{equation*}
$$

that is, when the phase velocity of the excitation is equal to the velocity of the fluid relative to the obstacle, it becomes possible kinematically for the obstacle to create an excitation with momentum parallel to $\mathbf{v}$. For higher velocities, excitations whose momenta make an angle $\cos ^{-1}\left(\epsilon_{p} / p v\right)$ with the velocity vector $\mathbf{v}$ may be created. This process is the analogue of the Cherenkov effect, in which radiation is emitted by a charged particle passing through a material at a speed in excess of the phase velocity of light in the medium. The minimum velocity at which it is possible to create excitations is given by

$$
\begin{equation*}
v_{\mathrm{c}}=\min \left(\frac{\epsilon_{p}}{p}\right), \tag{10.6}
\end{equation*}
$$

which is referred to as the Landau critical velocity. For velocities less than the minimum value of $\epsilon_{p} / p$, it is impossible to create excitations. There is consequently no mechanism for degrading the motion of the condensate, and the liquid will exhibit superfluidity.

Equation (10.6) shows that the excitations created at the lowest velocity
are those with the lowest phase velocity. In a uniform, Bose-Einstein condensed gas, for which the spectrum is given by the Bogoliubov expression (8.31), the phase velocity may be written as $s\left[1+(p / 2 m s)^{2}\right]^{1 / 2}$. Therefore the lowest critical velocity is the sound speed, and the corresponding excitations are long-wavelength sound waves. This situation should be contrasted with that in liquid ${ }^{4} \mathrm{He}$. If the relevant excitations were those given by the standard phonon-roton dispersion relation (Fig. 1.1), which is not convex everywhere, the lowest critical velocity would correspond to creation of rotons, which have finite wavelengths. However, the critical velocity observed in experiments is generally lower than this, an effect which may be accounted for by the creation of vortex rings, which have a phase velocity lower than that of phonons and rotons. We remark in passing, that for the non-interacting Bose gas, the critical velocity is zero, since the phase velocity of free particles, $p / 2 m$, vanishes for $p=0$. For this reason Landau argued that the picture of liquid ${ }^{4} \mathrm{He}$ as an ideal Bose gas was inadequate for explaining superfluidity. As the Bogoliubov expression (7.31) for the excitation spectrum of the dilute gas shows, interactions are crucial for obtaining a non-zero critical velocity. Experimentally, a critical velocity for the onset of a pressure gradient in a Bose-Einstein condensed gas has been measured by stirring the condensate with a laser beam [2].

Another way of deriving the Landau criterion is to work in the frame in which the fluid is at rest and the obstacle is moving. Let us denote the potential at point $\mathbf{r}$ due to the obstacle by $V(\mathbf{r}-\mathbf{R}(t))$, where $\mathbf{R}(t)$ is the position of some reference point in the obstacle. For uniform motion with velocity $\mathbf{v}$, the position of the obstacle is given by $\mathbf{R}(t)=\mathbf{R}(0)+\mathbf{v} t$, and therefore the potential will be of the form $V(\mathbf{r}-\mathbf{v} t-\mathbf{R}(0))$. From this result one can see that the Fourier component of the potential with wave vector $\mathbf{q}$ has frequency $\mathbf{q} \cdot \mathbf{v}$. Quantum-mechanically this means that the potential can transfer momentum $\hbar \mathbf{q}$ to the liquid only if it transfers energy $\hbar \mathbf{q} \cdot \mathbf{v}$. The condition for energy and momentum conservation in the creation of an excitation leads immediately to the criterion (10.6).

In the discussion above we considered a fluid with no excitations present initially. However the argument may be generalized to arbitrary initial states, and the critical velocity is given by the same expression as before, except that the excitation energy to be used is the one appropriate to the initial situation, allowing for interactions with other excitations.
Even though for $v>v_{\mathrm{c}}$ it becomes energetically favourable to create excitations, this does not necessarily imply that the system becomes normal. When excitations are created, the spectrum of excitations will generally
change because of interactions between excitations and this can result in an increase in $v_{\mathrm{c}}$.

### 10.2 The two-component picture

The description of superfluids and superconductors in terms of two interpenetrating components, one associated with the condensate and the other with the excitations, is conceptually very fruitful. In an ordinary fluid, only the component corresponding to the excitations is present and, consequently, that component is referred to as the normal component. That associated with the condensate is referred to as the superfluid component. The two components do not correspond to physically distinguishable species, as they would in a mixture of two different kinds of atoms. The expression (8.37) for the operator for the number of particles is an example of the two-component description. We now develop the two-component picture by considering flow in a uniform system and calculating the momentum carried by excitations in a homogeneous gas.

### 10.2.1 Momentum carried by excitations

In the ground state of a gas the condensate is stationary, and the total momentum is zero. Let us now imagine that excitations are added without changing the velocity of the condensate. The total momentum per unit volume is thus equal to that carried by the excitations,

$$
\begin{equation*}
\mathbf{j}_{\mathrm{ex}}=\int \frac{d \mathbf{p}}{(2 \pi \hbar)^{3}} \mathbf{p} f_{\mathbf{p}} \tag{10.7}
\end{equation*}
$$

Consider a Galilean transformation to a reference frame moving with a velocity $-\mathbf{v}_{\mathbf{s}}$, in which the condensate therefore moves with velocity $\mathbf{v}_{\mathrm{s}}$. Under this transformation the total momentum changes by an amount $N m \mathbf{v}_{\mathrm{s}}$, and therefore the total momentum density in the new frame is

$$
\begin{equation*}
\mathbf{j}=\rho \mathbf{v}_{\mathrm{s}}+\mathbf{j}_{\mathrm{ex}}=\rho \mathbf{v}_{\mathrm{s}}+\int \frac{d \mathbf{p}}{(2 \pi \hbar)^{3}} \mathbf{p} f_{\mathbf{p}} \tag{10.8}
\end{equation*}
$$

where $\rho=n m$ is the mass density. For a system invariant under Galilean transformations, the momentum density is equal to the mass current density, which enters the equation for mass conservation.

### 10.2.2 Normal fluid density

The expression (10.8) for the momentum density forms the basis for the introduction of the concept of the normal density. We consider a system in equilibrium at non-zero temperature and ask how much momentum is carried by the excitations. We denote the velocity of the condensate by $\mathbf{v}_{\mathbf{s}}$. The gas of excitations is assumed to be in equilibrium, and its velocity is denoted by $\mathbf{v}_{\mathrm{n}}$. From the results of Sec. 10.1 one can see that the energy of an excitation in the original frame is $\epsilon_{p}+\mathbf{p} \cdot \mathbf{v}_{\mathbf{s}}$. The distribution function is that for excitations in equilibrium in the frame moving with velocity $\mathbf{v}_{\mathrm{n}}$, and therefore the energy that enters the Bose distribution function is the excitation energy in this frame. This is the energy in the original frame, shifted by an amount $-\mathbf{p} \cdot \mathbf{v}_{\mathrm{n}}$, and therefore the equilibrium distribution function is

$$
\begin{equation*}
f_{\mathbf{p}}=\frac{1}{\exp \left\{\left[\epsilon_{p}-\mathbf{p} \cdot\left(\mathbf{v}_{\mathrm{n}}-\mathbf{v}_{\mathbf{s}}\right)\right] / k T\right\}-1} \tag{10.9}
\end{equation*}
$$

By inserting this expression into Eq. (10.8) one finds the momentum density of the excitations to be

$$
\begin{equation*}
\mathbf{j}_{\mathrm{ex}}=\int \frac{d \mathbf{p}}{(2 \pi \hbar)^{3}} \mathbf{p} f_{\mathbf{p}}=\rho_{\mathrm{n}}\left(\left|\mathbf{v}_{\mathrm{n}}-\mathbf{v}_{\mathrm{s}}\right|\right)\left(\mathbf{v}_{\mathrm{n}}-\mathbf{v}_{\mathrm{s}}\right) \tag{10.10}
\end{equation*}
$$

where

$$
\begin{equation*}
\rho_{\mathrm{n}}(v)=\int \frac{d \mathbf{p}}{(2 \pi \hbar)^{3}} \frac{\mathbf{p} \cdot \mathbf{v}}{v^{2}} \frac{1}{\exp \left[\left(\epsilon_{p}-\mathbf{p} \cdot \mathbf{v}\right) / k T\right]-1} \tag{10.11}
\end{equation*}
$$

For small velocities one finds

$$
\begin{equation*}
\rho_{\mathrm{n}} \simeq \int \frac{d \mathbf{p}}{(2 \pi \hbar)^{3}}(\mathbf{p} \cdot \hat{\mathbf{v}})^{2}\left(-\frac{\partial f_{p}^{0}}{\partial \epsilon_{p}}\right)=\int \frac{d \mathbf{p}}{(2 \pi \hbar)^{3}} \frac{p^{2}}{3}\left(-\frac{\partial f_{p}^{0}}{\partial \epsilon_{p}}\right) \tag{10.12}
\end{equation*}
$$

where $f_{p}^{0}=\left[\exp \left(\epsilon_{p} / k T\right)-1\right]^{-1}$. The temperature-dependent quantity $\rho_{\mathrm{n}}$ is referred to as the density of the normal fluid, or simply the normal density. For a dilute Bose gas, the spectrum of elementary excitations is the Bogoliubov one, Eq. (8.31). At temperatures low compared with $T_{*}=m s^{2} / k$, Eq. (8.79), the dominant excitations are phonons, for which $\epsilon_{p} \simeq s p$. Substitution of this expression into Eq. (10.12) gives

$$
\begin{equation*}
\rho_{\mathrm{n}}=\frac{2 \pi^{2}}{45} \frac{(k T)^{4}}{\hbar^{3} s^{5}} \tag{10.13}
\end{equation*}
$$

At a temperature $T$, the typical wave number of a thermal phonon is $\sim$ $k T / \hbar s$, and therefore the density of excitations is of order $(k T / \hbar s)^{3}$, the volume of a sphere in wave number space having a radius equal to the thermal wave number. Thus a thermal excitation behaves as though it has
a mass $\sim k T / s^{2}$, which is much less than the atomic mass if $T \ll T_{*}$. As the temperature approaches $T_{*}$, the mass becomes of order the atomic mass. In the other limiting case, $T \gg T_{*}$, the energy of an excitation is approximately the free-particle energy $p^{2} / 2 m$. If one integrates by parts the expression (10.12) for the normal density, one finds

$$
\begin{equation*}
\rho_{\mathrm{n}}=m n_{\mathrm{ex}} \tag{10.14}
\end{equation*}
$$

where $n_{\text {ex }}=n-n_{0}$ is the number density of particles not in the condensate, given by

$$
\begin{equation*}
n_{\mathrm{ex}}=n\left(\frac{T}{T_{\mathrm{c}}}\right)^{3 / 2} \tag{10.15}
\end{equation*}
$$

The simple result for $T \gg T_{*}$ is a consequence of the fact that the excitations are essentially free particles, apart from the Hartree-Fock mean field, and therefore, irrespective of their momenta, they each contribute one unit to the particle number, and the particle mass $m$ to the normal density. Note that the density of the normal component is not in general proportional to $n_{\text {ex }}$ (see Problem 10.3).

According to (10.8) the total momentum density is then obtained by adding $\rho \mathbf{v}_{\mathrm{s}}$ to $\mathbf{j}_{\mathrm{ex}}$,

$$
\begin{equation*}
\mathbf{j}=\rho_{\mathrm{n}}\left(\mathbf{v}_{\mathrm{n}}-\mathbf{v}_{\mathrm{s}}\right)+\rho \mathbf{v}_{\mathrm{s}} \tag{10.16}
\end{equation*}
$$

If we define the density of the superfluid component or the superfluid density as the difference between the total and normal densities,

$$
\begin{equation*}
\rho_{\mathrm{s}}=\rho-\rho_{\mathrm{n}} \tag{10.17}
\end{equation*}
$$

the momentum density may be expressed as

$$
\begin{equation*}
\mathbf{j}=\rho_{\mathrm{s}} \mathbf{v}_{\mathrm{s}}+\rho_{\mathrm{n}} \mathbf{v}_{\mathrm{n}} \tag{10.18}
\end{equation*}
$$

which has the same form as for two interpenetrating fluids. There are however important differences between this result and the corresponding one for a fluid containing two distinct species. The density of the normal component is defined in terms of the response of the momentum density to the velocity difference $\mathbf{v}_{\mathrm{n}}-\mathbf{v}_{\mathrm{s}}$. It therefore depends both on temperature and on $\mathbf{v}_{\mathrm{n}}-\mathbf{v}_{\mathrm{s}}$.

### 10.3 Dynamical processes

In the previous section we considered steady-state phenomena in uniform systems. In this section we treat dynamical phenomena, taking into account spatial non-uniformity. The most basic description of dynamical processes
is in terms of the eigenstates of the complete system or, more generally, in terms of the density matrix. However, for many purposes this approach is both cumbersome and more detailed than is necessary. Here we shall assume that spatial variations are slow on typical microscopic length scales. It is then possible to use the semi-classical description, in which the state of the excitations is specified in terms of their positions $\mathbf{r}_{i}$ and momenta $\mathbf{p}_{i}$ or equivalently their distribution function $f_{\mathbf{p}}(\mathbf{r})$, as we did earlier in the description of equilibrium properties in Sec. 2.3. The superfluid is characterized by the condensate wave function $\psi(\mathbf{r}, t)$, which is specified by its magnitude and its phase, $\psi=|\psi| e^{i \phi}$. The condensate density equals $|\psi|^{2}$, while the superfluid velocity is given in terms of $\phi$ by the relation $\mathbf{v}_{\mathbf{s}}=\hbar \boldsymbol{\nabla} \phi / m$. For many purposes it is convenient to eliminate the magnitude of the condensate wave function in favour of the local density $n(\mathbf{r}, t)$, and use this and the phase $\phi(\mathbf{r}, t)$ of the condensate wave function as the two independent variables. One advantage of working with the total density, rather than the density $|\psi|^{2}$ of the condensate, is that collisions between excitations alter the condensate density locally, but not the total density. Another is that, as we shall see, $\phi(\mathbf{r}, t)$ and the total density $n(\mathbf{r}, t)$ are canonical variables. In Sec. 7.1 we showed how a pure condensate is described in these terms, and we now generalize these considerations to take into account excitations.

Consider first a uniform system. Its state is specified by the number of particles $N$, the occupation numbers $N_{\mathbf{p}}$ for excitations, and the condensate velocity $\mathbf{v}_{\mathbf{s}}$. The condensate wave function is the matrix element of the annihilation operator between the original state and the state with the same number of excitations in all states, but one fewer particles. Thus the phase of the condensate wave function varies as

$$
\begin{equation*}
\frac{d \phi}{d t}=-\frac{E\left(N,\left\{N_{\mathbf{p}}\right\}, \mathbf{v}_{\mathbf{s}}\right)-E\left(N-1,\left\{N_{\mathbf{p}}\right\}, \mathbf{v}_{\mathbf{s}}\right)}{\hbar} \simeq-\frac{1}{\hbar} \frac{\partial E}{\partial N}, \tag{10.19}
\end{equation*}
$$

where $\left\{N_{\mathbf{p}}\right\}$ indicates the set of occupation numbers for all momentum states. In generalizing this result to non-uniform systems we shall confine ourselves to situations where the energy density $\mathcal{E}(\mathbf{r})$ is a local function of the particle density $n(\mathbf{r})$, the condensate velocity $\mathbf{v}_{\mathbf{s}}$, and the distribution function for excitations, $f_{\mathbf{p}}(\mathbf{r})$. The rate of change of the phase locally is therefore given by generalizing (10.19) to spatially varying situations,

$$
\begin{equation*}
\frac{\partial \phi(\mathbf{r}, t)}{\partial t}=-\frac{1}{\hbar} \frac{\delta E}{\delta n(\mathbf{r})}=-\frac{1}{\hbar} \frac{\partial \mathcal{E}}{\partial n} \tag{10.20}
\end{equation*}
$$

Formally this result, which at zero temperature is identical with (7.22), is an expression of the fact that the density $n$ and $\hbar \phi$ are canonically conjugate
variables. In Sec. 13.1 we return to the relationship between number and phase in the context of particle tunnelling between two wells.
For slow variations the form of the Hamiltonian density may be determined from Galilean invariance, since the local energy density is well approximated by that for a uniform system. It is convenient to separate the energy density of the system in the frame in which the superfluid is at rest into a part due to the external potential $V(\mathbf{r})$ and a part $\mathcal{E}\left(n,\left\{f_{\mathbf{p}}\right\}\right)$ coming from the internal energy of the system. Examples of this energy functional are the expressions for the ground-state energy density within Bogoliubov theory obtained from Eq. (8.45), and for the Hartree-Fock energy density which one obtains from Eq. (8.90). In the frame in which the superfluid has velocity $\mathbf{v}_{\mathbf{s}}$, the energy density may be found from the standard expression (10.1) for the total energy, and is

$$
\begin{equation*}
\mathcal{E}_{\mathrm{tot}}=\mathcal{E}\left(n,\left\{f_{\mathbf{p}}\right\}\right)+\mathbf{j}_{\mathrm{ex}} \cdot \mathbf{v}_{\mathbf{s}}+\frac{1}{2} \rho v_{\mathrm{s}}^{2}+V(\mathbf{r}) n \tag{10.21}
\end{equation*}
$$

In the long-wavelength approximation we have adopted, the energy density depends locally on the density, and therefore the equation of motion for the phase is simply

$$
\begin{equation*}
\hbar \frac{\partial \phi}{\partial t}=-\left(\mu_{\mathrm{int}}+V+\frac{1}{2} m v_{\mathrm{s}}^{2}\right) \tag{10.22}
\end{equation*}
$$

In this equation $\mu_{\text {int }}=\partial \mathcal{E}\left(n,\left\{f_{\mathbf{p}}\right\}\right) / \partial n$ is the contribution to the chemical potential due to the internal energy, and the two other terms are due to the external potential and the kinetic energy associated with the flow. From this relationship one immediately finds the equation of motion for the superfluid velocity

$$
\begin{equation*}
m \frac{\partial \mathbf{v}_{\mathrm{s}}}{\partial t}=-\boldsymbol{\nabla}\left(\mu_{\mathrm{int}}+V+\frac{1}{2} m v_{\mathrm{s}}^{2}\right) . \tag{10.23}
\end{equation*}
$$

This result has the same form as Eq. (7.20), but the quantum pressure term proportional to spatial derivatives of the density is absent because it has been neglected in the long-wavelength approximation made here. However, it is important to note that the chemical potential $\mu_{\text {int }}$ in Eq. (10.23) contains the effects of excitations, unlike the one in Eq. (7.20).

We next consider variations of the density. As we have noted already, the number of particles in the condensate is not conserved when excitations are present, but the total number of particles is. For a Galilean-invariant system, the total current density of particles is equal to the momentum density divided by the particle mass, and the momentum density has already been calculated (see Eq. (10.8)). Therefore the condition for particle number
conservation is

$$
\begin{equation*}
\frac{\partial n}{\partial t}+\frac{1}{m} \nabla \cdot \mathbf{j}=0 \tag{10.24}
\end{equation*}
$$

One may also derive this result from the Hamiltonian formalism by using the second member of the pair of equations for the canonical variables $n$ and $\hbar \phi$ (Problem 10.4).

It is important to notice that the equations of motion for $\mathbf{v}_{\mathrm{s}}$ and $n$ both contain effects due to excitations. In Eq. (10.23) they enter through the dependence of the chemical potential on the distribution of excitations, which gives rise to a coupling between the condensate and the excitations. The energy of an excitation depends in general on the distribution of excitations and also on the total density and the superfluid velocity. The distribution function for the excitations satisfies a kinetic equation similar in form to the Boltzmann equation for a dilute gas. The important differences are that the equations governing the motion of an excitation contain effects of the interaction, while the collision term has contributions not only from the mutual scattering of excitations, as it does for a gas of particles, but also from processes in which excitations are created or annihilated due to the presence of the condensate.

It is difficult to solve the kinetic equation in general, so it is useful to exploit conservation laws, whose nature does not depend on the details of the collision term. We have already encountered the conservation law for mass (or, equivalently, particle number). The momentum and energy conservation laws are derived by multiplying the kinetic equation by the momentum and energy of an excitation, respectively, and integrating over momenta. In general, these equations have terms which take into account transfer of a physical quantity between the excitations and the condensate. However, if one adds to these equations the corresponding ones for the condensate contributions to the physical quantities, one arrives at conservation laws which do not include explicitly the transfer term. Using the Einstein convention of summation over repeated indices, we may write the condition for momentum conservation as

$$
\begin{equation*}
\frac{\partial j_{i}}{\partial t}=-\frac{\partial \Pi_{i k}}{\partial x_{k}}-n \frac{\partial V}{\partial x_{i}} \tag{10.25}
\end{equation*}
$$

where $\Pi_{i k}$ is the momentum flux density, and that for energy conservation as

$$
\begin{equation*}
\frac{\partial \mathcal{E}}{\partial t}=-\frac{\partial Q_{k}}{\partial x_{k}}-\frac{1}{m} j_{i} \frac{\partial V}{\partial x_{i}} \tag{10.26}
\end{equation*}
$$

where $\mathbf{Q}$ is the energy flux density. The last terms in Eqs. (10.25) and (10.26)
represent the effects of the external potential. In the following section we consider the forms of $\Pi_{i k}$ and $\mathbf{Q}$ under special conditions and we shall use the conservation laws when discussing the properties of sound modes in uniform Bose gases.

### 10.4 First and second sound

A novel feature of a Bose-Einstein condensed system is that to describe the state of the system, it is necessary to specify properties of the condensate, in addition to the variables needed to describe the excitations. The existence of the additional variables, the condensate density and the superfluid velocity, gives rise to phenomena not present in conventional fluids. To illustrate this, we now consider sound-like modes in a uniform Bose gas. Let us assume that thermal excitations collide frequently enough that they are in local thermodynamic equilibrium. Under these conditions, the state of the system may be specified locally in terms of the total density of particles, the superfluid velocity $\mathbf{v}_{\mathrm{s}}$, the temperature $T$, and the velocity $\mathbf{v}_{\mathrm{n}}$ of the excitations. The general theory of the hydrodynamics of superfluids is well described in standard works [3].

## Basic results

The mass density $\rho$ and the mass current density $\mathbf{j}$ satisfy the conservation law

$$
\begin{equation*}
\frac{\partial \rho}{\partial t}+\nabla \cdot \mathbf{j}=0 \tag{10.27}
\end{equation*}
$$

The equation of motion for $\mathbf{j}$ involves the momentum flux density $\Pi_{i k}$ according to (10.25). We shall neglect non-linear effects and friction, in which case the momentum flux density is $\Pi_{i k}=p \delta_{i k}$, where $p$ is the pressure. In the absence of friction and external potentials the time derivative of the mass current density is thus

$$
\begin{equation*}
\frac{\partial \mathbf{j}}{\partial t}=-\nabla p \tag{10.28}
\end{equation*}
$$

By eliminating $\mathbf{j}$ we then obtain

$$
\begin{equation*}
\frac{\partial^{2} \rho}{\partial t^{2}}-\nabla^{2} p=0 \tag{10.29}
\end{equation*}
$$

which relates changes in the density to those in the pressure. Since, in equilibrium, the pressure depends on the temperature as well as the density, Eq. (10.29) gives us one relation between density changes and temperature
changes. To determine the frequencies of modes we need a second such relation, which we now derive.
The acceleration of the superfluid is given by Eq. (10.23). In the absence of an external potential, and since the non-linear effect of the superfluid velocity is neglected, the quantity $\mu_{\text {int }}$ is equal to $\mu$ and therefore

$$
\begin{equation*}
m \frac{\partial \mathbf{v}_{\mathbf{s}}}{\partial t}=-\nabla \mu \tag{10.30}
\end{equation*}
$$

In local thermodynamic equilibrium, a small change $d \mu$ in the chemical potential is related to changes in pressure and temperature by the GibbsDuhem relation

$$
\begin{equation*}
N d \mu=V d p-S d T, \tag{10.31}
\end{equation*}
$$

where $S$ is the entropy and $N$ the particle number. When written in terms of the mass density $\rho=N m / V$ and the entropy $\tilde{s}$ per unit mass, defined by

$$
\begin{equation*}
\tilde{s}=\frac{S}{N m}, \tag{10.32}
\end{equation*}
$$

the Gibbs-Duhem relation (10.31) shows that the gradient in the chemical potential is locally related to the gradients in pressure and temperature according to the equation

$$
\begin{equation*}
\boldsymbol{\nabla} \mu=\frac{m}{\rho} \boldsymbol{\nabla} p-\tilde{s} m \boldsymbol{\nabla} T . \tag{10.33}
\end{equation*}
$$

It then follows from $(10.33),(10.30)$ and (10.28) together with (10.18) that

$$
\begin{equation*}
\frac{\partial\left(\mathbf{v}_{\mathrm{n}}-\mathbf{v}_{\mathrm{s}}\right)}{\partial t}=-\tilde{s} \frac{\rho}{\rho_{\mathrm{n}}} \nabla T . \tag{10.34}
\end{equation*}
$$

In the absence of dissipation the entropy is conserved. Since entropy is carried by the normal component only, the conservation equation reads

$$
\begin{equation*}
\frac{\partial(\rho \tilde{s})}{\partial t}+\nabla \cdot\left(\rho \tilde{s} \mathbf{v}_{\mathrm{n}}\right)=0, \tag{10.35}
\end{equation*}
$$

or, when linearized,

$$
\begin{equation*}
\tilde{s} \frac{\partial \rho}{\partial t}+\rho \frac{\partial \tilde{s}}{\partial t}+\tilde{s} \rho \boldsymbol{\nabla} \cdot \mathbf{v}_{\mathrm{n}}=0 . \tag{10.36}
\end{equation*}
$$

By using the mass conservation equation (10.27) in (10.36) we find that

$$
\begin{equation*}
\frac{\partial \tilde{s}}{\partial t}=\tilde{s} \frac{\rho_{\mathrm{s}}}{\rho} \nabla \cdot\left(\mathbf{v}_{\mathrm{s}}-\mathbf{v}_{\mathrm{n}}\right) . \tag{10.37}
\end{equation*}
$$

After combining (10.37) with (10.34) we arrive at the equation

$$
\begin{equation*}
\frac{\partial^{2} \tilde{s}}{\partial t^{2}}=\frac{\rho_{\mathrm{s}}}{\rho_{\mathrm{n}}} \tilde{s}^{2} \nabla^{2} T \tag{10.38}
\end{equation*}
$$

which relates variations in the temperature to those in the entropy per unit mass. Since the entropy per unit mass is a function of density and temperature, this equation provides the second relation between density and temperature variations.

The collective modes of the system are obtained by considering small oscillations of the density, pressure, temperature and entropy, with spatial and temporal dependence given by $\exp i(\mathbf{q} \cdot \mathbf{r}-\omega t)$. In solving (10.29) and (10.38) we choose density and temperature as the independent variables and express the small changes in pressure and entropy in terms of those in density and temperature. Denoting the latter by $\delta \rho$ and $\delta T$ we obtain from (10.29) the result

$$
\begin{equation*}
\omega^{2} \delta \rho-q^{2}\left[\left(\frac{\partial p}{\partial \rho}\right)_{T} \delta \rho+\left(\frac{\partial p}{\partial T}\right)_{\rho} \delta T\right]=0 \tag{10.39}
\end{equation*}
$$

and from (10.38) that

$$
\begin{equation*}
\omega^{2}\left[\left(\frac{\partial \tilde{s}}{\partial \rho}\right)_{T} \delta \rho+\left(\frac{\partial \tilde{s}}{\partial T}\right)_{\rho} \delta T\right]-q^{2} \frac{\rho_{\mathrm{s}}}{\rho_{\mathrm{n}}} \tilde{s}^{2} \delta T=0 . \tag{10.40}
\end{equation*}
$$

In terms of the phase velocity $u=\omega / q$ of the wave, the condition for the existence of non-trivial solutions to the coupled equations (10.39) and (10.40) is a quadratic equation for $u^{2}$,

$$
\begin{equation*}
\left(u^{2}-c_{1}^{2}\right)\left(u^{2}-c_{2}^{2}\right)-u^{2} c_{3}^{2}=0 \tag{10.41}
\end{equation*}
$$

The constant $c_{1}$ is the isothermal sound speed, given by

$$
\begin{equation*}
c_{1}^{2}=\left(\frac{\partial p}{\partial \rho}\right)_{T} \tag{10.42}
\end{equation*}
$$

while $c_{2}$, given by

$$
\begin{equation*}
c_{2}^{2}=\frac{\rho_{\mathrm{s}} \tilde{s}^{2} T}{\rho_{\mathrm{n}} \tilde{c}}, \tag{10.43}
\end{equation*}
$$

is the velocity of temperature waves, if the density of the medium is held constant. Here $\tilde{c}$ denotes the specific heat at constant volume, per unit mass,

$$
\begin{equation*}
\tilde{c}=T\left(\frac{\partial \tilde{s}}{\partial T}\right)_{\rho} . \tag{10.44}
\end{equation*}
$$

If one uses the Maxwell relation

$$
\begin{equation*}
\left(\frac{\partial p}{\partial T}\right)_{\rho}=\left(\frac{\partial S}{\partial V}\right)_{T}=-\rho^{2}\left(\frac{\partial \tilde{s}}{\partial \rho}\right)_{T} \tag{10.45}
\end{equation*}
$$

the quantity $c_{3}$, which is a measure of the coupling between density and temperature variations, is given by

$$
\begin{equation*}
c_{3}^{2}=\left(\frac{\partial p}{\partial T}\right)_{\rho}^{2} \frac{T}{\rho^{2} \tilde{c}} . \tag{10.46}
\end{equation*}
$$

The sound velocities are the solutions of Eq. (10.41), and are given explicitly by

$$
\begin{equation*}
u^{2}=\frac{1}{2}\left(c_{1}^{2}+c_{2}^{2}+c_{3}^{2}\right) \pm\left[\frac{1}{4}\left(c_{1}^{2}+c_{2}^{2}+c_{3}^{2}\right)^{2}-c_{1}^{2} c_{2}^{2}\right]^{1 / 2} . \tag{10.47}
\end{equation*}
$$

Thus in a Bose-Einstein condensed system there are two different modes, which are referred to as first and second sound, corresponding to the choice of positive and negative signs in this equation. The existence of two sound speeds, as opposed to the single one in an ordinary fluid, is a direct consequence of the new degree of freedom associated with the condensate. The combination $c_{1}^{2}+c_{3}^{2}$ has a simple physical interpretation. From the Maxwell relation (10.45) and the identity $(\partial p / \partial T)_{V}=-(\partial p / \partial V)_{T}(\partial V / \partial T)_{p}$, which is derived in the same manner as (2.79), it follows that $c_{1}^{2}+c_{3}^{2}=(\partial p / \partial \rho)_{\tilde{s}}$, which is the square of the velocity of adiabatic sound waves.

## The ideal Bose gas

To understand the character of the two modes we investigate how the sound velocities depend on temperature and the interparticle interaction. First let us consider the non-interacting gas. By 'non-interacting' we mean that the effect of interactions on thermodynamic properties may be neglected. However, interactions play an essential role because they are responsible for the collisions necessary to ensure that thermodynamic equilibrium is established locally. They are also important in another respect, because in Sec. 10.1 we argued that the critical velocity for creating excitations in an ideal Bose gas is zero. By considering the equilibrium of an ideal Bose gas one can see that there is no equilibrium state in which the velocity of the condensate is different from that of the excitations. However, if the particles interact, the excitations at long wavelengths are sound waves, and the critical velocity is non-zero. Consequently, there is a range of flow velocities for which the system is superfluid.

The pressure and the entropy density $\rho \tilde{s}$ of an ideal Bose-Einstein condensed gas depend on temperature but not on density. Therefore $c_{1}$, Eq.
(10.42), vanishes, the first-sound velocity is

$$
\begin{equation*}
u_{1}=\sqrt{c_{2}^{2}+c_{3}^{2}} \tag{10.48}
\end{equation*}
$$

and the second-sound velocity vanishes, while $\partial \tilde{s} / \partial \rho=-\tilde{s} / \rho$. Substituting this result into Eq. (10.45) and using Eq. (10.46) and the fact that $\rho_{\mathrm{s}}+\rho_{\mathrm{n}}=\rho$ (Eq. (10.17)), one finds from Eq. (10.48) that

$$
\begin{equation*}
u_{1}^{2}=\frac{\tilde{s}^{2}}{\tilde{c}} \frac{\rho}{\rho_{\mathrm{n}}} T \tag{10.49}
\end{equation*}
$$

The specific heat and the entropy per unit mass may be found from Eqs. (2.69) and (2.71), respectively, and the normal density is obtained from Eqs. (10.14) and (10.15), and therefore the first-sound speed is given by

$$
\begin{equation*}
u_{1}^{2}=\frac{5 \zeta(5 / 2)}{3 \zeta(3 / 2)} \frac{k T}{m} \approx 0.856 \frac{k T}{m} \tag{10.50}
\end{equation*}
$$

With the use of Eq. (2.70) for the pressure, this result may also be written in the form $u_{1}^{2}=(5 / 3)\left(p / \rho_{\mathrm{n}}\right)=d p / d \rho_{\mathrm{n}}$, which is precisely what one would expect for a 'sound' wave in the excitation gas.

Properties of sound in ideal Bose gases can be determined more directly, and this is left as an exercise (Problem 10.5). The picture that emerges is simple, since the motion of the condensate and that of the excitations are essentially uncoupled: in first sound, the density of excited particles varies, while in second sound, the density of the condensate varies. The velocity of the latter mode is zero because a change in the density of condensate atoms produces no restoring force.

## The interacting Bose gas

As a second example, let us consider an interacting Bose gas in the lowtemperature limit, $T \rightarrow 0$. Since the ground-state energy is $E_{0}=N^{2} U_{0} / 2 \mathrm{~V}$, the pressure is given by

$$
\begin{equation*}
p=-\frac{\partial E_{0}}{\partial V}=\frac{1}{2} U_{0} n^{2}=\frac{U_{0} \rho^{2}}{2 m^{2}} \tag{10.51}
\end{equation*}
$$

According to (10.42) we then find $c_{1}^{2}=n U_{0} / m$. At low temperatures, the entropy is that associated with the Bogoliubov excitations and therefore varies as $T^{3}$. This implies that $c_{3}^{2}$ approaches zero as $T$ tends to zero. The constant $c_{2}$, however, tends to a non-zero value, given by $c_{2}^{2}=n U_{0} / 3 m$, since the entropy and specific heat of the phonons are related by $\tilde{s}=\tilde{c} / 3$, while $\tilde{c}$
may be expressed in terms of the normal density (10.13), $\tilde{c}=3 \rho_{\mathrm{n}} s^{2} / T \rho$. In this limit the velocity $u_{1}$ of first sound is therefore given by

$$
\begin{equation*}
u_{1}^{2}=c_{1}^{2}=\frac{n U_{0}}{m}=s^{2}, \tag{10.52}
\end{equation*}
$$

while that of second sound is given by

$$
\begin{equation*}
u_{2}^{2}=c_{2}^{2}=\frac{n U_{0}}{3 m}=\frac{s^{2}}{3} . \tag{10.53}
\end{equation*}
$$

Under these conditions first sound is a pure density modulation, and it corresponds to a long-wavelength Bogoliubov excitation in the condensate. Second sound, which has a velocity $1 / \sqrt{3}$ times the first-sound velocity, corresponds to a variation in the density of excitations, with no variation in the total particle density; it is a pure temperature wave.

As a final example, we consider situations when the Hartree-Fock theory described in Sec. 8.3.1 applies. The condition for this is that $T \gg T_{*}=$ $n U_{0} / k$. The velocity of second sound is zero when interactions are neglected, and we shall now calculate the leading corrections to this result due to interactions. In the absence of interactions, modes of the condensate are completely decoupled from those of the excitations. Since the modes are non-degenerate, the leading corrections to the mode frequencies may be estimated without taking into account the coupling between the modes. The coupling is at least of first order in the interaction and, consequently, the frequency shift due to coupling between modes must be of higher order than first in the interaction. We therefore look for the frequencies of modes of the condensate when the distribution function for the excitations does not vary. When the Hartree-Fock theory is valid, the total mass density is given by

$$
\begin{equation*}
\rho=m n_{0}+m n_{\mathrm{ex}}, \tag{10.54}
\end{equation*}
$$

and the momentum density by

$$
\begin{equation*}
\mathbf{j}=m n_{0} \mathbf{v}_{\mathbf{s}}+m n_{\mathrm{ex}} \mathbf{v}_{\mathrm{n}} . \tag{10.55}
\end{equation*}
$$

When the normal component does not move, the continuity equation (10.24) becomes

$$
\begin{equation*}
\frac{\partial n_{0}}{\partial t}+\boldsymbol{\nabla} \cdot\left(n_{0} \mathbf{v}_{\mathbf{s}}\right)=0 . \tag{10.56}
\end{equation*}
$$

According to (8.103) the chemical potential is given by

$$
\begin{equation*}
\mu=\left(n_{0}+2 n_{\mathrm{ex}}\right) U_{0}, \tag{10.57}
\end{equation*}
$$

and therefore the change in the chemical potential is $\delta \mu=U_{0} \delta n_{0}$, and Eq. (10.30) for the acceleration of the condensate is

$$
\begin{equation*}
m \frac{\partial \mathbf{v}_{\mathbf{s}}}{\partial t}=-U_{0} \boldsymbol{\nabla} \delta n_{0} . \tag{10.58}
\end{equation*}
$$

Combining Eqs. (10.56) and (10.58) and linearizing, one finds

$$
\begin{equation*}
\frac{\partial^{2} \delta n_{0}}{\partial t^{2}}=\frac{n_{0} U_{0}}{m} \nabla^{2} \delta n_{0} \tag{10.59}
\end{equation*}
$$

Not surprisingly, this equation has precisely the same form as Eq. (7.30) for the modes of a pure condensate in the long-wavelength limit $q \rightarrow 0$, except that $n_{0}$ appears instead of the total density $n$, and the velocity of the mode is given by

$$
\begin{equation*}
u_{2}^{2}=\frac{n_{0} U_{0}}{m} . \tag{10.60}
\end{equation*}
$$

When coupling between the condensate and the excitations is taken into account, the interaction between condensate particles is screened by the thermal excitations. For a repulsive interaction this reduces the effective interaction, but this effect is of higher order in $U_{0}$ than the effect we have considered.

By similar arguments one can show that the changes in the first-sound velocity due to the interaction are small provided the total interaction energy is small compared with the thermal energy.
Let us now summarize the results of our calculations. In the cases examined, the motions of the condensate and of the thermal excitations are essentially independent of each other. The condensate mode is a Bogoliubov phonon in the condensate, with velocity $u=\left[n_{0}(T) U_{0} / m\right]^{1 / 2}$. This is the second-sound mode at higher temperatures, and the first-sound mode for temperatures close to zero. The mode associated with the thermal excitations is first sound at high temperatures, and second sound at low temperatures. First and second sound change their character as the temperature changes because the motion of the condensate is strongly coupled to that of the thermal excitations for temperatures at which the velocities of the modes are close to each other, and this leads to an 'avoided crossing' of the two sound velocities. A more extensive discussion of first and second sound in uniform Bose gases may be found in Ref. [4].
In experiments on collective modes in dilute atomic gases, local thermodynamic equilibrium is usually not established, and therefore the calculations above cannot be applied directly to experiments sensitive to the normal component. They are, however, relevant for modes of the condensate, be-
cause these are generally only weakly coupled to the motion of the thermal excitations.
It is instructive to compare dilute Bose gases with liquid ${ }^{4} \mathrm{He}$. At all temperatures below the lambda point $T_{\lambda}$, the potential energy due to interparticle interactions dominates the thermal energy. As a consequence, modes corresponding to density fluctuations have higher velocities than do modes corresponding to temperature fluctuations. The coupling between the two sorts of modes, which is governed by the quantity $c_{3}$, Eq. (10.46), is small except very close to $T_{\lambda}$. At low temperatures the dominant thermal excitations are phonons, and therefore $u_{1}$ is the phonon velocity and $u_{2}=u_{1} / \sqrt{3}$ as for a dilute gas.

### 10.5 Interactions between excitations

In the preceding section we discussed sound modes in the hydrodynamic limit, when collisions are sufficiently frequent that matter is in local thermodynamic equilibrium. We turn now to the opposite extreme, when collisions are relatively infrequent. Mode frequencies of clouds of bosons at zero temperature were calculated in Chapter 7, and we now address the question of how thermal excitations shift the frequencies, and damp the modes. If, after performing the Bogoliubov transformation as described in Chapter 8, we retain in the Hamiltonian only terms that are at most quadratic in the creation and annihilation operators, elementary excitations have well-defined energies and do not decay. However, when terms with a larger number of creation and annihilation operators are taken into account (see below), modes are coupled, and this leads to damping and to frequency shifts.
We begin by describing the processes that can occur. The full Hamiltonian, when expressed in terms of creation and annihilation operators for excitations, has contributions with differing numbers of operators. Those with no more than two operators correspond to non-interacting excitations as we saw in Sec. 8.1. It is convenient to classify the more complicated terms by specifying the numbers $n_{1}$ and $n_{2}$ of excitations in the initial and final states, respectively, and we use the shorthand notation $n_{1}-n_{2}$ to label the process. The next more complicated terms after the quadratic ones are those cubic in the creation and annihilation operators. These give rise to $1-2$ processes (in which one excitation decays into two), $2-1$ processes (in which two incoming excitations merge to produce a third), and 0-3 and 3-0 processes (in which three excitations are created or annihilated). The remaining terms are quartic in the creation and annihilation operators, and correspond to $2-2,1-3,3-1,0-4$, and $4-0$ processes. Since the energy of
an excitation is positive by definition, the $0-3,3-0,0-4$, and $4-0$ processes are forbidden by energy conservation. In a normal gas, the excitations are particles and, consequently, the only processes allowed by particle number conservation are the 2-2 ones. These correspond to the binary collisions of atoms taken into account in the kinetic theory of gases.

At zero temperature, an elementary excitation can decay into two or three other excitations. Each of the excitations in the final state must have an energy less than that of the original excitation, and consequently for a lowenergy initial excitation, the final-state phase space available is very restricted, and the resulting damping is small. Likewise, for phase-space reasons, decay of a low-energy excitation into two excitations is more important than decay into three. This process is referred to as Beliaev damping [5].

When more than one excitation is present, modes can decay by processes other than the $1-2$ and $1-3$ ones. At low temperatures, the $2-1$ process and the related $1-2$ one are more important than those with three excitations in the initial or final state, and the damping they give rise to was first discussed in the context of plasma oscillations by Landau, and is referred to as Landau damping. It plays a key role in phenomena as diverse as the anomalous skin effect in metals, the damping of phonons in metals, and the damping of quarks and gluons in quark-gluon plasmas. In the context of trapped Bose gases, it was proposed as a mechanism for damping of collective modes in Ref. [6]. We shall now calculate its rate for a low-energy, long-wavelength excitation.

### 10.5.1 Landau damping

Consider the decay of a collective mode $i$ due to its interaction with a thermal distribution of excitations. The $2-1$ process in which an excitation $i$ merges with a second excitation $j$ to give a single excitation $k$ is shown schematically in Fig. 10.1.

The rate at which quanta in the state $i$ are annihilated by absorbing a quantum from the state $j$ and creating one in the state $k$ may be evaluated from Fermi's Golden Rule, and is given by

$$
\begin{equation*}
\left.\frac{d f_{i}}{d t}\right|_{2-1}=-\frac{2 \pi}{\hbar} \sum_{j k}\left|M_{i j, k}\right|^{2} f_{i} f_{j}\left(1+f_{k}\right) \delta\left(\epsilon_{i}+\epsilon_{j}-\epsilon_{k}\right) \tag{10.61}
\end{equation*}
$$

where $f$ denotes the distribution function for excitations, while $M_{i j, k}$ denotes the matrix element for the process. The factors $f_{i}$ and $f_{j}$ express the fact that the rate of the process is proportional to the numbers of incoming excitations, and the factor $1+f_{k}$ takes account of the fact that for bosons the


Fig. 10.1 Diagram representing the decay of a collective mode.
scattering rate is enhanced by the presence of excitations in the final state. The first term, 1 , corresponds to spontaneous emission, and the second, $f_{k}$, to stimulated emission. This is to be contrasted with the blocking factor $1-f_{k}$ that occurs for fermions.
Excitations in the state $i$ are created by the process which is the inverse of the one above, and its rate is given by

$$
\begin{equation*}
\left.\frac{d f_{i}}{d t}\right|_{1-2}=\frac{2 \pi}{\hbar} \sum_{j k}\left|M_{i j, k}\right|^{2} f_{k}\left(1+f_{i}\right)\left(1+f_{j}\right) \delta\left(\epsilon_{i}+\epsilon_{j}-\epsilon_{k}\right), \tag{10.62}
\end{equation*}
$$

where we have used the fact that $|M|^{2}$ is the same for the forward and inverse processes. The total rate of change of the distribution function is

$$
\begin{equation*}
\frac{d f_{i}}{d t}=-\frac{2 \pi}{\hbar} \sum_{j k}\left|M_{i j, k}\right|^{2}\left[f_{i} f_{j}\left(1+f_{k}\right)-f_{k}\left(1+f_{i}\right)\left(1+f_{j}\right)\right] \delta\left(\epsilon_{i}+\epsilon_{j}-\epsilon_{k}\right) . \tag{10.63}
\end{equation*}
$$

In equilibrium the rate vanishes, as may be verified by inserting the equilibrium Bose distribution $f_{i}=f_{i}^{0}$ into this expression.
When the number of quanta $f_{i}$ in state $i$ is disturbed from equilibrium, while the distribution function for other states has its equilibrium value, we may rewrite (10.63) as

$$
\begin{equation*}
\frac{d f_{i}}{d t}=-2 \frac{\left(f_{i}-f_{i}^{0}\right)}{\tau_{i}^{\text {amp }}} \tag{10.64}
\end{equation*}
$$

where

$$
\begin{equation*}
\frac{1}{\tau_{i}^{\text {amp }}}=\frac{\pi}{\hbar} \sum_{j k}\left|M_{i j, k}\right|^{2}\left(f_{j}^{0}-f_{k}^{0}\right) \delta\left(\epsilon_{i}+\epsilon_{j}-\epsilon_{k}\right) . \tag{10.65}
\end{equation*}
$$

The quantity $\tau_{i}^{\text {amp }}$ is the decay time for the amplitude of the mode, as we shall now explain. According to Eq. (10.64), the time for the excess number of quanta in the collective mode to decay by a factor $e$ is $\tau_{i}^{\text {amp }} / 2$. In experiments, the decay of modes is often studied by exciting a mode, for example a long-wavelength collective mode, to a level far above the thermal equilibrium one, so the $f_{i}^{0}$ term in Eq. (10.64) may be neglected. Since the
energy in the mode varies as the square of the amplitude, the decay time for the amplitude, which is the quantity generally measured experimentally, is $\tau_{i}^{\text {amp }}$.
The general expression for the matrix element may be found by extracting the term proportional to $\hat{\alpha}_{k}^{\dagger} \hat{\alpha}_{j} \hat{\alpha}_{i}$ in the Bogoliubov Hamiltonian, as was done by Pitaevskii and Stringari [7], and it is given by

$$
\begin{align*}
M_{i j, k}= & 2 U_{0} \int d \mathbf{r} \psi(\mathbf{r})\left[u_{i}\left(u_{j} u_{k}^{*}+v_{j} v_{k}^{*}-v_{j} u_{k}^{*}\right)-v_{i}\left(u_{j} u_{k}^{*}+v_{j} v_{k}^{*}-u_{j} v_{k}^{*}\right)\right] \\
= & 2 U_{0} \int d \mathbf{r} \psi(\mathbf{r})\left[\left(u_{i}-v_{i}\right)\left(u_{j} u_{k}^{*}+v_{j} v_{k}^{*}-\frac{1}{2}\left(v_{j} u_{k}^{*}+u_{j} v_{k}^{*}\right)\right)\right. \\
& \left.-\frac{1}{2}\left(u_{i}+v_{i}\right)\left(v_{j} u_{k}^{*}-u_{j} v_{k}^{*}\right)\right] . \tag{10.66}
\end{align*}
$$

The latter form of the expression is useful for interpreting the physical origin of the coupling, since the combinations $u_{i}-v_{i}$ and $u_{i}+v_{i}$ are proportional to the density and velocity fields, respectively, produced by the collective mode.

To proceed further with the calculation for a trapped gas is complicated, so we shall consider a homogeneous gas. The excitations are then characterized by their momenta, and their total momentum is conserved in collisions. We denote the momenta of the excitations $i, j$ and $k$ by $\mathbf{q}, \mathbf{p}$ and $\mathbf{p}+\mathbf{q}$. The decay rate (10.65) is then given by

$$
\begin{equation*}
\frac{1}{\tau_{q}^{\text {amp }}}=\frac{\pi}{\hbar} \sum_{\mathbf{p}}\left|M_{\mathbf{q p}, \mathbf{p}+\mathbf{q}}\right|^{2}\left(f_{\mathbf{p}}^{0}-f_{\mathbf{p}+\mathbf{q}}^{0}\right) \delta\left(\epsilon_{\mathbf{p}}+\epsilon_{\mathbf{q}}-\epsilon_{\mathbf{p}+\mathbf{q}}\right) . \tag{10.67}
\end{equation*}
$$

Rather than calculating the matrix element (10.66) directly from the expressions for the coefficients $u$ and $v$, we shall evaluate it for a long-wavelength collective mode using physical arguments. Provided the wavelength $h / q$ of the collective mode is large compared with that of the thermal excitations, $h / p$, we may obtain the matrix elements for coupling of excitations to the collective mode by arguments similar to those used to derive the long-wavelength electron-phonon coupling in metals, or the coupling of ${ }^{3} \mathrm{He}$ quasiparticles to ${ }^{4} \mathrm{He}$ phonons in dilute solutions of ${ }^{3} \mathrm{He}$ in liquid ${ }^{4} \mathrm{He}[8]$. When a collective mode is excited, it gives rise to oscillations in the local density and in the local superfluid velocity. For disturbances that vary sufficiently slowly in space, the coupling between the collective mode and an excitation may be determined by regarding the system locally as being spatially uniform. In the same approximation, the momentum of an excitation may be regarded as being well-defined. The energy of the excitation in the reference frame in which the superfluid is at rest is the usual result, $\epsilon_{p}\left(n_{0}\right)$,
evaluated at the local condensate density, and therefore, by Galilean invariance, the energy in the frame in which the superfluid moves with velocity $\mathbf{v}_{\mathrm{s}}$ is $\epsilon_{p}\left(n_{0}\right)+\mathbf{p} \cdot \mathbf{v}_{\mathbf{s}}$. The modulation of the energy of the excitation due to the collective mode is therefore

$$
\begin{equation*}
\delta \epsilon_{\mathbf{p}}=\frac{\partial \epsilon_{p}}{\partial n_{0}} \delta n_{0}+\mathbf{p} \cdot \mathbf{v}_{\mathbf{s}} \tag{10.68}
\end{equation*}
$$

to first order in $\delta n_{0}$.
In a sound wave, the amplitudes of the density oscillations and those of the superfluid velocity are related by the continuity equation for pure condensate motion, $\partial \delta n_{0} / \partial t=-\boldsymbol{\nabla} \cdot\left(n_{0} \mathbf{v}_{\mathbf{s}}\right)$, which implies that $\epsilon_{q} \delta n_{0}=s q \delta n_{0}=n_{0} \mathbf{q} \cdot \mathbf{v}_{\mathbf{s}}$. Since the velocity field is longitudinal, the superfluid velocity is parallel to $\mathbf{q}$, and therefore $\mathbf{v}_{\mathbf{s}}=s \hat{\mathbf{q}} \delta n_{0} / n_{0}$. Consequently, the interaction is

$$
\begin{equation*}
\delta \epsilon_{\mathbf{p}}=\left(\frac{\partial \epsilon_{p}}{\partial n_{0}}+\frac{s}{n_{0}} \mathbf{p} \cdot \hat{\mathbf{q}}\right) \delta n_{0} . \tag{10.69}
\end{equation*}
$$

The final step in calculating the matrix element is to insert the expression for the density fluctuation in terms of phonon creation and annihilation operators. The density operator is (see Eq. (8.2))

$$
\begin{equation*}
\hat{\psi}^{\dagger} \hat{\psi} \simeq \psi^{*} \psi+\psi^{*} \delta \hat{\psi}+\psi \delta \hat{\psi}^{\dagger} \tag{10.70}
\end{equation*}
$$

The fluctuating part $\delta \hat{\psi}$ of the annihilation operator expressed in terms of phonon creation and annihilation operators is given by (see (8.3) and (8.29))

$$
\begin{equation*}
\delta \hat{\psi}(\mathbf{r})=\frac{1}{V^{1 / 2}} \sum_{\mathbf{q}}\left(u_{q} \hat{\alpha}_{\mathbf{q}}-v_{q}^{*} \hat{\alpha}_{-\mathbf{q}}^{\dagger}\right) e^{i \mathbf{q} \cdot \mathbf{r} / \hbar}, \tag{10.71}
\end{equation*}
$$

and therefore we may write the density fluctuation operator as

$$
\begin{equation*}
\delta \hat{n}_{0}=\frac{N_{0}^{1 / 2}}{V}\left[\left(u_{q}-v_{q}\right) \hat{\alpha}_{\mathbf{q}}+\left(u_{q}^{*}-v_{q}^{*}\right) \hat{\alpha}_{-\mathbf{q}}^{\dagger}\right] e^{i \mathbf{q} \cdot \mathbf{r} / \hbar} \tag{10.72}
\end{equation*}
$$

At long wavelengths $u_{q}-v_{q} \simeq\left(\epsilon_{q} / 2 \xi_{q}\right)^{1 / 2} \simeq(q / 2 m s)^{1 / 2}$. The $q^{1 / 2}$ dependence is similar to that for coupling of electrons to long-wavelength acoustic phonons in metals. The matrix element for absorbing a phonon is thus

$$
\begin{equation*}
M=\left(\frac{\partial \epsilon_{p}}{\partial n_{0}}+\frac{s}{n_{0}} \mathbf{p} \cdot \hat{\mathbf{q}}\right)\left(\frac{q}{2 m s}\right)^{1 / 2} \frac{N_{0}^{1 / 2}}{V} . \tag{10.73}
\end{equation*}
$$

To carry out the integration over the momentum of the incoming thermal excitation we make use of the fact that for a given value of $p$, the angle between $\mathbf{p}$ and $\mathbf{q}$ is fixed by energy conservation. Since by assumption
$q \ll p$, one finds $\hat{\mathbf{p}} \cdot \hat{\mathbf{q}}=s / v_{p}$, where $v_{p}=\partial \epsilon_{p} / \partial p$ is the group velocity of the excitation. Thus the matrix element is given by

$$
\begin{equation*}
M=\left(\frac{\partial \epsilon_{p}}{\partial n_{0}}+\frac{s^{2}}{n_{0}} \frac{p}{v_{p}}\right)\left(\frac{q}{2 m s}\right)^{1 / 2} \frac{N_{0}^{1 / 2}}{V} \tag{10.74}
\end{equation*}
$$

The results here are quite general, since they do not rely on any particular model for the excitation spectrum. For the Bogoliubov spectrum (8.31) the velocity is given by

$$
\begin{equation*}
v_{p}=\frac{\xi_{p}}{\epsilon_{p}} \frac{p}{m} \tag{10.75}
\end{equation*}
$$

where $\xi_{p}=\epsilon_{p}^{0}+n_{0} U_{0}$. The velocity (10.75) tends to the sound velocity for $p \ll m s$, and to the free-particle result $p / m$ for $p \gg m s$. Thus the momenta of phonon-like thermal excitations that can be absorbed are almost collinear with the momentum of the collective mode, while those of high-energy ones, which behave essentially as free particles, are almost perpendicular. Since $\partial \epsilon_{p} / \partial n_{0}=U_{0} p^{2} / 2 m \epsilon_{p}$ and $m s^{2}=n_{0} U_{0}$, the matrix element is

$$
\begin{equation*}
M=U_{0}\left(\frac{p^{2}}{2 m \epsilon_{p}}+\frac{\epsilon_{p}}{\xi_{p}}\right)\left(\frac{q}{2 m s}\right)^{1 / 2} \frac{N_{0}^{1 / 2}}{V} . \tag{10.76}
\end{equation*}
$$

The $p$-dependent factor here is 2 at large momenta, with equal contributions from the density dependence of the excitation energy and from the interaction with the superfluid velocity field. At low momenta the factor tends to zero as $3 p / 2 m s$, the superfluid velocity field contributing twice as much as the density modulation.
The damping rate may be found by substituting the matrix element (10.76) into the expression (10.67), and using the delta function for energy conservation to perform the integral over the angle between $\mathbf{p}$ and $\mathbf{q}$. If we further assume that $\epsilon_{q} \equiv \hbar \omega_{q} \ll k T$, we may write

$$
\begin{equation*}
f_{\mathbf{p}}^{0}-f_{\mathbf{p}+\mathbf{q}}^{0} \simeq-\left(\epsilon_{\mathbf{p}+\mathbf{q}}-\epsilon_{\mathbf{p}}\right) \partial f^{0} / \partial \epsilon_{p}=-\hbar \omega_{q} \partial f^{0} / \partial \epsilon_{p} \tag{10.77}
\end{equation*}
$$

in Eq. (10.67) and the result is

$$
\begin{equation*}
\frac{1}{\tau_{q}^{\text {amp }}}=\pi^{1 / 2}\left(n_{0} a^{3}\right)^{1 / 2} \omega_{q} \int_{0}^{\infty} d \epsilon_{p}\left(-\frac{\partial f^{0}\left(\epsilon_{p}\right)}{\partial \epsilon_{p}}\right)\left(\frac{p^{2}}{2 m \xi_{p}}+\frac{\epsilon_{p}^{2}}{\xi_{p}^{2}}\right)^{2} \tag{10.78}
\end{equation*}
$$

This integral may be calculated analytically in two limiting cases. First, when the temperature is low compared with $T_{*}=n_{0} U_{0} / k$, the dominant excitations are phonons, and one may use the long-wavelength approximation
in evaluating the matrix element and put $\epsilon_{p}=s p$. One then finds

$$
\begin{equation*}
\frac{1}{\tau_{q}^{\text {amp }}}=\frac{27 \pi}{16} \frac{\rho_{\mathrm{n}}}{\rho} \omega_{q}=\frac{3 \pi^{9 / 2}}{5}\left(n_{0} a^{3}\right)^{1 / 2} \frac{T^{4}}{T_{*}^{4}} \omega_{q}, \tag{10.79}
\end{equation*}
$$

where $\rho_{\mathrm{n}}$ is the normal density given in Eq. (10.13). Second, at temperatures large compared with $T_{*}$, the result is

$$
\begin{equation*}
\frac{1}{\tau_{q}^{\mathrm{amp}}}=\frac{3 \pi^{3 / 2}}{4}\left(n_{0} a^{3}\right)^{1 / 2} \frac{T}{T_{*}} \omega_{q} \approx 2.09 \frac{a^{1 / 2}}{n_{0}^{1 / 2} \lambda_{T}^{2}} \omega_{q} \tag{10.80}
\end{equation*}
$$

where $\lambda_{T}$ is the thermal de Broglie wavelength given by Eq. (1.2).
As one can see from the energy conservation condition, transitions occur if the group velocity of the thermal excitation is equal to the phase velocity of the collective mode. By 'surf-riding' on the wave, a thermal excitation may gain (or lose) energy, since the excitation experiences a force due to the interaction with the wave. Whether gain or loss is greater depends on the distribution function for excitations, but for a thermal distribution $\partial f^{0} / \partial \epsilon$ is negative and therefore there is a net loss of energy from the wave.
In addition to damping the collective mode, the interaction with thermal excitations also changes the frequency of the mode. The shift may be calculated from second-order perturbation theory. There are two types of intermediate states that contribute. The first are those in which there is one fewer quanta in the collective mode, one fewer excitations of momentum $\mathbf{p}$ and one more excitation with momentum $\mathbf{p}+\mathbf{q}$. This gives a contribution to the energy

$$
\begin{equation*}
\Delta E_{2-1}=\sum_{\mathbf{q p}}|M|^{2} \frac{f_{\mathbf{q}} f_{\mathbf{p}}\left(1+f_{\mathbf{p}+\mathbf{q}}\right)}{\epsilon_{\mathbf{q}}+\epsilon_{\mathbf{p}}-\epsilon_{\mathbf{p}+\mathbf{q}}} \tag{10.81}
\end{equation*}
$$

This term corresponds to the 2-1 term in the calculation of the damping, and the distribution functions that occur here have the same origin. The second class of terms correspond to the inverse process, and they are the analogue of the 1-2 term in the damping rate. An extra quantum is created in each of the states $\mathbf{p}$ and $\mathbf{q}$, and one is destroyed in state $\mathbf{p}+\mathbf{q}$. The energy denominator is the negative of that for the $2-1$ term, and the corresponding energy shift is

$$
\begin{equation*}
\Delta E_{1-2}=\sum_{\mathbf{q p}}|M|^{2} \frac{\left(1+f_{\mathbf{q}}\right)\left(1+f_{\mathbf{p}}\right) f_{\mathbf{p}+\mathbf{q}}}{\epsilon_{\mathbf{p}+\mathbf{q}}-\epsilon_{\mathbf{p}}-\epsilon_{\mathbf{q}}} \tag{10.82}
\end{equation*}
$$

The total energy shift is obtained by adding Eqs. (10.81) and (10.82). It has a term proportional to the number of quanta in the mode, $f_{\mathbf{q}}$, and the
corresponding energy shift of a quantum is therefore given by

$$
\begin{align*}
\Delta \epsilon_{\mathbf{q}} & =\sum_{\mathbf{p}}|M|^{2}\left(\frac{f_{\mathbf{p}}\left(1+f_{\mathbf{p}+\mathbf{q}}\right)}{\epsilon_{\mathbf{q}}+\epsilon_{\mathbf{p}}-\epsilon_{\mathbf{p}+\mathbf{q}}}+\frac{f_{\mathbf{p}+\mathbf{q}}\left(1+f_{\mathbf{p}}\right)}{\epsilon_{\mathbf{p}+\mathbf{q}}-\epsilon_{\mathbf{p}}-\epsilon_{\mathbf{q}}}\right) \\
& =V \int \frac{d \mathbf{p}}{(2 \pi \hbar)^{3}}|M|^{2} \frac{f_{\mathbf{p}}-f_{\mathbf{p}+\mathbf{q}}}{\epsilon_{\mathbf{q}}+\epsilon_{\mathbf{p}}-\epsilon_{\mathbf{p}+\mathbf{q}}} \tag{10.83}
\end{align*}
$$

For long-wavelength phonons the matrix element is given by (10.73), and the frequency shift $\Delta \omega_{q}=\Delta \epsilon_{q} / \hbar$ may be written in the form

$$
\begin{equation*}
\frac{\Delta \omega_{q}}{\omega_{q}}=-\left(n_{0} a^{3}\right)^{1 / 2} F\left(T / T_{*}\right) \tag{10.84}
\end{equation*}
$$

where $F\left(T / T_{*}\right)$ is a dimensionless function. The evaluation of the frequency shift at temperatures greater than $T_{*}$ is the subject of Problem 10.6, and one finds that $\Delta \omega_{q} \propto T^{3 / 2}$.

Landau damping also provides the mechanism for damping of sound in liquid ${ }^{4} \mathrm{He}$ at low temperatures. For pressures less than 18 bar, the spectrum of elementary excitations for small $p$ has the form $\epsilon_{p}=s p\left(1+\gamma p^{2}\right)$, where $\gamma$ is positive, and therefore Landau damping can occur. However for higher pressures $\gamma$ is negative, and the energy conservation condition cannot be satisfied. Higher-order effects give thermal excitations a non-zero width and when this is taken into account Landau damping can occur for phonons almost collinear with the long-wavelength collective mode.

To calculate the rate of damping in a trap, the starting point is again Eq. (10.65), where the excitations $i, j$, and $k$ are those for a trapped gas. The damping rate has been calculated by Fedichev et al. [9]. Results are sensitive to details of the trapping potential, since they depend on the orbits of the excitations in the trap. For the traps that have been used in experiments, the theoretical damping rates for low-lying modes are only a factor $2-3$ larger than those given by Eq. (10.80).

## Problems

Problem 10.1 Show that the critical velocity for simultaneous creation of two excitations can never be less than that for creation of a single excitation.

Problem 10.2 Determine at temperatures much less than $\Delta / k$, where $\Delta$ is the minimum roton energy, the normal density associated with the roton excitations in liquid ${ }^{4} \mathrm{He}$ discussed in Chapter 1.

Problem 10.3 Demonstrate for the uniform Bose gas that $\rho_{\mathrm{n}} \simeq m n_{\mathrm{ex}}$ and $n_{\mathrm{ex}} \simeq n\left(T / T_{\mathrm{c}}\right)^{3 / 2}$ at temperatures $T$ much higher than $T_{*}=m s^{2} / k$.

Determine the number of excitations $n_{\text {ex }}$ at low temperature ( $T \ll T_{*}$ ) and compare the result with $\rho_{\mathrm{n}} / m$, Eq. (10.13).

Problem 10.4 Derive the continuity equation (10.24) from the Hamiltonian equation

$$
\frac{\partial n}{\partial t}=\frac{1}{\hbar} \frac{\delta E}{\delta \phi} .
$$

[Hint: The result

$$
\frac{\delta E}{\delta \phi}=-\frac{\partial}{\partial x_{i}} \frac{\partial \mathcal{E}}{\partial\left(\partial \phi / \partial x_{i}\right)}
$$

that follows from Eq. (10.21) and the relation $\mathbf{v}_{\mathbf{s}}=\hbar \boldsymbol{\nabla} \phi / m$ may be useful.]
Problem 10.5 Use Eq. (10.29) to calculate the velocity of the hydrodynamic sound mode of a homogeneous ideal Bose gas below $T_{\mathrm{c}}$ when the condensate density is held fixed and the superfluid velocity is zero. Show that the velocity of the resulting mode, which is first sound, is given by Eq. (10.50). Demonstrate that the velocity of sound $u$ in a homogeneous ideal Bose gas just above $T_{\mathrm{c}}$ is equal to the velocity of first sound just below $T_{\mathrm{c}}$. Next, consider motion of the condensate and show that Eq. (10.30) for the acceleration of the superfluid immediately leads to the conclusion that modes associated with the condensate have zero frequency. [Hint: The chemical potential is constant in the condensed state.]
Problem 10.6 Determine the function $F\left(T / T_{*}\right)$ that occurs in the expression (10.84) for the shift of the phonon frequency, and show that the shift becomes proportional to $\left(T / T_{*}\right)^{3 / 2}$ for $T \gg T_{*}$.

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## 11

## Trapped clouds at non-zero temperature

In this chapter we consider selected topics in the theory of trapped gases at non-zero temperature when the effects of interactions are taken into account. The task is to extend the considerations of Chapters 8 and 10 to allow for the trapping potential. In Sec. 11.1 we begin by discussing energy scales, and then calculate the transition temperature and thermodynamic properties. We show that at temperatures of the order of $T_{\mathrm{c}}$ the effect of interactions on thermodynamic properties of clouds in a harmonic trap is determined by the dimensionless parameter $N^{1 / 6} a / \bar{a}$. Here $\bar{a}$, which is defined in Eq. (6.24), is the geometric mean of the oscillator lengths for the three principal axes of the trap. Generally this quantity is small, and therefore under many circumstances the effects of interactions are small. At low temperatures, thermodynamic properties may be evaluated in terms of the spectrum of elementary excitations of the cloud, which we considered in Secs. 7.2, 7.3, and 8.2. At higher temperatures it is necessary to take into account thermal depletion of the condensate, and useful approximations for thermodynamic functions may be obtained using the Hartree-Fock theory as a starting point.

The remainder of the chapter is devoted to non-equilibrium phenomena. As we have seen in Secs. 10.3-10.5, two ingredients in the description of collective modes and other non-equilibrium properties of uniform gases are the two-component nature of condensed Bose systems, and collisions between excitations. For atoms in traps a crucial new feature is the inhomogeneity of the gas. This in itself would not create difficulties if collisions between excitations were sufficiently frequent that matter remained in thermodynamic equilibrium locally. However, this condition is rarely satisfied in experiments on dilute gases. In Sec. 11.2 we shall first give a qualitative discussion of collective modes in Bose-Einstein-condensed gases. To illustrate the effects of collisions we then consider the normal modes of a Bose gas above $T_{\mathrm{c}}$ in the hydrodynamic regime. This calculation is valuable for bringing out
the differences between modes of a condensate and those of a normal gas. Section 11.3 treats relaxation processes of a trapped Bose gas above $T_{\mathrm{c}}$ in the collisionless regime, a subject which is both theoretically tractable and experimentally relevant.

### 11.1 Equilibrium properties

To implement the theories of equilibrium properties of trapped gases described in Chapter 8 is generally a complicated task at non-zero temperatures, since the number of particles in the condensate and the distribution function for the excitations must be determined self-consistently. We begin by estimating characteristic energy scales, and find that under many conditions the effects of interactions between non-condensed particles are small. We then investigate how the transition temperature is changed by interactions. Finally, we discuss a simple approximation that gives a good description of thermodynamic properties of trapped clouds under a wide range of conditions.

### 11.1.1 Energy scales

According to the Thomas-Fermi theory described in Sec. 6.2, the interaction energy per particle in a pure condensate $E_{\text {int }} / N$ equals $2 \mu / 7$ where, according to (6.35), the chemical potential is given by

$$
\begin{equation*}
\mu=\frac{15^{2 / 5}}{2}\left(\frac{N a}{\bar{a}}\right)^{2 / 5} \hbar \bar{\omega} . \tag{11.1}
\end{equation*}
$$

Using the expression (11.1) for the zero-temperature chemical potential we conclude that the interaction energy per particle corresponds to a temperature $T_{0}$ given by

$$
\begin{equation*}
T_{0}=\frac{E_{\text {int }}}{N k}=\frac{15^{2 / 5}}{7}\left(\frac{N a}{\bar{a}}\right)^{2 / 5} \frac{\hbar \bar{\omega}}{k} . \tag{11.2}
\end{equation*}
$$

This quantity also gives a measure of the effective potential acting on a thermal excitation, and it is the same to within a numerical factor as the temperature $T_{*}=n U_{0} / k$, Eq. (8.79), evaluated at the centre of the trap. When the temperature is large compared with $T_{0}$, interactions of excitations with the condensate have little effect on the properties of the thermal excitations, which consequently behave as non-interacting particles to a first
approximation. The result (11.2) expressed in terms of the transition temperature $T_{\mathrm{c}}$ for the non-interacting system, Eq. (2.20), is

$$
\begin{equation*}
T_{0} \approx 0.45\left(\frac{N^{1 / 6} a}{\bar{a}}\right)^{2 / 5} T_{\mathrm{c}} . \tag{11.3}
\end{equation*}
$$

The quantity $N^{1 / 6} a / \bar{a}$ is a dimensionless measure of the influence of interactions on the properties of thermal excitations. Later we shall find that it also arises in other contexts. The corresponding quantity governing the effect of interactions on the properties of the condensate itself at $T=0$ is $N a / \bar{a}$, as we saw in Sec. 6.2. At non-zero temperatures, the corresponding parameter is $N_{0} a / \bar{a}$, where $N_{0}$ is the number of atoms in the condensate, not the total number of atoms. While $N a / \bar{a}$ is large compared with unity in typical experiments, $N^{1 / 6} a / \bar{a}$ is less than unity, and it depends weakly on the particle number $N$. As a typical trap we consider the one used in the measurements of the temperature dependence of collective mode frequencies in ${ }^{87} \mathrm{Rb}$ clouds [1]. With $N=6000$ and $\bar{\omega} / 2 \pi=182 \mathrm{~Hz}$ we obtain for the characteristic temperature (11.3) $T_{0}=0.11 T_{\mathrm{c}}$. For $N=10^{6}$ the corresponding result is $T_{0}=0.15 T_{\mathrm{c}}$.

At temperatures below $T_{0}$, thermodynamic quantities must be calculated with allowance for interactions between the excitations and the condensate, using, for example, the semi-classical Bogoliubov excitation spectrum (8.117). However, since $T_{0}$ is so low, it is difficult experimentally to explore this region. At temperatures above $T_{0}$, one may use the Hartree-Fock description, and interactions between excited particles may be neglected to a first approximation. This will form the basis for our discussion of thermodynamic properties in Sec. 11.1.3.

As another example, we estimate the effects of interaction at temperatures close to $T_{\mathrm{c}}$ or above, $T \gtrsim T_{\mathrm{c}}$. To a first approximation the gas may be treated as classical, and therefore the mean kinetic energy of a particle is roughly $3 k T / 2$. The maximum shift of the single-particle energies in Hartree-Fock theory (Sec. 8.3) is $2 n(0) U_{0}$. The density is given approximately by the classical expression, Eq. (2.39), and at the trap centre the density is $n(0) \sim N / R_{x} R_{y} R_{z}$, where $R_{i}=\left(2 k T / m \omega_{i}^{2}\right)^{1 / 2}$, Eq. (2.40), is much greater than $a_{i}=\left(\hbar / m \omega_{i}\right)^{1 / 2}$, when $k T \gg \hbar \omega_{i}$. The effects of interaction are thus small provided

$$
\begin{equation*}
U_{0} N \ll R_{x} R_{y} R_{z} k T . \tag{11.4}
\end{equation*}
$$

The inequality (11.4) may be written in terms of the transition temperature
$T_{\mathrm{c}}$ for the non-interacting system as

$$
\begin{equation*}
\left(\frac{T}{T_{\mathrm{c}}}\right)^{5 / 2} \gg \frac{N^{1 / 6} a}{\bar{a}} \tag{11.5}
\end{equation*}
$$

or

$$
\begin{equation*}
\frac{T}{T_{\mathrm{c}}} \gg\left(\frac{N^{1 / 6} a}{\bar{a}}\right)^{2 / 5} \tag{11.6}
\end{equation*}
$$

Again the factor $N^{1 / 6} a / \bar{a}$ appears, and because it is small in most experiments, the inequalities are usually satisfied at temperatures of order $T_{\mathrm{c}}$ and above.

### 11.1.2 Transition temperature

The estimates given above lead one to expect that interactions will change the transition temperature only slightly. We shall now confirm this by calculating the shift in the transition temperature to first order in the scattering length [2]. The calculation follows closely that of the shift of transition temperature due to zero-point motion (Sec. 2.5), and to leading order the effects of zero-point motion and interactions are additive.

At temperatures at and above $T_{\mathrm{c}}$, the single-particle energy levels are given within Hartree-Fock theory by Eq. (8.115),

$$
\begin{equation*}
\epsilon_{\mathbf{p}}(\mathbf{r})=\frac{p^{2}}{2 m}+V(\mathbf{r})+2 n(\mathbf{r}) U_{0} \tag{11.7}
\end{equation*}
$$

in the semi-classical approximation. The trapping potential $V(\mathbf{r})$ is assumed to be the anisotropic harmonic-oscillator one (2.7).

When the semi-classical approximation is valid, the thermal energy $k T$ is large compared with $\hbar \omega_{i}$, and the cloud of thermal particles has a spatial extent $R_{i}$ in the $i$ direction much larger than the oscillator length $a_{i}$, implying that the size of the thermal cloud greatly exceeds that of the ground-state oscillator wave function. In determining the lowest single-particle energy $\epsilon_{0}$ in the presence of interactions we can therefore approximate the density $n(\mathbf{r})$ in (11.7) by its central value $n(0)$ and thus obtain

$$
\begin{equation*}
\epsilon_{0}=\frac{3}{2} \hbar \omega_{\mathrm{m}}+2 n(0) U_{0} \tag{11.8}
\end{equation*}
$$

where $\omega_{\mathrm{m}}=\left(\omega_{x}+\omega_{y}+\omega_{z}\right) / 3$ is the algebraic mean of the trap frequencies. Bose-Einstein condensation sets in when the chemical potential $\mu$ becomes equal to the lowest single-particle energy, as in the case of non-interacting particles.

The Bose-Einstein condensation temperature $T_{\mathrm{c}}$ is determined by the condition that the number of particles in excited states be equal to the total number of particles. By inserting (11.8) in the expression for the number of particles in excited states, which is given by

$$
\begin{equation*}
N_{\mathrm{ex}}=\int d \mathbf{r} \int \frac{d \mathbf{p}}{(2 \pi \hbar)^{3}} \frac{1}{e^{\left(\epsilon-\epsilon_{0}\right) / k T}-1} \tag{11.9}
\end{equation*}
$$

we obtain an equation determining the critical temperature,

$$
\begin{equation*}
N=\int d \mathbf{r} \int \frac{d \mathbf{p}}{(2 \pi \hbar)^{3}} \frac{1}{e^{\left(\epsilon-\epsilon_{0}\right) / k T_{\mathrm{c}}}-1} \tag{11.10}
\end{equation*}
$$

analogous to that for the non-interacting case discussed in Sec. 2.2. When interactions are absent and the zero-point motion is neglected, this yields the non-interacting particle result (2.20) for the transition temperature, which we denote here by $T_{\mathrm{c} 0}$. By expanding the right-hand side of (11.10) to first order in $\Delta T_{\mathrm{c}}=T_{\mathrm{c}}-T_{\mathrm{c} 0}, \epsilon_{0}$, and $n(\mathbf{r}) U_{0}$, one finds

$$
\begin{equation*}
0=\frac{\partial N}{\partial T} \Delta T_{\mathrm{c}}+\frac{\partial N}{\partial \mu}\left[\frac{3}{2} \hbar \omega_{\mathrm{m}}+2 n(0) U_{0}\right]-2 U_{0} \int d \mathbf{r} n(\mathbf{r}) \frac{\partial n(\mathbf{r})}{\partial \mu}, \tag{11.11}
\end{equation*}
$$

where the partial derivatives are to be evaluated for $\mu=0, T=T_{\mathrm{c} 0}$, and $U_{0}=0$. The last term in Eq. (11.11) represents the change in particle number for a given chemical potential due to the interaction, and it may be written as $-\left(\partial E_{\text {int }} / \partial \mu\right)_{T} .{ }^{1}$

The partial derivatives in (11.11) are given by Eqs. (2.81) and (2.82). For $\alpha=3$ they are $\partial N / \partial T=3 N / T_{\mathrm{c}}$ and $\partial N / \partial \mu=[\zeta(2) / \zeta(3)] N / k T_{\mathrm{c}}$. The last term in (11.11) may be evaluated using Eqs. (2.46)-(2.48) and it is

$$
\begin{equation*}
-\frac{\partial E_{\text {int }}}{\partial \mu}=-\frac{2 \mathcal{S}}{\zeta(3)} \frac{N U_{0}}{\lambda_{T_{\mathrm{c}}}^{3} k T_{\mathrm{c}}}, \tag{11.12}
\end{equation*}
$$

where

$$
\begin{equation*}
\mathcal{S}=\sum_{n, n^{\prime}=1}^{\infty} \frac{1}{n^{1 / 2}} \frac{1}{n^{\prime 3 / 2}} \frac{1}{\left(n+n^{\prime}\right)^{3 / 2}} \approx 1.206 \tag{11.13}
\end{equation*}
$$

and the thermal de Broglie wavelength at $T_{\mathrm{c}}$ is given by $\lambda_{T_{\mathrm{c}}}=$

[^32]$\left(2 \pi \hbar^{2} / m k T_{\mathrm{c}}\right)^{1 / 2}$, Eq. (1.2). After collecting the numerical factors we obtain
\[

$$
\begin{equation*}
\frac{\Delta T_{\mathrm{c}}}{T_{\mathrm{c}}} \approx-0.68 \frac{\hbar \bar{\omega}}{k T_{\mathrm{c}}}-3.43 \frac{a}{\lambda_{T_{\mathrm{c}}}} \approx-0.73 \frac{\omega_{\mathrm{m}}}{\bar{\omega}} N^{-1 / 3}-1.33 \frac{a}{\bar{a}} N^{1 / 6} \tag{11.14}
\end{equation*}
$$

\]

That repulsive interactions reduce the transition temperature is a consequence of the fact that they lower the central density of the cloud. Such an effect does not occur for the homogeneous Bose gas, since the density in that case is uniform and independent of temperature.

The influence of interactions on the transition temperature of the uniform Bose gas has been discussed in Ref. [4], which also contains references to earlier work. A review may be found in Ref. [5]. The relative change in $T_{\mathrm{c}}$ is positive to leading order in $a n^{1 / 3}$ and is due to critical fluctuations, rather than the mean-field effects considered here. Monte Carlo calculations [6, 7] indicate that the increase in transition temperature to leading order is given by $\Delta T_{\mathrm{c}} / T_{\mathrm{c}} \approx 1.3 a \mathrm{n}^{1 / 3}$. In addition, there are higher-order terms involving $\ln \left(a n^{1 / 3}\right)\left(a n^{1 / 3}\right)^{2}$ and $\left(a n^{1 / 3}\right)^{2}$. Measurements [8] of the critical temperature as a function of atom number for a trapped gas of ${ }^{87} \mathrm{Rb}$ atoms are in agreement with the mean-field result (11.14) and yield no evidence for critical behaviour. The reason is that the long-wavelength fluctuations, which in a homogeneous system give rise to the critical behaviour, are suppressed by the presence of the trapping potential.

### 11.1.3 Thermodynamic properties

The thermodynamic properties of a non-interacting Bose gas were discussed in Chapter 2, and we now consider an interacting Bose gas in a trap. We shall assume that clouds are sufficiently large and temperatures sufficiently high that the semi-classical theory developed in Sec. 8.3.4 holds.

## Low temperatures

At temperatures low enough that thermal depletion of the condensate is inappreciable, the elementary excitations in the bulk are those of the Bogoliubov theory, given in the Thomas-Fermi approximation by (8.118). For small momenta the dispersion relation is linear, $\epsilon=s(\mathbf{r}) p$, with a sound velocity that depends on position through its dependence on the condensate density, $s(\mathbf{r})=\left[n_{0}(\mathbf{r}) U_{0} / m\right]^{1 / 2}$. Provided $k T \ll m s^{2}(\mathbf{r})$ the number density of phonon-like excitations is given to within a numerical constant by $[k T / \hbar s(\mathbf{r})]^{3}$, and therefore phonons contribute an amount $\sim(k T)^{4} /[\hbar s(\mathbf{r})]^{3}$
to the local energy density. Near the surface, however, the sound velocity becomes small, and there the majority of the thermal excitations are essentially free particles. For such excitations the number density varies as $\left(m k T / \hbar^{2}\right)^{3 / 2}$ (see Eq. (2.30)) and therefore, since the energy of an excitation is $\sim k T$, the energy density is proportional to $T^{5 / 2}$ and independent of the condensate density. The volume in which the free-particle term dominates the thermal energy density is a shell at the surface of the cloud extending to the depth at which thermal excitations become more like phonons than free particles. The density at the inner edge of this shell is therefore determined by the condition $k T \sim n_{0}(\mathbf{r}) U_{0}$. Since in the Thomas-Fermi approximation the density varies linearly with distance from the surface, the thickness of the surface region where free-particle behaviour dominates the thermodynamic properties is proportional to $T$, and therefore the total thermal energy due to excitations in the surface varies as $T^{7 / 2}$. Free-particle states in the region outside the condensate cloud contribute a similar amount. The phonon-like excitations in the interior of the cloud contribute to the total energy an amount proportional to $\int d \mathbf{r} T^{4} / n_{0}(\mathbf{r})^{3 / 2}$, where the integration is cut off at the upper limit given by $n_{0}(\mathbf{r}) U_{0} \sim k T$. This integral is also dominated by the upper limit, and again gives a contribution proportional to $T^{7 / 2}$. Thus we conclude that the total contribution to the thermal energy at low temperatures varies as $T^{7 / 2}$ [9]. Estimating its magnitude is the subject of Problem 11.1.

Let us now estimate the thermal depletion of the condensate at low temperatures. The number of particles associated with thermal excitations is given by an expression of the form (8.78), integrated over space,

$$
\begin{equation*}
N_{\mathrm{ex}}(T)-N_{\mathrm{ex}}(0)=\int d \mathbf{r} \int \frac{d \mathbf{p}}{(2 \pi \hbar)^{3}} \frac{\xi_{p}}{\epsilon_{p}} f_{p} . \tag{11.15}
\end{equation*}
$$

The thermal phonons in the interior of the cloud each contribute an amount $m s(\mathbf{r}) / p \sim m s(\mathbf{r})^{2} / k T$ to the depletion. The number density of excitations was estimated above, and therefore the total depletion of the condensate due to phonon-like excitations is proportional to $\int d \mathbf{r} T^{2} / n_{0}(\mathbf{r})^{1 / 2}$. This integral converges as the surface is approached, and therefore we conclude that excitations in the interior dominate the thermal depletion. Consequently, the total thermal depletion of the condensate varies as $T^{2}$. Arguments similar to those for the energy density in the surface region show that the number of excitations in the surface region, where $k T \gtrsim n_{0} U_{0}$, scales as $T^{5 / 2}$. Since the effective particle number associated with a free-particle-like excitation is essentially unity, the thermal depletion due to excitations in the surface
region varies as $T^{5 / 2}$, and it is therefore less important than the interior contribution in the low-temperature limit.

## Higher temperatures

The low-temperature expansions described above are limited to temperatures below $T_{0}$. At higher temperatures one can exploit the fact that excitations are free particles to a good approximation. Within Hartree-Fock theory excitations are particles moving in an effective potential given by (see Eq. (8.115))

$$
\begin{equation*}
V_{\mathrm{eff}}(\mathbf{r})=V(\mathbf{r})+2 n(\mathbf{r}) U_{0}, \tag{11.16}
\end{equation*}
$$

where $n(\mathbf{r})$ is the total density, which is the sum of the condensate density $n_{0}(\mathbf{r})$ and the density of excited particles, $n_{\text {ex }}(\mathbf{r})$,

$$
\begin{equation*}
n(\mathbf{r})=n_{0}(\mathbf{r})+n_{\mathrm{ex}}(\mathbf{r}) \tag{11.17}
\end{equation*}
$$

For $T \gg T_{0}$ the thermal cloud is more extended than the condensate and has a lower density than the central region of the condensate, except very near $T_{\mathrm{c}}$. To a first approximation we may neglect the effect of interactions on the energies of excited particles and approximate $V_{\text {eff }}(\mathbf{r})$ by $V(\mathbf{r})$, since interactions have little effect on particles over most of the region in which they move.

Interactions are, however, important for the condensate. In the condensate cloud the density of thermal excitations is low, so the density profile of the condensate cloud is to a good approximation the same as for a cloud of pure condensate, as calculated in Sec. 6.2, except that the number $N_{0}$ of particles in the condensate enters, rather than the total number of particles, $N$. If $N_{0}$ is large enough that the Thomas-Fermi theory is valid, the chemical potential is given by Eq. (6.35),

$$
\begin{equation*}
\mu(T)=\frac{15^{2 / 5}}{2}\left(\frac{N_{0}(T) a}{\bar{a}}\right)^{2 / 5} \hbar \bar{\omega} . \tag{11.18}
\end{equation*}
$$

This equation provides a useful starting point for estimating the influence of interactions on thermodynamic quantities such as the condensate fraction and the total energy [9].

The value of the chemical potential is crucial for determining the distribution function for excitations, which therefore depends on particle interactions even though the excitation spectrum does not. The excitations behave as if they were non-interacting particles, but with a shifted chemical potential given by (11.18).

Since the interaction enters only through the temperature-dependent chemical potential, $\mu(T)$, we can use the free-particle description of Chapter 2 to calculate the number of excited particles, $N_{\text {ex }}=N-N_{0}$. For particles in a three-dimensional trap, the parameter $\alpha$ in the density of states (2.12) equals 3 . Consequently $N_{\text {ex }}$ is given by

$$
\begin{equation*}
N_{\mathrm{ex}}=C_{3} \int_{0}^{\infty} d \epsilon \epsilon^{2} \frac{1}{e^{(\epsilon-\mu) / k T}-1} . \tag{11.19}
\end{equation*}
$$

Although formally the integral (11.19) is not well-defined for $\mu>0$, we can use it for estimating the number of excitations at not too low temperatures, corresponding to $T$ being somewhat greater than $\mu / k$, since the number of states with energy less than $\mu$ is $(\mu / k T)^{3}$ times the number of states with energy less than $k T$. Typical particle energies are thus large compared with the chemical potential (11.18), and we may therefore expand the expression (11.19) about its value for $\mu=0$, and include only the term linear in $\mu$ :

$$
\begin{equation*}
N_{\mathrm{ex}}(T, \mu) \simeq N_{\mathrm{ex}}(T, 0)+\left.\frac{\partial N_{\mathrm{ex}}(T, \mu)}{\partial \mu}\right|_{\mu=0} \mu . \tag{11.20}
\end{equation*}
$$

The first term on the right-hand side is the expression for the number of excited particles for a non-interacting gas, and is given by $N_{\mathrm{ex}}(T, 0)=$ $N\left(T / T_{\mathrm{c}}\right)^{3}$, Eq. (2.27). We have calculated $\partial N / \partial \mu$ for free particles in a trap at $T_{\mathrm{c}}$ before (see Eq. (2.81)), and more generally for any temperature less than $T_{\mathrm{c}}$ the result is

$$
\begin{equation*}
\left.\frac{\partial N_{\mathrm{ex}}}{\partial \mu}\right|_{\mu=0}=\frac{\zeta(2)}{\zeta(3)} \frac{N_{\mathrm{ex}}}{k T} . \tag{11.21}
\end{equation*}
$$

We thus find

$$
\begin{equation*}
N_{\mathrm{ex}}=N\left[t^{3}+\frac{\zeta(2)}{\zeta(3)} t^{2} \frac{\mu}{k T_{\mathrm{c}}}\right] \tag{11.22}
\end{equation*}
$$

where we have defined a reduced temperature $t=T / T_{\mathrm{c}}$. Substituting Eq. (11.18) for $\mu(T)$ in this expression and using the fact that $N_{\mathrm{ex}}+N_{0}(T)=N$ gives the result

$$
\begin{equation*}
N_{\mathrm{ex}}=N\left\{t^{3}+\frac{15^{2 / 5} \zeta(2)}{2 \zeta(3)}\left[\frac{\left(N-N_{\mathrm{ex}}\right) a}{\bar{a}}\right]^{2 / 5} \frac{\hbar \bar{\omega}}{k T_{\mathrm{c}}} t^{2}\right\} \tag{11.23}
\end{equation*}
$$

which, with the use of the result $k T_{\mathrm{c}}=N^{1 / 3} \hbar \bar{\omega} /[\zeta(3)]^{1 / 3}$, Eq. (2.20), gives

$$
\begin{equation*}
\frac{N_{\mathrm{ex}}}{N}=t^{3}+2.15\left(\frac{N^{1 / 6} a}{\bar{a}}\right)^{2 / 5}\left(1-\frac{N_{\mathrm{ex}}}{N}\right)^{2 / 5} t^{2} . \tag{11.24}
\end{equation*}
$$

This exhibits explicitly the interaction parameter $N^{1 / 6} a / \bar{a}$, and it shows that the effects of interactions on $N_{\text {ex }}$ are small as long as $N^{1 / 6} a / \bar{a}$ is small, as one would expect from the qualitative arguments made in Sec. 11.1.1. It is consequently a good approximation to replace $N_{\text {ex }}$ on the right-hand side of Eq. (11.24) by its value for the non-interacting gas, and one finds

$$
\begin{equation*}
\frac{N_{\mathrm{ex}}}{N}=t^{3}+2.15\left(\frac{N^{1 / 6} a}{\bar{a}}\right)^{2 / 5} t^{2}\left(1-t^{3}\right)^{2 / 5} . \tag{11.25}
\end{equation*}
$$

By similar methods one may derive an approximate expression for the energy. This consists of two terms. One is the contribution of the condensed cloud, which is $5 N_{0}(T) \mu(T) / 7$ by analogy with the zero-temperature case discussed in Chapter 6. The other is due to the thermal excitations and is obtained by expanding $E$ to first order in $\mu / k T$, as we did earlier for $N_{\text {ex }}$ in deriving Eq. (11.22). The result is (Problem 11.2)

$$
\begin{equation*}
\frac{E}{N k T_{\mathrm{c}}}=3 \frac{\zeta(4)}{\zeta(3)} t^{4}+\frac{5+16 t^{3}}{7} \frac{\mu(T)}{k T_{\mathrm{c}}} . \tag{11.26}
\end{equation*}
$$

To obtain a result analogous to Eq. (11.25), we replace $\mu(T)$ on the righthand side by (11.18), using the value $N_{0}=N\left(1-t^{3}\right)$ appropriate to the non-interacting gas, and find

$$
\begin{equation*}
\frac{E}{N k T_{\mathrm{c}}}=2.70 t^{4}+1.12\left(\frac{N^{1 / 6} a}{\bar{a}}\right)^{2 / 5}\left(1+3.20 t^{3}\right)\left(1-t^{3}\right)^{2 / 5} \tag{11.27}
\end{equation*}
$$

The results (11.23) and (11.27) for the condensate depletion and the energy are in good agreement with more elaborate calculations based on the Popov approximation over most of the temperature range of interest [9].

Measurements of the ground-state occupation have been made for condensed clouds of ${ }^{87} \mathrm{Rb}$ atoms [10], and the results agree well with the predictions for the non-interacting Bose gas. Since the number of particles used in the experiments was relatively small, this is consistent with the results of the present section.

### 11.2 Collective modes

In this section and the following one we take up a number of topics in the theory of collective modes in traps at non-zero temperature. Our approach will be to extend the results of Chapter 7 , where we discussed collective modes of a pure condensate in a trap at zero temperature, and of Chapter

10, where we considered examples of modes in homogeneous systems when both condensate and thermal excitations are present.

An important conclusion to be drawn from the calculations in Secs. 10.4 and 10.5 for uniform systems is that, under many conditions, the motion of the condensate is only weakly coupled to that of the excitations. As we saw in the calculations of first and second sound, this is untrue only if the modes of the condensate and those of the thermal excitations have velocities that are close to each other. We would expect this conclusion to hold also for traps, and therefore to a first approximation the motions of the condensate and the excitations are independent. At low temperatures there are few thermal excitations, and consequently the modes of the condensate are those described in Sec. 7.3, but with the number of particles $N_{0}$ in the condensate replacing the total number of particles $N$. With increasing temperature, the condensate becomes immersed in a cloud of thermal excitations, and to the extent that the thermal excitations do not participate in the motion, their only effect is to provide an extra external potential in which the condensate oscillates. However, the potential produced by the thermal cloud is of order $n_{\text {ex }} U_{0}$. This is small compared with the potential due to the condensate $\sim n_{0} U_{0}$, since $n_{\text {ex }} \ll n_{0}$ except very close to $T_{\mathrm{c}}$. Consequently, we expect the modes of the condensate to have frequencies given to a first approximation by the results in Sec. 7.3. When the number of particles in the condensate is sufficiently large that the Thomas-Fermi approximation is valid, the mode frequencies depend only on the trap frequencies and are therefore independent of temperature. This result should hold irrespective of how frequently excitations collide, since there is little coupling between condensate and excitations. It is confirmed theoretically by calculations for the two-fluid model, in which the excitations are assumed to be in local thermodynamic equilibrium [11]. Experimentally, the mode frequencies exhibit some temperature dependence even under conditions when one would expect the Thomas-Fermi approximation to be valid [1], and this is a clear indication of coupling between the condensate and the thermal cloud. Sufficiently close to $T_{\mathrm{c}}$ the number of particles in the condensate will become so small that the Thomas-Fermi approximation is no longer valid, and the frequencies of the modes of the condensate will then approach the result (11.28) for free particles given below.

Now let us consider thermal excitations. In Sec. 10.4 we studied modes under the assumption that the excitations are in local thermodynamic equilibrium, and one can extend such calculations to traps, as was done in Ref. [11]. Under most conditions realized in experiment, thermal excitations collide so infrequently that their mean free paths are long compared with the size of
the cloud. In a uniform system the modes associated with excitations are not collective because interactions between excitations are weak. In traps, however, the motion of excitations can resemble a collective mode. Consider a gas in a harmonic trap at temperatures large compared with $T_{0}$. The excitations are to a first approximation free particles oscillating in the trap, and therefore mode frequencies are sums of integer multiples of the frequencies $\omega_{i}$ for single-particle motion in the trap,

$$
\begin{equation*}
\omega=\sum_{i=x, y, z} n_{i} \omega_{i}, \tag{11.28}
\end{equation*}
$$

where the $n_{i}$ are integers. Classically, the period for motion parallel to one of the principal axes of the trap is independent of the amplitude. Consequently, the motion of many particles may appear to be collective because, for example, after a time $\mathcal{T}=2 \pi / \omega_{x}$, particles have the same $x$ coordinates as they did originally. For initial configurations with symmetry the particle distribution can return to its original form after an integral fraction of $\mathcal{T}$. When the effects of the condensate are taken into account, the motion of the excitations will be less coherent because the potential in which the excitations move is no longer harmonic. Consequently, the periods of the single-particle motion will depend on amplitude, and motions of a large number of excitations will not have a well-defined frequency.

We turn now to the damping of modes, beginning with those associated with the condensate. In Chapter 10 we calculated the rate of Landau damping of collective modes in a uniform Bose gas. Strictly speaking, the result (10.80) does not apply to collective modes in a trap, but it is interesting to compare its magnitude with the measured damping [1]. In doing this we identify the condensate density and the sound velocity with their values at the centre of the cloud, as calculated within the Thomas-Fermi approximation at $T=0$. With $k T_{*}=m s^{2}=n_{0}(0) U_{0}$ and the zero-temperature Thomas-Fermi result $n_{0}(0)=\mu / U_{0}$, the damping rate (10.80) is

$$
\begin{equation*}
\frac{1}{\tau_{q}^{\text {app }}} \approx 0.91 \omega_{q}\left(\frac{N^{1 / 6} a}{\bar{a}}\right)^{4 / 5} \frac{T}{T_{\mathrm{c}}}, \tag{11.29}
\end{equation*}
$$

where the transition temperature $T_{\mathrm{c}}$ is given by Eq. (2.20). When the experimental parameters $N=6000$ and $a / \bar{a}=0.007$ are inserted into (11.29), the theoretical values of $1 / \tau^{\text {amp }}$ are in fair agreement with the measured magnitude and temperature dependence of the damping rate [1]. The linear temperature dependence of the damping rate (11.29) is a consequence of our replacing the condensate density by its zero-temperature value. At
higher temperatures other processes, such as the $1-3,3-1$, and $2-2$ processes described in Sec. 10.5 become important.

In the following subsection we consider modes associated with the excitations. These are damped by collisions, which also couple the excitations and the condensate. The resulting dynamics is discussed in Ref. [12] and is the subject of the monograph [13]. Since the general theory is complicated, we shall illustrate the effects of collisions by considering the example of a gas above $T_{\mathrm{c}}$, when there is no condensate. The study of modes under these conditions provides physical insight into the effects of collisions, and is also relevant experimentally, since measurements of the decay of modes above $T_{\mathrm{c}}$ are used to deduce properties of interatomic interactions. The two problems we consider are the nature of modes in the hydrodynamic regime, and the damping of modes when collisions are infrequent.

### 11.2.1 Hydrodynamic modes above $T_{\mathrm{c}}$

As we have seen, for a gas in a harmonic trap in the absence of collisions, motions parallel to the axes of the trap are independent of each other, and the frequencies of normal modes are given by Eq. (11.28). Collisions couple the motions, thereby changing the character of the normal modes, damping them and changing their frequencies. One measure of the effect of collisions is the mean free path $l$, which is given by

$$
\begin{equation*}
l=\frac{1}{n \sigma} \tag{11.30}
\end{equation*}
$$

where $n$ is the particle density and $\sigma=8 \pi a^{2}$ is the total scattering cross section. The typical time $\tau$ between collisions is thus given by

$$
\begin{equation*}
\frac{1}{\tau} \sim n \sigma \bar{v} \tag{11.31}
\end{equation*}
$$

where $\bar{v}$ is the average particle velocity. If the mean free path is small compared with the typical length scale of the mode, and if the collision time is small compared with the period of the mode, particles will remain in local thermodynamic equilibrium, and the properties of the mode will be governed by classical hydrodynamics. Since the wavelength of a mode is less than or of order the linear size of the system, a necessary condition for hydrodynamic behaviour is that the mean free path be small compared with the size of the cloud,

$$
\begin{equation*}
l \ll R . \tag{11.32}
\end{equation*}
$$

In an isotropic harmonic-oscillator trap the characteristic size of the cloud is of order $R \sim\left(k T / m \omega_{0}^{2}\right)^{1 / 2}$. Thus a characteristic density is of order $N / R^{3}$, and, with the use of Eq. (11.30), one finds

$$
\begin{equation*}
\frac{l}{R}=\frac{1}{n \sigma R} \sim \frac{R^{2}}{N \sigma} . \tag{11.33}
\end{equation*}
$$

To be in the hydrodynamic regime, the condition $R / l \gg 1$ must apply, which amounts to $N \sigma / R^{2}=8 \pi N(a / R)^{2} \gg 1$. Using the fact that $N \sim$ $\left(k T_{\mathrm{c}} / \hbar \omega_{0}\right)^{3}$, we may rewrite this condition as

$$
\begin{equation*}
8 \pi\left(\frac{N^{1 / 3} a}{a_{\text {osc }}}\right)^{2} \frac{T_{\mathrm{c}}}{T} \gg 1 \tag{11.34}
\end{equation*}
$$

At temperatures of order $T_{\mathrm{c}}$ the importance of collisions is determined by the dimensionless quantity $N^{1 / 3} a / a_{\text {osc }}$, which is intermediate between $N^{1 / 6} a / a_{\text {osc }}$ which is a measure of the importance of interactions on the energy of the thermal cloud at $T_{\mathrm{c}}$ and $N a / a_{\text {osc }}$ which is the corresponding quantity at $T=0$. This result shows that more than $10^{6}$ particles are required for local thermodynamic equilibrium to be established for lowlying collective modes of clouds in typical traps. Most experiments have been carried out in the collisionless regime, but conditions approaching hydrodynamic ones have been achieved in some experiments. We note that hydrodynamics never applies in the outermost parts of trapped clouds. The density becomes lower as the distance from the centre of the cloud increases and, eventually, collisions become so rare that thermodynamic equilibrium cannot be established locally.

## General formalism

We now calculate frequencies of low-lying modes in a trapped gas above $T_{\mathrm{c}}$ in the hydrodynamic limit, when collisions are so frequent that departures from local thermodynamic equilibrium may be neglected, and there is no dissipation. The specific calculation is carried out for an equation of state of the form $p \propto \rho^{5 / 3}$, where $p$ is the pressure and $\rho$ the mass density, but the method may be taken over directly to any equation of state of the form $p \propto$ $\rho^{\nu}$ (see Problem 11.3). The calculation brings out the differences between the collective modes of ordinary gases, for which the pressure comes from the thermal motion of particles, and those of a Bose-Einstein condensate, where interactions between particles provide the pressure. The equations of (single-fluid) hydrodynamics are the continuity equation and the Euler
equation. The continuity equation has its usual form,

$$
\begin{equation*}
\frac{\partial \rho}{\partial t}+\nabla \cdot(\rho \mathbf{v})=0 \tag{11.35}
\end{equation*}
$$

where we denote the velocity of the fluid by $\mathbf{v}$. The continuity equation is Eq. (10.27), with the mass current density given by the result for a single fluid, $\mathbf{j}=\rho \mathbf{v}$. The Euler equation was given in Eq. (7.24), and it amounts to the condition for conservation of momentum. It is equivalent to Eq. (10.25) if the superfluid is absent, and the momentum flux density tensor is replaced by its equilibrium value $\Pi_{i k}=p \delta_{i k}+\rho v_{i} v_{k}$ where $p$ is the pressure. To determine the frequencies of normal modes we linearize the equations about equilibrium, treating the velocity and the deviation of the mass density from its equilibrium value $\rho_{\mathrm{eq}}$ as small. The linearized Euler equation is

$$
\begin{equation*}
\rho_{\mathrm{eq}} \frac{\partial \mathbf{v}}{\partial t}=-\nabla p+\rho \mathbf{f}, \tag{11.36}
\end{equation*}
$$

where $\mathbf{f}$ is the force per unit mass, ${ }^{2}$

$$
\begin{equation*}
\mathbf{f}=-\frac{1}{m} \nabla V \tag{11.37}
\end{equation*}
$$

The linearized continuity equation is

$$
\begin{equation*}
\frac{\partial \rho}{\partial t}+\boldsymbol{\nabla} \cdot\left(\rho_{\mathrm{eq}} \mathbf{v}\right)=0 \tag{11.38}
\end{equation*}
$$

According to the Euler equation (11.36), the pressure $p_{\text {eq }}$ and density $\rho_{\text {eq }}$ in equilibrium must satisfy the relation

$$
\begin{equation*}
\nabla p_{\mathrm{eq}}=\rho_{\mathrm{eq}} \mathbf{f} \tag{11.39}
\end{equation*}
$$

We now take the time derivative of (11.36), which yields

$$
\begin{equation*}
\rho_{\mathrm{eq}} \frac{\partial^{2} \mathbf{v}}{\partial t^{2}}=-\nabla\left(\frac{\partial p}{\partial t}\right)+\frac{\partial \rho}{\partial t} \mathbf{f} \tag{11.40}
\end{equation*}
$$

As demonstrated in Sec. 11.1, the effects of particle interactions on equilibrium properties are negligible above $T_{\mathrm{c}}$. Therefore we may treat the bosons as a non-interacting gas. Since collisions are assumed to be so frequent that matter is always in local thermodynamic equilibrium, there is no dissipation, and the entropy per unit mass is conserved as a parcel of gas moves. The equation of state of a perfect, monatomic, non-relativistic gas under adiabatic conditions is $p / \rho^{5 / 3}=$ constant. In using this result it is important to bear in mind that it applies to a given element of the fluid, which changes its

[^33]position in time, not to a point fixed in space. If we denote the displacement of a fluid element from its equilibrium position by $\boldsymbol{\xi}$, the condition is thus
\[

$$
\begin{equation*}
\frac{p(\mathbf{r}+\boldsymbol{\xi})}{\rho(\mathbf{r}+\boldsymbol{\xi})^{5 / 3}}=\frac{p_{\mathrm{eq}}(\mathbf{r})}{\rho_{\mathrm{eq}}(\mathbf{r})^{5 / 3}}, \tag{11.41}
\end{equation*}
$$

\]

or

$$
\begin{equation*}
p(\mathbf{r})=p_{\mathrm{eq}}(\mathbf{r}-\boldsymbol{\xi})\left[\frac{\rho(\mathbf{r})}{\rho_{\mathrm{eq}}(\mathbf{r}-\boldsymbol{\xi})}\right]^{5 / 3} . \tag{11.42}
\end{equation*}
$$

Small changes $\delta p$ in the pressure are therefore related to $\boldsymbol{\xi}$ and small changes $\delta \rho$ in the density by the expression

$$
\begin{equation*}
\delta p=\frac{5}{3} \frac{p_{\mathrm{eq}}}{\rho_{\mathrm{eq}}}\left(\delta \rho+\boldsymbol{\xi} \cdot \boldsymbol{\nabla} \rho_{\mathrm{eq}}\right)-\boldsymbol{\xi} \cdot \boldsymbol{\nabla} p_{\mathrm{eq}} . \tag{11.43}
\end{equation*}
$$

By taking the time derivative of (11.43) and using (11.38) together with (11.39) and $\mathbf{v}=\dot{\boldsymbol{\xi}}$ we obtain

$$
\begin{equation*}
\frac{\partial p}{\partial t}=-\frac{5}{3} p_{\mathrm{eq}} \boldsymbol{\nabla} \cdot \mathbf{v}-\rho_{\mathrm{eq}} \mathbf{f} \cdot \mathbf{v} . \tag{11.44}
\end{equation*}
$$

Inserting Eqs. (11.38) and (11.44) into Eq. (11.40) we find

$$
\begin{equation*}
\rho_{\mathrm{eq}} \frac{\partial^{2} \mathbf{v}}{\partial t^{2}}=\frac{5}{3} \boldsymbol{\nabla}\left(p_{\mathrm{eq}} \boldsymbol{\nabla} \cdot \mathbf{v}\right)+\boldsymbol{\nabla}\left(\rho_{\mathrm{eq}} \mathbf{f} \cdot \mathbf{v}\right)-\mathbf{f} \boldsymbol{\nabla} \cdot\left(\rho_{\mathrm{eq}} \mathbf{v}\right) . \tag{11.45}
\end{equation*}
$$

From Eq. (11.39) it follows that $\mathbf{f}$ and $\boldsymbol{\nabla} \rho_{\text {eq }}$ are parallel, and therefore $(\mathbf{f} \cdot \mathbf{v}) \nabla \rho_{\text {eq }}=\mathbf{f}(\mathbf{v} \cdot \boldsymbol{\nabla}) \rho_{\text {eq }}$. With this result and Eq. (11.39) for the pressure gradient, we may rewrite Eq. (11.45) in the convenient form

$$
\begin{equation*}
\frac{\partial^{2} \mathbf{v}}{\partial t^{2}}=\frac{5}{3} \frac{p_{\mathrm{eq}}}{\rho_{\mathrm{eq}}} \boldsymbol{\nabla}(\boldsymbol{\nabla} \cdot \mathbf{v})+\boldsymbol{\nabla}(\mathbf{f} \cdot \mathbf{v})+\frac{2}{3} \mathbf{f}(\boldsymbol{\nabla} \cdot \mathbf{v}) . \tag{11.46}
\end{equation*}
$$

This is the general equation of motion satisfied by the velocity field $\mathbf{v}$. In the context of Bose gases the result was first derived from kinetic theory [14].
In the absence of a confining potential $(\mathbf{f}=0)$, the equation has longitudinal waves as solutions. These are ordinary sound waves, and have a velocity $\left(5 p_{\mathrm{eq}} / 3 \rho_{\mathrm{eq}}\right)^{1 / 2}$. For temperatures high compared with $T_{\mathrm{c}}$, the velocity becomes $(5 k T / 3 m)^{1 / 2}$, the familiar result for the adiabatic sound velocity of a classical monatomic gas. For $T=T_{\mathrm{c}}$, the velocity agrees with that of first sound, Eq. (10.50). For transverse disturbances $(\boldsymbol{\nabla} \cdot \mathbf{v}=0)$ there is no restoring force and, consequently, these modes have zero frequency. When dissipation is included they become purely decaying modes.

## Low-frequency modes

Let us now consider an anisotropic harmonic trap with a potential given by Eq. (2.7). The force per unit mass, Eq. (11.37), is given by

$$
\begin{equation*}
\mathbf{f}=-\left(\omega_{x}^{2} x, \omega_{y}^{2} y, \omega_{z}^{2} z\right) \tag{11.47}
\end{equation*}
$$

We shall look for normal modes of the form

$$
\begin{equation*}
\mathbf{v}=(a x, b y, c z) \tag{11.48}
\end{equation*}
$$

where the coefficients $a, b$, and $c$ depend on time as $e^{-i \omega t}$. The motion corresponds to homologous expansion and contraction of the cloud, with a scaling factor that may depend on the coordinate axis considered. We note that $\boldsymbol{\nabla} \times \mathbf{v}=0$, and therefore the flow is irrotational. Since the divergence of the velocity field is constant in space $(\boldsymbol{\nabla} \cdot \mathbf{v}=a+b+c)$, Eq. (11.46) becomes

$$
\begin{equation*}
-\omega^{2} \mathbf{v}=\nabla(\mathbf{f} \cdot \mathbf{v})+\frac{2}{3} \mathbf{f}(\boldsymbol{\nabla} \cdot \mathbf{v}) \tag{11.49}
\end{equation*}
$$

For a velocity field of the form (11.48), this equation contains only terms linear in $x, y$ or $z$. Setting the coefficients of each of these equal to zero, we obtain the following three coupled homogeneous equations for $a, b$ and $c$,

$$
\begin{align*}
& \left(-\omega^{2}+\frac{8}{3} \omega_{x}^{2}\right) a+\frac{2}{3} \omega_{x}^{2} b+\frac{2}{3} \omega_{x}^{2} c=0  \tag{11.50}\\
& \left(-\omega^{2}+\frac{8}{3} \omega_{y}^{2}\right) b+\frac{2}{3} \omega_{y}^{2} c+\frac{2}{3} \omega_{y}^{2} a=0 \tag{11.51}
\end{align*}
$$

and

$$
\begin{equation*}
\left(-\omega^{2}+\frac{8}{3} \omega_{z}^{2}\right) c+\frac{2}{3} \omega_{z}^{2} a+\frac{2}{3} \omega_{z}^{2} b=0 \tag{11.52}
\end{equation*}
$$

For an isotropic oscillator, $\omega_{x}=\omega_{y}=\omega_{z}=\omega_{0}$, there are two eigenfrequencies, given by

$$
\begin{equation*}
\omega^{2}=4 \omega_{0}^{2} \text { and } \omega^{2}=2 \omega_{0}^{2} \tag{11.53}
\end{equation*}
$$

The $2 \omega_{0}$ oscillation corresponds to $a=b=c$. The velocity is thus proportional to r. Since the radial velocity has the same sign everywhere, the mode is a breathing mode analogous to that for a condensate discussed below Eq. (7.73) and in Sec. 7.3.3. The density oscillation in the breathing mode is independent of angle, corresponding to the spherical harmonic $Y_{l m}$ with $l=m=0$, and the mode frequency is the same as in the absence of collisions. There are two degenerate modes with frequency $\sqrt{2} \omega_{0}$, and a possible choice for two orthogonal mode functions is $a=b=-c / 2$ and $a=-b, c=0$. These modes have angular symmetry corresponding to $l=2$. From general principles, one would expect there to be $2 l+1=5$ degenerate modes having $l=2$. The other three have velocity fields proportional


Fig. 11.1 Frequencies of low-lying hydrodynamic modes for an axially symmetric harmonic trap, as a function of the anisotropy parameter $\lambda$. The full lines correspond to Eq. (11.54), while the dotted line $\left(\omega=\sqrt{2} \omega_{0}\right)$ corresponds to the mode with $a=-b, c=0$, which is degenerate with the $x y$ scissors mode.
to $\boldsymbol{\nabla}(x y)=(y, x, 0)$ and the two other expressions obtained from this by cyclic permutation, and they are identical with the scissors modes in the condensate considered in Sec. 7.3.2.
For anisotropic traps one obtains from Eqs. (11.50)-(11.52) a cubic equation for $\omega^{2}$ with, in general, three different roots. There are also three transverse scissors modes of the type $\mathbf{v} \propto \boldsymbol{\nabla}(x y)$ with frequencies given by $\omega^{2}=\omega_{x}^{2}+\omega_{y}^{2}$ and the corresponding expressions obtained by cyclic permutation.

For a trap with axial symmetry, the force constants in the $x y$ plane are equal and differ from that in the $z$ direction, $\omega_{x}=\omega_{y}=\omega_{0}, \omega_{z}=\lambda \omega_{0}$. Due to the axial symmetry, the mode with $a=-b, c=0$ and frequency $\omega=\sqrt{2} \omega_{0}$ found for an isotropic trap is still present, since in it there is no motion in the $z$ direction. The two other frequencies are given by

$$
\begin{equation*}
\omega^{2}=\omega_{0}^{2}\left(\frac{5}{3}+\frac{4}{3} \lambda^{2} \pm \frac{1}{3} \sqrt{25-32 \lambda^{2}+16 \lambda^{4}}\right), \tag{11.54}
\end{equation*}
$$

and are plotted in Fig. 11.1.
The method we have used here can also be applied to calculate the frequencies of modes of a trapped Bose-Einstein condensate when the number of
particles is sufficiently large that the Thomas-Fermi approximation may be used. The only difference is that the equation of state for a zero-temperature condensate must be used instead of that for a thermal gas. One may derive an equation for the velocity field analogous to Eq. (11.46), and calculate the frequencies of low-lying modes corresponding to a homologous scaling of the density distribution. The results agree with those derived in Sec. 7.3 by considering the density distribution (see Problem 11.3).

The results of this subsection show that the frequencies of modes for trapped gases depend on the equation of state, since the results obtained for a thermal gas differ from those for a pure condensate. For a thermal gas the mode frequencies also depend on collisions, since the modes in the hydrodynamic limit differ from those in the collisionless limit, which are given by Eq. (11.28). This demonstrates how properties of collective modes may be used as a diagnostic tool for probing the state of a gas.

### 11.3 Collisional relaxation above $T_{\mathrm{C}}$

As we indicated above, in most experiments on oscillations in trapped alkali gases collisions are so infrequent that the gas is not in local thermodynamic equilibrium, so now we consider the opposite limit, when collisions are rare. The modes have frequencies given to a first approximation by Eq. (11.28), and collisions damp the modes. Such dissipation processes in trapped Bose gases have been investigated experimentally in a variety of ways. One is to measure the damping of collective oscillations. The atomic cloud is excited at the frequency of the normal mode of interest by means of a weak external perturbation, and the damping of the mode is then extracted from the measured time dependence of the oscillation amplitude in the absence of the perturbation [15]. Another way is to study the relaxation of temperature anisotropies in a gas in a harmonic trap [16-18]. In a harmonic trap the motion of a free particle is separable since the Hamiltonian may be written as a sum of independent terms corresponding to the motions parallel to each of the axes of the trap. Thus if an atomic cloud is prepared in a state in which the average particle energy for motion parallel to an axis of the trap is not the same for all axes, these energies do not depend on time in the absence of collisions. Such a state corresponds to a particle distribution with different effective temperatures along the various axes of the trap. However, because of collisions, temperature anisotropies decay in time. The dimensions of the cloud along the principal axes of the trap depend on the corresponding temperatures, and therefore anisotropy of the temperature may be monitored by observing how the shape of the cloud depends on time.

Most experiments on collisional relaxation have been carried out in the collisionless regime, where the mean free path is large compared with the size of the cloud. In the following we shall therefore consider the collisionless regime in some detail, and comment only briefly on the hydrodynamic and intermediate regimes. For simplicity, we limit the discussion to temperatures above the transition temperature.

We have already estimated the mean free time $\tau$ for collisions, Eq. (11.31). This sets the characteristic timescale for the decay of modes, but the decay time generally differs from $\tau$ by a significant numerical factor which depends on the mode in question. The reason for this difference is that collisions conserve particle number, total momentum, and total energy. As a consequence, collisions have no effect on certain parts of the distribution function.

## The Boltzmann equation

For temperatures $T$ greater than $T_{\mathrm{c}}$, the thermal energy $k T$ is large compared with the separation between the energy eigenvalues in the harmonicoscillator potential, the motion of particles may be treated semi-classically, and consequently the Boltzmann equation provides an accurate starting point for the calculation of relaxation rates. In addition, we may neglect the mean-field interactions with other atoms, since even when $T$ is as low as the transition temperature, the energy $n U_{0}$ is typically no more than a few per cent of $k T$. In Sec. 4.5 we discussed the Boltzmann equation in the context of Sisyphus cooling. Now we return to the kinetic equation with the aim of determining the relaxation of temperature anisotropies and the damping of collective modes. The left-hand side of the kinetic equation (4.77) remains the same as before, but the source term is different, since it arises from the mutual collisions of atoms. Collisions contribute to the change in the number of particles in the phase-space element $d \mathbf{r} d \mathbf{p}$ in a way that differs fundamentally from that of the streaming terms on the left-hand side. Collisions change the particle momenta instantaneously and thereby transfer particles from far-off regions of phase-space to the phase-space element under consideration (and likewise transfer particles from the given phase-space element to distant regions of phase space).

In order to describe this in terms of the distribution function $f_{\mathbf{p}}(\mathbf{r}, t)$ we introduce the abbreviation $d \tau=d \mathbf{p} /(2 \pi \hbar)^{3}$ and consider the probability that an atom of momentum $\mathbf{p}$ will be scattered during the time interval $d t$ by some atom in the element $d \tau_{1}$, with the result that the two atoms end up in $d \tau^{\prime}$ and $d \tau_{1}^{\prime}$. To simplify the discussion we shall first consider the
classical limit, where we may neglect the fact that the colliding particles are bosons. The probability must be proportional to the number density of atoms in $d \tau_{1}$, equal to $f_{\mathbf{p}_{1}} d \tau_{1}$, and also to the magnitude of the final phase-space elements $d \tau^{\prime}$ and $d \tau_{1}^{\prime}$. We write the (dimensionless) probability as $d \tau_{1} d \tau^{\prime} d \tau_{1}^{\prime} w\left(\mathbf{p}^{\prime}, \mathbf{p}_{1}^{\prime} ; \mathbf{p}, \mathbf{p}_{1}\right) f_{\mathbf{p}_{1}} d t$. Our statistical description of collisions implies that the rate of change of $f_{\mathbf{p}}$ due to scattering away from $d \tau$ is also proportional to $f_{\mathbf{p}}$ itself. By including the reverse process (scattering into the phase space element $d \tau$ ), we then obtain the total rate of change of $f_{\mathbf{p}}$ as

$$
\begin{align*}
& \left(\frac{\partial f_{\mathbf{p}}}{\partial t}\right)_{\text {coll }}= \\
& -\int d \tau_{1} \int d \tau^{\prime} \int d \tau_{1}^{\prime}\left[w\left(\mathbf{p}^{\prime}, \mathbf{p}_{1}^{\prime} ; \mathbf{p}, \mathbf{p}_{1}\right) f_{\mathbf{p}} f_{\mathbf{p}_{1}}-w\left(\mathbf{p}, \mathbf{p}_{1} ; \mathbf{p}^{\prime}, \mathbf{p}_{1}^{\prime}\right) f_{\mathbf{p}^{\prime}} f_{\mathbf{p}_{1}^{\prime}}\right] \tag{11.55}
\end{align*}
$$

For structureless particles one can relate the rate of the original ('outscattering') process to that of the reverse ('in-scattering') process if the system is invariant under time reversal, since the function $w\left(\mathbf{p}^{\prime}, \mathbf{p}_{1}^{\prime} ; \mathbf{p}, \mathbf{p}_{1}\right)$ then satisfies the condition

$$
\begin{equation*}
w\left(\mathbf{p}^{\prime}, \mathbf{p}_{1}^{\prime} ; \mathbf{p}, \mathbf{p}_{1}\right)=w\left(-\mathbf{p},-\mathbf{p}_{1} ;-\mathbf{p}^{\prime},-\mathbf{p}_{1}^{\prime}\right) \tag{11.56}
\end{equation*}
$$

In addition, if the two-body system is invariant under spatial inversion (parity), which reverses the direction of all momenta, we obtain the principle of detailed balancing,

$$
\begin{equation*}
w\left(\mathbf{p}^{\prime}, \mathbf{p}_{1}^{\prime} ; \mathbf{p}, \mathbf{p}_{1}\right)=w\left(\mathbf{p}, \mathbf{p}_{1} ; \mathbf{p}^{\prime}, \mathbf{p}_{1}^{\prime}\right) \tag{11.57}
\end{equation*}
$$

which allows us to combine the two terms in (11.55). This argument cannot be applied to most atoms of interest in cold atom experiments since they have spin and, consequently, the internal states of atoms are not invariant under time reversal. However, in the case of ultracold atoms scattering is predominantly s-wave (see the discussion below Eq. (5.98)) and therefore isotropic, in which case the principle of detailed balancing follows directly without use of symmetry principles.

We shall now relate $w$ to the differential scattering cross section, defined in Eq. (5.11). As we have seen above, the quantity $f_{\mathbf{p}_{1}} d \tau_{1} w\left(\mathbf{p}^{\prime}, \mathbf{p}_{1}^{\prime} ; \mathbf{p}, \mathbf{p}_{1}\right) d \tau^{\prime} d \tau_{1}^{\prime}$ is the probability per unit time for a particle with momentum $\mathbf{p}$ to collide with a particle in $d \tau_{1}$ in such a way that they end up in $d \tau^{\prime}$ and $d \tau_{1}^{\prime}$, respectively. When expressed in terms of the differential scattering cross section, the probability per unit time equals the density of target particles, $f_{\mathbf{p}_{1}} d \tau_{1}$, times the relative velocity $\left|\mathbf{v}-\mathbf{v}_{1}\right|$ times $d \sigma$, since the incident flux is pro-
portional to the relative velocity. We therefore conclude that

$$
\begin{equation*}
w\left(\mathbf{p}^{\prime}, \mathbf{p}_{1}^{\prime} ; \mathbf{p}, \mathbf{p}_{1}\right) d \tau^{\prime} d \tau_{1}^{\prime}=\left|\mathbf{v}-\mathbf{v}_{1}\right| d \sigma \tag{11.58}
\end{equation*}
$$

Note that this relation is valid, irrespective of whether the cross section is calculated classically or quantum mechanically. Finally, in order to take into account the fact that the colliding atoms are bosons we must also introduce into (11.55) the enhancement factors $1+f$ due to Bose statistics, that is $\left(1+f_{\mathbf{p}^{\prime}}\right)\left(1+f_{\mathbf{p}_{1}^{\prime}}\right)$ in the first term and $\left(1+f_{\mathbf{p}}\right)\left(1+f_{\mathbf{p}_{1}}\right)$ in the second one. Putting all this together we obtain the Boltzmann equation

$$
\begin{equation*}
\frac{\partial f}{\partial t}+\frac{\mathbf{p}}{m} \cdot \nabla f-\boldsymbol{\nabla} V \cdot \nabla_{\mathbf{p}} f=-I[f], \tag{11.59}
\end{equation*}
$$

where $V$ is the external potential and $I[f]$ the collision term. In the spirit of the semi-classical approach adopted here, we replace the collision term by the expression for a bulk gas,

$$
\begin{align*}
I[f]= & \int \frac{d \mathbf{p}_{1}}{(2 \pi \hbar)^{3}} \int d \Omega \frac{d \sigma}{d \Omega}\left|\mathbf{v}-\mathbf{v}_{1}\right| \\
& \times\left[f f_{1}\left(1+f^{\prime}\right)\left(1+f_{1}^{\prime}\right)-(1+f)\left(1+f_{1}\right) f^{\prime} f_{1}{ }^{\prime}\right] \tag{11.60}
\end{align*}
$$

In the above expression we have introduced the differential cross section $d \sigma / d \Omega$, where $\Omega$ is the solid angle for the direction of the relative momentum $\mathbf{p}^{\prime}-\mathbf{p}_{1}^{\prime}$. In general, the differential cross section depends on the relative velocity $\left|\mathbf{v}-\mathbf{v}_{1}\right|$ of the two incoming particles, as well as on the angles between the relative velocities of the colliding particles before and after the collision and the quantization axis (the direction of the magnetic field), but for low-energy particles it tends to a constant if the magnetic dipoledipole interaction is neglected, as we saw in Sec. 5.4.1. Because collisions are essentially local, the spatial arguments of all the distribution functions in the collision integral are the same. The first term on the second line of Eq. (11.60) is the out-scattering term, in which particles with momenta $\mathbf{p}$ and $\mathbf{p}_{1}$ are scattered to states with momenta $\mathbf{p}^{\prime}$ and $\mathbf{p}_{1}^{\prime}$, while the second term is the in-scattering term, corresponding to the inverse process. The two sorts of processes, as well as the enhancement factors $1+f$ due to the Bose statistics, are familiar from the calculation of Landau damping in Sec. 10.5.1.

Since the atoms are bosons, their distribution function $f^{0}$ in equilibrium is

$$
\begin{equation*}
f_{\mathbf{p}}^{0}(\mathbf{r})=\frac{1}{e^{\left(p^{2} / 2 m+V-\mu\right) / k T}-1} \tag{11.61}
\end{equation*}
$$

where $\mu$ is the chemical potential. To investigate small deviations from equilibrium, we write $f=f^{0}+\delta f$, where $f^{0}$ is the equilibrium distribution function and $\delta f$ is the deviation of $f$ from equilibrium. In equilibrium the net collision rate vanishes, because $f^{0} f_{1}^{0}\left(1+f^{0^{\prime}}\right)\left(1+f_{1}^{0^{\prime}}\right)=\left(1+f^{0}\right)\left(1+f_{1}^{0}\right) f^{0^{\prime}} f_{1}^{0^{\prime}}$ as a consequence of energy conservation. Linearizing Eq. (11.59) and introducing the definition

$$
\begin{equation*}
\delta f=f^{0}\left(1+f^{0}\right) \Phi, \tag{11.62}
\end{equation*}
$$

we find

$$
\begin{equation*}
\frac{\partial \delta f}{\partial t}+\frac{\mathbf{p}}{m} \cdot \nabla \delta f-\nabla V \cdot \nabla_{\mathbf{p}} \delta f=-I[\delta f], \tag{11.63}
\end{equation*}
$$

where the linearized collision integral is

$$
\begin{align*}
I[\delta f]= & \int \frac{d \mathbf{p}_{1}}{(2 \pi \hbar)^{3}} \int d \Omega \frac{d \sigma}{d \Omega}\left|\mathbf{v}-\mathbf{v}_{1}\right|\left(\Phi+\Phi_{1}-\Phi^{\prime}-\Phi_{1}^{\prime}\right) \\
& \times f^{0} f_{1}^{0}\left(1+f^{0^{\prime}}\right)\left(1+f_{1}^{0^{\prime}}\right) \tag{11.64}
\end{align*}
$$

For applications, it is convenient to separate out a factor $f^{0}\left(1+f^{0}\right)$ and define the operator

$$
\begin{equation*}
\Gamma[\Phi]=\frac{I[\delta f]}{f^{0}\left(1+f^{0}\right)} . \tag{11.65}
\end{equation*}
$$

The conservation laws imply that the collision integral (11.64) vanishes for certain forms of $\Phi$. The simplest one, which reflects conservation of particle number, is $\Phi=a(\mathbf{r})$, where $a(\mathbf{r})$ is any function that does not depend on the momentum. Since momentum is conserved in collisions, the collision integral (11.64) also vanishes for $\Phi=\mathbf{b}(\mathbf{r}) \cdot \mathbf{p}$ where $\mathbf{b}(\mathbf{r})$ is a vector independent of $\mathbf{p}$. Finally, since collisions are local in space, they conserve the kinetic energy of particles. This implies the vanishing of the collision integral when $\Phi=c(\mathbf{r}) p^{2}$, for any function $c(\mathbf{r})$ that is independent of momentum. These collision invariants will play an important role in the calculations of damping described below. To understand their significance we consider the distribution function for particles in equilibrium in a frame moving with a velocity $\mathbf{v}$. This is

$$
\begin{equation*}
f_{\mathbf{p}}(\mathbf{r})=\frac{1}{e^{\left(p^{2} / 2 m+V-\mathbf{p} \cdot \mathbf{v}-\mu\right) / k T}-1} . \tag{11.66}
\end{equation*}
$$

Since the derivative of the equilibrium distribution function with respect to the particle energy $\epsilon=p^{2} / 2 m$ is given by

$$
\begin{equation*}
\frac{\partial f^{0}}{\partial \epsilon}=-\frac{f^{0}\left(1+f^{0}\right)}{k T}, \tag{11.67}
\end{equation*}
$$

the change in $f$ for small values of $\mathbf{v}$ and for small changes in the chemical potential and the temperature is

$$
\begin{equation*}
\delta f=\left[\delta \mu+\mathbf{p} \cdot \mathbf{v}+\left(\frac{p^{2}}{2 m}+V-\mu\right) \frac{\delta T}{T}\right] \frac{f^{0}\left(1+f^{0}\right)}{k T} \tag{11.68}
\end{equation*}
$$

Thus the deviation function $\Phi$, Eq. (11.62), for local thermodynamic equilibrium is a sum of collision invariants.

The general approach for finding the frequencies and damping rates of modes is to evaluate the eigenvalues of the linearized Boltzmann equation. When collisions are infrequent, the modes are very similar to those in the absence of collisions. One can use this idea to develop a systematic method for determining properties of modes. We illustrate the approach by finding approximate solutions to the problems of relaxation of temperature anisotropies and the damping of oscillations, following Ref. [19].

### 11.3.1 Relaxation of temperature anisotropies

Consider a cloud of atoms in an anisotropic harmonic trap and imagine that the distribution function is disturbed from its equilibrium form by making the temperature $T_{z}$ associated with motion in the $z$ direction different from that for motion in the $x$ and $y$ directions, $T_{\perp}$. The distribution function may thus be written

$$
\begin{equation*}
f_{\mathbf{p}}(\mathbf{r})=\left[\exp \left(\frac{p_{z}^{2} / 2 m+V_{z}}{k T_{z}}+\frac{p_{\perp}^{2} / 2 m+V_{\perp}}{k T_{\perp}}-\frac{\mu}{k T}\right)-1\right]^{-1} \tag{11.69}
\end{equation*}
$$

where $V_{z}=m \omega_{z}^{2} z^{2} / 2, V_{\perp}=m\left(\omega_{x}^{2} x^{2}+\omega_{y}^{2} y^{2}\right) / 2$, and $p_{\perp}^{2}=p_{x}^{2}+p_{y}^{2}$. As usual, the temperature $T$ and the chemical potential are chosen to ensure that the total energy and the total number of particles have their actual values. For small temperature anisotropies, the deviation function has the form

$$
\begin{equation*}
\Phi=\frac{p_{z}^{2} / 2 m+V_{z}}{k T^{2}} \delta T_{z}+\frac{p_{\perp}^{2} / 2 m+V_{\perp}}{k T^{2}} \delta T_{\perp} \tag{11.70}
\end{equation*}
$$

where $\delta T_{z}=T_{z}-T$ and $\delta T_{\perp}=T_{\perp}-T$. From the condition that the total energy correspond to the temperature $T$ it follows that $\delta T_{z}=-2 \delta T_{\perp}$, the factor of two reflecting the two transverse degrees of freedom. We therefore obtain from Eq. (11.70) that

$$
\begin{equation*}
\Phi=\left(\frac{3 p_{z}^{2}-p^{2}}{4 m}+V_{z}-\frac{1}{2} V_{\perp}\right) \frac{\delta T_{z}}{k T^{2}} \tag{11.71}
\end{equation*}
$$

The distribution function corresponding to this is a static solution of the collisionless Boltzmann equation. This result follows from the fact that $\Phi$
is a function of the energies associated with the $z$ and transverse motions, which are separately conserved. It may be confirmed by explicit calculation.

When the collision time for a particle is long compared with the periods of all oscillations in the trap we expect that the solution of the Boltzmann equation will be similar to Eq. (11.71). We therefore adopt as an ansatz the form

$$
\begin{equation*}
\delta f=f^{0}\left(1+f^{0}\right) \Phi_{T} g(t) \tag{11.72}
\end{equation*}
$$

where

$$
\begin{equation*}
\Phi_{T}=p_{z}^{2}-\frac{p^{2}}{3}+\frac{4 m}{3}\left(V_{z}-\frac{1}{2} V_{\perp}\right), \tag{11.73}
\end{equation*}
$$

and $g(t)$ describes the relaxation of the distribution function towards its equilibrium value. We insert (11.72) in the Boltzmann equation (11.63), multiply by $\Phi_{T}$, and integrate over coordinates and momenta. The result is

$$
\begin{equation*}
<\Phi_{T}^{2}>\frac{\partial g}{\partial t}=-<\Phi_{T} \Gamma\left[\Phi_{T}\right]>g(t), \tag{11.74}
\end{equation*}
$$

where $\langle\cdots\rangle$ denotes multiplication by $f^{0}\left(1+f^{0}\right)$ and integration over both coordinate space and momentum space. The integral operator $\Gamma[\Phi]$ is defined in Eq. (11.65).

The solution of (11.74) is thus

$$
\begin{equation*}
g(t)=g(0) e^{-\gamma_{T} t}, \tag{11.75}
\end{equation*}
$$

where the relaxation rate is

$$
\begin{equation*}
\gamma_{T}=\frac{\left\langle\Phi_{T} \Gamma\left[\Phi_{T}\right]\right\rangle}{\left\langle\Phi_{T}^{2}\right\rangle} . \tag{11.76}
\end{equation*}
$$

The physical content of this equation is that the numerator is, apart from factors, the rate of entropy generation times $T$. The denominator is essentially the excess free energy associated with the temperature anisotropy. The rate of decay is therefore the ratio of these two quantities. The expression thus has a form similar to that for the decay rate of modes in the hydrodynamic regime [20]. The source of dissipation in both the hydrodynamic and collisionless regimes is collisions between atoms, but in the hydrodynamic regime the effect of collisions may be expressed in terms of the shear and bulk viscosities and the thermal conductivity.

If one replaces the collision integral by a naive approximation for $\mathrm{it}, \Gamma[\Phi]=$ $\Phi / \tau(\mathbf{r})$, the damping rate is $\gamma=\left\langle\Phi_{T}^{2} / \tau(\mathbf{r})\right\rangle /\left\langle\Phi_{T}^{2}\right\rangle$. However, this is a poor approximation, since the potential energy terms in $\Phi_{T}$ are collision
invariants, and therefore the collision integral gives zero when acting on them. Thus we may write

$$
\begin{equation*}
\Gamma\left[\Phi_{T}\right]=\Gamma\left[p_{z}^{2}-p^{2} / 3\right] . \tag{11.77}
\end{equation*}
$$

Since the collision integral is symmetric $(<A \Gamma[B]>=\langle B \Gamma[A]>)$, the only term in the collision integral that survives is $\left\langle\left(p_{z}^{2}-p^{2} / 3\right) \Gamma\left[p_{z}^{2}-p^{2} / 3\right]\right\rangle$. After multiplication and division by $\left\langle\left(p_{z}^{2}-p^{2} / 3\right)^{2}\right\rangle$ the decay rate may be written as

$$
\begin{equation*}
\gamma_{T}=\frac{\left\langle\left(p_{z}^{2}-p^{2} / 3\right) \Gamma\left[p_{z}^{2}-p^{2} / 3\right]>\right.}{\left\langle\left(p_{z}^{2}-p^{2} / 3\right)^{2}>\right.} \frac{\left\langle\left(p_{z}^{2}-p^{2} / 3\right)^{2}\right\rangle}{\left\langle\Phi_{T}^{2}>\right.} . \tag{11.78}
\end{equation*}
$$

In this equation, the first factor is an average collision rate for a distribution function with $\Phi \propto p_{z}^{2}-p^{2} / 3$, and the second factor is the ratio of the excess free energy in the part of $\Phi_{T}$ varying as $p_{z}^{2}-p^{2} / 3$, and the total excess free energy. An explicit evaluation shows that the second factor is $1 / 2$. This reflects the fact that in a harmonic trap, the kinetic and potential energies are equal. However, collisions relax directly only the contributions to $\Phi_{T}$ that are anisotropic in momentum space, but not those that are anisotropic in coordinate space. The time to relax the excess free energy in the mode is therefore twice as long as it would have been if there were no potential energy contributions to $\Phi_{T}$.

The first factor in Eq. (11.78) gives the decay rate for a deviation function $\Phi \propto p_{z}^{2}-p^{2} / 3$, which is spatially homogeneous and is proportional to the Legendre polynomial of degree $l=2$ in momentum space. Since the collision integral is invariant under rotations in momentum space, the decay rate is the same for all disturbances corresponding to $l=2$ in momentum space which have the same dependence on $p$. In particular, it is the same as for $\Phi \propto p_{x} p_{y}$. Disturbances of this form arise when calculating the shear viscosity $\eta$ of a uniform gas in the hydrodynamic regime.

The evaluation of the integrals in (11.78) can be carried out analytically in the classical limit, at temperatures well above $T_{c}$, but since the calculations are rather lengthy we shall only state the result for an energy-independent s-wave cross section $\sigma$, given for identical bosons by $\sigma=8 \pi a^{2}$ (Eq. (5.25)):

$$
\begin{equation*}
\gamma_{T}=\frac{1}{5} n_{\mathrm{cl}}(0) \sigma \bar{v} . \tag{11.79}
\end{equation*}
$$

Here $n_{\mathrm{cl}}(0)=N \bar{\omega}^{3}[m / 2 \pi k T]^{3 / 2}$ is the central density (see (2.39) and (2.40)), and $\bar{v}$ is the mean thermal velocity of a particle (see (4.109)), given by

$$
\begin{equation*}
\bar{v}=\left(\frac{8 k T}{\pi m}\right)^{1 / 2} \tag{11.80}
\end{equation*}
$$

The calculation described above can be extended to take into account the effects of quantum degeneracy at temperatures above the transition temperature. The leading high-temperature correction to the classical result (11.79) is given by

$$
\begin{equation*}
\gamma_{T} \simeq \frac{1}{5} n_{\mathrm{cl}}(0) \sigma \bar{v}\left[1+\frac{3 \zeta(3)}{16} \frac{T_{\mathrm{c}}^{3}}{T^{3}}\right], \tag{11.81}
\end{equation*}
$$

while at lower temperatures the rate must be calculated numerically.
Throughout our discussion we have assumed that the deviation function is given by Eq. (11.71). Actually, the long-lived mode does not have precisely this form, and one can systematically improve the trial function by exploiting a variational principle essentially identical to that used to find the groundstate energy in quantum mechanics.

### 11.3.2 Damping of oscillations

The above approach can also be used to investigate the damping of oscillations. Consider an anisotropic harmonic trap with uniaxial symmetry, $\omega_{x}=\omega_{y} \neq \omega_{z}$. To begin with we study an oscillation corresponding to an extension of the cloud along the $z$ axis. In the absence of collisions, the motions in the $x, y$, and $z$ directions decouple. If the cloud is initially at rest but is more extended in the $z$ direction than it would be in equilibrium, it will begin to contract. The kinetic energy of particles for motion in the $z$ direction will increase. Later the contraction will halt, the thermal kinetic energy will be a maximum, and the cloud will begin to expand again towards its original configuration. Physically we would expect the deviation function to have terms in $p_{z}^{2}$, corresponding to a modulation of the temperature for motion in the $z$ direction, a function of $z$ to allow for density changes, and a term of the form $p_{z}$ times a function of $z$, which corresponds to a $z$-dependent mean particle velocity. The combination $p_{z}+i m \omega_{z} z$ is the classical equivalent of a raising operator in quantum mechanics, and it depends on time as $e^{-i \omega_{z} t}$. Consequently, we expect that a deviation from equilibrium proportional to $\left(p_{z}+i m \omega_{z} z\right)^{2}$ will give rise to an oscillatory mode at the frequency $2 \omega_{z}$. We therefore use the deviation function ${ }^{3}$

$$
\begin{equation*}
\Phi=\Phi_{\mathrm{osc}}=C\left(p_{z}+i m \omega_{z} z\right)^{2} e^{-i 2 \omega_{z} t} \tag{11.82}
\end{equation*}
$$

[^34]where $C$ is an arbitrary constant. That this is a solution of the collisionless Boltzmann equation may be verified by inserting it into (11.63) with $I=0$. We note that the trial function we used for temperature relaxation may be written as a sum of terms such as $\left(p_{z}+i m \omega_{z} z\right)\left(p_{z}-i m \omega_{z} z\right)$.

We now consider the effect of collisions, and we look for a solution of the form

$$
\begin{equation*}
\Phi=\Phi_{\mathrm{osc}} e^{-i 2 \omega_{z} t} g(t), \tag{11.83}
\end{equation*}
$$

where $g(t)$ again describes the relaxation of the distribution function. We insert (11.83) in the Boltzmann equation (11.63) and use the fact that

$$
\begin{equation*}
\Gamma\left[\left(p_{z}+i m \omega_{z} z\right)^{2}\right]=\Gamma\left[p_{z}^{2}\right]=\Gamma\left[p_{z}^{2}-p^{2} / 3\right], \tag{11.84}
\end{equation*}
$$

because of the existence of the collision invariants discussed above. Multiplying by $\Phi_{\text {osc }}^{*}$, integrating over coordinates and momenta, and solving the resulting differential equation for $g$ one finds

$$
\begin{equation*}
g(t)=e^{-\gamma_{\text {osc }} t}, \tag{11.85}
\end{equation*}
$$

where

$$
\begin{align*}
\gamma_{\mathrm{osc}} & =\frac{\left\langle\Phi_{\mathrm{osc}}^{*} \Gamma\left[\Phi_{\mathrm{osc}}\right]\right\rangle}{\left.\left.\langle | \Phi_{\mathrm{osc}}\right|^{2}\right\rangle}=\frac{\left\langle\left(p_{z}^{2}-p^{2} / 3\right) \Gamma\left[p_{z}^{2}-p^{2} / 3\right]\right\rangle}{\left.<\left(p_{z}^{2}+\left(m \omega_{z} z\right)^{2}\right)^{2}\right\rangle} \\
& =\frac{\left\langle\left(p_{z}^{2}-p^{2} / 3\right) \Gamma\left[p_{z}^{2}-p^{2} / 3\right]\right\rangle}{\left.<\left(p_{z}^{2}-p^{2} / 3\right)^{2}\right\rangle} \frac{\left.<\left(p_{z}^{2}-p^{2} / 3\right)^{2}\right\rangle}{\left.<\left(p_{z}^{2}+\left(m \omega_{z} z\right)^{2}\right)^{2}\right\rangle} \tag{11.86}
\end{align*}
$$

This expression has essentially the same form as that for the decay rate of temperature anisotropies. The second factor, reflecting the fraction of the free energy in the form of velocity anisotropies, may be evaluated directly, and is equal to $1 / 6$. Following the same path as before, we find for the decay rate in the classical limit

$$
\begin{equation*}
\gamma_{\mathrm{osc}}=\frac{1}{15} n_{\mathrm{cl}}(0) \sigma \bar{v} \tag{11.87}
\end{equation*}
$$

Let us now consider modes in the $x y$ plane. We shall again restrict ourselves to modes having a frequency equal to twice the oscillator frequency, in this case the transverse one $\omega_{\perp}$. In the absence of interactions the modes corresponding to the deviation functions $\left(p_{x}+i m \omega_{\perp} x\right)^{2}$ and $\left(p_{y}+i m \omega_{\perp} y\right)^{2}$ are degenerate. To calculate the damping of the modes when there are collisions, one must use degenerate perturbation theory. Alternatively, one may use physical arguments to determine the form of the modes. The combinations of the two mode functions that have simple transformation properties under rotations about the $z$ axis are $\left(p_{x}+i m \omega_{\perp} x\right)^{2} \pm\left(p_{y}+i m \omega_{\perp} y\right)^{2}$. The
plus sign corresponds to a mode which is rotationally invariant, and the minus sign to a quadrupolar mode. Because of the different rotational symmetries of the two modes, they are not mixed by collisions. The damping of the modes may be calculated by the same methods as before, and the result differs from the earlier one, Eq. (11.86), only through the factor that gives the fraction of the free energy in the mode that is due to the $l=2$ anisotropies in momentum space. For the rotationally invariant mode the factor is $1 / 12$, while for the quadrupole mode it is $1 / 4$, which are to be compared with the factor $1 / 6$ for the oscillation in the $z$ direction [19].

The relaxation rates given above may be compared directly with experiment. It is thereby possible to obtain information about interactions between atoms, because uncertainties in the theory are small. The results also provide a useful theoretical testing ground for approximate treatments of the collision integral.

## The hydrodynamic and intermediate regimes

The calculations above of damping rates were made for the collisionless regime. However, in some experiments collision frequencies are comparable with the lowest of the trap frequencies. Let us therefore turn to the opposite limit in which the oscillation frequency $\omega$ is much less than a typical collision rate. When the hydrodynamic equations apply, the attenuation of modes, e.g., of the type (11.48), may be calculated using the standard expression for the rate of loss of mechanical energy [20]. One finds that the damping rate $1 / \tau$ is proportional to an integral of the shear viscosity $\eta(\mathbf{r})$ over coordinate space, $1 / \tau \propto \int d \mathbf{r} \eta(\mathbf{r})$. Since the viscosity of a classical gas is independent of density, the damping rate would diverge if one integrated over all of space. This difficulty is due to the fact that a necessary condition for hydrodynamics to apply is that the mean free path be small compared with the length scale over which the density varies. In the outer region of the cloud, the density, and hence also the collision rate, are low, and at some point the mean free path becomes so long that the conditions for the hydrodynamic regime are violated. Consequently, the dissipation there must be calculated from kinetic theory. Strictly speaking, a hydrodynamic limit does not exist for clouds confined by a trap, since the conditions for hydrodynamic behaviour are always violated in the outer region. An approximate solution to this problem is obtained by introducing a cut-off in the hydrodynamic formula [21].

It is difficult to achieve truly hydrodynamic conditions in the sense $\omega_{z} \tau \ll 1$, but there are experiments on the damping of oscillations for the in-
termediate regime when $\omega_{z} \tau$ is close to unity [22]. A good semi-quantitative description of the intermediate regime may be obtained by interpolating between the hydrodynamic and collisionless limits. A simple expression for $\omega^{2}$ that gives the correct frequencies $\omega_{\mathrm{C}}$ in the collisionless limit and $\omega_{\mathrm{H}}$ in the hydrodynamic regime and has a form typical of relaxation processes is

$$
\begin{equation*}
\omega^{2}=\omega_{\mathrm{C}}^{2}-\frac{\omega_{\mathrm{C}}^{2}-\omega_{\mathrm{H}}^{2}}{1-i \omega \tilde{\tau}} \tag{11.88}
\end{equation*}
$$

where $\tilde{\tau}$ is a suitably chosen relaxation time which is taken to be independent of frequency. In the collisionless limit the leading contribution to the damping rate of the mode is $\left(1-\omega_{\mathrm{H}}^{2} / \omega_{\mathrm{C}}^{2}\right) / 2 \tilde{\tau}$, while in the hydrodynamic limit the damping is not given correctly because of the difficulties at the edge of the cloud, described above. The form (11.88) predicts a definite relationship between the frequency of the mode and its damping which is in good agreement with experiments in the intermediate regime [23].

## Problems

Problem 11.1 Estimate the thermal contribution to the energy of a cloud of $N$ bosons in an isotropic harmonic trap with frequency $\omega_{0}$ at temperatures low compared with $T_{0}$. You may assume that $N a / a_{\text {osc }} \gg 1$.
Problem 11.2 Verify the result (11.27) for the energy of a trapped cloud at non-zero temperature and sketch the temperature dependence of the associated specific heat. Use the same approximation to calculate the energy of the cloud after the trapping potential is suddenly turned off. This quantity is referred to as the release energy $E_{\text {rel }}$. It is equal to the kinetic energy of the atoms after the cloud has expanded so much that the interaction energy is negligible.
Problem 11.3 Consider linear oscillations of a Bose-Einstein condensate in the Thomas-Fermi approximation. Show that the Euler equation and the equation of continuity lead to the following equation for the velocity field,

$$
\frac{\partial^{2} \mathbf{v}}{\partial t^{2}}=2 \frac{p_{\mathrm{eq}}}{\rho_{\mathrm{eq}}} \boldsymbol{\nabla}(\boldsymbol{\nabla} \cdot \mathbf{v})+\boldsymbol{\nabla}(\mathbf{f} \cdot \mathbf{v})+\mathbf{f}(\boldsymbol{\nabla} \cdot \mathbf{v})
$$

where $p_{\text {eq }} / \rho_{\text {eq }}=n(\mathbf{r}) U_{0} / 2 m$. This result is equivalent to Eq. (7.63), which is expressed in terms of the density rather than the velocity. It is the analogue of Eq. (11.46) for a normal gas in the hydrodynamic regime. Consider now a condensate in an anisotropic harmonic trap. Show that there are solutions to the equation having the form $\mathbf{v}=(a x, b y, c z)$, and calculate
their frequencies for a trap with axial symmetry. Compare them with those for the corresponding hydrodynamic modes of a gas above $T_{\mathrm{c}}$.

Problem 11.4 Show that for a gas above $T_{\mathrm{c}}$ in an isotropic $\operatorname{trap} V=$ $m \omega_{0}^{2} r^{2} / 2$ there exist hydrodynamic modes with a velocity field of the form $\mathbf{v}(\mathbf{r}) \propto \boldsymbol{\nabla}\left[r^{l} Y_{l m}(\theta, \phi)\right]$, and evaluate their frequencies. Compare the results with those for a pure condensate in the Thomas-Fermi limit that were considered in Sec. 7.3.1. Determine the spatial dependence of the associated density fluctuations in the classical limit.
Problem 11.5 Determine for the anisotropic harmonic-oscillator trap (2.7) the frequencies of hydrodynamic modes of a Bose gas above $T_{\mathrm{c}}$ with a velocity field given by $\mathbf{v}(\mathbf{r}) \propto \boldsymbol{\nabla}(x y)$. Compare the result with that for a condensate in the Thomas-Fermi limit. Show that a local velocity having the above form corresponds in a kinetic description to a deviation function $\Phi \propto y p_{x}+x p_{y}$ if, initially, the local density and temperature are not disturbed from equilibrium. Calculate how a deviation function of this form develops in time when there are no collisions, and compare the result with that for the hydrodynamic limit. [Hint: Express the deviation function in terms of $p_{x} \pm i m \omega_{x} x$, etc., which have a simple time dependence.]

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## Mixtures and spinor condensates

In preceding chapters we have explored properties of Bose-Einstein condensates with a single macroscopically occupied quantum state, and spin degrees of freedom of the atoms were assumed to play no role. In the present chapter we extend the theory to systems in which two or more quantum states are macroscopically occupied.

The simplest example of such a multi-component system is a mixture of two different species of bosons, for example two isotopes of the same element, or two different atoms. The theory of such systems can be developed along the same lines as that for one-component systems developed in earlier chapters, and we do this in Sec. 12.1.

Since alkali atoms have spin, it is also possible to make mixtures of the same isotope, but in different internal spin states. This was first done experimentally by the JILA group, who made a mixture of ${ }^{87} \mathrm{Rb}$ atoms in hyperfine states $F=2, m_{F}=2$ and $F=1, m_{F}=-1$ [1]. Mixtures of hyperfine states of the same isotope differ from mixtures of distinct isotopes because atoms can undergo transitions between hyperfine states, while transitions that convert one isotope into another may be neglected. Transitions between different hyperfine states can influence equilibrium properties markedly if the interaction energy per particle is comparable with or larger than the energy difference between hyperfine levels. In magnetic traps it is difficult to achieve such conditions, since the trapping potential depends on the particular hyperfine state. However, in optical traps (see Sec. 4.2.2) the potential is independent of the hyperfine state, and the dynamics of the spin can be investigated, as has been done experimentally [2,3]. To calculate properties of a condensate with a number of hyperfine components, one may generalize the treatment for the one-component system to allow for the spinor nature of the wave function. We describe this in Sec. 12.2. While this theory is expected to be valid under a wide range of experimental
conditions, we shall show that in the absence of a magnetic field the ground state for atoms with an antiferromagnetic interaction is very different from that predicted by the Gross-Pitaevskii theory. The experimental study of mixtures and spinor condensates has turned out to be a rich topic which has branched out in many different directions, some of which have been reviewed in Refs. [4] and [5].

### 12.1 Mixtures

Let us begin by considering a mixture of two different bosonic atoms. The generalization of the Hartree wave function (6.1) to two species, labelled 1 and 2, with $N_{1}$ and $N_{2}$ particles respectively, is

$$
\begin{equation*}
\Psi\left(\mathbf{r}_{1}, \ldots, \mathbf{r}_{N_{1}} ; \mathbf{r}_{1}^{\prime}, \ldots, \mathbf{r}_{N_{2}}^{\prime}\right)=\prod_{i=1}^{N_{1}} \phi_{1}\left(\mathbf{r}_{i}\right) \prod_{j=1}^{N_{2}} \phi_{2}\left(\mathbf{r}_{j}^{\prime}\right), \tag{12.1}
\end{equation*}
$$

where the particles of species 1 are denoted by $\mathbf{r}_{i}$ and those of species 2 by $\mathbf{r}_{j}^{\prime}$. The corresponding single-particle wave functions are $\phi_{1}$ and $\phi_{2}$. The atomic interactions generally depend on the species, and we shall denote the effective interaction for an atom of species $i$ with one of species $j$ by $U_{i j}$. For a uniform system, the interaction energy is given by the generalization of Eq. (6.6),

$$
\begin{equation*}
E=\frac{N_{1}\left(N_{1}-1\right) U_{11}}{2 V}+\frac{N_{1} N_{2} U_{12}}{V}+\frac{N_{2}\left(N_{2}-1\right) U_{22}}{2 V} . \tag{12.2}
\end{equation*}
$$

If we introduce the condensate wave functions for the two components according to the definitions $\psi_{1}=N_{1}^{1 / 2} \phi_{1}$ and $\psi_{2}=N_{2}^{1 / 2} \phi_{2}$, the energy functional corresponding to Eq. (6.9) for a one-component system is

$$
\begin{align*}
E= & \int d \mathbf{r}\left(\frac{\hbar^{2}}{2 m_{1}}\left|\boldsymbol{\nabla} \psi_{1}\right|^{2}+V_{1}(\mathbf{r})\left|\psi_{1}\right|^{2}+\frac{\hbar^{2}}{2 m_{2}}\left|\nabla \psi_{2}\right|^{2}+V_{2}(\mathbf{r})\left|\psi_{2}\right|^{2}\right. \\
& \left.+\frac{1}{2} U_{11}\left|\psi_{1}\right|^{4}+\frac{1}{2} U_{22}\left|\psi_{2}\right|^{4}+U_{12}\left|\psi_{1}\right|^{2}\left|\psi_{2}\right|^{2}\right) \tag{12.3}
\end{align*}
$$

where we have neglected effects of order $1 / N_{1}$ and $1 / N_{2}$, which are small when $N_{1}$ and $N_{2}$ are large. Here $m_{i}$ is the mass of an atom of species $i$, and $V_{i}$ is the external potential. In a magnetic trap, the potential depends on the energy of an atom as a function of magnetic field, and therefore it varies from one hyperfine state, isotope, or atom to another. The constants $U_{11}, U_{22}$ and $U_{12}=U_{21}$ are related to the respective scattering lengths $a_{11}, a_{22}$ and
$a_{12}=a_{21}$ by $U_{i j}=2 \pi \hbar^{2} a_{i j} / m_{i j}(i, j=1,2)$, where $m_{i j}=m_{i} m_{j} /\left(m_{i}+m_{j}\right)$ is the reduced mass for an atom $i$ and an atom $j$.

The interaction conserves separately the numbers of atoms of the two species. To minimize the energy functional subject to the constraint that the number of atoms of each species be conserved, one therefore introduces the two chemical potentials $\mu_{1}$ and $\mu_{2}$. The resulting time-independent Gross-Pitaevskii equations are

$$
\begin{equation*}
-\frac{\hbar^{2}}{2 m_{1}} \nabla^{2} \psi_{1}+V_{1}(\mathbf{r}) \psi_{1}+U_{11}\left|\psi_{1}\right|^{2} \psi_{1}+U_{12}\left|\psi_{2}\right|^{2} \psi_{1}=\mu_{1} \psi_{1} \tag{12.4}
\end{equation*}
$$

and

$$
\begin{equation*}
-\frac{\hbar^{2}}{2 m_{2}} \nabla^{2} \psi_{2}+V_{2}(\mathbf{r}) \psi_{2}+U_{22}\left|\psi_{2}\right|^{2} \psi_{2}+U_{12}\left|\psi_{1}\right|^{2} \psi_{2}=\mu_{2} \psi_{2} \tag{12.5}
\end{equation*}
$$

These will form the basis of our analysis of equilibrium properties of mixtures.

### 12.1.1 Equilibrium properties

Let us first examine a homogeneous gas, where the densities $n_{i}=\left|\psi_{i}\right|^{2}$ of the two components are constant. For each component, the energy is minimized by choosing the phase to be independent of space, and the Gross-Pitaevskii equations become

$$
\begin{equation*}
\mu_{1}=U_{11} n_{1}+U_{12} n_{2} \quad \text { and } \quad \mu_{2}=U_{12} n_{1}+U_{22} n_{2} \tag{12.6}
\end{equation*}
$$

which relate the chemical potentials to the densities.

## Stability

For the homogeneous solution to be stable, the energy must increase for deviations of the density from uniformity. We imagine that the spatial scale of the density disturbances is so large that the kinetic energy term in the energy functional plays no role. Under these conditions the total energy $E$ may be written as

$$
\begin{equation*}
E=\int d \mathbf{r} \mathcal{E}\left(n_{1}(\mathbf{r}), n_{2}(\mathbf{r})\right) \tag{12.7}
\end{equation*}
$$

where $\mathcal{E}$ denotes the energy density as a function of the densities $n_{1}$ and $n_{2}$ of the two components. We consider the change in total energy arising from small changes $\delta n_{1}$ and $\delta n_{2}$ in the densities of the two components. The
first-order variation $\delta E$ must vanish, since the number of particles of each species is conserved,

$$
\begin{equation*}
\int d \mathbf{r} \delta n_{i}=0, \quad i=1,2 . \tag{12.8}
\end{equation*}
$$

The second-order variation $\delta^{2} E$ is given by the quadratic form

$$
\begin{equation*}
\delta^{2} E=\frac{1}{2} \int d \mathbf{r}\left[\frac{\partial^{2} \mathcal{E}}{\partial n_{1}^{2}}\left(\delta n_{1}\right)^{2}+\frac{\partial^{2} \mathcal{E}}{\partial n_{2}^{2}}\left(\delta n_{2}\right)^{2}+2 \frac{\partial^{2} \mathcal{E}}{\partial n_{1} \partial n_{2}} \delta n_{1} \delta n_{2}\right] \tag{12.9}
\end{equation*}
$$

The derivative of the energy density with respect to the particle density, $\partial \mathcal{E} / \partial n_{i}$, is the chemical potential $\mu_{i}$ of species $i(i=1,2)$. The quadratic form (12.9) is thus positive definite, provided

$$
\begin{equation*}
\frac{\partial \mu_{1}}{\partial n_{1}}>0, \quad \frac{\partial \mu_{2}}{\partial n_{2}}>0 \tag{12.10}
\end{equation*}
$$

and

$$
\begin{equation*}
\frac{\partial \mu_{1}}{\partial n_{1}} \frac{\partial \mu_{2}}{\partial n_{2}}-\frac{\partial \mu_{1}}{\partial n_{2}} \frac{\partial \mu_{2}}{\partial n_{1}}>0 \tag{12.11}
\end{equation*}
$$

Since $\partial \mu_{1} / \partial n_{2}=\partial^{2} \mathcal{E} / \partial n_{1} \partial n_{2}=\partial \mu_{2} / \partial n_{1}$, the condition (12.11) implies that $\left(\partial \mu_{1} / \partial n_{1}\right)\left(\partial \mu_{2} / \partial n_{2}\right)>\left(\partial \mu_{1} / \partial n_{2}\right)^{2} \geq 0$, and therefore a sufficient condition for stability is that Eq. (12.11) and one of the two conditions in (12.10) be satisfied, since the other condition in (12.10) then holds automatically. For the energy functional (12.3),

$$
\begin{equation*}
\mathcal{E}=\frac{1}{2} n_{1}^{2} U_{11}+\frac{1}{2} n_{2}^{2} U_{22}+n_{1} n_{2} U_{12} \tag{12.12}
\end{equation*}
$$

and therefore

$$
\begin{equation*}
\frac{\partial \mu_{i}}{\partial n_{j}}=U_{i j} \tag{12.13}
\end{equation*}
$$

Consequently the stability conditions (12.10) and (12.11) become

$$
\begin{equation*}
U_{11}>0, \quad U_{22}>0, \quad \text { and } \quad U_{11} U_{22}>U_{12}^{2} \tag{12.14}
\end{equation*}
$$

The first condition ensures stability against collapse when only the density of the first component is varied, and therefore it is equivalent to the requirement that long-wavelength sound modes in that component be stable. Similarly, the second condition ensures stable sound waves in the second component if it alone is perturbed. The final condition ensures that no disturbance in which the densities of both components are varied can lower the energy.

The stability conditions may be understood in physical terms by observing that the last of the conditions (12.14) is equivalent to the requirement that

$$
\begin{equation*}
U_{11}-\frac{U_{12}^{2}}{U_{22}}>0 \tag{12.15}
\end{equation*}
$$

since $U_{22}>0$ by the second of the conditions (12.14). The first term is the socalled direct interaction between atoms of species 1 , and it gives the change in energy when the density of the second species is held fixed. The term $-U_{12}^{2} / U_{22}$, which is referred to as the induced interaction, corresponds to an interaction mediated by the atoms of the second species. Such effects will be discussed in greater detail in Secs. 16.3.2 and 16.4.1 in the context of Fermi systems and mixtures of bosons and fermions. The result (12.15) states that the total effective interaction, consisting of the direct interaction $U_{11}$ and the induced interaction, must be positive for stability. The argument may also be couched in terms of the effective interaction between two atoms of the second species. If $U_{12}^{2}>U_{11} U_{22}$ and $U_{12}$ is negative, the gas is unstable to formation of a denser state containing both components, while if $U_{12}$ is positive, the two components will separate. One can demonstrate that the conditions (12.14) also ensure stability against large deviations from uniformity [6].

## Density profiles

Now we consider the density distributions in trapped gas mixtures. We shall work in the Thomas-Fermi approximation, in which one neglects the kinetic energy terms in Eqs. (12.4) and (12.5), which then become

$$
\begin{equation*}
\mu_{1}=V_{1}+U_{11} n_{1}+U_{12} n_{2} \tag{12.16}
\end{equation*}
$$

and

$$
\begin{equation*}
\mu_{2}=V_{2}+U_{22} n_{2}+U_{12} n_{1} \tag{12.17}
\end{equation*}
$$

These equations may be inverted to give

$$
\begin{equation*}
n_{1}=\frac{U_{22}\left(\mu_{1}-V_{1}\right)-U_{12}\left(\mu_{2}-V_{2}\right)}{U_{11} U_{22}-U_{12}^{2}} \tag{12.18}
\end{equation*}
$$

and

$$
\begin{equation*}
n_{2}=\frac{U_{11}\left(\mu_{2}-V_{2}\right)-U_{12}\left(\mu_{1}-V_{1}\right)}{U_{11} U_{22}-U_{12}^{2}} \tag{12.19}
\end{equation*}
$$

The denominator is positive, since it is necessary that $U_{11} U_{22}>U_{12}^{2}$ for stability of bulk matter, as we saw in Eq. (12.14).

The solutions (12.18) and (12.19) make sense only if the densities $n_{1}$ and
$n_{2}$ are positive. When one component is absent, the other one obeys the Gross-Pitaevskii equation for a single component. The chemical potentials $\mu_{1}$ and $\mu_{2}$ must be determined self-consistently from the condition that the total number of particles of a particular species is given by integrating the density distribution over space.
Let us now give a specific example. We assume that the trapping potentials are isotropic and harmonic, $V_{1}(\mathbf{r})=m_{1} \omega_{1}^{2} r^{2} / 2$, and that $V_{2}=$ $m_{2} \omega_{2}^{2} r^{2} / 2=\lambda V_{1}$, where $\lambda=m_{2} \omega_{2}^{2} / m_{1} \omega_{1}^{2}$ is a constant. We define lengths $R_{1}$ and $R_{2}$ by the equation

$$
\begin{equation*}
\mu_{i}=\frac{1}{2} m_{i} \omega_{i}^{2} R_{i}^{2}, \quad i=1,2 . \tag{12.20}
\end{equation*}
$$

After inserting the expressions for $V_{i}$ and $\mu_{i}$ into (12.18) and (12.19) we may write the densities as

$$
\begin{equation*}
n_{1}=\frac{\mu_{1}}{U_{11}} \frac{1}{1-U_{12}^{2} / U_{11} U_{22}}\left[1-\frac{U_{12}}{U_{22}} \frac{\mu_{2}}{\mu_{1}}-\frac{r^{2}}{R_{1}^{2}}\left(1-\frac{\lambda U_{12}}{U_{22}}\right)\right], \tag{12.21}
\end{equation*}
$$

and

$$
\begin{equation*}
n_{2}=\frac{\mu_{2}}{U_{22}} \frac{1}{1-U_{12}^{2} / U_{11} U_{22}}\left[1-\frac{U_{12}}{U_{11}} \frac{\mu_{1}}{\mu_{2}}-\frac{r^{2}}{R_{2}^{2}}\left(1-\frac{U_{12}}{\lambda U_{11}}\right)\right] . \tag{12.22}
\end{equation*}
$$

In the absence of interaction between the two components of the mixture ( $U_{12}=0$ ), the densities (12.21) and (12.22) vanish at $r=R_{1}$ and $r=R_{2}$, respectively. If one of the densities, say $n_{1}$, vanishes in a certain region of space, one can see from Eq. (12.17) that the density $n_{2}$ of the other component is given by

$$
\begin{equation*}
n_{2}=\frac{\mu_{2}}{U_{22}}\left(1-\frac{r^{2}}{R_{2}^{2}}\right) \tag{12.23}
\end{equation*}
$$

provided $r$ is less than $R_{2}$. This agrees with the density obtained from (12.22) by setting $U_{12}$ equal to zero. In all cases, the density profiles are linear functions of $r^{2}$, the specific form depending on whether or not two components coexist in the region in question. For more general potentials, the density profiles are linear functions of the potentials for the two species.

The density distributions are given by (12.21) and (12.22) where the two components coexist, by (12.23) when $n_{1}=0$, and by an analogous expression for $n_{1}$ when $n_{2}=0$. Depending on the ratios of the three interaction parameters, the two components may coexist in some regions of space, but remain separated in others [7]. When the numbers of the two kinds of particles are comparable, the mixture will generally exhibit a fairly large region where the two components coexist, provided the conditions (12.14) for stability of bulk mixed phases are satisfied. If one adds a small number of, say,


Fig. 12.1 Density profiles of a mixture of two condensates for the isotropic model discussed in the text. The values of the parameters are $\mu_{1} / \mu_{2}=1.5, \lambda=2$, $U_{12}=0.9 U_{11}$, and $U_{22}=1.08 U_{11}$. The corresponding ratio of the numbers of particles is $N_{1} / N_{2}=2.4$.

2 -atoms to a cloud containing a large number of 1 -atoms, the 2 -atoms tend to reside either at the surface or in the deep interior of the cloud, depending on the ratio of the interaction parameters. In Fig. 12.1 we illustrate this by plotting the density profiles for a specific choice of parameters.

### 12.1.2 Collective modes

The methods used in Chapter 7 to describe the dynamical properties of a condensate with one component may be extended to mixtures. The natural generalization of the time-independent Gross-Pitaevskii equations (12.4) and (12.5) to allow for time dependence is

$$
\begin{equation*}
i \hbar \frac{\partial \psi_{1}}{\partial t}=\left[-\frac{\hbar^{2}}{2 m_{1}} \nabla^{2}+V_{1}(\mathbf{r})+U_{11}\left|\psi_{1}\right|^{2}+U_{12}\left|\psi_{2}\right|^{2}\right] \psi_{1} \tag{12.24}
\end{equation*}
$$

and

$$
\begin{equation*}
i \hbar \frac{\partial \psi_{2}}{\partial t}=\left[-\frac{\hbar^{2}}{2 m_{2}} \nabla^{2}+V_{2}(\mathbf{r})+U_{22}\left|\psi_{2}\right|^{2}+U_{12}\left|\psi_{1}\right|^{2}\right] \psi_{2} \tag{12.25}
\end{equation*}
$$

By introducing the velocities and densities of the two components one may write the time-dependent Gross-Pitaevskii equations as hydrodynamic
equations, as was done for a single component in Sec. 7.1.1. As an illustration let us calculate the frequencies of normal modes of a mixture of two components. By generalizing the linearized hydrodynamic equations (7.26)-(7.28) we obtain the coupled equations

$$
\begin{equation*}
m_{1} \omega^{2} \delta n_{1}+\nabla \cdot\left(n_{1} \nabla \delta \tilde{\mu}_{1}\right)=0 \tag{12.26}
\end{equation*}
$$

and

$$
\begin{equation*}
m_{2} \omega^{2} \delta n_{2}+\nabla \cdot\left(n_{2} \nabla \delta \tilde{\mu}_{2}\right)=0 \tag{12.27}
\end{equation*}
$$

where $\delta \tilde{\mu}_{i}$ is obtained by linearizing the expressions

$$
\begin{equation*}
\tilde{\mu}_{i}=V_{i}-\frac{\hbar^{2}}{2 m_{i}} \frac{1}{\sqrt{n_{i}}} \nabla^{2} \sqrt{n_{i}}+\sum_{j} U_{i j} n_{j} \tag{12.28}
\end{equation*}
$$

which correspond to Eq. (7.21).
The first example we consider is a homogeneous system, and we look for travelling wave solutions proportional to $\exp (i \mathbf{q} \cdot \mathbf{r}-i \omega t)$. From (12.26) and (12.27) it follows that

$$
\begin{equation*}
m_{i} \omega^{2} \delta n_{i}=n_{i} q^{2} \delta \tilde{\mu}_{i}, \quad i=1,2 \tag{12.29}
\end{equation*}
$$

The change in the chemical potentials is given to first order in $\delta n_{1}$ and $\delta n_{2}$ by

$$
\begin{equation*}
\delta \tilde{\mu}_{1}=\left(U_{11}+\frac{\hbar^{2} q^{2}}{4 m_{1} n_{1}}\right) \delta n_{1}+U_{12} \delta n_{2} \tag{12.30}
\end{equation*}
$$

and

$$
\begin{equation*}
\delta \tilde{\mu}_{2}=\left(U_{22}+\frac{\hbar^{2} q^{2}}{4 m_{2} n_{2}}\right) \delta n_{2}+U_{12} \delta n_{1} \tag{12.31}
\end{equation*}
$$

The expressions (12.30) and (12.31) are now inserted into (12.29), and the frequencies are found from the consistency condition for the homogeneous equations for $\delta n_{i}$. The result is

$$
\begin{equation*}
(\hbar \omega)^{2}=\frac{1}{2}\left(\epsilon_{1}^{2}+\epsilon_{2}^{2}\right) \pm \frac{1}{2} \sqrt{\left(\epsilon_{1}^{2}-\epsilon_{2}^{2}\right)^{2}+16 \epsilon_{1}^{0} \epsilon_{2}^{0} n_{1} n_{2} U_{12}^{2}} . \tag{12.32}
\end{equation*}
$$

Here we have introduced the abbreviations

$$
\begin{equation*}
\epsilon_{1}^{2}=2 U_{11} n_{1} \epsilon_{1}^{0}+\left(\epsilon_{1}^{0}\right)^{2} \text { and } \epsilon_{2}^{2}=2 U_{22} n_{2} \epsilon_{2}^{0}+\left(\epsilon_{2}^{0}\right)^{2} \tag{12.33}
\end{equation*}
$$

where $\epsilon_{i}^{0}=\hbar^{2} q^{2} / 2 m_{i}$ is the free-particle energy as in Chapter 7. The energies $\epsilon_{1}$ and $\epsilon_{2}$ are those of the Bogoliubov modes of the two components when there is no interaction between different components. This interaction, which gives rise to the term containing $U_{12}$, hybridizes the modes. At
short wavelengths, the two mode frequencies approach the free-particle frequencies $\hbar q^{2} / 2 m_{1}$ and $\hbar q^{2} / 2 m_{2}$. As $U_{12}^{2}$ approaches $U_{11} U_{22}$, one of the two frequencies tends to zero in the long-wavelength limit $q \rightarrow 0$, signalling an instability of the system, in agreement with the conclusions we reached from static considerations, Eq. (12.14). Equation (12.32) has been used to study theoretically [8] the growth of unstable modes of a two-component system observed experimentally [9].

We next turn to particles in traps. In Sec. 7.3 we obtained the collective modes in a trap by making the Thomas-Fermi approximation, in which the contribution of the quantum pressure to $\delta \tilde{\mu}$ is neglected. The generalization of Eq. (7.59) to a two-component system is

$$
\begin{equation*}
\delta \tilde{\mu}_{1}=U_{11} \delta n_{1}+U_{12} \delta n_{2} \text { and } \delta \tilde{\mu}_{2}=U_{22} \delta n_{2}+U_{12} \delta n_{1} \tag{12.34}
\end{equation*}
$$

In order to solve the coupled equations for $\delta n_{i}(i=1,2)$ one must determine the equilibrium densities $n_{i}$ for given choices of the interaction parameters and insert these in the equations. The situation when the two condensates coexist everywhere within the cloud is the simplest one to analyse. This is the subject of Problem 12.1, where coupled surface modes in the two components are investigated. When the two components do not overlap completely, solutions in different parts of space must be matched by imposing boundary conditions.
In summary, the properties of mixtures may be analysed by generalizing the methods used in previous chapters for a single condensate. We have treated a mixture with two components, but it is straightforward to extend the theory to more components. We turn now to condensates where the components are atoms of the same isotope in different hyperfine states. These exhibit qualitatively new features.

### 12.2 Spinor condensates

In the mixtures considered above, the interaction conserves the total number of particles of each species. This is no longer true when condensation occurs in states which are different hyperfine states of the same isotope. As we noted previously, in early experiments overlapping condensates with atoms in two different hyperfine states were made in magnetic traps [1], and the development of purely optical traps has made it possible to Bose-Einstein condense Na atoms in a superposition of the three magnetic substates, corresponding to the quantum numbers $m_{F}=0, \pm 1$, of the hyperfine multiplet
with total spin $F=1[2] .{ }^{1}$ Let us for definiteness consider magnetic fields so low that the states of a single atom are eigenstates of the angular momentum, as we described in Sec. 3.2. Because of its experimental relevance and simplicity we consider atoms with $F=1$, but the treatment may be extended to higher values of $F$.

In the mixtures described in Sec. 12.1, the number of particles of each component was strictly conserved. For the three hyperfine states this is no longer so, since, e.g., an atom in the $m_{F}=1$ state may scatter with another in the $m_{F}=-1$ state to give two atoms in the $m_{F}=0$ state. Let us begin by considering the interaction between atoms. Rotational invariance imposes important constraints on the number of parameters needed to characterize the interaction. Two identical bosonic atoms with $F=1$ in an s-state of the relative motion can couple to make states with total angular momentum $\mathcal{F}=0$ or 2 units, since the possibility of unit angular momentum is ruled out by the requirement that the wave function be symmetric under exchange of the two atoms. The interaction is invariant under rotations, and therefore it is diagonal in the total angular momentum of the two atoms. We may thus write the effective interaction for low-energy collisions as $U_{0}=4 \pi \hbar^{2} a^{(0)} / \mathrm{m}$ for $\mathcal{F}=0$ and $U_{2}=4 \pi \hbar^{2} a^{(2)} / m$ for $\mathcal{F}=2$, where $a^{(0)}$ and $a^{(2)}$ are the corresponding scattering lengths. For arbitrary hyperfine states in the hyperfine manifold in which there are two atoms with $F=1$, the effective interaction may therefore be written in the form

$$
\begin{equation*}
U\left(\mathbf{r}_{1}-\mathbf{r}_{2}\right)=\delta\left(\mathbf{r}_{1}-\mathbf{r}_{2}\right)\left(U_{0} \mathcal{P}_{0}+U_{2} \mathcal{P}_{2}\right) \tag{12.35}
\end{equation*}
$$

where the operators $\mathcal{P}_{\mathcal{F}}$ project the wave function of a pair of atoms on a state of total angular momentum $\mathcal{F}$. It is helpful to re-express this result in terms of the operators for the angular momenta of the two atoms, which we here denote by $\mathbf{S}_{1}$ and $\mathbf{S}_{2} \cdot{ }^{2}$ The eigenvalues of the scalar product $\mathbf{S}_{1} \cdot \mathbf{S}_{2}$ are 1 when the total angular momentum quantum number $\mathcal{F}$ of the pair of atoms is 2 , and -2 when $\mathcal{F}=0$. The operator that projects onto the $\mathcal{F}=2$ manifold is $\mathcal{P}_{2}=\left(2+\mathbf{S}_{1} \cdot \mathbf{S}_{2}\right) / 3$, and that for the $\mathcal{F}=0$ state is $\mathcal{P}_{0}=\left(1-\mathbf{S}_{1} \cdot \mathbf{S}_{2}\right) / 3$. The strength of the contact interaction in Eq. (12.35) may therefore be written as

$$
\begin{equation*}
U_{0} \mathcal{P}_{0}+U_{2} \mathcal{P}_{2}=W_{0}+W_{2} \mathbf{S}_{1} \cdot \mathbf{S}_{2} \tag{12.36}
\end{equation*}
$$

[^35]where
\[

$$
\begin{equation*}
W_{0}=\frac{U_{0}+2 U_{2}}{3} \quad \text { and } \quad W_{2}=\frac{U_{2}-U_{0}}{3} \tag{12.37}
\end{equation*}
$$

\]

Equation (12.36) has a form analogous to that for the exchange interaction between a pair of atoms when the nuclear spin is neglected (see Eq. (5.90)). For larger values of $F$ the interaction may be written in a similar form but with additional terms containing higher powers of $\mathbf{S}_{1} \cdot \mathbf{S}_{2}$.

In second-quantized notation, the many-body Hamiltonian for atoms with the effective interaction (12.36) is

$$
\begin{align*}
\hat{H}=\int & d \mathbf{r}\left(\frac{\hbar^{2}}{2 m} \boldsymbol{\nabla} \hat{\psi}_{\alpha}^{\dagger} \cdot \boldsymbol{\nabla} \hat{\psi}_{\alpha}+V(\mathbf{r}) \hat{\psi}_{\alpha}^{\dagger} \hat{\psi}_{\alpha}+g \mu_{\mathrm{B}} \hat{\psi}_{\alpha}^{\dagger} \mathbf{B} \cdot \mathbf{S}_{\alpha \beta} \hat{\psi}_{\beta}\right. \\
& \left.+\frac{1}{2} W_{0} \hat{\psi}_{\alpha}^{\dagger} \hat{\psi}_{\alpha^{\prime}}^{\dagger} \hat{\psi}_{\alpha^{\prime}} \hat{\psi}_{\alpha}+\frac{1}{2} W_{2} \hat{\psi}_{\alpha}^{\dagger} \hat{\psi}_{\alpha^{\prime}}^{\dagger} \mathbf{S}_{\alpha \beta} \cdot \mathbf{S}_{\alpha^{\prime} \beta^{\prime}} \hat{\psi}_{\beta^{\prime}} \hat{\psi}_{\beta}\right) \tag{12.38}
\end{align*}
$$

where $\hat{\psi}_{\alpha}^{\dagger}$ creates and $\hat{\psi}_{\alpha}$ annihilates atoms in a state specified by $\alpha$, which is, e.g., the quantum number for the projection of the total spin on some axis. Here we have included the Zeeman energy to first order in the magnetic field, and $g$ is the Landé $g$ factor introduced in Chapter 3. Repeated indices are to be summed over, following the Einstein convention. The external potential $V(\mathbf{r})$ is assumed to be independent of the hyperfine state, as it is for an optical trap. In the following subsection we treat the Hamiltonian (12.38) in the mean-field approximation.

### 12.2.1 Mean-field description

Provided we are interested only in contributions to the energy which are of order $N^{2}$, we may work with the Gross-Pitaevskii or mean-field prescription of treating the operator fields $\hat{\psi}_{\alpha}$ in Eq. (12.38) as classical ones $\psi_{\alpha}$, as was done in Refs. [10] and [11]. We write $\psi_{\alpha}$ in the form

$$
\begin{equation*}
\psi_{\alpha}=\sqrt{n(\mathbf{r})} \zeta_{\alpha}(\mathbf{r}) \tag{12.39}
\end{equation*}
$$

where $n(\mathbf{r})=\sum_{\alpha}\left|\psi_{\alpha}(\mathbf{r})\right|^{2}$ is the total density of particles in all hyperfine states, and $\zeta_{\alpha}(\mathbf{r})$ is a three-component spinor, normalized according to the condition

$$
\begin{equation*}
\zeta_{\alpha}^{*} \zeta_{\alpha}=1, \tag{12.40}
\end{equation*}
$$

with the convention that repeated indices are to be summed over.
The total energy $E$ in the presence of a magnetic field is therefore given
by

$$
\begin{align*}
E-\mu N= & \int d \mathbf{r}\left(\frac{\hbar^{2}}{2 m}(\boldsymbol{\nabla} \sqrt{n})^{2}+\frac{\hbar^{2}}{2 m} n \boldsymbol{\nabla} \zeta_{\alpha}^{*} \cdot \boldsymbol{\nabla} \zeta_{\alpha}\right. \\
& \left.+(V-\mu) n+g \mu_{\mathrm{B}} n \mathbf{B} \cdot<\mathbf{S}>+\frac{1}{2} n^{2}\left(W_{0}+W_{2}<\mathbf{S}>^{2}\right)\right) \tag{12.41}
\end{align*}
$$

with

$$
\begin{equation*}
<\mathbf{S}>=\zeta_{\alpha}^{*} \mathbf{S}_{\alpha \beta} \zeta_{\beta} \tag{12.42}
\end{equation*}
$$

It is convenient to use an explicit representation of the angular momentum matrices, and we shall work with a basis of states $\left|F=1, m_{F}\right\rangle$ referred to the direction of the applied magnetic field. In the representation generally used, the angular momentum matrices are written as

$$
S_{x}=\frac{1}{\sqrt{2}}\left[\begin{array}{ccc}
0 & 1 & 0 \\
1 & 0 & 1 \\
0 & 1 & 0
\end{array}\right], \quad S_{y}=\frac{1}{\sqrt{2}}\left[\begin{array}{ccc}
0 & -i & 0 \\
i & 0 & -i \\
0 & i & 0
\end{array}\right], \quad \text { and } \quad S_{z}=\left[\begin{array}{ccc}
1 & 0 & 0 \\
0 & 0 & 0 \\
0 & 0 & -1
\end{array}\right]
$$

Let us examine the ground state when there is no magnetic field. Apart from the $W_{2}$ term, the energy then has essentially the same form as for a onecomponent system. If $W_{2}$ is negative, the energy is lowered by making the magnitude of $<\mathbf{S}>$ as large as possible. This is achieved by, e.g., putting all particles into the $m_{F}=1$ state. Typographically, row vectors are preferable to column ones, so it is convenient to express some results in terms of the transpose of $\zeta$, which we denote by $\tilde{\zeta}$, and in this notation the state is $\tilde{\zeta}=(1,0,0)$. The state is ferromagnetic. Any state obtained from this one by a rotation in spin space has the same energy since the interaction is invariant under rotations. The reason for the ferromagnetic state being favoured is that, according to Eq. (12.37), $W_{2}$ is negative if the $\mathcal{F}=0$ interaction exceeds the $\mathcal{F}=2$ one. By putting all atoms into the $m_{F}=1$ state, all pairs of atoms are in states with total angular momentum $\mathcal{F}=2$, and there is no contribution from the $\mathcal{F}=0$ interaction. This may be confirmed by explicit calculation, since $<\mathbf{S}>^{2}=1$ and therefore the interaction term in the energy (12.41) becomes

$$
\begin{equation*}
\frac{1}{2}\left(W_{0}+W_{2}\right) n^{2}=\frac{1}{2} U_{2} n^{2} \tag{12.43}
\end{equation*}
$$

In a trap, the density profile in the Thomas-Fermi approximation is therefore given by

$$
\begin{equation*}
n(\mathbf{r})=\frac{\mu-V(\mathbf{r})}{U_{2}} \tag{12.44}
\end{equation*}
$$

When $W_{2}>0$, the energy is minimized by making $<\mathbf{S}>$ as small as possible. This is achieved by, e.g., putting all particles into the $m_{F}=0$ substate, since then $\langle\mathbf{S}\rangle=0$. Equivalently $\tilde{\zeta}=(0,1,0)$. Again, states obtained from this one by rotations in spin space have the same energy. The density profile in the Thomas-Fermi approximation is consequently obtained by replacing $U_{2}$ in (12.44) by $W_{0}$. Investigating the influence of a magnetic field is the subject of Problem 12.2.

The collective modes of spinor condensates may be obtained by linearizing the equations of motion in the deviations of $\psi$ from its equilibrium form. It is convenient to start from the operator equations of motion, which in the absence of an external magnetic field are
$i \hbar \frac{\partial \hat{\psi}_{\alpha}}{\partial t}=-\frac{\hbar^{2}}{2 m} \nabla^{2} \hat{\psi}_{\alpha}+[V(\mathbf{r})-\mu] \hat{\psi}_{\alpha}+W_{0} \hat{\psi}_{\alpha^{\prime}}^{\dagger} \hat{\psi}_{\alpha^{\prime}} \hat{\psi}_{\alpha}+W_{2} \hat{\psi}_{\alpha^{\prime}}^{\dagger} \mathbf{S}_{\alpha^{\prime} \beta} \cdot \mathbf{S}_{\alpha \beta^{\prime}} \hat{\psi}_{\beta^{\prime}} \hat{\psi}_{\beta}$.
By writing $\hat{\psi}_{\alpha}=\psi_{\alpha}+\delta \hat{\psi}_{\alpha}$ and linearizing (12.45) in $\delta \hat{\psi}_{\alpha}$ about the particular equilibrium state (12.39) one obtains three coupled, linear equations for $\delta \hat{\psi}_{\alpha}$. For particles with an antiferromagnetic interaction $\left(W_{2}>0\right)$ in a harmonic trap one finds in the Thomas-Fermi approximation that the frequencies of density modes are independent of the interaction parameters and are exactly the same as those obtained in Chapter 7 for a single-component condensate, while the frequencies of the spin-wave modes are related to those of the density modes by a factor $\left(W_{2} / W_{0}\right)^{1 / 2}$. For a ferromagnetic interaction, the frequencies of the density modes remain the same, while the low-energy spinwave modes are confined in the region near the surface of the cloud [10]. The spinor nature of the condensate wave function also allows for the presence of textural defects similar to those that have been studied extensively in superfluid ${ }^{3} \mathrm{He}$ [12].

### 12.2.2 Beyond the mean-field approximation

A surprising discovery is that the ground state of the Hamiltonian (12.38) in zero magnetic field is completely different from the mean-field solution just described $[13,14]$. Consider a homogeneous spin- 1 Bose gas in a magnetic field, with interaction parameters $W_{0}(>0)$ and $W_{2}$. The parameter $W_{2}$ is negative for a ferromagnetic interaction and positive for an antiferromagnetic one. The field operators $\hat{\psi}_{\alpha}(\mathbf{r})$ may be expanded in a plane-wave basis,

$$
\begin{equation*}
\hat{\psi}_{\alpha}(\mathbf{r})=\frac{1}{V^{1 / 2}} \sum_{\mathbf{k}} \hat{a}_{\mathbf{k}, \alpha} e^{i \mathbf{k} \cdot \mathbf{r}} \tag{12.46}
\end{equation*}
$$

As long as we may neglect depletion of the condensate, it is sufficient to retain the single term associated with $\mathbf{k}=0$,

$$
\begin{equation*}
\hat{\psi}_{\alpha}=\frac{1}{V^{1 / 2}} \hat{a}_{\alpha}, \tag{12.47}
\end{equation*}
$$

where we denote $\hat{a}_{\mathbf{k}=0, \alpha}$ by $\hat{a}_{\alpha}$. The corresponding part of the Hamiltonian (12.38) is

$$
\begin{equation*}
\hat{H}_{0}=g \mu_{\mathrm{B}} \hat{a}_{\alpha}^{\dagger} \mathbf{B} \cdot \mathbf{S}_{\alpha \beta} \hat{a}_{\beta}+\frac{W_{0}}{2 V} \hat{a}_{\alpha}^{\dagger} \hat{a}_{\alpha^{\prime}}^{\dagger} \hat{a}_{\alpha^{\prime}} \hat{a}_{\alpha}+\frac{W_{2}}{2 V} \hat{a}_{\alpha}^{\dagger} \hat{a}_{\alpha^{\prime}}^{\dagger} \mathbf{S}_{\alpha \beta} \cdot \mathbf{S}_{\alpha^{\prime} \beta^{\prime}} \hat{a}_{\beta^{\prime}} \hat{a}_{\beta} . \tag{12.48}
\end{equation*}
$$

To find the eigenstates of the Hamiltonian we introduce operators

$$
\begin{equation*}
\hat{N}=\hat{a}_{\alpha}^{\dagger} \hat{a}_{\alpha} \tag{12.49}
\end{equation*}
$$

for the total number of particles and

$$
\begin{equation*}
\hat{\mathbf{S}}=\hat{a}_{\alpha}^{\dagger} \mathbf{S}_{\alpha \beta} \hat{a}_{\beta} \tag{12.50}
\end{equation*}
$$

for the total spin. The operator defined by $(12.50)$ is the total spin of the system written in the language of second quantization. Consequently, its components satisfy the usual angular momentum commutation relations. Verifying this explicitly is left as an exercise, Problem 12.3.

The spin-spin interaction term in Eq. (12.48) would be proportional to $\hat{\mathbf{S}}^{2}$, were it not for the fact that the order of the creation and annihilation operators matters. In the earlier part of the book we have generally ignored differences between the orders of operators and replaced operators by c numbers. However, the energy differences between the mean-field state and the true ground state is so small that here we must be more careful than usual. The Bose commutation relations yield

$$
\begin{equation*}
\hat{a}_{\alpha}^{\dagger} \hat{a}_{\alpha^{\prime}}^{\dagger} \hat{a}_{\beta^{\prime}} \hat{a}_{\beta}=\hat{a}_{\alpha}^{\dagger} \hat{a}_{\beta} \hat{a}_{\alpha^{\prime}}^{\dagger} \hat{a}_{\beta^{\prime}}-\delta_{\alpha^{\prime} \beta} \hat{a}_{\alpha}^{\dagger} \hat{a}_{\beta^{\prime}} . \tag{12.51}
\end{equation*}
$$

The second term on the right-hand side of (12.51) produces a term in the Hamiltonian proportional to $\mathbf{S}_{\alpha \beta} \cdot \mathbf{S}_{\beta \beta^{\prime}} \hat{a}_{\alpha}^{\dagger} \hat{a}_{\beta^{\prime}}$. The matrix $\mathbf{S}_{\alpha \beta} \cdot \mathbf{S}_{\beta \beta^{\prime}}$ is diagonal and equal to $F(F+1) \delta_{\alpha \beta^{\prime}}$ for spin $F$. Since we are considering $F=1$, the Hamiltonian (12.48) may be rewritten as

$$
\begin{equation*}
\hat{H}_{0}=g \mu_{\mathrm{B}} \mathbf{B} \cdot \hat{\mathbf{S}}+\frac{W_{0}}{2 V}\left(\hat{N}^{2}-\hat{N}\right)+\frac{W_{2}}{2 V}\left(\hat{\mathbf{S}}^{2}-2 \hat{N}\right) \tag{12.52}
\end{equation*}
$$

Let us now consider the nature of the ground state of the Hamiltonian (12.52), taking the number of particles $N$ to be even. The allowed values of the quantum number $S$ for the total spin are then $0,2, \ldots, N$. For a ferromagnetic interaction $\left(W_{2}<0\right)$, the ground state has the maximal spin $S=N$. This is the state in which the spins of all particles are maximally
aligned in the direction of the magnetic field, a result which agrees with the conclusions from mean-field theory.
We now consider an antiferromagnetic interaction ( $W_{2}>0$ ). In zero magnetic field the ground state is a singlet, with total spin $S=0$. The ground-state energy $E_{0}$ is seen to be

$$
\begin{equation*}
E_{0}=N(N-1) \frac{W_{0}}{2 V}-N \frac{W_{2}}{V}, \tag{12.53}
\end{equation*}
$$

which differs from the mean-field result $N(N-1) W_{0} / 2 V$ by the term $N W_{2} / V$. The factor $N(N-1) / 2$ in (12.53) is the number of ways of making pairs of bosons. Within the mean-field Gross-Pitaevskii approach we have usually approximated this by $N^{2} / 2$, but we do not do so here since the energy differences we are calculating are of order $N$.

An alternative representation of the ground state is obtained by introducing the operator $\hat{a}_{x}$ that destroys a particle in a state whose angular momentum component in the $x$ direction is zero and the corresponding operators $\hat{a}_{y}$ and $\hat{a}_{z}$ for the $y$ and $z$ directions. In terms of the operators that destroy atoms in states with given values of $m_{F}$ these operators are given by

$$
\begin{equation*}
\hat{a}_{x}=\frac{1}{\sqrt{2}}\left(\hat{a}_{-1}-\hat{a}_{1}\right), \quad \hat{a}_{y}=\frac{1}{i \sqrt{2}}\left(\hat{a}_{-1}+\hat{a}_{1}\right), \text { and } \hat{a}_{z}=\hat{a}_{0} . \tag{12.54}
\end{equation*}
$$

The combination

$$
\begin{equation*}
\hat{A}=\hat{a}_{x}^{2}+\hat{a}_{y}^{2}+\hat{a}_{z}^{2}=\hat{a}_{0}^{2}-2 \hat{a}_{-1} \hat{a}_{1} \tag{12.55}
\end{equation*}
$$

is rotationally invariant. When $\hat{A}^{\dagger}$ acts on the vacuum it creates a pair of particles with total angular momentum zero. Thus the state $\left(\hat{A}^{\dagger}\right)^{N / 2}|0\rangle$ is a singlet, and it is in fact unique. Physically it corresponds to a BoseEinstein condensate of $N / 2$ composite bosons, each of which is made up by coupling two of the original spin- 1 bosons to spin zero. This state may thus be regarded as a Bose-Einstein condensate of pairs of bosons, and it is very different from the simple picture of a Bose-Einstein condensate of spinless particles described earlier. In Sec. 13.5 we shall discuss the properties of this singlet ground state further in relation to the criterion for Bose-Einstein condensation.
The physical origin of the lowering of the energy is that the interaction acting on the Hartree wave function $\left(\hat{a}_{0}^{\dagger}\right)^{N}|0\rangle$, which is the mean-field ground state, can scatter particles to the $m_{F}= \pm 1$ states. The correlations in the singlet ground state are delicate, since they give rise to a lowering of the energy of order $1 / N$ compared with the energy of the ground state in meanfield theory.

The singlet state is the ground state when the interaction is antiferromagnetic, $W_{2}>0$, and the magnetic field is zero. It differs in a number of interesting ways from a condensate in which all atoms occupy the same state. One of these is that the mean number of particles in each of the three hyperfine states is the same, and equal to $N / 3$, while the fluctuations are enormous, of order $N$. In the presence of a magnetic field the singlet state is no longer the ground state, and the fluctuations are cut down drastically [14]. Because of the small energy difference between the singlet state and the state predicted by mean-field theory, which becomes a good approximation even for very small magnetic fields, detecting the large fluctuations associated with the singlet state is a challenging experimental problem.

## Problems

Problem 12.1 Consider a mixture of two components, each with particle mass $m$, trapped in the isotropic potentials $V_{1}(r)=m \omega_{1}^{2} r^{2} / 2$ and $V_{2}(r)=m \omega_{2}^{2} r^{2} / 2$, with $\lambda=\omega_{2}^{2} / \omega_{1}^{2}=2$. The ratio $N_{1} / N_{2}$ of the particle numbers $N_{1}$ and $N_{2}$ is such that $R_{1}=R_{2}=R$. Determine the equilibrium densities (12.21) and (12.22) in terms of the interaction parameters, trap frequencies and particle numbers. In the absence of coupling $\left(U_{12}=0\right)$, surface modes with density oscillations proportional to $r^{l} Y_{l l}(\theta, \phi) \propto(x+i y)^{l}$ have frequencies given by $\omega^{2}=l \omega_{i}^{2}$, with $i=1,2$ (cf. Sec. 7.3.1 and 7.3.2). Calculate the frequencies of the corresponding surface modes when $U_{12} \neq 0$, and investigate the limit $U_{12}^{2} \rightarrow U_{11} U_{22}$.
Problem 12.2 Determine from (12.52) for an antiferromagnetic interaction the lowest-energy state in the presence of a magnetic field and compare the result with the mean-field solution.
Problem 12.3 Show that the operators $\hat{S}_{z}$ and $\hat{S}_{ \pm}=\hat{S}_{x} \pm i \hat{S}_{y}$ defined in Eq. (12.50) are given by

$$
\hat{S}_{+}=\sqrt{2}\left(\hat{a}_{1}^{\dagger} \hat{a}_{0}+\hat{a}_{0}^{\dagger} \hat{a}_{-1}\right), \quad \hat{S}_{-}=\left(\hat{S}_{+}\right)^{\dagger}, \quad \hat{S}_{z}=\left(\hat{a}_{1}^{\dagger} \hat{a}_{1}-\hat{a}_{-1}^{\dagger} \hat{a}_{-1}\right),
$$

where the operators $\hat{a}_{1}, \hat{a}_{0}$, and $\hat{a}_{-1}$ annihilate particles in states with $m=1$, $m=0$, and $m=-1$. Verify that these operators satisfy the commutation relations $\left[\hat{S}_{+}, \hat{S}_{-}\right]=2 \hat{S}_{z}$ and $\left[\hat{S}_{z}, \hat{S}_{ \pm}\right]= \pm \hat{S}_{ \pm}$for angular momentum operators.

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## 13

## Interference and correlations

Bose-Einstein condensates of particles behave in many ways like coherent radiation fields, and the realization of Bose-Einstein condensation in dilute gases has opened up the experimental study of interactions between coherent matter waves. In addition, the existence of these dilute trapped quantum gases has prompted a re-examination of a number of theoretical issues.

In Sec. 13.1 we discuss Josephson tunnelling of a condensate between two wells and the role of fluctuations in particle number and phase. The number and phase variables play a key role in the description of the classic interference experiment, in which two clouds of atoms are allowed to expand and overlap (Sec. 13.2). Rather surprisingly, an interference pattern is produced even though initially the two clouds are completely isolated. Density fluctuations in a Bose gas are studied in Sec. 13.3, where we relate atomic clock shifts to the two-particle correlation function. The ability to manipulate gaseous Bose-Einstein condensates by lasers has made possible the study of coherent matter wave optics and in Sec. 13.4 we describe applications of these techniques to observe solitons, Bragg scattering, and non-linear mixing of matter waves. How to characterize Bose-Einstein condensation in terms of the density matrix is the subject of Sec. 13.5 , where we also consider fragmented condensates.

### 13.1 Tunnelling between two wells

We now consider bosons in a symmetrical double well of the type illustrated in Fig. 13.1. We shall imagine that particles can occupy only the states $\psi_{1}$ and $\psi_{2}$, representing the ground states of a particle in each of the two wells. ${ }^{1}$ For this approximation to be valid, it is necessary that the energies

[^36]

Fig. 13.1 Wave functions $\psi_{+}$and $\psi_{-}$for the double-well potential $V$.
of interest are small compared with the energy difference between the lowest state in a well and the higher excited states, and that frequencies of interest should be small compared with this energy difference divided by $\hbar$. We denote the operators that destroy particles in these states by $\hat{a}_{1}$ and $\hat{a}_{2}$, and as the Hamiltonian we take

$$
\begin{array}{r}
\hat{H}=\frac{1}{2} U \sum_{i=1,2} \hat{a}_{i}^{\dagger} \hat{a}_{i}^{\dagger} \hat{a}_{i} \hat{a}_{i}-J\left(\hat{a}_{2}^{\dagger} \hat{a}_{1}+\hat{a}_{1}^{\dagger} \hat{a}_{2}\right) \\
=\frac{1}{2} U \sum_{i=1,2} \hat{N}_{i}^{2}-J\left(\hat{a}_{2}^{\dagger} \hat{a}_{1}+\hat{a}_{1}^{\dagger} \hat{a}_{2}\right)-\frac{1}{2} U\left(\hat{N}_{1}+\hat{N}_{2}\right) \tag{13.2}
\end{array}
$$

where $\hat{N}_{i}=\hat{a}_{i}^{\dagger} \hat{a}_{i}$ is the operator for the number of particles in state $i$. For simplicity, we have chosen to measure the energy per particle with respect to its value in the lowest state in one of the wells in the absence of tunnelling and interactions. In terms of the general Hamiltonian (8.1), the first term corresponds to the interaction between atoms, provided the overlap between the wave functions in the two wells is small. The interaction constant is given by

$$
\begin{equation*}
U=U_{0} \int d \mathbf{r}\left|\psi_{1}(\mathbf{r})\right|^{4}=U_{0} \int d \mathbf{r}\left|\psi_{2}(\mathbf{r})\right|^{4} \tag{13.3}
\end{equation*}
$$

where we have made use of the symmetry of the double well. The second term adds a particle to one well and removes one from the other well, and it
therefore represents tunnelling of particles between the wells. The parameter $J$ determines the strength of the tunnelling, and the physical reason for introducing the minus sign will become clear below. In the language of condensed matter physics, the Hamiltonian corresponds to a Hubbard model with just two sites, as opposed to the extended lattices usually considered. The latter situation will be discussed in Chapter 14.

In the absence of interactions between atoms, the Hamiltonian may be written as

$$
\begin{equation*}
\hat{H}=-J \hat{a}_{+}^{\dagger} \hat{a}_{+}+J \hat{a}_{-}^{\dagger} \hat{a}_{-}, \tag{13.4}
\end{equation*}
$$

where the operators

$$
\begin{equation*}
\hat{a}_{+}=\left(\hat{a}_{1}+\hat{a}_{2}\right) / \sqrt{2} \text { and } \hat{a}_{-}=\left(\hat{a}_{1}-\hat{a}_{2}\right) / \sqrt{2} \tag{13.5}
\end{equation*}
$$

destroy particles in the symmetric state $\psi_{+}=\left(\psi_{1}+\psi_{2}\right) / \sqrt{2}$ and the antisymmetric one $\psi_{-}=\left(\psi_{1}-\psi_{2}\right) / \sqrt{2}$. The form of the Hamiltonian (13.4) shows that the energy eigenstates are the symmetric and antisymmetric states, rather than the ones with the particles localized in one of the wells. Since the ground state for a single particle has no nodes, the constant $J$ must be positive.
In Section 8.2 we derived the dispersion relation for excitations in a uniform condensate by diagonalizing the Hamiltonian directly. Here we shall adopt a related approach, and consider the evolution of the operators $\hat{a}_{i}(t)=\exp (i \hat{H} t / \hbar) \hat{a}_{i} \exp (-i \hat{H} t / \hbar)$, which are the annihilation operators in the Heisenberg picture. For the Hamiltonian (13.1) the equations of motion are

$$
\begin{equation*}
i \hbar \frac{d \hat{a}_{1}}{d t}=\left[\hat{a}_{1}, \hat{H}\right]=U \hat{N}_{1} \hat{a}_{1}-J \hat{a}_{2} \tag{13.6}
\end{equation*}
$$

and

$$
\begin{equation*}
i \hbar \frac{d \hat{a}_{2}}{d t}=\left[\hat{a}_{2}, \hat{H}\right]=U \hat{N}_{2} \hat{a}_{2}-J \hat{a}_{1} . \tag{13.7}
\end{equation*}
$$

Let us now assume that the number of particles is so large that operators may be treated as classical quantities, and therefore we replace the operators by their expectation values, which we shall simply denote by $a_{i}$. From Eqs. (13.6) and (13.7), one then finds

$$
\begin{equation*}
i \hbar \frac{d a_{1}}{d t}=U N_{1} a_{1}-J a_{2} \tag{13.8}
\end{equation*}
$$

and

$$
\begin{equation*}
i \hbar \frac{d a_{2}}{d t}=U N_{2} a_{2}-J a_{1}, \tag{13.9}
\end{equation*}
$$

where $N_{i}=\left|a_{i}\right|^{2}$ is the number of particles in well $i$. It is convenient to introduce the phases $\phi_{i}$ by writing $a_{i}=\sqrt{N_{i}} e^{i \phi_{i}}$. By multiplying Eq. (13.8) by $a_{1}^{*}$ and Eq. (13.9) by $a_{2}^{*}$, and taking their imaginary parts, one finds an expression for the current of particles from one well to the other:

$$
\begin{equation*}
\frac{d N_{1}}{d t}=-\frac{d N_{2}}{d t}=\frac{2 J}{\hbar} \sqrt{N_{1} N_{2}} \sin \left(\phi_{1}-\phi_{2}\right) . \tag{13.10}
\end{equation*}
$$

This is a relationship first derived by Josephson in the context of tunnelling through a junction between two metallic superconductors. For $\left|\phi_{1}-\phi_{2}\right| \ll 1$ the current is given by $d N_{1} / d t \simeq(2 J / \hbar) \sqrt{N_{1} N_{2}}\left(\phi_{1}-\phi_{2}\right)$, which is the analogue of the result $\mathbf{j}=n \hbar \boldsymbol{\nabla} \phi$, Eqs. (7.10) and (7.14), for continuous systems. Dividing Eq. (13.8) and (13.9) by $a_{1}$ and $a_{2}$ respectively, and taking the real parts one obtains equations of motion for the phases:

$$
\begin{equation*}
\hbar \frac{d \phi_{1}}{d t}=-U N_{1}+J \sqrt{N_{2} / N_{1}} \cos \left(\phi_{1}-\phi_{2}\right) \tag{13.11}
\end{equation*}
$$

and

$$
\begin{equation*}
\hbar \frac{d \phi_{2}}{d t}=-U N_{2}+J \sqrt{N_{1} / N_{2}} \cos \left(\phi_{1}-\phi_{2}\right) \tag{13.12}
\end{equation*}
$$

These equations show that the time dependence of the phase has two contributions, one being the local chemical potential due to interactions between particles, just as in a bulk Bose-Einstein condensate (see Eq. (7.3)), and another due to tunnelling. Equations (13.8)-(13.12) are equivalent to the Hamiltonian equations $\hbar d N_{i} / d t=\partial H / \partial \phi_{i}$ and $\hbar d \phi_{i} / d t=-\partial H / \partial N_{i}$, which indicate that $\hbar \phi_{i}$ and $N_{i}$ are canonically conjugate variables, with the classical Hamiltonian given by

$$
\begin{equation*}
H=\frac{1}{4} U\left[N^{2}+\left(N_{1}-N_{2}\right)^{2}\right]-2 J \sqrt{N_{1} N_{2}} \cos \left(\phi_{1}-\phi_{2}\right) \tag{13.13}
\end{equation*}
$$

where $N=N_{1}+N_{2}$ is the total number of particles. We shall consider the case of a repulsive interaction $(U>0)$, so the lowest energy is achieved by choosing

$$
\begin{equation*}
N_{1}=N_{2}=N / 2 \quad \text { and } \quad \phi_{1}=\phi_{2}, \tag{13.14}
\end{equation*}
$$

and the energy $E_{0}$ is

$$
\begin{equation*}
E_{0}=\frac{U N^{2}}{4}-J N \tag{13.15}
\end{equation*}
$$

If the phase difference is an odd multiple of $\pi$, the energy is

$$
\begin{equation*}
E=\frac{U N^{2}}{4}+J N \tag{13.16}
\end{equation*}
$$

Just as in the absence of interactions between atoms, the energy difference
per particle between these two states is thus $2 J$ because we have neglected differences in the interaction energy within the barrier where the magnitudes of the wave functions of the symmetric and antisymmetric states differ significantly.

Let us now consider small deviations of the state of the system from the ground state and linearize the equations of motion. Equation (13.10) gives

$$
\begin{equation*}
\frac{d}{d t}\left(N_{1}-N_{2}\right)=2 \frac{J N}{\hbar}\left(\phi_{1}-\phi_{2}\right) \tag{13.17}
\end{equation*}
$$

and Eqs. (13.11) and (13.12) give

$$
\begin{equation*}
\hbar \frac{d}{d t}\left(\phi_{1}-\phi_{2}\right)=-\left(U+\frac{2 J}{N}\right)\left(N_{1}-N_{2}\right) . \tag{13.18}
\end{equation*}
$$

On taking the time derivative of Eq. (13.17) and eliminating the phase difference by using Eq. (13.18) one finds

$$
\begin{equation*}
\hbar^{2} \frac{d^{2}}{d t^{2}}\left(N_{1}-N_{2}\right)=-2 J(N U+2 J)\left(N_{1}-N_{2}\right), \tag{13.19}
\end{equation*}
$$

from which it follows that the frequency $\omega_{\mathrm{J}}$ of oscillations is given by

$$
\begin{equation*}
\hbar \omega_{\mathrm{J}}=\sqrt{2 J(N U+2 J)} \tag{13.20}
\end{equation*}
$$

The result also follows from considering the energy of the system. For small deviations from the ground state, the classical Hamiltonian is

$$
\begin{equation*}
E=E_{0}+\frac{1}{2}\left(\frac{U}{2}+\frac{J}{N}\right)\left(N_{1}-N_{2}\right)^{2}+\frac{J N}{2}\left(\phi_{1}-\phi_{2}\right)^{2} . \tag{13.21}
\end{equation*}
$$

From Eq. (13.17) it follows that

$$
\begin{equation*}
E-E_{0}=\frac{1}{2}\left(\frac{U}{2}+\frac{J}{N}\right)\left(N_{1}-N_{2}\right)^{2}+\frac{\hbar^{2}}{8 J N}\left[\frac{d}{d t}\left(N_{1}-N_{2}\right)\right]^{2} \tag{13.22}
\end{equation*}
$$

This is the energy of an oscillator in which $N_{1}-N_{2}$ plays the role of the displacement, the 'force constant' is $U / 2+J / N$, and the 'mass' is $\hbar^{2} / 4 J N$.

In the absence of interactions between particles, the wave function may be expressed as a superposition of the symmetric state, which has $a_{1}=a_{2}$, and the antisymmetric one, which has $a_{1}=-a_{2}$. The frequency of oscillations therefore corresponds to the energy difference $2 J$ between the two states. When $N U \gg 2 J$, the dependence of the energy on the difference of the particle numbers comes primarily from interactions between particles, rather than from tunnelling.

Let us now consider the effects of quantum mechanics, assuming that fluctuations of the phase are small. As a consequence of the zero-point
motion associated with the modes we have just considered, the relative phase of the particles in the two wells is not precisely defined. In the lowest-energy quantum-mechanical state of the system, the zero-point energy is $\hbar \omega_{\mathrm{J}} / 2$, which is divided equally between the 'kinetic' and 'potential' terms, and therefore one finds

$$
\begin{equation*}
\frac{J N}{2}<\left(\phi_{1}-\phi_{2}\right)^{2}>=\frac{1}{2}\left(\frac{U}{2}+\frac{J}{N}\right)<\left(N_{1}-N_{2}\right)^{2}>=\frac{\hbar \omega_{J}}{4}, \tag{13.23}
\end{equation*}
$$

or

$$
\begin{equation*}
<\left(\phi_{1}-\phi_{2}\right)^{2}>=\frac{1}{N}\left(\frac{N U+2 J}{2 J}\right)^{1 / 2}=\left(\frac{U+2 J / N}{2 J N}\right)^{1 / 2} \tag{13.24}
\end{equation*}
$$

and

$$
\begin{equation*}
<\left(N_{1}-N_{2}\right)^{2}>=N\left(\frac{2 J}{N U+2 J}\right)^{1 / 2}=\left(\frac{2 J N}{U+2 J / N}\right)^{1 / 2} . \tag{13.25}
\end{equation*}
$$

If one neglects the $2 J / N$ terms in the right-most expressions in Eqs. (13.24) and (13.25) one recovers the result of using a Josephson coupling term in which the dependence of the tunnelling rate on the amplitudes of the wave functions for the two sites is neglected. Note, however, that these terms are essential for recovering the correct result for non-interacting particles. The fluctuations obey the uncertainty relation

$$
\begin{equation*}
<\left(\phi_{1}-\phi_{2}\right)^{2}><\left(N_{1}-N_{2}\right)^{2}>=1 . \tag{13.26}
\end{equation*}
$$

The reason for the right-hand side being unity, rather than $\hbar^{2} / 4$ familiar from the uncertainty principle for a pair of canonical variables, is that the 'momentum' conjugate to the 'coordinate' $N_{1}-N_{2}$ is $\hbar\left(\phi_{1}-\phi_{2}\right) / 2$. Equation (13.24) shows that the fluctuations of the phase difference become comparable to unity if $U \sim J N$, and therefore phase coherence between particles in the two wells is lost. The general form of the results indicates that tunnelling tends to increase number fluctuations and decrease phase fluctuations, as one would expect intuitively. Quantitatively, the fluctuation in the relative phase is small compared to unity if the fluctuation in the difference in the number of particles in the two wells is large compared with unity. The results do not apply for $U \gg J N$ because the assumption that the phase difference is small compared with unity then becomes invalid. If tunnelling is small ( $J N \ll U$ ), number fluctuations are suppressed, and phase fluctuations are correspondingly increased.

### 13.1.1 Quantum fluctuations

The results above may be obtained from a quantum-mechanical treatment by introducing operators which destroy and create particles in the symmetric and antisymmetric superpositions of the states in the two wells. These are defined by (13.5) and the Hermitian conjugate equation, and the operator for the total number of particles is

$$
\begin{equation*}
\hat{N}=\hat{a}_{+}^{\dagger} \hat{a}_{+}+\hat{a}_{-}^{\dagger} \hat{a}_{-}, \tag{13.27}
\end{equation*}
$$

which is a conserved quantity for the Hamiltonian (13.2). We write the Hamiltonian (13.1) in terms of the creation and annihilation operators, Eq. (13.5), for the symmetric and antisymmetric states. Since we wish to consider small fluctuations from the state in which all atoms are in the symmetric single-particle state, we then make a Bogoliubov approximation, replacing $\hat{a}_{+}$and $\hat{a}_{+}^{\dagger}$ by $N_{0}^{1 / 2}$. The calculation is analogous to that of the excitations of a uniform gas in Sec. 8.1. On retaining only terms no more than quadratic in $\hat{a}_{-}$and $\hat{a}_{-}^{\dagger}$, exploiting the relation (13.27), which in the Bogoliubov approximation is $\hat{N}=N_{0}+\hat{a}_{-}^{\dagger} \hat{a}_{-}$, and replacing the operator $\hat{N}$ by its expectation value, one finds

$$
\begin{equation*}
\hat{H}=E_{0}+(N U / 2+2 J) \hat{a}_{-}^{\dagger} \hat{a}_{-}+\frac{N U}{4}\left(\hat{a}_{-}^{\dagger} \hat{a}_{-}^{\dagger}+\hat{a}_{-} \hat{a}_{-}\right) \tag{13.28}
\end{equation*}
$$

where $E_{0}$ is given by Eq. (13.15). This Hamiltonian may be diagonalized by a Bogoliubov transformation similar to the one described in Sec. 8.1.1. To make the correspondence with the earlier treatment clear, consider the Hamiltonian

$$
\begin{equation*}
\hat{H}^{\prime}=\epsilon_{0} \hat{a}^{\dagger} \hat{a}+\epsilon_{1}\left(\hat{a}^{\dagger} \hat{a}^{\dagger}+\hat{a} \hat{a}\right) . \tag{13.29}
\end{equation*}
$$

This differs from the case considered in Sec. 8.1.1 in that there is only one sort of operator, rather than the two corresponding to the momenta $\mathbf{p}$ and - $\mathbf{p}$ in the earlier case. As a consequence of the difference, the formulae for the current problem will differ from those for the earlier case by factors of two in a number of places. The Hamiltonian (13.29) may be diagonalized by the transformation

$$
\begin{equation*}
\hat{\alpha}=u \hat{a}+v \hat{a}^{\dagger}, \quad \hat{\alpha}^{\dagger}=u \hat{a}^{\dagger}+v \hat{a}, \tag{13.30}
\end{equation*}
$$

where $u$ and $v$ are coefficients which may be taken to be real and positive. For the operators $\hat{\alpha}$ and $\hat{\alpha}^{\dagger}$ to obey Bose commutation relations, $u$ and $v$ must satisfy the condition $u^{2}-v^{2}=1$. In terms of the new operators, the

Hamiltonian becomes
$\hat{H}^{\prime}=\epsilon_{0} v^{2}-2 \epsilon_{1} u v+\left[\epsilon_{0}\left(u^{2}+v^{2}\right)-4 \epsilon_{1} u v\right] \hat{\alpha}^{\dagger} \hat{\alpha}+\left[\epsilon_{1}\left(u^{2}+v^{2}\right)-\epsilon_{0} u v\right]\left(\hat{\alpha}^{\dagger} \hat{\alpha}^{\dagger}+\hat{\alpha} \hat{\alpha}\right)$,
which is diagonal if

$$
\begin{equation*}
\epsilon_{1}\left(u^{2}+v^{2}\right)=\epsilon_{0} u v \tag{13.32}
\end{equation*}
$$

Following the same steps as in Sec. 8.1.1, one finds

$$
\begin{equation*}
u^{2}=\frac{1}{2}\left(\frac{\epsilon_{0}}{\epsilon}+1\right) \quad \text { and } \quad v^{2}=\frac{1}{2}\left(\frac{\epsilon_{0}}{\epsilon}+1\right) \tag{13.33}
\end{equation*}
$$

where

$$
\begin{equation*}
\epsilon=\sqrt{\epsilon_{0}^{2}-\left(2 \epsilon_{1}\right)^{2}} \tag{13.34}
\end{equation*}
$$

and the Hamiltonian becomes

$$
\begin{equation*}
\hat{H}^{\prime}=\left(\epsilon-\epsilon_{0}\right) / 2+\epsilon \hat{\alpha}^{\dagger} \hat{\alpha} \tag{13.35}
\end{equation*}
$$

Returning to the problem of tunnelling between two wells and making the identifications $\epsilon_{0}=N U / 2+2 J$ and $\epsilon_{1}=N U / 4$, one finds that the energy of an excitation is $\sqrt{2 J(N U+2 J)}$, in agreement with the result (13.20) derived from classical considerations.

Defining the phase of the field in quantum mechanics is a subtle issue because it is not possible to define a Hermitian operator for the phase. The difficulties stem from the fact that the phase of a wave function is ambiguous since an integer multiple of $2 \pi$ may be added to the phase without altering the physical state. The considerations are analogous to those that arise in connection with angles in coordinate space, and a detailed account of them may be found in Ref. [1]. To circumvent the difficulties, it is useful to define operators

$$
\begin{equation*}
\hat{E}=\left(\hat{a} \hat{a}^{\dagger}\right)^{-1 / 2} \hat{a} \quad \text { and } \quad \hat{E}^{\dagger}=\hat{a}^{\dagger}\left(\hat{a} \hat{a}^{\dagger}\right)^{-1 / 2} \tag{13.36}
\end{equation*}
$$

that correspond classically to $e^{i \phi}$ and $e^{-i \phi}$, respectively. The operators

$$
\begin{equation*}
\hat{C}=\left(\hat{E}+\hat{E}^{\dagger}\right) / 2 \quad \text { and } \quad \hat{S}=\left(\hat{E}-\hat{E}^{\dagger}\right) / 2 i \tag{13.37}
\end{equation*}
$$

which are Hermitian, correspond classically to $\cos \phi$ and $\sin \phi$. Quantum mechanically, fluctuations are subject to an uncertainty principle, which may be derived by noting that the operators satisfy the commutation relations

$$
\begin{equation*}
[\hat{C}, \hat{N}]=i \hat{S} \quad \text { and } \quad[\hat{S}, \hat{N}]=-i \hat{C} \tag{13.38}
\end{equation*}
$$

with $\hat{N}=\hat{a}^{\dagger} \hat{a}$. From these relations it follows by the standard argument
used to derive the uncertainty principle that

$$
\begin{equation*}
<(\Delta \hat{C})^{2}><(\Delta \hat{N})^{2}>\geq \frac{1}{4}|<\hat{S}>|^{2} \tag{13.39}
\end{equation*}
$$

and

$$
\begin{equation*}
<(\Delta \hat{S})^{2}><(\Delta \hat{N})^{2}>\geq \frac{1}{4}|<\hat{C}>|^{2} \tag{13.40}
\end{equation*}
$$

where the operator for the fluctuation of an operator $\hat{A}$ is denoted by $\Delta \hat{A}=$ $\hat{A}-<\hat{A}>$ and $<\ldots\rangle$ denotes an expectation value. Similar results may be derived for the operators

$$
\begin{equation*}
\hat{C}\left(\phi_{0}\right)=\left(\hat{E} e^{-i \phi_{0}}+\hat{E}^{\dagger} e^{i \phi_{0}}\right) / 2 \quad \text { and } \quad \hat{S}\left(\phi_{0}\right)=\left(\hat{E} e^{-i \phi_{0}}-\hat{E}^{\dagger} e^{i \phi_{0}}\right) / 2 i \tag{13.41}
\end{equation*}
$$

which correspond classically to $\cos \left(\phi-\phi_{0}\right)$ and $\sin \left(\phi-\phi_{0}\right)$.

### 13.1.2 Squeezed states

Rather than working in terms of amplitude and phase variables, which corresponds to the use of polar coordinates, it is for some purposes convenient to use instead what correspond to Cartesian components by introducing the so-called quadrature operators

$$
\begin{equation*}
\hat{X}_{1}=\frac{1}{\sqrt{2}}\left(\hat{a}+\hat{a}^{\dagger}\right) \quad \text { and } \quad \hat{X}_{2}=\frac{1}{\sqrt{2} i}\left(\hat{a}-\hat{a}^{\dagger}\right) \tag{13.42}
\end{equation*}
$$

These satisfy the commutation relation

$$
\begin{equation*}
\left[\hat{X}_{1}, \hat{X}_{2}\right]=i \tag{13.43}
\end{equation*}
$$

which is similar to that between the operators for the spatial coordinate $x$ and its conjugate momentum $p_{x}$ divided by $\hbar$. The corresponding uncertainty relation is

$$
\begin{equation*}
<\hat{X}_{1}^{2}><\hat{X}_{2}^{2}>\geq \frac{1}{4} \tag{13.44}
\end{equation*}
$$

Consider the Hamiltonian (13.29) with $\epsilon_{1}=0$. For the ground state $\hat{a}|0\rangle$ vanishes, from which it follows by direct calculation that $\left\langle\hat{X}_{1}^{2}\right\rangle=\left\langle\hat{X}_{2}^{2}\right\rangle=$ $1 / 2$. This shows that the fluctuations of the two quadrature operators are equal, and that the product of the fluctuations is equal to the lower bound. When $\epsilon_{1} \neq 0$, the ground state is determined by the condition that the operator $\hat{\alpha}$ which destroys excitations gives zero when acting on the state. Since $\hat{X}_{1}=(u-v)\left(\hat{\alpha}+\hat{\alpha}^{\dagger}\right) / \sqrt{2}$ and $\hat{X}_{2}=(u+v)\left(\hat{\alpha}-\hat{\alpha}^{\dagger}\right) / \sqrt{2} i$ it follows that

$$
\begin{equation*}
<\hat{X}_{1}^{2}>=(u-v)^{2} / 2 \quad \text { and } \quad<\hat{X}_{2}^{2}>=(u+v)^{2} / 2 \tag{13.45}
\end{equation*}
$$



Fig. 13.2 Interference pattern formed by two overlapping clouds of sodium atoms. (From Ref. [2]).

The uncertainties $\left\langle\hat{X}_{1}^{2}\right\rangle$ and $\left\langle\hat{X}_{2}^{2}\right\rangle$ are therefore unequal: such a state is referred to as a squeezed state. Note that, since $u^{2}-v^{2}=1$, the product of the uncertainties is still equal to the minimum value. The squeezing is brought about by the interparticle interaction term, which gives rise to the $\hat{a}^{2}$ and $\left(\hat{a}^{\dagger}\right)^{2}$ terms in the Hamiltonian.

### 13.2 Interference of two condensates

One of the striking manifestations of the wave nature of Bose-Einstein condensates is the observation of an interference pattern when two initially separated clouds are allowed to overlap, as shown in Fig. 13.2 [2]. The study of the evolution of two expanding clouds has given a deeper understanding of the conditions under which interference can arise. We begin by considering two clouds whose relative phase is locked, and then compare the result with that for two clouds with a fixed number of particles in each. Quite remarkably, an interference pattern appears even if the relative phase of the two clouds is not locked, as demonstrated in Refs. [3] and [4].

### 13.2.1 Phase-locked sources

When the phase difference between two radio stations transmitting at the same frequency is fixed, the intensity of the signal at any point exhibits an interference pattern that depends on the position of the receiver.

For two Bose-Einstein-condensed clouds a similar result holds if the relative phase of the two clouds is locked. Let us imagine that particles in the two clouds, which are assumed not to overlap initially, are described by single-particle wave functions $\psi_{1}(\mathbf{r}, t)$ and $\psi_{2}(\mathbf{r}, t)$, where the labels 1 and 2 refer to the two clouds. If there is coherence between the clouds, the state may be described by a single condensate wave function, which must be of the form

$$
\begin{equation*}
\psi(\mathbf{r}, t)=\sqrt{N_{1}} \psi_{1}(\mathbf{r}, t)+\sqrt{N_{2}} \psi_{2}(\mathbf{r}, t) \tag{13.46}
\end{equation*}
$$

where $N_{1}$ and $N_{2}$ denote the expectation values of the numbers of particles in the two clouds. For electromagnetic radiation the analogous result is that the electromagnetic field at any point is the sum of the fields produced by the two sources separately. Upon expansion the two condensates overlap and interfere, and if the effects of particle interactions in the overlap region can be neglected, the particle density at any point is given by

$$
\begin{align*}
n(\mathbf{r}, t) & =|\psi(\mathbf{r}, t)|^{2}=\left|\sqrt{N_{1}} \psi_{1}(\mathbf{r}, t)+\sqrt{N_{2}} \psi_{2}(\mathbf{r}, t)\right|^{2} \\
& =N_{1}\left|\psi_{1}(\mathbf{r}, t)\right|^{2}+N_{2}\left|\psi_{2}(\mathbf{r}, t)\right|^{2}+2 \sqrt{N_{1} N_{2}} \operatorname{Re}\left[\psi_{1}(\mathbf{r}, t) \psi_{2}^{*}(\mathbf{r}, t)\right] \tag{13.47}
\end{align*}
$$

where Re denotes the real part. Because of the last term in this expression, the density displays an interference pattern due to the spatial dependence of the phases of the wave functions for the individual clouds. As an example, we imagine that the clouds are initially Gaussian wave packets of width $R_{0}$ centred on the points $\mathbf{r}= \pm \mathbf{d} / 2$. If the effects of particle interactions and external potentials are neglected, then, according to (2.58), the wave functions are

$$
\begin{equation*}
\psi_{1}=\frac{e^{i\left(\phi_{1}+\delta_{t}\right)}}{\left(\pi R_{t}^{2}\right)^{3 / 4}} \exp \left[-\frac{(\mathbf{r}-\mathbf{d} / 2)^{2}\left(1-i \hbar t / m R_{0}^{2}\right)}{2 R_{t}^{2}}\right] \tag{13.48}
\end{equation*}
$$

and

$$
\begin{equation*}
\psi_{2}=\frac{e^{i\left(\phi_{2}+\delta_{t}\right)}}{\left(\pi R_{t}^{2}\right)^{3 / 4}} \exp \left[-\frac{(\mathbf{r}+\mathbf{d} / 2)^{2}\left(1-i \hbar t / m R_{0}^{2}\right)}{2 R_{t}^{2}}\right] \tag{13.49}
\end{equation*}
$$

where $m$ is the particle mass. Here $\phi_{1}$ and $\phi_{2}$ are the initial phases of the two condensates and $\tan \delta_{t}=-\hbar t / m R_{0}^{2}$, while the width $R_{t}$ of a packet at
time $t$ is given by

$$
\begin{equation*}
R_{t}^{2}=R_{0}^{2}+\left(\frac{\hbar t}{m R_{0}}\right)^{2} \tag{13.50}
\end{equation*}
$$

The results (13.48) and (13.49) are solutions of the Schrödinger equation for free particles, and correspond to the problem described in Sec. 7.5 when particle interactions may be neglected.

The interference term in Eq. (13.47) thus varies as

$$
\begin{equation*}
\operatorname{Re}\left[\psi_{1}(\mathbf{r}, t) \psi_{2}^{*}(\mathbf{r}, t)\right] \propto e^{-r^{2} / R_{t}^{2}} \cos \left(\frac{\hbar}{m} \frac{\mathbf{r} \cdot \mathbf{d}}{R_{0}^{2} R_{t}^{2}} t+\phi_{1}-\phi_{2}\right) \tag{13.51}
\end{equation*}
$$

Here the prefactor $\exp \left(-r^{2} / R_{t}^{2}\right)$ depends slowly on $r$ but the cosine function can give rise to rapid spatial variations. One sees from Eq. (13.51) that planes of constant phase are perpendicular to the vector between the centres of the two clouds. The positions of the maxima depend on the relative phase of the two condensates, and if we take $\mathbf{d}$ to lie in the $z$ direction, the distance between maxima is

$$
\begin{equation*}
\Delta z=2 \pi \frac{m R_{t}^{2} R_{0}^{2}}{\hbar t d} \tag{13.52}
\end{equation*}
$$

If the expansion time $t$ is sufficiently large that the cloud has expanded to a size much greater than its original one, the radius is given approximately by $R_{t} \simeq \hbar t / m R_{0}$, and therefore the distance between maxima is given by the expression

$$
\begin{equation*}
\Delta z \simeq \frac{2 \pi \hbar t}{m d} \tag{13.53}
\end{equation*}
$$

In the experiment [2] interference patterns were indeed observed. The expression (13.51) predicts that maxima and minima of the interference pattern will be planes perpendicular to the original separation of the two clouds, which is precisely what is seen in the experiments, as shown in Fig. 13.2. However, the existence of an interference pattern does not provide evidence for the phase coherence of the two clouds, since interference effects occur even if the two clouds are completely decoupled before they expand and overlap. To understand why this is so, we shall discuss a thought experiment that elucidates the crucial role of the measuring process in establishing the interference pattern.

## A thought experiment

Following Ref. [4], we now analyse an experiment in which two condensates of the same atomic species, denoted by 1 and 2 , are trapped and initially
isolated from each other, e.g., in the double-well potential discussed in Sec. 13.1 with a very high barrier between the two minima. For simplicity, we shall neglect the interaction between particles, and the two condensates are thus characterized by there being $N / 2$ particles in each of the single-particle states $\psi_{1}$ and $\psi_{2}$.

We wish to calculate the probability of finding various numbers of particles in the states

$$
\begin{equation*}
\psi_{ \pm}=\left(\psi_{1} \pm \psi_{2}\right) / \sqrt{2} \tag{13.54}
\end{equation*}
$$

We shall assume that initially the two trapped condensates are described in terms of the Fock state $\left|N_{1}, N_{2}\right\rangle$ corresponding to a definite number of particles in each condensate. The total particle number $N$ is assumed to be much greater than the number $n$ of detected atoms. The probability of detecting the first atom in the + state is equal to $1 / 2$, but the probability of detecting $n$ atoms $(n>1)$ consecutively in the + state is not equal to $(1 / 2)^{n}$. The reason is that the probability of the $n$th detected atom being in the + state depends on the states of the previous $n-1$ atoms detected, even when $n$ is much less than the number of atoms. This can be seen as follows. The first detection (annihilation) of a single atom in the state $\left(\psi_{1}+\psi_{2}\right) / \sqrt{2}$ leaves the remaining atoms in the state $|\Psi\rangle \propto \hat{a}_{+}\left|N_{1}, N_{2}\right\rangle$, where the annihilation operator $\hat{a}_{+}$is defined by (compare Eq. (13.5) above)

$$
\begin{equation*}
\hat{a}_{ \pm}=\left(\hat{a}_{1} \pm \hat{a}_{2}\right) / \sqrt{2} \tag{13.55}
\end{equation*}
$$

When normalized, the state $|\Psi\rangle$ is given by

$$
\begin{equation*}
|\Psi\rangle=\left(\frac{N_{1}}{N}\right)^{1 / 2}\left|N_{1}-1, N_{2}\right\rangle+\left(\frac{N_{2}}{N}\right)^{1 / 2}\left|N_{1}, N_{2}-1\right\rangle \tag{13.56}
\end{equation*}
$$

The probabilities of detecting the second atom in each of the states are proportional to the norms of the state vectors $\hat{a}_{+}|\Psi\rangle$ and $\hat{a}_{-}|\Psi\rangle$ :

$$
\begin{align*}
\hat{a}_{+}|\Psi\rangle= & \frac{1}{(2 N)^{1 / 2}}\left[N_{1}^{1 / 2}\left(N_{1}-1\right)^{1 / 2}\left|N_{1}-2, N_{2}\right\rangle\right. \\
& \left.+2\left(N_{1} N_{2}\right)^{1 / 2}\left|N_{1}-1, N_{2}-1\right\rangle+N_{2}^{1 / 2}\left(N_{2}-1\right)^{1 / 2}\left|N_{1}, N_{2}-2\right\rangle\right] \tag{13.57}
\end{align*}
$$

and

$$
\begin{align*}
\hat{a}_{-}|\Psi\rangle=\frac{1}{(2 N)^{1 / 2}} & {\left[N_{1}^{1 / 2}\left(N_{1}-1\right)^{1 / 2}\left|N_{1}-2, N_{2}\right\rangle\right.} \\
- & \left.N_{2}^{1 / 2}\left(N_{2}-1\right)^{1 / 2}\left|N_{1}, N_{2}-2\right\rangle\right] \tag{13.58}
\end{align*}
$$

We consider now the case when $N_{1}=N_{2}=N / 2$, where $N$ (which is even) is the total number of particles. When $N \gg 1$ the norm of $\hat{a}_{+}|\Psi\rangle$ is seen to be three times that of $\hat{a}_{-}|\Psi\rangle$, due to the absence of the state vector $\left|N_{1}-1, N_{2}-1\right\rangle$ in $\hat{a}_{-}|\Psi\rangle$. This in turn implies that the probability of detecting the second atom in the + state, given that the first atom has been detected in this state, is $3 / 4$, while the probability of detecting the second atom in the - state is three times less, or $1 / 4$. By extending the argument to the case of $n$ consecutive detections in the + state one sees that the probability $P_{n}^{+}$for this to happen is

$$
\begin{equation*}
P_{n}^{+}=\frac{1}{2} \frac{3}{4} \frac{5}{6} \ldots \frac{2 n-1}{2 n}=\frac{(2 n)!}{\left(2^{n} n!\right)^{2}} \tag{13.59}
\end{equation*}
$$

Note that if we had (erroneously) assumed the probability of a given detection to be independent of the result of previous detections because of the condition $n \ll N$, we would have arrived at the result $P_{n}^{+}=1 / 2^{n}$ which is much smaller than (13.62) for $n \gg 1$. Using Stirling's formula $\ln (n!) \simeq n \ln n-n+\ln (2 \pi n) / 2$, which is valid for large $n$, one finds by taking the logarithm of (13.62) that $P_{n}^{+}$is given approximately by $1 /(\pi n)^{1 / 2}$, when $n$ becomes large compared to unity.

This example shows that, even when initially there is no correlation between the phases of the wave functions for the two clouds, the state that is obtained after the detection of $n$ atoms in the + state approaches more and more closely the state $[(N-n)!]^{-1 / 2}\left(\hat{a}_{+}^{\dagger}\right)^{(N-n)}|0\rangle$ as $n$ increases.

It is also possible to arrive at the results for the probabilities on the basis of a description in terms of Bose-Einstein condensed states in which there is coherence between the two clouds. First consider the case in which all $N$ particles are in a state

$$
\begin{equation*}
\psi(\mathbf{r}, t)=\left(\psi_{1} e^{i \phi_{1}}+\psi_{2} e^{i \phi_{2}}\right) / \sqrt{2} \tag{13.60}
\end{equation*}
$$

where $\phi_{1}$ and $\phi_{2}$ are phases. The number of particles in each well is not fixed, but the average number of particles in each well is $N / 2$. The relative phase $\phi$ is given by $\phi=\phi_{1}-\phi_{2}$. Then the probabilities $\Pi^{ \pm}(\phi)$ of detecting an atom in the state $\psi_{ \pm}$are equal to $\left|\exp \left(i \phi_{1}\right) \pm \exp \left(i \phi_{2}\right)\right|^{2} / 2$, or in terms of the phase difference $\phi$,

$$
\begin{equation*}
\Pi^{+}=\cos ^{2}(\phi / 2), \quad \Pi^{-}=\sin ^{2}(\phi / 2) \tag{13.61}
\end{equation*}
$$

How is this result related to those for the state containing definite numbers of particles in each of the wells? One can argue heuristically that since the number of particles in each well is fixed, the relative phase of the wave functions in the two wells is totally arbitrary, and therefore one should average
the result (13.61) over the relative phase. When averaged over $\phi$, the probability of detecting one particle in either of the two states is equal to $1 / 2$. We consider now the probability $\Pi_{n}^{+}$that $n$ atoms are detected in the + state, while no atoms are detected in the - state. For a given value of $\phi$, this is equal to $\left[\Pi^{+}(\phi)\right]^{n}=\cos ^{2 n}(\phi / 2)$ which, when averaged over $\phi$, gives for the normalized probability $P_{n}^{+}$the expression

$$
\begin{equation*}
P_{n}^{+}=\int_{0}^{2 \pi} \frac{d \phi}{2 \pi} \cos ^{2 n}(\phi / 2)=\frac{(2 n)!}{\left(2^{n} n!\right)^{2}} \tag{13.62}
\end{equation*}
$$

which is identical to the expression (13.59). Thus the probabilities obtained using the semi-classical description and that in terms of number states are identical. We shall return to the thought experiment below and illustrate how the process of detection builds up a phase difference between two condensates described by number states. Before doing this we introduce the concept of phase states.

## Phase states

It is convenient to generalize Eq. (13.54) by introducing single-particle states of the form

$$
\begin{equation*}
\psi_{\phi}(\mathbf{r})=\frac{1}{\sqrt{2}}\left[\psi_{1}(\mathbf{r}) e^{i \phi / 2}+\psi_{2}(\mathbf{r}) e^{-i \phi / 2}\right] \tag{13.63}
\end{equation*}
$$

The overall phase of the wave function plays no role, so we have put it equal to zero. The many-particle state with $N$ particles in the state $\psi_{\phi}$ may be written as

$$
\begin{equation*}
|\phi, N\rangle=\frac{1}{\left(2^{N} N!\right)^{1 / 2}}\left(\hat{a}_{1}^{\dagger} e^{i \phi / 2}+\hat{a}_{2}^{\dagger} e^{-i \phi / 2}\right)^{N}|0\rangle \tag{13.64}
\end{equation*}
$$

where the operators $\hat{a}_{1}^{\dagger}$ and $\hat{a}_{2}^{\dagger}$ create particles in states for the clouds 1 and 2 ,

$$
\begin{equation*}
\hat{a}_{i}^{\dagger}=\int d \mathbf{r} \psi_{i}(\mathbf{r}) \hat{\psi}^{\dagger}(\mathbf{r}) \tag{13.65}
\end{equation*}
$$

If we neglect interactions between particles in one cloud with those in the other during the evolution of the state, the wave function at time $t$ is given by

$$
\begin{equation*}
|\phi, N, t\rangle=\frac{1}{\sqrt{N!}}\left[\int d \mathbf{r} \psi_{\phi}(\mathbf{r}, t) \hat{\psi}^{\dagger}(\mathbf{r})\right]^{N}|0\rangle \tag{13.66}
\end{equation*}
$$

where the time evolution of the wave functions is to be calculated for each cloud separately.

The phase states form an overcomplete set. The overlap between two single-particle states with different phases is given by

$$
\begin{equation*}
\left\langle\phi^{\prime}, N=1 \mid \phi, N=1\right\rangle=\int d \mathbf{r} \psi_{\phi^{\prime}}^{*}(\mathbf{r}, t) \psi_{\phi}(\mathbf{r}, t) \tag{13.67}
\end{equation*}
$$

The integrand is

$$
\begin{align*}
\psi_{\phi^{\prime}}^{*}(\mathbf{r}, t) \psi_{\phi}(\mathbf{r}, t)= & \frac{1}{2}\left|\psi_{1}(\mathbf{r}, t)\right|^{2} e^{i\left(\phi-\phi^{\prime}\right) / 2}+\frac{1}{2}\left|\psi_{2}(\mathbf{r}, t)\right|^{2} e^{-i\left(\phi-\phi^{\prime}\right) / 2} \\
& +\operatorname{Re}\left[\psi_{1}(\mathbf{r}, t) \psi_{2}^{*}(\mathbf{r}, t) e^{i\left(\phi+\phi^{\prime}\right) / 2}\right] \\
= & \frac{1}{2}\left[\left|\psi_{1}(\mathbf{r}, t)\right|^{2}+\left|\psi_{2}(\mathbf{r}, t)\right|^{2}\right] \cos \left[\left(\phi-\phi^{\prime}\right) / 2\right] \\
& +\frac{i}{2}\left[\left|\psi_{1}(\mathbf{r}, t)\right|^{2}-\left|\psi_{2}(\mathbf{r}, t)\right|^{2}\right] \sin \left[\left(\phi-\phi^{\prime}\right) / 2\right] \\
& +\operatorname{Re}\left[\psi_{1}(\mathbf{r}, t) \psi_{2}^{*}(\mathbf{r}, t) e^{i\left(\phi+\phi^{\prime}\right) / 2}\right] \tag{13.68}
\end{align*}
$$

The overlap integral is obtained by integrating this expression over space. The last term in the integrand varies rapidly because of the spatial dependence of the phases of $\psi_{1}$ and $\psi_{2}$, and therefore it gives essentially zero on integration. The $\sin \left[\left(\phi-\phi^{\prime}\right) / 2\right]$ term vanishes because of the normalization of the two states. Thus one finds for the overlap integral between two single-particle states

$$
\begin{equation*}
\left\langle\phi^{\prime}, N=1 \mid \phi, N=1\right\rangle=\cos \left[\left(\phi-\phi^{\prime}\right) / 2\right] . \tag{13.69}
\end{equation*}
$$

This has a maximum for $\phi=\phi^{\prime}$, but there is significant overlap for $\left|\phi-\phi^{\prime}\right| \sim$ $\pi / 2$.

The overlap integral for $N$-particle phase states is the product of $N$ such factors, and is therefore given by

$$
\begin{equation*}
\left\langle\phi^{\prime}, N \mid \phi, N\right\rangle=\cos ^{N}\left[\left(\phi-\phi^{\prime}\right) / 2\right] . \tag{13.70}
\end{equation*}
$$

As $N$ increases, the overlap falls off more and more rapidly as $\phi-\phi^{\prime}$ departs from zero. By using the identity $\lim _{N \rightarrow \infty}(1-x / N)^{N}=e^{-x}$ one sees that the overlap integral falls off as $\exp \left[-N\left(\phi-\phi^{\prime}\right)^{2} / 8\right]$ for phase differences of order $1 / N^{1 / 2}$. Thus, while the overlap integral for a single particle depends smoothly on $\phi-\phi^{\prime}$, that for a large number of particles becomes very small if the phase difference is greater than $\sim N^{-1 / 2}$. Consequently, states whose phases differ by more than $\sim N^{-1 / 2}$ are essentially orthogonal.

As an example, let us evaluate the expectation value of the density operator in a phase state. Since the many-particle state (13.66) is properly normalized, the removal of a particle from it gives the normalized single-
particle wave function $\psi_{\phi}$ times the usual factor $\sqrt{N}$,

$$
\begin{equation*}
\hat{\psi}(\mathbf{r})|\phi, N, t\rangle=\sqrt{N} \psi_{\phi}(\mathbf{r}, t)|\phi, N-1, t\rangle . \tag{13.71}
\end{equation*}
$$

The expectation value of the particle density $n(\mathbf{r})$ in the state $|\phi, N, t\rangle$ is therefore given by the product of (13.71) and its Hermitian conjugate,

$$
\begin{equation*}
n(\mathbf{r}, t)=\langle\phi, N, t| \hat{\psi}^{\dagger}(\mathbf{r}) \hat{\psi}(\mathbf{r})|\phi, N, t\rangle=\frac{N}{2}\left|\psi_{1}(\mathbf{r}, t) e^{i \phi / 2}+\psi_{2}(\mathbf{r}, t) e^{-i \phi / 2}\right|^{2} \tag{13.72}
\end{equation*}
$$

which contains an interference term like that in Eq. (13.51).

### 13.2.2 Clouds with definite particle number

Let us now consider an initial state in which the numbers of particles $N_{1}$ and $N_{2}$ in each of the two clouds are fixed. The corresponding state vector is

$$
\begin{equation*}
\left|N_{1}, N_{2}\right\rangle=\frac{1}{\sqrt{N_{1}!N_{2}!}}\left(\hat{a}_{1}^{\dagger}\right)^{N_{1}}\left(\hat{a}_{2}^{\dagger}\right)^{N_{2}}|0\rangle, \tag{13.73}
\end{equation*}
$$

which is referred to as a Fock state.
To begin with, we again consider the particle density. We calculate the expectation value of the density operator by using an identity analogous to (13.71),

$$
\begin{equation*}
\hat{\psi}(\mathbf{r})\left|N_{1}, N_{2}, t\right\rangle=\sqrt{N_{1}} \psi_{1}(\mathbf{r}, t)\left|N_{1}-1, N_{2}, t\right\rangle+\sqrt{N_{2}} \psi_{2}(\mathbf{r}, t)\left|N_{1}, N_{2}-1, t\right\rangle . \tag{13.74}
\end{equation*}
$$

In the state $\left|N_{1}, N_{2}, t\right\rangle$ the expectation value of the density is therefore obtained by multiplying (13.74) by its Hermitian conjugate,

$$
\begin{equation*}
n(\mathbf{r})=\left\langle N_{1}, N_{2}, t\right| \hat{\psi}^{\dagger}(\mathbf{r}) \hat{\psi}(\mathbf{r})\left|N_{1}, N_{2}, t\right\rangle=N_{1}\left|\psi_{1}(\mathbf{r}, t)\right|^{2}+N_{2}\left|\psi_{2}(\mathbf{r}, t)\right|^{2} \tag{13.75}
\end{equation*}
$$

which has no interference terms. However, this does not mean that there are no interference effects for a Fock state. Two important considerations must be kept in mind. First, experiments on interference between two expanding clouds are of the 'one-shot' type: two clouds are prepared and allowed to expand, and the positions of atoms are then observed after a delay. However, according to the usual interpretation of quantum mechanics, a quantum-mechanical expectation value of an operator gives the average value for the corresponding physical quantity when the experiment is repeated many times. The result (13.75) is correct, but only in the sense that it represents the resulting absence of an interference pattern when the interference patterns observed in each individual run are averaged over many runs. Second, in practice many particles are detected in experiments on
condensates. Many-particle properties can exhibit interference effects even when single-particle properties do not, the most famous example being the correlation of intensities first discovered by Hanbury Brown and Twiss for electromagnetic radiation [5]. Another example is the fact that a particle emitted from a nucleus in an s-state, which is isotropic, gives rise to a track in a detector in one direction; this is explained by similar considerations [6].

As an example of how interference effects appear even for states with a given number of particles in each cloud initially, we calculate the two-particle correlation function, which gives the amplitude for destroying particles at points $\mathbf{r}$ and $\mathbf{r}^{\prime}$, and then creating them again at the same points. The correlation function is evaluated as before by expressing $\hat{\psi}(\mathbf{r}) \hat{\psi}\left(\mathbf{r}^{\prime}\right)\left|N_{1}, N_{2}, t\right\rangle$ in terms of Fock states. This gives a linear combination of the orthogonal states $\left|N_{1}-2, N_{2}, t\right\rangle,\left|N_{1}-1, N_{2}-1, t\right\rangle$ and $\left|N_{1}, N_{2}-2, t\right\rangle$, and the resulting correlation function is

$$
\begin{align*}
& \left\langle N_{1}, N_{2}, t\right| \hat{\psi}^{\dagger}(\mathbf{r}) \hat{\psi}^{\dagger}\left(\mathbf{r}^{\prime}\right) \hat{\psi}\left(\mathbf{r}^{\prime}\right) \hat{\psi}(\mathbf{r})\left|N_{1}, N_{2}, t\right\rangle= \\
& {\left[N_{1}\left|\psi_{1}(\mathbf{r}, t)\right|^{2}+N_{2}\left|\psi_{2}(\mathbf{r}, t)\right|^{2}\right]\left[N_{1}\left|\psi_{1}\left(\mathbf{r}^{\prime}, t\right)\right|^{2}+N_{2}\left|\psi_{2}\left(\mathbf{r}^{\prime}, t\right)\right|^{2}\right]} \\
& \quad-N_{1}\left|\psi_{1}(\mathbf{r}, t)\right|^{2}\left|\psi_{1}\left(\mathbf{r}^{\prime}, t\right)\right|^{2}-N_{2}\left|\psi_{2}(\mathbf{r}, t)\right|^{2}\left|\psi_{2}\left(\mathbf{r}^{\prime}, t\right)\right|^{2} \\
& \quad+2 N_{1} N_{2} \operatorname{Re}\left[\psi_{1}^{*}\left(\mathbf{r}^{\prime}, t\right) \psi_{1}(\mathbf{r}, t) \psi_{2}^{*}(\mathbf{r}, t) \psi_{2}\left(\mathbf{r}^{\prime}, t\right)\right] . \tag{13.76}
\end{align*}
$$

The correlation found by Hanbury Brown and Twiss is expressed in the last term in this expression. This result demonstrates that coherence between sources is not a prerequisite for interference effects. If $\left|\psi_{1}(\mathbf{r}, t)\right|=\left|\psi_{2}\left(\mathbf{r}^{\prime}, t\right)\right|$ and $N_{1}=N_{2} \gg 1$, the correlation function (13.76) is proportional to $1+$ $(1 / 2) \cos \left(\Delta \phi_{1}-\Delta \phi_{2}\right)$, where $\Delta \phi_{i}=\phi_{i}(\mathbf{r}, t)-\phi_{i}\left(\mathbf{r}^{\prime}, t\right), \phi_{i}(\mathbf{r}, t)$ being the phase of $\psi_{i}(\mathbf{r}, t)$. For the case of two sources with definite phase, the correlation function would be proportional to $1+\cos \left(\Delta \phi_{1}-\Delta \phi_{2}\right)$. The reduction in the interference term for the case of states with definite particle number reflects the fact that the phase difference between the two sources is not well-defined. However, the detection of one particle at a particular point in space tends to select out components of the wave function in which the phase difference between the two sources has a value that favours a particle being detected at that point. The fact that after detection of the first particle, the state still has a distribution of phase differences results in the interference effects being reduced compared to the case of two sources with a definite phase difference.
To relate results for a phase state to those for a Fock state we use the binomial expansion to express the phase state (13.64) in terms of Fock states

$$
\begin{align*}
& \left|N_{1}, N-N_{1}\right\rangle \\
& \qquad \begin{array}{l}
|\phi, N\rangle=\frac{1}{\left(2^{N} N!\right)^{1 / 2}} \sum_{N_{1}=0}^{N} e^{i\left(2 N_{1}-N\right) \phi / 2} \frac{N!}{\left(N-N_{1}\right)!N_{1}!} \\
\sqrt{N_{1}!\left(N-N_{1}\right)!}\left|N_{1}, N-N_{1}\right\rangle
\end{array}
\end{align*}
$$

where the factor under the square-root sign arises from acting with the creation operators on the vacuum state in (13.64).

We now expand the Fock state with equal number of atoms in the two condensates, $\left|N_{1}, N_{2}\right\rangle=|N / 2, N / 2\rangle$, in terms of phase states. On integration of (13.77) over $\phi$ from 0 to $2 \pi$, the only term on the right-hand side that survives is proportional to $|N / 2, N / 2\rangle$, and we obtain the relation

$$
\begin{equation*}
|N / 2, N / 2\rangle=\frac{\left[2^{N}(N / 2)\right]^{1 / 2}}{(N!)^{1 / 2}} \int_{0}^{2 \pi} \frac{d \phi}{2 \pi}|\phi, N\rangle \tag{13.78}
\end{equation*}
$$

According to the arguments given after Eq. (13.59) the prefactor in (13.78) is approximately $(\pi N / 2)^{1 / 4}$ for large $N$. The Fock state $|N / 2, N / 2\rangle$ can thus be written as a superposition of phase states, where the phase states occur with the same weight.

We now return to the thought experiment [4] discussed above and assume that the system is described initially by the Fock state $|N / 2, N / 2\rangle$. Let us imagine a series of detections in both the + channel and the - channel, the total number of detections being $n=n_{+}+n_{-}$. When the operator $\hat{a}_{+}$ defined in (13.55) acts on a phase state $|\phi, N\rangle$, it gives a factor $\cos (\phi / 2)$, while $\hat{a}_{-}$yields a factor $\sin (\phi / 2)$, and therefore

$$
\begin{equation*}
\left(\hat{a}_{+}\right)^{n_{+}}\left(\hat{a}_{-}\right)^{n_{-}}|\phi, N\rangle \propto \cos ^{n_{+}}(\phi / 2) \sin ^{n_{-}}(\phi / 2)|\phi, N-n\rangle \tag{13.79}
\end{equation*}
$$

The function $\cos ^{2 n_{+}}(\phi / 2) \sin ^{2 n_{-}}(\phi / 2)$ determines the probability distribution of phase states after $n=n_{+}+n_{-}$detections. As a function of $\phi$ it is seen to possess (for $n_{+}$and $n_{-}$both non-zero) two maxima at the angles $\pm \phi_{0}$, where $\tan ^{2}\left(\phi_{0} / 2\right)=n_{-} / n_{+}$or equivalently

$$
\begin{equation*}
\cos \phi_{0}=\frac{n_{+}-n_{-}}{n_{+}+n_{-}} \tag{13.80}
\end{equation*}
$$

After a series of detections, the state of the system will therefore no longer be one where all phase states are weighted equally as in (13.78), but a phase difference given by $\pm \phi_{0}$ will develop in the sense that the distribution of phases will be centred at $\pm \phi_{0}$, with a spread that decreases as $1 / \sqrt{n}$ for large values of $n=n_{+}+n_{-}$.

In calculations it is common to work with states that correspond to phase
states and to talk about a broken gauge symmetry of the condensate. In the present context the gauge angle is the relative phase of the two clouds. However, the above discussion demonstrates that many results for Fock states are equivalent to those for phase states when the number of particles is large. The discussion of the excitations of the uniform Bose gas in Sec. 8.1 is another example that illustrates this point. The traditional approach to the microscopic theory is to assume that the expectation value of the particle creation and annihilation operators have non-zero values. This corresponds to using phase states. However, the discussion in Sec. 8.1.5 showed that essentially the same results are obtained by working with states having a definite particle number. In the context of quantum optics, Mølmer arrived at similar conclusions regarding the equivalence of results for phase states and Fock states [7].

### 13.3 Density correlations in Bose gases

In the previous section we considered the properties of states in which there were no thermal excitations, and we turn now to non-zero temperatures. There are striking differences between density correlations in a pure BoseEinstein condensate and in a thermal gas. An example of this effect has already been discussed in Sec. 8.3, where we showed that the interaction energy per particle in a homogeneous thermal gas above the Bose-Einstein transition temperature is twice its value in a pure condensate of the same density. To understand this result, we express it in terms of the two-particle correlation function used in the discussion of the interference experiment, and we write the interaction energy as

$$
\begin{equation*}
E_{\mathrm{int}}=\frac{U_{0} V}{2}<\hat{\psi}^{\dagger}(\mathbf{r}) \hat{\psi}^{\dagger}(\mathbf{r}) \hat{\psi}(\mathbf{r}) \hat{\psi}(\mathbf{r})> \tag{13.81}
\end{equation*}
$$

Here $<\cdots>$ denotes an expectation value in the state under consideration. ${ }^{2}$ It is convenient to define the two-particle correlation function $g_{2}\left(\mathbf{r}, \mathbf{r}^{\prime}\right)$ by the equation

$$
\begin{equation*}
g_{2}\left(\mathbf{r}, \mathbf{r}^{\prime}\right)=<\hat{\psi}^{\dagger}(\mathbf{r}) \hat{\psi}^{\dagger}\left(\mathbf{r}^{\prime}\right) \hat{\psi}\left(\mathbf{r}^{\prime}\right) \hat{\psi}(\mathbf{r})> \tag{13.82}
\end{equation*}
$$

Its relationship to the density-density correlation function may be brought out by using the commutation relations for creation and annihilation oper-

[^37]ators to write
\[

$$
\begin{align*}
& <\hat{\psi}^{\dagger}(\mathbf{r}) \hat{\psi}^{\dagger}\left(\mathbf{r}^{\prime}\right) \hat{\psi}\left(\mathbf{r}^{\prime}\right) \hat{\psi}(\mathbf{r})>= \\
& \quad<\hat{\psi}^{\dagger}(\mathbf{r}) \hat{\psi}(\mathbf{r}) \hat{\psi}^{\dagger}\left(\mathbf{r}^{\prime}\right) \hat{\psi}\left(\mathbf{r}^{\prime}\right)>-<\hat{\psi}^{\dagger}(\mathbf{r}) \hat{\psi}(\mathbf{r})>\delta\left(\mathbf{r}-\mathbf{r}^{\prime}\right) \tag{13.83}
\end{align*}
$$
\]

This relation expresses the fact that the two-particle correlation function is obtained from the density-density correlation function at equal times (the first term on the right-hand side) by removing the contribution from correlations of one atom with itself (the second term on the right-hand side).

For a homogeneous system $g_{2}\left(\mathbf{r}, \mathbf{r}^{\prime}\right)$ depends only on the separation $\mathbf{r}-\mathbf{r}^{\prime}$ and we shall denote it simply by $g_{2}\left(\mathbf{r}-\mathbf{r}^{\prime}\right)$. As one sees from Eq. (13.81), the energy depends on $g_{2}(0)$. In Chapter 15 we shall see how $g_{2}(0)$ depends on the magnitude of the repulsive interaction for a one-dimensional gas. Here we compare the value of $g_{2}(0)$ in the condensed state of a uniform Bose gas with that in the non-condensed state above $T_{\mathrm{c}}$. For a pure condensate, all particles are in the state with wave function $1 / V^{1 / 2}$ and thus

$$
\begin{equation*}
g_{2}(0)=N(N-1)|\phi(\mathbf{r})|^{4}=\frac{N(N-1)}{V^{2}} \simeq n_{0}^{2}=n^{2} \tag{13.84}
\end{equation*}
$$

which, apart from a factor $U_{0} V / 2$ is the energy (6.6). For a gas above $T_{\mathrm{c}}$ one may use the Hartree-Fock approximation or neglect interactions altogether, and we therefore expand the field operators in terms of creation and annihilation operators for atoms in plane-wave states. By the methods used in Sec. 8.3.1 one finds that

$$
\begin{equation*}
g_{2}(0)=2 n^{2} \tag{13.85}
\end{equation*}
$$

where we have neglected terms of relative order $1 / N$. The factor of 2 is due to there being both direct and exchange contributions for a thermal gas, as we found in the calculations of the energy in Sec. 8.3.1.

More generally, if both a condensate and thermal excitations are present, one finds in the Hartree-Fock approximation that

$$
\begin{equation*}
g_{2}(0)=n_{0}^{2}+4 n_{0} n_{\mathrm{ex}}+2 n_{\mathrm{ex}}^{2} \tag{13.86}
\end{equation*}
$$

For temperatures below $T_{0} \sim n U_{0} / k$ the correlations of thermal excitations must be calculated using Bogoliubov theory rather than the Hartree-Fock approximation, but at such temperatures the contributions of thermal excitations to the pair distribution function are small.

Many-particle distribution functions are also affected by Bose-Einstein condensation. As an example, we consider the rate of three-body processes discussed in Sec. 5.4.1 [8]. At low temperatures it is a good approximation to ignore the dependence of the rate of the process on the energies of the
particles, and therefore the rate is proportional to the probability of finding three bosons at essentially the same point, that is to the three-particle correlation function

$$
\begin{equation*}
g_{3}(\mathbf{r})=<\hat{\psi}^{\dagger}(\mathbf{r})^{3} \hat{\psi}(\mathbf{r})^{3}>. \tag{13.87}
\end{equation*}
$$

This may be evaluated in a similar way to the two-particle correlation function, and for the condensed state it is

$$
\begin{equation*}
g_{3}(0)=n_{0}^{3}=n^{3}, \tag{13.88}
\end{equation*}
$$

while above $T_{\mathrm{c}}$ it is

$$
\begin{equation*}
g_{3}(0)=6 n^{3} . \tag{13.89}
\end{equation*}
$$

The factor 6 here is 3 !, the number of ways of pairing up the three creation operators with the three annihilation operators in $g_{3}(0)$. The calculation of $g_{3}(0)$ for the more general situation when both condensate and thermal excitations are present is left as an exercise (Problem 13.1). The results (13.88) and (13.89) show that, for a given density, the rate of three-body processes in the gas above $T_{\mathrm{c}}$ is 6 times that in a pure condensate. This shows that correlations in the condensed phase are strongly suppressed. Such a reduction in the rate of three-body recombination was found in experiments on ${ }^{87} \mathrm{Rb}$ [9]. For the general correlation function $g_{\nu}=\left\langle\hat{\psi}^{\dagger}(\mathbf{r})^{\nu} \hat{\psi}(\mathbf{r})^{\nu}\right\rangle$, the results for the condensed and non-condensed states differ by a factor $\nu$ !.

### 13.3.1 Collisional shifts of spectral lines

As an example of a physical phenomenon that can be directly related to the two-particle correlation function $g_{2}$ we now discuss the influence of interatomic interactions on spectral lines in a dilute gas. Because interactions between atoms depend on the internal atomic states, the frequency of a transition between two different states of an atom in a dilute gas differs from the frequency for the free atom. Such shifts are referred to as collisional shifts or, because the accuracy of atomic clocks is limited by them, clock shifts. The basic physical effect is virtual scattering processes like those that give rise to the effective interaction $U_{0}$ used earlier in our discussion of interactions between two bosons in the same internal state, and the magnitude of the effect is proportional to atomic scattering lengths. This is to be contrasted with the rate of real scattering processes, which is proportional to $U_{0}^{2}$.

We now consider the shift of a spectral line due to an atom being excited from one atomic state, labelled 1, to another internal state, labelled 2. We shall adopt a sum-rule approach, which will lead to a simple expression for
the shift of the line due to atom-atom interactions. In second-quantized form, the Hamiltonian for a mixture of atoms is (see Eq. (12.3))

$$
\begin{equation*}
\hat{H}=-\frac{\hbar^{2}}{2 m} \int d \mathbf{r}\left[\hat{\psi}_{1}^{\dagger}(\mathbf{r}) \nabla^{2} \hat{\psi}_{1}(\mathbf{r})+\hat{\psi}_{2}^{\dagger}(\mathbf{r}) \nabla^{2} \hat{\psi}_{2}(\mathbf{r})\right]+\Delta \int d \mathbf{r} \hat{\psi}_{2}^{\dagger}(\mathbf{r}) \hat{\psi}_{2}(\mathbf{r})+\hat{H}_{\mathrm{int}}, \tag{13.90}
\end{equation*}
$$

where the interaction Hamiltonian $\hat{H}_{\text {int }}$ is given by

$$
\begin{gather*}
\hat{H}_{\text {int }}=\int d \mathbf{r}\left[\frac{U_{11}}{2} \hat{\psi}_{1}^{\dagger}(\mathbf{r}) \hat{\psi}_{1}^{\dagger}(\mathbf{r}) \hat{\psi}_{1}(\mathbf{r}) \hat{\psi}_{1}(\mathbf{r})+U_{12} \hat{\psi}_{1}^{\dagger}(\mathbf{r}) \hat{\psi}_{2}^{\dagger}(\mathbf{r}) \hat{\psi}_{2}(\mathbf{r}) \hat{\psi}_{1}(\mathbf{r})\right. \\
 \tag{13.91}\\
\left.+\frac{U_{22}}{2} \hat{\psi}_{2}^{\dagger}(\mathbf{r}) \hat{\psi}_{2}^{\dagger}(\mathbf{r}) \hat{\psi}_{2}(\mathbf{r}) \hat{\psi}_{2}(\mathbf{r})\right] .
\end{gather*}
$$

Here the operators $\hat{\psi}_{1}(\mathbf{r})$ and $\hat{\psi}_{2}(\mathbf{r})$ destroy atoms in the states 1 and 2 at point $\mathbf{r}$ and their Hermitian conjugates create them. The interaction term is taken to be of the standard contact form, $U_{i j}=4 \pi \hbar^{2} a_{i j} / m$ and we shall comment on this assumption at the end of this section. In Eq. (13.90) $\Delta$ is the energy difference between the two atomic states, and this must be included because we consider processes in which the number of atoms in the each state changes. To be specific, let us calculate the mean frequency of the transition for a system initially consisting only of 1 -atoms under a time-dependent perturbation of the form

$$
\begin{equation*}
\hat{H}^{\prime}=\hat{\mathcal{O}} e^{-i \omega t}+\hat{\mathcal{O}}^{\dagger} e^{i \omega t} \tag{13.92}
\end{equation*}
$$

where

$$
\begin{equation*}
\hat{\mathcal{O}}=\int d \mathbf{r} \hat{\psi}_{2}^{\dagger}(\mathbf{r}) \hat{\psi}_{1}(\mathbf{r}) . \tag{13.93}
\end{equation*}
$$

Here we have assumed that the perturbation is local and uniform in space. In the case of transitions between different hyperfine states, the perturbation is generated by a microwave or rf electromagnetic field which changes the spin of the atom but leaves its centre of mass unchanged. The perturbation is thus local. Also, because the wavelength of the radiation is large compared with atomic length scales and the interparticle separation, it is a good approximation to assume the interaction to be uniform in space. Another experimentally important case is the $1 \mathrm{~S}-2 \mathrm{~S}$ transition in hydrogen, which was used to establish the creation of a Bose-Einstein condensate. This process cannot occur in the dipole approximation for a single photon, but it can be induced by a pair of photons. The matrix element for the twophoton process is local to a good approximation and in the experimentally important case when the photons have equal and opposite wave vectors, the effective matrix element is spatially uniform.

The perturbation (13.92) has a form similar to that for the coupling of an atom to an electric field, so for weak perturbations we may calculate the rate of transitions from an initial state $m$ of the Hamiltonian (13.90) to state $n$ under the influence of the perturbation (13.92) by time-dependent perturbation theory as described for the response of an atom to an alternating electric field in Sec. 3.3. However, here the states are many-body states of the entire system described by the Hamiltonian (13.90). The equation for the time dependence of the expansion coefficients $a_{n}^{(1)}$ corresponding to Eq. (3.47) becomes

$$
\begin{equation*}
a_{n}^{(1)}=-\frac{1}{\hbar}\left[\langle n| \mathcal{O}|m\rangle \frac{e^{i\left(\omega_{n m}-\omega\right) t}-1}{\omega_{n m}-\omega}+\langle n| \mathcal{O}^{\dagger}|m\rangle \frac{e^{i\left(\omega_{n m}+\omega\right) t}-1}{\omega_{n m}+\omega}\right], \tag{13.94}
\end{equation*}
$$

where $\omega_{n m}=\left(E_{n}-E_{m}\right) / \hbar$. The energy eigenstates of the Hamiltonian (13.90) may be taken to be eigenstates of the number of 1 -atoms, and the number of 2 -atoms. Since the perturbation changes the number of atoms of the two species, it is impossible for both $\langle n| \mathcal{O}|m\rangle$ and $\langle n| \mathcal{O}^{\dagger}|m\rangle$ to be non-zero for a given pair of states $m$ and $n$. The probability of the state $n$ being occupied is $\left|a_{n}^{(1)}\right|^{2}$, which, since the interference term vanishes. is given by

$$
\begin{align*}
&\left|a_{n}^{(1)}\right|^{2}=\left.\frac{t}{\hbar^{2}}[|\langle n| \mathcal{O}| m\rangle\right|^{2} \frac{4 \sin ^{2}\left(\omega_{n m}-\omega\right) t / 2}{\left(\omega_{n m}-\omega\right)^{2} t} \\
&\left.\left.\quad+\left|\langle n| \mathcal{O}^{\dagger}\right| m\right\rangle\left.\right|^{2} \frac{4 \sin ^{2}\left(\omega_{n m}+\omega\right) t / 2}{\left(\omega_{n m}+\omega\right)^{2} t}\right] . \tag{13.95}
\end{align*}
$$

The factor $4 \sin ^{2}\left[\left(\omega_{n m} \pm \omega\right) t / 2\right] /\left(\omega_{n m} \pm \omega\right)^{2} t$ tends to $2 \pi \delta\left(\omega_{n m} \pm \omega\right)$ for large times $t$, and therefore the rate of transitions from state $m$ to state $n$ may be written as

$$
\begin{align*}
\frac{\left|a_{n}^{(1)}\right|^{2}}{t}=\left.\frac{2 \pi}{\hbar}[|\langle n| \mathcal{O}| m\rangle\right|^{2} \delta\left(E_{n}-\right. & \left.E_{m}-\hbar \omega\right) \\
& \left.\left.+\left|\langle n| \mathcal{O}^{\dagger}\right| m\right\rangle\left.\right|^{2} \delta\left(E_{n}-E_{m}+\hbar \omega\right)\right] . \tag{13.96}
\end{align*}
$$

Generally there will be a distribution of initial states, with probabilities which we denote by $p_{m}^{0}$. In dilute gases, processes which change the internal state of an atom can be slow, and consequently the probabilities are not generally given simply by the Boltzmann factor. The average $R(\omega)$ of the rate of transitions to all possible final states is therefore given by

$$
\begin{equation*}
\left.\left.R(\omega)=\left.\frac{2 \pi}{\hbar} \sum_{m n}(|\langle n| \mathcal{O}| m\rangle\right|^{2} p_{m}^{0}+|\langle m| \mathcal{O}| n\right\rangle\left.\right|^{2} p_{n}^{0}\right) \delta\left(E_{n}-E_{m}-\hbar \omega\right), \tag{13.97}
\end{equation*}
$$

which is a generalization of the Golden Rule of time-dependent perturbation theory to allow for the distribution of initial states.

We define the average energy of the transition by the equation

$$
\begin{equation*}
\bar{\omega}=\frac{\int d \omega \omega R(\omega)}{\int d \omega R(\omega)}=\frac{\left.\sum_{m n}\left(E_{n}-E_{m}\right)|\langle n| \mathcal{O}| m\right\rangle\left.\right|^{2}\left(p_{m}^{0}-p_{n}^{0}\right)}{\left.\hbar \sum_{m n}|\langle n| \mathcal{O}| m\right\rangle\left.\right|^{2}\left(p_{m}^{0}+p_{n}^{0}\right)} \tag{13.98}
\end{equation*}
$$

Let us now apply this result to a situation in which the initial state consists only of atoms in the state 1 . One then finds

$$
\begin{equation*}
\bar{\omega}=\frac{\left.\sum_{m n}\left(E_{n}-E_{m}\right)|\langle n| \mathcal{O}| m\right\rangle\left.\right|^{2} p_{m}^{0}}{\left.\hbar \sum_{m n}|\langle n| \mathcal{O}| m\right\rangle\left.\right|^{2} p_{m}^{0}} \tag{13.99}
\end{equation*}
$$

Since the eigenstates of $H$ form a complete set, we may write $H=$ $\sum_{r}|r\rangle E_{r}\langle r|$, where the sum is over all eigenstates of $H$. Thus the numerator in Eq. (13.98) has the form $<\mathcal{O}^{\dagger}[H, \mathcal{O}]>$, where $<\cdots>$ denotes a thermal average, and we find

$$
\begin{equation*}
\bar{\omega}=\frac{1}{\hbar} \frac{\left\langle\mathcal{O}^{\dagger}[H, \mathcal{O}]\right\rangle}{\left\langle\mathcal{O}^{\dagger} \mathcal{O}\right\rangle} \tag{13.100}
\end{equation*}
$$

For bosons the only non-vanishing commutators of the creation and annihilation operators are $\left[\hat{\psi}_{i}(\mathbf{r}), \hat{\psi}_{j}^{\dagger}\left(\mathbf{r}^{\prime}\right)\right]=\delta_{i j} \delta\left(\mathbf{r}-\mathbf{r}^{\prime}\right)$, and direct evaluation of the numerator with the Hamiltonian (13.90) gives

$$
\begin{equation*}
\bar{\omega}=\frac{\Delta}{\hbar}+\frac{g_{2}}{n \hbar}\left(U_{12}-U_{11}\right) \tag{13.101}
\end{equation*}
$$

where $g_{2}$ is the pair correlation function for zero separation for the initial system. The clock shift is the second term, which is proportional to the difference of the interatomic interactions. The physical content of Eq. (13.101) is that the mean frequency shift is the change in energy when the interaction between one pair of atoms changes from $U_{11}$ to $U_{12}$ with the correlations remaining unchanged. Surprisingly, the result is not what one would anticipate from Hartree-Fock theory, as one can see by considering the case of a gas above $T_{\mathrm{c}}$. Then the energy to remove an atom in state 1 is $p^{2} / 2 m+2 n U_{11}$, the factor of two being due to the fact that the Hartree and Fock terms are both equal to $n U_{11}$. On the other hand, the energy to add an atom in state 2 is $p^{2} / 2 m+n U_{12}$, since there is no exchange term because the particles are in different internal states. Thus in Hartree-Fock theory, the expected clock shift is $\left(2 U_{11}-U_{12}\right) n / \hbar$. Since $g_{2}=2 n^{2}$ for a Bose gas above $T_{\mathrm{c}}$, Eq. (13.101) predicts an average shift of $2\left(U_{11}-U_{12}\right) n / \hbar$. The factor-of-2 difference in the $U_{12}$ term is due to the fact that Hartree-Fock theory does not take into account interactions between the atom created in state 2 and the 'hole' left by the atom removed in state 1 . A detailed calculation of
mode frequencies shows that for a Bose-Einstein condensed gas below $T_{\mathrm{c}}$ the function $R(\omega)$ will generally show two peaks, with strengths and frequencies consistent with the sum rule [12]. Evidence for Bose-Einstein condensation in hydrogen was extracted from a detailed analysis of the 1S-2S transition.

The above results for the frequency shift agree with those obtained from the standard theory of collisional shifts [10], which uses the quantum kinetic equation. An important application is to one-photon transitions, such as atomic hyperfine lines that are used as atomic clocks. The advances in the understanding of interactions between cold alkali atoms have led to the conclusion that, because of their smaller collisional shifts, the rubidium isotopes ${ }^{85} \mathrm{Rb}$ and ${ }^{87} \mathrm{Rb}$ offer advantages for use as atomic clocks compared with ${ }^{133} \mathrm{Cs}$, the atom currently used [13]. This has been confirmed experimentally for ${ }^{87} \mathrm{Rb}$ [14].
A basic assumption made in the calculations above is that atomic interactions may be replaced by the low-energy effective interaction. This approximation fails if there is significant weight in transitions to intermediate states for which the energy difference is markedly different from that in the absence of atom-atom interactions, e.g. transitions to molecular bound states. For such cases one can derive a sum rule in terms of the bare atom-atom interaction and the correlation function which includes the rapid spatial structure for small atomic separations. For a discussion of such effects, see Ref. [15].

### 13.4 Coherent matter wave optics

A wide range of experiments has been carried out on Bose-Einstein condensates to explore properties of coherent matter waves. Forces on atoms due to laser light described in Sec. 4.2 are an essential ingredient in most of them, and in this section we describe briefly a number of applications. One is phase imprinting. By applying a laser pulse whose intensity varies over the atomic cloud, one may modulate the phase of the condensate, and this effect has been used to generate solitons. A second effect is Bragg diffraction of matter waves by a 'lattice' made by two overlapping laser beams. The final example is non-linear mixing of matter waves.

## Phase imprinting

To understand how the phase may be altered, consider illuminating a condensate with a pulse of radiation whose intensity varies in space. As described in Chapters 3 and 4, radiation shifts the energy of an atom, and thereby causes the phase of the wave function to advance at a rate different
from that in the absence of the pulse. It follows from the equation of motion for the phase, Eq. (7.19), that the extra contribution $\Delta \phi(\mathbf{r}, t)$ to the phase of the wave function satisfies the equation

$$
\begin{equation*}
\frac{\partial \Delta \phi(\mathbf{r}, t)}{\partial t}=-\frac{V(\mathbf{r}, t)}{\hbar} \tag{13.102}
\end{equation*}
$$

where $V(\mathbf{r}, t)$ is the energy shift produced by the radiation field, Eq. (4.31). In writing this equation we have neglected the contribution due to the velocity of the atoms, and this is a good approximation provided the duration $\tau$ of the pulse is sufficiently short, and provided that the velocity is sufficiently small initially. The additional phase is then given by

$$
\begin{equation*}
\Delta \phi(\mathbf{r})=-\frac{1}{\hbar} \int_{0}^{\tau} d t V(\mathbf{r}, t), \tag{13.103}
\end{equation*}
$$

where we have assumed that the pulse starts at $t=0$. Since the potential energy of an atom is proportional to the intensity of the radiation, spatial variation of the intensity of the radiation field makes the phase of the wave function depend on space. Phase imprinting does not require a condensate, and it works also for atoms that are sufficiently cold that their thermal motion plays a negligible role.
Phase imprinting has been used to create solitons, the solutions of the time-dependent Gross-Pitaevskii equation described in Sec. 7.6. The phase difference across a soliton is given by Eq. (7.165) and most of the phase change occurs over a distance $\xi_{u}$, Eq. (7.161), from the centre of the soliton. Such an abrupt change in the phase of the condensate wave function may be produced by illuminating an initially uniform condensate with a pulse of laser light whose intensity is spatially uniform for, say, $x>0$ and zero otherwise. The phase of the condensate wave function for $x>0$ will be changed relative to that for $x<0$, and the magnitude of the phase difference may be adjusted to any required value by an appropriate choice of the properties of the pulse. The distance over which the change in phase occurs is determined by how sharply the illumination can be cut off spatially. Immediately after applying the pulse the behaviour of the phase is therefore similar to that in the soliton whose centre is on the plane $x=0$. However the density is essentially uniform, without the dip present in the soliton solution. The velocity distribution immediately following the laser pulse is proportional to the gradient of the phase imprinted. This leads to a density disturbance that moves in the positive $x$ direction if the energy shift is negative. In addition, there is a soliton that moves towards negative values of $x$.

Our discussion of phase-imprinting above is appropriate for radiation fields produced by propagating electromagnetic waves, and one may ask
what happens if a standing wave is applied. If the intensity of the wave varies as $\sin ^{2} q z$, this gives an energy shift of the form $\sin ^{2} q z$ according to Eq. (3.50). For short pulses, this will impose on the condensate a phase variation proportional to $\sin ^{2} q z$ and therefore a velocity variation equal to $(\hbar / m) \partial \phi / \partial z \propto \sin 2 q z$. With time this velocity field will produce density variations of the same wavelength. For longer pulses, a density wave is created with an amplitude that oscillates as a function of the duration of the pulse (Problem 13.3). These density fluctuations behave as a grating, and may thus be detected by diffraction of light, as has been done experimentally [16]. In Chapter 14 we shall give a detailed account of the properties of Bose systems in standing light-wave fields.

## Bragg diffraction of matter waves

The phenomenon of Bragg diffraction of electromagnetic radiation is well known and widely applied in determining crystal structures. We now consider its analogue for particles. Imagine projecting a Bose-Einstein condensate at a periodic potential produced by a standing electromagnetic wave. This gives rise to a diffracted wave with the same wave number as that of the particles in the original cloud, and its direction of propagation is determined by the usual Bragg condition. In practice, it is more convenient to adopt a method that corresponds to performing a Galilean transformation on the above process. One applies to a cloud of condensate initially at rest a potential having the form of a travelling wave produced by superimposing two laser beams with wave vectors $\mathbf{q}_{1}$ and $\mathbf{q}_{2}$ and frequencies $\omega_{1}$ and $\omega_{2}$. The amplitudes of the electric fields in the two beams are proportional to $\cos \left(\mathbf{q}_{1} \cdot \mathbf{r}-\omega_{1} t\right)$ and $\cos \left(\mathbf{q}_{2} \cdot \mathbf{r}-\omega_{2} t\right)$, where we have omitted arbitrary phases. The effective potential acting on an atom may be calculated by second-order perturbation theory, just as we did in the discussion of Sisyphus cooling in Chapter 4. It contains the product of the amplitudes of the two waves and therefore has components with frequencies and wave vectors given by

$$
\begin{equation*}
\omega=\omega_{1} \pm \omega_{2} \quad \text { and } \quad \mathbf{q}=\mathbf{q}_{1} \pm \mathbf{q}_{2} \tag{13.104}
\end{equation*}
$$

The term proportional to $\cos \left[\left(\mathbf{q}_{1}-\mathbf{q}_{2}\right) \cdot \mathbf{r}-\left(\omega_{1}-\omega_{2}\right) t\right]$ describes a Raman process in which one photon is emitted and one of another frequency absorbed. It has the important property that its frequency and wave vector may be tuned by appropriate choice of the frequencies and directions of propagation of the beams. When the frequencies of the two beams are the same, the potential is static, as described in Chapter 4, and in Chapter 14 we shall consider in detail the properties of Bose systems in such a potential,
which is referred to as an optical lattice. For $\omega_{1} \neq \omega_{2}$ the potential has a wave vector $\mathbf{q}_{1}-\mathbf{q}_{2}$ and moves at a velocity $\left(\omega_{1}-\omega_{2}\right) /\left|\mathbf{q}_{1}-\mathbf{q}_{2}\right|$. This can act as a diffraction grating for matter waves. The term with the sum of frequencies corresponds to absorption or emission of two photons. Such a term is responsible for the $1 \mathrm{~S}-2 \mathrm{~S}$ transition in hydrogen treated in Sec. 13.3.1. It is of very high frequency, and plays no role in the present application.

Let us, for simplicity, consider a non-interacting Bose gas. Bragg diffraction of a condensate with momentum zero will be kinematically possible if energy and momentum can be conserved. This requires that the energy difference between the photons in the two beams must be equal to the energy of an atom with momentum $\hbar\left(\mathbf{q}_{1}-\mathbf{q}_{2}\right)$, or

$$
\begin{equation*}
\hbar\left(\omega_{1}-\omega_{2}\right)=\frac{\hbar^{2}\left(\mathbf{q}_{1}-\mathbf{q}_{2}\right)^{2}}{2 m} . \tag{13.105}
\end{equation*}
$$

This result is equivalent to the usual Bragg diffraction condition for a static grating. When interactions between atoms are taken into account, the freeparticle dispersion relation must be replaced by the Bogoliubov one $\epsilon_{\mathbf{q}}$, Eq. (7.31) for $\mathbf{q}=\mathbf{q}_{1}-\mathbf{q}_{2}$. This type of Bragg spectroscopy has been used to measure the structure factor of a Bose-Einstein condensate in the phonon regime [17].

By the above method it is possible to scatter a large fraction of a condensate into a different momentum state. Initially the two components of the condensate overlap in space, but as time elapses, they will separate as a consequence of their different velocities. This technique was used in the experiment on non-linear mixing of matter waves that we now describe.

## Four-wave mixing

By combining laser beams with different frequencies and different directions it is possible to make condensed clouds with components having a number of different momenta. For example, by making two gratings with wave vectors $\mathbf{q}_{a}$ and $\mathbf{q}_{b}$ one can make a cloud with components having momenta zero (the original cloud), $\pm \hbar \mathbf{q}_{a}$ and $\pm \hbar \mathbf{q}_{b}$. As a consequence of the interaction between particles, which is due to the term $U_{0}|\psi(\mathbf{r})|^{4} / 2$ in the expression for the energy density, there is a non-linear mixing of matter waves. In particular three overlapping components above can produce a fourth beam. For example, two atoms with momenta zero and $\hbar \mathbf{q}_{a}$ can be scattered to states with momenta $\hbar \mathbf{q}_{b}$ and $\hbar\left(\mathbf{q}_{a}-\mathbf{q}_{b}\right)$, thereby producing a new beam with the latter momentum. This is a four-wave mixing process analogous to that familiar in optics. For the process to occur, the laser frequencies
and beam directions must be chosen so that energy and momentum are conserved. Such experiments have been performed on Bose-Einstein condensed clouds, and the fourth beam was estimated to contain up to $11 \%$ of the total number of atoms [18]. This yield is impressive compared with what is possible in optics, and it reflects the strongly non-linear nature of Bose-Einstein condensates.

### 13.5 Criteria for Bose-Einstein condensation

Since the experimental discovery of Bose-Einstein condensation in dilute gases, renewed attention has been paid to the question of how to characterize it theoretically. For non-interacting particles, the criterion for Bose-Einstein condensation is that the occupation number for one of the single-particle energy levels should be macroscopic. The question is how to generalize this condition to interacting systems.

A criterion for bulk systems was proposed by Penrose [19] and Landau and Lifshitz [20], and subsequently elaborated by Penrose and Onsager [21] and by Yang [22] in terms of the one-particle reduced density matrix of the system.

### 13.5.1 The density matrix

For calculating the expectation value of most quantities of experimental relevance it is not necessary to have a detailed knowledge of the many-body correlations in the system. For example, complete knowledge of one-body properties is contained in the one-particle reduced density matrix, in the following abbreviated simply as density matrix, which is defined in terms of the particle creation and annihilation operators $\hat{\psi}^{\dagger}$ and $\hat{\psi}$ by

$$
\begin{equation*}
\rho\left(\mathbf{r}, \mathbf{r}^{\prime}\right) \equiv<\hat{\psi}^{\dagger}\left(\mathbf{r}^{\prime}\right) \hat{\psi}(\mathbf{r})>, \tag{13.106}
\end{equation*}
$$

which gives the amplitude for removing a particle at $\mathbf{r}$ and creating one at $\mathbf{r}^{\prime}$. The averaging indicated by $\langle\cdots\rangle$ may have different meanings depending on the physical situation considered. For a system in a pure state $\Psi\left(\mathbf{r}_{1}, \mathbf{r}_{2}, \mathbf{r}_{3}, \ldots \mathbf{r}_{N}\right)$ it indicates a quantum-mechanical expectation value, and the density matrix is given by

$$
\begin{equation*}
\rho\left(\mathbf{r}, \mathbf{r}^{\prime}\right)=N \int d \mathbf{r}_{2} d \mathbf{r}_{3} \ldots d \mathbf{r}_{N} \Psi^{*}\left(\mathbf{r}^{\prime}, \mathbf{r}_{2}, \mathbf{r}_{3}, \ldots \mathbf{r}_{N}\right) \Psi\left(\mathbf{r}, \mathbf{r}_{2}, \mathbf{r}_{3}, \ldots \mathbf{r}_{N}\right) \tag{13.107}
\end{equation*}
$$

In other situations the average is over an ensemble of systems in the usual sense of statistical physics. The definition is not restricted to systems in equilibrium.
From the definition (13.106), one sees that when $\mathbf{r}=\mathbf{r}^{\prime}$, the density matrix equals the particle density $n$,

$$
\begin{equation*}
n(\mathbf{r})=\rho(\mathbf{r}, \mathbf{r}), \tag{13.108}
\end{equation*}
$$

and therefore the density matrix is normalized according to the condition

$$
\begin{equation*}
\int d \mathbf{r} \rho(\mathbf{r}, \mathbf{r})=N \tag{13.109}
\end{equation*}
$$

where $N$ is the total number of particles.
The momentum distribution may be obtained from the density matrix. To see this we introduce operators $\hat{a}_{\mathbf{p}}^{\dagger}$ and $\hat{a}_{\mathbf{p}}$, which create and annihilate particles in momentum states $\mathbf{p}=\hbar \mathbf{k}$, by the transformation given in Eq. (8.4). The momentum distribution $n(\mathbf{p})$ is

$$
\begin{equation*}
n(\mathbf{p})=\left\langle\hat{a}_{\mathbf{p}}^{\dagger} \hat{a}_{\mathbf{p}}>.\right. \tag{13.110}
\end{equation*}
$$

By inserting (8.4) and its Hermitian conjugate into (13.110) and introducing the centre-of-mass coordinate $\mathbf{R}=\left(\mathbf{r}+\mathbf{r}^{\prime}\right) / 2$ and the relative coordinate $\mathbf{s}=\mathbf{r}-\mathbf{r}^{\prime}$ we obtain ${ }^{3}$

$$
\begin{equation*}
n(\mathbf{p})=\frac{1}{V} \int d \mathbf{R} \int d \mathbf{s} \rho(\mathbf{R}+\mathbf{s} / 2, \mathbf{R}-\mathbf{s} / 2) e^{-i \mathbf{p} \cdot \mathbf{s} / \hbar} . \tag{13.111}
\end{equation*}
$$

For a uniform system the density matrix depends only on the relative coordinate and thus, according to Eq. (13.111), its Fourier transform gives the momentum distribution. In Chapter 15 we shall discuss the density matrix and the momentum distribution function of a uniform one-dimensional Bose gas.

Information about two-body properties of a system is contained in the two-particle reduced density matrix, $\rho_{2}$ which is defined by

$$
\begin{equation*}
\rho_{2}\left(\mathbf{r}, \mathbf{r}^{\prime} ; \mathbf{r}^{\prime \prime}, \mathbf{r}^{\prime \prime \prime}\right) \equiv<\hat{\psi}^{\dagger}\left(\mathbf{r}^{\prime \prime}\right) \hat{\psi}^{\dagger}\left(\mathbf{r}^{\prime \prime \prime}\right) \hat{\psi}\left(\mathbf{r}^{\prime}\right) \hat{\psi}(\mathbf{r})>. \tag{13.112}
\end{equation*}
$$

When all spatial arguments are equal, $\rho_{2}$ is equal to $g_{2}(\mathbf{r}, \mathbf{r})$, Eq. (13.82). We shall use the quantity $\rho_{2}$ when investigating pairing correlations in Fermi systems in Chapter 17.

Having introduced the density matrix we shall now formulate the general criterion for Bose-Einstein condensation, developed in Refs. [19-22], namely that the one-particle reduced density matrix (13.106) of the system tends

[^38]to a non-zero value as $\left|\mathbf{r}-\mathbf{r}^{\prime}\right|$ tends to infinity. In order to elucidate the meaning of this criterion we first consider a uniform ideal Bose gas.

For the uniform ideal Bose gas, the eigenstates are plane waves $e^{i \mathbf{p} \cdot \mathbf{r} / \hbar} / V^{1 / 2}$ with occupancy $N_{\mathbf{p}}$, and the density matrix (13.106) is given by

$$
\begin{equation*}
\rho\left(\mathbf{r}, \mathbf{r}^{\prime}\right)=\frac{1}{V} \sum_{\mathbf{p}} N_{\mathbf{p}} e^{i \mathbf{p} \cdot\left(\mathbf{r}-\mathbf{r}^{\prime}\right) / \hbar} \tag{13.113}
\end{equation*}
$$

as may be verified by inserting the transformation (8.3) into (13.106). For large $\left|\mathbf{r}-\mathbf{r}^{\prime}\right|$, the only term that survives is the one for the zero-momentum state since, provided no $N_{\mathbf{p}}$ for $\mathbf{p} \neq 0$ are macroscopic, the contribution from all other states tends to zero because of the interference between different components, and therefore

$$
\begin{equation*}
\lim _{\left|\mathbf{r}-\mathbf{r}^{\prime}\right| \rightarrow \infty} \rho\left(\mathbf{r}, \mathbf{r}^{\prime}\right)=\frac{N_{0}}{V} \tag{13.114}
\end{equation*}
$$

Thus Bose-Einstein condensation is signalled by $\rho\left(\mathbf{r}, \mathbf{r}^{\prime}\right)$ tending to a nonzero value as $\left|\mathbf{r}-\mathbf{r}^{\prime}\right| \rightarrow \infty$. For an interacting system, the energy eigenstates are not generally eigenstates of the operator for the number of zeromomentum particles, but one can write

$$
\begin{equation*}
\lim _{\left|\mathbf{r}-\mathbf{r}^{\prime}\right| \rightarrow \infty} \rho\left(\mathbf{r}, \mathbf{r}^{\prime}\right)=\frac{<N_{0}>}{V} \tag{13.115}
\end{equation*}
$$

where $<N_{0}>$ denotes the expectation value of the occupation number of the zero-momentum state. Thus for this case too it is natural to adopt as a criterion for Bose-Einstein condensation that $\rho\left(\mathbf{r}, \mathbf{r}^{\prime}\right)$ tend to a non-zero value as $\left|\mathbf{r}-\mathbf{r}^{\prime}\right| \rightarrow \infty$.

In finite systems such as gas clouds in traps, it makes no sense to take the limit of large separations between the two arguments of the single-particle density matrix, so it is customary to adopt a different procedure and expand the density matrix in terms of its eigenfunctions $\chi_{j}(\mathbf{r})$, which satisfy the equation

$$
\begin{equation*}
\int d \mathbf{r}^{\prime} \rho\left(\mathbf{r}, \mathbf{r}^{\prime}\right) \chi_{j}\left(\mathbf{r}^{\prime}\right)=\lambda_{j} \chi_{j}(\mathbf{r}) \tag{13.116}
\end{equation*}
$$

Since the density matrix is Hermitian and positive definite, its eigenvalues $\lambda_{j}$ are real and positive and

$$
\begin{equation*}
\rho\left(\mathbf{r}, \mathbf{r}^{\prime}\right)=\sum_{j} \lambda_{j} \chi_{j}^{*}\left(\mathbf{r}^{\prime}\right) \chi_{j}(\mathbf{r}) \tag{13.117}
\end{equation*}
$$

where we have assumed that the eigenfunctions satisfy the normalization
condition $\int d \mathbf{r}\left|\chi_{j}(\mathbf{r})\right|^{2}=1$. For a non-interacting gas in a potential, the $\chi_{j}$ are the single-particle wave functions, and the eigenvalues are the corresponding occupation numbers. At zero temperature, the eigenvalue for the lowest single-particle state is $N$, and the others vanish. For interacting systems, the natural generalization of the condition for the non-interacting gas that the occupation number of one state be macroscopic is that one of the eigenvalues $\lambda_{j}$ be of order $N$, while the others are finite in the limit $N \rightarrow \infty$ [21].

### 13.5.2 Fragmented condensates

In bulk systems, one usually regards Bose-Einstein condensation as being characterized by the macroscopic occupation of one single-particle state. As a simple example of a more complicated situation in which two singleparticle states are macroscopically occupied, consider atoms in two potential wells so far apart that the wave functions of particles in the two traps do not overlap. If there are $N_{1}$ particles in the ground state of the first well, and $N_{2}$ in the ground state of the second one, two single-particle states, one in each well, are macroscopically occupied. The state is given by Eq. (13.73), and the density matrix for it is

$$
\begin{equation*}
\rho\left(\mathbf{r}, \mathbf{r}^{\prime}\right)=N_{1} \psi_{1}^{*}\left(\mathbf{r}^{\prime}\right) \psi_{1}(\mathbf{r})+N_{2} \psi_{2}^{*}\left(\mathbf{r}^{\prime}\right) \psi_{2}(\mathbf{r}) \tag{13.118}
\end{equation*}
$$

which has two large eigenvalues if $N_{1}$ and $N_{2}$ are both large. Here $\psi_{1}(\mathbf{r})$ and $\psi_{2}(\mathbf{r})$ are the ground-state single-particle wave functions for the two wells.

One may ask whether there are more general condensates with properties similar to the two-well system considered above. One example arose in studies of possible Bose-Einstein condensation of excitons [23], but it is of interest more generally. The energy of a uniform system of bosons in the Hartree-Fock approximation, Eq. (8.89), is

$$
\begin{equation*}
E=\sum_{\mathbf{p}} \epsilon_{p}^{0} N_{\mathbf{p}}+\frac{U_{0}}{2 V} N(N-1)+\frac{U_{0}}{2 V} \sum_{\mathbf{p}, \mathbf{p}^{\prime}\left(\mathbf{p} \neq \mathbf{p}^{\prime}\right)} N_{\mathbf{p}} N_{\mathbf{p}^{\prime}} \tag{13.119}
\end{equation*}
$$

This shows that for a repulsive interaction the lowest-energy state of the system has all particles in the zero-momentum state, since the Fock term, the last term in (13.119), can only increase the energy. However, for an attractive interaction the Fock term, which is absent if all particles are in the same state, lowers the energy, rather than raises it as it does for repulsive forces. The interaction energy is minimized by distributing the particles over
as many states as possible [23]. ${ }^{4}$ Nozières and Saint James referred to such a state as a fragmented condensate. However, they argued that fragmented condensates are not physically relevant for bulk matter because such states would be unstable with respect to collapse.

Another example of a fragmented condensate is the ground state of the dilute spin-1 Bose gas with antiferromagnetic interactions. This problem can be solved exactly, as we have seen in Sec. 12.2.2. The ground state for $N$ particles is $N / 2$ pairs of atoms, each pair having zero angular momentum. All particles have zero kinetic energy. The pairing to zero total spin is physically understandable since the energy due to the antiferromagnetic interaction is minimized by aligning the spins of a pair of atoms oppositely. The ground state is

$$
\begin{equation*}
|\Psi\rangle \propto\left(\hat{A}^{\dagger}\right)^{N / 2}|0\rangle, \tag{13.120}
\end{equation*}
$$

where $\hat{A}$ is given by (12.55). This state cannot be written in the form $\left(\hat{\alpha}^{\dagger}\right)^{N}|0\rangle$, where $\hat{\alpha}^{\dagger}$ is the creation operator for an atom in some state, and therefore it is quite different from the usual Bose-Einstein condensate of atoms in the same internal state. Rather, it is a Bose-Einstein condensate of pairs of atoms in the state with zero momentum. The state resembles in this respect the ground state of a BCS superconductor, but whereas the two electrons in a pair in a superconductor are correlated in space, the two bosons in a pair are not (see Sec. 17.3.4). The one-particle density matrix for the original bosons has three eigenvalues equal to $N / 3$, and therefore the state is a fragmented condensate (Problem 13.2).

The study of rotating Bose gases in traps has brought to light a number of other examples of fragmented condensates [24]. The simplest is the Bose gas with attractive interactions in a harmonic trap with an axis of symmetry. In the lowest state with a given angular momentum, all the angular momentum is carried by the centre-of-mass motion (the dipole mode), while the internal correlations are the same as in the ground state (see Sec. 9.3.1). The one-particle density matrix for this state generally has a number of large eigenvalues, not just one, and thus one might be tempted to regard it as a fragmented condensate. However, since the internal correlations are identical with those in the ground state, which has an (unfragmented) BoseEinstein condensate, this conclusion is puzzling. Subsequently, it has been shown that a one-particle density matrix for this state defined using coordinates of particles relative to the centre of mass, rather than the coordinates relative to an origin fixed in space, has a single macroscopic eigenvalue [25].

[^39]This indicates that the distinction between fragmented and unfragmented condensates is not sharp.

The examples given above illustrate that the problem of characterizing Bose-Einstein condensation microscopically is a complex one. The bosons that condense may be single particles, composite bosons made up of a pair of bosonic atoms, as in a gas of spin-1 bosons with antiferromagnetic interaction or, as we shall describe in Chapters 16 and 17, pairs of fermions in a superconductor. In addition, the eigenvalues of the one-particle density matrix can depend on the coordinates used, as in the case of particles under rotation in a harmonic trap, or on the particular choice of the boson (bosonic atoms versus pairs of atoms) undergoing condensation.

## Problems

Problem 13.1 Show that in the Hartree-Fock approximation the threeparticle correlation function Eq. (13.87) is given by

$$
g_{3}(0)=n_{0}^{3}+9 n_{0}^{2} n_{\mathrm{ex}}+18 n_{0} n_{\mathrm{ex}}^{2}+6 n_{\mathrm{ex}}^{3}
$$

Problem 13.2 Consider the ground state of an even number of spin-1 bosons with antiferromagnetic interactions for zero total spin. The state is given by (13.120). Show that the eigenvalues of the single-particle density matrix are $N / 3$.

Problem 13.3 In the electric field created by two opposed laser beams of the same frequency $\omega$ and the same polarization propagating in the $\pm z$ directions, the magnitude of the electric field varies as $\mathcal{E}_{0} \cos \omega\left(t-t_{0}\right) \cos q z$. What is the effective potential acting on an atom? [Hint: Recall the results from Secs. 3.3 and 4.2.] Treating this potential as small, calculate the response of a uniform non-interacting Bose-Einstein condensate when the electric field is switched on at $t=t_{0}$ and switched off at $t=t_{0}+\tau$, and show that the magnitude of the density wave induced in the condensate varies periodically with $\tau$. Interpret your result for small $\tau$ in terms of phase imprinting and the normal modes of the condensate.

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## 14

## Optical lattices

The electric field intensity of a standing-wave laser field is periodic in space. Due to the ac Stark effect, this gives rise to a spatially periodic potential acting on an atom, as explained in Chapter 4 (see, e.g. Eq. (4.31)). This is the physical principle behind the generation of optical lattices. By superimposing a number of different laser beams it is possible to generate potentials which are periodic in one, two or three dimensions. The suggestion that standing light waves may be used to confine the motion of atoms dates back to 1968 and is due to Letokhov [1]. The first experimental realization of an optical lattice was achieved in 1987 for a classical gas of cesium atoms [2].

The study of atoms in such potentials has many different facets. At the simplest level, it is possible to study the energy band structure of atoms moving in these potentials and to explore experimentally a number of effects which are difficult to observe for electrons in the periodic lattice of a solid. Interactions between atoms introduce qualitatively new effects. Within mean-field theory, which applies when the number of atoms in the vicinity of a single minimum of the potential is sufficiently large, one finds that interatomic interactions give rise to novel features in the band structure. These include multivaluedness of the energy for a given band and states possessing a periodicity different from that of the optical lattice. When the number of atoms per lattice site becomes small, phase coherence between atoms around different lattice sites can be lost and the system makes a transition to a state which is 'insulating' in the sense that a small external field does not give rise to a flow of atoms. Since the properties of optical lattices can be controlled externally, they offer the unique possibility of modelling systems that resemble real crystalline lattices, but with lattice constants, barrier heights and interaction parameters that can be varied experimentally, e.g. by changing the intensity of the laser fields. Experiments with cold atoms in optical lattices can thus be used as a testing ground for theories of
strongly correlated condensed-matter systems. An influential paper is this respect is Ref. [3], in which bosons in an optical lattice were shown to be described by the Hubbard model familiar from condensed matter physics. It is also possible to control the dimensionality of an atomic gas by using the tight confinement that can be achievved with an optical lattice to freeze out motion in one or two directions, thereby making the motion of the atoms effectively two- or one-dimensional. Optical lattices are candidates for applications to quantum information because they may be used to manipulate the internal states and positions of atoms. For a review of Bose-Einstein condensates in optical lattices, see Ref. [4]. The review [5] discusses the use of ultracold atoms and molecules in optical lattices as 'quantum simulators' for condensed matter systems.

The production of optical lattices in one, two and three dimensions is described in Sec. 14.1. In the following section, Sec. 14.2, we review the basic concepts involved in the description of particles in a periodic potential, calculate energy bands for solutions of the Gross-Pitaevskii equation, and introduce the tight-binding model. In Sec. 14.3 we investigate the stability of the solutions to the Gross-Pitaevskii equation and also develop a hydrodynamic description which is applicable to long-wavelength excitations. Intrinsically non-linear effects are considered in Sec. 14.4, where we discuss loop structures in the energy bands and the phenomenon of period doubling. When the energy barrier between neighbouring sites is increased, hopping is suppressed, and it then becomes possible to drive an atomic gas from a superfluid state into an insulating one. This quantum phase transition is the topic of Sec. 14.5.

### 14.1 Generation of optical lattices

As we showed in Chapter 4, the energy of an atom is shifted by the presence of an electric field, and this energy shift may be regarded as an external potential $V$ acting on the atom. It is given by Eq. (4.31),

$$
\begin{equation*}
V=-\frac{1}{2} \alpha^{\prime}(\omega)<\mathcal{E}(\mathbf{r}, t)^{2}>_{t}, \tag{14.1}
\end{equation*}
$$

where $\alpha^{\prime}$ is the real part of the dynamical polarizability of the atom, given by Eq. (4.32), and $<\mathcal{E}(\mathbf{r}, t)^{2}>_{t}$ is the square of the electric field, averaged over a time much longer than the period of the wave. To make a lattice potential, it is therefore necessary to construct an electric field such that $<\mathcal{E}(\mathbf{r}, t)^{2}>_{t}$ is periodic in space, and in the following we describe how to produce lattices in one, two and three dimensions.

### 14.1.1 One-dimensional lattices

The simplest way to form a one-dimensional lattice is by superimposing two oppositely directed laser beams, each with the same frequency. For simplicity, we assume that both beams are linearly polarized with the electric-field vector along the $z$ axis. The total field is thus

$$
\begin{equation*}
\mathcal{E}_{z}=\mathcal{E}_{0} \cos (q x-\omega t)+\mathcal{E}_{0} \cos (-q x-\omega t)=2 \mathcal{E}_{0} \cos q x \cos \omega t \tag{14.2}
\end{equation*}
$$

The energy shift of an atom, Eq. (14.1), is proportional to the square of the time-varying electric field (averaged over one period of the oscillation), which is given by

$$
\begin{equation*}
<\mathcal{E}_{z}^{2}>_{t}=2 \mathcal{E}_{0}^{2} \cos ^{2} q x=\mathcal{E}_{0}^{2}(\cos 2 q x+1) \tag{14.3}
\end{equation*}
$$

Thus, the associated energy shift is periodic in $x$, with a period equal to $\pi / q$. When expressed in terms of the wavelength $\lambda=2 \pi / q$ of the laser light, the period is thus equal to $\lambda / 2$. We shall write the spatially dependent part of the potential energy in the form

$$
\begin{equation*}
V=\frac{V_{0}}{2} \cos 2 q x=\frac{V_{0}}{2} \cos \left(\frac{2 \pi x}{d}\right) \tag{14.4}
\end{equation*}
$$

where $d=\pi / q=\lambda / 2$ is the period, and $V_{0}$ is a constant which with a suitable choice of the origin of the coordinates we may take to be positive. The factor of one half in Eq. (14.4) is introduced to make our notation consistent with most of the literature on optical lattices. The height of the energy barrier, $V_{0}$, depends on the intensity and the real part of the polarizability according to Eq. (4.31). We shall estimate the magnitude of $V_{0}$ in Sec. 14.2 below.

Potentials with a period greater than $\lambda / 2$ and moving potentials may be generated by superimposing two travelling waves. We consider two beams whose frequencies $\omega_{1}$ and $\omega_{2}$ may be different, and we denote the wave vectors by $\mathbf{q}_{1}$ and $\mathbf{q}_{2}$. We shall assume that the beams are linearly polarized, and we shall write their electric fields as $\mathcal{E}_{i} \cos \left(\mathbf{q}_{i} \cdot \mathbf{r}-\omega_{i} t+\delta_{i}\right), \quad i=1,2$, where the $\delta_{i}$ are phase angles. The total electric field is given by

$$
\begin{equation*}
\mathcal{E}=\mathcal{E}_{1} \cos \left(\mathbf{q}_{1} \cdot \mathbf{r}-\omega_{1} t+\delta_{1}\right)+\mathcal{E}_{2} \cos \left(\mathbf{q}_{2} \cdot \mathbf{r}-\omega_{2} t+\delta_{2}\right) \tag{14.5}
\end{equation*}
$$

and its square is thus

$$
\begin{align*}
\mathcal{E}^{2}= & \mathcal{E}_{1}^{2} \cos ^{2}\left(\mathbf{q}_{1} \cdot \mathbf{r}-\omega_{1} t+\delta_{1}\right)+\mathcal{E}_{2}^{2} \cos ^{2}\left(\mathbf{q}_{2} \cdot \mathbf{r}-\omega_{2} t+\delta_{2}\right) \\
& +2 \mathcal{E}_{1} \cdot \mathcal{E}_{2} \cos \left(\mathbf{q}_{1} \cdot \mathbf{r}-\omega_{1} t+\delta_{1}\right) \cos \left(\mathbf{q}_{2} \cdot \mathbf{r}-\omega_{2} t+\delta_{2}\right) \tag{14.6}
\end{align*}
$$

Using the identity $2 \cos a \cos b=\cos (a+b)+\cos (a-b)$ we may rewrite the
time-dependent factor in the interference term as

$$
\begin{align*}
& 2 \cos \left(\mathbf{q}_{1} \cdot \mathbf{r}-\omega_{1} t+\delta_{1}\right) \cos \left(\mathbf{q}_{2} \cdot \mathbf{r}-\omega_{2} t+\delta_{2}\right) \\
& \quad=\cos \left[\left(\mathbf{q}_{1}+\mathbf{q}_{2}\right) \cdot \mathbf{r}-\left(\omega_{1}+\omega_{2}\right) t+\delta_{1}+\delta_{2}\right] \\
& \quad+\cos \left[\left(\mathbf{q}_{1}-\mathbf{q}_{2}\right) \cdot \mathbf{r}-\left(\omega_{1}-\omega_{2}\right) t+\delta_{1}-\delta_{2}\right] \tag{14.7}
\end{align*}
$$

The potential experienced by the atom, Eq. (14.1), is proportional to the time average of $\mathcal{E}(\mathbf{r}, t)^{2}$. We shall assume that the frequency difference of the two beams is small compared with the average. Thus on averaging over times large compared with $1 /\left(\omega_{1}+\omega_{2}\right)$ but small compared with $1 /\left|\omega_{1}-\omega_{2}\right|$, the $\cos ^{2}$ factors in Eq. (14.6) average to $1 / 2$ and the first term in Eq. (14.7) averages to zero. Thus one finds

$$
\begin{equation*}
<\mathcal{E}^{2}>_{t}=\frac{1}{2} \mathcal{E}_{1}^{2}+\frac{1}{2} \mathcal{E}_{2}^{2}+\mathcal{E}_{1} \cdot \mathcal{E}_{2} \cos \left[\left(\mathbf{q}_{1}-\mathbf{q}_{2}\right) \cdot \mathbf{r}-\left(\omega_{1}-\omega_{2}\right) t+\delta_{1}-\delta_{2}\right] \tag{14.8}
\end{equation*}
$$

The spatial dependence of the potential comes from the last term in Eq. (14.8). From its form one can see that it corresponds to interference between the two beams, and it vanishes if the polarizations of the two beams are orthogonal. In quantum-mechanical terms, the lattice potential may be regarded as being due to the absorption of a photon from beam 1 and emission of a photon into beam 2, which changes the momentum of the particle by $\hbar\left(\mathbf{q}_{1}-\mathbf{q}_{2}\right)$, or the corresponding process in which the role of the two beams is interchanged. It is therefore an example of a Raman process.

Static lattices If the beams have the same frequency, the potential has the form of a static standing wave, with wave vector equal to the difference of the wave vectors of the two beams. Since the frequencies are the same, the wave vectors $\mathbf{q}_{1}$ and $\mathbf{q}_{2}$ have the same magnitude, which we denote by $q$, and the period $d$ of the lattice potential is thus given by

$$
\begin{equation*}
d=\frac{2 \pi}{\left|\mathbf{q}_{1}-\mathbf{q}_{2}\right|}=\frac{\lambda}{2 \sin (\theta / 2)} \tag{14.9}
\end{equation*}
$$

where $\lambda=2 \pi / q$ is the wavelength of the light and $\theta$ is the angle between $\mathbf{q}_{1}$ and $\mathbf{q}_{2}$. Equation (14.9) is the usual condition for Bragg diffraction seen from a different perspective: in Bragg diffraction, the condition relates the angle through which an electromagnetic wave is diffracted by matter with a periodic structure having a particular wave number, while here it gives the spacing of a potential for atoms produced by interference between two electromagnetic waves. Varying the angle between the beams allows one to create lattices with periods greater than $\lambda / 2$.

The energy shift of the atom has a spatially varying part that is given by combining Eqs. (14.1) and (14.8):

$$
\begin{equation*}
V=\frac{V_{0}}{2} \cos \left[\left(\mathbf{q}_{1}-\mathbf{q}_{2}\right) \cdot \mathbf{r}+\delta_{1}-\delta_{2}\right], \tag{14.10}
\end{equation*}
$$

where

$$
\begin{equation*}
V_{0}=-\alpha^{\prime}(\omega) \mathcal{E}_{1} \cdot \mathcal{E}_{2} . \tag{14.11}
\end{equation*}
$$

When decay of atomic states is neglected and the frequency is not equal to that of an atomic transition, the polarizability is real and $\alpha^{\prime}=\alpha$, where $\alpha$ is given by Eq. (3.51). If one intermediate state $n$ dominates the sum, and only the resonant term is included, then we have $\left.\alpha(\omega) \approx-\left|\langle n| d_{i}\right| 0\right\rangle\left.\right|^{2} / \hbar \delta$, where $\delta=\omega-\omega_{n 0}$ is the detuning, $\omega_{n 0}$ being the frequency of the atomic transition. ${ }^{1}$ The lattice potential is thus given by

$$
\begin{equation*}
V_{0} \approx \frac{\left.\left|\langle n| d_{i}\right| 0\right\rangle\left.\right|^{2}}{\hbar \delta} \mathcal{E}_{1} \cdot \mathcal{E}_{2} \tag{14.12}
\end{equation*}
$$

Moving lattices If the beams have different frequencies, one sees from Eq. (14.8) that the potential acting on the atom is a travelling wave, since points corresponding to a constant value of the potential move in the direction of $\mathbf{q}_{1}-\mathbf{q}_{2}$ with a velocity $\mathbf{v}$ whose magnitude is given by

$$
\begin{equation*}
v=\frac{\omega_{1}-\omega_{2}}{\left|\mathbf{q}_{1}-\mathbf{q}_{2}\right|} \tag{14.13}
\end{equation*}
$$

By varying the frequency difference as a function of time one can thereby make a lattice which accelerates. In experiments the two laser beams are not generally closely parallel and the frequency differences are small compared with the frequencies themselves. Under these conditions, the dependence of $\left|\mathbf{q}_{1}-\mathbf{q}_{2}\right|$ on the frequencies may be neglected and the acceleration of the lattice is given by

$$
\begin{equation*}
\frac{d v}{d t}=\frac{1}{\left|\mathbf{q}_{1}-\mathbf{q}_{2}\right|} \frac{d\left(\omega_{1}-\omega_{2}\right)}{d t} . \tag{14.14}
\end{equation*}
$$

This technique has been employed in experiments on Bose-Einstein condensates in optical lattices - rather than accelerating a condensate in a stationary lattice, one may investigate the response of a condensate to an accelerating lattice [6].

[^40]
### 14.1.2 Higher-dimensional lattices

Lattice potentials in higher dimensions may be produced by superimposing more than two beams with different wave vectors. For simplicity, let us consider linearly polarized beams with the same frequency $\omega$. The electric field is then given by

$$
\begin{equation*}
\mathcal{E}=\sum_{i} \mathcal{E}_{i} \cos \left(\mathbf{q}_{i} \cdot \mathbf{r}-\omega t+\delta_{i}\right) \tag{14.15}
\end{equation*}
$$

where the $\delta_{i}$ are phases. The square of the electric field, when averaged over one period of the oscillation, is given by

$$
\begin{equation*}
<\mathcal{E}^{2}>_{t}=\frac{1}{2} \sum_{i} \mathcal{E}_{i}^{2}+\sum_{i<j} \mathcal{E}_{i} \cdot \mathcal{E}_{j} \cos \left[\left(\mathbf{q}_{i}-\mathbf{q}_{j}\right) \cdot \mathbf{r}+\delta_{i}-\delta_{j}\right] \tag{14.16}
\end{equation*}
$$

To generate a potential which is periodic in two dimensions requires at least two independent values of $\mathbf{q}_{i}-\mathbf{q}_{j}$, and therefore requires three values of $\mathbf{q}_{i}$, i.e., three interfering beams. For example, three beams whose wave vectors lie in a plane and are at an angle of 120 degrees to each other will generate a two-dimensional triangular lattice (see Problem 14.1). Likewise, to generate a potential periodic in three dimensions requires four or more beams.

In practice it is often convenient to create optical lattices using larger numbers of beams. Imagine superposing two pairs of linearly polarized, counter-propagating beams in the $x$ and $y$ directions. We consider the case when the polarizations of the beams propagating in the $x$ direction are the same, as are the polarizations of the beams propagating in the $y$ direction, but the polarization of the beams propagating in the two directions are orthogonal. The resulting potential energy becomes proportional to $\cos ^{2} q x+\cos ^{2} q y$, since the product $\mathcal{E}_{i} \cdot \mathcal{E}_{j}$ is non-zero only for two members of a pair. Such a potential constitutes a square lattice, with lattice constant equal to $\pi / q=\lambda / 2$. Adding a third pair of beams propagating in the $z$ direction and polarized orthogonal to the other beams will produce a three-dimensional simple cubic lattice potential. If one ignores a spatially uniform contribution, the potential is of the form

$$
\begin{equation*}
V(x, y, z)=\frac{V_{0}}{2}(\cos 2 q x+\cos 2 q y+\cos 2 q z) \tag{14.17}
\end{equation*}
$$

As an example of an application of this technique, we mention experiments on ${ }^{87} \mathrm{Rb}$ atoms [7], to be discussed in Sec. 14.5 below. Each of the three standing waves was generated by focusing a laser beam at the position of the condensate, and using a second lens and a mirror to reflect the laser beam onto itself. A small frequency difference of about 30 MHz between
the different standing-wave laser fields was introduced to ensure that any residual interference between orthogonal beams vanished on average over the longer time scales characterizing the atomic motion. To reduce absorption, the wavelength of the laser light was 852 nm , well away from the resonance lines which for rubidium have wavelengths just below 800 nm (see Table 3.3).

### 14.1.3 Energy scales

For orientation, we now describe the characteristic energies associated with a single particle moving in a one-dimensional potential of the form $V=$ $\left(V_{0} / 2\right) \cos 2 \pi x / d$, Eq. (14.4). For non-interacting particles there are two characteristic energies associated with the optical lattice. One is the height of the barrier between minima of the potential, $V_{0}$, which is given in order of magnitude by Eq. (14.12). If the electric fields and polarizations of the two beams are the same, $\mathcal{E}_{1}=\mathcal{E}_{2}=\mathcal{E}$, this result reduces to

$$
\begin{equation*}
V_{0} \sim \frac{\hbar \Omega_{\mathrm{R}}^{2}}{|\delta|} \tag{14.18}
\end{equation*}
$$

where $\left.\Omega_{\mathrm{R}}=\left|\langle n| d_{i}\right| 0\right\rangle \mid \mathcal{E} / \hbar$ is the Rabi frequency. Unlike the periodic potentials usually encountered in condensed matter, the strength of an optical lattice may thus be varied over a wide range by changing the detuning or the strength of the laser fields (compare the discussion of Sisyphus cooling in Sec. 4.5).

Another relevant energy is the kinetic energy associated with confining a particle to one well. The uncertainty in the momentum is of order $\hbar / d$, and therefore the energy uncertainty is of order $\hbar^{2} / 2 m d^{2}$. For quantitative considerations we shall use the characteristic energy

$$
\begin{equation*}
E_{0}=\frac{\hbar^{2} \pi^{2}}{2 m d^{2}} \tag{14.19}
\end{equation*}
$$

which is the ground-state kinetic energy of a particle confined within a box of length $d$ in one dimension. As we shall see in Sec. 14.2.1, $E_{0}$ is also equal to the kinetic energy of a free particle with a wave vector equal to that of the boundary of the first Brillouin zone. For a lattice generated by counterpropagating laser beams, the lattice spacing is given by $d=\lambda / 2=\pi / q$ (see Eq. (14.9)), so $E_{0}=(\hbar q)^{2} / 2 m$. This is equal to the kinetic energy $E_{\mathrm{r}}$ with which an atom initially at rest recoils when it absorbs a photon (see Eq. (4.59)).

If $E_{0}$ is small compared with the barrier height, $V_{0}$, tunnelling of a particle
between minima in the potential will be suppressed, while in the opposite case, particles will be essentially free. This may be seen by estimating the spatial extent of the wave function of a particle confined near one of the minima of the potential. For small departures from the minimum of the potential, which are at $x=x_{0}=(l+1 / 2) d, l$ being an integer, the potential (14.4) is given approximately by $V \simeq-V_{0} / 2+V_{0}\left[\pi\left(x-x_{0}\right) / d\right]^{2}$. The frequency of small oscillations of a particle about the minimum of the potential is therefore given by

$$
\begin{equation*}
\omega_{\mathrm{osc}}=\left(\frac{1}{m} \frac{d^{2} V}{d x^{2}}\right)^{1 / 2}=\left(\frac{2 V_{0}}{m}\right)^{1 / 2} \frac{\pi}{d} \quad \text { or } \quad \hbar \omega_{\mathrm{osc}}=2 \sqrt{V_{0} E_{0}} . \tag{14.20}
\end{equation*}
$$

The size of the ground-state wave function for a particle localized in one of the wells is set by the scale (2.34),

$$
\begin{equation*}
a_{\mathrm{osc}}=\left(\frac{\hbar}{m \omega_{\mathrm{osc}}}\right)^{1 / 2}, \tag{14.21}
\end{equation*}
$$

and therefore from Eqs. (14.20) and (14.21) it follows that

$$
\begin{equation*}
\frac{a_{\mathrm{osc}}^{2}}{d^{2}}=\frac{1}{\pi^{2}}\left(\frac{E_{0}}{V_{0}}\right)^{1 / 2} . \tag{14.22}
\end{equation*}
$$

In order to compare these energies in a realistic situation let us consider the case of ${ }^{87} \mathrm{Rb}$ and a laser wavelength of $852 \mathrm{~nm}[7]$. The energy $E_{0}$, when expressed in terms of an equivalent frequency, is then $f_{0}=E_{0} / 2 \pi \hbar=$ $\pi \hbar / m \lambda^{2}=3.2 \mathrm{kHz}$. For $V_{0}=20 E_{0}$ the frequency of small oscillations, given by Eq. (14.20), is thus $f_{\text {osc }}=\omega_{\text {osc }} / 2 \pi=28 \mathrm{kHz}$, while the energy barrier $V_{0}$ corresponds to 64 kHz . The ratio between $a_{\text {osc }}$ and the lattice period $d$ is therefore $a_{\text {osc }} / d \approx 0.15$. We thus expect tunnelling between wells to be small provided $V_{0}$ is greater than about $10 E_{0}$.
Another important energy is the interaction energy per particle. If the density of atoms is uniform, a convenient measure of this is $\epsilon_{\mathrm{int}}=n U_{0}$ (see Eq. (6.6)), where the effective two-body interaction is given by Eq. (5.33), $U_{0}=4 \pi \hbar^{2} a / m$. Here $a$ is the scattering length for atom-atom scattering. Thus

$$
\begin{equation*}
\frac{\epsilon_{\text {int }}}{E_{0}}=\frac{8}{\pi} n a d^{2} . \tag{14.23}
\end{equation*}
$$

For typical parameters, $n \sim 10^{13} \mathrm{~cm}^{-3}, a \sim 10^{-6} \mathrm{~cm}$ and $d \sim 10^{-4} \mathrm{~cm}$, this ratio is of order unity. When the density distribution is strongly inhomogeneous, it is necessary to take into account that the interaction energy depends on the integral of the square of the density, so a better estimate of the interaction energy per particle is $U_{0}\left\langle n^{2}\right\rangle_{\mathrm{av}} /\langle n\rangle_{\mathrm{av}}$, where
$<. .>_{\text {av }}$ denotes a spatial average. If atoms are strongly confined by an optical lattice, this energy may be considerably larger than the estimate (14.23).

Another interesting parameter is the number of atoms $\nu$ per lattice site. For a simple cubic lattice with spacing $\lambda / 2$ this is given by $\nu=n(\lambda / 2)^{3}$. For densities of order $10^{13} \mathrm{~cm}^{-3}$ and typical optical wavelengths, $\nu$ is of order unity. This fact will play an important role when we consider the limits of the mean-field approach and the transition to the insulating state.

It is remarkable that for atoms in optical lattices all the characteristic energies are comparable in magnitude and, moreover, may be varied over large ranges. This makes such systems ideal for investigating many physical phenomena.

### 14.2 Energy bands

A periodic potential with wave vector $\mathbf{G}$ acting on a quantum mechanical particle in a state with wave vector $\mathbf{k}$ mixes into the wave function a component with wave vector $\mathbf{k}+\mathbf{G}$. If the magnitudes of $\mathbf{k}$ and $\mathbf{k}+\mathbf{G}$ are almost equal, the energy difference between the two states is small and Bragg diffraction is strong. As a result, the spectrum of a single particle is split up into bands. For energies lying between the allowed bands there are no extended solutions of the Schrödinger equation. This effect underlies our understanding of the electronic properties of solids (for an introduction to band structure, see e.g. [8]).

The basic physics of atoms moving in optical lattices is the same as that for electrons in crystal lattices in solids, but the parameters are very different. In solids, the distance between neighbouring potential minima is the interatomic distance, $\sim 10^{-8} \mathrm{~cm}$, while in optical lattices the distance is set by the wavelength of the laser light, which is typically three orders of magnitude larger. Likewise, the height of the potential barriers in crystal lattices is typically of order one electron volt, which corresponds to a temperature $\sim 10^{5} \mathrm{~K}$. This is roughly ten orders of magnitude larger than the barrier heights in optical lattices.

### 14.2.1 Band structure for a single particle

To begin, we review the physics of a single particle moving in a periodic potential. For simplicity, we consider the case of one space dimension, which we take to be the $x$ direction. The wave function $\phi_{j}$ of a stationary state
satisfies the Schrödinger equation

$$
\begin{equation*}
H \phi_{j}=-\frac{\hbar^{2}}{2 m} \frac{d^{2} \phi_{j}}{d x^{2}}+V(x) \phi_{j}=\epsilon_{j} \phi_{j} \tag{14.24}
\end{equation*}
$$

where $\epsilon_{j}$ is the energy of the state. The Hamiltonian is invariant under translation by a lattice spacing $d$, and mathematically this is expressed by the condition that the Hamiltonian commutes with the operator $T_{d}$ for translation by one lattice spacing, i.e. $\left[T_{d}, H\right]=0$. Thus the translation operator and the Hamiltonian may be diagonalized simultaneously. If the number of lattice sites is denoted by $N_{\text {lat }}$ and we apply periodic boundary conditions, that is $\phi_{j}\left(x+N_{\text {lat }} d\right)=\phi_{j}(x)$, it follows that the eigenvalues $\mathcal{T}_{j}$ of the translation operator satisfy the condition $\mathcal{T}_{j}^{N_{\text {lat }}}=1$ and therefore $\mathcal{T}_{j}$ must be of the form $e^{i 2 \pi \tau / N_{\text {lat }}}$, where $\tau$ is an integer. Thus one finds that

$$
\begin{equation*}
\phi_{j}(x+d)=e^{i 2 \pi \tau / N_{\mathrm{lat}}} \phi_{j}(x)=e^{i k d} \phi_{j}(x) \tag{14.25}
\end{equation*}
$$

where $k=2 \pi \tau / N_{\text {lat }} d$. From this one sees that the function $u_{j}(x)=$ $\phi_{j}(x) e^{-i k x}$ is periodic in space and has the same period as the lattice. The eigenfunctions of the Schrödinger equation thus have the form of a plane wave $e^{i k x}$ modulated by a function having the same periodicity as that of the lattice, or

$$
\begin{equation*}
\phi_{k, \nu}=u_{k, \nu} e^{i k x} \tag{14.26}
\end{equation*}
$$

where $u_{k, \nu}$ satisfies the condition $u_{k, \nu}(x)=u_{k, \nu}(x+d)$. For a given wave number there are many different states distinguished by the band index $\nu$, and we have here replaced the index $j$ for a state by the wave number $k$ and the band index $\nu$. The result (14.26) is usually referred to as Bloch's theorem in the physics literature, after Felix Bloch who established the result in the context of electron band theory, although its general mathematical form had been derived earlier by Floquet. The results above may readily be extended to higher dimensions, yielding stationary states of the form

$$
\begin{equation*}
\phi_{\mathbf{k}, \nu}(\mathbf{r})=u_{\mathbf{k}, \nu}(\mathbf{r}) e^{i \mathbf{k} \cdot \mathbf{r}} \tag{14.27}
\end{equation*}
$$

where $\mathbf{k}$ is the wave vector. In the literature one often refers to $\hbar \mathbf{k}$ as the pseudomomentum. Note that the state (14.27) is not an eigenstate of the momentum operator except in the trivial case when $u$ is a constant.

There is considerable arbitrariness in how one specifies the wave number because functions with the index $\tau$ increased by $N_{\text {lat }}$ will transform in the same way as the original function under translations by one lattice spacing. It is conventional to choose $k$ values corresponding to the $N_{\text {lat }}$ integers that
lie closest to zero. ${ }^{2}$ This corresponds to choosing $k$ to lie in the range $-\pi / d \leq k \leq \pi / d$, which is referred to as the first Brillouin zone. When the number of sites is large, $k$ becomes a continuous variable, and the number of states per unit wave number is $N_{\text {lat }} d / 2 \pi=L / 2 \pi$, where $L=N_{\text {lat }} d$ is the length of the system, in accord with the well-known result for free particles.

For a lattice potential having the sinusoidal form (14.4) the eigenfunctions of the Schrödinger equation are given in terms of Mathieu functions, from which the eigenvalues may be obtained. The allowed energy eigenvalues form bands. Provided the barrier height is much larger than the recoil energy, the bands are narrow at energies well below the maximum potential energy. With increasing energy, the bands broaden and the forbidden energy intervals become smaller. However, they persist to arbitrarily high energy, since Bragg diffraction will occur as long as $V_{0}$ is non-zero. In Fig. 14.1 we show typical energy bands calculated for the cosine potential (14.4) in the absence of interactions.
Near its minimum the potential (14.4) may be approximated by a harmonic-oscillator potential, which according to (14.20) yields a groundstate energy $-V_{0} / 2+\left(V_{0} E_{0}\right)^{1 / 2}$. The validity of the harmonic-oscillator approximation requires that the recoil energy $E_{0}$ is much less than $V_{0}$. In this limit the lowest energy band has a width, $\Delta E$, given by [9]

$$
\begin{equation*}
\Delta E=\frac{16}{\sqrt{\pi}} E_{0}\left(\frac{V_{0}}{E_{0}}\right)^{3 / 4} e^{-2\left(V_{0} / E_{0}\right)^{1 / 2}} \tag{14.28}
\end{equation*}
$$

For $V_{0} \ll E_{0}$, the energy gap between the first and second bands is $V_{0} / 2$.

### 14.2.2 Band structure for interacting particles

We now consider the effects of interactions. To begin with, let us assume that the effects of quantum fluctuations are so small that we can adopt a mean-field approach and use the Gross-Pitaevskii equation, which is

$$
\begin{equation*}
-\frac{\hbar^{2}}{2 m} \nabla^{2} \psi_{j}+\left[V(\mathbf{r})+U_{0}\left|\psi_{j}\right|^{2}\right] \psi_{j}=\mu_{j} \psi_{j} \tag{14.29}
\end{equation*}
$$

where $\mu_{j}$ is the chemical potential, which depends on the particular state $j$. If the particle density $n=\left|\psi_{j}\right|^{2}$ has the same spatial periodicity as the lattice, the total potential acting on an atom, $V(\mathbf{r})+U_{0} n(\mathbf{r})$, has the same periodicity as the lattice and we can apply Bloch's theorem. Thus there are

[^41]

Fig. 14.1 Energy bands for a single particle in the cosine potential (14.4) with $V_{0}=4 E_{0}$.
stationary solutions to the Gross-Pitaevskii equation that have the form

$$
\begin{equation*}
\psi_{\mathbf{k}, \nu}(\mathbf{r})=N^{1 / 2} u_{\mathbf{k}, \nu}(\mathbf{r}) e^{i \mathbf{k} \cdot \mathbf{r}} \tag{14.30}
\end{equation*}
$$

where $u_{\mathbf{k}, \nu}$ has the periodicity of the lattice. The factor of $N^{1 / 2}$ is inserted so that $u_{\mathbf{k}, \nu}$ satisfies the normalization condition $\int d \mathbf{r}\left|u_{\mathbf{k}, \nu}\right|^{2}=1$. The function $u_{\mathbf{k}, \nu}$ satisfies the equation

$$
\begin{equation*}
-\frac{\hbar^{2}}{2 m}(\nabla+i \mathbf{k})^{2} u_{\mathbf{k}, \nu}+\left[V(\mathbf{r})+N U_{0}\left|u_{\mathbf{k}, \nu}\right|^{2}\right] u_{\mathbf{k}, \nu}=\mu_{\mathbf{k}, \nu} u_{\mathbf{k}, \nu} \tag{14.31}
\end{equation*}
$$

This equation is also obtained by minimizing the energy expression (7.6) with respect to $u_{\mathbf{k}, \nu}$. The total energy may be obtained either by direct calculation from the wave function, or alternatively from the chemical potential, by integrating the relation $\partial E_{\mathbf{k}, \nu} / \partial N=\mu_{\mathbf{k}, \nu}$.

The particle current density $\mathbf{g}$ is given by

$$
\begin{equation*}
\mathbf{g}=\frac{\mathbf{j}}{m} \tag{14.32}
\end{equation*}
$$

where the momentum density (or mass current density) $\mathbf{j}$ is defined by Eq.
(7.10). Information about the current density may also be obtained from the energy spectrum, without knowledge of the wave function. Consider the energy $E_{\mathbf{k}, \nu}=\int d \mathbf{r} \mathcal{E}$, where the energy density $\mathcal{E}$ is given by Eq. (7.6). By direct calculation with a condensate wave function $\psi$ of the form (14.30), one finds that the spatially averaged current density is given by

$$
\begin{equation*}
\overline{\mathrm{g}}=\frac{1}{\hbar V} \frac{\partial E_{\mathbf{k}, \nu}}{\partial \mathbf{k}} . \tag{14.33}
\end{equation*}
$$

The dependence of $u_{\mathbf{k}, \nu}$ on $\mathbf{k}$ does not enter since, by the variational principle, the energy is stationary with respect to variations of $u_{\mathbf{k}, \nu}$ and therefore satisfies the Gross-Pitaevskii equation. For a one-dimensional lattice potential which varies in what we take to be the $x$ direction, physical quantities depend only on the $x$ coordinate, and therefore the continuity equation for a stationary state reduces to $\boldsymbol{\nabla} \cdot \mathbf{g}=\partial g_{x} / \partial x=0$. Thus the particle current density, $\mathbf{g}$, is independent of position, and $\mathbf{g}=\nabla_{\mathbf{k}} E_{\mathbf{k}, \nu} / \hbar V$, where $V$ is the volume of the system.

To solve the Gross-Pitaevskii equation for a periodic potential it is generally necessary to resort to numerical methods. When the repulsive interaction between particles is gradually increased from zero, energies of states are raised but the general form of the bands is at first similar to that for non-interacting particles. However, for sufficiently strong interparticle interactions, energy bands can become multiple-valued, as we shall describe in Sec. 14.4.1.

From the energy, one can calculate a number of quantities that, as we shall see in Sec. 14.3.1 below, are of importance for the dynamics of the condensate. ${ }^{3}$ We have already considered the current density and the chemical potential, and we turn now to second derivatives. One is

$$
\begin{equation*}
\mathcal{E}_{n, n}=\frac{\partial^{2} \mathcal{E}}{\partial n^{2}}=\frac{\partial \mu}{\partial n} . \tag{14.34}
\end{equation*}
$$

This is related to the bulk modulus, which is defined by

$$
\begin{equation*}
B \equiv-V \frac{\partial p}{\partial V} \tag{14.35}
\end{equation*}
$$

by the equation

$$
\begin{equation*}
B=n^{2} \frac{\partial^{2} \mathcal{E}}{\partial n^{2}}=n^{2} \frac{\partial \mu}{\partial n} \tag{14.36}
\end{equation*}
$$

This may be seen from the fact that the pressure is given by $p=-\partial E / \partial V=$ $n^{2} \partial(\mathcal{E} / n) / \partial n$.

[^42]The derivative

$$
\begin{equation*}
\mathcal{E}_{k_{i}, k_{j}}=\frac{\partial^{2} \mathcal{E}}{\partial k_{i} \partial k_{j}} \equiv n \hbar^{2}\left(\frac{1}{m}\right)_{i j} \tag{14.37}
\end{equation*}
$$

is, apart from factors, a generalization of the usual effective mass tensor for a single particle.

The final derivatives are

$$
\begin{equation*}
\mathcal{E}_{n, k_{i}}=\frac{\partial^{2} \mathcal{E}}{\partial n \partial k_{i}}=\frac{\partial \mu}{\partial k_{i}}=\hbar \frac{\partial g_{i}}{\partial n} \tag{14.38}
\end{equation*}
$$

Note that these quantities all depend on the particle density and on the wave vector of the superfluid flow.

Let us now consider the response of atoms to a weak external potential $\bar{V}$ in addition to the lattice potential. If $\bar{V}$ is spatially uniform, the phase $\phi(\mathbf{r}, t)$ of the condensate wave function in a stationary state may be written as the sum of a spatially varying part, $\phi_{0}(\mathbf{r})$, and a time-dependent part $\chi(t)$,

$$
\begin{equation*}
\phi(\mathbf{r}, t)=\phi_{0}(\mathbf{r})+\chi(t) \tag{14.39}
\end{equation*}
$$

Observe that in writing the phase in this form we have nowhere made any assumption about how fast $\phi_{0}$ changes over distances of order the lattice spacing. The phase evolves in time according to the Josephson equation (7.3),

$$
\begin{equation*}
\hbar \frac{\partial \phi}{\partial t}=\hbar \frac{\partial \chi}{\partial t}=-\mu-\bar{V} \tag{14.40}
\end{equation*}
$$

where $\mu$ is the chemical potential calculated for $\bar{V}=0$, that is with only the lattice potential acting.

When the average particle density and the potential $\bar{V}$ vary slowly in space on length scales large compared with the lattice spacing, the time rate of change of the phase is given by Eq. (7.22) which is the same as (14.40), except that the chemical potential and $\bar{V}$ now both vary in space. In the presence of inhomogeneity, the phase will evolve with time at different rates at different points in space, thereby 'winding up' the phase difference between different spatial points. The wave vector of the condensate wave function is determined by the average rate at which the phase of the wave function advances in space. Thus the change $\delta \mathbf{k}(\mathbf{r})$ in the wave vector of the condensate is given by

$$
\begin{equation*}
\delta \mathbf{k}(\mathbf{r})=\nabla \chi(\mathbf{r}) \tag{14.41}
\end{equation*}
$$

It therefore follows from Eq. (14.40) that the equation for the rate of change
of the wave vector has the form

$$
\begin{equation*}
\hbar \frac{\partial \mathbf{k}}{\partial t}=-\boldsymbol{\nabla}[\mu(n, \mathbf{k})+\bar{V}(\mathbf{r}, t)] . \tag{14.42}
\end{equation*}
$$

When spatial variations are slow, it is a good approximation to assume that the energy density locally is given by the expression for the energy density of a uniform system, but with spatially varying local densities and wave vectors:

$$
\begin{equation*}
E=\int d \mathbf{r}[\mathcal{E}(\bar{n}(\mathbf{r}), \mathbf{k}(\mathbf{r}))+\bar{n}(\mathbf{r}) \bar{V}] \tag{14.43}
\end{equation*}
$$

Here $\mathcal{E}(n, \mathbf{k})$ is the energy density of the state of the uniform system having a wave vector $\mathbf{k}$ and average particle density $n$ when $\bar{V}=0$. In this approximation, the chemical potential is that of a bulk system having a wave vector and average density equal to the values locally in the non-uniform system.

## Bloch Oscillations

As a first application, we consider the response of a condensate to a weak time-independent potential gradient. If the average density is constant, the equation of motion for the wave vector is

$$
\begin{equation*}
\hbar \frac{\partial \mathbf{k}}{\partial t}=-\nabla \bar{V}(\mathbf{r}, t) . \tag{14.44}
\end{equation*}
$$

This is the analogue of the classical equation of motion $d \mathbf{p} / d t=-\nabla V$ for a particle in the absence of the periodic potential, except that the pseudomomentum $\hbar \mathbf{k}$ appears instead of the momentum $\mathbf{p}$.
For a one-dimensional lattice, with the gradient of the potential having the same direction as that of the modulation of the lattice potential, the wave vector $k_{x}$ will change by an amount $(\Delta t / \hbar)(d \bar{V} / d x)$ during the time interval $\Delta t$. Consequently, after a time

$$
\begin{equation*}
t_{\text {Bloch }}=\frac{2 \pi \hbar}{d} \frac{1}{d \bar{V} / d x}, \tag{14.45}
\end{equation*}
$$

the wave vector has changed by $2 \pi / d$. Since states in the same band with wave vectors $k_{x}$ and $k_{x}+2 \pi / d$ are physically equivalent, the system has therefore returned to its original state. This is the phenomenon of Bloch oscillations.

The centre of mass of the condensate also undergoes oscillations. If the external potential $\bar{V}$ varies slowly in space, the current may be evaluated using the expression for the current density for a condensate with the local value of the wave vector. The time derivative $\dot{X}$ of the centre-of-mass
coordinate $X$ of the condensate is given by

$$
\begin{equation*}
\dot{X}=\frac{g_{x}}{\bar{n}}=\frac{1}{\hbar \bar{n}} \frac{d \mathcal{E}}{d k_{x}} \tag{14.46}
\end{equation*}
$$

or, on integrating,
$X(t)-X(t=0)=\int_{0}^{t} d t^{\prime} \frac{1}{\hbar \bar{n}} \frac{d \mathcal{E}}{d k_{x}}\left(t^{\prime}\right)=-\frac{1}{\bar{n}(d \bar{V} / d x)}\left[\mathcal{E}\left(k_{x}(t)\right)-\mathcal{E}\left(k_{x}(t=0)\right)\right]$.
Bloch oscillations have been observed experimentally for Bose-Einstein condensates of ${ }^{87} \mathrm{Rb}$ atoms in optical lattices [6].

The basic assumption in the calculation of Bloch oscillations is that the state of the condensate may be well described in terms of one particular band, with a wave vector that depends on time. If the characteristic time for variations of the wave vector becomes sufficiently short, excitations from the condensate may occur. Such phenomena have been well studied for single particles in a lattice potential, where particles can make a transition from one band to another, a process known as Landau-Zener tunnelling. The corresponding process in Bose-Einstein condensates has also been observed experimentally [6].

### 14.2.3 Tight-binding model

To calculate energy bands one generally has to resort to numerical methods. However, if the lattice potential is strong and atoms are tightly confined to the lattice sites, a model similar to that employed in Sec. 13.1 for the two-well problem provides a useful first approximation. The generalization of the Hamiltonian (13.1) to a regular one-dimensional array of wells is

$$
\begin{equation*}
\hat{H}=-J \sum_{j}\left(\hat{a}_{j}^{\dagger} \hat{a}_{j+1}+\hat{a}_{j}^{\dagger} \hat{a}_{j-1}\right)+\sum_{j} \epsilon_{j} \hat{a}_{j}^{\dagger} \hat{a}_{j}+\frac{1}{2} U \sum_{j} \hat{a}_{j}^{\dagger} \hat{a}_{j}^{\dagger} \hat{a}_{j} \hat{a}_{j} \tag{14.48}
\end{equation*}
$$

where $\epsilon_{j}$ is the energy of a particle in the lowest state of well $j$ in the absence of tunnelling and interactions between particles. When the only potential present is that of the optical lattice, $\epsilon_{j}$ is independent of $j$, and we denote it by $\bar{\epsilon}$. The equation of motion for the operator $\hat{a}_{j}$ in the Heisenberg picture is

$$
\begin{equation*}
i \hbar \frac{d \hat{a}_{j}}{d t}=\left[\hat{a}_{j}, \hat{H}\right]=\left(\bar{\epsilon}+U \hat{N}_{j}\right) \hat{a}_{j}-J\left(\hat{a}_{j+1}+\hat{a}_{j-1}\right) \tag{14.49}
\end{equation*}
$$

If we apply periodic boundary conditions, $\hat{a}_{1}=\hat{a}_{N_{\text {lat }}+1}$, the Hamiltonian in the absence of particle interactions may be diagonalized by introducing
operators corresponding to travelling waves

$$
\begin{equation*}
\hat{a}_{k}=\frac{1}{N_{\text {lat }}^{1 / 2}} \sum_{j=1}^{N_{\text {lat }}} \hat{a}_{j} e^{-i k j d} \tag{14.50}
\end{equation*}
$$

where $k$ is an integer multiple of $2 \pi / N_{\text {lat }} d$. From Eq. (14.49) with $U=0$ one finds the equation of motion

$$
\begin{equation*}
i \hbar \frac{d \hat{a}_{k}}{d t}=(\bar{\epsilon}-2 J \cos k d) \hat{a}_{k} \tag{14.51}
\end{equation*}
$$

The energy of a single-particle state is therefore given by

$$
\begin{equation*}
\epsilon_{k}^{0}=\bar{\epsilon}-2 J \cos k d \tag{14.52}
\end{equation*}
$$

when $U=0$. In this model there is only a single band, and the energy width of the band is $4 J$. This is twice the splitting of the symmetric and antisymmetric states in the double-well problem (Sec. 13.1) because, in a linear chain, each site has two neighbours. For a one-dimensional lattice in the tight-binding limit, the width of the lowest energy band is given by Eq. (14.28), so to obtain agreement with the tight-binding model the tunnelling matrix element must be given by $J=\Delta E / 4$. For small $k$, the spectrum has the form

$$
\begin{equation*}
\epsilon_{\mathbf{k}}^{0} \simeq \bar{\epsilon}-2 J+\frac{\hbar^{2} k^{2}}{2 m^{*}}, \tag{14.53}
\end{equation*}
$$

where the effective mass of an atom is given by

$$
\begin{equation*}
\frac{1}{m^{*}}=\frac{2 J d^{2}}{\hbar^{2}} \tag{14.54}
\end{equation*}
$$

For general $k$ the effective mass, Eq. (14.37), is given by

$$
\begin{equation*}
\frac{1}{m^{*}(k)}=\frac{2 J d^{2}}{\hbar^{2}} \cos k d \tag{14.55}
\end{equation*}
$$

In the first Brillouin zone $m^{*}$ is thus negative for $|k|>\pi / 2 d$.
The results above may be generalized to higher-dimensional lattices, and one finds

$$
\begin{equation*}
\epsilon_{\mathbf{k}}^{0}=\bar{\epsilon}-z J_{\mathbf{k}} \tag{14.56}
\end{equation*}
$$

where

$$
\begin{equation*}
J_{\mathbf{k}}=\frac{J}{z} \sum_{j} \exp \left[i \mathbf{k} \cdot\left(\mathbf{R}_{i}-\mathbf{R}_{j}\right)\right] \tag{14.57}
\end{equation*}
$$

and the sum is over the nearest neighbours of site $i$. For a simple cubic lattice with lattice spacing $d, J_{\mathbf{k}}=(J / 3)\left(\cos k_{x} d+\cos k_{y} d+\cos k_{z} d\right)$. Thus,
for small $\mathbf{k}$, the energy is again given by Eq. (14.53), where $k$ is now the magnitude of the (three-dimensional) wave vector.

We now consider for the one-dimensional case the effects of interactions between atoms. First let us assume that the mean-field approximation may be used. We therefore replace the operators $\hat{a}_{j}$ by c numbers $a_{j}$, just as we did in the double-well problem in Sec. 13.1. The classical equation of motion is

$$
\begin{equation*}
i \hbar \frac{d a_{j}}{d t}=\left(\bar{\epsilon}+U N_{j}\right) a_{j}-J\left(a_{j+1}+a_{j-1}\right) \tag{14.58}
\end{equation*}
$$

where $N_{j}=\left|a_{j}\right|^{2}$ is the average number of particles on site $j$. If $N_{j}$ is independent of $j$, and equal to $N_{j}=N / N_{\text {lat }} \equiv \nu$, the eigenstates may be found by methods similar to those used above for non-interacting particles. The result is

$$
\begin{equation*}
a_{k}=\frac{1}{N_{\mathrm{lat}}^{1 / 2}} \sum_{j=1}^{N_{\mathrm{lat}}} a_{j} e^{-i k j d}, \tag{14.59}
\end{equation*}
$$

and the chemical potential is given by

$$
\begin{equation*}
\mu_{k}=\bar{\epsilon}+\nu U-2 J \cos k d . \tag{14.60}
\end{equation*}
$$

The total energy may be obtained by using the relationship $\mu_{k}=\partial E_{k} / \partial N$, from which it follows that

$$
\begin{equation*}
E_{k}=N\left(\epsilon_{k}^{0}+\nu U / 2\right) . \tag{14.61}
\end{equation*}
$$

This differs from the result for non-interacting particles only by the addition of the interaction energy term. The state with $k=0$ is the ground state of the system, while other states with $k \neq 0$ have higher energies and generally have a non-zero current density.

### 14.3 Stability

In previous sections we have shown how to calculate the energies of Bloch states of Bose-Einstein condensates in optical lattices. We now consider the stability of the states. There are two sorts of stability, static (or energetic) and dynamical (or modulational). A state is said to be energetically unstable if there exist other states that have lower energy than the original state. An example of an energetic instability was described in connection with the Landau criterion in Sec. 10.1, where it was shown that for velocities greater than a critical velocity, the energy of a uniformly moving condensate could be lowered by creating excitations. Dynamical instability is characterized by the existence of perturbations that grow in time. This behaviour
was found for long-wavelength density modes in a uniform condensate with attractive interactions (Sec. 8.2). In the present section we introduce the general formalism for investigating stability and describe a hydrodynamic approach to calculating long-wavelength instabilities of condensates in optical lattices. Examples of the application of the general formalism are given in Sec. 14.4.2, where we consider the stability of states at the Brillouin zone boundary and the stability of tight-binding energy bands.

## Energetic stability

To investigate energetic stability of Bloch states, we expand the GrossPitaevskii energy functional to second order in the deviation $\delta \psi$ of the condensate wave function from the equilibrium solution $\psi_{0}$, subject to the condition that the total particle number be fixed. This is the approach adopted in our description of modes of a trapped condensate in Sec. 8.2, except that here the wave function of the unperturbed state may not be real, e.g. if it carries a current. To satisfy the constraint on the particle number, it is convenient to work with the thermodynamic potential $K=E-\mu N$, where $N$ is the particle number, and to allow the variations of $\psi$ to be arbitrary. Writing $\psi=\psi_{0}+\delta \psi$ and expanding $K$ to second order in $\delta \psi$, one finds

$$
\begin{equation*}
K=K\left[\psi_{0}\right]+\delta K^{(1)}+\delta K^{(2)} \tag{14.62}
\end{equation*}
$$

The first-order term vanishes when $\psi_{0}$ satisfies the time-independent GrossPitaevskii equation. The second-order term is

$$
\begin{align*}
& \delta K^{(2)}=\int d \mathbf{r}\left(\delta \psi^{*}\left[-\frac{\hbar^{2}}{2 m} \nabla^{2}+V(\mathbf{r})-\mu\right] \delta \psi\right. \\
& \left.+\frac{1}{2} U_{0}\left[\left(\psi^{*}\right)^{2}(\delta \psi)^{2}+\psi^{2}\left(\delta \psi^{*}\right)^{2}+4|\psi|^{2} \delta \psi \delta \psi^{*}\right]\right) \tag{14.63}
\end{align*}
$$

where $\psi$ here corresponds to the unperturbed state. This expression may be written in a compact matrix notation as

$$
\begin{equation*}
\delta K^{(2)}=\frac{1}{2} \int d \mathbf{r} \Psi^{\dagger} \mathcal{M} \Psi \tag{14.64}
\end{equation*}
$$

where, as in Sec. 8.2, we have introduced the column vector

$$
\begin{equation*}
\Psi=\binom{\delta \psi}{\delta \psi^{*}} \tag{14.65}
\end{equation*}
$$

and the matrix
$\mathcal{M}=\left(\begin{array}{cc}-\hbar^{2} \nabla^{2} / 2 m+V+2 U_{0}|\psi|^{2}-\mu & U_{0} \psi^{2} \\ U_{0}\left(\psi^{*}\right)^{2} & -\hbar^{2} \nabla^{2} / 2 m+V+2 U_{0}|\psi|^{2}-\mu\end{array}\right)$.

The solutions to the time-independent Gross-Pitaevskii equation correspond to wave functions for which the thermodynamic potential is stationary. When the thermodynamic potential increases for all $\delta \psi$, the state is energetically stable. ${ }^{4}$ The matrix $\mathcal{M}$ is Hermitian and therefore all its eigenvalues are real. For the initial state to be stable to small perturbations, $K^{(2)}$ must be positive, and thus all its eigenvalues must be positive. Thus energetic instability sets in when the lowest of the eigenvalues of $\mathcal{M}$, which are given by

$$
\begin{equation*}
\mathcal{M} \delta \Psi=\lambda \delta \Psi \tag{14.67}
\end{equation*}
$$

becomes negative.

## Elementary excitations and dynamical stability

To explore dynamical phenomena, we examine eigenvalues of the timedependent Gross-Pitaevskii equation,

$$
\begin{equation*}
-\frac{\hbar^{2}}{2 m} \nabla^{2} \psi+V(\mathbf{r}) \psi+U_{0}|\psi|^{2} \psi=i \hbar \frac{\partial \psi}{\partial t} \tag{14.68}
\end{equation*}
$$

and its complex conjugate. In matrix notation, the linearized form of this equation and its complex conjugate are (see Eqs. (7.39)-(7.40) and (8.54))

$$
\begin{equation*}
i \hbar \frac{\partial \Psi}{\partial t}=\sigma_{z} \mathcal{M} \Psi \tag{14.69}
\end{equation*}
$$

and

$$
\sigma_{z}=\left(\begin{array}{cc}
1 & 0  \tag{14.70}\\
0 & -1
\end{array}\right)
$$

There exist eigenstates $W_{i}(t)$ of Eq. (14.69) that vary in time as $e^{-i \epsilon_{i} t / \hbar}$, where (compare Eq. (8.54))

$$
\begin{equation*}
\sigma_{z} \mathcal{M} W_{i}=\epsilon_{i} W_{i} \tag{14.71}
\end{equation*}
$$

The matrix $\sigma_{z} \mathcal{M}$, unlike $\mathcal{M}$, is not Hermitian, and so its eigenvalues may be complex. Real eigenvalues correspond to elementary excitations of the condensate. In the case of the ground state of a trapped gas with repulsive

[^43]interactions examined in Sec. 8.2, all the eigenstates with positive norm have eigenvalues that are real and positive. However, the eigenvalue of a state with positive norm can be real and negative, in which case the mode is referred to as anomalous. The presence of an anomalous mode indicates that the original solution of the Gross-Pitaevskii equation is not the lowest energy state. An example of an anomalous mode is an elementary excitation in a condensate moving at a velocity greater than the Landau critical velocity (see Sec. 10.1).

More generally, eigenvalues may be complex. A disturbance proportional to an eigenvalue with positive imaginary part grows exponentially in time. For a condensate in an optical lattice potential of the form (14.4), it can be shown that if $\epsilon_{i}$ is an eigenvalue, then $\epsilon_{i}^{*}$ is too [10, App. A]. Thus the existence of a complex eigenvalue is a sufficient condition for there to be an unstable mode. Equation (14.69) is identical in form to the Bogoliubov equations (7.42) and (7.43), which we obtained by linearizing the time-dependent Gross-Pitaevskii equation about the solution for a uniform condensate and making the ansatz (7.41). A review of calculations of instabilities for condensates in an optical lattice is given in Ref. [10].

### 14.3.1 Hydrodynamic analysis

To study disturbances with wavelengths much greater than the lattice spacing, it is possible to use a simplifed approach based on hydrodynamics. One works with the average particle density $\bar{n}(\mathbf{r})$ and an average phase introduced in Eq. (14.39), where the averages are to be taken over a volume having linear dimensions much greater than the lattice spacing but much smaller than the wavelength of the disturbance and the size of the system [11,12]. Under these conditions the equation of motion for the wave vector is given by Eq. (14.42). When spatial variations are slow, it is a good approximation to assume that the chemical potential locally is given by the expression for the system with $\bar{V}=0$, i.e. $\mu=\partial \mathcal{E} / \partial n$. At the same level of approximation, the local particle current density is given by the result for a uniform system,

$$
\begin{equation*}
\mathbf{g}=\frac{1}{\hbar} \nabla_{\mathbf{k}} \mathcal{E}(n, \mathbf{k}) \tag{14.72}
\end{equation*}
$$

Thus the equation of continuity is

$$
\begin{equation*}
\frac{\partial n}{\partial t}+\boldsymbol{\nabla} \cdot \mathbf{g}=\frac{\partial n}{\partial t}+\frac{1}{\hbar} \boldsymbol{\nabla} \cdot \nabla_{\mathbf{k}} \mathcal{E}(n, \mathbf{k})=0 \tag{14.73}
\end{equation*}
$$

To find the elementary excitations, we now linearize Eqs. (14.42) and (14.73). We denote changes in the local density by $\delta n$, those in the wave vector by
$\delta \mathbf{k}$, and those in the potential by $\delta \bar{V}$. If one looks for solutions varying in space and time as $\exp i(\mathbf{q} \cdot \mathbf{r}-\omega t)$, one finds that

$$
\begin{equation*}
\left(\mathcal{E}_{n, \mathbf{k}} \cdot \mathbf{q}-\hbar \omega\right) \delta n+\mathbf{q} \cdot \mathcal{E}_{\mathbf{k}, \mathbf{k}} \cdot \delta \mathbf{k}=0 \tag{14.74}
\end{equation*}
$$

and

$$
\begin{equation*}
\mathcal{E}_{n, n} \mathbf{q} \delta n+\mathbf{q} \mathcal{E}_{n, \mathbf{k}} \cdot \delta \mathbf{k}-\hbar \omega \delta \mathbf{k}=-\mathbf{q} \delta \bar{V} \tag{14.75}
\end{equation*}
$$

The quantities $\mathcal{E}_{n, n}, \mathcal{E}_{n, k_{i}}$ and $\mathcal{E}_{k_{i}, k_{j}}$ were introduced in Eqs. (14.34)-(14.38) above.

The above discussion applies for arbitrary directions of $\mathbf{k}$ and $\mathbf{q}$. Let us now specialize to the case where both these vectors are in the $x$ direction, $\mathbf{k}=(k, 0,0)$ and $\mathbf{q}=(q, 0,0)$, and the lattice potential varies only in the $x$ direction. The eigenfrequencies of the system are found by solving Eqs. (14.74) and (14.75) with $\delta \bar{V}=0$, and they are given by

$$
\begin{equation*}
\hbar \omega=\left[\mathcal{E}_{n, k} \pm\left(\mathcal{E}_{n, n} \mathcal{E}_{k, k}\right)^{1 / 2}\right] q \tag{14.76}
\end{equation*}
$$

In order to elucidate the meaning of Eq. (14.76), let us consider the case $k \rightarrow 0$. The energy per particle is quadratic for small $k$, and therefore $\mathcal{E}_{n, k}$ tends to zero in this limit and

$$
\begin{equation*}
\hbar \omega= \pm\left(\mathcal{E}_{n, n} \mathcal{E}_{k, k}\right)^{1 / 2} q \tag{14.77}
\end{equation*}
$$

The modes are then sound waves, with the sound speed given by

$$
\begin{equation*}
s=\left(\mathcal{E}_{n, n} \mathcal{E}_{k, k}\right)^{1 / 2} / \hbar \tag{14.78}
\end{equation*}
$$

where the derivatives are to be evaluated for $k \rightarrow 0$. In the absence of the lattice potential, it follows from Galilean invariance that the contribution to the energy density that depends on the wave number is given by $n \hbar^{2} k^{2} / 2 m$. Thus $\partial^{2} \mathcal{E} / \partial n \partial k=\hbar^{2} k / m$ (the condensate velocity times $\hbar$ ) and $\partial^{2} \mathcal{E} / \partial k^{2}=$ $n \hbar^{2} / m$. Also $\partial^{2} \mathcal{E} / \partial n^{2}=U_{0}$, and the sound velocity is thus given by the usual result for a homogeneous gas $s=\left(n U_{0} / m\right)^{1 / 2}$.

Let us now consider the stability of the system to long-wavelength perturbations of the local density and wave vector. The system is energetically unstable if such perturbations can lead to a reduction of the energy. In the absence of the potential, the functional for the energy may be expanded about the original state, and one finds
$E=E_{0}+\int d \mathbf{r}\left\{\mu \delta n+\hbar g \delta k+\frac{1}{2}\left[\mathcal{E}_{n, n}(\delta n)^{2}+2 \mathcal{E}_{n, k} \delta n \delta k+\mathcal{E}_{k, k}(\delta k)^{2}\right]\right\}$.

The first-order terms vanish if the total number of particles and the phase
of the wave function at the boundaries are fixed. The latter condition implies that the change in the total particle current is unaltered. The conditions for the quadratic form to be positive definite are that

$$
\begin{equation*}
\mathcal{E}_{n, n}>0, \quad \mathcal{E}_{k, k}>0 \tag{14.80}
\end{equation*}
$$

and

$$
\begin{equation*}
\mathcal{E}_{n, n} \mathcal{E}_{k, k}>\left(\mathcal{E}_{n, k}\right)^{2} \tag{14.81}
\end{equation*}
$$

Sufficient conditions for energetic stability are that the inequality (14.81) and one of the conditions (14.80) are satisfied, since the other inequality is then satisfied automatically. Observe that when condition (14.81) becomes an equality, the system has a zero-frequency mode. This corresponds in the absence of the lattice to the Landau criterion (10.6) applied to long-wavelength excitations. In the presence of the lattice, the quantity $\partial^{2} \mathcal{E} / \partial n \partial k$ plays the role that the velocity of the superfluid does for a system invariant under a Galilean transformation.

The numerical calculations to be described in the next section indicate that energetic instability sets in first at long wavelengths $(q \rightarrow 0)$. Consequently, Eqs. (14.80) and (14.81) are the general conditions for energetic stability. As an example, we shall use them in Sec. 14.4.2 to determine an approximate criterion for the limit of stability at the zone boundary.

The condition for onset of dynamical instability is that the eigenfrequency (14.76) become complex, which occurs if either $\mathcal{E}_{n, n}$ or $\mathcal{E}_{k, k}$ become negative. The first condition corresponds to the compressibility being negative, the second to the effective mass being negative.

### 14.4 Intrinsic non-linear effects

The fact that the Gross-Pitaevskii equation is non-linear has a number of important consequences. One is that energy bands can become multivalued for a given wave number (Sec. 14.4.1). Another is that it has solutions that do not possess the periodicity of the lattice (Sec. 14.4.2).

### 14.4.1 Loops

Consider solutions to the one-dimensional Gross-Pitaevskii equation

$$
\begin{equation*}
-\frac{\hbar^{2}}{2 m} \frac{d^{2} \psi}{d x^{2}}+\left[\frac{V_{0}}{2} \cos \frac{2 \pi x}{d}+U_{0}|\psi|^{2}\right] \psi=\mu \psi \tag{14.82}
\end{equation*}
$$

where the potential due to the lattice is taken to have the form (14.4) and the interaction is assumed to be repulsive $\left(U_{0}>0\right)$. In the present section we restrict ourselves to solutions of the Bloch form,

$$
\begin{equation*}
\psi(x)=\mathrm{e}^{i k x} u(x) \tag{14.83}
\end{equation*}
$$

where $u(x)$ has the same period as the lattice, $u(x)=u(x+d)$. Remarkably, the one-dimensional Gross-Pitaevskii equation with the potential (14.4) has an exact, analytical solution when $k$ lies at the boundary of the first Brillouin zone, i.e. $k= \pm \pi / d[13]$. This is surprising because the analogous problem for a single particle does not have such a simple solution.

We look for a solution of the form

$$
\begin{equation*}
\psi=\sqrt{n} e^{i k x}\left(\cos \theta+\sin \theta e^{-i 2 \pi x / d}\right) \tag{14.84}
\end{equation*}
$$

with $k=\pi / d$. For non-interacting particles, this trial function leads to the nearly free-particle model, in which only two plane-wave states are mixed by the lattice potential. Here the normalization has been chosen so that $n$ is the mean density, equal to $|\psi|^{2}$ averaged over a lattice period. Since

$$
\begin{equation*}
|\psi|^{2}=n(1+\sin 2 \theta \cos 2 \pi x / d), \tag{14.85}
\end{equation*}
$$

the Gross-Pitaevskii equation (14.82) has (14.84) as a solution, provided

$$
\begin{equation*}
\sin 2 \theta=-\frac{V_{0}}{2 n U_{0}} . \tag{14.86}
\end{equation*}
$$

The reason for the solution being exact is that the particle density, and therefore also the mean field due to interparticle interactions, has a component varying as $\cos 2 \pi x / d$ which cancels the lattice potential.

Since the magnitude of the sine function cannot exceed unity, the exact solution exists only if $n U_{0} \geq V_{0} / 2$. The chemical potential is seen from (14.82) to be

$$
\begin{equation*}
\mu=E_{0}+n U_{0}, \tag{14.87}
\end{equation*}
$$

with $E_{0}$ given by (14.19). Since $n \geq V_{0} / 2 U_{0}$, the chemical potential is greater than $V_{0} / 2$ and hence lies above the maximum value of the lattice potential. The corresponding energy density is given by

$$
\begin{equation*}
\mathcal{E}=n E_{0}+\frac{n^{2} U_{0}}{2}-\frac{V_{0}^{2}}{16 U_{0}} . \tag{14.88}
\end{equation*}
$$

The superposition (14.84) is an exact solution of the Gross-Pitaevskii equation (14.82) only for $k=\pi / d$ and $n \geq V_{0} / 2 U_{0}$. For general $k$ and $n$ we may either solve the equation (14.82) numerically, e.g. by expanding the
periodic function $u(x)$ in terms of plane waves, or adopt a variational approach $[12,14,15]$. Here we describe the latter procedure, using the function (14.84) as a trial solution for general positive $k$ and $n$. For negative $k$ the corresponding trial function is the complex conjugate of that for positive $k$. Our starting point is the Gross-Pitaevskii energy functional, averaged over a lattice period. The energy per unit volume, $\mathcal{E}$, is thus given by

$$
\begin{equation*}
\mathcal{E}=\frac{1}{d} \int_{-d / 2}^{d / 2} d x\left[\frac{\hbar^{2}}{2 m}\left|\frac{d \psi}{d x}\right|^{2}+\frac{V_{0}}{2} \cos \left(\frac{2 \pi x}{d}\right)|\psi|^{2}+\frac{1}{2} U_{0}|\psi|^{4}\right] . \tag{14.89}
\end{equation*}
$$

For the trial function (14.84) the kinetic energy per particle is given by

$$
\begin{equation*}
\epsilon_{\mathrm{kin}}=4 E_{0}\left(\kappa^{2}+\sin ^{2} \theta-2 \kappa \sin ^{2} \theta\right) \tag{14.90}
\end{equation*}
$$

where $\kappa=k d / 2 \pi$. The potential energy per particle due to the lattice potential is

$$
\begin{equation*}
\epsilon_{\mathrm{pot}}=\frac{V_{0}}{2} \sin \theta \cos \theta, \tag{14.91}
\end{equation*}
$$

while the interaction energy is

$$
\begin{equation*}
\epsilon_{\mathrm{int}}=\frac{n U_{0}}{2}\left(1+2 \sin ^{2} \theta \cos ^{2} \theta\right) . \tag{14.92}
\end{equation*}
$$

The energy per particle is

$$
\begin{equation*}
\epsilon=\epsilon_{\mathrm{kin}}+\epsilon_{\mathrm{pot}}+\epsilon_{\mathrm{int}} . \tag{14.93}
\end{equation*}
$$

This is stationary with respect to variations of $\theta$ when

$$
\begin{equation*}
\left(\kappa-\frac{1}{2}\right) \sin 2 \theta=\frac{V_{0}}{16 E_{0}} \cos 2 \theta+\frac{n U_{0}}{8 E_{0}} \cos 2 \theta \sin 2 \theta . \tag{14.94}
\end{equation*}
$$

For $k=\pi / d$, that is for $\kappa=1 / 2$, we recover from Eq. (14.94) the result (14.86). On inserting this value into Eq. (14.93), we obtain the result given in (14.88) for the total energy density $\mathcal{E}=n \epsilon$. In addition, for $\kappa=1 / 2$, the equation (14.94) is satisfied when $\cos 2 \theta=0$, corresponding to $\theta=\pi / 4$ or $\theta=3 \pi / 4$. These solutions correspond to the states $\psi \propto \sin \pi x / d$ and $\psi \propto$ $\cos \pi x / d$ at the Brillouin zone boundary in the nearly-free-particle model. The sine function leads to a lower energy because it gives the highest particle density where the lattice potential is low, while for the cosine function the opposite holds. With the interaction energy included, energy densities are

$$
\begin{equation*}
\mathcal{E}=n E_{0} \mp \frac{n V_{0}}{4}+\frac{3 n^{2} U_{0}}{4} \tag{14.95}
\end{equation*}
$$

for the first ( - ) and second $(+)$ bands, respectively. For $n=V_{0} / 2 U_{0}$ the lower energy in (14.95) coincides with that given in (14.88).


Fig. 14.2 The energy per particle in units of $E_{0}$ as a function of $k$ for $n U_{0}=4 E_{0}$ [12].

To determine the form of the energy bands, it is simplest to use $\theta$ as the independent variable, calculate $k$ as a function of $\theta$ from Eq. (14.94) and then to evaluate other physical quantities. For $n U_{0}<V_{0} / 2$, there are two solutions to the equation, corresponding to the two bands in the nearly-freeparticle model, while for $n U_{0}>V_{0} / 2$ there are ranges of $k$ for which there are four solutions, three corresponding to the first band, and a fourth to the second band. The bands for the energy per particle develop loops which grow with increasing particle density. Likewise, the bands for the chemical potential, which may be obtained from the energy density $\mathcal{E}=n \epsilon$ since $\mu=\partial \mathcal{E} / \partial n$, also exhibit loops. In Fig. 14.2 we show $\epsilon$ as a function of $k$ for $n U_{0}=4 E_{0}$. Loops can appear also at the zone centre, and the condition for a loop to occur there can be less restrictive than the requirement $n U_{0}>V_{0} / 2$ for a loop to arise at the zone boundary [12].

It is possible to determine the width of the loop at the zone boundary analytically, on the basis of the trial solution (14.84). The value $\theta_{0}$ at which the energy is stationary varies continuously around the loop. The tip of the
loop is found by setting the derivative of $k$ with respect to $\theta_{0}$ equal to zero. This yields $\sin 2 \theta_{0}=-\left(V_{0} / 2 n U_{0}\right)^{1 / 3}$, and the width

$$
\begin{equation*}
w=\frac{\pi}{2 d}\left[\left(\frac{n U_{0}}{E_{0}}\right)^{2 / 3}-\left(\frac{V_{0}}{2 E_{0}}\right)^{2 / 3}\right]^{3 / 2} . \tag{14.96}
\end{equation*}
$$

This equation somewhat overestimates widths. For $n U_{0}=2 E_{0}$ and $V_{0}=2 E_{0}$ the width given by Eq. (14.96) is $21 \%$ above the numerical result and, for $n U_{0}=4 E_{0}$ and $V_{0}=4 E_{0}, 38 \%$ above [12]. The variational calculation is thus most precise for small widths. Note that the width tends to a nonzero value when $V_{0} \rightarrow 0$, as illustrated in the second panel of Fig. 14.2. In this limit the bands have two components. One corresponds to a uniform condensate moving at a constant velocity, which gives rise to states in which the energy per particle is free-particle-like, $\hbar^{2} k^{2} / 2 m+n U_{0} / 2$. The higherenergy branch of the loop structure at the zone centre corresponds to equally spaced arrays of dark solitons (see Sec. 7.6.1) with one soliton per lattice spacing, while those at the zone boundary correspond to arrays with two solitons per lattice spacing.
As we have argued below Eq. (14.33) the number current density is independent of $x$, provided $\psi$ is a solution to (14.82), in agreement with the continuity equation, and given by

$$
\begin{equation*}
g(k)=\frac{1}{\hbar} \frac{\partial \mathcal{E}}{\partial k} . \tag{14.97}
\end{equation*}
$$

Thus, the mean particle velocity is $g / n$. At the zone centre $(k=0)$ the solution to (14.82) is purely real (apart from a phase factor independent of position) and periodic, $\psi(x)=\psi(x+d)$. At the zone boundary there is a solution that is also purely real, but antiperiodic, $\psi(x)=-\psi(x+d)$. The number current density vanishes for such solutions, $g=0$. The exact solution given by Eq. (14.84) for $k=\pi / d$ carries a current given by $g=$ $\pm(\hbar \pi / m d)\left(n^{2}-n_{\mathrm{c}}^{2}\right)^{1 / 2}$, where $n_{\mathrm{c}}=V_{0} / 2 U_{0}$ is the critical density. The two possible signs correspond to each of the two crossing branches in Fig. 14.2. The trial solutions obtained from Eqs. (14.94) and (14.84) are not always stable, i.e. they do not necessarily represent a global or a local minimum, as we shall discuss in the following section.

### 14.4.2 Spatial period doubling

As mentioned above, the non-linear nature of the interparticle interaction allows stationary solutions to the Gross-Pitaevskii equation which do not have the periodicity of the lattice. Following Ref. [16], we analyse spatial
period doubling within the tight-binding model, starting from the classical equation of motion (14.58). For convenience, we shift the zero of energy such that $\bar{\epsilon}=0$. The non-linear equation of motion for $a_{j}$ then becomes

$$
\begin{equation*}
i \hbar \frac{d a_{j}}{d t}=-J\left(a_{j+1}+a_{j-1}\right)+U\left|a_{j}\right|^{2} a_{j} . \tag{14.98}
\end{equation*}
$$

In equilibrium, the time dependence of the expansion coefficients $a_{j}$ is given by $\exp (-i \mu t / \hbar)$, which results in

$$
\begin{equation*}
U\left|a_{j}\right|^{2} a_{j}-J\left(a_{j+1}+a_{j-1}\right)-\mu a_{j}=0 . \tag{14.99}
\end{equation*}
$$

The total energy is obtained from

$$
\begin{equation*}
E=-\sum_{j} J\left(a_{j}^{*} a_{j+1}+a_{j} a_{j+1}^{*}\right)+\frac{1}{2} \sum_{j} U\left|a_{j}\right|^{4}, \tag{14.100}
\end{equation*}
$$

which is the classical expression corresponding to the Hamiltonian (14.48) with $\epsilon_{j}=\bar{\epsilon}=0$.

We shall consider states in which the particle density is periodic with a period that is $2^{p}$ times the lattice spacing, with $p=0,1,2, \ldots$ In order to calculate the energy per particle and the chemical potential we divide the one-dimensional lattice into cells which each contain $2^{p}$ sites. The number of particles within a cell is denoted by $N_{\text {cell }}$, and $\nu \equiv N_{\text {cell }} / 2^{p}$ is thus the average particle number per site.

We separate out from $a_{j}$ a part that is a plane wave evaluated at the lattice point $j d$, where $d$ is the lattice period, $a_{j}=e^{i k j d} g_{j}$. The complex numbers $g_{j}$ depend on the lattice site $j$. Equation (14.99) then yields

$$
\begin{equation*}
U\left|g_{j}\right|^{2} g_{j}-J e^{i k d} g_{j+1}-J e^{-i k d} g_{j-1}-\mu g_{j}=0 \tag{14.101}
\end{equation*}
$$

The unit cell consists of $N_{\mathrm{s}}=2^{p}$ sites where the complex variables $g_{j}$ are related by the equations (14.101) with $j=1,2, \ldots, N_{\mathrm{s}}$. The periodicity condition is $g_{j+N_{\mathrm{s}}}=g_{j}$. The number of particles within the unit cell is given by

$$
\begin{equation*}
N_{\mathrm{cell}}=\sum_{j=1}^{N_{\mathrm{s}}}\left|g_{j}\right|^{2} \tag{14.102}
\end{equation*}
$$

For $N_{\mathrm{s}}=1(p=0)$ we recover as expected the results of Sec. 14.2.3, since (14.101) with the boundary conditions $g_{0}=g_{1}$ and $g_{2}=g_{1}$ yields $U\left|g_{1}\right|^{2}=\mu+2 J \cos k d$. With $N_{\text {cell }}=\left|g_{1}\right|^{2}$ the resulting chemical potential becomes identical to (14.60), while the total energy obtained from (14.100) becomes

$$
\begin{equation*}
E=-2 N J \cos k d+\frac{1}{2} N U \nu \tag{14.103}
\end{equation*}
$$

which is identical to the result given in (14.61).
Period-doubled states correspond to $N_{\mathrm{s}}=2(p=1)$ and they are obtained by solving the two equations (14.101) together with (14.102) subject to the boundary conditions $g_{0}=g_{2}$ and $g_{3}=g_{1}$. Subtracting the two equations (14.101) from each other, we obtain

$$
\begin{equation*}
U\left(\left|g_{1}\right|^{2}-\left|g_{2}\right|^{2}\right)=2 J\left(\left|\frac{g_{2}}{g_{1}}\right| e^{i\left(\phi_{2}-\phi_{1}\right)}-\left|\frac{g_{1}}{g_{2}}\right| e^{i\left(\phi_{1}-\phi_{2}\right)}\right) \cos k d \tag{14.104}
\end{equation*}
$$

We are interested in a solution for which $\left|g_{1}\right|^{2} \neq\left|g_{2}\right|^{2}$. Since the left-hand side of (14.104) is real, the phase difference $\phi_{1}-\phi_{2}$ must be either 0 or $\pi$. These solutions exist when $|\cos k d| \leq \nu U / 2 J$, that is in two regions of the Brillouin zone centred at the points $k= \pm \pi / 2 d$. For $U \nu / 2 J>1$ the perioddoubled solutions extend over the whole Brillouin zone. In addition we have according to (14.102) that $N_{\text {cell }}=\left|g_{1}\right|^{2}+\left|g_{2}\right|^{2}$. Solving for the magnitudes $\left|g_{1}\right|$ and $\left|g_{2}\right|$ we obtain the energy per particle from (14.100) as

$$
\begin{equation*}
\frac{E}{N}=2 \frac{J^{2}}{\nu U} \cos ^{2} k d+\nu U \tag{14.105}
\end{equation*}
$$

The period-doubled solution only exists when $|\cos k d| \leq \nu U / 2 J$. This condition is always satisfied, no matter how small the strength of the repulsive interaction $U$, provided $k$ is sufficiently near $\pi / 2 d$. The chemical potential $\mu=\partial E / \partial N$ obtained from (14.105) is seen to be independent of $k$ and given by $\mu=2 \nu U$. Solutions with higher periods ( $p>2$ ) can be obtained in a similar way, by numerical solution of the coupled equations (14.101) together with (14.102). In addition, there are states with other periods, e.g. $3 d$.

Let us now examine the stability of the solutions, following the methods described in Sec. 14.3. We expand the energy functional (14.100) to second order in the deviation from the equilibrium solution by inserting $a_{j}=a_{j}^{0}+\delta a_{j}$ into (14.100), where the deviation $\delta a_{j}$ has the general form

$$
\begin{equation*}
\delta a_{j}=e^{i k j d}\left(u_{j} e^{i q j d}+v_{j}^{*} e^{-i q j d}\right) \tag{14.106}
\end{equation*}
$$

The first-order terms vanish, since $a_{j}^{0}$ satisfies Eq. (14.99). We consider here only the stability of usual Bloch states corresponding to $p=0$. In this case $u_{j}$ and $v_{j}$ are independent of the site index $j$. By carrying out the sum over $j$ we obtain a quadratic form in $u$ and $v$ which is positive provided the eigenvalues of the matrix $\mathcal{M}$ given by

$$
\mathcal{M}=\left(\begin{array}{cc}
\nu U+\Delta \epsilon_{+} & \nu U  \tag{14.107}\\
\nu U & \nu U+\Delta \epsilon_{-}
\end{array}\right)
$$

are positive. Here $\Delta \epsilon_{ \pm}=\epsilon(k \pm q)-\epsilon(k)$ with $\epsilon(k)=-2 J \cos k d$. Note the close similarity to the matrix given in (14.66), which was derived starting from the full Gross-Pitaevskii equation. The stability limit is obtained from the condition that the determinant of the matrix (14.107) vanish, corresponding to the existence of a zero eigenvalue. This yields

$$
\begin{equation*}
\frac{\nu U}{2 J} \cos k d+\sin ^{2}(q d / 2)=\sin ^{2} k d \tag{14.108}
\end{equation*}
$$

This condition shows that the critical value of $k$ is obtained for $q \rightarrow 0$, and this yields the stability condition $\cos k d>0$ and $\sin k d \tan k d<\nu U / 2 J$. We shall now demonstrate that for $k d \ll 1$ the condition for energetic stability becomes the criterion $k<m^{*} s / \hbar$, which is a generalization to the case of a condensate in a periodic potential of the Landau criterion discussed for a uniform condensate in Sec. 10.1. The reasoning goes as follows. In the presence of a lattice, the total momentum is not conserved, so one must work in terms of the pseudomomentum. The effective mass for the tightbinding model is given in Eq. (14.54) and the sound velocity $s$ is given by the derivative of the chemical potential with respect to the average density $n$ as $s^{2}=n(\partial \mu / \partial n) / m^{*}=\nu U / m^{*}$ according to (14.60). The condition $(k d)^{2}<\nu U / 2 J$ is therefore equivalent to $\hbar k<m^{*} s$.

Dynamical stability requires that the eigenvalues of $\sigma_{z} \mathcal{M}$ are not complex, resulting in the condition $\cos k d>0$ or $|k| d<\pi / 2$ in agreement with the condition for the occurrence of dynamical or modulational instability first derived in Ref. [17]. These results demonstrate that the system can be energetically unstable but dynamically stable (for $\sin k d \tan k d>\left(m^{*} s d / \hbar\right)^{2}$ and $|k| d<\pi / 2$ ), while energetic stability also implies dynamical stability.

Experimentally, the two regimes of instability have been identified by loading a condensate in a Bloch state with well-defined wave number $k$ into a one-dimensional optical lattice moving at constant velocity and measuring the loss of atoms from the condensate as a function of time [18].

## Stability of states at the zone boundary

As an application of the hydrodynamical stability analysis we now consider the condition for long-wavelength instabilities to arise in a flow for which $k=\pi / d$. As we have seen, there exists an exact solution (14.84) for $k=$ $\pi / d$ to the time-independent Gross-Pitaevskii equation. To investigate the stability of the state with $k=\pi / d$, we require the solution also for $k$ in the vicinity of $\pi / d$ in order to evaluate the derivatives with respect to $k$, and we shall approximate this by Eq. (14.84), with $\theta$ being a variational parameter.

For $k=\pi / d$ we recover the result (14.88), from which it follows that

$$
\begin{equation*}
\frac{\partial^{2} \mathcal{E}}{\partial n^{2}}=U_{0} \tag{14.109}
\end{equation*}
$$

This shows that the first inequality in (14.80) is satisfied, since $U_{0}>0$. The other two derivatives are most easily evaluated by using the fact that $\partial \mathcal{E} / \partial k$ is $\hbar$ times the particle current density (see Eq. (14.72)). The current may be calculated directly from the trial wave function. For definiteness we consider states with positive $k$, and the result is

$$
\begin{equation*}
g=\frac{n \hbar}{m}\left(k-\frac{2 \pi}{d} \sin ^{2} \theta\right) \tag{14.110}
\end{equation*}
$$

The derivatives of $\theta$ with respect to $n$ and with respect to $k$ may be calculated directly by differentiating Eq. (14.94) and, using Eqs.(14.38) and (14.37), one finds

$$
\begin{equation*}
\frac{\partial^{2} \mathcal{E}}{\partial n \partial k}=\frac{\hbar^{2} \pi}{m d} \frac{n U_{0}}{\left[\left(n U_{0}\right)^{2}-\left(V_{0} / 2\right)^{2}\right]^{1 / 2}} \tag{14.111}
\end{equation*}
$$

and

$$
\begin{equation*}
\frac{\partial^{2} \mathcal{E}}{\partial k^{2}}=\frac{n \hbar^{2}}{m}\left(1-\frac{E_{0} V_{0}^{2}}{n U_{0}\left[\left(n U_{0}\right)^{2}-\left(V_{0} / 2\right)^{2}\right]}\right) \tag{14.112}
\end{equation*}
$$

These derivatives are then inserted into the condition (14.81), and the condition for energetic stability becomes

$$
\begin{equation*}
n U_{0} \geq \frac{V_{0}}{2}\left(\frac{n U_{0}+4 E_{0}}{n U_{0}-2 E_{0}}\right)^{1 / 2} \tag{14.113}
\end{equation*}
$$

which is more stringent than the condition $n U_{0} \geq V_{0} / 2$ for the existence of the solution (14.84) at the Brillouin zone boundary $k=\pi / d$. The critical value of $n U_{0} / E_{0}$ calculated from Eq. (14.113) deviates by no more than $9.5 \%$ from the one calculated numerically [12].

### 14.5 From superfluid to insulator

In Sec. 13.1, we saw how quantum fluctuations destroy phase coherence between two wells when the interaction energy between particles in the same well becomes comparable to the energy associated with tunnelling. A similar effect occurs for atoms in an optical lattice, and it gives rise to a transition to an 'insulating' state in which atoms do not respond to a small applied force. We shall base our treatment on the tight-binding model described in Sec. 14.2.3.

When the interaction between atoms is small, the states of the many-atom system are to a good approximation superpositions of single-atom Bloch states, and the state may be specified by giving the number $n_{\mathbf{k}}$ of atoms in each Bloch state. In the ground state, all atoms occupy the Bloch state with lowest energy: the system is Bose-Einstein condensed with perfect correlation between the phases of the condensate wave function on different sites. The lowest Bloch state in the tight-binding approximation is a sum over sites of the wave functions localized on each site,

$$
\begin{equation*}
\phi(\mathbf{r})=\frac{1}{\sqrt{N_{\text {lat }}}} \sum_{j=1}^{N_{\text {lat }}} \chi\left(\mathbf{r}-\mathbf{r}_{j}\right) \tag{14.114}
\end{equation*}
$$

The operator that creates an atom in this state is

$$
\begin{equation*}
\hat{a}_{\mathbf{k}=0}^{\dagger}=\frac{1}{\sqrt{N_{\mathrm{lat}}}} \sum_{j=1}^{N_{\text {lat }}} \hat{a}_{j}^{\dagger} . \tag{14.115}
\end{equation*}
$$

The corresponding state of the many-body system may be written as

$$
\begin{equation*}
|\Psi\rangle=\frac{1}{(N!)^{1 / 2}}\left(\hat{a}_{\mathbf{k}=0}^{\dagger}\right)^{N}|0\rangle . \tag{14.116}
\end{equation*}
$$

In this state there is perfect phase correlation between atoms on different sites, but the number of atoms on each site is not fixed. When an external force is applied to the system, atoms can be excited to states with energy very close to that of the original state, by changing the wave number of some atoms by a small amount. The atoms are therefore mobile, and respond to a weak force. This corresponds to the situation for electrons in metals. If the system is Bose-Einstein-condensed, and the interactions between particles are repulsive, the system will be superfluid, for reasons similar to those given in Sec. 10.1 for the case of no lattice.

Another extreme case is when there is no hopping. The system is obviously an insulator, since atoms cannot move from one site to another. Eigenstates of the system then have an integer number of atoms on each site and there are no phase correlations between different sites, since the energy is independent of the phases of the wave function. A particularly important role is played by states for which the number of atoms on each site is the same, and we denote it by $\sigma$. The state may be written as

$$
\begin{equation*}
|\Psi\rangle=\prod_{j=1}^{N_{\text {lat }}} \frac{\left(\hat{a}_{j}^{\dagger}\right)^{\sigma}}{(\sigma!)^{1 / 2}}|0\rangle . \tag{14.117}
\end{equation*}
$$

To excite the system, one moves one or more atoms from one site to another.

If in the state (14.117), one atom is moved to a different site, this will give a state in which one site has $\sigma+1$ atoms and another site $\sigma-1$ atoms, and therefore the interaction energy changes by an amount

$$
\begin{equation*}
\Delta E=\frac{U}{2}\left[(\sigma+1)^{2}+(\sigma-1)^{2}-2 \sigma^{2}\right]=U \tag{14.118}
\end{equation*}
$$

Consequently, there is an energy gap $U$ between the ground state and the lowest excited states. The chemical potential in the ground state varies discontinuously as the average number of particles per lattice site is altered: for less than one atom per site, the energy required to add a particle is zero. For states with an average of between one and two particles per site, addition of an extra particle will result in one more site becoming doubly occupied, which will cost an extra energy $U$. Generally, for an average number of particles per site between $\sigma$ and $\sigma+1$, the energy cost to add a particle is $\sigma U$. The chemical potential is thus given by $\mu=U \operatorname{int}(\nu)$, where 'int' denotes the integer part and $\nu$ is the average number of particles per site. As the ratio of the tunnelling matrix element to the repulsive energy $U$ increases, the system undergoes a phase transition from an insulator to a superfluid. To investigate this more quantitatively, we use the Hamiltonian (14.48) generalized to more than one dimension. In addition, it is convenient to subtract the term $\mu \hat{N}$ from the Hamiltonian in order to impose the condition that the average particle number density be fixed, as we did in Eq. (8.49). The generalized Hamiltonian ${ }^{5}$ we work with is therefore

$$
\begin{equation*}
\hat{K}=-J \sum_{<i, j>} \hat{a}_{i}^{\dagger} \hat{a}_{j}+\sum_{i}\left(\epsilon_{i}-\mu\right) \hat{a}_{i}^{\dagger} \hat{a}_{i}+\frac{1}{2} U \sum_{i} \hat{a}_{i}^{\dagger} \hat{a}_{i}^{\dagger} \hat{a}_{i} \hat{a}_{i} \tag{14.119}
\end{equation*}
$$

Here the sum $\langle i, j\rangle$ extends over nearest-neighbour pairs only.
For the moment, we neglect the effects of an external trap and therefore we drop the site-dependent energy $\epsilon_{i}$. Also we use the fact that according to the commutation rules for Bose operators one has $\hat{a}_{i}^{\dagger} \hat{a}_{i}^{\dagger} \hat{a}_{i} \hat{a}_{i}=\hat{a}_{i}^{\dagger} \hat{a}_{i} \hat{a}_{i}^{\dagger} \hat{a}_{i}-\hat{a}_{i}^{\dagger} \hat{a}_{i}$. The resulting Hamiltonian is

$$
\begin{equation*}
\hat{K}=-J \sum_{<i, j>} \hat{a}_{i}^{\dagger} \hat{a}_{j}-\mu \sum_{i} \hat{n}_{i}+\frac{1}{2} U \sum_{i} \hat{n}_{i}\left(\hat{n}_{i}-1\right) \tag{14.120}
\end{equation*}
$$

where $\hat{n}_{i}=\hat{a}_{i}^{\dagger} \hat{a}_{i}$ is the number operator associated with site $i$.

### 14.5.1 Mean-field approximation

To estimate the value of $J / U$ at which the insulating state with an integer number of atoms per site becomes unstable, we adopt an approach modelled

[^44]on the mean-field theory of ferromagnetism. If the average magnetic moment on a site is non-zero, this gives rise to an effective magnetic field acting on neighbouring sites. The average magnetic moment is determined selfconsistently, by demanding that it be equal to the response of the average magnetic moment to the effective magnetic field, which itself depends on the average magnetic moment. In the transition to a superfluid state, the role of the magnetization on a site is played by the average of the operator $\hat{a}_{i}$, denoted by $<\hat{a}_{i}>$, which corresponds to the condensate wave function, and in the Bose-Einstein-condensed ground state it is non-zero. By making an appropriate choice of the relative phases of the number eigenstates for a single site, $\left\langle\hat{a}_{i}\right\rangle$ may be taken to be real. We shall assume that it is independent of site and denote it by $\psi$.

In the mean-field approximation, the effect on site $i$ of tunnelling to and from neighbouring sites is taken into account by replacing the creation and annihilation operators on the neighbouring sites by their expectation values. Hopping of atoms between site $i$ and neighbouring sites therefore gives rise to a term in the Hamiltonian for site $i$ of the form $-z J \psi\left(\hat{a}_{i}+\hat{a}_{i}^{\dagger}\right)$, where $z$ is the number of nearest neighbours. In an analogous magnetic problem, the Heisenberg ferromagnet with nearest-neighbour interactions of strength $J$, the Hamiltonian is $-J \sum_{<i, j>} \mathbf{S}_{i} \cdot \mathbf{S}_{j}$, where $\mathbf{S}_{i}$ is the spin operator for site $i$. In a magnetic field $\mathcal{H}$, the coupling to a spin is given by $-\gamma \hbar \mu_{0} \mathcal{H} \cdot \mathbf{S}$, where $\gamma$ is the gyromagnetic ratio, and thus in the mean-field approximation, the interaction with neighbours may be regarded as producing a magnetic field of strength $\mathcal{H}=z J<\mathbf{S}>/ \gamma \hbar \mu_{0}$. In the present problem, it is convenient to introduce a real, scalar field $F$ analogous to the magnetic field that gives rise to a term $-F\left(\hat{a}_{i}+\hat{a}_{i}^{\dagger}\right)$ in the Hamiltonian.
In the theory of magnetism, one calculates the Curie temperature by determining under what conditions a small value of the magnetization on a site can sustain itself, and we now perform the analogous calculation for $\psi$ in the present problem. In the absence of the field, the eigenstates of the single-site Hamiltonian are eigenstates of the number of particles on each site, $\sigma=0,1,2 \ldots$, and the eigenvalues of the single-site Hamiltonian are

$$
\begin{equation*}
\mathcal{K}_{\sigma}=\frac{U}{2} \sigma(\sigma-1)-\mu \sigma, \tag{14.121}
\end{equation*}
$$

where we have dropped the site index. In these states, $\psi$ vanishes. When the field $F$ is applied, the state for atoms on a site becomes a superposition of states with different numbers of particles, and $\psi$ becomes non-zero. The response of $\psi$ to a small field $F$ is given by

$$
\begin{equation*}
<\hat{a}_{i}+\hat{a}_{i}^{\dagger}>=2 \psi=\alpha_{\psi}^{0} F, \tag{14.122}
\end{equation*}
$$

where $\alpha_{\psi}^{0}$ is the 'polarizability' describing the response to the field $F$. For self-consistency, a field $F=z J \psi$ must give rise to the value of $\psi$ that is creating it, or $2 \psi=\alpha_{\psi}^{0} z J \psi$. The condition for a solution for small non-zero $\psi$ is thus

$$
\begin{equation*}
\frac{z J \alpha_{\psi}^{0}}{2}=1 \tag{14.123}
\end{equation*}
$$

If $z J \alpha_{\psi}^{0} / 2$ is greater than unity, the system is unstable to growth of $\psi$, since the response of $\psi$ to the mean field exceeds the value creating it, while if $z J \alpha_{\psi}^{0} / 2$ is less than unity, the response of the system is less than the value of $\psi$ creating it, and $\psi$ will tend to decrease towards zero.

The polarizability for a state having $\sigma$ atoms on a site may be evaluated by analogy with the calculation of the electric polarizability in Sec. 3.3, Eq. (3.37), and it is given by

$$
\begin{equation*}
\alpha_{\psi}^{0}=2 \sum_{\sigma^{\prime}} \frac{\left.\left|\left\langle\sigma^{\prime}\right| \hat{a}+\hat{a}^{\dagger}\right| \sigma\right\rangle\left.\right|^{2}}{\mathcal{K}_{\sigma^{\prime}}-\mathcal{K}_{\sigma}} \tag{14.124}
\end{equation*}
$$

The only non-zero matrix elements of $\hat{a}$ are $\langle\sigma-1| \hat{a}|\sigma\rangle=\sqrt{\sigma}$, and therefore the only intermediate states that enter are $\sigma^{\prime}=\sigma \pm 1$. The eigenvalues of $\mathcal{K}$ are given by Eq. (14.121) and therefore from Eq. (14.124) it follows that

$$
\begin{equation*}
\alpha_{\psi}^{0}=2\left(\frac{\sigma+1}{\sigma U-\mu}+\frac{\sigma}{\mu-(\sigma-1) U}\right) \tag{14.125}
\end{equation*}
$$

and the condition (14.123) for self-consistency becomes

$$
\begin{equation*}
1=z J\left(\frac{\sigma+1}{\sigma U-\mu}+\frac{\sigma}{\mu-(\sigma-1) U}\right) \tag{14.126}
\end{equation*}
$$

or

$$
\begin{equation*}
z J=\frac{[\sigma U-\mu][\mu-(\sigma-1) U]}{\mu+U} \tag{14.127}
\end{equation*}
$$

This gives the minimum value of the tunnelling matrix element for which the Bose-Einstein condensed phase will be stable. Since $J$ is positive, this indicates that the boundary of stability of the insulating state with $\sigma$ atoms per site has the form of a lobe extending from $\mu=(\sigma-1) U$ to $\mu=\sigma U$, as shown in Fig. 14.3. From Eq. (14.127), it follows that the maximum value of $z J$ for a particular lobe is given by $2 /\left.\alpha_{\psi}^{0}\right|_{\min }$, where $\left.\alpha_{\psi}^{0}\right|_{\text {min }}$ is the minimum value of $\alpha_{\psi}^{0}$. By equating to zero the derivative with respect to $\mu$ of the polarizability, Eq. (14.125), one sees that the value of $\mu$ for which $\alpha_{\psi}^{0}$ has a


Fig. 14.3 Phase diagram for the superfluid-to-insulator transition.
local minimum is given by

$$
\begin{equation*}
\frac{\sigma+1}{(\sigma U-\mu)^{2}}=\frac{\sigma}{[(\sigma-1) U-\mu]^{2}} \tag{14.128}
\end{equation*}
$$

or

$$
\begin{equation*}
\mu=(\sigma-1) U+\frac{U}{1+\sqrt{1+1 / \sigma}} . \tag{14.129}
\end{equation*}
$$

At this value of the chemical potential, the polarizability, Eq. (14.125), is given by $\left.\alpha_{\psi}^{0}\right|_{\min }=(2 \sigma / U)(1+\sqrt{1+1 / \sigma})^{2}$ and therefore the maximum extent of the lobe is given by

$$
\begin{equation*}
z J_{\max }=\frac{U}{\sigma(1+\sqrt{1+1 / \sigma})^{2}} \tag{14.130}
\end{equation*}
$$

This result may also be obtained by writing Eq. (14.127) as a quadratic equation for $\mu$ and demanding that the equation have real roots. For the singly occupied state $(\sigma=1), z J_{\max }=U /(3+2 \sqrt{2}) \approx 0.17157 U$, a result first obtained in Ref. [19]. The results for the phase diagram in the meanfield approximation have been derived from a somewhat different perspective
in Ref. [20] (see Problem 14.3). Quantum Monte Carlo calculations of the phase diagram yield for the $\sigma=1$ state and a three-dimensional cubic lattice $(z=6)$ the result $J_{\max } / U=0.03408$ [21], which is $19 \%$ larger than the mean-field value.

It is instructive to derive the above results from energy considerations. In the absence of the repulsive energy, the ground state of the system is that in which all particles occupy the single-particle Bloch state with wave number zero. This state has energy per particle $2 z J$ lower than the system with $J=0$. Tunnelling therefore favours coherence between neighbouring sites. By contrast, the repulsive energy favours distributing the particles as evenly as possible over the sites. To illustrate this, consider a state of the form introduced by Gutzwiller [22],

$$
\begin{equation*}
|\Psi\rangle=\prod_{i=1}^{N_{\mathrm{lat}}} \sum_{\sigma} c_{\sigma}\left(\hat{a}_{i}^{\dagger}\right)^{\sigma}|0\rangle \tag{14.131}
\end{equation*}
$$

where the $c_{\sigma}$ are coefficients. Since the expectation value of $\hat{a}_{i}$ vanishes identically for a state which is an eigenstate of the number operator $\hat{n}_{i}$, the state must necessarily be a superposition of components with differing numbers of particles in order for it to have a non-zero value of $\psi$.

First we calculate the energy in the absence of tunnelling for such a state. The problem is similar to that of calculating the energy of an atom as a function of the electric dipole moment, which we imagine to have been created by an electric field $\mathcal{E}$. The Hamiltonian is $H=H_{0}-\mathbf{d} \cdot \mathcal{E}$. To first order in the electric field, the expectation value of the dipole moment is given by $<\mathbf{d}>=\alpha \mathcal{E}$ and to second order in the field, the change in the expectation value of the Hamiltonian is $-\alpha \mathcal{E}^{2} / 2=-<\mathbf{d}>^{2} / 2 \alpha$. Thus the energy with the external field term omitted, that is the expectation value of the operator $H_{0}$, is $-<\mathbf{d}>^{2} / 2 \alpha+<\mathbf{d}>\cdot \mathcal{E}=<\mathbf{d}>^{2} / 2 \alpha$. The analogous calculation for the energy as a function of $\psi$ gives an energy of $<\hat{a}_{i}+\hat{a}_{i}^{\dagger}>^{2} / 2 \alpha_{\psi}^{0}=$ $(2 \psi)^{2} / 2 \alpha_{\psi}^{0}$ per site. We turn now to the tunnelling contribution to the energy. Because there are no correlations between different sites in the state (14.131), the expectation value of the Hamiltonian (14.120) is given by $-N_{\text {lat }} z J \psi^{2}$, since there are $N_{\text {lat }} z / 2$ independent nearest-neighbour pairs, each of which contributes an energy $-2 J \psi^{2}$. The total energy is therefore

$$
\begin{equation*}
<\hat{K}>=N_{\mathrm{lat}}\left(-z J \psi^{2}+\frac{(2 \psi)^{2}}{2 \alpha_{\psi}^{0}}\right)=N_{\mathrm{lat}}\left(\frac{2}{\alpha_{\psi}^{0}}-z J\right) \psi^{2} \tag{14.132}
\end{equation*}
$$

From this expression we may identify the polarizability per site $\alpha_{\psi}$, which includes the effects of tunnelling between sites, by writing the energy as
$<\hat{K}>/ N_{\text {lat }}=2 \psi^{2} / \alpha_{\psi}$, and one finds

$$
\begin{equation*}
\alpha_{\psi}=\frac{\alpha_{\psi}^{0}}{1-z J \alpha_{\psi}^{0} / 2} . \tag{14.133}
\end{equation*}
$$

This is the same result as one obtains by a mean-field argument, that the system behaves as though it were isolated sites responding to a field given by the external field $F$ plus an internal field $z J \psi$ :

$$
\begin{equation*}
2 \psi=\alpha_{\psi}^{0}(F+z J \psi) \tag{14.134}
\end{equation*}
$$

Solving for $\psi$ gives Eq. (14.133) for the polarizability per site.
The quantity $\psi$ plays the role of an order parameter for the insulator-to-superfluid transition, and one may develop a theory of the properties of the system close to the transition in the spirit of Landau's theory of second-order phase transitions [23]. To calculate the equilibrium value of $\psi$ when the insulating state is unstable, it is necessary to calculate higherorder terms in $\psi$. By symmetry, there can be no cubic term, since the thermodynamic potential is independent of the phase of $\psi$, so the leading terms in the expansion are

$$
\begin{equation*}
K=K_{0}+A \psi^{2}+B \psi^{4}, \tag{14.135}
\end{equation*}
$$

where, from Eq. (14.132) $A=N_{\text {lat }}\left(2 / \alpha_{\psi}^{0}-z J\right)$. The equilibrium value of $\psi$ is obtained by minimizing the thermodynamic potential with respect to $\psi$. If $A$ is positive, the equilibrium value of $\psi$ is zero, while for negative $A$,

$$
\begin{equation*}
\psi^{2}=-\frac{A}{2 B} . \tag{14.136}
\end{equation*}
$$

Supercurrents may be studied by considering states in which the order parameter $\psi_{j}$ depends on the site. Consider the state in which

$$
\begin{equation*}
\psi_{j}=\psi_{\mathbf{k}} \mathrm{e}^{i \mathbf{k} \cdot \mathbf{R}_{j}} . \tag{14.137}
\end{equation*}
$$

The contribution to the repulsive energy does not depend on the phase of $\psi$, whereas the tunnelling term is modified because for the Gutzwiller wave function, $<\hat{a}_{i}^{\dagger} \hat{a}_{j}+\hat{a}_{j}^{\dagger} \hat{a}_{i}>=2\left|\psi_{\mathbf{k}}\right|^{2} \cos \left[\mathbf{k} \cdot\left(\mathbf{R}_{i}-\mathbf{R}_{j}\right)\right]$. Thus the tunnelling contribution to the thermodynamic potential is $z J_{\mathbf{k}}\left|\psi_{\mathbf{k}}\right|^{2}$, where $J_{\mathbf{k}}$ is given by Eq. (14.57). One finds for the total thermodynamic potential

$$
\begin{equation*}
K=K_{0}+A_{\mathbf{k}}\left|\psi_{\mathbf{k}}\right|^{2}+B\left|\psi_{\mathbf{k}}\right|^{4}, \tag{14.138}
\end{equation*}
$$

where $A_{\mathbf{k}}=N_{\text {lat }}\left(2 / \alpha_{\psi}^{0}-z J_{\mathbf{k}}\right)$. The equilibrium value of the order parameter is given by

$$
\begin{equation*}
\left|\psi_{\mathbf{k}}\right|^{2}=-\frac{A_{\mathbf{k}}}{2 B} . \tag{14.139}
\end{equation*}
$$

Since $J_{\mathbf{k}} \leq J$, this shows that 'twisting' the order parameter decreases its magnitude, and it vanishes when $A_{\mathbf{k}}=0$. As an example, let us consider atoms in a simple cubic lattice close to the transition between the superfluid and insulating phases. For this case, the relevant wave numbers are small compared with the lattice spacing, and for small $k, J_{\mathbf{k}} \simeq J-\hbar^{2} k^{2} / 2 m^{*} z$, where $m^{*}$ is given by Eq. (14.54). Thus the maximum wave number $k_{0}$ for which a condensate is stable is given for small $\left|A_{k=0}\right|$ by

$$
\begin{equation*}
k_{0}^{2}=\frac{2 m^{*}}{N_{\mathrm{lat}} \hbar^{2}}\left|A_{k=0}\right|, \tag{14.140}
\end{equation*}
$$

and the order parameter is given by

$$
\begin{equation*}
\left|\psi_{k}\right|^{2}=\left|\psi_{k=0}\right|^{2}\left(1-\frac{k^{2}}{k_{0}^{2}}\right) \tag{14.141}
\end{equation*}
$$

### 14.5.2 Effect of trapping potential

So far, we have neglected the effect of the trapping potential on the properties of atoms in an optical lattice. We saw below Eq. (14.118) that, in the absence of tunnelling, the chemical potential is a discontinuous function of the average number of atoms per site. For integer occupancy, the state is incompressible, since the chemical potential jumps discontinuously at that point and, consequently, the bulk modulus $B=n^{2} d \mu / d n$, Eq. (14.36), is infinite. For other occupancies, the state is infinitely compressible, and thus cannot sustain pressure gradients. Thus in equilibrium in a trap, the only states that will be present are those with integral occupancy, and the density profile will have a step-like structure, with integer occupancy of all sites, the highest occupancies being at the centre of the trap. When tunnelling occurs, the Bose-Einstein condensed phase will have a finite, non-zero compressibility and, in a trap, the insulating phases will be separated by layers of the Bose-Einstein condensed phase, provided the tunnelling matrix element is sufficiently large compared with the on-site repulsion [3].

### 14.5.3 Experimental detection of coherence

Evidence for the superfluid-to-insulator transition was provided by the experiments of Greiner et al. [7]. The basic idea behind the experiments is that, if one allows the cloud of atoms to expand by switching off the lattice potential and any other trapping potential, an interference pattern will be produced if there is coherence between the phases of the atoms on different sites, as there is in the Bose-Einstein condensed state, whereas there will
be only a rather smooth distribution of atoms if there is no coherence, as is the case for the insulating state. We saw in Sec. 13.2 how interference of two expanding clouds with well-defined phases produces an interference pattern, and we now generalize the treatment to a regular one-dimensional array of $N_{\text {lat }}$ sources with the same phase located at points $\mathbf{r}_{j}=j \mathbf{d}$, where the integer $j$ varies between 0 and $N_{\text {lat }}-1$. This situation corresponds to that for the Bose-Einstein condensed phase. We assume as before that the initial wave function on each lattice site is Gaussian, neglect interactions between particles, and consider the situation when the size of the expanded cloud is large compared with the initial length of the array. The width of the individual packets $R_{t}$ is then large compared with the initial extent $R_{0}$ and the component of the wave function from site $j$ has a phase factor $\exp \left[i m\left(\mathbf{r}-\mathbf{r}_{j}\right)^{2} / 2 \hbar t\right]$. Provided $m\left(N_{\text {lat }} d\right)^{2} / \hbar t \ll 1$, the sum of the contributions to the wave function is given by

$$
\begin{gather*}
\sum_{j} \exp \left[i m\left(\mathbf{r}-\mathbf{r}_{j}\right)^{2} / 2 \hbar t\right] \simeq \exp \left(i m r^{2} / 2 \hbar t\right) \sum_{j} \exp \left(-i m \mathbf{r} \cdot \mathbf{r}_{j} / \hbar t\right) \\
=\exp \left\{i m\left[r^{2}-\left(N_{\mathrm{lat}}-1\right) \mathbf{r} \cdot \mathbf{d}\right] / 2 \hbar t\right\} \frac{\sin \left(N_{\mathrm{lat}} m \mathbf{r} \cdot \mathbf{d} / 2 \hbar t\right)}{\sin (m \mathbf{r} \cdot \mathbf{d} / 2 \hbar t)} \tag{14.142}
\end{gather*}
$$

This shows that the particle density is given by

$$
\begin{equation*}
n(\mathbf{r}) \propto \frac{\sin ^{2}\left(N_{\mathrm{lat}} m \mathbf{r} \cdot \mathbf{d} / 2 \hbar t\right)}{\sin ^{2}(m \mathbf{r} \cdot \mathbf{d} / 2 \hbar t)} \tag{14.143}
\end{equation*}
$$

This is similar to the pattern from a diffraction grating, and the peaks become sharper as the number of sources increases. The calculation may be extended straightforwardly to two- and three-dimensional arrays, and the maxima of the intensity fall at points in space lying on a lattice which is reciprocal to the original array, with a lattice spacing that is proportional to the expansion time. To understand this result from another point of view, consider the expansion process in momentum space. For definiteness, let us consider atoms in the lowest Bloch state for an optical lattice. The state has wave vector $\mathbf{k}=0$ but, because of the periodic lattice, the wave function for an infinite array will have non-vanishing Fourier components only for wave vectors $\mathbf{K}_{\tau}$ corresponding to the vectors of the lattice reciprocal to the original array. ${ }^{6}$ When the lattice potential is switched off, the various Fourier components will evolve independently of each other, if the effects of interaction between atoms may be neglected. Therefore, after expansion for

[^45]a time $t$ the Fourier component with wave vector $\mathbf{K}_{\tau}$, which propagates at a velocity $\hbar \mathbf{K}_{\tau} / m$, will have travelled a distance $\hbar \mathbf{K}_{\tau} t / m$ and will therefore produce an intensity maximum around the point $\mathbf{r}=\hbar \mathbf{K}_{\tau} t / \mathrm{m}$. Observation of the spatial density distribution of a cloud that has been allowed to expand freely amounts to performing a time-of-flight analysis of the velocity spectrum of the original cloud.

When there is no coherence between different sites, as in the insulating phases, interference effects are smeared out, and for intermediate situations, in which the cloud has alternating layers of the Bose-Einstein condensed phase and insulating phases, one expects interference fringes, but with an intensity less than that for a pure Bose-Einstein condensed phase. For a more detailed discussion of aspects of coherence in optical lattices, see Ref. [24].
With increasing strength of the optical lattice, tunnelling between sites is suppressed and the on-site repulsion is increased, thereby favouring the appearance of insulating phases. Experimentally, a magnetic trap with a superimposed optical lattice was loaded with up to 2.5 atoms per site for various strengths of the optical lattice. The trap and the lattice were then switched off, thereby allowing the cloud to expand. These observations show that the system undergoes a transition from a state with coherence between different sites (which gives rise to an interference pattern) for low lattice strengths to a state with no coherence for higher lattice strengths [7].

## Problems

Problem 14.1 A two-dimensional triangular lattice may be generated by superposing three beams with wave vectors in a plane perpendicular to their common direction of polarization. Choose all three electric field vectors in Eq. (14.15) to be identical, given by $\mathcal{E}_{i}=\left(0,0, \mathcal{E}_{0}\right)$, and take the wave vectors to be $\mathbf{q}_{1}=(1,0,0) q, \mathbf{q}_{2}=(-1 / 2, \sqrt{3} / 2,0) q$ and $\mathbf{q}_{3}=(-1 / 2,-\sqrt{3} / 2,0) q$. The phases $\delta_{i}$ are assumed to be identical. Show that the intensity, averaged over one period of the oscillation, has its maximum value at the origin in the $x y$ plane. Find the points on the $x$ and $y$ axes where the intensity acquires its extremal values, and determine the positions of points of maximum and minimum intensity in the $x y$ plane. Determine the intensity in the vicinity of a maximum and a minimum. Make a contour plot of the intensity and compare it with your analytical results.
Problem 14.2 Use a trial function of the form

$$
\psi=\sqrt{n} e^{i k x}\left(\cos \theta+\sin \theta \cos \phi e^{i 2 \pi x / d}+\sin \theta \sin \phi e^{-i 2 \pi x / d}\right)
$$

where $\theta$ and $\phi$ are variational parameters, to determine the band structure near the zone centre $(k=0)$ in the absence of interactions. Show that the magnitude of the $k=0$ energy gap is equal to $V_{0}^{2} / 32 E_{0}$. Next, include the interaction energy and investigate the stationary points of the total energy, e.g. by making contour plots in the $\theta-\phi$ plane for different choices of $k$.

Problem 14.3 An alternative route to obtaining results for the superfluid to insulator transition in mean-field theory is to write $\hat{a}_{i}=\psi+\left(\hat{a}_{i}-\psi\right)$ and $\hat{a}_{i}^{\dagger}=\psi+\left(\hat{a}_{i}^{\dagger}-\psi\right)$, where $<\hat{a}_{i}>=<\hat{a}_{i}^{\dagger}>=\psi$ in the hopping term in the Hamiltonian (14.119). Neglect of terms quadratic in the fluctuations gives [20]

$$
\hat{K}=-J z \sum_{i}\left[\psi\left(\hat{a}_{i}^{\dagger}+\hat{a}_{i}\right)-\psi^{2}\right]-\mu \sum_{i} \hat{n}_{i}+\frac{1}{2} U \sum_{i} \hat{n}_{i}\left(\hat{n}_{i}-1\right)
$$

This is a sum of single-site terms, and therefore one may drop the index $i$ and consider a single term. When $J=0$, the corresponding zero-order eigenvalue of $\hat{K}$ for a state containing precisely one particle ( $n=1$ ) per site is $K_{1}^{(0)}=-\mu$.
a) Show that the matrix corresponding to $\hat{K}$ in the basis of states $|n\rangle$ with $n=0,1$ and 2 is

$$
\left(\begin{array}{ccc}
J z \psi^{2} & -J z \psi & 0 \\
-J z \psi & J z \psi^{2}-\mu & -\sqrt{2} J z \psi \\
0 & -\sqrt{2} J z \psi & J z \psi^{2}-2 \mu+U
\end{array}\right)
$$

b) Find the contribution of order $\psi^{2}$ to the zero-order eigenvalue $K_{1}^{(0)}$ and use this to determine the coefficient of the second-order term in (14.132).
c) Calculate the $\psi^{4}$ contribution to the same eigenvalue. (Only states with $n=0,1,2$ and 3 enter the calculation since the matrix is tridiagonal, and non-diagonal matrix elements are proportional to $\psi$.)
d) By minimizing the thermodynamic potential $K$ as a function of $\psi$ including terms up to order $\psi^{4}$, determine the equilibrium value of $\psi$ as a function of $J z / U$ for $\mu / U=\sqrt{2}-1$.

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## 15

## Lower dimensions

The ability to vary the force constants of a trapping potential makes it possible to create very elongated or highly flattened clouds of atoms. This opens up the study of Bose-Einstein condensation in lower dimensions, since motion in one or more directions may then effectively be frozen out at sufficiently low temperatures. In a homogeneous system Bose-Einstein condensation cannot take place at non-zero temperatures in one or two dimensions, but in traps the situation is different because the trapping potential changes the energy dependence of the density of states. This introduces a wealth of new phenomena associated with lower dimensions which have been explored both theoretically and experimentally. A general review may be found in the lecture notes Ref. [1].

For a system in thermal equilibrium, the condition for motion in a particular direction to be frozen out is that the energy difference between the ground state and the lowest excited state for the motion must be much greater than the thermal energy $k T$. This energy difference is $\hbar \omega_{i}$ if interactions are unimportant for the motion in the $i$ direction. If the interaction energy $n U_{0}$ is large compared with $\hbar \omega_{i}$ and the trap is harmonic, the lowest excited state is a sound mode with wavelength comparable to the spatial extent of the cloud in the $i$ direction. The sound speed is $s \sim\left(n U_{0} / m\right)^{1 / 2}$, where $n$ is a typical particle density and the extent $R_{i}$ of the cloud in the $i$ direction is given in the Thomas-Fermi approximation by $n U_{0} \sim m \omega_{i}^{2} R_{i}^{2} / 2$, and therefore the lowest excitation energy is $\sim \hbar s / R_{i} \sim \hbar \omega_{i}$. Thus, in harmonic traps, the condition for motion to be frozen out is $\hbar \omega_{i} \gg k T$, irrespective of whether or not interactions are important.

In early experiments, Görlitz et al. [2] created optical and magnetic traps with ratios between trap frequencies in excess of one hundred. When motion is frozen out in one or two directions, clouds become pancake-like or pencillike, respectively. Another technique for tightly confining atoms that has
been exploited experimentally is to apply an optical lattice. Atoms are forced to lie close to the minima of the optical lattice potential and the cloud splits up into many two-dimensional systems for a one-dimensional lattice, and one-dimensional systems for a two-dimensional lattice [3].

In this chapter, we begin by considering Bose-Einstein condensation in lower dimensions, and show how phase fluctuations tend to destroy it. Section 15.1 is a brief account of Bose-Einstein condensation for uniform ideal gases, which is followed in Sec. 15.2 by a discussion for interacting Bose gases. This leads to the notion of a quasicondensate, which describes situations where there is phase coherence over distances large compared with typical microscopic distances, but small compared with the size of the system. Vortices in two-dimensional systems are discussed in the context of the Berezinskii-Kosterlitz-Thouless transition [4,5], at which the superfluid density jumps from zero above the transition temperature to a value proportional to the transition temperature. The microscopic theory of phase fluctuations in traps is considered in Sec. 15.3 on the basis of the Bogoliubov theory given in Chapter 8. Section 15.4 describes a one-dimensional model, the uniform Bose gas with a repulsive delta-function interaction, the so-called Lieb-Liniger model, which can be solved exactly [6]. In the limit when the strength of the interaction tends to infinity, the system is referred to as a Tonks [7] or Tonks-Girardeau gas and its energy spectrum resembles that of a one-dimensional gas of non-interacting fermions, as shown by Girardeau [8]. We shall discuss the properties of the Lieb-Liniger model, first in the Tonks-Girardeau limit and then for general interaction strengths, starting with a treatment for two particles. Properties considered include the ground-state energy, the two-particle correlation function and the momentum distribution.

### 15.1 Non-interacting gases

In Sec. 2.2, we have seen that the ideal, uniform Bose gas in three dimensions undergoes a transition at $T_{\mathrm{c}}$ : the chemical potential is essentially zero below $T_{\mathrm{c}}$ and temperature-dependent above. In $D$ dimensions, the density of single-particle states is proportional to $\epsilon^{D / 2-1}$, and therefore with decreasing $D$, the density of states at low energies increases relative to that at higher energies. As a consequence, in dimensions less than two, the chemical potential remains sufficiently negative that there is never macroscopic occupancy of the lowest state in the limit of a large number of particles. We now examine the case of a uniform Bose gas in two dimensions. The number of particles is given by

$$
\begin{equation*}
N=\sum_{i} \frac{1}{e^{\left(\epsilon_{i}-\mu\right) / k T}-1} \tag{15.1}
\end{equation*}
$$

If we replace the sum over states by an integral, $\sum_{i} \rightarrow \mathcal{A} \int 2 \pi p d p /(2 \pi \hbar)^{2}$, where $\mathcal{A}$ is the area of the system, one finds that

$$
\begin{equation*}
N=\mathcal{A} \int_{0}^{\infty} \frac{2 \pi p d p}{(2 \pi \hbar)^{2}} \frac{1}{e^{\left(\epsilon_{i}-\mu\right) / k T}-1}=-\frac{\mathcal{A} m k T}{2 \pi \hbar^{2}} \ln \left(1-e^{-|\mu| / k T}\right) \tag{15.2}
\end{equation*}
$$

or

$$
\begin{equation*}
\mu=k T \ln \left(1-e^{-T_{2 \mathrm{D}} / T}\right) \tag{15.3}
\end{equation*}
$$

where

$$
\begin{equation*}
T_{2 \mathrm{D}}=\frac{2 \pi \hbar^{2} n_{2 \mathrm{D}}}{m k} \tag{15.4}
\end{equation*}
$$

with $n_{2 \mathrm{D}}=N / \mathcal{A}$ being the number of particles per unit area.
At the temperature $T_{2 \mathrm{D}}$, effects of quantum degeneracy set in, since there the thermal de Broglie wavelength is comparable to the interparticle separation. For temperatures large compared with $T_{2 \mathrm{D}}$ the chemical potential behaves like that for a Boltzmann gas, $\mu \simeq-k T \ln \left(m k T / 2 \pi \hbar^{2} n_{2 \mathrm{D}}\right)$ while for $T \ll T_{2 \mathrm{D}}$ the chemical potential approaches zero as $\mu \simeq-k T e^{-T_{2 \mathrm{D}} / T}$. Unlike in the three-dimensional case, it is unnecessary to separate out the lowest state for special treatment provided $|\mu| \gg \hbar^{2} / m \mathcal{A}$, since under these conditions the occupancy of the lowest level for $T \lesssim T_{2 \mathrm{D}}$ is $N_{0} \simeq k T /|\mu| \simeq e^{T_{2 \mathrm{D}} / T}$. This becomes of order the total number of particles $N$ only if $T \lesssim T_{2 \mathrm{D}} / \ln N$ which is vanishingly small in the thermodynamic limit, $N \rightarrow \infty, \mathcal{A} \rightarrow \infty, N / \mathcal{A} \rightarrow$ constant. This demonstrates that at any non-zero temperature, Bose-Einstein condensation for a uniform twodimensional system cannot occur in the limit of a large system. Similar arguments apply in one dimension. For a one-dimensional system, the effects of quantum statistics become important at a temperature of order $T_{1 \mathrm{D}}$, where

$$
\begin{equation*}
T_{1 \mathrm{D}}=\frac{\hbar^{2}}{m k} n_{1 \mathrm{D}}^{2} \tag{15.5}
\end{equation*}
$$

as is to be expected on the basis of dimensional arguments. Here

$$
\begin{equation*}
n_{1 \mathrm{D}}=\frac{N}{L} \tag{15.6}
\end{equation*}
$$

is the one-dimensional density, $L$ being the length of the system.

### 15.2 Phase fluctuations

As we have seen in Sec. 7.2, the long-wavelength excitations of a BoseEinstein condensed gas are phonons, not free particles, and in lower dimensions, phase fluctuations associated with phonons can destroy Bose-Einstein condensation, as we now show. In this section we describe the case of a uniform gas, and in Sec. 15.3 we shall develop, in the context of trapped gases, a formalism that takes into account fluctuations on all wavelength scales. Consider a system that in the absence of long-wavelength fluctuations is a Bose-Einstein condensate. We shall investigate how phase fluctuations affect the system, and we shall treat these classically. In $D$ dimensions, the density has dimensions of (length) ${ }^{-D}$, and we shall denote deviations of the density from its average value by $\delta n(\mathbf{r})$. For $\delta n \ll n$ and for small values of the superfluid velocity $\mathbf{v}=(\hbar / m) \boldsymbol{\nabla} \phi$, Eq. (7.14), the energy is given by

$$
\begin{equation*}
E=E_{0}+\int d^{(D)} r\left(\frac{1}{2} m n_{\mathrm{s}} \mathbf{v}^{2}+\frac{1}{2} U^{(D)}(\delta n)^{2}\right) \tag{15.7}
\end{equation*}
$$

where $U^{(D)}$ is an effective interaction strength for long-wavelength excitations and $n_{\mathrm{s}}$ is the superfluid density. We shall assume that the temperature is so low that thermal excitations are unimportant, and therefore take $n_{\mathrm{s}}$ to be equal to the total density $n$. The first term in the integral of Eq. (15.7) is the kinetic energy, and the second is the change in the interaction energy. The first-order term in $\delta n$ vanishes because we consider only fluctuations that leave the total number of particles unchanged. For a dilute gas in three dimensions, this energy functional reduces to the one in the Gross-Pitaevskii approach described in Sec. 7.1 if one identifies $n_{\mathrm{s}}$ with the total density and $U^{(D)}$ with $U_{0}$ and neglects the quantum pressure term, which plays no role at long wavelengths. However, the present formulation is more general, in that it is not restricted to systems with weak correlations, and this will be important when we consider the one-dimensional case. The energy expression (15.7) has the standard form for linearized ideal-fluid hydrodynamics, and long-wavelength excitations are sound waves with velocity $s=\left(n U^{(D)} / m\right)^{1 / 2}$. In general the effective long-wavelength interaction is given by $U^{(D)}=\partial^{2} \mathcal{E} / \partial n^{2}$, where $\mathcal{E}=E / V_{D}$ with $V_{D}$ being the volume of the system in $D$ dimensions, since this ensures that the sound velocity obtained from the energy expression is consistent that calculated from thermodynamics. The long-wavelength form is applicable for wavelengths large compared with a cut-off length $\xi_{\mathrm{c}} \sim \hbar /\left(m n U^{(D)}\right)^{1 / 2}$ that is analogous to the coherence length (6.62) for the Gross-Pitaevskii case.
We now calculate the mean-square fluctuations of the density and phase
associated with a mode of wave vector $\mathbf{q}$. In thermal equilibrium, the occupancy of the mode is given by the Planck function $\left(e^{\epsilon_{\mathbf{q}} / k T}-1\right)^{-1}$. For $k T \gg \epsilon_{\mathbf{q}}$, the total energy in the mode is therefore $k T$, while the mean kinetic energy in the mode is $k T / 2$. In terms of the velocity $\mathbf{v}_{\mathbf{q}}=V_{D}^{-1} \int d^{(D)} r e^{-i \mathbf{q} \cdot \mathbf{r}} \mathbf{v}(\mathbf{r})$ associated with the mode, the kinetic energy is given by $m n<\mathbf{v}_{\mathbf{q}} \cdot \mathbf{v}_{\mathbf{q}}^{*}>V_{D} / 2$. To relate the velocity field to the phase $\phi$ of the condensate wave function, we write $\phi(\mathbf{r})=\sum_{\mathbf{q}} \phi_{\mathbf{q}} e^{i \mathbf{q} \cdot \mathbf{r}}$ and use the relation (7.14) for the superfluid velocity, from which it follows that $\mathbf{v}_{\mathbf{q}}=i(\hbar \mathbf{q} / m) \phi_{\mathbf{q}}$, and therefore

$$
\begin{equation*}
<\left|\phi_{\mathbf{q}}\right|^{2}>=\frac{m k T}{N \hbar^{2}} \frac{1}{q^{2}} \tag{15.8}
\end{equation*}
$$

Since different modes are uncorrelated, one finds for the variance of $\phi(\mathbf{r})$ due to long-wavelength modes the expression

$$
\begin{equation*}
<\phi^{2}>=\sum_{\mathbf{q}, q<q_{\max }}<\left|\phi_{\mathbf{q}}\right|^{2}>\simeq \frac{m k T}{N \hbar^{2}} \frac{V_{D}}{(2 \pi)^{D}} \int^{\prime} \frac{d^{(D)} q}{q^{2}} \tag{15.9}
\end{equation*}
$$

The prime on the integration sign means that the integral over the magnitude of the wave vector is restricted by $1 / L<q<q_{\max }$, the lower limit on $q$ being set by the linear size of the system $L \sim V_{D}^{1 / D}$. In three dimensions the integral converges at long wavelengths. In two dimensions it diverges logarithmically,

$$
\begin{equation*}
<\phi^{2}>\simeq \frac{T}{T_{2 \mathrm{D}}} \ln \left(q_{\max } L\right), \quad(D=2) \tag{15.10}
\end{equation*}
$$

with $T_{2 \mathrm{D}}$ given by Eq. (15.4), and in one dimension it diverges linearly,

$$
\begin{equation*}
<\phi^{2}>\sim \frac{m k T}{2 \pi n_{1 \mathrm{D}} \hbar^{2}} L, \quad(D=1) \tag{15.11}
\end{equation*}
$$

The cut-off wave number $q_{\text {max }}$ specifies where the long-wavelength approximation for the fluctuation spectrum fails. This can occur either because the classical approximation becomes invalid, which happens when the phonon energy $\hbar s q$ becomes comparable with $k T$, i.e. $q \sim k T / \hbar s$, or because dispersion of the phonons becomes important, which occurs for $q \sim 1 / \xi_{\mathrm{c}}$. Thus $q_{\text {max }}$ is the lesser of these two values of $q$.

In a similar way one may estimate the size of density fluctuations. The compressional energy in a mode is given by $U^{(D)}\left|\delta n_{\mathbf{q}}\right|^{2} V_{D} / 2$, where $\delta n_{\mathbf{q}}$ is the density fluctuation associated with the mode, from which one finds that

$$
\begin{equation*}
\frac{\left.\langle | \delta n_{\mathbf{q}}\right|^{2}>}{n^{2}}=\frac{k T}{U^{(D)} n^{2} V_{D}}=\frac{k T}{N m s^{2}} \tag{15.12}
\end{equation*}
$$

The variance of the density at any point is given by

$$
\begin{equation*}
\frac{<[\delta n(\mathbf{r})]^{2}>}{n^{2}} \simeq \sum_{\mathbf{q}, q<q_{\max }} \frac{k T}{N m s^{2}} \tag{15.13}
\end{equation*}
$$

which converges at long wavelengths. Thus at sufficiently low temperatures density fluctuations are small; for example, in two dimensions the number of modes for which the magnitude of the wave vector is less than $q_{\max }$ is $\mathcal{A} q_{\text {max }}^{2} / 4 \pi$. Since $q_{\text {max }} \lesssim m s / \hbar$ we find

$$
\begin{equation*}
\frac{<\delta n(\mathbf{r})^{2}>}{n^{2}} \lesssim \frac{T}{T_{2 \mathrm{D}}}, \quad(D=2) \tag{15.14}
\end{equation*}
$$

where $T_{2 \mathrm{D}}$ is given by Eq. (15.4).

## Phase correlations

We now calculate how phase fluctuations affect the one-particle density matrix, Eq. (13.106). We adopt the Bogoliubov approximation, and replace $\hat{\psi}$ by a c number $|\psi(\mathbf{r})| e^{i \phi(\mathbf{r})}$, so

$$
\begin{array}{r}
\rho\left(\mathbf{r}^{\prime}, \mathbf{r}^{\prime \prime}\right)=<\left|\psi\left(\mathbf{r}^{\prime}\right)\right|\left|\psi\left(\mathbf{r}^{\prime \prime}\right)\right| e^{i\left[\phi\left(\mathbf{r}^{\prime}\right)-\phi\left(\mathbf{r}^{\prime \prime}\right)\right]}>\left.\simeq \psi\right|^{2}<e^{i\left[\phi\left(\mathbf{r}^{\prime}\right)-\phi\left(\mathbf{r}^{\prime \prime}\right)\right]}> \\
=|\psi|^{2}<\exp \left[i \sum_{\mathbf{q}} \phi_{\mathbf{q}}\left(e^{i \mathbf{q} \cdot \mathbf{r}^{\prime}}-e^{i \mathbf{q} \cdot \mathbf{r}^{\prime \prime}}\right)\right]> \tag{15.15}
\end{array}
$$

where we have neglected fluctuations of the density, which we showed to be small. Since modes with different wave numbers are uncorrelated, we may write

$$
\begin{equation*}
\rho\left(\mathbf{r}^{\prime}, \mathbf{r}^{\prime \prime}\right) \simeq|\psi|^{2} \prod_{\mathbf{q}}<\exp \left[i \phi_{\mathbf{q}}\left(e^{i \mathbf{q} \cdot \mathbf{r}^{\prime}}-e^{i \mathbf{q} \cdot \mathbf{r}^{\prime \prime}}\right)\right]> \tag{15.16}
\end{equation*}
$$

In a large system, the contribution to the phase change from one mode varies as $1 / V_{D}^{1 / 2}$ so, neglecting terms of relative order $1 / V_{D}^{2}$, we may write

$$
\begin{gather*}
<\exp \left[i \phi_{\mathbf{q}}\left(e^{i \mathbf{q} \cdot \mathbf{r}^{\prime}}-e^{i \mathbf{q} \cdot \mathbf{r}^{\prime \prime}}\right)\right]>=1-\frac{1}{2}<\left|\phi_{\mathbf{q}}\left(e^{i \mathbf{q} \cdot \mathbf{r}^{\prime}}-e^{i \mathbf{q} \cdot \mathbf{r}^{\prime \prime}}\right)\right|^{2}> \\
=1-<\left|\phi_{\mathbf{q}}\right|^{2}>(1-\cos \mathbf{q} \cdot \mathbf{r}) \simeq \exp \left[-<\left|\phi_{\mathbf{q}}\right|^{2}>(1-\cos \mathbf{q} \cdot \mathbf{r})\right] \tag{15.17}
\end{gather*}
$$

where $\mathbf{r}=\mathbf{r}^{\prime}-\mathbf{r}^{\prime \prime}$, and therefore

$$
\begin{equation*}
\rho\left(\mathbf{r}^{\prime}, \mathbf{r}^{\prime \prime}\right) \simeq|\psi|^{2} \exp \left(-<[\Delta \phi(\mathbf{r})]^{2}>/ 2\right) . \tag{15.18}
\end{equation*}
$$

Here

$$
\begin{equation*}
<[\Delta \phi(\mathbf{r})]^{2}>=<\left[\phi\left(\mathbf{r}^{\prime}\right)-\phi\left(\mathbf{r}^{\prime \prime}\right)\right]^{2}>=2 \sum_{\mathbf{q}, q<q_{\max }}<\left|\phi_{\mathbf{q}}\right|^{2}>(1-\cos \mathbf{q} \cdot \mathbf{r}) . \tag{15.19}
\end{equation*}
$$

In three dimensions, thermal phase fluctuations decrease the magnitude of the density matrix at large separations, but the long-range order remains. It is left as an exercise (Problem 15.1) to demonstrate this.

We turn now to two dimensions, where the behaviour is different. For large $r$, the integral in Eq. (15.19), with $\left.\left.\langle | \phi_{\mathbf{q}}\right|^{2}\right\rangle$ given by Eq. (15.8), is cut off at small $q$ by the cosine term, which introduces an effective lower limit at $q \sim 1 / r$. Taking $r$ to be much greater than $r_{\mathrm{m}} \equiv 1 / q_{\max }$ we can use Eq. (15.8) for the long-wavelength limit of the phase fluctuations, and this gives

$$
\begin{equation*}
<[\Delta \phi(\mathbf{r})]^{2}>\simeq \frac{m k T}{\pi \hbar^{2} n_{2 \mathrm{D}}} \int_{1 / r}^{1 / r_{\mathrm{m}}} \frac{d q}{q}=2 \eta \ln \left(r / r_{\mathrm{m}}\right) \tag{15.20}
\end{equation*}
$$

Here

$$
\begin{equation*}
\eta \equiv \frac{T}{T_{2 \mathrm{D}}} \tag{15.21}
\end{equation*}
$$

where $T_{2 \mathrm{D}}$ is defined in Eq. (15.4). The behaviour of the density matrix for large values of $r$ is therefore given by

$$
\begin{equation*}
\rho(\mathbf{r}) \propto e^{-<[\Delta \phi(\mathbf{r})]^{2}>/ 2}=\left(\frac{r_{\mathrm{m}}}{r}\right)^{\eta} \tag{15.22}
\end{equation*}
$$

The fact that the density matrix tends to zero as $r \rightarrow \infty$ shows that there is no Bose-Einstein condensation (see Sec. 13.5.1). Despite the absence of long-range phase coherence, the superfluid density is non-zero. One speaks of a 'quasicondensate' to indicate that the behaviour of the density matrix is intermediate between that of a Bose-Einstein condensate, for which $\rho(\mathbf{r})$ tends to a constant at large $r$, and that of a normal system, in which $\rho(\mathbf{r})$ drops towards zero over a typical microscopic distance. The physical picture is one of finite regions where the phase is well correlated, but with relatively weak phase correlations between different regions. The distance over which there is good phase correlation may be estimated from Eq. (15.20), and one sees that typical phase differences are less than one radian for distances less than $L_{\phi}$ given by

$$
\begin{equation*}
L_{\phi} \sim r_{\mathrm{m}} e^{T_{2 \mathrm{D}} / 2 T} \tag{15.23}
\end{equation*}
$$

which at low temperatures is much greater than typical microscopic length scales. The power-law decay is similar to that of correlations in a system at a critical point, as opposed to the exponential decay typical for non-critical systems. An unusual feature of the critical exponent $\eta$ for this problem is that it depends on temperature.

The analogous calculation for one dimension at large separation $x$ leads to the result

$$
\begin{equation*}
<[\Delta \phi(x)]^{2}>=\frac{m k T}{\pi n_{1 \mathrm{D}} \hbar^{2}} \int_{-\infty}^{\infty} d q \frac{1-\cos q x}{q^{2}}=\frac{m k T}{n_{1 \mathrm{D}} \hbar^{2}}|x| \tag{15.24}
\end{equation*}
$$

where $n_{1 \mathrm{D}}=N / L$ is the number of particles per unit length. Thus the density matrix decays exponentially,

$$
\begin{equation*}
\rho(x) \simeq n_{1 \mathrm{D}} e^{-|x| / 2 L_{\phi}} \tag{15.25}
\end{equation*}
$$

with

$$
\begin{equation*}
L_{\phi}=\frac{n_{1 \mathrm{D}} \hbar^{2}}{m k T}=\frac{L}{N} \frac{T_{1 \mathrm{D}}}{T} \tag{15.26}
\end{equation*}
$$

The length $L_{\phi}$ is therefore of the order of the square of the thermal de Broglie wavelength divided by the mean separation between particles.

In finite systems, the phase is well correlated throughout the system, which thus behaves as a true condensate, provided the linear dimension of the system $L$ is less than $L_{\phi}$. In two dimensions, this implies that

$$
\begin{equation*}
T \ll \frac{T_{2 \mathrm{D}}}{\ln N} \tag{15.27}
\end{equation*}
$$

and, in one dimension,

$$
\begin{equation*}
T \ll \frac{T_{1 \mathrm{D}}}{N} \tag{15.28}
\end{equation*}
$$

At higher temperatures, phase fluctuations become important, and the system behaves as a quasicondensate.

### 15.2.1 Vortices and the Berezinskii-Kosterlitz-Thouless transition

So far the only excitations we have taken into account are sound waves. As first stressed by Berezinskii [4] and by Kosterlitz and Thouless [5], another type of excitations, vortex lines, play an important role in two-dimensional
systems. Vortices differ fundamentally from sound waves in that the condensate wave function vanishes at the centre of the vortex, so vortices give rise to large local variations of the magnitude of the condensate wave function, and the particle density. From the discussion in Chapter 9, the energy of a vortex in a uniform two-dimensional system calculated in Gross-Pitaevskii theory is (see Eq. (9.18))

$$
\begin{equation*}
E=\pi n_{2 \mathrm{D}} \frac{\hbar^{2}}{m} \ln (L / \xi)+\text { constant } \tag{15.29}
\end{equation*}
$$

where $L$ is the linear dimension of the system and $\xi$ is the coherence length (6.62). The energy of a vortex is non-zero, so at low temperatures the density of vortices is exponentially small, and their only effect is to reduce the superfluid density. However, at a certain temperature, the number of vortices proliferates, thereby giving rise to a jump in the superfluid density. This is referred to as the Berezinskii-Kosterlitz-Thouless (BKT) transition. At non-zero temperature, the quantity determining if it is favourable for vortices to be present is the free energy, $F=E-T S$, where $S$ is the entropy of a vortex. The entropy is given by $S=k \ln \nu$, where $\nu$ is the number of distinct configurations for the vortex, which may be estimated as the ratio between the area of the system $\mathcal{A}=L^{2}$ and the area of the vortex core, $\sim \pi \xi^{2}$, or $\nu \sim(L / \xi)^{2}$. Therefore $S \simeq 2 k \ln (L / \xi)$, and the free energy is given by

$$
\begin{equation*}
F \simeq\left(\pi n_{2 \mathrm{D}} \hbar^{2} / m-2 k T\right) \ln (L / \xi) \tag{15.30}
\end{equation*}
$$

for large values of $L$. When the temperature exceeds the critical value $T_{\mathrm{BKT}}$ given by

$$
\begin{equation*}
T_{\mathrm{BKT}}=\frac{\pi}{2} \frac{\hbar^{2} n_{2 \mathrm{D}}}{m k}=\frac{T_{2 \mathrm{D}}}{4}, \tag{15.31}
\end{equation*}
$$

it is favourable to create vortices. From Eqs. (15.21) and (15.31) one sees that the exponent $\eta$ is equal to $1 / 4$ at the transition temperature. At $T_{\mathrm{BKT}}$ the system undergoes a transition to a normal state in which the one-particle density matrix decays exponentially in space.

As described in Ref. [9], the superfluid density depends on long-range properties of correlations between particle currents, and it is therefore related to the two-particle reduced density matrix. This brings out clearly the fact that Bose-Einstein condensation, which depends on properties of the one-particle density matrix, is not necessary for superfluidity. Conversely, we have seen in the case of the ideal Bose gas that Bose-Einstein condensation does not imply superfluidity.
In the discussion above, we considered only single vortices. However, a
pair of vortices with opposite circulation can form bound states with energies less than that of a single vortex. The energy of two isolated vortices with circulation $h / m$ is $\left(2 \pi \hbar^{2} n_{2 \mathrm{D}} / m\right) \ln (L / \xi)$, while the energy of interaction for separation $d \gg \xi$ is $-\left(2 \pi \hbar^{2} n_{2 \mathrm{D}} / m\right) \ln (L / d)$ (see Eq. (9.23)), so the total energy of a vortex pair is

$$
\begin{equation*}
E_{\text {pair }} \simeq \frac{2 \pi \hbar^{2} n_{2 \mathrm{D}}}{m} \ln (d / \xi) \tag{15.32}
\end{equation*}
$$

For $d \lesssim \xi$, the energy is of order $2 \pi \hbar^{2} n_{2 \mathrm{D}} / m$, which is small compared with the energy of an isolated vortex when $\ln (L / \xi) \gg 1$. Thus, in large systems, a vortex pair is more favourable energetically than two widely separated vortices. The BKT transition may be thought of as the unbinding of bound pairs of vortices and has a close analogy to the melting of two-dimensional solids. A detailed discussion may be found in Ref. [10]. Experimental evidence for the observation of the BKT transition in a cloud of ${ }^{87} \mathrm{Rb}$ atoms has been presented in Ref. [11]. Above $T_{\mathrm{BKT}}$, the algebraic decay of the density matrix found below $T_{\mathrm{BKT}}$ is replaced by an exponential decay and the system is normal.

### 15.3 Microscopic theory of phase fluctuations

In Sec. 8.2, we derived expressions for the excitations of a trapped gas by considering small fluctuations of $\hat{\psi}(\mathbf{r})$ and $\hat{\psi}^{\dagger}(\mathbf{r})$ from the c-number value corresponding to the Gross-Pitaevskii ground state. There fluctuations were assumed to be small, in particular that changes of the phase are small compared with one radian. We have seen in Sec. 15.1 that in low dimensions, phase fluctuations can become large, and therefore it is necessary to extend the treatment in Sec. 8.2 to allow for larger phase variations [12]. To this end, we write the annihilation operator $\hat{\psi}$ in terms of a phase operator $\hat{\phi}$ and a density-fluctuation operator $\delta \hat{n}$,

$$
\begin{equation*}
\hat{\psi}(\mathbf{r})=e^{i \hat{\phi}(\mathbf{r})}\left[n_{0}(\mathbf{r})+\delta \hat{n}(\mathbf{r})\right]^{1 / 2} \tag{15.33}
\end{equation*}
$$

We shall assume that the system is three-dimensional, and that the gas is so dilute that the effective interaction is given by $U_{0}=4 \pi \hbar^{2} a / m$, Eq. (5.33). The modes of the system may then be calculated by the methods described in Sec. 8.2. If the operator $\hat{\phi}$ is assumed to be Hermitian, ${ }^{1}$ it follows from

[^46]Eq. (8.69) that for small fluctuations

$$
\begin{equation*}
\delta \hat{n}(\mathbf{r})=\left(\delta \hat{\psi}^{\dagger}+\delta \hat{\psi}\right) n_{0}^{1 / 2}=\frac{d n_{0}}{d N} \hat{Q}+n_{0}^{1 / 2} \sum_{i}\left\{\left[u_{i}(\mathbf{r})-v_{i}(\mathbf{r})\right] \hat{\alpha}_{i}+\text { h.c. }\right\} \tag{15.34}
\end{equation*}
$$

and

$$
\begin{equation*}
\hat{\phi}(\mathbf{r})=\frac{1}{2 i n_{0}^{1 / 2}}\left(\delta \hat{\psi}-\delta \hat{\psi}^{\dagger}\right)=\hat{P}+\frac{1}{2 i n_{0}^{1 / 2}} \sum_{i}\left\{\left[u_{i}(\mathbf{r})+v_{i}(\mathbf{r})\right] \hat{\alpha}_{i}-\text { h.c. }\right\}, \tag{15.35}
\end{equation*}
$$

where the operators $\hat{\alpha}_{i}^{\dagger}$ and $\hat{\alpha}_{i}$ create and destroy elementary excitations. From the commutation relations for $\hat{\psi}$ and $\hat{\psi}^{\dagger}$ it follows that

$$
\begin{equation*}
\left[\hat{n}(\mathbf{r}), \hat{\phi}\left(\mathbf{r}^{\prime}\right)\right]=i \delta\left(\mathbf{r}-\mathbf{r}^{\prime}\right) \tag{15.36}
\end{equation*}
$$

The Hamiltonian is given in Eq. (8.75),

$$
\begin{equation*}
\hat{K}=\hat{H}-\mu \hat{N}=(d \mu / d N) \hat{Q}^{2} / 2+\sum_{i} \epsilon_{i} \hat{\alpha}_{i}^{\dagger} \hat{\alpha}_{i}+\text { constant } . \tag{15.37}
\end{equation*}
$$

This result was derived assuming that the deviations of the creation and annihilation operators from the average value are small. However, in the representation (15.33), they apply even if fluctuations of the phase are large. This may be understood by considering the problem classically, since the energy does not depend on the value of $\phi$, but only on its spatial gradient. Thus even if phase changes are large, the system is well approximated by a collection of independent modes as long as the gradients of the phase are sufficiently small. Physically, the condition for non-linearity to become important is that the fluid velocity become comparable to the sound speed or that density fluctuations become large.
We now evaluate the density matrix (13.106), taking into account only phase fluctuations,

$$
\begin{equation*}
\rho\left(\mathbf{r}^{\prime}, \mathbf{r}^{\prime \prime}\right) \simeq\left[n_{0}\left(\mathbf{r}^{\prime}\right) n_{0}\left(\mathbf{r}^{\prime \prime}\right)\right]^{1 / 2}<e^{i\left[\hat{\phi}\left(\mathbf{r}^{\prime}\right)-\hat{\phi}\left(\mathbf{r}^{\prime \prime}\right)\right]}>. \tag{15.38}
\end{equation*}
$$

For a thermal ensemble for the Hamiltonian (15.37), the right-hand side of Eq. (15.38) decouples into independent terms for each mode, and by arguments that parallel those for the classical case in Sec. 15.2, one finds

$$
\begin{equation*}
\rho\left(\mathbf{r}^{\prime}, \mathbf{r}^{\prime \prime}\right)=\left[n_{0}\left(\mathbf{r}^{\prime}\right) n_{0}\left(\mathbf{r}^{\prime \prime}\right)\right]^{1 / 2} e^{-<\left[\hat{\phi}\left(\mathbf{r}^{\prime}\right)-\hat{\phi}\left(\mathbf{r}^{\prime \prime}\right)\right]^{2}>/ 2} \tag{15.39}
\end{equation*}
$$

For brevity, we introduce the notation

$$
\begin{equation*}
<(\Delta \phi)^{2}>=<\left[\hat{\phi}\left(\mathbf{r}^{\prime}\right)-\hat{\phi}\left(\mathbf{r}^{\prime \prime}\right)\right]^{2}> \tag{15.40}
\end{equation*}
$$

which represents a broadening of the definition (15.19) to the present situation in which the phase is an operator, and carry out the average over an equilibrium ensemble at temperature $T$.

Using Eq. (15.35) for $\hat{\phi}$ and the fact that $\left\langle\hat{\alpha}_{i}^{\dagger} \hat{\alpha}_{i}\right\rangle=N_{i}$ and $\left\langle\hat{\alpha}_{i} \hat{\alpha}_{i}^{\dagger}\right\rangle=$ $1+N_{i}$, with $N_{i}=1 /\left[\exp \left(\epsilon_{i} / k T\right)-1\right]$ being the distribution function for excitations, one finds

$$
\begin{equation*}
<(\Delta \phi)^{2}>=\frac{1}{2} \sum_{i}\left(N_{i}+\frac{1}{2}\right)\left|\frac{u_{i}\left(\mathbf{r}^{\prime}\right)+v_{i}\left(\mathbf{r}^{\prime}\right)}{n_{0}\left(\mathbf{r}^{\prime}\right)^{1 / 2}}-\frac{u_{i}\left(\mathbf{r}^{\prime \prime}\right)+v_{i}\left(\mathbf{r}^{\prime \prime}\right)}{n_{0}\left(\mathbf{r}^{\prime \prime}\right)^{1 / 2}}\right|^{2} \tag{15.41}
\end{equation*}
$$

This expression takes into account inhomogeneity, and goes beyond the classical treatment given above by allowing for zero-point fluctuations and quantum effects on the distribution of thermal excitations. In order to evaluate (15.41) for a physical system one must solve the Bogoliubov equations (7.42) and (7.43) for the amplitudes $u_{i}$ and $v_{i}$ together with the excitation energy $\epsilon_{i}$ and then carry out the summation over $i$. We now discuss a few examples, starting with uniform systems.

### 15.3.1 Uniform systems

The Bogoliubov amplitudes for a homogeneous system are given in Eq. (7.44). Furthermore, the equilibrium density $n_{0}$ is uniform, equal to $n_{0}=N_{0} / V_{D}$. The average (15.41) then becomes

$$
\begin{equation*}
<(\Delta \phi)^{2}>=\frac{1}{N_{0}} \sum_{\mathbf{q}}\left(N_{q}+\frac{1}{2}\right)\left(u_{q}+v_{q}\right)^{2}(1-\cos \mathbf{q} \cdot \mathbf{r}), \tag{15.42}
\end{equation*}
$$

where $\mathbf{r}=\mathbf{r}^{\prime}-\mathbf{r}^{\prime \prime}$. From (8.35) it follows that

$$
\begin{equation*}
\left(u_{q}+v_{q}\right)^{2}=u_{q}^{2}+v_{q}^{2}+2 u_{q} v_{q}=\frac{\epsilon_{q}^{0}+2 n_{0} U^{(D)}}{\epsilon_{q}} . \tag{15.43}
\end{equation*}
$$

For long wavelengths, $q \rightarrow 0$, the expression (15.43) tends towards $2 m s / \hbar q$. In the limit, $k T \gg \epsilon_{q}$, the distribution function is approximately $k T / \epsilon_{q}$, and the result obtained from Eq. (15.42) reduces to that derived in Eqs. (15.8) and (15.19) from classical considerations.

## Zero temperature

At zero temperature long-wavelength phase fluctuations are less singular because, according to Eq. (15.42), one should replace $k T$ in the classical
expression (15.8) by the zero-point energy $\epsilon_{q} / 2 \simeq \hbar s q / 2$. Thus in two dimensions, the sum in Eq. (15.42) converges for large separations, and zeropoint fluctuations do not destroy Bose-Einstein condensation, as thermal fluctuations do at non-zero temperature. However, in one dimension, for separation $x=x^{\prime}-x^{\prime \prime}$, one finds

$$
\begin{equation*}
<(\Delta \phi)^{2}>\simeq \frac{1}{n_{1 \mathrm{D}}} \int_{-q_{\max }}^{q_{\max }} \frac{d q}{2 \pi} \frac{m s}{\hbar q}(1-\cos q x) \simeq \frac{s}{v_{0}} \ln \left(|x| / r_{\mathrm{m}}\right) \tag{15.44}
\end{equation*}
$$

Here

$$
\begin{equation*}
v_{0}=\frac{\hbar \pi n_{1 \mathrm{D}}}{m} \tag{15.45}
\end{equation*}
$$

is a characteristic quantum-mechanical velocity associated with the particle separation $L / N=1 / n_{1 \mathrm{D}}$ and it is equal to the Fermi velocity of a onecomponent gas of fermions with $n_{1 \mathrm{D}}$ particles per unit length. By following arguments similar to those for a two-dimensional system at non-zero temperature, one finds that the one-particle density matrix at large separations behaves as

$$
\begin{equation*}
\rho(x) \propto\left(\frac{r_{\mathrm{m}}}{|x|}\right)^{s / 2 v_{0}} \tag{15.46}
\end{equation*}
$$

which shows that, according to the criterion (13.115), there is no BoseEinstein condensation. We shall return to this result in Sec. 15.4.3 when discussing the momentum distribution of a one-dimensional Bose gas.

### 15.3.2 Anisotropic traps

As mentioned at the beginning of this chapter, in anisotropic traps the motion in some directions may be frozen out, and the system then behaves as a lower-dimensional one. To be specific, let us consider the anisotropic harmonic potential (2.7). We shall assume that the extent of the wave function in all directions is large compared with the scattering length, so it is a good approximation to use an effective two-body interaction $U_{0}=4 \pi \hbar^{2} a / \mathrm{m}$. If the interaction energy $n U_{0}$ is small compared with the spacing between energy levels, $\hbar \omega_{z}$, the wave function for the $z$ direction is to a good approximation the ground-state function $g(z)=\exp \left(-z^{2} / 2 a_{z}^{2}\right) / \pi^{1 / 4} a_{z}^{1 / 2}$ and one may write the wave function as $\psi(\mathbf{r})=\psi^{(2)}(x, y) g(z)$. The Gross-Pitaevskii energy functional for this wave function is equal to that of a two-dimensional system in which the effective interaction is

$$
\begin{equation*}
U^{(2)}=U_{0} \frac{\int_{-\infty}^{\infty} d z g(z)^{4}}{\left[\int_{-\infty}^{\infty} d z g(z)^{2}\right]^{2}}=\frac{U_{0}}{\sqrt{2 \pi} a_{z}} \tag{15.47}
\end{equation*}
$$

plus a term $N \hbar \omega_{z} / 2$ due to the zero-point motion in the $z$ direction. Lowenergy scattering in two dimensions is the subject of Problem 15.3.
Thus the wave function $\psi^{(2)}$ in the $x y$ plane is the same as for a threedimensional system which is uniform in the $z$ direction and of length $\sqrt{2 \pi} a_{z}$. This is basically the result that was obtained in Problem 9.5 in the context of rotating condensates. Similarly, if the motion in two directions, e.g. $x$ and $y$, is frozen out, the effective interaction for the corresponding one-dimensional problem is

$$
\begin{equation*}
U^{(1)}=\frac{U_{0}}{2 \pi a_{x} a_{y}} . \tag{15.48}
\end{equation*}
$$

When the scattering length becomes comparable to $a_{x}$ and/or $a_{y}$, it is no longer a good approximation to assume that interactions depend solely on the scattering length for two atoms in free space since, for a tightly confined particle, the low-energy spectrum is modified from its form in free space. This effect gives rise to resonances in the effective two-body interaction [13].

As an example we consider a cylindrically symmetric trap for which the axial frequency $\omega_{z}$ is much less than the radial frequency $\omega_{\perp}$, resulting in a highly elongated condensate. When $n U_{0} \ll \hbar \omega_{\perp}$, the system is effectively one-dimensional and, provided $n U_{0} \gg \hbar \omega_{z}$, we may use the Thomas-Fermi approximation for the $z$ dependence. The density on the axis is then given by

$$
\begin{equation*}
n_{0}(0,0, z)=\frac{\mu_{\mathrm{eff}}-\frac{1}{2} m \omega_{z}^{2} z^{2}}{U_{0}}, \tag{15.49}
\end{equation*}
$$

where $\mu_{\text {eff }}=\mu-\hbar \omega_{\perp}$ is the chemical potential with the contribution from the zero-point motion perpendicular to the axis subtracted. The total number of particles per unit length in the $z$ direction is $n_{1 \mathrm{D}}(z)=2 \pi a_{\perp}^{2} n_{0}(0,0, z)$. The equation for the perturbations $\delta n(z)$ of $n_{1 \mathrm{D}}(z)$ is the one-dimensional analogue of Eq. (7.60), which is [14]

$$
\begin{equation*}
-\frac{1}{m} \frac{d}{d z}\left[\left(\mu_{\mathrm{eff}}-m \omega_{z}^{2} z^{2} / 2\right) \frac{d}{d z} \delta n_{j}\right]=\frac{\epsilon_{i}^{2}}{\hbar^{2}} \delta n_{j} \tag{15.50}
\end{equation*}
$$

The solutions of this equation are $\delta n_{j} \propto P_{j}(z / Z)$, where $P_{j}$ is the Legendre polynomial and $Z=\left(2 \mu_{\mathrm{eff}} / m \omega_{z}^{2}\right)^{1 / 2}$ is half the length of the cloud. The eigenvalues are

$$
\begin{equation*}
\epsilon_{j}=\hbar \omega_{z} \sqrt{j(j+1) / 2}, \tag{15.51}
\end{equation*}
$$

where $j$ is a positive integer. According to (15.34), the contribution to the density operator from a particular mode involves the combination $u_{j}-v_{j}$, which may therefore be extracted from the solution $\delta n_{j}$. The phase operator
(15.35) involves $u_{j}+v_{j}$, which we can relate to $u_{j}-v_{j}$ by taking the difference of the equations (7.43) and (7.42) for the Bogoliubov amplitudes $u_{j}$ and $v_{j}$. This results in

$$
\begin{equation*}
\left(\mathcal{T}+V+3 n_{0} U_{0}-\mu\right)\left(u_{j}-v_{j}\right)=\epsilon_{j}\left(u_{j}+v_{j}\right), \tag{15.52}
\end{equation*}
$$

with $\mathcal{T}=-\hbar^{2} \nabla^{2} / 2 m$ being the kinetic-energy operator. Within the Thomas-Fermi approximation, where $\mathcal{T}$ is neglected and $\mu=V+n_{0} U_{0}$, Eq. (15.52) then implies that $u_{j}+v_{j}=\left(2 n_{0} U_{0} / \epsilon_{j}\right)\left(u_{j}-v_{j}\right)$, which together with the normalization condition (8.60) determines the amplitudes $u_{j}$ and $v_{j}$. The knowledge of the eigenvalues $\epsilon_{j}$ and the linear combinations $u_{j} \pm v_{j}$ thus enables one to calculate the density and phase fluctuations in trapped gases [1], and the formalism has been used to analyse experimental data [15].

We now consider the results of an experimental study of phase fluctuations in a very elongated trap with a frequency ratio $\omega_{\perp} / \omega_{z}$ of about 150 [16]. Since the momentum distribution is directly related to the density matrix, as shown in Eq. (13.111), one can use measurements of the momentum distribution as a probe of phase fluctuations. In [16] the momentum distribution along the axis of the trap was measured using Bragg diffraction (Secs. 13.4 and 14.1.1). Atoms were scattered out of the condensate by a moving optical lattice created by two laser beams with slightly different frequencies $\omega_{1}$ and $\omega_{2}$ counter-propagating along the axis of the trap. For Bragg diffraction to occur, energy and momentum must be conserved, and therefore

$$
\begin{equation*}
\frac{p_{z}^{2}}{2 m}=\frac{\left[p_{z} \pm \hbar\left(q_{1}-q_{2}\right)\right]^{2}}{2 m} \mp \hbar\left(\omega_{1}-\omega_{2}\right), \tag{15.53}
\end{equation*}
$$

or

$$
\begin{equation*}
p_{z}=m \frac{\omega_{1}-\omega_{2}}{q_{1}-q_{2}} \mp \hbar \frac{q_{1}-q_{2}}{2}, \tag{15.54}
\end{equation*}
$$

where $p_{z}$ is the momentum of the particle before scattering and $q_{1}$ and $q_{2}$ are the wave vectors of the photons. The upper signs correspond microscopically to absorption of a photon of frequency $\omega_{1}$ and emission of one with frequency $\omega_{2}$, and the lower sign to the process in which the role of the two photons is reversed. For a given pair of laser beams, Bragg diffraction occurs for two values of the particle momentum. Since $q_{1}$ and $q_{2}$ have opposite signs, $p_{z}$ is a linear function of the detuning $\omega_{1}-\omega_{2}$. The diffracted components can be observed by absorption imaging after allowing the atomic cloud to expand for a time large enough that the diffracted atoms, because their velocities in the $z$ direction differ from those of atoms in the original cloud, separate out from the undiffracted atoms.

To understand how the experiment was analysed, we first examine a
system in which the motion in the $x y$ plane is frozen into its ground state, $g(x, y)=\left(\sqrt{\pi} a_{\perp}\right)^{-1} \exp \left[-\left(x^{2}+y^{2}\right) / 2 a_{\perp}^{2}\right]$, and there is no trapping potential in the $z$ direction. The density matrix is given by

$$
\begin{equation*}
\rho\left(\mathbf{r}^{\prime}, \mathbf{r}^{\prime \prime}\right)=g\left(x^{\prime}, y^{\prime}\right) g\left(x^{\prime \prime}, y^{\prime \prime}\right) \rho_{1 \mathrm{D}}\left(z^{\prime}, z^{\prime \prime}\right) \tag{15.55}
\end{equation*}
$$

where $\rho_{1 \mathrm{D}}$ is the density matrix for a one-dimensional system with the same number of particles as the actual system, since $\int d x d y|g(x, y)|^{2}=1$. The momentum distribution is proportional to the Fourier transform of the oneparticle density matrix with respect to the relative coordinate, Eq. (13.111). On summing over all momenta in the $x y$ plane one finds for the distribution of $z$ momenta the expression

$$
\begin{equation*}
\mathcal{N}\left(p_{z}\right)=\int_{-\infty}^{\infty} d z^{\prime} \int_{-\infty}^{\infty} d z^{\prime \prime} \rho_{1 \mathrm{D}}\left(z^{\prime}, z^{\prime \prime}\right) e^{-i p_{z}\left(z^{\prime}-z^{\prime \prime}\right) / \hbar} \tag{15.56}
\end{equation*}
$$

which is normalized so that the total number of particles with $z$ momentum between $p_{z}$ and $p_{z}+d p_{z}$ is given by $\mathcal{N}\left(p_{z}\right) d p_{z}$. Consider now a trap with no confinement in the $z$ direction. At large separations, the density matrix is given by Eq. (15.25) and therefore for small momenta, the momentum distribution is Lorentzian,

$$
\begin{equation*}
\mathcal{N}\left(p_{z}\right) \propto \frac{\hbar / 2 \pi L_{\phi}}{p_{z}^{2}+\left(\hbar / 2 L_{\phi}\right)^{2}} . \tag{15.57}
\end{equation*}
$$

In a trapped gas, provided the phase coherence length is small compared with the size of the system, correlations may be calculated in the local density approximation, in which it is assumed that the correlations are the same as in a uniform system with a density equal to that midway between the two points,

$$
\begin{equation*}
\rho_{1 \mathrm{D}}\left(z^{\prime}, z^{\prime \prime}\right) \simeq \bar{n}_{1 \mathrm{D}} \exp \left[-\left|z^{\prime}-z^{\prime \prime}\right| / 2 L_{\phi}(\bar{z})\right], \tag{15.58}
\end{equation*}
$$

where $\bar{n}_{1 \mathrm{D}}=n_{1 \mathrm{D}}(\bar{z})$, with $\bar{z}=\left(z^{\prime}+z^{\prime \prime}\right) / 2$, and $L_{\phi}(\bar{z})$ is the phase decay length $L_{\phi}$, Eq. (15.26), evaluated for a density $n_{1 \mathrm{D}}(\bar{z})$. The distribution function of particles with $z$ component of the momentum equal to $p_{z}$ is thus

$$
\begin{equation*}
\mathcal{N}\left(p_{z}\right) \simeq \int_{-\infty}^{\infty} d \bar{z} \bar{z}_{1 \mathrm{D}} \frac{\hbar / 2 \pi L_{\phi}(\bar{z})}{p_{z}^{2}+\left(\hbar / 2 L_{\phi}(\bar{z})\right)^{2}} \tag{15.59}
\end{equation*}
$$

For a harmonic potential in the $z$ direction, the integral is dominated by the region where the density is close to the maximum density, and the resulting integral is to a good approximation a Lorentzian with a width $0.67 \hbar / L_{\phi}(0)$ [17], which is $30 \%$ larger than the width $\hbar / 2 L_{\phi}(0)$ for a uniform system of density $n_{1 \mathrm{D}}(0)$. This reflects the fact that $1 / L_{\phi}$ increases as the density is lowered.

In the experiment, the momentum distribution obtained by Bragg diffraction, after expansion of the cloud, was measured as a function of detuning for a range of temperatures and the resulting distribution was indeed found to be Lorentzian. The width of the distribution, which is a measure of the phase correlation length, was found to agree with the theoretical expression (15.26) to within the $15 \%$ uncertainty of the experiment.

### 15.4 The one-dimensional Bose gas

Lower-dimensional systems play an important role in physics because there exist exact solutions for a number of models of such systems. These provide a testing ground for approximate theoretical methods, and in addition can be compared directly with experiment. The one-dimensional uniform Bose gas with repulsive zero-range interactions is one such example. The Hamiltonian is

$$
\begin{equation*}
H=-\sum_{i=1}^{N} \frac{\hbar^{2}}{2 m} \frac{\partial^{2}}{\partial x_{i}^{2}}+\sum_{i, j(i<j)}^{N} U^{(1)} \delta\left(x_{i}-x_{j}\right) . \tag{15.60}
\end{equation*}
$$

Here $U^{(1)}$ is the two-body interaction strength, which we write as

$$
\begin{equation*}
U^{(1)}=c \frac{\hbar^{2}}{m} \tag{15.61}
\end{equation*}
$$

The parameter $c$ has the dimensions of an inverse length, and the quantity

$$
\begin{equation*}
\gamma=\frac{c}{n_{1 \mathrm{D}}} \tag{15.62}
\end{equation*}
$$

is a dimensionless measure of the coupling strength. Here $n_{1 \mathrm{D}}=N / L$, $L$ being the length of the system. Notice that the coupling decreases as the density increases, in contrast to the situation in three dimensions. Superficially, the interaction in Eq. (15.60) resembles the effective low-energy interaction (5.34). However, the Hamiltonian (15.60) is the bare one, and the corresponding eigenstates are the full many-body states.

Such a one-dimensional system may be experimentally realized by confining the atoms to a highly elongated harmonic trap of transverse frequency $\omega_{\perp}$ and axial frequency $\omega_{z}=\lambda \omega_{\perp}$, with $\lambda \ll 1$. We have seen that, if the scattering length is small compared with the extent of the zero-point motion perpendicular to the axis, $U^{(1)}$ is given for a gas so dilute that binary collisions dominate by Eq. (15.48), and therefore, with $a_{x}=a_{y}=a_{\perp}$, one finds $c=2 a / a_{\perp}^{2}$.

As shown by Lieb and Liniger [6], the eigenstates and eigenvalues of the Hamiltonian (15.60) may be found by use of an ansatz for the states of the
system pioneered by Bethe for the one-dimensional Heisenberg model of a ferromagnetic spin chain [18]. The basic idea of the method is that the many-body wave function $\Psi\left(x_{1}, x_{2}, \ldots, x_{N}\right)$ is a solution of the free-particle Schrödinger equation except when two particles coincide. Surprisingly, the model may be solved simply for $\gamma \rightarrow \infty$, which is referred to as the TonksGirardeau limit [7, 8].

### 15.4.1 The strong-coupling limit

In the limit $\gamma \rightarrow \infty$, the wave function must vanish when any two atoms coincide, otherwise the energy would grow without limit. Thus $\Psi$ must vanish if any two particles coincide,

$$
\begin{equation*}
\left.\Psi\right|_{x_{j}=x_{k}}=0 \tag{15.63}
\end{equation*}
$$

for all $j$ and $k \neq j$. An expression which satisfies this condition and which is a solution of the free-particle Schrödinger equation is the determinant

$$
\Psi\left(x_{1}, x_{2}, \ldots, x_{N}\right)_{\mathrm{F}} \propto \operatorname{det}\left[e^{i k_{j} x_{l}}\right] \equiv\left|\begin{array}{cccc}
e^{i k_{1} x_{1}} & e^{i k_{1} x_{2}} & . . & e^{i k_{1} x_{N}}  \tag{15.64}\\
e^{i k_{2} x_{1}} & e^{i k_{2} x_{2}} & . . & e^{i k_{2} x_{N}} \\
. . & . . & . . & . . \\
e^{i k_{N} x_{1}} & e^{i k_{N} x_{2}} & . . & e^{i k_{N} x_{N}}
\end{array}\right|
$$

This wave function, a Slater determinant, is antisymmetric under interchange of two particle coordinates, so it is appropriate for fermions. For bosons, the wave function must be symmetric under interchange of two particle coordinates, and a wave function having this symmetry is

$$
\begin{equation*}
\Psi\left(x_{1} \ldots, x_{N}\right) \propto \operatorname{det}\left[e^{i k_{j} x_{l}}\right] \prod_{1 \leq s<t \leq N} \operatorname{sign}\left(x_{t}-x_{s}\right) \tag{15.65}
\end{equation*}
$$

where $\operatorname{sign}(x)=1$ for $x>0$ and $\operatorname{sign}(x)=-1$ for $x<0$. The wave function (15.65) satisfies (15.63) and is an eigenfunction of the Hamiltonian (15.60) with eigenvalue

$$
\begin{equation*}
E=\frac{\hbar^{2}}{2 m} \sum_{j=1}^{N} k_{j}^{2} \tag{15.66}
\end{equation*}
$$

The state is also an eigenstate of the total momentum, with eigenvalue

$$
\begin{equation*}
P=\hbar \sum_{j=1}^{N} k_{j} . \tag{15.67}
\end{equation*}
$$

To get rid of end effects, one imposes a periodic boundary condition,


Fig. 15.1 Wave function for the relative motion of two bosons for different values of $\gamma$.
expressed by the equation

$$
\begin{equation*}
\Psi\left(x_{1}, \ldots, x_{j}=0, \ldots, x_{N}\right)=\Psi\left(x_{1}, \ldots, x_{j}=L, \ldots, x_{N}\right) \tag{15.68}
\end{equation*}
$$

where $L$ is the length of the system. For identical bosons, the symmetry of the wave function under interchange of particle coordinates implies that, if the condition holds for one value of $j$, it holds for all $j$.

We begin by finding the eigenstates of the system, assuming that the periodicity condition (15.68) holds for a wave function of the form (15.65). Consider the dependence of $\Psi$ on $x_{1}$. This has two sources, the exponential factors and the sign functions. When $x_{1}$ advances from zero to $L$, the product of sign-functions in (15.65) changes by a factor $(-1)^{N-1}$, since $N-1$ differences of coordinates change sign, and $e^{i k_{j} x_{1}}$ changes by a factor $e^{i k_{j} L}$. Since the periodicity condition on $x_{1}$ must hold for all values of $x_{2}, \ldots x_{N}$, it must apply for each of the components of the wave function proportional to $e^{i k_{j} x_{1}}$ separately, from which it follows that

$$
\begin{equation*}
e^{i k_{j} L}=(-1)^{N-1}=e^{-i \pi(N+1)} \tag{15.69}
\end{equation*}
$$

Therefore the wave vectors may be written in the form

$$
\begin{equation*}
k_{j}=\frac{2 \pi}{L}\left(n_{j}-\frac{N+1}{2}\right) \tag{15.70}
\end{equation*}
$$

with $n_{j}$ being an arbitrary integer. The subtracted term in Eq. (15.70) ensures that the allowed values of $k_{j}$ are integer multiples of $2 \pi / L$ for odd $N$ and half-odd-integer multiples for even $N$, and the form we have chosen makes the description of the ground state simple, as we shall see. One could equally well have used, e.g., $(N \bmod 2) / 2$ instead of $(N+1) / 2$, since the set of allowed wave vectors would be the same, but the correspondence between a wave vector and an integer would be different.

The ground state is obtained by minimizing the energy expression (15.66). For the case of two particles one has $k_{1}=-k_{2}=\pi / L$ and the normalized ground-state wave function is

$$
\begin{equation*}
\Psi\left(x_{1}, x_{2}\right)=\frac{\sqrt{2}}{L} \sin \left(\frac{\pi\left|x_{1}-x_{2}\right|}{L}\right) \tag{15.71}
\end{equation*}
$$

which is plotted in Fig. 15.1. In general, the ground state is obtained by the $N$ distinct wave vectors $k_{j}$ that have the smallest magnitudes, namely

$$
\begin{equation*}
k_{j}=\frac{2 \pi}{L}\left(j-\frac{N+1}{2}\right), j=1,2 \ldots, N \tag{15.72}
\end{equation*}
$$

The determinant in the ground-state wave function has the form

$$
\begin{array}{r}
\operatorname{det}\left[e^{i k_{j} x_{l}}\right]=\exp \left\{-i \pi(N+1)\left(\sum_{i} x_{i}\right) / L\right\} \operatorname{det}\left[e^{i 2 \pi j x_{l} / L}\right] \\
=\exp \left\{-i \pi(N-1)\left(\sum_{i} x_{i}\right) / L\right\} \operatorname{det}\left[\left\{e^{i 2 \pi x_{l} / L}\right\}^{j-1}\right] \\
=\exp \left\{-i \pi(N-1)\left(\sum_{i} x_{i}\right) / L\right\} \operatorname{det}\left[\zeta_{l}^{j-1}\right] \tag{15.73}
\end{array}
$$

where $\zeta_{l}=e^{i 2 \pi x_{l} / L}$. The final determinant is known as a van der Monde determinant, and it vanishes when $\zeta_{l}=\zeta_{r}$ for $l \neq r$, since then two rows of the determinant are the same, and therefore it must be proportional to $\prod_{1 \leq l<r \leq N}\left(\zeta_{r}-\zeta_{l}\right)$. It is a polynomial of degree $N(N-1) / 2$ and the term made up only from elements on the diagonal is $\prod_{r=2}^{N}\left(\zeta_{r}\right)^{r-1}$, so the determinant must be equal to $\prod_{1 \leq l<r \leq N}\left(\zeta_{r}-\zeta_{l}\right)$. Since $\zeta_{r}-\zeta_{l}=$ $\left(\zeta_{r} \zeta_{l}\right)^{1 / 2} 2 i \sin \left\{\pi\left(x_{r}-x_{l}\right) / L\right\}$, it follows that the normalized $N$-particle ground-state wave function $\Psi_{\infty}$ in the Tonks-Girardeau limit $(\gamma \rightarrow \infty)$
may be written as

$$
\begin{equation*}
\Psi_{\infty}=\frac{2^{N(N-1) / 2}}{\sqrt{N!L^{N}}} \prod_{i<j}\left|\sin \left[\pi\left(x_{i}-x_{j}\right) / L\right]\right| \tag{15.74}
\end{equation*}
$$

The wave function is the product of factors for each pair of particles, and it has the form introduced by Jastrow in the many-body problem for systems with short-range interactions [19]. However, the physics in the two cases is different, and in the one-dimensional Bose gas, in contrast to dense systems like nuclear matter, the correlation factor is not of short range. The normalization factor follows from the fact that

$$
\begin{equation*}
\left(\prod_{l=1}^{N} \int_{0}^{L} d x_{l}\right)\left|\operatorname{det}\left[\zeta_{l}^{j-1}\right]\right|^{2}=N!L^{N} \tag{15.75}
\end{equation*}
$$

This may be demonstrated by observing that the determinant has $N$ ! terms. In the integral of the squared modulus, the only non-vanishing contributions come when a term in the determinant is multiplied by its complex conjugate. Since $\left|\zeta_{l}\right|^{2}=1$, each such contribution gives a factor $L^{N}$. The other contributions vanish because their integrands contain factors of the type $\left(\zeta_{l}\right)^{\nu_{l}}$, where $\nu_{l}$ is a non-zero integer, which vanish when integrated over the range $0 \leq x_{l} \leq L$.
In the thermodynamic limit $N \rightarrow \infty, L \rightarrow \infty$ with the density $n_{1 \mathrm{D}}=N / L$ being kept constant, the sum over $j$ of a quantity $G\left(k_{j}\right)$ can be replaced by an integral over $k$ according to the relation

$$
\begin{equation*}
\sum_{j=1}^{N} G\left(k_{j}\right) \rightarrow \frac{L}{2 \pi} \int_{-k_{0}}^{k_{0}} G(k) d k \tag{15.76}
\end{equation*}
$$

where

$$
\begin{equation*}
k_{0}=\frac{m v_{0}}{\hbar}=\pi n_{1 \mathrm{D}} \tag{15.77}
\end{equation*}
$$

since (15.72) shows that $k$ is limited to the interval between $-\pi N / L$ and $\pi N / L$. The momentum $p_{0}=\hbar k_{0}=m v_{0}$, with $v_{0}$ given by Eq. (15.45), is the Fermi momentum of a one-component (spinless) Fermi gas with density $n_{1 D}$. Thus Eq. (15.66) gives for the ground-state energy per particle

$$
\begin{equation*}
\frac{E}{N}=\frac{1}{3} \frac{\hbar^{2} k_{0}^{2}}{2 m}=\frac{\pi^{2}}{6} \frac{\hbar^{2} n_{1 \mathrm{D}}^{2}}{m}, \tag{15.78}
\end{equation*}
$$

and the total momentum is zero. Since $E$ is proportional to $N^{3}$, the chemical potential $\mu=(\partial E / \partial N)_{L}$ is

$$
\begin{equation*}
\mu=\frac{\hbar^{2} k_{0}^{2}}{2 m}=\frac{\pi^{2}}{2} \frac{\hbar^{2} n_{1 \mathrm{D}}^{2}}{m} . \tag{15.79}
\end{equation*}
$$

Thermodynamic quantities such as pressure and sound velocity at zero temperature are obtained from (15.78) by generalizing the results of Sec. 10.4 to one dimension. The pressure $p$ is thus ${ }^{2}$

$$
\begin{equation*}
p=-\left(\frac{\partial E}{\partial L}\right)_{N}=\frac{2 E}{L}=\frac{\pi^{2}}{3} \frac{\hbar^{2}}{m} n_{1 \mathrm{D}}^{3}, \tag{15.80}
\end{equation*}
$$

while the sound velocity $s$ is given by

$$
\begin{equation*}
s^{2}=\frac{1}{m} \frac{\partial p}{\partial n_{1 \mathrm{D}}}=\left(\frac{\hbar k_{0}}{m}\right)^{2}=v_{0}^{2} \tag{15.81}
\end{equation*}
$$

Surprisingly, the expressions for thermodynamic quantities are exactly the same as those for a one-component (spinless) Fermi gas of the same density. This is a consequence of a one-to-one correspondence between states of the two systems [8]. States of both systems are characterized by a set of $N$ integers, $n_{j}$, none of which is repeated, and the energy is given by Eq. (15.66). For an odd number of particles, the allowed $k$-values for the two systems are integer multiples of $2 \pi / L$, while for an even number of particles they are half-odd-integer multiples of $2 \pi / L$. In the limit of a large number of particles, the difference between the $k$-values for odd and even $N$ has no effect on thermodynamic properties to leading order in $1 / N$.
However, other properties such as the momentum distribution and twoand higher-body correlation functions, are sensitive to statistics, since the wave function for the Bose problem differs from that for free fermions because of the sign functions in Eq. (15.65).

The ground state is specified by the set of numbers $\left\{n_{j}\right\}=\{1,2, \ldots, N\}$. An example of an excited state is given by $\left\{n_{j}\right\}=\{1,2, \ldots, N-1, N+\lambda\}$, where $\lambda$ is a positive integer. The momentum of the state is $q=\lambda 2 \pi \hbar / L$, and its energy measured with respect to the ground-state energy is

$$
\begin{equation*}
\epsilon_{q}=\frac{\left(p_{0}+q\right)^{2}}{2 m}-\frac{p_{0}^{2}}{2 m}=\frac{p_{0}}{m} q+\frac{q^{2}}{2 m} . \tag{15.82}
\end{equation*}
$$

For the Bose gas, these excitations correspond to sound modes and at long wavelengths their velocity is $v_{0}=p_{0} / m$, in agreement with the velocity of sound calculated from thermodynamics, Eq. (15.81). In a free Fermi gas, the excitation is a particle-hole pair, the particle being outside the Fermi surface and the hole right at the Fermi surface.

Another way to create an excitation is to remove one of the integers between 0 and $N$ in the ground-state set and add the integer $N+1$,

[^47]$\left\{n_{j}\right\}=\{1,2, \ldots, N-\lambda, N-\lambda+2, \ldots, N+1\}$. The momentum of this state is again $q=\lambda 2 \pi \hbar / L$ and for large $N$ the energy relative to the ground-state energy is
\[

$$
\begin{equation*}
\epsilon_{q}=\frac{p_{0}}{m} q-\frac{q^{2}}{2 m} \tag{15.83}
\end{equation*}
$$

\]

These excitations are analogues of solitons in the dilute Bose gas. Their group velocity is zero for $q=p_{0}$, which corresponds to the black soliton described for weak coupling in Sec. 7.6.1. For the Fermi gas, the excitations are again particle-hole pairs, the particle being right at the Fermi surface and the hole inside.

### 15.4.2 Arbitrary coupling

We shall now demonstrate how one generalizes the wave function (15.65) to the case of arbitrary coupling. To keep the presentation simple, we first consider the case of two bosons and then indicate how the result is generalized to $N$ bosons.

## The two-body problem

First let us calculate by elementary methods the wave function and groundstate energy of two identical bosons, each of mass $m$, interacting via a deltafunction potential. The lowest energy is obtained when the centre-of-mass momentum is equal to zero, and since the interaction only depends on the relative coordinate $x=x_{1}-x_{2}$, the wave function only depends on $x$. Since the particles are bosons, the wave function is an even function of $x$, and we can therefore take it to have the form

$$
\begin{equation*}
\Psi(x)=A \cos k x+B \sin k|x| . \tag{15.84}
\end{equation*}
$$

The periodic boundary condition (15.68) for this case is $\Psi(0)=\Psi(L)$, which implies that

$$
\begin{equation*}
A=A \cos k L+B \sin k L \tag{15.85}
\end{equation*}
$$

or

$$
\begin{equation*}
\frac{B}{A}=\tan (k L / 2) \tag{15.86}
\end{equation*}
$$

The delta-function interaction gives rise to a discontinuity in the derivative of the wave function. To see this, we express the kinetic energy operator for the two particles in terms of the centre-of-mass coordinate $X=\left(x_{1}+x_{2}\right) / 2$
and the relative coordinate $x=x_{1}-x_{2}$. Since

$$
\begin{equation*}
\frac{\partial}{\partial x_{1}^{2}}+\frac{\partial}{\partial x_{2}^{2}}=\frac{1}{2} \frac{\partial}{\partial X^{2}}+2 \frac{\partial}{\partial x^{2}} \tag{15.87}
\end{equation*}
$$

the Schrödinger equation for the wave function $\Psi(x)$ becomes

$$
\begin{equation*}
-\frac{\hbar^{2}}{m} \frac{d^{2} \Psi}{d x^{2}}+U^{(1)} \delta(x) \Psi=E \Psi \tag{15.88}
\end{equation*}
$$

By integrating Eq. (15.88) from $x=-\eta$ to $x=\eta$, where $\eta$ is a positive infinitesimal we get

$$
\begin{equation*}
\left.\frac{d \Psi}{d x}\right|_{x=\eta}-\left.\frac{d \Psi}{d x}\right|_{x=-\eta}=c \Psi(0) \tag{15.89}
\end{equation*}
$$

where $c=m U^{(1)} / \hbar^{2}$. Alternatively, this condition may be expressed in terms of the original variables, using the relation $\partial / \partial x=\left(\partial / \partial x_{1}-\partial / \partial x_{2}\right) / 2$ :

$$
\begin{equation*}
\left.\left(\frac{\partial}{\partial x_{1}}-\frac{\partial}{\partial x_{2}}\right) \Psi\right|_{x_{1}=x_{2}+\eta}-\left.\left(\frac{\partial}{\partial x_{1}}-\frac{\partial}{\partial x_{2}}\right) \Psi\right|_{x_{1}=x_{2}-\eta}=\left.2 c \Psi\right|_{x_{1}=x_{2}} \tag{15.90}
\end{equation*}
$$

Because the wave function is symmetric in the coordinates, the two terms on the left-hand side are equal, and therefore

$$
\begin{equation*}
\left.\left(\frac{\partial}{\partial x_{1}}-\frac{\partial}{\partial x_{2}}\right) \Psi\right|_{x_{1}=x_{2}+\eta}=\left.c \Psi\right|_{x_{1}=x_{2}} \tag{15.91}
\end{equation*}
$$

Application of condition (15.89) at $x=0$ yields $2 k B=c A$ or

$$
\begin{equation*}
\frac{B}{A}=\frac{c}{2 k} \tag{15.92}
\end{equation*}
$$

The two expressions (15.86) and (15.92) for $B / A$ provide a consistency relation for the wave vector $k$,

$$
\begin{equation*}
c=2 k \tan (k L / 2) \tag{15.93}
\end{equation*}
$$

This equation has infinitely many roots, and the one with the lowest magnitude of $k$ corresponds to the ground state. As $c$ grows from zero to infinity, the lowest $k$-value increases from zero to $\pi / L$. For comparison with results for the thermodynamic limit it is useful to express the condition (15.93) in terms of the dimensionless coupling parameter $\gamma$ (15.62). For the two-body problem, the density (15.6) is $n_{1 \mathrm{D}}=N / L=2 / L$. Therefore $\gamma=c L / 2$ and Eq. (15.93) becomes

$$
\begin{equation*}
\gamma=\alpha \tan (\alpha / 2) \tag{15.94}
\end{equation*}
$$

where $\alpha=k L$. Since the reduced mass is $m / 2$, the energy of the system is given by

$$
\begin{equation*}
E=\frac{\hbar^{2} k^{2}}{m}=\frac{\hbar^{2}}{m L^{2}} \alpha^{2} . \tag{15.95}
\end{equation*}
$$

The normalized two-particle wave function can be written in the form

$$
\begin{equation*}
\Psi\left(x_{1}, x_{2}\right)=\frac{1}{L}\left(\frac{2 \alpha}{\alpha+\sin \alpha}\right)^{1 / 2} \cos \left[\alpha\left(\frac{\left|x_{1}-x_{2}\right|}{L}-\frac{1}{2}\right)\right] \tag{15.96}
\end{equation*}
$$

which manifestly satisfies the periodic boundary conditions $\Psi\left(0, x_{2}\right)=$ $\Psi\left(L, x_{2}\right)$ and $\Psi\left(x_{1}, 0\right)=\Psi\left(x_{1}, L\right)$. Application of the condition (15.91) to this wave function leads directly to the relation (15.94). The wave function is plotted in Fig. 15.1 for different values of $\gamma$.

To compare results for two atoms with those in the thermodynamic limit, it is conventional to write the ground-state energy in terms of the number of particles $N$, the density $n_{1 \mathrm{D}}=N / L$ and a dimensionless function $e(\gamma)$, which only depends on the dimensionless interaction parameter $\gamma$ introduced in (15.62),

$$
\begin{equation*}
E=\frac{\hbar^{2}}{2 m} N n_{1 \mathrm{D}}^{2} e(\gamma) \tag{15.97}
\end{equation*}
$$

In the present case, $n_{1 \mathrm{D}}=2 / L$ and the total energy is

$$
\begin{equation*}
E=\frac{\hbar^{2}\left(k_{1}^{2}+k_{2}^{2}\right)}{2 m}=\frac{\hbar^{2} \alpha^{2}}{m L^{2}}, \tag{15.98}
\end{equation*}
$$

which implies that $e(\gamma)=\alpha^{2}(\gamma) / 4$. For $\gamma \ll 1$ we see from (15.94) that $\alpha^{2} \simeq 2 \gamma$ or $e(\gamma) \simeq \gamma / 2$, while in the limit of large $\gamma$, where $\alpha \simeq \pi(1-2 / \gamma)$ we have

$$
\begin{equation*}
e(\gamma) \simeq \frac{\pi^{2}}{4}-\frac{\pi^{2}}{\gamma} \tag{15.99}
\end{equation*}
$$

The energy per particle increases monotonically with $\gamma$ and approaches a finite value as $\gamma$ tends to infinity. This behaviour closely mimics the result for the thermodynamic limit plotted in Fig. 15.2 below. For $\gamma \rightarrow \infty$, the energy per particle for the two-body system is $\left(\hbar \pi n_{1 \mathrm{D}}\right)^{2} / 8 m$, which is $25 \%$ below the exact result (15.78) in the thermodynamic limit for the same $n_{1 \mathrm{D}}$.

We now repeat the calculation for two bosons, this time using the Betheansatz method. For two identical bosons we consider the wave function $\Psi\left(x_{1}, x_{2}\right)$ in the domain

$$
\begin{equation*}
0 \leq x_{1} \leq x_{2} \leq L \tag{15.100}
\end{equation*}
$$

The wave function for $x_{1}>x_{2}$ may be found from the symmetry requirement $\Psi\left(x_{1}, x_{2}\right)=\Psi\left(x_{2}, x_{1}\right)$. Since the interaction has a contact form, the
function $\Psi$ satisfies the free-particle Schrödinger equation except where the two particles coincide. We therefore search for solutions of the form

$$
\begin{equation*}
\psi=A e^{i k_{1} x_{1}} e^{i k_{2} x_{2}}+B e^{i k_{2} x_{1}} e^{i k_{1} x_{2}}, \quad\left(x_{1} \leq x_{2}\right) \tag{15.101}
\end{equation*}
$$

where $k_{1}$ and $k_{2}$ are two wave vectors. The state has total momentum $\hbar\left(k_{1}+k_{2}\right)$. To relate the coefficients $A$ and $B$ to each other, we use the condition (15.91), which yields

$$
\begin{equation*}
i\left(k_{2}-k_{1}\right)(A-B)=c(A+B) \tag{15.102}
\end{equation*}
$$

or

$$
\begin{equation*}
\frac{B}{A}=\frac{k_{2}-k_{1}+i c}{k_{2}-k_{1}-i c} \tag{15.103}
\end{equation*}
$$

Thus for real $k_{2}-k_{1},|B|=|A|$. For $c \rightarrow \infty, B \rightarrow-A$ and therefore $\Psi\left(x_{1}, x_{1}\right)=0$, in agreement with our discussion of the Tonks-Girardeau limit. For smaller values of $c$ there is a phase difference between the two components of the wave function given by $B / A=e^{i \alpha}$, where $\alpha=\pi-$ $2 \tan ^{-1}\left[\left(k_{2}-k_{1}\right) / c\right]$. From Eq. (15.103) it follows that the wave function in the domain (15.100) is given by

$$
\begin{align*}
\Psi\left(x_{1}, x_{2}\right) & \propto\left(k_{2}-k_{1}-i c\right) e^{i\left(k_{1} x_{1}+k_{2} x_{2}\right)} \\
& +\left(k_{2}-k_{1}+i c\right) e^{i\left(k_{2} x_{1}+k_{1} x_{2}\right)} \tag{15.104}
\end{align*}
$$

From the symmetry of the wave function under interchange of particle coordinates, we obtain the following expression for the wave function valid for all $0 \leq x_{1} \leq L$ and $0 \leq x_{2} \leq L$ :

$$
\begin{align*}
\Psi\left(x_{1}, x_{2}\right) & \propto\left[k_{2}-k_{1}-i c \operatorname{sign}\left(x_{2}-x_{1}\right)\right] e^{i\left(k_{1} x_{1}+k_{2} x_{2}\right)} \\
& -\left[k_{1}-k_{2}-i c \operatorname{sign}\left(x_{2}-x_{1}\right)\right] e^{i\left(k_{2} x_{1}+k_{1} x_{2}\right)} \tag{15.105}
\end{align*}
$$

This wave function is an eigenfunction of the total momentum, with eigenvalue $\hbar\left(k_{1}+k_{2}\right)$, and of the Hamiltonian, with eigenvalue $\hbar^{2}\left(k_{1}^{2}+k_{2}^{2}\right) / 2 m$. The requirement that the wave function also satisfy the periodic boundary condition $\Psi\left(0, x_{2}\right)=\Psi\left(L, x_{2}\right)$ for all $x_{2}$ implies that

$$
\begin{equation*}
e^{i k_{1} L}=e^{-i k_{2} L}=\frac{k_{1}-k_{2}+i c}{k_{1}-k_{2}-i c} \tag{15.106}
\end{equation*}
$$

Because of the symmetry under interchange of coordinates, the periodicity condition $\Psi\left(x_{1}, 0\right)=\Psi\left(x_{1}, L\right)$ is automatically satisfied. From Eq. (15.106) we see that the total momentum is given by

$$
\begin{equation*}
P=\hbar\left(k_{1}+k_{2}\right)=\nu \frac{2 \pi \hbar}{L} \tag{15.107}
\end{equation*}
$$

where $\nu$ is an integer. The ground state has total momentum zero, and therefore we write $k_{1}=-k_{2}=k$, and the periodicity condition (15.106) then gives the result (15.93) for $k$ previously derived from elementary considerations.

## The many-body problem

Now we proceed to the case of $N$ particles, which was solved by Lieb and Liniger [6]. The reader may find a complete discussion in Ref. [20]. As in the case of two particles, one can obtain a boundary condition on the wave function by integrating over a relative coordinate, and it has the same form as the jump condition (15.91) for the two-body problem, except that the wave function is now a function of $N$ coordinates.

Consider the following wave function, which is symmetric in the particle coordinates and is a generalization of Eq. (15.65):

$$
\begin{gather*}
\Psi\left(x_{1}, \ldots, x_{N}\right)= \\
\mathcal{N} \sum_{P}(-1)^{[P]} \exp \left(i \sum_{n=1}^{N} k_{P_{n}} x_{n}\right) \prod_{j>l}\left[k_{P_{j}}-k_{P_{l}}-i c \operatorname{sign}\left(x_{j}-x_{l}\right)\right] \tag{15.108}
\end{gather*}
$$

where $\mathcal{N}$ is a normalization factor. Here the sum extends over all permutations $P$ of the set of wave vectors $k_{1}, k_{2}, \ldots, k_{N}$, and $[P]$ denotes the parity of the permutation. This wave function is symmetric under interchange of particles, and therefore if the jump condition is satisfied for the pair of coordinates $x_{1}$ and $x_{2}$, it is satisfied for all pairs of coordinates. The components of the wave function (15.108) proportional to $e^{i\left(k_{j} x_{1}+k_{l} x_{2}\right)}$ and $e^{i\left(k_{l} x_{1}+k_{j} x_{2}\right)}$ are given, apart from an overall multiplicative function of $x_{3}, x_{4}, \ldots, x_{N}$, by

$$
\begin{align*}
\Psi_{j l} & \propto\left[k_{l}-k_{j}-i c \operatorname{sign}\left(x_{2}-x_{1}\right)\right] e^{i\left(k_{j} x_{1}+k_{l} x_{2}\right)} \\
& -\left[k_{j}-k_{l}-i c \operatorname{sign}\left(x_{2}-x_{1}\right)\right] e^{i\left(k_{l} x_{1}+k_{j} x_{2}\right)} \tag{15.109}
\end{align*}
$$

The difference in the sign of the two terms is due to the factor $(-1)^{[P]}$ in Eq. (15.108) and the fact that the two terms differ by the interchange of $k_{j}$ and $k_{l}$, and therefore the two permutations have opposite parities. Since this component of the $N$-body wave function has the same form as the two-body wave function (15.105), it satisfies the jump condition (15.91) and therefore $\Psi$, which is a sum of such components, satisfies the jump condition. Thus the wave function satisfies the $N$-body Schrödinger equation, and the state has energy

$$
\begin{equation*}
E=\sum_{j=1}^{N} \frac{\hbar^{2} k_{j}^{2}}{2 m} \tag{15.110}
\end{equation*}
$$

and momentum

$$
\begin{equation*}
P=\sum_{j=1}^{N} \hbar k_{j} \tag{15.111}
\end{equation*}
$$

By analogy with (15.106) in the two-particle case, the periodic boundary condition leads to the relations

$$
\begin{equation*}
\exp \left(i k_{j} L\right)=\prod_{l(\neq j)} \frac{k_{j}-k_{l}+i c}{k_{j}-k_{l}-i c}, \quad j=1,2, \ldots, N \tag{15.112}
\end{equation*}
$$

When $c \rightarrow \infty$ these conditions reduce to (15.69). By taking the logarithm of (15.112) we obtain

$$
\begin{equation*}
k_{j} L+\sum_{l=1}^{N} \theta\left(k_{j}-k_{l}\right)=2 \pi\left(n_{j}-\frac{N+1}{2}\right) \tag{15.113}
\end{equation*}
$$

with

$$
\begin{equation*}
\theta(k)=i \ln \left(\frac{i c+k}{i c-k}\right)=2 \arctan (k / c) \tag{15.114}
\end{equation*}
$$

where the second form applies for real $k$, which is the case of interest here. We take the branch of the function corresponding to $\theta(k)= \pm \pi$ for $k \rightarrow \pm \infty$, and $\theta(k)$ is then a continuous function of $k$. Note that (15.113) reduces to (15.70) in the limit $c \rightarrow \infty$. These $N$ equations determining the wave vectors are referred to as the Bethe equations.

We now determine the ground state, which is characterized by $k$-values that are closest to zero. By analogy with (15.72) we get

$$
\begin{equation*}
k_{j} L+\sum_{l=1}^{N} \theta\left(k_{j}-k_{l}\right)=2 \pi\left(j-\frac{N+1}{2}\right), j=1,2, \ldots, N \tag{15.115}
\end{equation*}
$$

We consider the thermodynamic limit and therefore take the difference between the equations (15.115) for $j+1$ and $j$. Since the difference $k_{j+1}-k_{j}$ is of order $1 / L$, we may replace the difference of the $\theta$ functions by the first term in a Taylor expansion and the result is

$$
\begin{equation*}
\left(k_{j+1}-k_{j}\right) L+\left(k_{j+1}-k_{j}\right) \sum_{m=1}^{N} \theta^{\prime}\left(k_{j}-k_{m}\right)=2 \pi \tag{15.116}
\end{equation*}
$$

where

$$
\begin{equation*}
\theta^{\prime}(k)=\frac{d \theta}{d k}=\frac{2 c}{c^{2}+k^{2}} \tag{15.117}
\end{equation*}
$$

Let us introduce the function $f(k)$ which represents the density of states in


Fig. 15.2 The function $e(\gamma)$, which equals the ground-state energy per particle $E / N$ divided by $\hbar^{2} n_{1 \mathrm{D}}^{2} / 2 m$, in the thermodynamic limit $(N \rightarrow \infty)$. The inset shows the derivative $e^{\prime}(\gamma)=d e(\gamma) / d \gamma$.
$k$-space in the sense that $L f(k) d k$ is the number of states in the infinitesimal interval $d k$ centred at $k$. Then $k_{j+1}-k_{j}=1 / L f\left(k_{j}\right)$ and (15.116) becomes

$$
\begin{equation*}
1+2 c \int_{-K}^{K} \frac{f\left(k^{\prime}\right) d k^{\prime}}{c^{2}+\left(k-k^{\prime}\right)^{2}}=2 \pi f(k) \tag{15.118}
\end{equation*}
$$

Here $K$ denotes the upper limit for $|k|$, which is determined by the condition that the total number of $k$-values be equal to the number of particles, $N$,

$$
\begin{equation*}
N=L \int_{-K}^{K} f(k) d k \tag{15.119}
\end{equation*}
$$

The total ground-state energy $E$ is found by integrating the single-particle energy $\hbar^{2} k^{2} / 2 m$ over $k$,

$$
\begin{equation*}
E=\frac{\hbar^{2}}{2 m} L \int_{-K}^{K} k^{2} f(k) d k \tag{15.120}
\end{equation*}
$$

By scaling the momentum variable $k$ by the upper limit, $k=K y$, and
defining $g(y) \equiv f(K y)$ and $\lambda \equiv c / K$, one finds that the three equations (15.118)-(15.120) together with the definition (15.97) become

$$
\begin{gather*}
g(y)=\frac{1}{2 \pi}+\frac{\lambda}{\pi} \int_{-1}^{1} \frac{g(t) d t}{\lambda^{2}+(y-t)^{2}},  \tag{15.121}\\
\lambda=\gamma \int_{-1}^{1} g(t) d t, \tag{15.122}
\end{gather*}
$$

and

$$
\begin{equation*}
e(\gamma)=\frac{\gamma^{3}}{\lambda^{3}} \int_{-1}^{1} t^{2} g(t) d t \tag{15.123}
\end{equation*}
$$

To gain insight into the solution to the inhomogeneous integral equation (15.121) let us consider the Tonks-Girardeau limit, in which $\gamma \rightarrow \infty$. Since $\lambda$ also tends to infinity in that limit (recall that $n_{1 \mathrm{D}} / K=\lambda / \gamma$ ), the solution to (15.121) is $g=1 / 2 \pi$, from which it follows according to (15.122) that $\lambda=\gamma / \pi$. By insertion of these values into (15.123) we obtain $e(\infty)=\pi^{2} / 3$, which implies that the ground-state energy per particle is given by Eq. (15.78) and the chemical potential by Eq. (15.79) obtained previously in the Tonks-Girardeau limit. To find the correction to $g$ to leading order in $\lambda^{-1}$ we may replace the denominator in the integrand in Eq. (15.121) by $\lambda^{2}$. This yields $g \simeq 1 / 2 \pi+\left(\pi^{2} \lambda\right)^{-1} \simeq 1 / 2 \pi+1 / \pi \gamma$. The density of states thus remains constant, but it is increased because the range of $k$-values ( $2 K$ ) is reduced as the interaction becomes weaker. When the expression for $g$ is inserted in (15.122) one finds $\lambda \simeq(\gamma+2) / \pi$ and therefore the energy (15.123) is given by

$$
\begin{equation*}
e(\gamma) \simeq \frac{\pi^{2}}{3}\left(1-\frac{4}{\gamma}\right) . \tag{15.124}
\end{equation*}
$$

To leading order in $1 / \gamma$ the result (15.124) is $4 / 3$ times the result (15.99) obtained above for two bosons, $e(\gamma) \simeq\left(\pi^{2} / 4\right)(1-4 / \gamma)$.
In the opposite limit, for $\gamma \rightarrow 0$, the energy may be calculated in firstorder perturbation theory, using the normalized zero-order wave function

$$
\begin{equation*}
\Psi_{0}=\frac{1}{L^{N / 2}}, \tag{15.125}
\end{equation*}
$$

which describes a state in which all $N$ particles occupy the same zeromomentum single-particle state $k=0$. This gives

$$
\begin{equation*}
E^{(1)} \simeq N \frac{\hbar^{2}}{2 m} n_{1 \mathrm{D}}^{2} \gamma, \quad(\gamma \ll 1) . \tag{15.126}
\end{equation*}
$$

The integral equation (15.121) may be solved numerically for general $\gamma$, and
the resulting $e(\gamma)$ is plotted in Fig. 15.2. From $e(\gamma)$, one may determine the pressure, the chemical potential and the sound velocity, which are given by

$$
\begin{align*}
& p=-\left(\frac{\partial E}{\partial L}\right)_{N}= \frac{\hbar^{2}}{m} n_{1 \mathrm{D}}^{3}\left[e(\gamma)-\frac{1}{2} \gamma e^{\prime}(\gamma)\right]  \tag{15.127}\\
& \mu=\left(\frac{\partial E}{\partial N}\right)_{L}=\frac{\hbar^{2}}{m} n_{1 \mathrm{D}}^{2}\left[\frac{3}{2} e(\gamma)-\frac{1}{2} \gamma e^{\prime}(\gamma)\right], \tag{15.128}
\end{align*}
$$

and

$$
\begin{equation*}
s^{2}=\frac{1}{m} \frac{\partial p}{\partial n_{1 \mathrm{D}}}=\frac{\hbar^{2}}{m^{2}} n_{1 \mathrm{D}}^{2}\left[3 e(\gamma)-2 \gamma e^{\prime}(\gamma)+\frac{1}{2} \gamma^{2} e^{\prime \prime}(\gamma)\right] . \tag{15.129}
\end{equation*}
$$

### 15.4.3 Correlation functions

Since we know the wave function of the ground state, one might anticipate that calculating correlation functions would be straightforward. However, for a large number of particles, the Bethe-ansatz wave function (15.108) is very unwieldy. In this section, we shall consider a number of properties of correlations which can be obtained without the need for a frontal attack with the full machinery of the Bethe-ansatz method. As we shall see, calculations for a relatively small number of particles give a good approximation to results for the thermodynamic limit. We begin with the two-particle correlation function and then discuss the momentum distribution.

## Two-particle correlation function

In Sec. 13.3 we introduced the two-particle correlation function $g_{2}$, which was defined in terms of creation and annihilation operators in Eq. (13.82). For our present purposes it is convenient to work directly with the wave function. In second-quantized notation, the state of the system is

$$
\begin{equation*}
|\Psi\rangle=\frac{1}{(N!)^{1 / 2}}\left(\prod_{i=1}^{N} \int_{0}^{L} d x_{i} \hat{\psi}^{\dagger}\left(x_{i}\right)\right) \Psi\left(x_{1}, x_{2}, \ldots, x_{N}\right)|0\rangle \tag{15.130}
\end{equation*}
$$

and therefore the density at point $x^{\prime}$ is given by

$$
\begin{equation*}
<\hat{\psi}^{\dagger}\left(x^{\prime}\right) \hat{\psi}\left(x^{\prime}\right)>=N \int_{0}^{L} d x_{2} \int_{0}^{L} d x_{3} \ldots \int_{0}^{L} d x_{N}\left|\Psi\left(x^{\prime}, x_{2}, \ldots, x_{N}\right)\right|^{2} \tag{15.131}
\end{equation*}
$$

In first-quantized form, the operator for the density is $\sum_{i=1}^{N} \delta\left(x^{\prime}-x_{i}\right)$, and the factor of $N$ in Eq. (15.131) reflects the $N$ different ways of choosing
which of the $x_{i}$ should be equal to $x^{\prime}$. Similarly, one finds for the twoparticle correlation function

$$
\begin{equation*}
g_{2}\left(x^{\prime}, x^{\prime \prime}\right)=N(N-1) \int_{0}^{L} d x_{3} \int_{0}^{L} d x_{4} \ldots \int_{0}^{L} d x_{N}\left|\Psi\left(x^{\prime}, x^{\prime \prime}, x_{3}, \ldots, x_{N}\right)\right|^{2} . \tag{15.132}
\end{equation*}
$$

The prefactor may be understood by observing that in first-quantized notation the two-particle correlation operator is $\sum_{i, j(i \neq j)} \delta\left(x^{\prime}-x_{i}\right) \delta\left(x^{\prime \prime}-x_{j}\right)$, and there are $N(N-1)$ ways of choosing the pair of indices.
For the systems considered in this section, the two-particle correlation function depends only on the difference $x \equiv x^{\prime}-x^{\prime \prime}$ of the two arguments. Thus, for the two-body problem, one finds from Eq. (15.96) that $g_{2}$, Eq. (15.132), is given by

$$
\begin{equation*}
g_{2}(x)=2 \Psi\left(x^{\prime}, x^{\prime}-x\right)^{2}=\frac{4 \cos ^{2}[\alpha(1 / 2-|x| / L)]}{L^{2}[1+(\sin \alpha) / \alpha]}, \quad N=2 . \tag{15.133}
\end{equation*}
$$

The Bethe-ansatz wave function becomes increasingly difficult to work with as $N$ increases, but for zero separation, the two-particle correlation function may be calculated from the energy of the system by use of a result generally referred to as the Hellmann-Feynman theorem, although it has been attributed to others. To prove it, consider a Hamiltonian $H(\eta)$ that depends on some parameter $\eta$, and let $|\eta\rangle$ be an eigenstate of the Hamiltonian with energy $E(\eta)$. Since $E(\eta)=\langle\eta| H(\eta)|\eta\rangle$ it follows that

$$
\begin{align*}
& \frac{\partial E}{\partial \eta}=\langle\eta|\left(\frac{\partial H}{\partial \eta}\right)|\eta\rangle+\left(\frac{\partial\langle\eta|}{\partial \eta}\right) H|\eta\rangle+\langle\eta| H\left(\frac{\partial|\eta\rangle}{\partial \eta}\right) \\
&=\langle\eta|\left(\frac{\partial H}{\partial \eta}\right)|\eta\rangle+E \frac{\partial\langle\eta \mid \eta\rangle}{\partial \eta}=\langle\eta|\left(\frac{\partial H}{\partial \eta}\right)|\eta\rangle \tag{15.134}
\end{align*}
$$

where the last form is a consequence of the normalization condition $\langle\eta \mid \eta\rangle=1$ for all $\eta$. When applied to the Hamiltonian (15.60), this gives

$$
\begin{align*}
& \frac{\partial E}{\partial U^{(1)}}=<\sum_{i, j(i<j)}^{N} \delta\left(x_{i}-x_{j}\right)> \\
& \quad=\int_{0}^{L} d x<\sum_{i, j(i<j)}^{N} \delta\left(x-x_{i}\right) \delta\left(x-x_{j}\right)>=\frac{L}{2} g_{2}(0), \tag{15.135}
\end{align*}
$$

where in writing the final form we have made use of the translational invariance of the system, which implies that $g_{2}$ depends only on the difference of the two coordinates. With the use of Eq. (15.97) and the relation


Fig. 15.3 The two-particle correlation function $g_{2}(0)$ for zero separation, relative to its value $N(N-1) / L^{2}$ in the absence of interactions, for $N=2,3,4$ and 5 (dashed lines). The full line is the result for $N \rightarrow \infty$.
$\gamma=m U^{(1)} / \hbar^{2} n_{1 \mathrm{D}}$, Eq. (15.135) may be written in the form

$$
\begin{equation*}
g_{2}(0)=2 \frac{\partial(E / L)}{\partial U^{(1)}}=n_{1 \mathrm{D}}^{2} e^{\prime}(\gamma) \tag{15.136}
\end{equation*}
$$

Applying this result to the energy of the two-body system, Eq. (15.95), one finds an expression that agrees with Eq. (15.132) which was obtained directly from the wave function. For small $\gamma$, when $\alpha^{2} \simeq 2 \gamma$, the two-particle correlation function is $g_{2}(0) \simeq 2(1-\gamma / 3) / L^{2}=(1-\gamma / 3) n_{1 \mathrm{D}}^{2} / 2$. For large $\gamma$ one has $\alpha \simeq \pi(1-2 / \gamma)$, which results in $g_{2}(0) \simeq 4 \pi^{2} / \gamma^{2} L^{2}=\pi^{2} n_{1 \mathrm{D}}^{2} / \gamma^{2}$.

In Fig. 15.3 we plot $g_{2}(0)$ as a function of $\gamma$ for different particle numbers $N=2,3,4$ and 5 . We also exhibit the result obtained in the thermodynamic limit $(N \rightarrow \infty)$.


Fig. 15.4 Momentum distribution and one-particle density matrix as a function of separation for $\gamma \rightarrow \infty$ and $N \rightarrow \infty$. Here $p_{0}=\hbar k_{0}$ and $x_{0}=1 / k_{0}$, where $k_{0}=\pi n_{1 \mathrm{D}}$ (see Eq. (15.77)).

## Momentum distribution

The momentum distribution is given in terms of the one-particle density matrix by Eq. (13.111), and here we shall consider the limiting behaviours for small momenta and for large momenta. The one-particle density matrix for large separations varies as $|x|^{-s / 2 v_{0}}$, Eq. (15.46), and therefore the momentum distribution for small $p$ behaves as

$$
\begin{equation*}
n(p) \propto \int d x e^{-i p x / \hbar}|x|^{-s / 2 v_{0}} \propto \frac{1}{p^{1-s / 2 v_{0}}} . \tag{15.137}
\end{equation*}
$$

The sound velocity, which is given by Eq. (15.129), varies between zero and $v_{0}$ as $\gamma$ increases, and therefore the momentum distribution varies as $1 / p$ for weak coupling and $1 / p^{1 / 2}$ in the strong-coupling Tonks-Girardeau limit. Notice that Eq. (15.137) holds even when the coupling is not weak. Manybody correlations are taken into account implicitly through the dependence of the sound speed on coupling.

For large momenta, the momentum distribution varies as $1 / p^{4}$ due to the discontinuity in the derivative of the wave function when two particles
coincide [21],

$$
\begin{equation*}
n(p) \simeq \frac{\hbar^{4} c^{2} g_{2}(0)}{p^{4}}=\gamma^{2} e^{\prime}(\gamma) \frac{\left(n_{1 \mathrm{D}} \hbar\right)^{4}}{p^{4}} \tag{15.138}
\end{equation*}
$$

To obtain insight into this result, we write the momentum distribution (13.111) using the form (13.107) for the density matrix and find

$$
\begin{equation*}
n(p)=\frac{N}{V} \int_{0}^{L} d x_{2} \ldots \int_{0}^{L} d x_{N}\left|\int_{0}^{L} d x_{1} e^{-i p x_{1} / \hbar} \Psi\left(x_{1}, x_{2}, \ldots, x_{N}\right)\right|^{2} \tag{15.139}
\end{equation*}
$$

In order to understand how the behaviour shown in Eq. (15.138) arises we return to the case of two bosons in the ground state. Because of the jump condition (15.91), the wave function for small particle separations is given by

$$
\begin{equation*}
\Psi\left(x_{1}, x_{2}\right) \simeq \Psi\left(x_{2}, x_{2}\right)\left(1+c\left|x_{1}-x_{2}\right| / 2\right) \tag{15.140}
\end{equation*}
$$

The Fourier transform $F(p)$ of a function $f(x)$ is defined by the equation

$$
\begin{equation*}
F(p)=\int_{0}^{L} d x e^{-i p x / \hbar} f(x) \tag{15.141}
\end{equation*}
$$

For a function periodic in $x$ with period $L$, the relevant momenta are $p_{\nu}=$ $2 \pi \hbar \nu / L$, where $\nu$ is an integer. For these momenta, the Fourier transform may be rewritten by integrating by parts twice, which gives

$$
\begin{equation*}
F(p)=-\frac{\hbar}{p^{2}} \int_{0}^{L} d x e^{-i p x / \hbar} f^{\prime \prime}(x) \tag{15.142}
\end{equation*}
$$

where a prime denotes differentiation with respect to $x$. Thus a discontinuity in the derivative of $f$ gives rise to a delta function in $f^{\prime \prime}$ and a contribution to $F(p)$ varying as $1 / p^{2}$. The slowly varying part of $f^{\prime \prime}$ gives rise to contributions that fall off more rapidly as $p \rightarrow \infty .^{3}$ By using the result $g_{2}(0)=2|\Psi(0,0)|^{2}$, Eq. (15.133), one can verify the result (15.138) for the case $N=2$. The proof for higher values of $N$ follows closely that for $N=2$, except for the fact that the derivative of the wave function has discontinuities whenever $x_{1}$ is equal to any of the other $x_{i}$.

For arbitrary values of $p$, the momentum distribution may be obtained from the density matrix $\rho\left(x^{\prime}, x^{\prime \prime}\right)$ given by Eq. (13.107) which in our twoparticle case becomes

$$
\begin{equation*}
\rho\left(x^{\prime}, x^{\prime \prime}\right)=2 \int_{0}^{L} d x_{2} \Psi^{*}\left(x^{\prime \prime}, x_{2}\right) \Psi\left(x^{\prime}, x_{2}\right) \tag{15.143}
\end{equation*}
$$

[^48]When (15.96) is inserted into this and the integrations carried out, the resulting density matrix is obtained as a function $\rho(|x|)$ of the magnitude $|x|$ of the relative coordinate $x=x^{\prime}-x^{\prime \prime}$ (Problem 15.4). For small $|x|$ the leading non-analytic term in $\rho(|x|)$ is found to be proportional to $|x|^{3}$. Similar arguments apply for the $N$-particle case. The momentum distribution is given by the Fourier transform of $\rho(|x|)$, which thus behaves as $1 / p^{4}$ for large $p$, as argued previously.

The momentum distribution $n(p)$ for a Bose gas of impenetrable particles is very different from that of a free Fermi gas. For an ideal Fermi gas, $n(p)$ is unity if $|p|<p_{\mathrm{F}}$ and zero otherwise, while for the Bose gas $n(p)$ varies smoothly as a function of $|p|$, being proportional to $|p|^{-1 / 2}$ for small values of $p$ and to $p^{-4}$ for large values (Fig. 15.4). The density matrix, the Fourier transform of which is the momentum distribution function, is also shown in Fig. 15.4 as a function of the separation $x=x^{\prime}-x^{\prime \prime}$. Details of the calculation of the momentum distribution in the thermodynamic limit as well as references to earlier work may be found in Ref. [22].

## Problems

Problem 15.1 Use the expression (15.42) to estimate the magnitude and temperature dependence of the phase fluctuations in a three-dimensional superfluid of volume $V$ at low temperatures, where the elementary excitations can be taken to be sound waves ( $k T \ll m s^{2}$ ).
Problem 15.2 Consider scattering of a particle of momentum $\hbar k$ and mass $m$ in one dimension from a potential $U^{(1)} \delta(x)$. For an incident wave $e^{i k x}$, show that the amplitude of the transmitted wave is $\left(R_{0}+1\right) / 2$ and that of the reflected wave is $\left(R_{0}-1\right) / 2$, where $R_{0}=-(c+i k) /(c-i k)$ with $c=m U^{(1)} / \hbar^{2}$.
Problem 15.3 Solve the Lippmann-Schwinger equation (5.45) for scattering in two dimensions, for a repulsive interaction of range $d$ as a function of the energy of the pair of particles. Show that for low energy $E$ in the centre-of-mass frame, the $T$ matrix is proportional to $\left(\hbar^{2} / m\right) / \ln \left(E_{\mathrm{c}} / E\right)$, where $E_{\mathrm{c}}=\hbar^{2} / m d^{2}$, and determine the prefactor.

Problem 15.4 Calculate the density matrix $\rho\left(x^{\prime}, x^{\prime \prime}\right)$, Eq. (15.143), for two bosons in one dimension interacting via a contact interaction as a function of the separation $x=x^{\prime}-x^{\prime \prime}$, where the wave function is given in Eq. (15.96). Verify the expression (15.138) for the momentum distribution at large momenta. Compare the momentum distribution for $\gamma \rightarrow \infty$ with the result in the thermodynamic limit plotted in Fig. 15.4.

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## 16

## Fermions

The laser cooling mechanisms described in Chapter 4 operate irrespective of the statistics of the atom, and they can therefore be used to cool Fermi species. The statistics of a neutral atom is determined by the number of neutrons in the nucleus, which must be odd for a fermionic atom. Since alkali atoms have odd atomic number $Z$, their fermionic isotopes have even mass number $A$. Such isotopes are relatively less abundant than those with odd $A$ since they have both an unpaired neutron and an unpaired proton, which increases their energy by virtue of the odd-even effect. In early experiments, ${ }^{40} \mathrm{~K}[1]$ and ${ }^{6} \mathrm{Li}$ atoms [2] were cooled to about one-quarter of the Fermi temperature. More recently, fermionic alkali atoms have been cooled to temperatures well below one-tenth of their Fermi temperature, and in addition a degenerate gas of the fermionic species ${ }^{173} \mathrm{Yb}$ (with $I=5 / 2$ ) has been prepared [3].

In the classical limit, at low densities and/or high temperatures, clouds of fermions and bosons behave alike. The factor governing the importance of quantum degeneracy is the phase-space density $\varpi$ introduced in Eq. (2.24), and in the classical limit $\varpi \ll 1$. When $\varpi$ becomes comparable with unity, gases become degenerate: bosons condense in the lowest single-particle state, while fermions tend towards a state with a filled Fermi sea. As one would expect on dimensional grounds, the degeneracy temperature for fermions the Fermi temperature $T_{\mathrm{F}}$ - is given by the same expression as the BoseEinstein transition temperature for bosons, apart from a numerical factor of order unity.

As we described in Chapter 4, laser cooling alone is insufficient to achieve degeneracy in dilute gases, and it must be followed by evaporative cooling. The elastic collision rate, which governs the effectiveness of evaporative cooling, behaves differently for fermions and bosons when gases become degenerate. For identical fermions, the requirement of antisymmetry of the
wave function forces the scattering cross section to vanish at low energy (see Eq. (5.24)), and therefore evaporative cooling with a single species of fermion, with all atoms in the same internal state, cannot work. This difficulty may be overcome by using a mixture of two types of atoms, either two different fermions, which could be different hyperfine states of the same fermionic isotope, or a boson and a fermion. In the experiments on ${ }^{40} \mathrm{~K}$, the two species were the two hyperfine states $|9 / 2,9 / 2\rangle$ and $|9 / 2,7 / 2\rangle$ of the atom [1], and both species were evaporated. In the lithium experiments [2], the second component was the boson ${ }^{7} \mathrm{Li}$. The ${ }^{6} \mathrm{Li}$ atoms were cooled by collisions with ${ }^{7} \mathrm{Li}$ atoms which were cooled evaporatively, a process referred to as sympathetic cooling.

The rate of collisions is influenced not only by the statistics of the atoms, but also by the degree of degeneracy. Due to stimulated emission, degeneracy increases collision rates for bosons. This is expressed by factors $1+f_{\mathbf{p}^{\prime}}$ for final states in the expressions for rates of processes. For fermions the sign of the effect is opposite, since the corresponding factors are $1-f_{\mathbf{p}^{\prime}}$, which shows that transitions to occupied final states are blocked by the Pauli exclusion principle. Consequently, it becomes increasingly difficult to cool fermions by evaporation or by collisions with a second component when the fermions become degenerate.

In this chapter we describe selected topics in the physics of trapped Fermi gases. We begin with equilibrium properties of a trapped gas of non-interacting fermions in Sec. 16.1. We then consider interactions, and in Sec. 16.2 we demonstrate that generally they have little effect on static and dynamic properties provided the interaction energy per particle is small compared with the Fermi energy, which is the case we consider in this chapter. However, an important example where weak interactions have a large effect is a mixture of two sorts of fermion with an attractive interaction between the two species. Such a gas undergoes a transition to a superfluid phase similar to that for electrons in metallic superconductors. We calculate in Sec. 16.3 the transition temperature to the superfluid phase and the gap in the excitation spectrum for equal populations of the two species, and in Sec. 16.4 we consider the case of unequal populations. Section 16.5 deals with mixtures of bosons and fermions, and we discuss the interaction between fermions mediated by excitations in the boson gas. In Chapter 17, we shall consider the case of strong interatomic interactions, which can be induced by Feshbach resonances, and demonstrate the close connection between superfluidity in a Fermi gas and Bose-Einstein condensation of molecules consisting of two fermions.

### 16.1 Equilibrium properties

We begin by considering $N$ fermions in the same internal state. The kinetic energy due to the Fermi motion which results from the requirement that no two particles occupy any single-particle state gives a major contribution to the total energy. Interactions are essentially absent at low temperature because there is no s-wave scattering for two fermions in the same internal state. This is in marked contrast to a Bose-Einstein condensate, for which the interaction energy dominates the kinetic energy under most experimental conditions. A good first approximation to the properties of a one-component Fermi gas may therefore be obtained by treating the particles as non-interacting [4].

In Sec. 2.1.1 we introduced the function $G(\epsilon)$, the number of states with energy less than $\epsilon$. In the ground state of the system all states with energy less than the zero-temperature chemical potential are occupied, while those with higher energy are empty. Since each state can accommodate only one particle we have

$$
\begin{equation*}
G(\mu)=N \tag{16.1}
\end{equation*}
$$

where $\mu$ denotes the zero-temperature chemical potential. For a power-law density of states, $g(\epsilon)=C_{\alpha} \epsilon^{\alpha-1}$, the relation (16.1) yields

$$
\begin{equation*}
g(\mu)=\frac{\alpha N}{\mu} \tag{16.2}
\end{equation*}
$$

For a particle in a box $(\alpha=3 / 2)$, the total number of states with energy less than $\epsilon$ is given by Eq. (2.3), $G(\epsilon)=V(2 m \epsilon)^{3 / 2} / 6 \pi^{2} \hbar^{3}$. According to (16.1) the Fermi energy, which equals the chemical potential at zero temperature, and the particle number are therefore related by the condition

$$
\begin{equation*}
V \frac{\left(2 m \epsilon_{\mathrm{F}}\right)^{3 / 2}}{6 \pi^{2} \hbar^{3}}=N \tag{16.3}
\end{equation*}
$$

and the Fermi temperature $T_{\mathrm{F}}=\epsilon_{\mathrm{F}} / k$ is given by

$$
\begin{equation*}
k T_{\mathrm{F}}=\frac{\left(6 \pi^{2}\right)^{2 / 3}}{2} \frac{\hbar^{2}}{m} n^{2 / 3} \approx 7.596 \frac{\hbar^{2}}{m} n^{2 / 3} \tag{16.4}
\end{equation*}
$$

The density of states $g(\epsilon)$ is given by Eq. (2.5). We introduce the density of states per unit volume by $N(\epsilon)=g(\epsilon) / V$, which is

$$
\begin{equation*}
N(\epsilon)=\frac{g(\epsilon)}{V}=\frac{m^{3 / 2} \epsilon^{1 / 2}}{\sqrt{2} \pi^{2} \hbar^{3}} \tag{16.5}
\end{equation*}
$$

and therefore at the Fermi energy it is

$$
\begin{equation*}
N\left(\epsilon_{\mathrm{F}}\right)=\frac{g\left(\epsilon_{\mathrm{F}}\right)}{V}=\frac{3 n}{2 \epsilon_{\mathrm{F}}} \tag{16.6}
\end{equation*}
$$

in agreement with the general relation (16.2).
For a three-dimensional harmonic trap, the total number of states with energy less than $\epsilon$ is given by Eq. (2.9),

$$
\begin{equation*}
G(\epsilon)=\frac{1}{6}\left(\frac{\epsilon}{\hbar \bar{\omega}}\right)^{3} \tag{16.7}
\end{equation*}
$$

where $\bar{\omega}^{3}=\omega_{x} \omega_{y} \omega_{z}$, and from (16.1) we then obtain the chemical potential $\mu$ and the corresponding Fermi temperature $T_{\mathrm{F}}$ as

$$
\begin{equation*}
\mu=k T_{\mathrm{F}}=(6 N)^{1 / 3} \hbar \bar{\omega} \tag{16.8}
\end{equation*}
$$

A very good approximation for the density distribution of a trapped cloud of fermions in its ground state may be obtained by use of the ThomasFermi approximation, which we applied to bosons in Sec. 6.2.2. According to this semi-classical approximation, the properties of the gas at a point $\mathbf{r}$ are assumed to be those of a uniform gas having a density equal to the local density $n(\mathbf{r})$. The Fermi wave number $k_{\mathrm{F}}(\mathbf{r})$ is related to the density by the relation for a homogeneous gas,

$$
\begin{equation*}
n(\mathbf{r})=\frac{k_{\mathrm{F}}^{3}(\mathbf{r})}{6 \pi^{2}} \tag{16.9}
\end{equation*}
$$

and the local Fermi energy $\epsilon_{\mathrm{F}}(\mathbf{r})$ is given by

$$
\begin{equation*}
\epsilon_{\mathrm{F}}(\mathbf{r})=\frac{\hbar^{2} k_{\mathrm{F}}^{2}(\mathbf{r})}{2 m} \tag{16.10}
\end{equation*}
$$

The condition for equilibrium is that the energy required to add a particle at any point inside the cloud be the same everywhere. This energy is the sum of the local Fermi energy and the potential energy due to the trap, and it is equal to the chemical potential of the system,

$$
\begin{equation*}
\frac{\hbar^{2} k_{\mathrm{F}}^{2}(\mathbf{r})}{2 m}+V(\mathbf{r})=\mu \tag{16.11}
\end{equation*}
$$

Note that the chemical potential is equal to the value of the local Fermi energy in the centre of the cloud, $\mu=\epsilon_{\mathrm{F}}(0)$, if one adopts the convention that $V(0)=0$. The density profile corresponding to (16.11) is thus

$$
\begin{equation*}
n(\mathbf{r})=\frac{1}{6 \pi^{2}}\left\{\frac{2 m}{\hbar^{2}}[\mu-V(\mathbf{r})]\right\}^{3 / 2} \tag{16.12}
\end{equation*}
$$

if $V(\mathbf{r})<\mu$ and zero otherwise. In a cloud of fermions the density profile
is therefore more concentrated towards the centre than it is for a cloud of bosons, for which the density varies as $\mu-V(\mathbf{r})$ (Eq. (6.31)). The boundary of the cloud is determined by the condition $V(\mathbf{r})=\mu$. Therefore for an anisotropic harmonic-oscillator potential of the form (2.7) the cloud extends to distances $R_{x}, R_{y}$ and $R_{z}$ along the three axes of the trap, where

$$
\begin{equation*}
R_{i}^{2}=\frac{2 \mu}{m \omega_{i}^{2}}, \quad i=x, y, z \tag{16.13}
\end{equation*}
$$

and in general the cloud is aspherical.
As a measure of the linear dimensions of the cloud we use $\bar{R}=$ $\left(R_{x} R_{y} R_{z}\right)^{1 / 3}$, the harmonic mean of the $R_{i}$. This may be estimated from (16.8) and (16.13) to be

$$
\begin{equation*}
\bar{R}=48^{1 / 6} N^{1 / 6} \bar{a} \approx 1.906 N^{1 / 6} \bar{a} \tag{16.14}
\end{equation*}
$$

where $\bar{a}=(\hbar / m \bar{\omega})^{1 / 2}$. By contrast, the size of a cloud of bosons depends on the strength of the interaction, and ranges from $\bar{a}$ for $N a / \bar{a} \ll 1$ to approximately $15^{1 / 5}(N a / \bar{a})^{1 / 5} \bar{a}$ for $N a / \bar{a} \gg 1$. For typical trap parameters and scattering lengths, a cloud of fermions is therefore generally a few times larger than one with the same number of bosons.

The total number of particles is obtained by integrating the density over the volume of the cloud, and one finds

$$
\begin{equation*}
N=\frac{\pi^{2}}{8} n(0) \bar{R}^{3} \tag{16.15}
\end{equation*}
$$

or

$$
\begin{equation*}
n(0)=\frac{8}{\pi^{2}} \frac{N}{\bar{R}^{3}} \tag{16.16}
\end{equation*}
$$

where $n(0)$ is the density at the centre of the cloud. Thus

$$
\begin{equation*}
k_{\mathrm{F}}(0)=\frac{(48 N)^{1 / 3}}{\bar{R}}=48^{1 / 6} \frac{N^{1 / 6}}{\bar{a}} \approx 1.906 \frac{N^{1 / 6}}{\bar{a}} \tag{16.17}
\end{equation*}
$$

which shows that the maximum wave number is of order the average inverse interparticle separation, as in a homogeneous gas. The momentum distribution is isotropic as a consequence of the isotropy in momentum space of the single-particle kinetic energy $p^{2} / 2 m$ (Problem 16.1).

The Thomas-Fermi approximation for equilibrium properties of clouds of fermions is valid provided the Fermi wavelength is small compared with the dimensions of the cloud, or $k_{\mathrm{F}}(0) R_{i} \sim N^{1 / 3} \gg 1$. This condition is generally less restrictive than the corresponding one for bosons, $N a / \bar{a} \gg 1$. The Thomas-Fermi approximation fails at the surface, and it is left as a problem to evaluate the thickness of this region (Problem 16.2).

We turn now to thermodynamic properties. The distribution function is given by the Fermi function ${ }^{1}$

$$
\begin{equation*}
f=\frac{1}{e^{(\epsilon-\mu) / k T}+1}, \tag{16.18}
\end{equation*}
$$

and the chemical potential $\mu$ depends on temperature. The total energy $E$ is therefore given by

$$
\begin{equation*}
E(T)=\int_{0}^{\infty} d \epsilon \epsilon g(\epsilon) f(\epsilon) \tag{16.19}
\end{equation*}
$$

where $g(\epsilon)$ is the single-particle density of states. We again consider powerlaw densities of states $g(\epsilon)=C_{\alpha} \epsilon^{\alpha-1}$. At zero temperature the distribution function reduces to a step function, and one finds $E(0)=[\alpha /(\alpha+1)] N \mu$. Therefore for fermions in a three-dimensional harmonic trap

$$
\begin{equation*}
E(0)=\frac{3}{4} N \mu \tag{16.20}
\end{equation*}
$$

while for particles in a box $(\alpha=3 / 2)$

$$
\begin{equation*}
E(0)=\frac{3}{5} N \mu \tag{16.21}
\end{equation*}
$$

Properties of the system at temperatures less than the Fermi temperature may be estimated by carrying out a low-temperature expansion in the standard way. For the energy one finds the well-known result

$$
\begin{equation*}
E \simeq E(0)+\frac{\pi^{2}}{6} g(\mu)(k T)^{2} \tag{16.22}
\end{equation*}
$$

where $\mu$ is the zero-temperature chemical potential, given by Eq. (16.1).
For temperatures high compared with the Fermi temperature one may calculate thermodynamic properties by making high-temperature expansions, as we did for bosons in Sec. 2.4.2. The energy $E$ tends towards its classical value $\alpha N k T$, as it does for bosons, and the first correction due to degeneracy has the same magnitude as that for bosons, but the opposite sign.

### 16.2 Effects of interactions

As we have argued above, interactions have essentially no effect on lowtemperature properties of dilute Fermi systems if all particles are in the same internal state. However, they can play a role for a mixture of two kinds of fermions, as we shall see in more detail in Chapter 17. Consider as

[^49]an example a uniform gas containing equal densities of two kinds of fermions, which we assume to have the same mass. The kinetic energy per particle is of order the Fermi energy $\epsilon_{\mathrm{F}}=\left(\hbar k_{\mathrm{F}}\right)^{2} / 2 m$. The interaction energy per particle is of order $n U_{0}$, where $n$ is the particle density for one component and $U_{0}=4 \pi \hbar^{2} a / m$ is the effective interaction between two unlike fermions, $a$ being the corresponding scattering length. Since the density is given by $n=k_{\mathrm{F}}^{3} / 6 \pi^{2}$, the ratio of the interaction energy to the Fermi energy is
\[

$$
\begin{equation*}
\frac{n U_{0}}{\epsilon_{\mathrm{F}}}=\frac{4}{3 \pi} k_{\mathrm{F}} a, \tag{16.23}
\end{equation*}
$$

\]

which is of order the scattering length divided by the interparticle spacing. This is typically $\sim 10^{-2}$. For two ${ }^{6} \mathrm{Li}$ atoms in a triplet electronic state the scattering length is negative and exceptionally large in magnitude, and the ratio can be of order $10^{-1}$ in zero magnetic field, but near Feshbach resonances the ratio may be of order unity or even larger. An equivalent dimensionless measure of the coupling strength is $N\left(\epsilon_{\mathrm{F}}\right) U_{0}=3 n U_{0} / 2 \epsilon_{\mathrm{F}}$. For trapped clouds, the Fermi wave number is of order $N^{1 / 6} / \bar{a}$, and therefore the ratio of the interaction energy to the Fermi energy is of order $N^{1 / 6} a / \bar{a}$. This dimensionless quantity is familiar from Sec. 11.1, where it was shown to give the ratio of interaction energy to kinetic energy for a Bose gas at a temperature of order $T_{\mathrm{c}}$. The fact that it determines the ratio of these two energies also for Fermi systems at low temperatures reflects the similarity between the momentum distribution for a Bose gas near $T_{\mathrm{c}}$ and that for a Fermi gas at or below the Fermi temperature. We therefore expect particle interactions to have little influence on thermodynamic properties of trapped clouds of fermions, except when the magnitude of the scattering length is comparable to or larger than the interparticle separation.

## Equilibrium size and collective modes

Let us first consider the equilibrium size of a cloud of fermions in a harmonic trap. For simplicity, we neglect the anisotropy of the potential and take it to be of the form $V(r)=m \omega_{0}^{2} r^{2} / 2$. If the spatial extent of the cloud is $\sim R$, the potential energy per particle is of order $m \omega_{0}^{2} R^{2} / 2$, while the kinetic energy per particle is of order $N^{2 / 3} \hbar^{2} / 2 m R^{2}$, according to (16.10) and (16.17). Observe that this is a factor $N^{2 / 3}$ larger than the kinetic energy per particle $\sim \hbar^{2} / 2 m R^{2}$ for a cloud of condensed bosons of the same size. In the absence of interactions the total energy thus varies as $N^{2 / 3} / R^{2}$ at small radii and as $R^{2}$ at large radii, with a minimum when $R$ is of order $N^{1 / 6}\left(\hbar / m \omega_{0}\right)^{1 / 2}=N^{1 / 6} a_{\text {osc }}$, in agreement with (16.14).

Let us now consider the effect of interactions. If the cloud contains an equal number $N$ of each of two fermion species, the interaction energy per particle is of order $U_{0} N / R^{3}$. As discussed for bosons in Sec. 6.2, interactions shift the equilibrium size of the cloud, tending to increase it for repulsive interactions and reduce it for attractive ones. For fermions the shift is generally small, since the ratio of the interaction energy to the kinetic energy is of order $N^{1 / 6} a / a_{\text {osc }}$, as argued above. From these considerations it is natural to expect that interactions will have little effect on collective modes. This may be demonstrated explicitly by calculating the frequency of the breathing mode of a cloud containing equal numbers of two different fermion species of equal mass in an isotropic harmonic trap. The method of collective coordinates described in Sec. 7.3.3 may be applied to fermions if one works in terms of the density distribution rather than the condensate wave function. We parametrize the density distribution $n(r)$ for a single species as

$$
\begin{equation*}
n(r)=\frac{C N}{R^{3}} h(r / R) \tag{16.24}
\end{equation*}
$$

where $C$, a pure number, is a normalization constant. The quantity corresponding to the zero-point energy $E_{\mathrm{zp}}$ given in (7.97) is the kinetic energy due to the Pauli exclusion principle, which we may estimate using the Thomas-Fermi approximation. The energy per particle for a free Fermi gas scales as the Fermi energy, which varies as $n^{2 / 3}$, and therefore the contribution to the total energy scales as $R^{-2}$, just as does the kinetic energy of a condensed cloud of bosons. The calculation of the frequency of the breathing mode goes through as before, with the kinetic energy due to the Pauli principle replacing the zero-point energy. The expression (7.113) for the frequency of the monopole mode does not contain the zero-point energy explicitly, and it is therefore also valid for clouds of fermions:

$$
\begin{equation*}
\omega^{2}=4 \omega_{0}^{2}\left[1+\frac{3}{8} \frac{E_{\mathrm{int}}\left(R_{0}\right)}{E_{\mathrm{osc}}\left(R_{0}\right)}\right] \tag{16.25}
\end{equation*}
$$

This result was earlier derived from sum rules in Ref. [5].
The ratio $E_{\text {int }} / E_{\text {osc }}$ is easily calculated within the Thomas-Fermi approximation, for which the density profile is given by (16.12), since

$$
\begin{equation*}
E_{\mathrm{int}}=U_{0} \int d \mathbf{r} n^{2}(r) \tag{16.26}
\end{equation*}
$$

the density of each species being $n(r)$. The energy due to the trap is

$$
\begin{equation*}
E_{\mathrm{osc}}=m \omega_{0}^{2} \int d \mathbf{r} r^{2} n(r) \tag{16.27}
\end{equation*}
$$

Apart from a numerical constant, the ratio of the two energies is equal to $n(0) U_{0} / m \omega_{0}^{2} R^{2} \sim N^{1 / 6} a / a_{\text {osc }}$. Thus

$$
\begin{equation*}
\omega^{2}=4 \omega_{0}^{2}\left(1+c_{1} N^{1 / 6} \frac{a}{a_{\mathrm{osc}}}\right), \tag{16.28}
\end{equation*}
$$

where $c_{1}$ is a numerical constant to be determined in Problem 16.5. The result (16.28) shows that interactions have little effect on mode frequencies when $N^{1 / 6}|a| \ll a_{\text {osc }}$.

According to Eq. (16.28), frequencies of collective modes in a trap depend linearly on the interaction strength for $N^{1 / 6}|a| \ll a_{\text {osc }}$. This is to be contrasted with the situation for homogeneous gases, where a weak repulsive interaction between two species of fermions (say, spin-up and spin-down) of the same density gives rise to the zero-sound mode. For weak coupling, the velocity of zero sound differs from the Fermi velocity $v_{\mathrm{F}}=p_{\mathrm{F}} / m$ by an amount proportional to $v_{\mathrm{F}} \exp \left[-1 / N\left(\epsilon_{\mathrm{F}}\right) U_{0}\right]$, which is exponentially small. Here $N\left(\epsilon_{\mathrm{F}}\right)$ is the density of states (for one species) per unit volume at the Fermi energy. The reason for this qualitative difference is that the strong degeneracy of the frequencies for single-particle motion in a harmonic trap leads to larger collective effects.

### 16.3 Superfluidity

While the effects of particle interactions are generally small, they can be dramatic if the effective interaction is attractive. The gas is then predicted to undergo a transition to a superfluid state in which atoms are paired in the same way as electrons are in superconducting metals. The basic theory of the state was developed by Bardeen, Cooper, and Schrieffer (BCS) [6], and it has been applied widely to atomic nuclei and liquid ${ }^{3} \mathrm{He}$ as well as to metallic superconductors. It was used to estimate the transition temperature of a dilute Fermi gas in Ref. [7] and applied to atomic vapours in Ref. [8].

The properties of mixtures of dilute Fermi gases with attractive interactions are of interest in a number of contexts other than that of atomic vapours. One of these is in nuclear physics and astrophysics, where dilute mixtures of different sorts of fermions (neutrons and protons with two spin states each) are encountered in the outer parts of atomic nuclei and in the crusts of neutron stars. Another, to be discussed in the next chapter, is in addressing the question of how, as the strength of an attractive interaction is increased, the properties of a Fermi system change from those of a BCS superfluid for weak coupling to those of a system of diatomic (bosonic) molecules.

A rough estimate of the transition temperature may be obtained by using a simplified model, in which one assumes the interaction between fermions to be a constant $-|U|$ for states with energies within $E_{\mathrm{c}}$ of the Fermi energy, and zero otherwise. The transition temperature is predicted to be given in order of magnitude by

$$
\begin{equation*}
k T_{\mathrm{c}} \sim E_{\mathrm{c}} e^{-1 / N\left(\epsilon_{\mathrm{F}}\right)|U|} \tag{16.29}
\end{equation*}
$$

For electrons in metals, the attractive interaction is a consequence of exchange of phonons, and the cut-off energy $E_{\mathrm{c}}$ is comparable with the maximum energy of an acoustic phonon $\hbar \omega_{\mathrm{D}}$, where $\omega_{\mathrm{D}}$ is the Debye frequency. In dilute gases, the dominant part of the interaction is the direct interaction between atoms. For the effective interaction between particles at the Fermi surface we take the usual low-energy result, $U=U_{0}$. Since, generally, the interaction between atoms is not strongly dependent on energy, we take the cut-off to be the energy scale over which the density of states varies, namely $\epsilon_{\mathrm{F}}$. This leads to the estimate

$$
\begin{equation*}
k T_{\mathrm{c}} \sim \epsilon_{\mathrm{F}} e^{-1 / N\left(\epsilon_{\mathrm{F}}\right)\left|U_{0}\right|} . \tag{16.30}
\end{equation*}
$$

Later we shall confirm this result and evaluate the numerical coefficient.
The dimensionless interaction strength $\lambda=N\left(\epsilon_{\mathrm{F}}\right)\left|U_{0}\right|$ at the centre of a harmonic trap may be written as

$$
\begin{equation*}
\lambda=N\left(\epsilon_{\mathrm{F}}\right)\left|U_{0}\right|=\frac{2}{\pi} k_{\mathrm{F}}(0)|a| \approx 1.214 \frac{N^{1 / 6}|a|}{\bar{a}} . \tag{16.31}
\end{equation*}
$$

When $N^{1 / 6}|a|$ is much less than $\bar{a}, \lambda$ is small, and estimated transition temperatures are then much less than the Fermi temperature.

In the remaining part of this section we describe the quantitative theory of the condensed state. We first calculate the transition temperature. For two-body scattering in vacuo, the existence of a bound state gives rise to a divergence in the $T$ matrix at the energy of the state. For example, a large, positive scattering length indicates that there is a bound state at a small negative energy. Similarly, for two particles in a medium, the onset of pairing is signalled by a divergence in the two-body scattering, as shown by Thouless [9], and we calculate the transition temperature by determining when the scattering of two fermions in the medium becomes singular. Following that, we describe how to generalize Bogoliubov's method for bosons to the condensed state of fermions. Subsequently, we demonstrate how induced interactions affect estimates of properties of the condensed state.

### 16.3.1 Transition temperature

To understand the origin of the pairing phenomenon we investigate the scattering of two fermions in a uniform Fermi gas. In Sec. 5.2 .1 we studied scattering of two particles in vacuo, and we now extend this treatment to take into account the effects of other fermions. Since there is no scattering at low energies for fermions in the same internal state, we consider a mixture of two kinds of fermions, which we denote by ' $a$ ' and ' $b$ '. As described in the introduction to this chapter, the two fermions may be different internal states of the same isotope. For simplicity, we shall assume that the two species have the same mass, and that their densities are equal. We shall denote the common Fermi wave number by $k_{\mathrm{F}}$.

The medium has a number of effects on the scattering process. One is that the energies of particles are shifted by the mean field of the other particles. In a dilute gas, this effect is independent of the momentum of a particle. Consequently, the equation for the $T$ matrix will be unaltered, provided that energies are measured relative to the mean-field energy of the two incoming particles. A second effect is that some states are occupied and therefore, because of the Pauli exclusion principle, unavailable as intermediate states in the scattering process. In the Lippmann-Schwinger equation (5.45) the intermediate state contains an a-particle with momentum $\mathbf{p}^{\prime \prime}$ and a b-particle with momentum $-\mathbf{p}^{\prime \prime}$. This process is represented diagrammatically in Fig. 16.1(a). The probabilities that these states are unoccupied are $1-f_{\mathbf{p}^{\prime \prime}}$ and $1-f_{-\mathbf{p}^{\prime \prime}}$, and therefore the contribution from these intermediate states must include the blocking factors. They are the analogues of the factors $1+f$ that enhance rates of processes for bosons. Generally the distribution functions for the two species are different, but for the situation we have chosen they are the same, and therefore we omit species labels on the distribution functions. Modifying the Lippmann-Schwinger equation in this way gives

$$
\begin{equation*}
T\left(\mathbf{p}^{\prime}, \mathbf{p} ; E\right)=U\left(\mathbf{p}^{\prime}, \mathbf{p}\right)+\frac{1}{V} \sum_{\mathbf{p}^{\prime \prime}} U\left(\mathbf{p}^{\prime}, \mathbf{p}^{\prime \prime}\right) \frac{\left(1-f_{\mathbf{p}^{\prime \prime}}\right)\left(1-f_{-\mathbf{p}^{\prime \prime}}\right)}{E-2 \epsilon_{\mathbf{p}^{\prime \prime}}^{0}+i \delta} T\left(\mathbf{p}^{\prime \prime}, \mathbf{p} ; E\right) \tag{16.32}
\end{equation*}
$$

Here $\epsilon_{\mathbf{p}}^{0}=p^{2} / 2 m$ is the free-particle energy, and we work in terms of particle momenta, rather than wave vectors as we did in Sec. 5.2.1.

A third effect of the medium is that interactions between particles can initially excite two fermions from states in the Fermi sea to states outside, or, in other words, two particles and two holes are created. The two holes then annihilate with the two incoming particles. This process is represented in Fig. 16.1(b). The contribution to the Lippmann-Schwinger equation from this process differs from that for two-particle intermediate states in two


Fig. 16.1 Diagrams representing two-particle (a) and two-hole (b) intermediate states in two-particle scattering. The thin and thick lines correspond to the two kinds of fermions, and the dashed lines to the bare interaction. Time is understood to advance from left to right. Consequently, internal lines directed to the left represent holes, and those directed to the right, particles.
respects. First, holes can be created only in occupied states, and the probability of this is $f_{ \pm \mathbf{p}^{\prime \prime}}$ for the two states. Thus the thermal factors for each state are $f_{ \pm \mathbf{p}^{\prime \prime}}$ instead of $1-f_{ \pm \mathbf{p}^{\prime \prime}}$. Second, the energy to create a hole is the negative of that for a particle. Also the intermediate state contains the pairs of particles in the initial and final states, which each have energy $E$, and therefore the total energy of the intermediate state is $2 E-2 \epsilon_{\mathrm{p}^{\prime \prime}}$. Consequently, the energy denominator (the difference between $E$ and the energy of the intermediate state) is for hole-hole intermediate states the negative of that for particle-particle ones. Thus the equation including both types of intermediate state is

$$
\begin{align*}
& T\left(\mathbf{p}^{\prime}, \mathbf{p} ; E\right) \\
& =U\left(\mathbf{p}^{\prime}, \mathbf{p}\right)+\frac{1}{V} \sum_{\mathbf{p}^{\prime \prime}} U\left(\mathbf{p}^{\prime}, \mathbf{p}^{\prime \prime}\right) \frac{\left(1-f_{\mathbf{p}^{\prime \prime}}\right)\left(1-f_{-\mathbf{p}^{\prime \prime}}\right)-f_{\mathbf{p}^{\prime \prime}} f_{-\mathbf{p}^{\prime \prime}}}{E-2 \epsilon_{\mathbf{p}^{\prime \prime}}^{0}+i \delta} T\left(\mathbf{p}^{\prime \prime}, \mathbf{p} ; E\right) \\
& =U\left(\mathbf{p}^{\prime}, \mathbf{p}\right)+\frac{1}{V} \sum_{\mathbf{p}^{\prime \prime}} U\left(\mathbf{p}^{\prime}, \mathbf{p}^{\prime \prime}\right) \frac{1-f_{\mathbf{p}^{\prime \prime}}-f_{-\mathbf{p}^{\prime \prime}}}{E-2 \epsilon_{\mathbf{p}^{\prime \prime}}^{0}+i \delta} T\left(\mathbf{p}^{\prime \prime}, \mathbf{p} ; E\right) \tag{16.33}
\end{align*}
$$

This result may be derived more rigorously by using field-theoretic methods [10] (see also Eq. (17.93)).

Equation (16.33) shows that the greatest effect of intermediate states is achieved if $E=2 \mu=p_{\mathrm{F}}^{2} / m$, since the sign of $1-f_{\mathrm{p}^{\prime \prime}}-f_{-\mathrm{p}^{\prime \prime}}$ is then always opposite that of the energy denominator and, consequently, all contributions to the sum have the same sign. For other choices of the energy there are
contributions of both signs, and some cancellation occurs. In future we shall therefore put the energy $E$ equal to $2 \mu$.

When the $T$ matrix diverges, the first term on the right-hand side of Eq. (16.33) may be neglected, and one finds

$$
\begin{equation*}
T\left(\mathbf{p}^{\prime}, \mathbf{p} ; 2 \mu\right)=-\frac{1}{V} \sum_{\mathbf{p}^{\prime \prime}} U\left(\mathbf{p}^{\prime}, \mathbf{p}^{\prime \prime}\right) \frac{1-2 f_{\mathbf{p}^{\prime \prime}}}{2 \xi_{\mathbf{p}^{\prime \prime}}} T\left(\mathbf{p}^{\prime \prime}, \mathbf{p} ; 2 \mu\right) \tag{16.34}
\end{equation*}
$$

where $\xi_{\mathbf{p}}=p^{2} / 2 m-\mu$. It is no longer necessary to include the infinitesimal imaginary part since the numerator vanishes at the Fermi surface. The right-hand side depends on temperature through the Fermi function that occurs there, and this equation determines the temperature at which the scattering diverges.

## Eliminating the bare interaction

Atomic potentials are generally strong, and they have appreciable matrix elements for transitions to states at energies much greater than the Fermi energy. If one replaces the bare interaction by a constant, the sum on the right-hand side of Eq. (16.34) for momenta less than some cut-off, $p_{\mathrm{c}}$, diverges as $p_{\mathrm{c}} \rightarrow \infty$. To remove this dependence on the high momentum states we eliminate the bare potential in favour of $U_{0}$, as was done in our discussion for bosons. We write Eq. (16.34) formally as

$$
\begin{equation*}
T=U G_{\mathrm{M}} T \tag{16.35}
\end{equation*}
$$

where $G_{\mathrm{M}}$ is the propagator for two particles, the subscript indicating that it applies to the medium. The $T$ matrix in free space and for energy $E=0$, which we here denote by $T_{0}$, is given by

$$
\begin{equation*}
T_{0}\left(\mathbf{p}^{\prime}, \mathbf{p} ; 0\right)=U\left(\mathbf{p}^{\prime}, \mathbf{p}\right)-\frac{1}{V} \sum_{\mathbf{p}^{\prime \prime}} U\left(\mathbf{p}^{\prime}, \mathbf{p}^{\prime \prime}\right) \frac{1}{2 \epsilon_{\mathbf{p}^{\prime \prime}}^{0}-i \delta} T_{0}\left(\mathbf{p}^{\prime \prime}, \mathbf{p} ; 0\right) \tag{16.36}
\end{equation*}
$$

which we write formally as

$$
\begin{equation*}
T_{0}=U+U G_{0} T_{0}, \tag{16.37}
\end{equation*}
$$

where $G_{0}$ corresponds to propagation of two free particles in vacuo. The infinitesimal imaginary part takes into account real scattering to intermediate states having the same energy as the initial state. It gives contributions proportional to the density of states, which varies as $p_{\mathrm{F}}$. These are small at low densities. Thus we shall neglect them and interpret integrals as principal-value ones. Solving for $U$, we find

$$
\begin{equation*}
U=T_{0}\left(1+G_{0} T_{0}\right)^{-1}=\left(1+T_{0} G_{0}\right)^{-1} T_{0}, \tag{16.38}
\end{equation*}
$$

where the second form follows from using an identity similar to that used in deriving Eq. (5.127).

Equation (16.35) may therefore be rewritten as

$$
\begin{equation*}
T=\left(1+T_{0} G_{0}\right)^{-1} T_{0} G_{\mathrm{M}} T \tag{16.39}
\end{equation*}
$$

Multiplying on the left by $1+T_{0} G_{0}$ one finds

$$
\begin{equation*}
T=T_{0}\left(G_{\mathrm{M}}-G_{0}\right) T, \tag{16.40}
\end{equation*}
$$

or

$$
\begin{equation*}
T\left(\mathbf{p}^{\prime}, \mathbf{p} ; 2 \mu\right)=\frac{1}{V} \sum_{\mathbf{p}^{\prime \prime}} T_{0}\left(\mathbf{p}^{\prime}, \mathbf{p}^{\prime \prime} ; 0\right)\left[\frac{2 f_{\mathbf{p}^{\prime \prime}}-1}{2 \xi_{\mathbf{p}^{\prime \prime}}}+\frac{1}{2 \epsilon_{\mathbf{p}^{\prime \prime}}^{0}}\right] T\left(\mathbf{p}^{\prime \prime}, \mathbf{p} ; 2 \mu\right) . \tag{16.41}
\end{equation*}
$$

The quantity inside the square bracket is appreciable only for momenta less than or of the order of the Fermi momentum. This is because contributions from high-momentum states have now been incorporated in the effective interaction. We may therefore replace $T_{0}$ by its value for zero energy and zero momentum, $U_{0}=4 \pi \hbar^{2} a / m$. Consequently $T$ also depends weakly on momentum for momenta of order $p_{\mathrm{F}}$, and Eq. (16.41) reduces to

$$
\begin{equation*}
\frac{U_{0}}{V} \sum_{\mathbf{p}^{\prime \prime}}\left[\frac{2 f_{\mathbf{p}^{\prime \prime}}-1}{2 \xi_{\mathbf{p}^{\prime \prime}}}+\frac{1}{2 \epsilon_{\mathbf{p}^{\prime \prime}}^{0}}\right]=U_{0} \int_{0}^{\infty} d \epsilon N(\epsilon)\left(\frac{f(\epsilon)}{\epsilon-\mu}-\frac{1}{2(\epsilon-\mu)}+\frac{1}{2 \epsilon}\right)=1 \tag{16.42}
\end{equation*}
$$

where $f(\epsilon)=\{\exp [(\epsilon-\mu) / k T]+1\}^{-1}$ and $N(\epsilon)$ is the density of states per unit volume for a single species, which is given by (16.5). Since the chemical potential $\mu$ is here taken to be positive ${ }^{2}$ the integration over $\epsilon$ should be understood as a principal value integration. Since for positive $\mu$ we have

$$
\begin{equation*}
\int_{0}^{\infty} d \epsilon \epsilon^{1 / 2}\left(-\frac{1}{\epsilon-\mu}+\frac{1}{\epsilon}\right)=0 \tag{16.43}
\end{equation*}
$$

the equation (16.42) becomes

$$
\begin{equation*}
U_{0} \int_{0}^{\infty} d \epsilon N(\epsilon) \frac{f(\epsilon)}{\epsilon-\mu}=1 \tag{16.44}
\end{equation*}
$$

In the following we solve this equation for an attractive interaction $\left(U_{0}<0\right)$ in the limit $N\left(\epsilon_{\mathrm{F}}\right)\left|U_{0}\right| \ll 1$, which is referred to as the weak-coupling limit.

[^50]
## Analytical results

At zero temperature the integral in (16.44) diverges logarithmically as $\epsilon \rightarrow \mu$, and at non-zero temperatures it is cut off by the Fermi function at $\left|\xi_{\mathbf{p}}\right| \sim k T$. Thus for an attractive interaction $\left(U_{0}<0\right)$ there is always a temperature $T_{\mathrm{c}}$ at which Eq. (16.44) is satisfied. Setting $T=T_{\mathrm{c}}$ and introducing the dimensionless variables $x=\epsilon / \mu$ and $y=\mu / k T_{\mathrm{c}}$, we may write Eq. (16.44) as

$$
\begin{equation*}
\frac{1}{N\left(\epsilon_{\mathrm{F}}\right)\left|U_{0}\right|}=-\int_{0}^{\infty} d x \frac{x^{1 / 2}}{x-1} \frac{1}{e^{(x-1) y}+1} \tag{16.45}
\end{equation*}
$$

For weak coupling, the transition temperature is small compared with the Fermi temperature, so we now evaluate the integral in (16.45) at low temperatures, $k T_{\mathrm{c}} \ll \mu$, which implies that $\mu \simeq \epsilon_{\mathrm{F}}$. We rewrite the integrand using the identity

$$
\begin{equation*}
\frac{x^{1 / 2}}{x-1}=\frac{1}{x^{1 / 2}+1}+\frac{1}{x-1} \tag{16.46}
\end{equation*}
$$

The first term in (16.46) has no singularity at the Fermi surface in the limit of zero temperature, and the integral containing it may be replaced by its value at zero temperature $(y \rightarrow \infty)$, which is

$$
\begin{equation*}
\int_{0}^{1} \frac{d x}{x^{1 / 2}+1}=2(1-\ln 2) \tag{16.47}
\end{equation*}
$$

The integrand involving the second term in Eq. (16.46) has a singularity at the Fermi surface, and the integral must be interpreted as a principal value one. We divide the range of integration into two parts, one from 0 to $1-\delta$, and the second from $1+\delta$ to infinity, where $\delta$ is a small quantity which we allow to tend to zero in the end. Integrating by parts and allowing the lower limit of integration to tend to $-\infty$ since $T_{\mathrm{c}} \ll T_{\mathrm{F}}$, we find

$$
\begin{equation*}
\int_{0}^{\infty} \frac{d x}{x-1} \frac{1}{e^{(x-1) y}+1}=\int_{0}^{\infty} d z \ln (z / y) \frac{1}{2 \cosh ^{2} z / 2}=-\ln \frac{2 \gamma y}{\pi} \tag{16.48}
\end{equation*}
$$

Here $\gamma=e^{C} \approx 1.781$, where $C$ is Euler's constant. By adding the contributions (16.47) and (16.48) one finds that the transition temperature is given by [7]

$$
\begin{equation*}
k T_{\mathrm{c}}=\frac{8 \gamma}{\pi e^{2}} \epsilon_{\mathrm{F}} e^{-1 / N\left(\epsilon_{\mathrm{F}}\right)\left|U_{0}\right|} \approx 0.61 \epsilon_{\mathrm{F}} e^{-1 / N\left(\epsilon_{\mathrm{F}}\right)\left|U_{0}\right|} \tag{16.49}
\end{equation*}
$$

This result confirms the qualitative estimates made at the beginning of this section. However, it is not the final answer because it neglects the influence of the medium on the interaction between atoms. In Sec. 12.1.1
we introduced the concept of induced interactions in discussing the stability of mixtures of bosons, and we now describe induced interactions in mixtures of fermions. They significantly reduce the transition temperature.

### 16.3.2 Induced interactions

In our description of boson-boson mixtures we saw how the interaction between two species leads to an effective interaction between members of the same species. Likewise the interaction between two fermions is affected by the other fermions, and thus the interaction between two fermions in the medium differs from that between two fermions in vacuo. Long ago Gorkov and Melik-Barkhudarov calculated the transition temperature of a dilute Fermi gas allowing for this effect [7], and the results are interpreted in simple physical terms in Ref. [11]. Rather surprisingly, the induced interaction changes the prefactor in the expression (16.49). Consider an a-fermion with momentum $\mathbf{p}$ and a b-fermion with momentum $\mathbf{- p}$ that scatter to states with momenta $\mathbf{p}^{\prime}$ and $-\mathbf{p}^{\prime}$ respectively. Up to now we have assumed that this can occur only via the bare two-body interaction between particles. However, another possibility in a medium is that the incoming a-fermion interacts with a b-fermion in the medium with momentum $\mathbf{p}^{\prime \prime}$ and scatters to a state with a b-fermion with momentum $-\mathbf{p}^{\prime}$ and an a-fermion with momentum $\mathbf{p}+\mathbf{p}^{\prime}+\mathbf{p}^{\prime \prime}$. The latter particle then interacts with the other incoming b-fermion with momentum $-\mathbf{p}$ to give an a-fermion with momentum $\mathbf{p}^{\prime}$ and a b-fermion with momentum $\mathbf{p}^{\prime \prime}$. The overall result is the same as for the original process, since the particle from the medium that participated in the process is returned to its original state. A diagram illustrating this process is shown in Fig. 16.2(a), and one for the related process in which the b-particle interacts first with an a-particle in the Fermi sea is shown in Fig. 16.2(b). For systems of charged particles, processes like these screen the Coulomb interaction.

The change in the effective interaction due to the medium may be calculated by methods analogous to those used to calculate the energy shift and Landau damping of an excitation in a Bose gas in Sec. 10.5.1. Due to the factor $1 /(\epsilon-\mu)$ in the integrand in Eq. (16.42), interactions between particles close to the Fermi surface play an especially important role in pairing, and it is sufficient to consider the interaction between particles with momentum equal to the Fermi momentum and with energies equal to the chemical potential. The change in the effective interaction may be calculated by second-order perturbation theory, including the appropriate


Fig. 16.2 Diagrams representing contributions to the induced interaction (see text). The notation is the same as in Fig. 16.1.
thermal factors. It is given by

$$
\begin{align*}
U_{\text {ind }}\left(\mathbf{p}, \mathbf{p}^{\prime}\right) & =-\frac{1}{V} \sum_{\mathbf{p}^{\prime \prime}} U_{0}^{2}\left[\frac{f_{\mathbf{p}^{\prime \prime}}\left(1-f_{\mathbf{p}+\mathbf{p}^{\prime}+\mathbf{p}^{\prime \prime}}\right)}{\epsilon_{\mathbf{p}^{\prime \prime}}-\epsilon_{\mathbf{p}+\mathbf{p}^{\prime}+\mathbf{p}^{\prime \prime}}}+\frac{f_{\mathbf{p}+\mathbf{p}^{\prime}+\mathbf{p}^{\prime \prime}}\left(1-f_{\mathbf{p}^{\prime \prime}}\right.}{\epsilon_{\mathbf{p}+\mathbf{p}^{\prime}+\mathbf{p}^{\prime \prime}}-\epsilon_{\mathbf{p}^{\prime \prime}}}\right] \\
& =\int \frac{d \mathbf{p}^{\prime \prime}}{(2 \pi \hbar)^{3}} U_{0}^{2} \frac{f_{\mathbf{p}^{\prime \prime}}-f_{\mathbf{p}+\mathbf{p}^{\prime}+\mathbf{p}^{\prime \prime}}^{\epsilon_{\mathbf{p}+\mathbf{p}^{\prime}+\mathbf{p}^{\prime \prime}}-\epsilon_{\mathbf{p}^{\prime \prime}}}=U_{0}^{2} L\left(\left|\mathbf{p}^{\prime}+\mathbf{p}\right|\right) .}{} \tag{16.50}
\end{align*}
$$

The minus sign in the first of Eqs. (16.50) is necessary because in the process considered one of the particles in the final state is created before that in the initial state is destroyed. Expressed in terms of creation and annihilation operators $\hat{a}^{\dagger}, \hat{a}, \hat{b}^{\dagger}$, and $\hat{b}$ for the two species, the effective interaction would correspond to the combination of operators $\hat{a}_{\mathbf{p}^{\prime}}^{\dagger} \hat{b}_{-\mathbf{p}} \hat{b}_{-\mathbf{p}^{\prime}}^{\dagger} \hat{a}_{\mathbf{p}}$ for the diagram in Fig. 16.2(a), and to $\hat{b}_{-\mathbf{p}^{\prime}}^{\dagger} \hat{a}_{\mathbf{p}} \hat{a}_{\mathbf{p}^{\prime}}^{\dagger}, \hat{b}_{-\mathbf{p}}$ for Fig. 16.2(b). To get the operators in the standard order $\hat{a}_{\mathbf{p}^{\prime}}^{\dagger}, \hat{b}_{-\mathbf{p}^{\prime}}^{\dagger} \hat{b}_{-\mathbf{p}} \hat{a}_{\mathbf{p}}$ a minus sign is required because fermion creation and annihilation operators anticommute. Expressed more formally, the minus sign is due to the fact that the general rules for evaluating diagrams for fermions require a factor $-f_{\mathbf{p}}$ for every hole line. The quantity $L(q)$ is the static Lindhard screening function, which occurs in the theory of the electron gas [12]. It is given by

$$
\begin{equation*}
L(q)=\int \frac{d \mathbf{p}}{(2 \pi \hbar)^{3}} \frac{f_{\mathbf{p}}-f_{\mathbf{p}+\mathbf{q}}}{\epsilon_{\mathbf{p}+\mathbf{q}}-\epsilon_{\mathbf{p}}} \simeq N\left(\epsilon_{\mathrm{F}}\right)\left[\frac{1}{2}+\frac{\left(1-w^{2}\right)}{4 w} \ln \left|\frac{1+w}{1-w}\right|\right], \tag{16.51}
\end{equation*}
$$

where $w=q / 2 p_{\mathrm{F}}$. The temperatures of interest are much less than the Fermi temperature, and the second expression is the result for $T=0$. The Lindhard function is (apart from a sign) the density-density response function $\chi(q)$ for a one-component Fermi gas, $L(q)=-\chi(q)$. The medium-dependent contribution to the interaction is an example of an induced interaction. Its sign is positive, corresponding to a repulsive interaction, and therefore
pairing is suppressed. Solving Eq. (16.34) with the induced interaction included as a perturbation, one finds that $T_{\mathrm{c}}$ is given by Eq. (16.49), but with $U_{0}$ replaced by $U_{0}+\left\langle U_{\text {ind }}>\right.$, where $\langle\cdots\rangle=\int_{-1}^{1} \cdots d(\cos \theta) / 2$ denotes an average over the Fermi surface. Here $\theta$ is the angle between $\mathbf{p}$ and $\mathbf{p}^{\prime}$. Thus from Eq. (16.50) one finds

$$
\begin{equation*}
U_{0}+\left\langle U_{\mathrm{ind}}>\simeq U_{0}-U_{0}^{2}<\chi(q)>,\right. \tag{16.52}
\end{equation*}
$$

and therefore

$$
\begin{equation*}
\frac{1}{U_{0}+\left\langle U_{\mathrm{ind}}>\right.} \simeq \frac{1}{U_{0}}+\langle\chi(q)> \tag{16.53}
\end{equation*}
$$

Since $p=p^{\prime}=p_{\mathrm{F}}$, one has $q^{2}=2 p_{\mathrm{F}}^{2}(1+\cos \theta)$. The integral of the Lindhard function over angles is proportional to

$$
\begin{equation*}
\int_{0}^{1} d w 2 w\left[\frac{1}{2}+\frac{1}{4 w}\left(1-w^{2}\right) \ln \frac{1+w}{1-w}\right]=\frac{2}{3} \ln 2+\frac{1}{3}=\ln (4 e)^{1 / 3} \tag{16.54}
\end{equation*}
$$

and therefore the transition temperature is given by

$$
\begin{equation*}
k T_{\mathrm{c}}=\left(\frac{2}{e}\right)^{7 / 3} \frac{\gamma}{\pi} \epsilon_{\mathrm{F}} e^{-1 / N\left(\epsilon_{\mathrm{F}}\right)\left|U_{0}\right|} \approx 0.28 \epsilon_{\mathrm{F}} e^{-1 / N\left(\epsilon_{\mathrm{F}}\right)\left|U_{0}\right|} \tag{16.55}
\end{equation*}
$$

The induced interaction thus reduces the transition temperature by a factor $(4 e)^{1 / 3} \approx 2.22$. An examination of the microscopic processes contributing to $U_{\text {ind }}$ shows that the dominant effect is exchange of 'spin' fluctuations, where by 'spin' we mean the variable associated with the species labels ' $a$ ' and ' $b$ ' [11]. Such processes suppress pairing in an s-state, an effect well established for magnetic metals and liquid ${ }^{3} \mathrm{He}$.

### 16.3.3 The condensed phase

At the temperature $T_{\mathrm{c}}$ the normal Fermi system becomes unstable with respect to formation of pairs, and below that temperature there is a condensate of pairs in the zero-momentum state. The formation of the pairs in a BCS state is an intrinsically many-body process, and is not simply the formation of molecules made up of two fermions. If the simple molecular picture were correct, molecules would be formed as the temperature is lowered, and when their density became high enough they would form a Bose-Einstein condensate in the zero-momentum state. In the BCS picture, pair formation and condensation of pairs into the state with zero momentum occur at the same temperature.
To make a quantitative theory of the condensed state we again consider a
uniform gas with equal densities of two species of fermion. Interactions between like particles play little role because they are suppressed by the Pauli principle, and therefore we neglect them. The Hamiltonian for interacting fermions is

$$
\begin{equation*}
\hat{H}=\sum_{\mathbf{p}} \epsilon_{p}^{0}\left(\hat{a}_{\mathbf{p}}^{\dagger} \hat{a}_{\mathbf{p}}+\hat{b}_{\mathbf{p}}^{\dagger} \hat{b}_{\mathbf{p}}\right)+\frac{1}{V} \sum_{\mathbf{p p}^{\prime} \mathbf{q}} U\left(\mathbf{p}, \mathbf{p}^{\prime}, \mathbf{q}\right) \hat{a}_{\mathbf{p}+\mathbf{q}^{\prime}}^{\dagger} \hat{\mathbf{p}}_{\mathbf{p}^{\prime}-\mathbf{q}}^{\dagger} \hat{b}_{\mathbf{p}^{\prime}} \hat{a}_{\mathbf{p}}, \tag{16.56}
\end{equation*}
$$

where the operators $\hat{a}^{\dagger}, \hat{a}, \hat{b}^{\dagger}$, and $\hat{b}$ create and destroy particles of the two species. Because the two interacting particles belong to different species, there is no factor of $1 / 2$ in the interaction term, as there would be for a single species. The Hamiltonian has essentially the same form as for bosons, except that the creation and annihilation operators obey Fermi commutation rules

$$
\left\{\hat{a}_{\mathbf{p}}, \hat{a}_{\mathbf{p}^{\prime}}^{\dagger}\right\}=\left\{\hat{b}_{\mathbf{p}}, \hat{b}_{\mathbf{p}^{\prime}}^{\dagger}\right\}=\delta_{\mathbf{p}, \mathbf{p}^{\prime}}
$$

and

$$
\begin{equation*}
\left\{\hat{a}_{\mathbf{p}}, \hat{b}_{\mathbf{p}^{\prime}}\right\}=\left\{\hat{a}_{\mathbf{p}}^{\dagger}, \hat{b}_{\mathbf{p}^{\prime}}\right\}=\left\{\hat{a}_{\mathbf{p}}, \hat{b}_{\mathbf{p}^{\prime}}^{\dagger}\right\}=\left\{\hat{a}_{\mathbf{p}}^{\dagger}, \hat{b}_{\mathbf{p}^{\prime}}^{\dagger}\right\}=0 \tag{16.57}
\end{equation*}
$$

where $\{A, B\} \equiv A B+B A$ denotes the anticommutator. As in Sec. 8.2 for bosons, it is convenient to work with the operator $\hat{K}=\hat{H}-\mu \hat{N}$, where $\mu$ is the chemical potential, which is chosen to keep the average number of particles fixed. This is given by

$$
\begin{equation*}
\hat{K}=\sum_{\mathbf{p}}\left(\epsilon_{\mathbf{p}}^{0}-\mu\right)\left(\hat{a}_{\mathbf{p}}^{\dagger} \hat{a}_{\mathbf{p}}+\hat{b}_{\mathbf{p}}^{\dagger} \hat{b}_{\mathbf{p}}\right)+\frac{1}{V} \sum_{\mathbf{p p}^{\prime} \mathbf{q}} U\left(\mathbf{p}, \mathbf{p}^{\prime}, \mathbf{q}\right) \hat{a}_{\mathbf{p}+\mathbf{q}}^{\dagger} \hat{b}_{\mathbf{p}^{\prime}-\mathbf{q}}^{\dagger} \hat{b}_{\mathbf{p}^{\prime}} \hat{a}_{\mathbf{p}} \tag{16.58}
\end{equation*}
$$

In the dispersion relation for elementary excitations of a Bose system, the Hartree and Fock terms played an important role. For a dilute Fermi system, they change the total energy of the system but they have little influence on pairing. The Hartree and Fock contributions to the energy of an excitation are independent of momentum. However, the chemical potential is changed by the same amount, and therefore the energy of an excitation measured relative to the chemical potential is unaltered. In the Hartree-Fock approximation, $\hat{K}$ is shifted by a constant amount which we shall neglect.

## Elementary excitations

In Chapters 7 and 8 we described the Bogoliubov method for calculating properties of a gas of bosons, and we now generalize it to describe a condensate of pairs of fermions. For a Bose gas, the Bogoliubov approach amounts to assuming that the creation and annihilation operators may be written as
a classical part, which is a c number, and a fluctuation term. We now make an analogous approximation for fermions. However, since the condensate consists of pairs of fermions, the quantities we assume to have a c-number part are operators that create or destroy pairs of particles. For a condensate with total momentum zero, the two fermions that make up a pair must have equal and opposite momenta. Also they must be in different internal states, otherwise there is no interaction between them. We therefore write

$$
\begin{equation*}
\hat{b}_{-\mathbf{p}} \hat{a}_{\mathbf{p}}=C_{\mathbf{p}}+\left(\hat{b}_{-\mathbf{p}} \hat{a}_{\mathbf{p}}-C_{\mathbf{p}}\right), \tag{16.59}
\end{equation*}
$$

where $C_{\mathbf{p}}$ is a c number. Since the relative phases of states whose particle numbers differ by two is arbitrary, we shall choose it so that $C_{\mathbf{p}}$ is real. As in the analogous calculations for bosons, we substitute this expression into Eq. (16.58) and retain only terms with two or fewer creation and annihilation operators. This leads to

$$
\begin{align*}
\hat{K}= & \sum_{\mathbf{p}}\left(\epsilon_{\mathbf{p}}^{0}-\mu\right)\left(\hat{a}_{\mathbf{p}}^{\dagger} \hat{a}_{\mathbf{p}}+\hat{b}_{-\mathbf{p}}^{\dagger} \hat{b}_{-\mathbf{p}}\right)+\sum_{\mathbf{p}} \Delta_{\mathbf{p}}\left(\hat{a}_{\mathbf{p}}^{\dagger} \hat{b}_{-\mathbf{p}}^{\dagger}+\hat{b}_{-\mathbf{p}} \hat{a}_{\mathbf{p}}\right) \\
& -\frac{1}{V} \sum_{\mathbf{p p}^{\prime}} U\left(\mathbf{p}, \mathbf{p}^{\prime}\right) C_{\mathbf{p}} C_{\mathbf{p}^{\prime}}, \tag{16.60}
\end{align*}
$$

where we have omitted the Hartree-Fock contribution. Here

$$
\begin{equation*}
\Delta_{\mathbf{p}}=\frac{1}{V} \sum_{\mathbf{p}^{\prime}} U\left(\mathbf{p}, \mathbf{p}^{\prime}\right) C_{\mathbf{p}^{\prime}} \tag{16.61}
\end{equation*}
$$

and, for simplicity, we omit the final argument in the interaction and write

$$
\begin{equation*}
U\left(\mathbf{p},-\mathbf{p}, \mathbf{p}^{\prime}-\mathbf{p}\right)=U\left(\mathbf{p}, \mathbf{p}^{\prime}\right) . \tag{16.62}
\end{equation*}
$$

The quantity $C_{\mathbf{p}}$ must be determined self-consistently, just as the mean particle distribution function is in Hartree-Fock theory. Thus

$$
\begin{equation*}
C_{\mathbf{p}}=\left\langle\hat{b}_{-\mathbf{p}} \hat{\mathbf{a}}_{\mathbf{p}}>=<\hat{a}_{\mathbf{p}}^{\dagger} \hat{b}_{-\mathbf{p}}^{\dagger}>,\right. \tag{16.63}
\end{equation*}
$$

where $\langle\cdots\rangle$ denotes an expectation value.
The Hamiltonian now has the same form as that for bosons in the Bogoliubov approximation in Sec. 8.1.1, and it is a sum of independent terms of the type,

$$
\begin{equation*}
\hat{h}=\epsilon_{0}\left(\hat{a}^{\dagger} \hat{a}+\hat{b}^{\dagger} \hat{b}\right)+\epsilon_{1}\left(\hat{a}^{\dagger} \hat{b}^{\dagger}+\hat{b} \hat{a}\right), \tag{16.64}
\end{equation*}
$$

where $\hat{a}=\hat{a}_{\mathbf{p}}$ and $\hat{b}=\hat{b}_{-\mathbf{p}}$ satisfy Fermi commutation rules. As in Sec. 8.1.1, we introduce new operators $\hat{\alpha}$ and $\hat{\beta}$ defined by the transformation

$$
\begin{equation*}
\hat{\alpha}=u \hat{a}+v \hat{b}^{\dagger} \quad \text { and } \hat{\beta}=u \hat{b}-v \hat{a}^{\dagger}, \tag{16.65}
\end{equation*}
$$

where $u$ and $v$ are real, and demand that they too satisfy Fermi commutation rules,

$$
\begin{equation*}
\left\{\hat{\alpha}, \hat{\alpha}^{\dagger}\right\}=\left\{\hat{\beta}, \hat{\beta}^{\dagger}\right\}=1, \quad\left\{\hat{\alpha}, \hat{\beta}^{\dagger}\right\}=\left\{\hat{\beta}, \hat{\alpha}^{\dagger}\right\}=\{\hat{\alpha}, \hat{\beta}\}=\left\{\hat{\alpha}^{\dagger}, \hat{\beta}^{\dagger}\right\}=0 . \tag{16.66}
\end{equation*}
$$

When (16.65) is inserted into (16.66) one obtains the condition

$$
\begin{equation*}
u^{2}+v^{2}=1, \tag{16.67}
\end{equation*}
$$

which differs from the analogous result (8.19) for bosons only by the sign of the $v^{2}$ term. Inverting the transformation (16.65), one finds

$$
\begin{equation*}
\hat{a}=u \hat{\alpha}-v \hat{\beta}^{\dagger}, \quad \text { and } \quad \hat{b}=u \hat{\beta}+v \hat{\alpha}^{\dagger} . \tag{16.68}
\end{equation*}
$$

The subsequent manipulations follow closely those for bosons. We insert (16.68) into (16.64), and the result is

$$
\begin{align*}
\hat{h}=2 v^{2} \epsilon_{0}-2 u v \epsilon_{1} & +\left[\epsilon_{0}\left(u^{2}-v^{2}\right)+2 u v \epsilon_{1}\right]\left(\hat{\alpha}^{\dagger} \hat{\alpha}+\hat{\beta}^{\dagger} \hat{\beta}\right) \\
& -\left[\epsilon_{1}\left(u^{2}-v^{2}\right)-2 u v \epsilon_{0}\right]\left(\hat{\alpha} \hat{\beta}+\hat{\beta}^{\dagger} \hat{\alpha}^{\dagger}\right) . \tag{16.69}
\end{align*}
$$

To eliminate the term proportional to $\hat{\alpha} \hat{\beta}+\hat{\beta}^{\dagger} \hat{\alpha}^{\dagger}$, we choose $u$ and $v$ so that

$$
\begin{equation*}
\epsilon_{1}\left(u^{2}-v^{2}\right)-2 u v \epsilon_{0}=0 . \tag{16.70}
\end{equation*}
$$

The condition (16.67) is satisfied by writing

$$
\begin{equation*}
u=\cos t, \quad v=\sin t, \tag{16.71}
\end{equation*}
$$

where $t$ is a parameter to be determined. Equation (16.70) then becomes

$$
\begin{equation*}
\epsilon_{1}\left(\cos ^{2} t-\sin ^{2} t\right)-2 \epsilon_{0} \sin t \cos t=0, \tag{16.72}
\end{equation*}
$$

or

$$
\begin{equation*}
\tan 2 t=\frac{\epsilon_{1}}{\epsilon_{0}} . \tag{16.73}
\end{equation*}
$$

Solving for $u^{2}-v^{2}=\cos 2 t$ and $2 u v=\sin 2 t$, one finds

$$
\begin{equation*}
u^{2}-v^{2}=\frac{\epsilon_{0}}{\sqrt{\epsilon_{0}^{2}+\epsilon_{1}^{2}}} \text { and } 2 u v=\frac{\epsilon_{1}}{\sqrt{\epsilon_{0}^{2}+\epsilon_{1}^{2}}}, \tag{16.74}
\end{equation*}
$$

which on insertion into Eq. (16.69) give the result

$$
\begin{equation*}
\hat{h}=\epsilon\left(\hat{\alpha}^{\dagger} \hat{\alpha}+\hat{\beta}^{\dagger} \hat{\beta}\right)+\epsilon_{0}-\epsilon, \tag{16.75}
\end{equation*}
$$

where

$$
\begin{equation*}
\epsilon=\sqrt{\epsilon_{0}^{2}+\epsilon_{1}^{2}} . \tag{16.76}
\end{equation*}
$$

We choose the positive sign for the square root to ensure that $\hat{\alpha}^{\dagger}$ and $\hat{\beta}^{\dagger}$ create excitations with positive energy. The excitation energy (16.76) has
the same form as for bosons, Eq. (8.27), except that the $\epsilon_{1}^{2}$ term has the opposite sign.

To diagonalize the Hamiltonian (16.60) we therefore introduce the operators

$$
\begin{equation*}
\hat{\alpha}_{\mathbf{p}}=u_{\mathbf{p}} \hat{a}_{\mathbf{p}}+v_{\mathbf{p}} \hat{b}_{-\mathbf{p}}^{\dagger} \text { and } \hat{\beta}_{-\mathbf{p}}=u_{\mathbf{p}} \hat{b}_{-\mathbf{p}}-v_{\mathbf{p}} \hat{a}_{\mathbf{p}}^{\dagger} . \tag{16.77}
\end{equation*}
$$

The normalization condition is

$$
\begin{equation*}
u_{\mathbf{p}}^{2}+v_{\mathbf{p}}^{2}=1, \tag{16.78}
\end{equation*}
$$

and terms of the type $\hat{\alpha} \hat{\beta}$ or $\hat{\beta}^{\dagger} \hat{\alpha}^{\dagger}$ in the Hamiltonian vanish if we choose

$$
\begin{equation*}
u_{\mathbf{p}} v_{\mathbf{p}}=\frac{\Delta_{\mathbf{p}}}{2 \epsilon_{\mathbf{p}}} . \tag{16.79}
\end{equation*}
$$

Here the excitation energy is given by

$$
\begin{equation*}
\epsilon_{\mathbf{p}}^{2}=\Delta_{\mathbf{p}}^{2}+\xi_{\mathbf{p}}^{2} \tag{16.80}
\end{equation*}
$$

where

$$
\begin{equation*}
\xi_{\mathbf{p}}=\epsilon_{\mathbf{p}}^{0}-\mu \tag{16.81}
\end{equation*}
$$

Close to the Fermi surface, $\xi_{\mathbf{p}}$ is approximately $\left(p-p_{\mathrm{F}}\right) v_{\mathrm{F}}$, where $v_{\mathrm{F}}=p_{\mathrm{F}} / m$ is the Fermi velocity, and therefore the spectrum exhibits a gap $\Delta$ equal to $\Delta_{\mathbf{p}}$ for $p=p_{F}$. Excitations behave as free particles for $p-p_{\mathrm{F}} \gg \Delta / v_{\mathrm{F}}$. The momentum $\Delta / v_{\mathrm{F}}$ corresponds in Fermi systems to the momentum ms at which the excitation spectrum for Bose systems changes from being soundlike to free-particle-like. The characteristic length ${ }^{3}$

$$
\begin{equation*}
\xi_{\mathrm{BCS}} \equiv \frac{\hbar v_{\mathrm{F}}}{\Delta} \tag{16.82}
\end{equation*}
$$

which depends on temperature, is the healing length for disturbances in the Fermi superfluid, and it is the analogue of the length $\xi$ for bosons given by Eq. (6.62).
The expressions for the coefficients $u$ and $v$ are

$$
\begin{equation*}
u_{\mathbf{p}}^{2}=\frac{1}{2}\left(1+\frac{\xi_{\mathbf{p}}}{\epsilon_{\mathbf{p}}}\right) \quad \text { and } \quad v_{\mathbf{p}}^{2}=\frac{1}{2}\left(1-\frac{\xi_{\mathbf{p}}}{\epsilon_{\mathbf{p}}}\right) . \tag{16.83}
\end{equation*}
$$

The Hamiltonian (16.60) then assumes the form

$$
\begin{equation*}
\hat{K}=\sum_{\mathbf{p}} \epsilon_{\mathbf{p}}\left(\hat{\alpha}_{\mathbf{p}}^{\dagger} \hat{\alpha}_{\mathbf{p}}+\hat{\beta}_{\mathbf{p}}^{\dagger} \hat{\beta}_{\mathbf{p}}\right)-\sum_{\mathbf{p}}\left(\epsilon_{\mathbf{p}}-\epsilon_{\mathbf{p}}^{0}+\mu\right)-\frac{1}{V} \sum_{\mathbf{p p}^{\prime}} U\left(\mathbf{p}, \mathbf{p}^{\prime}\right) C_{\mathbf{p}} C_{\mathbf{p}^{\prime}}, \tag{16.84}
\end{equation*}
$$

which describes non-interacting excitations with energy $\epsilon_{\mathbf{p}}$.

[^51]
## The gap equation

The gap parameter $\Delta_{\mathbf{p}}$ is determined by inserting the expression for $C_{\mathbf{p}}$ into Eq. (16.61). Calculating the average in Eq. (16.63) by means of the inverse transformation (16.68) one finds

$$
\begin{align*}
C_{\mathbf{p}} & =<\left(u_{\mathbf{p}} \beta_{-\mathbf{p}}+v_{\mathbf{p}} \hat{\alpha}_{\mathbf{p}}^{\dagger}\right)\left(u_{\mathbf{p}} \hat{\alpha}_{\mathbf{p}}-v_{\mathbf{p}} \beta_{-\mathbf{p}}^{\dagger}\right)> \\
& =-\left[1-2 f\left(\epsilon_{\mathbf{p}}\right)\right] \frac{\Delta_{\mathbf{p}}}{2 \epsilon_{\mathbf{p}}} \tag{16.85}
\end{align*}
$$

and therefore the equation (16.61) for the gap becomes

$$
\begin{equation*}
\Delta_{\mathbf{p}}=-\frac{1}{V} \sum_{\mathbf{p}^{\prime}} U\left(\mathbf{p}, \mathbf{p}^{\prime}\right) \frac{1-2 f\left(\epsilon_{\mathbf{p}^{\prime}}\right)}{2 \epsilon_{\mathbf{p}^{\prime}}} \Delta_{\mathbf{p}^{\prime}} \tag{16.86}
\end{equation*}
$$

since the thermal averages of the operators for the numbers of excitations are given by

$$
\begin{equation*}
<\hat{\alpha}_{\mathbf{p}}^{\dagger} \hat{\alpha}_{\mathbf{p}}>=<\hat{\beta}_{\mathbf{p}}^{\dagger} \hat{\beta}_{\mathbf{p}}>=f\left(\epsilon_{\mathbf{p}}\right)=\frac{1}{\exp \left(\epsilon_{\mathbf{p}} / k T\right)+1} \tag{16.87}
\end{equation*}
$$

At the transition temperature the gap vanishes, and therefore the excitation energy in the denominator in Eq. (16.86) may be replaced by the result for $\Delta_{\mathbf{p}}=0$, that is $\epsilon_{\mathbf{p}}=\left|\epsilon_{\mathbf{p}}^{0}-\mu\right|$. The equation then becomes

$$
\begin{align*}
\Delta_{\mathbf{p}} & =-\frac{1}{V} \sum_{\mathbf{p}^{\prime}} U\left(\mathbf{p}, \mathbf{p}^{\prime}\right) \frac{1-2 f\left(\left|\epsilon_{\mathbf{p}^{\prime}}^{0}-\mu\right|\right)}{2\left|\epsilon_{\mathbf{p}^{\prime}}^{0}-\mu\right|} \Delta_{\mathbf{p}^{\prime}} \\
& =-\frac{1}{V} \sum_{\mathbf{p}^{\prime}} U\left(\mathbf{p}, \mathbf{p}^{\prime}\right) \frac{1-2 f\left(\epsilon_{\mathbf{p}^{\prime}}^{0}-\mu\right)}{2\left(\epsilon_{\mathbf{p}^{\prime}}^{0}-\mu\right)} \Delta_{\mathbf{p}^{\prime}} \tag{16.88}
\end{align*}
$$

where the latter form follows because $[1-2 f(\epsilon)] / \epsilon$ is an even function of $\epsilon$. The equation is identical with Eq. (16.34), which gives the temperature at which two-particle scattering in the normal state becomes singular. The formalism for the condensed state appears somewhat different from that for the normal one because in the condensed state it is conventional to work with excitations with positive energy, irrespective of whether the momentum of the excitation is above or below the Fermi surface. For the normal state, one usually works with particle-like excitations. These have positive energy relative to the Fermi energy above the Fermi surface, but negative energy below. The positive-energy elementary excitations of a normal Fermi system for momenta below the Fermi surface correspond to creation of a hole, that is, removal of a particle. As $T_{\mathrm{c}}$ is approached in the condensed state, the description naturally goes over to one in which excitations in the normal state are particles for $p>p_{\mathrm{F}}$ and holes for $p<p_{\mathrm{F}}$.

Before we solve the gap equation we eliminate the bare interaction $U$ in favour of the $T$ matrix in free space, $T_{0}$, just as we did when considering the transition temperature above. By writing the gap equation (16.86) formally as $\Delta=U G_{\mathrm{M}} \Delta$ we can repeat the steps leading from (16.35) to (16.41) and obtain

$$
\begin{equation*}
\Delta_{\mathbf{p}}=-\frac{U_{0}}{V} \sum_{\mathbf{p}^{\prime}}\left[\frac{1-2 f\left(\epsilon_{\mathbf{p}^{\prime}}\right)}{2 \epsilon_{\mathbf{p}^{\prime}}}-\frac{1}{2 \epsilon_{\mathbf{p}^{\prime}}^{0}}\right] \Delta_{\mathbf{p}^{\prime}} \tag{16.89}
\end{equation*}
$$

which can also be written in the equivalent form, using the identity (16.43) which applies for $\mu>0$,

$$
\begin{equation*}
\Delta_{\mathbf{p}}=-\frac{U_{0}}{V} \sum_{\mathbf{p}^{\prime}}\left[\frac{1-2 f\left(\epsilon_{\mathbf{p}^{\prime}}\right)}{2 \epsilon_{\mathbf{p}^{\prime}}}-\frac{1}{2\left(\epsilon_{\mathbf{p}^{\prime}}^{0}-\mu\right)}\right] \Delta_{\mathbf{p}^{\prime}} \tag{16.90}
\end{equation*}
$$

## The gap at zero temperature

As an application of the formalism, we determine the gap at $T=0$. Forgetting the effects of the induced interaction for a moment, one finds from (16.90) that

$$
\begin{equation*}
\Delta_{\mathbf{p}}=-\frac{U_{0}}{V} \sum_{\mathbf{p}^{\prime}}\left[\frac{1}{2 \epsilon_{\mathbf{p}^{\prime}}}-\frac{1}{2\left(\epsilon_{\mathbf{p}^{\prime}}^{0}-\mu\right)}\right] \Delta_{\mathbf{p}^{\prime}} \tag{16.91}
\end{equation*}
$$

First, we see that $\Delta_{\mathbf{p}}$ is independent of the direction of $\mathbf{p}$, and therefore it corresponds to pairing in an s-wave state. Second, since the main contributions to the integral now come from momenta of order $p_{\mathrm{F}}$, we may replace the gap by its value at the Fermi surface, which we have denoted by $\Delta$. The result is

$$
\begin{align*}
1 & =-\frac{U_{0}}{2 V} \sum_{\mathbf{p}}\left[\frac{1}{\left(\xi_{\mathbf{p}}^{2}+\Delta^{2}\right)^{1 / 2}}-\frac{1}{\xi_{\mathbf{p}}}\right] \\
& =-\frac{U_{0} N\left(\epsilon_{\mathrm{F}}\right)}{2} \int_{0}^{\infty} d x x^{1 / 2}\left[\frac{1}{\left[(x-1)^{2}+\left(\Delta / \epsilon_{\mathrm{F}}\right)^{2}\right]^{1 / 2}}-\frac{1}{x-1}\right] \tag{16.92}
\end{align*}
$$

As we did when evaluating the integrals in the expression for $T_{\mathrm{c}}$, we split the integral into two parts by writing $x^{1 / 2}=\left(x^{1 / 2}-1\right)+1$. The integral involving the first term is well behaved for small $\Delta$ and may be evaluated putting $\Delta=0$. The second part of the integral may be evaluated directly, and since $\Delta / \epsilon_{\mathrm{F}} \ll 1$, one finds

$$
\begin{equation*}
\Delta=\frac{8}{e^{2}} \epsilon_{\mathrm{F}} e^{-1 / N\left(\epsilon_{\mathrm{F}}\right)\left|U_{0}\right|} \tag{16.93}
\end{equation*}
$$

When the induced interaction is included, the gap is reduced by a factor $(4 e)^{-1 / 3}$, as is the transition temperature, and thus

$$
\begin{equation*}
\Delta=\left(\frac{2}{e}\right)^{7 / 3} \epsilon_{\mathrm{F}} e^{-1 / N\left(\epsilon_{\mathrm{F}}\right)\left|U_{0}\right|} . \tag{16.94}
\end{equation*}
$$

The ratio between the zero-temperature gap and the transition temperature is given by

$$
\begin{equation*}
\frac{\Delta(T=0)}{k T_{\mathrm{c}}}=\frac{\pi}{\gamma} \approx 1.76 \tag{16.95}
\end{equation*}
$$

The pairing interaction in dilute gases is different from the phononexchange interaction in metals. The latter extends only over an energy interval of order the Debye energy $\hbar \omega_{\mathrm{D}}$ about the Fermi surface, whereas in dilute gases the interaction is of importance over a range of energies in excess of the Fermi energy. Often, when treating superconductivity in metals one adopts the BCS schematic model, in which there is an attractive interaction of constant strength $U$ for momenta such that $\epsilon_{\mathrm{F}}-E_{\mathrm{c}}<\epsilon_{\mathbf{p}}^{0}, \epsilon_{\mathrm{p}^{\prime}}^{0}<\epsilon_{\mathrm{F}}+E_{\mathrm{c}}$, and one neglects the momentum dependence of the density of states. This yields an energy gap at zero temperature equal to $\Delta=2 E_{\mathrm{c}} \exp \left(-1 / N\left(\epsilon_{\mathrm{F}}\right)|U|\right)$. This agrees with the result (16.93) of the detailed treatment given above if one identifies $U$ with $U_{0}$ and chooses the cut-off energy to be $E_{\mathrm{c}}=\left(4 / e^{2}\right) \epsilon_{\mathrm{F}} \approx 0.541 \epsilon_{\mathrm{F}}$. In the weak-coupling limit the relation (16.95) is a general result, which is also obtained within the BCS schematic model.

The reduction of the energy due to formation of the paired state may be calculated from the results above (see Problem 16.6), and at zero temperature it is of order $\Delta^{2} / \epsilon_{\mathrm{F}}$ per particle. For weak coupling this is small compared with the energy per particle in the normal state, which is of order $\epsilon_{\mathrm{F}}$. Consequently, the total energy and pressure are relatively unaffected by the transition. ${ }^{4}$
When the dimensionless coupling parameter $N\left(\epsilon_{\mathrm{F}}\right)\left|U_{0}\right|$ becomes comparable with unity it is necessary to take into account higher-order effects than those considered here. In the unitarity limit when $k_{\mathrm{F}}|a| \rightarrow \infty$, the energy per particle is of order $\epsilon_{\mathrm{F}}$. We shall return to this issue in Chapter 17 .

[^52]
### 16.4 Pairing with unequal populations

Pairing can also occur when the numbers of atoms of the two species of fermion differ, a problem first studied in investigations of the effect of a magnetic field on pairing of electrons in metals [13, 14].

We begin by considering the case of a homogeneous phase with given values of the chemical potentials of the two components. Later we shall consider the situation when the numbers of atoms are fixed and shall demonstrate that phase separation can occur. When the populations of the two species are unequal, their chemical potentials are in general different, and one may generalize the expression (16.60) to this case by replacing the first term on the right-hand side by

$$
\begin{align*}
& \sum_{\mathbf{p}}\left(\xi_{\mathbf{p}, \mathrm{a}} \hat{a}_{\mathbf{p}}^{\dagger} \hat{a}_{\mathbf{p}}+\xi_{\mathbf{p}, \mathrm{b}} \hat{b}_{-\mathbf{p}}^{\dagger} \hat{b}_{-\mathbf{p}}\right)= \\
& \sum_{\mathbf{p}}\left[\bar{\xi}_{\mathbf{p}}\left(\hat{a}_{\mathbf{p}}^{\dagger} \hat{a}_{\mathbf{p}}+\hat{b}_{-\mathbf{p}}^{\dagger} \hat{b}_{-\mathbf{p}}\right)+h\left(\hat{a}_{\mathbf{p}}^{\dagger} \hat{a}_{\mathbf{p}}-\hat{b}_{-\mathbf{p}}^{\dagger} \hat{b}_{-\mathbf{p}}\right)\right] \tag{16.96}
\end{align*}
$$

where $\xi_{\mathbf{p}, \mathrm{a}}=\left(p^{2} / 2 m-\mu_{\mathrm{a}}\right), \xi_{\mathbf{p}, \mathrm{b}}=\left(p^{2} / 2 m-\mu_{\mathrm{b}}\right), \bar{\xi}_{\mathbf{p}}=\left(\xi_{\mathbf{p}, \mathrm{a}}+\xi_{\mathbf{p}, \mathrm{b}}\right) / 2$ and $h=\left(\mu_{\mathrm{b}}-\mu_{\mathrm{a}}\right) / 2$. We shall assume that the two species have the same mass, but the formalism may be generalized straightforwardly to the case of unequal masses.

It follows from using Eq. (16.68) and the Fermi commutation rules that

$$
\begin{equation*}
\hat{a}_{\mathbf{p}}^{\dagger} \hat{a}_{\mathbf{p}}-\hat{b}_{-\mathbf{p}}^{\dagger} \hat{b}_{-\mathbf{p}}=\hat{\alpha}_{\mathbf{p}}^{\dagger} \hat{\alpha}_{\mathbf{p}}-\hat{\beta}_{-\mathbf{p}}^{\dagger} \hat{\beta}_{-\mathbf{p}} \tag{16.97}
\end{equation*}
$$

The Hamiltonian may be reduced to diagonal form by the procedure that led to Eq. (16.84), and there are two branches of excitations with energies (see Eq. (16.80))

$$
\begin{equation*}
\epsilon_{\mathbf{p}, \sigma}=\sigma h+\sqrt{\Delta_{\mathbf{p}}^{2}+\bar{\xi}_{\mathbf{p}}^{2}} \tag{16.98}
\end{equation*}
$$

with $\sigma=+,-$. The gap $\Delta_{\mathbf{p}}$ satisfies the equation

$$
\begin{align*}
\Delta_{\mathbf{p}} & =-\frac{1}{V} \sum_{\mathbf{p}^{\prime}} U\left(\mathbf{p}, \mathbf{p}^{\prime}\right) \frac{1-f\left(\epsilon_{\mathbf{p}^{\prime},+}\right)-f\left(\epsilon_{\mathbf{p}^{\prime},--}\right)}{\epsilon_{\mathbf{p}^{\prime},+}+\epsilon_{\mathbf{p}^{\prime},-}} \Delta_{\mathbf{p}^{\prime}} \\
& =-\frac{1}{V} \sum_{\mathbf{p}^{\prime}} U\left(\mathbf{p}, \mathbf{p}^{\prime}\right) \frac{1-f\left(\epsilon_{\mathbf{p}^{\prime},+}\right)-f\left(\epsilon_{\mathbf{p}^{\prime},-}\right)}{2 \sqrt{\Delta_{\mathbf{p}^{\prime}}^{2}+\bar{\xi}_{\mathbf{p}^{\prime}}^{2}}} \Delta_{\mathbf{p}^{\prime}}, \tag{16.99}
\end{align*}
$$

which is analogous to Eq. (16.86). We see that with a population imbalance, the energies $\epsilon_{\mathbf{p}, \pm}$ can be negative, in which case the states will be occupied even at zero temperature.

In order to gain insight into the nature of the solutions to the gap equation we use the schematic model described below Eq. (16.95) with constant density of states $N\left(\epsilon_{\mathrm{F}}\right)$. The gap equation then assumes the form

$$
\begin{align*}
\frac{1}{\lambda}=\int_{0}^{E_{\mathrm{c}}} d \xi \frac{1}{\sqrt{\xi^{2}+\Delta^{2}}}(1- & \frac{1}{\exp \left[\left(h+\sqrt{\xi^{2}+\Delta^{2}}\right) / k T\right]+1}- \\
& \left.\frac{1}{\exp \left[\left(-h+\sqrt{\xi^{2}+\Delta^{2}}\right) / k T\right]+1}\right) \tag{16.100}
\end{align*}
$$

where we have written $\bar{\xi}_{\mathbf{p}}$ simply as $\xi$, and $\lambda=N\left(\epsilon_{\mathrm{F}}\right)|U|$. If $|h|<|\Delta|$, the excitation energies are all positive and the Fermi functions are zero at zero temperature. On the other hand, if $|h|>|\Delta|$, one branch of the spectrum has negative energy for $|\bar{\xi}|<\left(h^{2}-\Delta^{2}\right)^{1 / 2}$, and therefore the integrand in Eq. (16.100) vanishes for this range of $\bar{\xi}_{\mathrm{p}}$. Thus, the gap equation at zero temperature may be written as

$$
\begin{equation*}
\frac{1}{\lambda}=\int_{\xi_{\min }}^{E_{\mathrm{c}}} d \xi \frac{1}{\sqrt{\xi^{2}+\Delta^{2}}} \tag{16.101}
\end{equation*}
$$

where $\xi_{\text {min }}=0$ for $|h|<|\Delta|$ and $\xi_{\text {min }}=\sqrt{h^{2}-\Delta^{2}}$ for $|h|>|\Delta|$. For $|h|<|\Delta|$, the solution to the gap equation does not depend on $h$. In the weak-coupling limit $\lambda \ll 1$ we obtain

$$
\begin{equation*}
\frac{1}{\lambda}=\sinh ^{-1}\left(E_{\mathrm{c}} / \Delta\right) \simeq \ln \left(2 E_{\mathrm{c}} / \Delta\right) \tag{16.102}
\end{equation*}
$$

or

$$
\begin{equation*}
\Delta=\Delta_{0}=2 E_{\mathrm{c}} e^{-1 / \lambda} \tag{16.103}
\end{equation*}
$$

Despite the difference in the chemical potentials of the two species, their populations are equal. Demonstrating this explicitly is the task of Problem 16.7.

Equilibrium states with population imbalance exist for $|h|>|\Delta|$. Solution of the gap equation (16.101) in the weak-coupling limit for this case yields

$$
\begin{equation*}
\frac{1}{\lambda}=\ln \left(2 E_{\mathrm{c}} / \Delta\right)-\sinh ^{-1}\left(\sqrt{h^{2}-\Delta^{2}} / \Delta\right) \tag{16.104}
\end{equation*}
$$

which together with (16.103) results in

$$
\begin{equation*}
\ln \left(\Delta / \Delta_{0}\right)=-\sinh ^{-1}\left(\sqrt{h^{2}-\Delta^{2}} / \Delta\right) \tag{16.105}
\end{equation*}
$$

or

$$
\begin{equation*}
\Delta=\Delta_{0} \sqrt{\left(2 h / \Delta_{0}\right)-1} \tag{16.106}
\end{equation*}
$$

provided $h$ lies in the interval $\Delta_{0} / 2<h<\Delta_{0}$. Note that there are two solutions for $\Delta$ in this range of $h$. The one with the lower value of the gap, which was first obtained by Sarma [15], has unequal populations of the two species, since the states with negative excitation energies (corresponding to the interval $-\sqrt{h^{2}-\Delta^{2}}<\bar{\xi}_{\mathrm{p}}<\sqrt{h^{2}-\Delta^{2}}$ ) have a predominance of the species with the lower chemical potential. The Sarma phase is thermodynamically unstable, since it has a higher thermodynamic potential $K$ in the weak-coupling limit than does the solution with $\Delta=\Delta_{0}$. However, in the range of chemical potential differences for which the Sarma phase solution exists, the state with gap $\Delta_{0}$ is unstable with respect to the normal phase, as we now demonstrate. In the BCS state, the thermodynamic potential per unit volume due to the pairing interaction is $-N\left(\epsilon_{\mathrm{F}}\right) \Delta_{0}^{2} / 2$ (see Problem 16.6), and this is unaffected by the changes in the chemical potential since the numbers of the two species are equal. The change in the thermodynamic potential of the normal state due to the chemical potential difference is $-\chi h^{2} / 2$, where $\chi=2 N\left(\epsilon_{\mathrm{F}}\right)$. Since $\chi$ gives the response of the population difference to the field $h$, it is the analogue of the static magnetic susceptibility. Thus the thermodynamic potentials are equal for $|h|=\left|\Delta_{0}\right| / \sqrt{2}$, which is referred to as the Clogston-Chandrasekhar limit [13, 14]. At lower fields, the ground state is the BCS state with gap $\Delta_{0}$, while at higher fields it is the normal state.

The discussion above was for homogeneous phases with fixed chemical potentials, and one may ask what the ground state is for given numbers of particles of the two species. As in the case of the liquid-gas transition, there is a possibility of phase separation, with the BCS phase and the normal phase coexisting [16], and this effect has been observed experimentally in strongly interacting Fermi gases $[17,18]$. Yet another possibility is phases with a spatially varying gap, as proposed by Larkin and Ovchinnikov [19] and by Fulde and Ferrell [20].

### 16.5 Boson-fermion mixtures

The experimental techniques that have been developed also open up the possibility of exploring properties of mixtures of bosons and fermions. These systems are the dilute analogues of liquid mixtures of ${ }^{3} \mathrm{He}$ and ${ }^{4} \mathrm{He}$, and just as the interaction between two ${ }^{3} \mathrm{He}$ atoms is modified by the ${ }^{4} \mathrm{He}$ atoms, the interaction between two fermions in a dilute gas is modified by the bosons. The calculation of $T_{\mathrm{c}}$ for two fermion species illustrated how induced interactions can have a marked effect. However, the modification of the effective interaction there was modest, because for fermions the interaction
energy is generally small compared with the Fermi energy. For mixtures of fermions and bosons the effects can be much larger, because the boson gas is very compressible.

### 16.5.1 Induced interactions in mixtures

Consider a uniform mixture of a single fermion species of density $n_{\mathrm{F}}$ and bosons of density $n_{\mathrm{B}}$ at zero temperature. The energy per unit volume is given by

$$
\begin{equation*}
\mathcal{E}=\frac{3}{5} n_{\mathrm{F}} \epsilon_{\mathrm{F}}+\frac{1}{2} n_{\mathrm{B}}^{2} U_{\mathrm{BB}}+n_{\mathrm{B}} n_{\mathrm{F}} U_{\mathrm{BF}}, \tag{16.107}
\end{equation*}
$$

where $U_{\mathrm{BB}}$ is the effective interaction between two bosons and $U_{\mathrm{BF}}$ is that between a boson and a fermion. Let us now calculate the change in energy when a long-wavelength, static density fluctuation is imposed on the densities of the two components, just as we did in deriving the stability condition for binary boson mixtures in Sec. 12.1.1. The contribution of second order in the density fluctuations $\delta n_{\mathrm{F}}(\mathbf{r})$ and $\delta n_{\mathrm{B}}(\mathbf{r})$ is

$$
\begin{equation*}
\delta^{2} E=\frac{1}{2} \int d \mathbf{r}\left[\frac{2 \epsilon_{\mathrm{F}}}{3 n_{\mathrm{F}}}\left(\delta n_{\mathrm{F}}\right)^{2}+U_{\mathrm{BB}}\left(\delta n_{\mathrm{B}}\right)^{2}+2 U_{\mathrm{BF}} \delta n_{\mathrm{F}} \delta n_{\mathrm{B}}\right] \tag{16.108}
\end{equation*}
$$

We wish to calculate the effect of the response of the bosons to the presence of the fluctuation in the fermion density. At long wavelengths the ThomasFermi approximation is valid, so in equilibrium the chemical potential $\mu_{\mathrm{B}}$ of the bosons is constant in space. The chemical potential is given by

$$
\begin{equation*}
\mu_{\mathrm{B}}=\frac{\partial \mathcal{E}}{\partial n_{\mathrm{B}}}=U_{\mathrm{BB}} n_{\mathrm{B}}+U_{\mathrm{BF}} n_{\mathrm{F}}, \tag{16.109}
\end{equation*}
$$

and therefore in equilibrium the boson and fermion density fluctuations are related by the expression

$$
\begin{equation*}
\delta n_{\mathrm{B}}=-\frac{1}{U_{\mathrm{BB}}} \delta V_{\mathrm{B}}, \tag{16.110}
\end{equation*}
$$

where

$$
\begin{equation*}
\delta V_{\mathrm{B}}=U_{\mathrm{BF}} \delta n_{\mathrm{F}} \tag{16.111}
\end{equation*}
$$

is the change in boson energy induced by the change in fermion density. Substituting this result into Eq. (16.108) one finds

$$
\begin{equation*}
\delta^{2} E=\frac{1}{2} \int d \mathbf{r}\left(\frac{2 \epsilon_{\mathrm{F}}}{3 n_{\mathrm{F}}}-\frac{U_{\mathrm{BF}}^{2}}{U_{\mathrm{BB}}}\right)\left(\delta n_{\mathrm{F}}\right)^{2} . \tag{16.112}
\end{equation*}
$$

The second term shows that the response of the bosons leads to an extra contribution to the effective interaction between fermions which is of exactly the same form as we found in Sec. 12.1.1 for binary boson mixtures.

The origin of the induced interaction is that a fermion density fluctuation gives rise to a potential $U_{\mathrm{BF}} \delta n_{\mathrm{F}}$ acting on a boson. This creates a boson density fluctuation, which in turn leads to an extra potential $U_{\mathrm{BF}} \delta n_{\mathrm{B}}$ acting on a fermion. To generalize the above calculations to non-zero frequencies $\omega$ and wave vectors $\mathbf{q}$, we use the fact that the response of the bosons is given in general by

$$
\begin{equation*}
\delta n_{\mathrm{B}}=\chi_{\mathrm{B}}(\mathbf{q}, \omega) \delta V_{\mathrm{B}} \tag{16.113}
\end{equation*}
$$

where $\chi_{\mathrm{B}}(\mathbf{q}, \omega)$ is the density-density response function for the bosons. Thus the induced interaction is

$$
\begin{equation*}
U_{\mathrm{ind}}(q, \omega)=U_{\mathrm{BF}}^{2} \chi_{\mathrm{B}}(q, \omega) \tag{16.114}
\end{equation*}
$$

This result is similar to those discussed in Sec. 16.3.2 for the induced interaction between two species of fermion. This interaction is analogous to the phonon-induced attraction between electrons in metals, and it is attractive at low frequencies, irrespective of the sign of the boson-fermion interaction. In a quantum-mechanical treatment, the wave number and frequency of the density fluctuation are related to the momentum transfer $\hbar \mathbf{q}$ and energy change $\hbar \omega$ of the fermion in a scattering process.

In the Bogoliubov approximation, the density-density response function of the Bose gas is given by (7.38)

$$
\begin{equation*}
\chi_{\mathrm{B}}(q, \omega)=\frac{n_{\mathrm{B}} q^{2}}{m_{\mathrm{B}}\left(\omega^{2}-\omega_{q}^{2}\right)}, \tag{16.115}
\end{equation*}
$$

where the excitation frequencies are the Bogoliubov ones

$$
\begin{equation*}
\hbar \omega_{q}=\left[\epsilon_{q}^{0}\left(\epsilon_{q}^{0}+2 n_{\mathrm{B}} U_{\mathrm{BB}}\right)\right]^{1 / 2} \tag{16.116}
\end{equation*}
$$

In the static limit, and for $q \rightarrow 0$ the response function is $\chi_{\mathrm{B}}(q \rightarrow 0,0)=$ $-1 / U_{\mathrm{BB}}$, and therefore the effective interaction reduces to the result

$$
\begin{equation*}
U_{\mathrm{ind}}(q \rightarrow 0,0)=-\frac{U_{\mathrm{BF}}^{2}}{U_{\mathrm{BB}}} \tag{16.117}
\end{equation*}
$$

The static induced interaction for general wave numbers is

$$
\begin{equation*}
U_{\mathrm{ind}}(q, 0)=-U_{\mathrm{BF}}^{2} \frac{n_{\mathrm{B}}}{n_{\mathrm{B}} U_{\mathrm{BB}}+\hbar^{2} q^{2} / 4 m_{\mathrm{B}}} \tag{16.118}
\end{equation*}
$$

In coordinate space this is a Yukawa, or screened Coulomb, interaction

$$
\begin{equation*}
U_{\mathrm{ind}}(r)=-\frac{m_{\mathrm{B}} n_{\mathrm{B}} U_{\mathrm{BF}}^{2}}{\pi \hbar^{2}} \frac{e^{-\sqrt{2} r / \xi}}{r}, \tag{16.119}
\end{equation*}
$$

where $\xi$ is the coherence (healing) length for the bosons, given by (6.62),

$$
\begin{equation*}
\xi^{2}=\frac{\hbar^{2}}{2 m_{\mathrm{B}} n_{\mathrm{B}} U_{\mathrm{BB}}} . \tag{16.120}
\end{equation*}
$$

A noteworthy feature of the induced interaction is that at long wavelengths it is independent of the density of bosons. In addition, its value $-U_{\mathrm{BF}}^{2} / U_{\mathrm{BB}}$ is of the same order of magnitude as a typical bare interaction if the boson-boson and boson-fermion interactions are of comparable size. The reason for this is that even though the induced interaction involves two boson-fermion interactions, the response function for the bosons at long wavelengths is large, since it is inversely proportional to the boson-boson interaction. At wave numbers greater than the inverse of the coherence length for the bosons, the magnitude of the induced interaction is reduced, since the boson density-density response function for $q \gtrsim 1 / \xi$ has a magnitude $\sim 2 n_{\mathrm{B}} / \epsilon_{q}^{0}$ where $\epsilon_{q}^{0}=(\hbar q)^{2} / 2 m_{\mathrm{B}}$ is the free boson energy. The induced interaction is thus strongest for momentum transfers less than $m_{\mathrm{B}} s_{\mathrm{B}}$, where $s_{\mathrm{B}}=\left(n_{\mathrm{B}} U_{\mathrm{BB}} / m_{\mathrm{B}}\right)^{1 / 2}$ is the sound speed in the boson gas. For momentum transfers of order the Fermi momentum, the induced interaction is of order the 'diluteness parameter' $k_{\mathrm{F}} a$ times the direct interaction if bosons and fermions have comparable masses and densities, and the scattering lengths are comparable.
We have calculated the induced interaction between two identical fermions, but the mechanism also operates between two fermions of different species (for example two different hyperfine states) when mixed with bosons. When bosons are added to a mixture of two species of fermion, the induced interaction increases the transition temperature to the BCS superfluid state $[11,21]$. The effect can be appreciable because of the strong induced interaction for small momentum transfers.

## Problems

Problem 16.1 Determine the momentum distribution for a cloud of fermions in an anisotropic harmonic-oscillator potential at zero temperature and compare the result with that for a homogeneous Fermi gas.

Problem 16.2 Consider a cloud of fermions in a harmonic trap at zero
temperature. Determine the thickness of the region at the surface where the Thomas-Fermi approximation fails.

Problem 16.3 By making a low-temperature expansion, show that the chemical potential of a single species of non-interacting fermions in a harmonic trap at low temperatures is given by

$$
\mu \simeq \epsilon_{\mathrm{F}}\left(1-\frac{\pi^{2}}{3} \frac{T^{2}}{T_{\mathrm{F}}^{2}}\right)
$$

Determine the temperature dependence of the chemical potential in the classical limit, $T \gg T_{\mathrm{F}}$. Plot the two limiting forms as functions of $T / T_{\mathrm{F}}$ and compare their values at $T / T_{\mathrm{F}}=1 / 2$.

Problem 16.4 Verify the expression (16.22) for the temperature dependence of the energy at low temperatures. Carry out a high-temperature expansion, as was done for bosons in Sec. 2.4.2, and sketch the dependence of the energy and the specific heat as functions of temperature for all values of $T / T_{\mathrm{F}}$.

Problem 16.5 Consider a cloud containing equal numbers of two different spin states of the same atom in an isotropic harmonic-oscillator potential. Use the method of collective coordinates (Sec. 7.3.3) to show that the shift in the equilibrium radius due to interactions is given by

$$
\Delta R \approx \frac{3}{8} \frac{E_{\mathrm{int}}}{E_{\mathrm{osc}}} R
$$

and evaluate this for the Thomas-Fermi density profile. Prove that the frequency of the breathing mode can be written in the form (16.28), and determine the value of the coefficient $c_{1}$.

Problem 16.6 For a uniform system with equal numbers of two fermion species of equal mass, calculate the difference in energy at zero temperature between the normal state and the BCS state for weak coupling.
a) Show, using the gap equation (16.86), that the third term in the expression (16.84) for the thermodynamic potential is equal to $\sum_{\mathbf{p}} \Delta^{2} / 2 \epsilon_{\mathbf{p}}$.
b) Use the fact that, according to the theorem of small increments (see footnote 1 in Chapter 11), the change in the energy at fixed particle number is equal to the change in the thermodynamic potential $K$ at fixed chemical potential to show that the difference $E_{\mathrm{s}}-E_{\mathrm{n}}$ between the energies of the BCS and the normal $(\Delta=0)$ states is given by

$$
E_{\mathrm{s}}-E_{\mathrm{n}}=2 V N\left(\epsilon_{\mathrm{F}}\right) \int_{0}^{\infty} d \xi\left(\xi-\epsilon+\frac{\Delta^{2}}{2 \epsilon}\right)
$$

where $\epsilon=\sqrt{\Delta^{2}+\xi^{2}}$.
c) By carrying out the integration, show that $\left(E_{\mathrm{s}}-E_{\mathrm{n}}\right) / N=-3 \Delta^{2} / 4 \epsilon_{\mathrm{F}}$.

Problem 16.7 Show explicitly, e.g. by using Eq. (16.97), that the populations of two species with different chemical potentials are equal in the BCS ground state.

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## 17

## From atoms to molecules

A new facet was added to the study of dilute gases by the production and subsequent Bose-Einstein condensation of diatomic molecules from a gas of fermionic atoms $[1-3]$. Feshbach resonances which, as we have seen in Sec. 5.4, make it possible to tune the atom-atom interaction, play a crucial role in the experiments. At the magnetic field strength for which the binding energy of the molecule vanishes, the inverse of the scattering length, which determines the low-energy effective interaction between atoms, passes through zero. In the experiments to produce molecules, one starts with a mixture of two species of fermion, most commonly different hyperfine states of the same isotope, in a magnetic field of such a strength that the molecular state has an energy higher than that of two zero-momentum atoms in the open channel. The magnetic field is then altered to a value at which the molecular state is bound with respect to two atoms in the open channel, and in this process, many of the atoms combine to form molecules. These molecules have binding energies in the $10^{-9} \mathrm{eV}$ range, and are thus extremely weakly bound by the standards of conventional molecular physics. In addition, they are very extended, with atomic separations as large as one micron. These molecules, being bosons, can undergo Bose-Einstein condensation, just as bosonic atoms do.

When the energy of the molecular state lies above the energy of two atoms in the open channel at rest, the effective low-energy interaction between atoms is attractive, and at sufficiently low temperatures the atoms undergo a transition to the BCS paired state discussed in Sec. 16.3. When the attraction is weak, pairs of atoms in this state are correlated in space over distances large compared with the interatomic spacing: the pairs overlap in space and do not correspond simply to isolated individual molecules. As the energy of the molecular state is lowered, the low-energy effective interaction between atoms becomes more attractive, correlations increase
and the system becomes strongly coupled. With further change in the magnetic field, the molecular state becomes bound relative to two atoms at rest, and eventually the binding becomes so strong that the size of a molecule becomes less than the typical interatomic spacing and the system behaves as a gas of weakly interacting diatomic molecules. As we shall see in the present chapter, a Bose-Einstein condensate of molecules and the BCS state of atoms are closely related. The BCS state develops continuously into a Bose-Einstein condensate of molecules as the energy of the molecular state passes through zero, and the low-energy effective interaction between atoms, which is proportional to the scattering length, changes from being attractive to being repulsive.

In the regime where the low-energy interaction between atoms is attractive, there exists strong experimental evidence for pairing correlations. This includes observation of molecules when the magnetic field is changed on a relatively rapid time scale from a value at which the effective interaction between atoms is attractive (and the molecular state is not bound with respect to two atoms) to one at which the effective interaction is repulsive (and the molecular state is bound) [4], spectroscopic measurements of the pairing gap [5], and measurements of collective modes [6, 7]. Perhaps the most convincing evidence is the observation of an array of vortices, each with circulation equal to $h / 2 m$ [8] with $m$ being the atom mass. This is the value one would predict for a BCS superfluid, and should be contrasted with the value $h / m$ for a gas of atomic bosons.

We first consider in Sec. 17.1 the thermodynamics of Bose-Einstein condensation of molecules. Section 17.2 treats the properties of diatomic molecules close to a Feshbach resonance. We first calculate the molecular binding energy in terms of the atom-atom scattering length within a single-channel model and then discuss the coupled-channel case with one channel consisting of atoms and the other of molecules. The crossover between the BCS state and a Bose-Einstein condensate of molecules is the subject of Sec. 17.3 , where we show that the BCS gap equation together with the relation between particle number and chemical potential provides a qualitative description of the crossover at zero temperature. At non-zero temperatures it is necessary to allow for molecules outside the condensate, in addition to free fermions and condensed pairs (Sec. 17.4). We calculate the transition temperature as a function of the ratio between the scattering length and the interparticle distance within a simple model which takes into account repeated scattering of fermions in opposite momentum states. Section 17.5 discusses a Fermi gas in the limit $|a| \rightarrow \infty$, in which a number of properties become universal. Finally, in Sec. 17.6 we describe collective modes and
vortices, topics of relevance for experimental investigations of the crossover region.

### 17.1 Bose-Einstein condensation of molecules

One might think that one could create a Bose-Einstein condensate of molecules by taking a gas of atoms, and then allowing diatomic molecules to be made by three-body collisions. The problem with this approach is that, because there is a large number of rotational and vibrational molecular states, it is difficult to achieve a sufficiently high density for condensation in any one of these states. The successful experiments have made molecules by changing the magnetic field from a value for which there is no weakly bound molecule to one for which there is. The advantage of this method is that the new molecular state that appears as the magnetic field is altered is extended in space, and three-body processes lead preferentially to this state, with relatively few molecules being produced in other internal states. We begin by applying thermodynamic considerations to this situation. Let us assume that the magnetic field is changed at a rate slow enough that the conversion of atoms to molecules is adiabatic, but sufficiently fast that other molecular states are not populated. We shall assume that the initial state consists solely of atoms, with equal numbers $N / 2$ of each of two species having the same mass $m$.

At a temperature well below the Fermi temperature $T_{\mathrm{F}}$, the entropy of non-interacting fermions in a harmonic trap may be obtained from the energy expression (16.22), since the specific heat $C$ at constant volume is given by

$$
\begin{equation*}
C=\frac{\partial E}{\partial T}=\frac{\pi^{2}}{3} g(\mu) k^{2} T \tag{17.1}
\end{equation*}
$$

where $g(\mu)=3 N / \epsilon_{\mathrm{F}}$ is the density of states at the Fermi surface, given in Eq. (16.2). The specific heat and the entropy are related in general by $C=T d S / d T$. Since the low-temperature specific heat is proportional to the temperature, the low-temperature entropy is equal to the specific heat and given by

$$
\begin{equation*}
S=C=\pi^{2} N k \frac{T}{T_{\mathrm{F}}} \tag{17.2}
\end{equation*}
$$

For fermions the ratio of the interaction energy to the Fermi energy is of order the scattering length divided by the mean interparticle distance, as discussed in Sec. 16.2. We shall assume that the initial magnetic field is
so far from the resonant value that the effective interaction between atoms is sufficiently weak that interaction contributions to the entropy may be neglected.

For the final state of the system, we shall likewise assume that the effects of interactions between molecules may be neglected. In addition, we shall assume that the molecule in the final state of the system is so deeply bound that free atoms may be neglected. The entropy of $N / 2$ bosonic molecules in a harmonic trap is given at temperatures below the Bose-Einstein transition temperature $T_{\mathrm{c}}$ by Eq. (2.64) with $\alpha$ set equal to 3,

$$
\begin{equation*}
S=2 \frac{\zeta(4)}{\zeta(3)} N k\left(\frac{T}{T_{\mathrm{c}}}\right)^{3} \tag{17.3}
\end{equation*}
$$

Assuming that the conversion of atoms into a Bose-Einstein condensate of molecules occurs at constant entropy, we can now relate the temperature $T_{\text {mol }}$ of the molecules to the temperature $T_{\text {atom }}$ of the atoms before the magnetic field was swept through the resonance,

$$
\begin{equation*}
\left(\frac{T_{\mathrm{mol}}}{T_{\mathrm{c}}}\right)^{3}=\frac{\zeta(3)}{\zeta(4)} \frac{\pi^{2}}{2} \frac{T_{\text {atom }}}{T_{\mathrm{F}}} \approx 5.48 \frac{T_{\text {atom }}}{T_{\mathrm{F}}} . \tag{17.4}
\end{equation*}
$$

For a molecular condensate to be present, the final temperature must be less than $T_{\mathrm{c}}$, and therefore this equation implies that $T_{\text {atom }} \leq 0.18 T_{\mathrm{F}}$, the equality sign corresponding to $T_{\mathrm{mol}}=T_{\mathrm{c}}$. This agrees well with the fact that in the experiment [1] it was found that the atoms had to be cooled to a temperature $0.17 T_{\mathrm{F}}$ before the molecular condensate was observed. The temperature of the molecules when they first condensed was observed to be $(0.8 \pm 0.1) T_{\mathrm{c}}$, with $T_{\mathrm{c}}$ given by the expression (2.20) for non-interacting bosons in a harmonic trap. This provides added support for the general picture of the conversion process. The fact that the measured transition temperature is slightly lower than the predicted one could be due to interaction effects, which tend to decrease the condensation temperature (Sec. 11.1.2), or to loss of molecules during the expansion.

For thermodynamics to be valid, the relevant degrees of freedom must be in thermal equilibrium, and therefore changes in the interatomic interaction must be sufficiently slow on the time scale for establishment of thermal equilibrium which, for mixtures of molecules and atoms, is the time for three-body processes to produce molecules.

### 17.2 Diatomic molecules

Before discussing properties of many-atom systems, we consider the problem of two interacting atoms. We shall show that there is a simple relationship between the binding energy of a weakly bound diatomic molecule and the scattering length for atom-atom scattering. Following that, we shall describe properties of molecules in the presence of a Feshbach resonance.

### 17.2.1 Binding energy and the atom-atom scattering length

We return to the problem treated in Sec. 5.3 of the relative motion of two atoms, in two different internal states, either different species, or different internal states of the same species, interacting via a spherically symmetric potential. The discussion will apply irrespective of the statistics of the atoms, since the system has at most one atom in any internal state. If we neglect for the moment the fact that the interaction generally couples different hyperfine channels, the Schrödinger equation (5.57) for an s-wave state is

$$
\begin{equation*}
-\frac{\hbar^{2}}{2 m_{\mathrm{r}}} \frac{d^{2} \chi}{d r^{2}}+U(r) \chi=E \chi . \tag{17.5}
\end{equation*}
$$

Here $m_{\mathrm{r}}$ is the reduced mass, $U(r)$ the atom-atom interaction and $E$ the energy eigenvalue, while $\chi=r R$ with $R(r)$ being the radial function. We consider a potential with a finite range $d$, and examine the properties of a weakly bound molecular state. For distances larger than $d$, the potential vanishes and therefore the radial wave function for a bound state has the form

$$
\begin{equation*}
\chi \propto e^{-\kappa r} \text { or } R \propto \frac{e^{-\kappa r}}{r} \tag{17.6}
\end{equation*}
$$

where $\kappa$ is related to the energy $E=\epsilon_{\mathrm{M}}$ of the molecule by

$$
\begin{equation*}
\epsilon_{\mathrm{M}}=-\frac{\hbar^{2} \kappa^{2}}{2 m_{\mathrm{r}}} \tag{17.7}
\end{equation*}
$$

By integrating the Schrödinger equation outwards from $r=0$, one can determine the wave function at $r=d$, to within a constant multiplicative factor. The energy of bound states is determined by matching this wave function and its slope to the expression outside the potential. Equivalently, this amounts to equating the values of $(1 / \chi) d \chi / d r=d \ln \chi / d r$ at $r=d$. If we denote $d \ln \chi / d r$ for the inner solution at this point by $-1 / l(E)$, the
condition for a bound state is

$$
\begin{equation*}
\frac{1}{l\left(\epsilon_{\mathrm{M}}\right)}=\kappa=\sqrt{\frac{2 m_{\mathrm{r}}\left(-\epsilon_{\mathrm{M}}\right)}{\hbar^{2}}} \text { or } \epsilon_{\mathrm{M}}=-\frac{\hbar^{2}}{2 m_{\mathrm{r}} l\left(\epsilon_{\mathrm{M}}\right)^{2}} . \tag{17.8}
\end{equation*}
$$

If the energy of the bound state is small, we may replace $l(E)$ by its value for $E=0$. The wave function at zero energy is given by $\chi \propto r-a$, where $a$ is the scattering length, and therefore

$$
\begin{equation*}
-\left.\frac{\chi}{d \chi / d r}\right|_{r=d}=l(0)=a-d . \tag{17.9}
\end{equation*}
$$

If $a \gg d$, it follows from Eqs. (17.8) and (17.9) that

$$
\begin{equation*}
\kappa \simeq \frac{1}{a} \text { and } \epsilon_{\mathrm{M}} \simeq-\frac{\hbar^{2}}{2 m_{\mathrm{r}} a^{2}} . \tag{17.10}
\end{equation*}
$$

This result applies only for positive scattering lengths, since for large negative $a, d \ln \chi / d r$ at $r=d$ is positive, and the wave function cannot be matched to a decaying exponential.

If the binding energy is low, the two atoms in the molecule are most likely to be in the tail of the wave function outside the potential. To show this, we calculate the probability of the particles being at separations larger than $d$. This is given by

$$
\begin{equation*}
P(r>d)=\frac{\int_{d}^{\infty} 4 \pi r^{2} d r|R(r)|^{2}}{\int_{0}^{\infty} 4 \pi r^{2} d r|R(r)|^{2}}, \tag{17.11}
\end{equation*}
$$

where the denominator is the normalization integral. The radial wave function for $r>d$ is $C e^{-\kappa r} / r$, where $C$ is a constant, so the numerator is

$$
\begin{equation*}
|C|^{2} \int_{d}^{\infty} 4 \pi e^{-2 \kappa r} d r=2 \pi|C|^{2} e^{-2 \kappa d} / \kappa . \tag{17.12}
\end{equation*}
$$

Since the contribution to the normalization integral from the region where $r<d$ tends to a well-defined constant for $\kappa \rightarrow 0$, this shows that in the limit of small binding energies, the probability of finding the two atoms at separations less than $d$ tends to zero, and the long tail of the wave function outside the potential dominates.

## Coupling between channels

In the considerations above, we assumed that the wave function satisfied the Schrödinger equation for a pair of atoms in definite internal states. However, for real atoms, coupling between different hyperfine channels plays a
vital role and, as described in Sec. 5.4.2, makes it possible to tune atomic interactions by, for example, varying the magnetic field.

The derivation of the relationship (17.10) between the binding energy and the scattering length neglected coupling between different hyperfine channels, but the result is more general. The basic assumption was that the wave function at distances larger than $d$ satisfied the Schrödinger equation for a single channel, and this applies even if there is coupling between channels, provided the components of the wave function from channels other than the one included explicitly have died out at $r=d$. All the required information about interactions at shorter distances is encoded in $d \ln \chi / d r$ at $r=d$, if this quantity has been calculated with allowance for coupling between channels.

### 17.2.2 A simple two-channel model

In Chapter 5 we described scattering between atoms in the presence of a Feshbach resonance. We now view the problem from a different perspective, and discuss how the energy of a molecule is affected by coupling to atoms. We adopt a schematic model in which atoms of species a and $b$, with masses $m_{\mathrm{a}}$ and $m_{\mathrm{b}}$, respectively, can interact to form a diatomic molecule c with mass $M=m_{\mathrm{a}}+m_{\mathrm{b}}$ in a different hyperfine channel, which we shall refer to as the closed channel. We write the Hamiltonian as

$$
\begin{align*}
\hat{H}=\sum_{\mathbf{q}} & \left(\epsilon_{\text {bare }}+\frac{q^{2}}{2 M}\right) \hat{c}_{\mathbf{q}}^{\dagger} \hat{c}_{\mathbf{q}}+\sum_{\mathbf{p}}\left(\frac{p^{2}}{2 m_{\mathrm{a}}} \hat{a}_{\mathbf{p}}^{\dagger} \hat{a}_{\mathbf{p}}+\frac{p^{2}}{2 m_{\mathrm{b}}} \hat{b}_{\mathbf{p}}^{\dagger} \hat{b}_{\mathbf{p}}\right) \\
& +\frac{1}{V^{1 / 2}} \sum_{\mathbf{p p}^{\prime}} g_{0}\left(\left|\mathbf{p}-\mathbf{p}^{\prime}\right| / 2\right)\left(\hat{c}_{\mathbf{p}+\mathbf{p}^{\prime}}^{\dagger} \hat{a}_{\mathbf{p}} \hat{b}_{\mathbf{p}^{\prime}}+\hat{b}_{\mathbf{p}^{\prime}}^{\dagger} \hat{a}_{\mathbf{p}}^{\dagger} \hat{\mathbf{p}}_{\mathbf{p}+\mathbf{p}^{\prime}}\right) . \tag{17.13}
\end{align*}
$$

Here $g_{0}\left(\left|\mathbf{p}-\mathbf{p}^{\prime}\right| / 2\right)$ is the matrix element for coupling of the molecule to the atoms which, because of Galilean invariance, is independent of the total momentum $\mathbf{p}+\mathbf{p}^{\prime}$. By appropriate choice of the phase of molecule states with respect to atom states it may be taken to be real. The operators $\hat{c}^{\dagger}$ and $\hat{c}, \hat{a}^{\dagger}$ and $\hat{a}$, and $\hat{b}^{\dagger}$ and $\hat{b}$ create and destroy molecules and the two species of atom. We assume that the molecule has zero total angular momentum, and therefore the matrix element $g_{0}$ does not depend on the direction of $\mathbf{p}-\mathbf{p}^{\prime}$. The basic physics is the same as that discussed in Sec. 5.4, except that in the closed channel we take into account only a single molecular state, and neglect the parts of the interaction which do not couple channels. In writing the Hamiltonian in this form, energies are measured with respect to the energy of the state containing only free atoms.

We are particularly interested in weakly bound molecules, and especially in the effects of the atomic states that give rise to the long-range tail in the molecular wave function. For this purpose it is convenient to simplify the description even further by using an effective low-energy Hamiltonian in which the only interactions that appear explicitly are ones to atomic states in which the momentum difference of the two atoms is less than some cut-off value $2 p_{\mathrm{c}}$. The cut-off is chosen to be large compared with the momentum scale of the tail of the wave function,

$$
\begin{equation*}
p_{0}=\sqrt{2 m_{\mathrm{r}}\left|\epsilon_{\mathrm{M}}\right|} \tag{17.14}
\end{equation*}
$$

where $\epsilon_{\mathrm{M}}$ is the energy of the molecule with the effects of interactions with atoms included, but small compared with other characteristic momenta, e.g. the scale for variations of the bare coupling matrix element $g_{0}(p)$. We therefore write the Hamiltonian as

$$
\begin{array}{r}
\hat{H}=\sum_{\mathbf{q}}\left(\epsilon_{\mathrm{d}}+\frac{q^{2}}{2 M}\right) \hat{d}_{\mathbf{q}}^{\dagger} \hat{d}_{\mathbf{q}}+\sum_{\mathbf{p}}\left(\frac{p^{2}}{2 m_{\mathrm{a}}} \hat{a}_{\mathbf{p}}^{\dagger} \hat{a}_{\mathbf{p}}+\frac{p^{2}}{2 m_{\mathrm{b}}} \hat{b}_{\mathbf{p}}^{\dagger} \hat{b}_{\mathbf{p}}\right) \\
+\frac{g}{V^{1 / 2}} \sum_{\mathbf{p p}^{\prime},\left|\mathbf{p}-\mathbf{p}^{\prime}\right|<2 p_{\mathrm{c}}}\left(\hat{d}_{\mathbf{p}+\mathbf{p}^{\prime}}^{\dagger} \hat{a}_{\mathbf{p}} \hat{b}_{\mathbf{p}^{\prime}}+\hat{b}_{\mathbf{p}^{\prime}}^{\dagger} \hat{a}_{\mathbf{p}}^{\dagger} \hat{d}_{\mathbf{p}+\mathbf{p}^{\prime}}\right), \tag{17.15}
\end{array}
$$

where the operators $\hat{d}^{\dagger}$ and $\hat{d}$ create and destroy a molecule dressed by atom pairs with momentum difference greater than $2 p_{c}$. Because of the assumption of the smallness of $p_{c}$, we may take $g$ to be independent of the momentum difference of the atom pair. Note that the operator $\hat{c}^{\dagger}$ is not the same as $\hat{d}^{\dagger}$ : $\hat{c}^{\dagger}$ creates a bare molecule, while $\hat{d}^{\dagger}$ creates one with a dressing cloud of atoms with momentum difference greater than $2 p_{c}$, and the energy $\epsilon_{\mathrm{d}}$ therefore differs from the bare molecular energy $\epsilon_{\text {bare }}$ of Eq. (17.13).

We now calculate how the energy of a single molecule is modified by its interaction with atoms, following the approach of Ref. [9]. From Galilean invariance it follows that the general form of the energy is $\epsilon_{\mathrm{M}}(\mathbf{q})=\epsilon_{\mathrm{M}}(0)+$ $q^{2} / 2 M$, and therefore we need only consider a zero momentum molecule. The expression for the energy may be calculated by a variety of methods. One is to find the poles of the scattering matrix, which is given by the Lippmann-Schwinger equation (5.87). For the Hamiltonian (17.15), there are only two channels, which we denote by 'A' (for atoms) and ' M ' for molecules. The only interactions are those between the two channels, which we denote by the operators $U_{\mathrm{AM}}$ and $U_{\mathrm{MA}}$, so the Lippmann-Schwinger equation may be written

$$
\begin{equation*}
T_{\mathrm{AA}}=U_{\mathrm{AM}} G_{0}^{\mathrm{M}} T_{\mathrm{MA}}, \quad T_{\mathrm{MA}}=U_{\mathrm{MA}}+U_{\mathrm{MA}} G_{0}^{\mathrm{A}} T_{\mathrm{AA}} \tag{17.16}
\end{equation*}
$$

where $G_{0}^{\mathrm{M}}$ and $G_{0}^{\mathrm{A}}$ are propagators for a free molecule and an atom pair, respectively. Eliminating $T_{\mathrm{MA}}$ from these equations, one finds

$$
\begin{equation*}
T_{\mathrm{AA}}=U_{\mathrm{AM}} G^{\mathrm{M}} U_{\mathrm{MA}}, \tag{17.17}
\end{equation*}
$$

where $G_{\mathrm{M}}$, given by

$$
\begin{equation*}
\left(G^{\mathrm{M}}\right)^{-1}=\left(G_{0}^{\mathrm{M}}\right)^{-1}-U_{\mathrm{MA}} G_{0}^{\mathrm{A}} U_{\mathrm{AM}}, \tag{17.18}
\end{equation*}
$$

is the molecule propagator in the presence of interactions. In the momentum representation, the free d-molecule propagator is $G_{0}^{\mathrm{M}}=\left(E-\epsilon_{\mathrm{d}}\right)^{-1}$. The quantity $U_{\mathrm{MA}} G_{0}^{\mathrm{A}} U_{\mathrm{AM}}$ is the self energy $\Pi(E)$, which is given by

$$
\begin{equation*}
\Pi(E)=\frac{g^{2}}{V} \sum_{\mathbf{p}, p<p_{\mathrm{c}}} \frac{1}{E-p^{2} / 2 m_{\mathrm{r}}}, \tag{17.19}
\end{equation*}
$$

where $m_{\mathrm{r}}$ is the reduced mass of the two atoms. This term describes the energy change due to a molecule making a virtual transition into two atoms with low relative momentum, which then recombine to form a molecule. The molecule propagator for zero momentum is given by

$$
\begin{equation*}
G^{\mathrm{M}}(E)=\left[E-\epsilon_{\mathrm{d}}-\Pi(E)\right]^{-1} \tag{17.20}
\end{equation*}
$$

and therefore the energy $\epsilon_{\mathrm{M}}$ of a molecule, which is determined by the pole of the propagator, satisfies the equation

$$
\begin{equation*}
\epsilon_{\mathrm{M}}=\epsilon_{\mathrm{d}}+\Pi\left(\epsilon_{\mathrm{M}}\right) . \tag{17.21}
\end{equation*}
$$

We convert the sum in Eq. (17.19) into an integral and, for negative $E$, one finds

$$
\begin{align*}
\Pi(E) & =\frac{g^{2}}{2 \pi^{2} \hbar^{3}} \int_{0}^{p_{\mathrm{c}}} p^{2} d p \frac{1}{E-p^{2} / 2 m_{\mathrm{r}}} \\
& =\frac{g^{2} m_{\mathrm{r}}}{\pi^{2} \hbar^{3}}\left[\sqrt{2 m_{\mathrm{r}}|E|} \tan ^{-1}\left(p_{\mathrm{c}} / \sqrt{2 m_{\mathrm{r}}|E|}\right)-p_{\mathrm{c}}\right], \quad(E<0) \\
& \simeq \frac{g^{2} m_{\mathrm{r}}^{3 / 2}}{\sqrt{2} \pi \hbar^{3}} \sqrt{|E|}-\frac{g^{2} m_{\mathrm{r}} p_{\mathrm{c}}}{\pi^{2} \hbar^{3}}, \quad\left(-p_{\mathrm{c}}^{2} / 2 m_{\mathrm{r}} \ll E<0\right) . \tag{17.22}
\end{align*}
$$

Thus the self energy of the molecule has a non-analytic term proportional to $\sqrt{|E|}$, together with a contribution that is regular for $E=0$. For completeness we also give here the result for $E>0$, which we shall use later in considering atom-atom scattering. For energy $E+i \eta$, where $\eta$ is a positive infinitesimal, with $E \ll p_{\mathrm{c}}^{2} / 2 m_{\mathrm{r}}$, one finds

$$
\begin{equation*}
\Pi(E+i \eta) \simeq-i \frac{g^{2} m_{\mathrm{r}}^{3 / 2}}{\sqrt{2} \pi \hbar^{3}} \sqrt{E}-\frac{g^{2} m_{\mathrm{r}} p_{\mathrm{c}}}{\pi^{2} \hbar^{3}}, \quad(E>0) \tag{17.23}
\end{equation*}
$$

The imaginary term corresponds physically to decay of the molecule into a pair of atoms (see Problem 17.3).

The molecule energy obtained from Eqs. (17.21) and (17.22) is thus given by

$$
\begin{equation*}
\epsilon_{\mathrm{M}}-\sqrt{\left|\epsilon_{\mathrm{M}}\right| \epsilon_{g}}-\epsilon_{\mathrm{reg}}=0 \tag{17.24}
\end{equation*}
$$

where

$$
\begin{equation*}
\epsilon_{g}=\frac{g^{4}}{16 \pi^{2}}\left(\frac{2 m_{\mathrm{r}}}{\hbar^{2}}\right)^{3} \tag{17.25}
\end{equation*}
$$

is an energy scale characterizing the atom-molecule coupling and

$$
\begin{equation*}
\epsilon_{\mathrm{reg}} \equiv \epsilon_{\mathrm{d}}-\frac{g^{2} m_{\mathrm{r}} p_{\mathrm{c}}}{\pi^{2} \hbar^{3}} \tag{17.26}
\end{equation*}
$$

is the regular contribution to the molecule energy, the second term being the energy shift due to the coupling to states with low-energy pairs of atoms.

From Eq. (17.24) it is clear that there can be a bound-state solution $\left(\epsilon_{\mathrm{M}}<0\right)$ only if $\epsilon_{\text {reg }}<0$. For $\epsilon_{\text {reg }} \ll-\epsilon_{g}$, the solution is

$$
\begin{equation*}
\epsilon_{\mathrm{M}} \simeq \epsilon_{\mathrm{reg}} \tag{17.27}
\end{equation*}
$$

For small negative $\epsilon_{\mathrm{reg}}$, the term linear in $\epsilon_{\mathrm{M}}$ may be neglected, and the solution is

$$
\begin{equation*}
\epsilon_{\mathrm{M}} \simeq-\frac{\epsilon_{\mathrm{reg}}^{2}}{\epsilon_{g}} \tag{17.28}
\end{equation*}
$$

It is remarkable that the energy of the molecule in this limit is quadratic in $\epsilon_{\text {reg }}$, a result that has been demonstrated experimentally for a Feshbach resonance in ${ }^{85} \mathrm{Rb}$ [10]. As we shall explain in the next subsection, this is due to the fact that the 'dressed' molecule for small binding energies consists mainly of atom pairs, with only a small component of the original d-molecule. Equation (17.24) is a quadratic equation for $\left|\epsilon_{\mathrm{M}}\right|^{1 / 2}$, and its general solution is $\left|\epsilon_{\mathrm{M}}\right|=-\epsilon_{\mathrm{reg}}+\epsilon_{g} / 2-\sqrt{\epsilon_{g}\left(-\epsilon_{\mathrm{reg}}+\epsilon_{g} / 4\right)}$.
In the above discussion we have assumed that the two atoms are distinguishable, but have nowhere specified whether the atoms are bosons or fermions. Two identical fermionic atoms cannot be in a state with relative angular momentum zero, and a molecular state in this channel is therefore impossible. ${ }^{1}$ For two identical bosonic atoms the calculations in this subsection and the previous one apply essentially unchanged. The only difference is that for intermediate states with two atoms in the same momentum state the square of the matrix element for coupling to a molecule is twice that
${ }^{1}$ For the Hamiltonian (17.13) the interaction vanishes identically if $\hat{a}_{\mathbf{p}}=\hat{b}_{\mathbf{p}}$.
for distinguishable particles, but in the limit $V \rightarrow \infty$, this state will play a negligible role.

Experimentally, there are advantages to working with fermionic atoms, since an important mechanism for loss of atoms is three-body collisions, the rate for which is proportional to the probability of finding three atoms close together. The probability of two identical atoms being close together is suppressed by the Pauli exclusion principle, and as a consequence the probability of finding three atoms close together is suppressed for Fermi systems with two components, since in a three-body encounter, at least two of the atoms must be identical. This leads to significant enhancement of the lifetime of atoms [11]. However, diatomic molecules have also been formed from two bosonic atoms as well as from a boson and a fermion.

## Magnetic moment of a molecule

To bring out the effect of a molecule's 'halo' of atom pairs it is instructive to calculate the magnetic moment of the molecule. Quite generally, the magnetic moment of a system is given by $\mu=-\partial E / \partial B$, where $E$ is the energy of the system and $B$ the magnetic field. ${ }^{2}$

In this chapter so far, we have measured energies with respect to the energy of a state with only atoms and no molecules. Since the atom energies depend on the magnetic field, it is important in calculating magnetic moments to include in the energy the contributions $\epsilon_{\mathrm{a}}$ and $\epsilon_{\mathrm{b}}$ for two atoms in the absence of interactions. The energy of a molecule with respect to an a-atom and a b-atom is $\epsilon_{\mathrm{M}}$ and the molecule energy $\epsilon_{\mathrm{mol}}$ with respect to a reference value that is independent of the magnetic field is $\epsilon_{\text {mol }}=\epsilon_{\mathrm{M}}+\epsilon_{\mathrm{a}}+\epsilon_{\mathrm{b}}$. The magnetic moment of a molecule is therefore given by

$$
\begin{equation*}
\mu_{\mathrm{mol}}=-\frac{\partial \epsilon_{\mathrm{M}}}{\partial B}+\mu_{\mathrm{a}}+\mu_{\mathrm{b}} . \tag{17.29}
\end{equation*}
$$

On differentiating Eqs. (17.21) and (17.19) with respect to $B$ and solving for $\mu_{\mathrm{M}}$ one finds

$$
\begin{equation*}
\mu_{\mathrm{mol}}=z \mu_{\mathrm{reg}}+(1-z)\left(\mu_{\mathrm{a}}+\mu_{\mathrm{b}}\right) \tag{17.30}
\end{equation*}
$$

where $\mu_{\mathrm{reg}}=-\partial\left(\epsilon_{\mathrm{reg}}+\epsilon_{\mathrm{a}}+\epsilon_{\mathrm{b}}\right) / \partial B$ is the magnetic moment of the d-molecule, which does not include effects of low-energy atom pairs, and $z$ is given by

$$
\begin{equation*}
z^{-1}=1+\frac{g^{2}}{V} \sum_{\mathbf{p}, p<p_{\mathrm{c}}}\left(\frac{1}{\epsilon_{\mathrm{M}}-p^{2} / 2 m_{\mathrm{r}}}\right)^{2}=1-\Pi^{\prime}\left(\epsilon_{\mathrm{M}}\right) \tag{17.31}
\end{equation*}
$$

[^53]where $\Pi$ is given in Eq. (17.19) and the prime denotes differentiation with respect to the energy. As we shall explain below, the quantity $z$ represents the probability of a d-molecule being found in the actual molecular state which contains low-energy atom pairs in addition to a d-molecule. Thus the expression (17.30) shows that the magnetic moment of the dressed molecule is an average of the magnetic moments of the d-molecule and of a pair of bare atoms, weighted according to the probabilities with which the two types of state occur in the dressed molecular state. Since $z$ tends to zero as $\epsilon_{\mathrm{M}} \rightarrow 0^{-}$, this shows that the magnetic moment of a molecule approaches that of a pair of non-interacting atoms as the binding energy tends to zero. This is because the molecule is made up entirely of atom pairs in this limit. Away from the resonance, $z$ approaches 1 , and the magnetic moment of the molecule is equal to the moment of a d-molecule.
To understand the significance of the quantity $z$, we consider the state $|\mathrm{M}\rangle$ of a molecule in the presence of coupling to atom pairs. For the Hamiltonian (17.15), this is given by
\[

$$
\begin{equation*}
|\mathrm{M}\rangle=\mathcal{N}\left(|\mathrm{d}\rangle+\frac{g}{V^{1 / 2}} \sum_{\mathbf{p}, p<p_{\mathrm{c}}} \frac{1}{\epsilon_{\mathrm{M}}-p^{2} / 2 m_{\mathrm{r}}}|\mathrm{a}, \mathbf{p} ; \mathrm{b},-\mathbf{p}\rangle\right), \tag{17.32}
\end{equation*}
$$

\]

which, as one may confirm by direct calculation, satisfies the equation $\hat{H}|\mathrm{M}\rangle=\epsilon_{\mathrm{M}}|\mathrm{M}\rangle$. In Eq. (17.32) the normalization factor $\mathcal{N}$ which ensures that $\langle\mathrm{M} \mid \mathrm{M}\rangle=1$ is given by

$$
\begin{equation*}
|\mathcal{N}|^{-2}=1+\frac{g^{2}}{V} \sum_{\mathbf{p}, p<p_{\mathrm{c}}}\left(\frac{1}{\epsilon_{\mathrm{M}}-p^{2} / 2 m_{\mathrm{r}}}\right)^{2}=z^{-1} \tag{17.33}
\end{equation*}
$$

where the second form follows from Eq. (17.31). Equation (17.32) shows that the probability $|\langle\mathrm{d} \mid \mathrm{M}\rangle|^{2}$ that the dressed molecular state is a d-molecule is $z$. In the language of quantum field theory $z$ is referred to as the wave function renormalization factor. For small negative $E$, the self energy has the expansion (17.22), so

$$
\begin{equation*}
z \simeq\left[1+\left(\frac{2 m_{\mathrm{r}}}{\hbar^{2}}\right)^{3 / 2} \frac{g^{2}}{8 \pi} \frac{1}{\sqrt{-\epsilon_{\mathrm{M}}}}\right]^{-1}=\left[1+\frac{1}{2} \sqrt{\frac{\epsilon_{g}}{-\epsilon_{\mathrm{M}}}}\right]^{-1} \tag{17.34}
\end{equation*}
$$

which vanishes as $\left|\epsilon_{\mathrm{M}}\right|^{1 / 2} \propto \kappa$ for $\epsilon_{\mathrm{M}} \rightarrow 0$ [12]. This result agrees with that obtained from arguments based on the form of the wave function in coordinate space in Sec. 17.2.1. The importance for experiments of the long-range character of the molecular wave function is illustrated by the calculations of Ref. [13].

### 17.2.3 Atom-atom scattering

We now investigate scattering in the low-energy model (17.15). From Eqs. (17.17) and (17.18) it follows that the atom-atom $T$ matrix, which we now write simply as $T$, is given for small positive energy by

$$
\begin{equation*}
T(E)=\frac{g^{2}}{E-\epsilon_{\mathrm{reg}}+i\left(m_{\mathrm{r}}^{3 / 2} g^{2} / \sqrt{2} \pi \hbar^{3}\right) \sqrt{E}} \tag{17.35}
\end{equation*}
$$

For $E=0$, one finds $T(0)=-g^{2} / \epsilon_{\mathrm{reg}}$, which is given in terms of the scattering length $a$ by $T(0)=2 \pi \hbar^{2} a / m_{\mathrm{r}}$, Eq. (5.32), and therefore $a=$ $-\left(m_{\mathrm{r}} / 2 \pi \hbar^{2}\right) g^{2} / \epsilon_{\text {reg }}$. According to Eq. (5.15) the s-wave scattering amplitude is proportional to $e^{i \delta_{0}} \sin \delta_{0}$ and therefore one sees from Eq. (17.35) that

$$
\begin{equation*}
\delta_{0}=-\arg T=\tan ^{-1}\left(\frac{m_{\mathrm{r}} g^{2} k}{2 \pi \hbar^{2}\left(\epsilon_{\mathrm{reg}}-\hbar^{2} k^{2} / 2 m_{\mathrm{r}}\right)}\right) \tag{17.36}
\end{equation*}
$$

where $k=\sqrt{2 m_{\mathrm{r}} E / \hbar^{2}}$ is the magnitude of the wave vector for the relative motion. The standard low-energy expansion of the s-wave phase shift is

$$
\begin{equation*}
\frac{k}{\tan \delta_{0}} \simeq-\frac{1}{a}+\frac{1}{2} k^{2} r_{\mathrm{e}} \tag{17.37}
\end{equation*}
$$

where $r_{\mathrm{e}}$ is the effective range. Thus one sees that the effective range for the resonance model is given by

$$
\begin{equation*}
r_{\mathrm{e}}=-\frac{2 \pi}{g^{2}} \frac{\hbar^{4}}{m_{\mathrm{r}}^{2}} \tag{17.38}
\end{equation*}
$$

For this model the effective range is negative, whereas it is positive for a one-channel model with a positive interaction such as a hard sphere repulsion. When interactions within the open channel are taken into account in addition to interactions between the open and closed channels, the effective range can have either sign.

The imaginary term in the denominator of the $T$ matrix (17.35) is due to decay of the molecule into pairs of atoms. To determine an effective low-energy interaction that may be used in calculating states with energies less than some cut-off value $\epsilon_{\mathrm{c}}$ it is necessary, as explained in Sec. 5.2.1, to exclude such intermediate states in the Lippmann-Schwinger equation, and thus the appropriate low-energy interaction is

$$
\begin{equation*}
U_{\mathrm{eff}}(E)=\frac{g^{2}}{E-\epsilon_{\mathrm{reg}}} \tag{17.39}
\end{equation*}
$$

if the difference between $\epsilon_{\mathrm{d}}$ and $\epsilon_{\text {reg }}$ may be neglected (see Eq. (17.26)). In Sec. 17.3.1 we shall use this expression to determine under what conditions
the energy dependence of the effective interaction must be taken into account in calculations of many-body properties. An important point is that the energy occurring in the denominator is not the actual energy of the molecule, but the energy $\epsilon_{\text {reg }}$ that the molecule would have if threshold effects that give rise to the term in the self energy proportional to the square root of the energy are omitted. The reason for this is that the scattering length is related to the scattering amplitude for $E=0$, and therefore the threshold term does not contribute.

In this section we have investigated a simple two-channel model with one channel consisting of atoms and the other of molecules. This represents a simplified version of the coupled-channels formalism described in Sec. 5.4.2. More generally, the effective interaction in the vicinity of a Feshbach resonance is given by an expression of the form (17.39) but with the addition of a term $2 \pi \hbar^{2} a_{\mathrm{nr}} / m_{\mathrm{r}}$, where $a_{\mathrm{nr}}$ is the contribution to the scattering length from non-resonant processes. In the presence of a magnetic field $B$, the molecule energy appearing in (17.39) is $\epsilon_{\mathrm{reg}}+\epsilon_{\mathrm{a}}+\epsilon_{\mathrm{b}}$ with respect to a reference value independent of the magnetic field. If $\epsilon_{\mathrm{reg}}=0$ at a magnetic field $B_{0}$ (corresponding to $1 / a=0$ ), the scattering length is then given for small $B-B_{0}$ by

$$
\begin{equation*}
a=a_{\mathrm{nr}}\left(1-\frac{\Delta B}{B-B_{0}}\right), \tag{17.40}
\end{equation*}
$$

where

$$
\begin{equation*}
a_{\mathrm{nr}} \Delta B=\frac{g^{2} m_{\mathrm{r}}}{2 \pi \hbar^{2}\left(\mu_{\mathrm{a}}+\mu_{\mathrm{b}}-\mu_{\mathrm{reg}}\right)} . \tag{17.41}
\end{equation*}
$$

For most resonances exploited in practice, $\mu_{\mathrm{a}}+\mu_{\mathrm{b}}-\mu_{\mathrm{reg}}$ is negative, so the effective interaction is negative at magnetic fields just above $B_{0}$. Equation (17.41) has a form similar to that of Eq. (5.144) but goes beyond it by taking into account the effects of high-energy atom pairs on the energy of the molecule and the atom-molecule coupling.

### 17.3 Crossover: From BCS to BEC

The previous section was devoted to the two-body problem, and we now turn to systems with many particles. To be specific, we shall consider $N$ fermionic atoms, with equal numbers in each of two internal states $a$ and $b$ with equal masses $m$. In Chapter 16 we described the BCS theory for the case of weak coupling, when the chemical potential is close to that for a free Fermi gas. The purpose of this section is to investigate properties of the system as the effective low-energy interaction between atoms is tuned by means
of a Feshbach resonance. When the molecular state has an energy greater than that of two atoms, the interaction is attractive and it becomes increasingly so as the energy of the molecular state is reduced, diverging when the energy of the molecular state passes through zero. When the energy of the molecular state is less than that of two atoms, molecules can be formed and, if the molecular state is deeply bound, the system consists almost entirely of diatomic molecules which can undergo Bose-Einstein condensation.

In this section we first discuss the distinction between wide and narrow Feshbach resonances. Following that, the properties of the BCS wave function are investigated without assuming that the interaction is weak. We then show, starting from the BCS wave function, that a Fermi system exhibits with changing interaction strength a smooth crossover from a state in which Cooper pairs overlap strongly, to a BEC of tightly bound molecules. As we shall explain, the BCS wave function can describe molecules with only one momentum, usually zero. To calculate effects at non-zero temperature, and in particular the transition temperature to the paired state, it is necessary to take into account molecules with a range of momenta, and we shall describe a calculation that does this in Sec. 17.4.

### 17.3.1 Wide and narrow Feshbach resonances

We now determine the conditions under which the atom-atom interaction, which we shall assume to be dominated by a Feshbach resonance, will create strong correlations in the system. As we have seen in Sec. 16.2, when the effective interaction is independent of energy, a dimensionless measure of the interaction strength for a degenerate Fermi system is $n U_{0} / \epsilon_{\mathrm{F}}$, Eq. (16.23), and the coupling is strong provided this quantity is large in magnitude compared with unity, or

$$
\begin{equation*}
k_{\mathrm{F}}|a| \gg 1 . \tag{17.42}
\end{equation*}
$$

When the interaction depends on energy, the appropriate quantity is $n U_{\text {eff }} / \epsilon_{\mathrm{F}}$, where $U_{\text {eff }}$ is to be evaluated for energies typical of the manybody problem. When this ratio is large compared with unity, the system is strongly correlated. The effective interaction between two fermions with zero total momentum is given in the resonance model (17.15) by Eq. (17.39). For the case of two atoms with total momentum $\mathbf{q}$, the energy of the molecule is increased by the centre-of-mass kinetic energy $q^{2} / 4 m$ and therefore

$$
\begin{equation*}
U_{\mathrm{eff}}(\mathbf{q}, E)=\frac{g^{2}}{E-\epsilon_{\mathrm{reg}}-q^{2} / 4 m} . \tag{17.43}
\end{equation*}
$$

In a system with many fermionic atoms, typical values of $E$ and $q^{2} / 4 m$ are of order $\epsilon_{\mathrm{F}}$, and therefore on resonance ( $\epsilon_{\text {reg }}=0$ or equivalently $\left.|a| \rightarrow \infty\right)$ the dimensionless coupling is given by

$$
\begin{equation*}
\frac{n U_{\mathrm{eff}}}{\epsilon_{\mathrm{F}}} \sim \frac{n}{\epsilon_{\mathrm{F}}} \frac{g^{2}}{\epsilon_{\mathrm{F}}} \sim\left(\frac{m g}{\hbar^{2}}\right)^{2} \frac{1}{n^{1 / 3}} \sim\left(\frac{\epsilon_{g}}{\epsilon_{\mathrm{F}}}\right)^{1 / 2}, \tag{17.44}
\end{equation*}
$$

where $\epsilon_{g}$ is given by Eq. (17.25). The condition for this to be large compared with unity, and therefore for the system to be strongly coupled at resonance, is

$$
\begin{equation*}
r_{\mathrm{s}} \gg \frac{\hbar^{4}}{m^{2} g^{2}} \sim\left|r_{\mathrm{e}}\right|, \tag{17.45}
\end{equation*}
$$

where $r_{\mathrm{s}}=(3 / 4 \pi n)^{1 / 3} \sim 1 / k_{\mathrm{F}}$ is the interatomic spacing and $r_{\mathrm{e}}$ is the effective range, Eq. (17.38). When $a$ is finite, the two conditions (17.42) and (17.45) must both be satisfied for the coupling to be strong.

A related question is under what conditions one may neglect the energy dependence of the effective interaction and replace it by its zero energy value $U_{0}$. We first consider the case $k_{\mathrm{F}}|a| \ll 1$. From Eq. (17.43) one sees that the non-zero energy contributions to the effective interaction are of relative order $k_{\mathrm{F}}^{2}|a|\left|r_{\mathrm{e}}\right|$, and therefore they are small provided

$$
\begin{equation*}
\frac{\left|r_{\mathrm{e}}\right|}{r_{\mathrm{s}}} \sim k_{\mathrm{F}}\left|r_{\mathrm{e}}\right| \ll \frac{1}{k_{\mathrm{F}}|a|} \sim \frac{r_{\mathrm{s}}}{|a|} . \tag{17.46}
\end{equation*}
$$

Next we consider the case of strong coupling, $n U_{\text {eff }} \gg \epsilon_{\mathrm{F}}$. The energy dependence of the effective interaction can then be very large, as may be seen, e.g., for $|a| \rightarrow \infty$. However, for strongly coupled Fermi systems, properties such as the energy, the chemical potential and pairing gap tend to finite values in the limit of strong coupling, and for calculating such quantities the energy dependence of the effective interaction may be neglected as long as the condition for strong coupling is satisfied also when the energy is of order $\epsilon_{\mathrm{F}}$ : $n U_{\text {eff }}\left(\epsilon_{\mathrm{F}}\right) \gg \epsilon_{\mathrm{F}}$ or $\left|r_{\mathrm{e}}\right| \ll r_{\mathrm{s}}$. This condition is more stringent than the one for neglecting energy dependence in the weak-coupling regime, Eq. (17.46), and therefore if it is satisfied, the effective interaction may be replaced for all coupling strengths by its zero energy value $U_{\text {eff }}=g^{2} / \epsilon_{\text {reg }}$. Resonances for which this condition is satisfied are referred to as broad or wide, since the width parameter in the Feshbach resonance formula Eq. (17.40) is then large. For the opposite case, $\left|r_{\mathrm{e}}\right| \gtrsim r_{\mathrm{s}}$, the effect of the energy dependence of the effective interaction is significant: such resonances are referred to as narrow. Theoretical study of the two sorts of resonance is valuable for obtaining insight into the nature of correlations, but to date most experiments with strongly interacting atomic gases have employed wide resonances.

### 17.3.2 The BCS wave function

In this section we explore general properties of the BCS wave function. In contrast to what was done in Chapter 16, we shall not restrict our attention to the case when the interaction between atoms is weak, so to begin with we shall not make any assumption about the form of the functions $u_{\mathbf{p}}$ and $v_{\mathbf{p}}$. Quite generally, the condition for a system to be in its ground state is that it is impossible to destroy excitations in that state. Since the elementary excitations in the BCS theory are destroyed by the operators $\hat{\alpha}_{\mathbf{p}}=u_{\mathbf{p}} \hat{a}_{\mathbf{p}}+$ $v_{\mathbf{p}} \hat{b}_{-\mathbf{p}}^{\dagger}$ and $\hat{\beta}_{-\mathbf{p}}=u_{\mathbf{p}} \hat{b}_{-\mathbf{p}}-v_{\mathbf{p}} \hat{a}_{\mathbf{p}}^{\dagger}$, Eq. (16.77), the BCS ground state $\Psi_{\mathrm{BCS}}$ must satisfy the conditions $\hat{\alpha}_{\mathbf{p}} \Psi_{\mathrm{BCS}}=0$ and $\hat{\beta}_{\mathbf{p}} \Psi_{\mathrm{BCS}}=0$ for all momenta p. In the BCS theory, the only correlations included are those between pairs of atoms with equal and opposite momenta, and therefore the ground state must have the general form $\Psi_{\mathrm{BCS}}=\prod_{\mathbf{p}}\left(g_{\mathbf{p}}+h_{\mathbf{p}} \hat{a}_{\mathbf{p}}^{\dagger} \hat{b}_{-\mathbf{p}}^{\dagger}\right)|0\rangle$, where $g_{\mathbf{p}}$ and $h_{\mathbf{p}}$ are coefficients and $|0\rangle$ denotes the vacuum state. The choices $g_{\mathbf{p}}=u_{\mathbf{p}}$ and $h_{\mathbf{p}}=v_{\mathbf{p}}$ ensure that $\hat{\alpha}_{\mathbf{p}} \Psi_{\mathrm{BCS}}=\hat{\beta}_{-\mathbf{p}} \Psi_{\mathrm{BCS}}=0$, and therefore the BCS ground state for equal numbers of a- and b-atoms has the form

$$
\begin{align*}
\Psi_{\mathrm{BCS}}=\prod_{\mathbf{p}}\left(u_{\mathbf{p}}+v_{\mathbf{p}} \hat{a}_{\mathbf{p}}^{\dagger} \hat{b}_{-\mathbf{p}}^{\dagger}\right)|0\rangle & \propto \prod_{\mathbf{p}}\left[1+\left(v_{\mathbf{p}} / u_{\mathbf{p}}\right) \hat{a}_{\mathbf{p}}^{\dagger} \hat{b}_{-\mathbf{p}}^{\dagger}\right]|0\rangle \\
& =\exp \left[\sum_{\mathbf{p}}\left(v_{\mathbf{p}} / u_{\mathbf{p}}\right) \hat{a}_{\mathbf{p}}^{\dagger} \hat{b}_{-\mathbf{p}}^{\dagger}\right]|0\rangle \tag{17.47}
\end{align*}
$$

The equivalence of the last two expressions in Eq. (17.47) can be verified by expanding the exponential, and utilizing the fact that $\left(\hat{a}_{\mathbf{p}}^{\dagger} \hat{b}_{-\mathbf{p}}^{\dagger}\right)^{\nu}=0$ for $\nu>1$ because $\left(\hat{a}_{\mathbf{p}}^{\dagger}\right)^{2}=\left(\hat{b}_{-\mathbf{p}}^{\dagger}\right)^{2}=0$, which corresponds physically to the condition that a momentum state can accommodate no more than one fermion in a given internal state. The wave function (17.47) is a superposition of states with different numbers of particles. The projection of the wave function onto states with precisely $N$ particles has the form

$$
\begin{equation*}
\Psi_{\mathrm{BCS}} \propto\left[\sum_{\mathbf{p}}\left(v_{\mathbf{p}} / u_{\mathbf{p}}\right) \hat{a}_{\mathbf{p}}^{\dagger} \hat{b}_{-\mathbf{p}}^{\dagger}\right]^{N / 2}|0\rangle \tag{17.48}
\end{equation*}
$$

In coordinate space this wave function may be written formally as

$$
\begin{equation*}
\Psi_{\mathrm{BCS}} \propto \prod_{i=1}^{N / 2} \Upsilon\left(\mathbf{r}_{\mathrm{a} i}-\mathbf{r}_{\mathrm{b} i}\right) \tag{17.49}
\end{equation*}
$$

where $\Upsilon(\mathbf{r}) \propto \int d \mathbf{p}\left(v_{\mathbf{p}} / u_{\mathbf{p}}\right) e^{i \mathbf{p} \cdot \mathbf{r} / \hbar}$. This state has a natural interpretation as $N / 2$ identical pairs with zero centre-of-mass momentum and two-body wave function $\Upsilon(\mathbf{r})$, where $\mathbf{r}$ is the separation of the two atoms in the pair. That
this picture must be used with care is demonstrated by the fact that the wave function of a non-interacting Fermi gas at zero temperature (two filled Fermi spheres, one for each species of fermion) may be written in the BCS form with $u_{\mathbf{p}}=1$ above the Fermi surface and zero below, while $v_{\mathbf{p}}=1$ below the Fermi surface and zero above. In this case, the only correlations are those due to Fermi statistics. This 'pair wave function' is highly singular, since $v_{\mathbf{p}} / u_{\mathbf{p}}$ is either zero or infinity, and consequently the Fourier transform is badly behaved. In Sec. 17.3.4 we shall examine correlations in detail and identify a better candidate for the pair wave function.

### 17.3.3 Crossover at zero temperature

An early theoretical treatment of the crossover from a BCS state to a BoseEinstein condensate (BEC) was given by Eagles [14] in the context of superconductivity in systems with low carrier concentrations. Subsequently, using a variational approach based on the BCS wave function, Leggett argued that at zero temperature the properties of a dilute gas of fermions would vary continuously between the two limiting behaviours as the strength of the interaction is varied [15], and we now describe this calculation.

We shall consider the case of a wide Feshbach resonance, and therefore we shall replace the effective interaction by an energy-independent quantity $U_{0}$ related to the scattering length $a$ in the usual way, $U_{0}=4 \pi \hbar^{2} a / m$. We start from the zero-temperature gap ${ }^{3}$ equation (16.89), replace the sum by an integration, and divide by the zero-temperature gap $\Delta$. Then (16.89) becomes

$$
\begin{equation*}
\frac{m}{4 \pi \hbar^{2} a}=\int \frac{d \mathbf{p}}{(2 \pi \hbar)^{3}}\left(\frac{1}{2 \epsilon_{\mathbf{p}}^{0}}-\frac{1}{2 \epsilon_{\mathbf{p}}}\right), \tag{17.50}
\end{equation*}
$$

with $\epsilon_{\mathbf{p}}^{0}=p^{2} / 2 m$ and $\epsilon_{\mathbf{p}}$, the quasiparticle energy, given by

$$
\begin{equation*}
\epsilon_{\mathbf{p}}^{2}=\left(\epsilon_{\mathbf{p}}^{0}-\mu\right)^{2}+\Delta^{2} . \tag{17.51}
\end{equation*}
$$

In Chapter 16, we considered the weak-coupling case and neglected the effect of interactions on the chemical potential. The new element we introduce here is to allow for the modification of the chemical potential by interactions. We determine the chemical potential from the condition that the density of atoms calculated from the wave function be equal to the actual density $n$,

[^54]or
\[

$$
\begin{equation*}
n=\frac{1}{V}<\sum_{\mathbf{p}}\left(\hat{a}_{\mathbf{p}}^{\dagger} \hat{a}_{\mathbf{p}}+\hat{b}_{\mathbf{p}}^{\dagger} \hat{b}_{\mathbf{p}}\right)> \tag{17.52}
\end{equation*}
$$

\]

where $\langle\cdots\rangle$ denotes the expectation value in the BCS ground state, and $V$ is the volume. When the operators $\hat{a}_{\mathbf{p}}$ and $\hat{b}_{\mathbf{p}}$ are expressed in terms of the operators $\hat{\alpha}_{\mathbf{p}}$ and $\hat{\beta}_{\mathbf{p}}$ for the elementary excitations (see Eq. (16.68)), one obtains the relation

$$
\begin{equation*}
n=\frac{2}{V} \sum_{\mathbf{p}} v_{\mathbf{p}}^{2}=\frac{1}{V} \sum_{\mathbf{p}}\left(1-\frac{\epsilon_{\mathbf{p}}^{0}-\mu}{\epsilon_{\mathbf{p}}}\right) . \tag{17.53}
\end{equation*}
$$

The gap equation (17.50) and the number equation (17.53) must be solved self-consistently. For a small, negative scattering length, the chemical potential is approximately equal to the Fermi energy in the normal state, $\epsilon_{\mathrm{F}}=\hbar^{2} k_{\mathrm{F}}^{2} / 2 m$ with $k_{\mathrm{F}}^{3}=3 \pi^{2} n$, and the solution of the gap equation is given by Eq. (16.93). By contrast, for a scattering length which is either positive or large and negative, changes in the chemical potential due to the interactions must be taken into account. When one does this, a different picture emerges, as we shall now demonstrate.

First let us consider the case when $\mu$ is negative, $\mu=-|\mu|$. We shall begin by assuming that $|\mu|$ is much larger than $\Delta$. We can relate $n$ to $\Delta$ and $|\mu|$ by expanding the integrand in Eq. (17.53) to first order in $\Delta^{2}$, $1-\left(\epsilon_{\mathbf{p}}^{0}-\mu\right) / \epsilon_{\mathbf{p}} \simeq \Delta^{2} / 2\left(\epsilon_{\mathbf{p}}^{0}-\mu\right)^{2}$. This yields

$$
\begin{equation*}
n \simeq \frac{\Delta^{2}}{2 \pi^{2} \hbar^{3}} \int_{0}^{\infty} d p \frac{p^{2}}{2\left[\left(p^{2} / 2 m\right)+|\mu|\right]^{2}}=\frac{m^{3 / 2} \Delta^{2}}{4 \pi \hbar^{3} \sqrt{2|\mu|}} \tag{17.54}
\end{equation*}
$$

or

$$
\begin{equation*}
\frac{\Delta^{2}}{\mu^{2}} \simeq \frac{4 \sqrt{2} \pi n}{\left(m|\mu| / \hbar^{2}\right)^{3 / 2}} \tag{17.55}
\end{equation*}
$$

This shows that for large negative $\mu$, the gap is indeed small compared with the magnitude of the chemical potential, and therefore our initial assumption that $\Delta \ll|\mu|$ is self-consistent. Next we expand in a similar fashion the right-hand side of the gap equation (17.50) to first order in $\Delta^{2}$, by writing $1 / \epsilon_{\mathbf{p}} \simeq\left(|\mu|+p^{2} / 2 m\right)^{-1}-\Delta^{2} / 2\left(|\mu|+p^{2} / 2 m\right)^{3}$. The integration over $\mathbf{p}$ results in

$$
\begin{equation*}
\frac{1}{a} \simeq \frac{\sqrt{2 m|\mu|}}{\hbar}\left(1+\frac{\Delta^{2}}{16 \mu^{2}}\right) \tag{17.56}
\end{equation*}
$$

or

$$
\begin{equation*}
\mu \simeq-\frac{\hbar^{2}}{2 m a^{2}}\left(1-\frac{\Delta^{2}}{8 \mu^{2}}\right) . \tag{17.57}
\end{equation*}
$$

Substituting the leading contribution to $\mu$ in Eq. (17.55), we find

$$
\begin{equation*}
\frac{\Delta^{2}}{\mu^{2}} \simeq 16 \pi n a^{3}=\frac{16}{3 \pi}\left(k_{\mathrm{F}} a\right)^{3} \text { or } \Delta \simeq \frac{4}{\sqrt{3 \pi}} \frac{\epsilon_{\mathrm{F}}}{\left(k_{\mathrm{F}} a\right)^{1 / 2}} \tag{17.58}
\end{equation*}
$$

which shows that $\Delta$ is small compared with $|\mu|$ but large compared with $\epsilon_{\mathrm{F}}$ when $k_{\mathrm{F}} a$ is small compared with unity. Elimination of $\Delta$ in Eq. (17.57) by use of Eq. (17.58) gives

$$
\begin{equation*}
\mu \simeq-\frac{\hbar^{2}}{2 m a^{2}}\left(1-\frac{\Delta^{2}}{8 \mu^{2}}\right) \simeq-\frac{\hbar^{2}}{2 m a^{2}}+\frac{\pi \hbar^{2} n a}{m} . \tag{17.59}
\end{equation*}
$$

To interpret this result physically, we calculate the energy to add two atoms, one of each species, which is given by $2 \mu$. When molecules are present, the energy required to add a molecule is equal to the sum of the chemical potentials of the two species of atom, and consequently this quantity may be regarded as the chemical potential of a molecule, $\mu_{\mathrm{M}}$. Thus, when molecules are present,

$$
\begin{equation*}
\mu_{\mathrm{M}}=2 \mu \simeq-\frac{\hbar^{2}}{m a^{2}}+\frac{4 \pi \hbar^{2}}{2 m} \frac{n}{2} 2 a . \tag{17.60}
\end{equation*}
$$

The first term in Eq. (17.60) is the energy of an isolated molecule at rest, Eq. (17.10), since for atoms of equal mass $m_{\mathrm{r}}=m / 2$. The second term has the form of the interaction contribution for a gas of molecules with mass $2 m$ and density $n / 2$ (the molecule density if all atoms are bound in diatomic molecules) interacting via an interaction that gives a scattering length $2 a$ (see Eqs. (5.54) and (6.12)). Remarkably, the chemical potential has the form one would expect for a dilute gas of diatomic bosonic molecules, even though the starting point of the calculation was a description in terms of fermionic atoms.

This calculation predicts that the molecule-molecule scattering length is twice that for atom-atom scattering. This result is what one obtains if one calculates the interaction between two molecules in lowest order perturbation theory in the effective interaction between fermions or, alternatively, uses the Born approximation to calculate scattering. Each molecule consists of two atoms in different states. Because of the Pauli principle, the s-wave interaction between atoms in the same internal state vanishes, and the only non-vanishing interaction is that between unlike atoms. There are two independent ways of choosing unlike pairs of atoms in the two molecules, and therefore the molecule-molecule interaction is twice the atom-atom interaction in this approximation. To describe molecule-molecule interactions more realistically, it is necessary to allow for successive interactions between the members of the different pairs of unlike atoms in the two molecules,


Fig. 17.1 The chemical potential and energy gap at zero temperature as functions of $1 / k_{\mathrm{F}} a$. The dashed lines indicate the asymptotic behaviours given by Eqs. (17.59) and (17.58).
processes which are not taken into account in the BCS form of the wave function. This is done by solving the four-body problem for two pairs of unlike fermions, and this yields a value $\approx 0.6 a$ for the molecule-molecule scattering length when the scattering length is large compared with other atomic length scales [16].

The numerical solution of the gap equation (17.50) and the number equation (17.53) for $\mu$ and $\Delta$ as functions of $1 / k_{\mathrm{F}} a$ are shown in Fig. 17.1, where the asymptotic behaviour given by Eqs. (17.59) and (17.58) is also indicated.

The above results demonstrate that, provided the chemical potential is determined self-consistently, the BCS wave function can describe the crossover at zero temperature between a gas of fermions with correlations similar to those of electrons in a superconducting metal, to a Bose-Einstein condensed gas of weakly interacting diatomic molecules. The model is not quantitatively accurate, since it does not take into account effects such as induced interactions, which reduce the gap below that predicted by weak-coupling BCS theory when the interaction between atoms is weak and attractive (see Sec. 16.3.2). Likewise, in the limit when all atoms are bound in molecules, it predicts a scattering length between molecules about three times larger than the true value.

## Excitation spectrum and momentum distribution

The energy of a fermionic excitation is given by Eq. (17.51). If $\mu>0$, the minimum energy $\epsilon_{\min }$ required to add an excitation is attained for a momentum $p=\sqrt{2 m \mu}$, and it has the value

$$
\begin{equation*}
\epsilon_{\min }=\Delta, \quad(\mu>0) . \tag{17.61}
\end{equation*}
$$

By contrast, for $\mu<0$, the minimum energy occurs for $p=0$, and it is given by

$$
\begin{equation*}
\epsilon_{\min }=\sqrt{\mu^{2}+\Delta^{2}}, \quad(\mu<0) . \tag{17.62}
\end{equation*}
$$

This result reflects the fact that, if molecules are bound, it costs at least the molecular binding energy to create two atoms. Thus we see that the gap in the spectrum of fermionic excitations is equal to $\Delta$ only if $\mu>0$.

In the ground state, the momentum distribution of atoms is given by $n_{\mathbf{p}}=v_{\mathbf{p}}^{2}$. In the BCS limit the momentum distribution has the form of a step function smeared over a momentum range $\delta p \sim \Delta / v_{\mathrm{F}} \sim \hbar / \xi_{\mathrm{BCS}}$, where $v_{\mathrm{F}}$ is the Fermi velocity. The quantity $\xi_{\mathrm{BCS}}=\hbar v_{\mathrm{F}} / \Delta$ is the zero-temperature BCS coherence length introduced in Eq. (16.82), and in the BCS limit it is much greater than the mean distance between particles, since the gap is much less than the Fermi energy. As one approaches the BEC limit the momentum distribution becomes much broader, its width being roughly given by $\sim \hbar / a$, which is much greater than $\hbar / \xi_{\mathrm{BCS}}$. Quantum Monte Carlo calculations of the momentum distribution are described in Ref. [17].

### 17.3.4 Condensate fraction and pair wave function

In Sec. 13.5, we described criteria for Bose-Einstein condensation of a system of bosons, and we now generalize the discussion to the case of pairing
correlations between two species of fermion. This study will enable us to identify a quantity that may be regarded as the 'pair wave function'.

The relevant correlations are between pairs of fermions, so we consider the two-particle density matrix

$$
\begin{equation*}
\rho_{2}\left(\mathbf{r}_{\mathrm{a}}, \mathbf{r}_{\mathrm{b}} ; \mathbf{r}_{\mathrm{a}}^{\prime}, \mathbf{r}_{\mathrm{b}}^{\prime}\right)=<\hat{\psi}_{\mathrm{a}}^{\dagger}\left(\mathbf{r}_{\mathrm{a}}^{\prime}\right) \hat{\psi}_{\mathrm{b}}^{\dagger}\left(\mathbf{r}_{\mathrm{b}}^{\prime}\right) \hat{\psi}_{\mathrm{b}}\left(\mathbf{r}_{\mathrm{b}}\right) \hat{\psi}_{\mathrm{a}}\left(\mathbf{r}_{\mathrm{a}}\right)>, \tag{17.63}
\end{equation*}
$$

which is the average of the amplitude for destroying fermions of species a and b at points $\mathbf{r}_{\mathrm{a}}$ and $\mathbf{r}_{\mathrm{b}}$ and creating them at points $\mathbf{r}_{\mathrm{a}}^{\prime}$ and $\mathbf{r}_{\mathrm{b}}^{\prime}$.

The criterion for Bose-Einstein condensation introduced in Sec. 13.5.1 is that for a uniform system of bosons the one-particle density matrix $\rho\left(\mathbf{r}, \mathbf{r}^{\prime}\right)$ should tend to a constant for large separations $\left|\mathbf{r}-\mathbf{r}^{\prime}\right|$. For a Fermi system, it is therefore natural to explore the behaviour of $\rho_{2}\left(\mathbf{r}_{\mathrm{a}}, \mathbf{r}_{\mathrm{b}} ; \mathbf{r}_{\mathrm{a}}^{\prime}, \mathbf{r}_{\mathrm{b}}^{\prime}\right)$ as the difference between the centre-of-mass coordinates $\mathbf{R}=\left(\mathbf{r}_{\mathrm{a}}+\mathbf{r}_{\mathrm{b}}\right) / 2$ and $\mathbf{R}^{\prime}=$ $\left(\mathbf{r}_{\mathrm{a}}^{\prime}+\mathbf{r}_{\mathrm{b}}^{\prime}\right) / 2$ of the two pairs becomes large, the distances $\mathbf{r}_{\mathrm{ab}}=\mathbf{r}_{\mathrm{a}}-\mathbf{r}_{\mathrm{b}}$ and $\mathbf{r}_{\mathrm{ab}}^{\prime}=\mathbf{r}_{\mathrm{a}}^{\prime}-\mathbf{r}_{\mathrm{b}}^{\prime}$ being held fixed. We now transform to momentum space by using the relation $\hat{\psi}_{\mathbf{a}}(\mathbf{r})=V^{-1 / 2} \sum_{\mathbf{p}} \hat{a}_{\mathbf{p}} e^{i \mathbf{p} \cdot \mathbf{r} / \hbar}$. For a translationally invariant system the expectation value of any term in which the two pairs have different total momentum vanishes, and we find

$$
\begin{align*}
& \rho_{2}\left(\mathbf{R}, \mathbf{r}_{\mathrm{ab}} ; \mathbf{R}^{\prime}, \mathbf{r}_{\mathrm{ab}}^{\prime}\right)= \\
& \frac{1}{V^{2}} \sum_{\mathbf{p p}^{\prime} \mathbf{P}}<\hat{a}_{\mathbf{p}^{\prime}+\mathbf{P} / 2}^{\dagger} \hat{b}_{-\mathbf{p}^{\prime}+\mathbf{P} / 2}^{\dagger} \hat{b}_{-\mathbf{p}+\mathbf{P} / 2} \hat{a}_{\mathbf{p}+\mathbf{P} / 2}>e^{i\left[\mathbf{p} \cdot \mathbf{r}_{\mathrm{ab}}-\mathbf{p}^{\prime} \cdot \mathbf{r a b}_{\mathrm{ab}}^{\prime}+\mathbf{P} \cdot\left(\mathbf{R}-\mathbf{R}^{\prime}\right)\right] / \hbar} . \tag{17.64}
\end{align*}
$$

For large separations of the centre-of-mass coordinates, the phase factor $e^{i \mathbf{P} \cdot\left(\mathbf{R}-\mathbf{R}^{\prime}\right) / \hbar}$ varies rapidly with $\mathbf{P}$ and the only term that survives is the one for $\mathbf{P}=0$, just as in the analogous case for the one-body density matrix for bosons, Eq. (13.114). Thus

$$
\begin{equation*}
\lim _{\left|\mathbf{R}-\mathbf{R}^{\prime}\right| \rightarrow \infty} \rho_{2}\left(\mathbf{R}, \mathbf{r}_{\mathrm{ab}} ; \mathbf{R}^{\prime}, \mathbf{r}_{\mathrm{ab}}^{\prime}\right)=\frac{1}{V^{2}} \sum_{\mathbf{p p}^{\prime}}<\hat{a}_{\mathbf{p}^{\prime}}^{\dagger} \hat{b}_{-\mathbf{p}^{\prime}}^{\dagger} \hat{b}_{-\mathbf{p}} \hat{a}_{\mathbf{p}}>e^{i\left(\mathbf{p} \cdot \mathbf{r}_{\mathrm{ab}}-\mathbf{p}^{\prime} \cdot \mathbf{r}_{\mathrm{ab}}^{\prime}\right) / \hbar} . \tag{17.65}
\end{equation*}
$$

In the BCS state the correlation function decouples,

$$
\begin{equation*}
<\hat{a}_{\mathbf{p}^{\prime}}^{\dagger} \hat{b}_{-\mathbf{p}^{\prime}}^{\dagger} \hat{b}_{-\mathbf{p}} \hat{a}_{\mathbf{p}}>=<\hat{a}_{\mathbf{p}^{\prime}}^{\dagger} \hat{b}_{-\mathbf{p}^{\prime}}^{\dagger}><\hat{b}_{-\mathbf{p}} \hat{a}_{\mathbf{p}}>=C_{\mathbf{p}^{\prime}} C_{\mathbf{p}} \text { for } \mathbf{p} \neq \mathbf{p}^{\prime}, \tag{17.66}
\end{equation*}
$$

where $C_{\mathbf{p}}=<\hat{b}_{-\mathbf{p}} \hat{a}_{\mathbf{p}}>$, Eq. (16.63). In the limit $V \rightarrow \infty$ we may write

$$
\begin{equation*}
\lim _{\left|\mathbf{R}-\mathbf{R}^{\prime}\right| \rightarrow \infty} \rho_{2}\left(\mathbf{R}, \mathbf{r}_{\mathrm{ab}} ; \mathbf{R}^{\prime}, \mathbf{r}_{\mathrm{ab}}^{\prime}\right)=\frac{1}{V^{2}} \sum_{\mathbf{p}} C_{\mathbf{p}} e^{i \mathbf{p} \cdot \mathbf{r}_{\mathrm{ab}} / \hbar} \sum_{\mathbf{p}^{\prime}} C_{\mathbf{p}^{\prime}} e^{-i \mathbf{p}^{\prime} \cdot \mathbf{r}_{\mathrm{ab}}^{\prime} / \hbar} \tag{17.67}
\end{equation*}
$$

To interpret this result, we observe that the two-particle density matrix for
a system of Bose-Einstein condensed diatomic molecules with $N_{0}$ molecules in the zero-momentum state would have the limiting form

$$
\begin{equation*}
\lim _{\left|\mathbf{R}-\mathbf{R}^{\prime}\right| \rightarrow \infty} \rho_{2}\left(\mathbf{R}, \mathbf{r}_{\mathrm{ab}} ; \mathbf{R}^{\prime}, \mathbf{r}_{\mathrm{ab}}^{\prime}\right)=\frac{N_{0}}{V} \Theta^{*}\left(\mathbf{r}_{\mathrm{ab}}^{\prime}\right) \Theta\left(\mathbf{r}_{\mathrm{ab}}\right), \tag{17.68}
\end{equation*}
$$

where $\Theta(\mathbf{r})$ is the molecular wave function, normalized in the usual way so that $\int d \mathbf{r}|\Theta(\mathbf{r})|^{2}=1$. Comparing the expressions (17.67) and (17.68), we see that the two-particle density matrix for the BCS state has the same form as that for a BEC of diatomic molecules with wave function

$$
\begin{equation*}
\Theta(\mathbf{r})=\frac{1}{\left(N_{0} / V\right)^{1 / 2}} \frac{1}{V} \sum_{\mathbf{p}} C_{\mathbf{p}} e^{i \mathbf{p} \cdot \mathbf{r} / \hbar} \tag{17.69}
\end{equation*}
$$

and a number of molecules given by

$$
\begin{equation*}
N_{0}=\sum_{\mathbf{p}}\left|C_{\mathbf{p}}\right|^{2} . \tag{17.70}
\end{equation*}
$$

In the BCS theory,

$$
\begin{equation*}
C_{\mathbf{p}}=-u_{\mathbf{p}} v_{\mathbf{p}}\left[1-2 f\left(\epsilon_{\mathbf{p}}\right)\right]=-\frac{\Delta_{\mathbf{p}}}{2 \epsilon_{\mathbf{p}}}\left[1-2 f\left(\epsilon_{\mathbf{p}}\right)\right], \tag{17.71}
\end{equation*}
$$

Eq. (16.85), and therefore

$$
\begin{equation*}
N_{0}=\sum_{\mathbf{p}}\left|u_{\mathbf{p}} v_{\mathbf{p}}\right|^{2}\left[1-2 f\left(\epsilon_{\mathbf{p}}\right)\right]^{2} . \tag{17.72}
\end{equation*}
$$

This result is a generalization of the zero-temperature expression derived in Ref. [18]. The quantity that plays the role of the 'pair wave function' in momentum space is proportional to $u_{\mathbf{p}} v_{\mathbf{p}}=\Delta / 2 \epsilon_{\mathbf{p}}$ at zero temperature, rather than $u_{\mathbf{p}} / v_{\mathbf{p}}$ as one might have anticipated on the basis of a naive interpretation of the BCS wave function, see Sec. 17.3.2. In the BCS limit, the quantity $u_{\mathbf{p}} v_{\mathbf{p}}$ is strongly peaked about $p=p_{\mathrm{F}}$. States with $\left|p-p_{\mathrm{F}}\right| \gtrsim$ $\hbar / \xi_{\text {BCS }}$ are almost completely occupied or completely empty, and in neither case can they contribute to correlations induced by the interaction.

We now investigate the pair wave function at zero temperature which in coordinate space is given by

$$
\begin{align*}
\Theta(r) \propto \int d \mathbf{p} \frac{\Delta}{\epsilon_{\mathbf{p}}} e^{i \mathbf{p} \cdot \mathbf{r} / \hbar} & =\int d \mathbf{p} \frac{\Delta}{\left[\left(p^{2} / 2 m-\mu\right)^{2}+\Delta^{2}\right]^{1 / 2}} e^{i \mathbf{p} \cdot \mathbf{r} / \hbar} \\
& \propto \frac{1}{r} \int_{0}^{\infty} p d p \frac{\sin (p r / \hbar)}{\left[\left(p^{2} / 2 m-\mu\right)^{2}+\Delta^{2}\right]^{1 / 2}} . \tag{17.73}
\end{align*}
$$

In the BEC limit, when $\mu<0$ and $|\mu| \gg p_{\mathrm{F}}^{2} / 2 m$ and $\Delta \ll|\mu|$,

$$
\begin{equation*}
\Theta(r) \propto \int d \mathbf{p} \frac{\Delta}{p^{2}+p_{0}^{2}} e^{i \mathbf{p} \cdot \mathbf{r} / \hbar} \propto \frac{e^{-p_{0} r / \hbar}}{r} \tag{17.74}
\end{equation*}
$$

where $p_{0}^{2}=-2 m \mu$. This agrees with the result (17.6) for the wave function of a diatomic molecule, since $\mu \simeq \epsilon_{\mathrm{M}} / 2=-\hbar^{2} \kappa^{2} / 2 m$. In the BCS limit, $\mu$ is approximately equal to $p_{\mathrm{F}}^{2} / 2 m$ and $\Delta / \epsilon_{\mathbf{p}}$ is strongly peaked in the vicinity of the Fermi surface. For $r$ large compared with the fermion separation $\hbar / p_{\mathrm{F}}$ we may write $p d p \simeq p_{\mathrm{F}} d\left(p-p_{\mathrm{F}}\right)$ and $\left(p^{2}-p_{\mathrm{F}}^{2}\right) / 2 m \simeq\left(p-p_{\mathrm{F}}\right) v_{\mathrm{F}}$, where $v_{\mathrm{F}}=p_{\mathrm{F}} / m$ is the Fermi velocity, and we may extend the range of integration over $p-p_{\mathrm{F}}$ to $-\infty<p-p_{\mathrm{F}}<\infty$ with the result

$$
\begin{equation*}
\Theta(r) \propto \int_{-\infty}^{\infty} d\left(p-p_{\mathrm{F}}\right) \frac{1}{\left[\left(p-p_{\mathrm{F}}\right)^{2} v_{\mathrm{F}}^{2}+\Delta^{2}\right]^{1 / 2}} \frac{\sin (p r / \hbar)}{r} \tag{17.75}
\end{equation*}
$$

On using the identity $\sin (A+B)=\sin A \cos B+\cos A \sin B$ with $A=p_{\mathrm{F}} r / \hbar$ and $B=\left(p-p_{\mathrm{F}}\right) r / \hbar$, one finds

$$
\begin{align*}
& \Theta(r) \propto \frac{\sin \left(p_{\mathrm{F}} r / \hbar\right)}{r} \int_{-\infty}^{\infty} d p \frac{\cos \left[\left(p-p_{\mathrm{F}}\right) r / \hbar\right]}{\left[\left(p-p_{\mathrm{F}}\right)^{2} v_{\mathrm{F}}^{2}+\Delta^{2}\right]^{1 / 2}} \\
& \propto \frac{\sin \left(p_{\mathrm{F}} r / \hbar\right)}{r} K_{0}\left(r / \xi_{\mathrm{BCS}}\right) \tag{17.76}
\end{align*}
$$

where $K_{0}(y)$ is the Bessel function of imaginary argument (see, e.g., [19]). In this case the pair wave function has a characteristic range $\xi_{\mathrm{BCS}}$ and it displays oscillations at the Fermi wavelength $2 \pi / k_{\mathrm{F}}$; its form is very different from that for a diatomic molecule. For $y \gg 1, K_{0}(y) \simeq(\pi / 2 y)^{1 / 2} e^{-y}$ and therefore $\Theta(r) \propto e^{-r / \xi_{\mathrm{BCS}}} / r^{3 / 2}$ and for $y \ll 1$ it is given by $K_{0}(y) \simeq-\ln y$ and therefore $\Theta(r) \propto r^{-1} \ln \left(\xi_{\mathrm{BCS}} / r\right)$. The rise for small $r$ is cut off at $r \sim$ $1 / k_{\mathrm{F}}$ since, as mentioned earlier, it is then no longer a good approximation to assume that the dominant contribution to the integral comes from the region where $\left|p-p_{\mathrm{F}}\right| \ll p_{\mathrm{F}}$.

We now calculate the mean square separation $<r^{2}>$ of two atoms for the pair wave function [20]. This is given by the expectation value of the square of the operator $i \hbar \partial / \partial \mathbf{p}$ for the particle separation, or

$$
\begin{equation*}
<r^{2}>=-\hbar^{2} \frac{\int d \mathbf{p} u_{\mathbf{p}} v_{\mathbf{p}}(\partial / \partial \mathbf{p})^{2}\left(u_{\mathbf{p}} v_{\mathbf{p}}\right)}{\int d \mathbf{p}\left(u_{\mathbf{p}} v_{\mathbf{p}}\right)^{2}}=\hbar^{2} \frac{\int d \mathbf{p}\left[\partial\left(u_{\mathbf{p}} v_{\mathbf{p}}\right) / \partial p\right]^{2}}{\int d \mathbf{p}\left(u_{\mathbf{p}} v_{\mathbf{p}}\right)^{2}} \tag{17.77}
\end{equation*}
$$

where in obtaining the second form we have integrated by parts and used the fact that $u_{\mathbf{p}}$ and $v_{\mathbf{p}}$ only depend on the magnitude $p$ of the momentum. According to (16.79) we have $u_{p} v_{p}=\Delta / 2 \epsilon_{p}$. From (17.51) it follows that
$\epsilon_{p} d \epsilon_{p}=\left(p^{2} / 2 m-\mu\right)(p / m) d p$ and therefore

$$
\begin{equation*}
\frac{\partial}{\partial p}\left(\frac{1}{\epsilon_{p}}\right)=-\left(\frac{p^{2}}{2 m}-\mu\right) \frac{p}{m \epsilon_{p}^{3}} \tag{17.78}
\end{equation*}
$$

As a result one finds

$$
\begin{equation*}
<r^{2}>=\hbar^{2} \int_{0}^{\infty} d p p^{2}\left(\frac{p^{2}}{2 m}-\mu\right)^{2} \frac{p^{2}}{m^{2} \epsilon_{p}^{6}} / \int_{0}^{\infty} d p p^{2} \frac{1}{\epsilon_{p}^{2}} \tag{17.79}
\end{equation*}
$$

In the BCS limit the quantity $u_{p} v_{p}=\Delta / 2 \epsilon_{p}$ is peaked around the Fermi energy, with a width $\hbar / \xi_{\mathrm{BCS}}$ in momentum space. Thus the range of interatomic correlations in coordinate space is of order $\xi_{\mathrm{BCS}}$. Quantitatively, since the gap is much less than the Fermi energy, one may replace the momentum integral by an integral over the variable $p-p_{\mathrm{F}}$, corresponding to

$$
\begin{equation*}
\int_{0}^{\infty} p^{2} d p \ldots \rightarrow p_{\mathrm{F}}^{2} \int_{-\infty}^{\infty} d\left(p-p_{\mathrm{F}}\right) \ldots \tag{17.80}
\end{equation*}
$$

with the result that $<r^{2}>=\hbar^{2} p_{\mathrm{F}}^{2} / 8 m^{2} \Delta^{2}=\xi_{\mathrm{BCS}}^{2} / 8$. This confirms that the size of the pairs in the BCS limit is given by the BCS healing length. In the BEC limit, with $\mu=-\hbar^{2} / 2 m a^{2}$ and $\epsilon \simeq p^{2} / 2 m-\mu$, one obtains $<r^{2}>=a^{2} / 2$. This is consistent with the fact that in this limit the pair wave function is the wave function of a diatomic molecule, which is proportional to $r^{-1} e^{-r / a}$ (see Eqs. (17.6) and (17.10)). The behaviour of $<r^{2}>$ as a function of $1 / k_{\mathrm{F}} a$ is shown in Fig. 17.2.

Early evidence for pairing in an atomic Fermi gas was obtained by preparing the system at a value of the magnetic field for which the scattering length was negative, i.e. on the BCS side of a Feshbach resonance. The cloud was then allowed to expand, while at the same time the magnetic field was switched to a value far on the BEC side of the resonance on a time scale short compared with the time for thermal equilibrium to be established [4]. As a result it was found that a large proportion of the atoms was converted into molecules, which were detected by first of all dissociating them with rf radiation and then imaging the dissociation products. That a large fraction of atoms was converted to molecules can be understood in terms of the BCS wave function, which goes over smoothly from a weakly coupled Fermi system to a dilute gas of molecules as the scattering length is swept from the BCS side of the resonance to the BEC side. If the rate of change of the scattering length is small compared with the characteristic frequencies associated with the pairing gap, the state of the system follows the changes in coupling adiabatically. For smaller switching times, the evolution is not adiabatic and the yield of molecules is lower, as was found experimentally.


Fig. 17.2 The zero-temperature mean square radius of pairs, in units of $1 / k_{\mathrm{F}}^{2}$, as a function of $1 / k_{\mathrm{F}} a$.

### 17.4 Crossover at non-zero temperature

We saw in Chapter 16 how the transition temperature may be determined from the condition that the normal state be unstable to pairing, Eq. (16.44), (or alternatively from the linearized equation for $\Delta$ ), and the crossover theory based on the BCS wave function may readily be generalized to non-zero temperature. However, as we shall show in Sec. 17.4.1, the theory leads to unphysical results when the molecular state is strongly bound. We trace the difficulty to the fact that the theory omits the effects of molecules with nonzero momentum, and then describe a simple model that gives physically sensible results in the molecular limit. In Sec. 17.4.2 we discuss a model due to Nozières and Schmitt-Rink that gives qualitatively correct results throughout the crossover region [21].

### 17.4.1 Thermal molecules

In the weak-coupling BCS limit, the chemical potential is essentially unaffected by interactions, and consequently it is a good approximation to put it equal to the Fermi energy of a free Fermi gas. When interactions
become stronger, the chemical potential changes, and this necessitates solving self-consistently the gap equation together with the equation for the total number of particles, both of which depend on the chemical potential. The total number of fermions in the BCS state is given by the expectation value of the atom number operator

$$
\begin{equation*}
\hat{N}=\sum_{\mathbf{p}}\left(\hat{a}_{\mathbf{p}}^{\dagger} \hat{a}_{\mathbf{p}}+\hat{b}_{\mathbf{p}}^{\dagger} \hat{b}_{\mathbf{p}}\right) \tag{17.81}
\end{equation*}
$$

Expressing the atom creation and annihilation operators in terms of the quasiparticle operators by means of Eq. (16.68) gives

$$
\begin{equation*}
N=<\hat{N}>=2 \sum_{\mathbf{p}} v_{\mathbf{p}}^{2}+2 \sum_{\mathbf{p}}\left(u_{\mathbf{p}}^{2}-v_{\mathbf{p}}^{2}\right) f\left(\epsilon_{\mathbf{p}}\right) \tag{17.82}
\end{equation*}
$$

where $f\left(\epsilon_{\mathbf{p}}\right)$ is the Fermi function given in Eq. (16.87). From this we see that addition of an excitation of momentum $\mathbf{p}$ increases the number of atoms by an amount $u_{\mathbf{p}}^{2}-v_{\mathbf{p}}^{2}=\left(\epsilon_{\mathbf{p}}^{0}-\mu\right) / \epsilon_{\mathbf{p}}$. This is analogous to what we found for bosons (see Eqs. (8.37) and (8.38)). By simultaneously solving the gap equation and the number equation, one can determine the dependence of the chemical potential and $\Delta$ on the total atom number density and the temperature.

In the case of a molecule that is deeply bound, one would expect the transition temperature to reduce to the value

$$
\begin{equation*}
T_{\mathrm{c}, \mathrm{BEC}}=\frac{\pi}{[2 \zeta(3 / 2)]^{2 / 3}} \frac{\hbar^{2} n^{2 / 3}}{m k} \tag{17.83}
\end{equation*}
$$

for a free Bose gas for particles of mass $2 m$ and density $n_{M}=n / 2$, where $n$ is the total density of atoms (see Eq. (2.23)). However, the crossover theory described above fails to give this limit correctly, as one may see from Eq. (17.82), which may be written as

$$
\begin{equation*}
n=\int_{0}^{\infty} \frac{p^{2} d p}{\pi^{2} \hbar^{3}} v_{p}^{2}+\int_{0}^{\infty} \frac{p^{2} d p}{\pi^{2} \hbar^{3}} \frac{1-2 v_{p}^{2}}{e^{\epsilon_{p} / k T}+1} \tag{17.84}
\end{equation*}
$$

At $T_{\mathrm{c}}, \Delta$ vanishes and therefore if $\mu<0, v_{p}$ vanishes for all values of $p$ and Eq. (17.84) then becomes

$$
\begin{equation*}
n \simeq \int_{0}^{\infty} \frac{p^{2} d p}{\pi^{2} \hbar^{3}} \frac{1}{e^{\epsilon_{p} / k T_{\mathrm{c}}}+1} \tag{17.85}
\end{equation*}
$$

In words, this calculation predicts that Bose-Einstein condensation sets in when the free-atom states alone can no longer accommodate all atoms. By evaluating the integral in Eq. (17.85) it follows that for large negative $\mu$, $k T_{\mathrm{c}} \simeq(2 / 3)|\mu| / \ln \left(|\mu| / \epsilon_{\mathrm{F}}\right)$.

The basic shortcoming of this approach is that the only correlations taken into account are those between pairs of particles with total momentum zero. In terms of molecules, this is tantamount to allowing for only zero-momentum molecules. From the perspective of a paired superfluid, it amounts to neglecting fluctuations of the pairs. To bring out the effects of molecules in states with non-zero momentum, we consider a simple model, in which it is assumed that the only effect of the interaction is to produce a molecular state of a particular energy, without leaving any residual interaction between the atoms. We also neglect interactions between molecules. The molecule mass is $m_{\mathrm{M}}=2 m$ and the spectrum for a molecule is $\epsilon_{\mathrm{M}}+q^{2} / 2 m_{\mathrm{M}}$ where $\epsilon_{\mathrm{M}}$ is the energy of a molecule at rest, while the energy spectrum for an atom is $p^{2} / 2 m$.

We shall assume that the atoms and molecules are in chemical equilibrium and therefore, according to the general criterion for chemical equilibrium, the chemical potential of a molecule is equal to twice that of an atom, $\mu_{\mathrm{M}}=2 \mu$. In the ground state, no molecules are present if the molecule energy is greater than $2 \epsilon_{\mathrm{F}}$, since it is then energetically favourable to put all the atoms into continuum states, and none into molecules. When $\epsilon_{\mathrm{M}}$ falls below $2 \epsilon_{\mathrm{F}}$, molecules appear, and the number of free atoms is reduced. The atoms fill a Fermi sea with Fermi energy $\epsilon_{\mathrm{M}} / 2$, and therefore the density of unbound atoms of both species is $n_{\mathrm{A}}=\left(\epsilon_{\mathrm{M}} / 2 \epsilon_{\mathrm{F}}\right)^{3 / 2} n$ and the remaining atoms are bound as molecules. For $\epsilon_{\mathrm{M}}<0$, no free atoms are present and the density of molecules is $n / 2$.

We turn now to non-zero temperature. For self-consistency, the calculated total number density of atoms $n$ must be equal to the density of atoms in molecules, $2 n_{\mathrm{M}}$, where $n_{\mathrm{M}}$ is the density of molecules, plus the density $n_{\mathrm{A}}$ of free atoms. When the lowest molecular level is not macroscopically occupied we may replace sums over states by integrals, with the result

$$
\begin{equation*}
n=2 n_{\mathrm{M}}+n_{\mathrm{A}}=2 \int_{0}^{\infty} d \epsilon \frac{g_{\mathrm{M}}(\epsilon)}{e^{\left(\epsilon+\epsilon_{\mathrm{M}}-2 \mu\right) / k T}-1}+2 \int_{0}^{\infty} d \epsilon \frac{g(\epsilon)}{e^{(\epsilon-\mu) / k T}+1} . \tag{17.86}
\end{equation*}
$$

At the critical temperature $T_{\mathrm{c}}$ for Bose-Einstein condensation of molecules to set in, the molecule chemical potential is equal to $\epsilon_{\mathrm{M}}$, and therefore the atom chemical potential is $\epsilon_{\mathrm{M}} / 2$. The density of states per unit volume for a single species is given by Eqs. (2.12) and (2.13). In terms of the kinetic energy $\epsilon$ of the particle, $g(\epsilon) / V$ is equal to $(m)^{3 / 2} \epsilon^{1 / 2} / \sqrt{2} \pi^{2} \hbar^{3}$ for each species of atom and, for molecules, the corresponding expression with $m$ replaced by the molecule mass $2 m, g_{\mathrm{M}}(\epsilon) / V=(2 m)^{3 / 2} \epsilon^{1 / 2} / \sqrt{2} \pi^{2} \hbar^{3}$. The first integral in Eq. (17.86) is then the expression (2.50) for the density of
molecules, but with $z(\mathbf{r})$ put equal to unity and particle mass $2 m$. Thus one finds

$$
\begin{array}{r}
n=\zeta(3 / 2)\left(\frac{m k T_{\mathrm{c}}}{\pi \hbar^{2}}\right)^{3 / 2}+2 \int_{0}^{\infty} d \epsilon \frac{g(\epsilon)}{e^{(\epsilon-\mu) / k T_{\mathrm{c}}}+1} \\
=\left(\frac{m k T_{\mathrm{c}}}{\pi \hbar^{2}}\right)^{3 / 2}\left(\zeta(3 / 2)+\sqrt{\frac{2}{\pi}} \int_{0}^{\infty} d y \frac{y^{1 / 2}}{e^{-\epsilon \mathrm{M} / 2 k T_{\mathrm{c}}} e^{y}+1}\right) . \tag{17.87}
\end{array}
$$

The result of solving Eq. (17.87) numerically is shown in Fig. 17.3, and Problem 17.1 considers some limiting cases that can be treated analytically. When the molecular state is deeply bound, there are very few atoms present and the transition temperature approaches the ideal gas result (17.83), in contrast to what was found in the crossover model. As $\epsilon_{\mathrm{M}}$ approaches zero from below, molecules begin to dissociate, and the density of atoms increases. Eventually, when $\epsilon_{\mathrm{M}} / 2$ is equal to or greater than the Fermi energy $\epsilon_{\mathrm{F}}$ corresponding to the density $n / 2$ of atoms of one species, the ground state is a filled Fermi sea of atoms but no molecules and the transition temperature vanishes.

### 17.4.2 Pair fluctuations and thermal molecules

We now describe a model that includes the effects of pairing correlations for weakly attractive interactions, and which also gives the correct transition temperature in the limit of strongly bound molecules [21]. An important qualitative effect of interactions between atoms is that, due to BCS pairing, the transition temperature is non-zero even for $\epsilon_{\mathrm{M}}>2 \epsilon_{\mathrm{F}}$, in contrast to the predictions of the model in the previous section. We write the thermodynamic potential $\Omega$ in the form

$$
\begin{equation*}
\Omega=\Omega_{0}+\Omega_{\mathrm{int}} \tag{17.88}
\end{equation*}
$$

where $\Omega_{0}$ is the contribution from non-interacting fermionic atoms and $\Omega_{\text {int }}$ is the contribution due to interactions. For a free Fermi gas with two species,

$$
\begin{equation*}
\Omega_{0}=-2 k T \sum_{\mathbf{p}} \ln \left[1+e^{-\left(p^{2} / 2 m-\mu\right) / k T}\right] . \tag{17.89}
\end{equation*}
$$

The analogous expression for a single species of free bosons, which we shall use later in discussing molecules, is

$$
\begin{equation*}
\Omega_{0}=\sum_{\mathbf{p}} \vartheta\left(\epsilon_{\mathrm{M}}(\mathbf{p})-\mu_{\mathrm{M}}\right) \tag{17.90}
\end{equation*}
$$



Fig. 17.3 The transition temperature obtained from (17.87) as a function of the chemical potential of an atom.
where

$$
\begin{equation*}
\vartheta(\omega)=k T \ln \left(1-e^{-\omega / k T}\right) \tag{17.91}
\end{equation*}
$$

and $\epsilon_{\mathrm{M}}(\mathbf{p})$ is the energy of the molecule. We have seen in the discussions of the BCS transition temperature in Chapter 16 and of diatomic molecules in Sec. 17.2 that repeated interactions of pairs of atoms are important, and we now calculate the contribution to the thermodynamic potential from such processes, allowing for pairs of atoms with non-zero momentum. The change in the thermodynamic potential or, at zero temperature the energy, is not just the average of the two-body interaction in the state, since the interaction also changes the kinetic energy. To derive an expression for the thermodynamic potential, we imagine multiplying the strength of the interaction $U$ by a factor $\lambda$. The change in $\Omega$ when the interaction is varied has two contributions, one coming from the explicit change in the interaction, and the other coming from changes in the state. However, for a system in thermal equilibrium, $\Omega$ is stationary with respect to variations of the state, and therefore the change in $\Omega$ comes entirely from the explicit change in the
interaction, i.e.,

$$
\begin{equation*}
\frac{d \Omega_{\mathrm{int}}(\lambda)}{d \lambda}=\frac{<\lambda U>_{\lambda}}{\lambda} \tag{17.92}
\end{equation*}
$$

where $<\lambda U>_{\lambda}$ is the interaction energy in the state with interaction Hamiltonian $\lambda U$. This result is a generalization to non-zero temperature of the Hellmann-Feynman theorem (see Eq. (15.134)). We shall adopt a simple form of the two-body interaction, taking it to be a constant $U$ for momenta less than some cut-off momentum $p_{\mathrm{c}}$ and we shall later eliminate $U$ and $p_{\mathrm{c}}$ in favour of the scattering length. In terms of diagrammatic perturbation theory at non-zero temperature, the interaction energy may be expressed as a sum of contributions from ladder diagrams closed on themselves. We shall assume that the system is normal, and we approximate the particle propagators by those in the non-interacting system. Each rung of the ladder contributes a factor $\lambda U$ and the propagation of two atoms between rungs gives a factor $\Pi\left(\mathbf{q}, \omega_{\nu}\right)$ defined by

$$
\begin{equation*}
\Pi\left(\mathbf{q}, \omega_{\nu}\right)=\int_{p<p_{\mathrm{c}}} \frac{d \mathbf{p}}{(2 \pi \hbar)^{3}}\left(\frac{1-f_{\mathbf{q} / 2+\mathbf{p}}-f_{\mathbf{q} / 2-\mathbf{p}}}{\omega_{\nu}-\xi_{\mathbf{q} / 2+\mathbf{p}}-\xi_{\mathbf{q} / 2-\mathbf{p}}}\right) \tag{17.93}
\end{equation*}
$$

where $\xi_{\mathbf{p}}=\epsilon_{\mathbf{p}}^{0}-\mu$ and the limit on the momentum integration indicates that only momenta less than $p_{c}$ are to be included, since otherwise the interaction vanishes. (This expression is a generalization of the propagator in Eq. (16.33) to pairs with non-zero total momentum.) The quantity $\omega_{\nu}$ is a Matsubara frequency, given by $\omega_{\nu}=\nu 2 \pi k T i$, with $\nu$ being an integer. ${ }^{4}$ The contribution from a ladder with $r$ rungs is proportional to $(\lambda U \Pi)^{r}$, and the sum of all ladders gives a geometrical progression, $\propto \lambda U \Pi /(1-\lambda U \Pi)$ and one finds

$$
\begin{equation*}
\lambda<U>_{\lambda}=-k T V \sum_{\nu} e^{\omega_{\nu} \eta} \int \frac{d \mathbf{q}}{(2 \pi \hbar)^{3}} \frac{\lambda U \Pi\left(\mathbf{q}, \omega_{\nu}\right)}{\left[1-\lambda U \Pi\left(\mathbf{q}, \omega_{\nu}\right)\right]} \tag{17.94}
\end{equation*}
$$

$V$ being the volume of the system. The convergence factor $e^{\omega_{\nu} \eta}$, where $\eta$ is a positive infinitesimal, ensures that the first-order contribution is given with the creation operators occurring before the annihilation operators. On integrating with respect to $\lambda$ between zero and unity one finds

$$
\begin{equation*}
\Omega_{\mathrm{int}}=\int_{0}^{1} d \lambda \frac{1}{\lambda}<\lambda U>_{\lambda}=k T V \sum_{\nu} e^{\omega_{\nu} \eta} \int \frac{d \mathbf{q}}{(2 \pi \hbar)^{3}} \ln \left[1-U \Pi\left(\mathbf{q}, \omega_{\nu}\right)\right] . \tag{17.95}
\end{equation*}
$$

[^55]The sum over Matsubara frequencies in (17.95) may be carried out by the standard technique of regarding the summand as a function defined in the whole of the complex $\omega$ plane. The Planck function $N(\omega)$ given by

$$
\begin{equation*}
N(\omega)=\frac{1}{e^{\omega / k T}-1} \tag{17.96}
\end{equation*}
$$

has simple poles with residue $k T$ on the imaginary axis at the Matsubara frequencies. The sum over $\nu$ may therefore be expressed as an integral of the summand times the Planck function around small circular contours surrounding the poles of the Planck function. Because the summand is an analytic function of $\omega$ in the complex $\omega$ plane, with a cut on the real axis, the contour may be deformed to surround the cut of the summand and the sum in (17.95) reduces to an integral along the real axis. The real part of the summand is continuous across the cut, while the imaginary part changes sign, and one finds

$$
\begin{equation*}
\Omega_{\mathrm{int}}=V \int \frac{d \mathbf{q}}{(2 \pi \hbar)^{3}} P \int_{-\infty}^{\infty} \frac{d \omega}{\pi} N(\omega) \operatorname{Im}\{\ln [1-U \Pi(\mathbf{q}, \omega+i \eta)]\} \tag{17.97}
\end{equation*}
$$

The integral over $\omega$ is a principal-value one because the deformed contour does not surround the pole of the Planck function at $\omega=0$. We now eliminate the bare interaction $U$ in terms of the effective interaction $U_{0}$ for low energies and momenta, just as we did in Sec. 16.3. The effective interaction $U_{0}$ is obtained from the Lippmann-Schwinger equation, which for this case is

$$
\begin{equation*}
U_{0}=U-(U / V) \sum_{\mathbf{p}, p<p_{\mathrm{c}}}\left(2 \epsilon_{\mathbf{p}}^{0}\right)^{-1} U_{0} \text { or } U=U_{0} /\left[1-\left(U_{0} / V\right) \sum_{\mathbf{p}, p<p_{\mathrm{c}}}\left(2 \epsilon_{\mathbf{p}}^{0}\right)^{-1}\right] . \tag{17.98}
\end{equation*}
$$

Substituting this result into Eq. (17.97), one finds

$$
\begin{equation*}
\Omega_{\mathrm{int}}=-V \int \frac{d \mathbf{q}}{(2 \pi \hbar)^{3}} P \int_{-\infty}^{\infty} \frac{d \omega}{\pi} N(\omega) \delta(\mathbf{q}, \omega) \tag{17.99}
\end{equation*}
$$

with

$$
\begin{equation*}
\delta(\mathbf{q}, \omega)=-\operatorname{Im}\left\{\ln \left[1-U_{0} \Pi_{\mathrm{r}}(\mathbf{q}, \omega+i \eta)\right]\right\} \tag{17.100}
\end{equation*}
$$

Here the regularized pair propagator $\Pi_{\mathrm{r}}$ is given by

$$
\begin{align*}
& \Pi_{\mathrm{r}}(\mathbf{q}, \omega+i \eta)=\Pi(\mathbf{q}, \omega+i \eta)+\frac{1}{V} \sum_{\mathbf{p}, p<p_{\mathrm{c}}} \frac{1}{2 \epsilon_{\mathbf{p}}^{0}} \\
& =\int \frac{d \mathbf{p}}{(2 \pi \hbar)^{3}}\left(\frac{1-f_{\mathbf{q} / 2+\mathbf{p}}-f_{\mathbf{q} / 2-\mathbf{p}}}{\omega-\xi_{\mathbf{q} / 2+\mathbf{p}}-\xi_{\mathbf{q} / 2-\mathbf{p}}}+\frac{1}{2 \epsilon_{\mathbf{p}}^{0}}\right) . \tag{17.101}
\end{align*}
$$

In the second form, we have removed the restriction on the momentum integral, since the integral converges for large $p$. The expression for the pair propagator will be recognized as a generalization to $\mathbf{q} \neq 0$ of the quantity that occurred earlier in the discussion of pairing (see Eq. (16.42)). It is important to note that to make contact with the usual formulation of scattering theory, the variable $\omega$ here is the energy of the pair measured with respect to the chemical potential $2 \mu$ for two fermions.

The quantity $\delta$ is a generalization of the s-wave phase shift that takes into account the effects of thermal atoms on the scattering. To see this, note that one can write $\operatorname{Im}\left\{\ln \left[1-U_{0} \Pi_{\mathrm{r}}(\mathbf{q}, \omega+i \eta)\right]\right\}=-\operatorname{Im}[\ln T(\mathbf{q}, \omega+i \eta)]$, where $T(\mathbf{q}, \omega+i \eta)=U_{0} /\left[1-U_{0} \Pi_{\mathrm{r}}(\mathbf{q}, \omega+i \eta)\right]$. In two-body scattering, the $T$ matrix and the scattering amplitude are proportional to $e^{i \delta_{0}} \sin \delta_{0}$ (see Eq. (5.15)) and therefore in this case $\operatorname{Im}[\ln T(\mathbf{q}, \omega+i \eta)]=\delta_{0}$. The imaginary part of $\Pi_{\mathrm{r}}$ is given by

$$
\begin{equation*}
\operatorname{Im} \Pi_{\mathrm{r}}(\mathbf{q}, \omega+i \eta)=-\frac{\pi}{V} \sum_{\mathbf{p}}\left(1-f_{\mathbf{q} / 2+\mathbf{p}}-f_{\mathbf{q} / 2-\mathbf{p}}\right) \delta\left(\omega-\xi_{\mathbf{q} / 2+\mathbf{p}}-\xi_{\mathbf{q} / 2-\mathbf{p}}\right) \tag{17.102}
\end{equation*}
$$

and it is $-\pi$ times an effective density of states for pairs of free atoms, as modified by Pauli blocking.
To understand the physical content of the result (17.99), consider the case when there is no bound state, that is there is no real solution of the equation $U_{0} \Pi_{\mathrm{r}}=1$. Then one finds

$$
\begin{equation*}
\delta=\tan ^{-1}\left(\frac{U_{0} \operatorname{Im} \Pi_{\mathrm{r}}}{1-U_{0} \operatorname{Re} \Pi_{\mathrm{r}}}\right) . \tag{17.103}
\end{equation*}
$$

We now rewrite Eq. (17.99) by introducing the notation

$$
\begin{equation*}
U_{\mathrm{eff}}(\mathbf{q}, \omega)=\frac{\delta(\mathbf{q}, \omega)}{\operatorname{Im}_{\mathrm{r}}(\mathbf{q}, \omega)}, \tag{17.104}
\end{equation*}
$$

and making use of Eq. (17.102) one finds

$$
\begin{align*}
\Omega_{\mathrm{int}} & =V \int \frac{d \mathbf{p}}{(2 \pi \hbar)^{3}} \frac{d \mathbf{p}^{\prime}}{(2 \pi \hbar)^{3}} N\left(\xi_{\mathbf{p}}+\xi_{\mathbf{p}}^{\prime}\right)\left(1-f_{\mathbf{p}}-f_{\mathbf{p}^{\prime}}\right) U_{\mathrm{eff}}\left(\mathbf{p}+\mathbf{p}^{\prime}, \xi_{\mathbf{p}}+\xi_{\mathbf{p}^{\prime}}\right) \\
& =V \int \frac{d \mathbf{p}}{(2 \pi \hbar)^{3}} \frac{d \mathbf{p}^{\prime}}{(2 \pi \hbar)^{3}} f_{\mathbf{p}} f_{\mathbf{p}^{\prime}} U_{\mathrm{eff}}\left(\mathbf{p}+\mathbf{p}^{\prime}, \xi_{\mathbf{p}}+\xi_{\mathbf{p}^{\prime}}\right) \tag{17.105}
\end{align*}
$$

The second version of this equation follows from the algebraic identity

$$
\begin{equation*}
N\left(\xi+\xi^{\prime}\right)\left[1-f(\xi)-f\left(\xi^{\prime}\right)\right]=f(\xi) f\left(\xi^{\prime}\right) \tag{17.106}
\end{equation*}
$$

for the Fermi function $f(\xi)=1 /[\exp (\xi / k T)+1]$. Equation (17.105) has the
form one would expect for the change in the thermodynamic potential in the Hartree-Fock approximation for an effective two-body interaction $U_{\text {eff }}$.

To understand the case when there is a bound state it is instructive to integrate by parts in Eq. (17.99) and this gives

$$
\begin{equation*}
\Omega_{\mathrm{int}}=V \int \frac{d \mathbf{q}}{(2 \pi \hbar)^{3}} P \int_{-\infty}^{\infty} d \omega \vartheta(\omega)\left[\frac{1}{\pi} \frac{d}{d \omega} \delta(\mathbf{q}, \omega)\right] . \tag{17.107}
\end{equation*}
$$

When there exists a bound state at energy $\epsilon_{\mathrm{M}}(\mathbf{q})$, corresponding to $\omega=\epsilon_{\mathrm{M}}(\mathbf{q})-2 \mu$, the quantity $1-U_{0} \Pi_{\mathrm{reg}}$ is proportional to $\omega-\epsilon_{\mathrm{M}}(\mathbf{q})+2 \mu$ for small values of this quantity, and therefore $\operatorname{Im}\left\{\ln \left[1-U_{0} \Pi_{\mathrm{r}}(\mathbf{q}, \omega+i \eta)\right]\right\}$ changes by $-\pi$ as $\omega$ increases through $\epsilon_{\mathrm{M}}(\mathbf{q})-2 \mu$. The contribution to the thermodynamic potential from the bound states is then given by the expression (17.90) for independent bosons with energy $\epsilon_{\mathrm{M}}(\mathbf{q})$ and chemical potential $\mu_{\mathrm{M}}=2 \mu$. It is important to note that $\epsilon_{\mathrm{M}}(\mathbf{q})$ is given by the poles in the fermion pair propagator in a Fermi gas and therefore, in general, it is not simply the energy of a free molecule.

The formalism described above, which allows for the effect of the medium on two-body scattering, is a generalization to higher densities of Beth and Uhlenbeck's calculation of virial coefficients for dilute gases in terms of phase shifts for two-body scattering in vacuo [22].

### 17.4.3 Density of atoms

The failing of the simple crossover model is that it does not take into account molecules in thermally excited states. We now calculate the number of atoms from the thermodynamic identity $N=-\partial \Omega / \partial \mu$ with the thermodynamic potential given by Eqs. (17.99) and (17.88) and show that this includes the effects of thermal molecules. One finds

$$
\begin{equation*}
N=N^{(0)}+V \int \frac{d \mathbf{q}}{(2 \pi \hbar)^{3}} P \int_{-\infty}^{\infty} \frac{d \omega}{\pi} N(\omega) \frac{\partial}{\partial \mu} \delta(\mathbf{q}, \omega), \tag{17.108}
\end{equation*}
$$

where $N^{(0)}$, the number of atoms in the absence of interactions, is given by

$$
\begin{equation*}
N^{(0)}=2 V \int \frac{d \mathbf{p}}{(2 \pi \hbar)^{3}} \frac{1}{e^{\left(\epsilon_{\mathbf{p}}^{0}-\mu\right) / k T}+1} \tag{17.109}
\end{equation*}
$$

When there is a strongly bound molecular state and $k T$ is small compared with the binding energy, the total number of atoms is given by

$$
\begin{equation*}
N=\sum_{\mathbf{q}} \frac{\partial\left(2 \mu-\epsilon_{\mathrm{M}}\right)}{\partial \mu} \frac{1}{e^{\left[\epsilon_{\mathrm{M}}(\mathbf{q})-2 \mu\right] / k T}-1} \simeq 2 \sum_{\mathbf{q}} \frac{1}{e^{\left[\epsilon_{\mathrm{M}}(\mathbf{q})-2 \mu\right] / k T}-1} . \tag{17.110}
\end{equation*}
$$

In the expression for the bound state energy, the chemical potential enters only via the distribution function for thermal atoms. For a deeply bound molecular state, there are essentially no thermal atoms and therefore $\partial \epsilon_{\mathrm{M}}(\mathbf{q}) / \partial \mu=0$ and the number of atoms is then twice the Bose distribution for the molecular state. Besides real molecular bound states, this formalism also takes into account the effect of interactions between unbound atoms.

### 17.4.4 Transition temperature

As before, the criterion for the normal state to be unstable to pairing is given by Eq. (16.42), which may be written in the form

$$
\begin{equation*}
\frac{m}{4 \pi \hbar^{2} a}=\int \frac{d \mathbf{p}}{(2 \pi \hbar)^{3}}\left(\frac{1}{2 \epsilon_{\mathbf{p}}^{0}}-\frac{1-2 f_{\mathbf{p}}}{2\left(\epsilon_{\mathbf{p}}^{0}-\mu\right)}\right) . \tag{17.111}
\end{equation*}
$$

Here $\epsilon_{\mathbf{p}}^{0}=p^{2} / 2 m$, and the distribution function $f_{\mathbf{p}}$ is the equilibrium one, given by

$$
\begin{equation*}
f_{\mathbf{p}}=\frac{1}{e^{\left(\epsilon_{\mathbf{p}}^{0}-\mu\right) / k T}+1} \tag{17.112}
\end{equation*}
$$

The gap equation (17.111) at the transition temperature and the number equation (17.108) give two relationships between the chemical potential and the transition temperature which must be solved self-consistently. When $a$ is positive and $k_{\mathrm{F}} a \ll 1$ one obtains the usual expression for the BoseEinstein condensation temperature for an ideal gas, Eq. (2.23), while in the opposite limit, for negative $a$ with $k_{\mathrm{F}}|a| \ll 1$, one finds the BCS result (16.49). In Fig. 17.4 we show the result of a numerical solution of the coupled equations (17.111) and (17.108). Note that the transition temperature, when calculated in this approximation, shows a maximum as a function of $1 / a$. The theory has been extended to calculate properties of the condensed phase (see, e.g. [23], where one may find references to earlier work).

This model shows explicitly how, as the inverse scattering length changes from negative to positive values, for example by means of a Feshbach resonance, the BCS state for fermions goes over smoothly to a gas of weakly interacting diatomic molecules that can undergo Bose-Einstein condensation. The model is not quantitatively reliable, since it omits a number of effects. First of all, the influence of interactions on the fermion propagators is not taken into account and therefore the calculation is not self-consistent. The importance of this effect may easily be seen in the Hartree approximation for a constant effective interaction. There one finds that the Hartree contribution to the self energy is precisely compensated by an equal change


Fig. 17.4 The transition temperature, calculated within the ladder approximation, as a function of $1 / k_{\mathrm{F}} a$.
in the chemical potential. Second, no account is taken of the modification by the medium of the pairing interaction which, as we showed in Sec. 16.3.2, reduces the transition temperature. In the opposite limit, when the molecule is deeply bound, the theory predicts an incorrect value for the moleculemolecule scattering length, as we saw in Sec. 17.3.3. Calculations that take into account self-energy effects are described in Ref. [24], where a detailed discussion of calculational methods is also given.

### 17.5 A universal limit

Near a Feshbach resonance the magnitude of the scattering length $|a|$ may exceed the mean distance between particles, and experimentally it can be larger by an order of magnitude or more. Let us consider a wide Feshbach resonance, in which case low-energy scattering is described by the scattering length alone. When $|a|$ becomes much larger than the interparticle separation, it becomes irrelevant. This may be seen by observing that if the range of the two-body interaction is much less than the interparticle spacing, the many-body wave function obeys the free-particle wave function in most of space. As a function of the separation $r_{i j}$ of two particles $i$ and $j$ it has the
form for two-body scattering,

$$
\begin{equation*}
\psi \propto 1-\frac{a}{r_{i j}}, \tag{17.113}
\end{equation*}
$$

where we have suppressed the dependence on the coordinates of other particles, which is expected to be smooth for $r_{i j} \rightarrow 0$. The many-body wave function therefore obeys the boundary condition

$$
\begin{equation*}
\left.\frac{\partial \ln \left(r_{i j} \psi\right)}{\partial r_{i j}}\right|_{r_{i j} \rightarrow 0}=-\frac{1}{a} . \tag{17.114}
\end{equation*}
$$

In the many-body wave function, the characteristic scale of correlations is the interparticle spacing $r_{\mathrm{s}}$ and therefore if $|a| \gg r_{\mathrm{s}}$ one may put $1 / a=0$ in Eq. (17.114).

The limit $|a| \gg r_{\mathrm{s}}$, or $k_{\mathrm{F}}|a| \gg 1$ is sometimes referred to as the unitarity limit. The name comes from scattering theory, where the cross section is limited by the requirement that, for a particular partial wave, the total number of scattered particles cannot exceed the number incident in that partial wave. Mathematically the condition follows from the unitarity of the $S$ matrix. For s-wave scattering the total cross section for potential scattering is given by $4 \pi \sin ^{2} \delta_{0} / k^{2}$ (see Eq. (5.17)). This achieves its maximum value (the unitarity limit) equal to $\lambda^{2} / \pi, \lambda$ being the wavelength of the relative motion, when $\delta_{0}$ is an odd multiple of $\pi / 2$. For the simple resonance model the phase shift is given by Eq. (17.37), which reduces to $-\tan ^{-1} k a$ if the effective range correction may be neglected. The phase shift tends to $\pm \pi / 2$ for $k|a| \gg 1$.

The theoretical study of strongly interacting gases plays an important role also in nuclear physics. Neutrons with opposite spin have a scattering length of -18.5 fm , which is much greater than the range of nuclear forces, $\sim 1$ fm , and there is no two-body bound state. On the other hand, a neutron and a proton with the same spin have a scattering length of +20 fm , and there is a bound state, the deuteron, with a binding energy of 2.2 MeV . A dilute neutron gas exists in the crusts of neutron stars, and the proper description of a dilute Fermi gas with scattering length large compared with the interparticle spacing is therefore of interest in nuclear astrophysics.

In the unitarity limit the functional form of many properties of the system may be determined by dimensional arguments [25,26]. Since the mean particle distance is the only characteristic length in the unitarity limit, the total energy per particle in the ground state of the system must be of order $\hbar^{2} / m r_{\mathrm{s}}^{2}$, since this is the only quantity with dimensions of energy that can be constructed from $m, \hbar$ and $r_{\mathrm{s}}$. This is of order the Fermi energy $\epsilon_{\mathrm{F}}$ of the
non-interacting gas. Likewise one expects the energy gap $\Delta$ to be some other numerical factor times $\epsilon_{\mathrm{F}}$. As we have seen in Eq. (16.21) the ground-state energy $E_{0}$ of the non-interacting homogeneous gas is

$$
\begin{equation*}
E_{0}=\frac{3}{5} N \epsilon_{\mathrm{F}} . \tag{17.115}
\end{equation*}
$$

We may therefore write the energy per particle in the unitarity limit as

$$
\begin{equation*}
\frac{E}{N}=\xi \frac{E_{0}}{N} \tag{17.116}
\end{equation*}
$$

where $\xi$ is a numerical factor, sometimes written in the literature as $1+\beta$. From the definitions of the pressure $p=-\partial E / \partial V$ and chemical potential $\mu=\partial E / \partial N$ it follows that they too will be given by the values for the noninteracting gas multiplied by $\xi$. On physical grounds, one would expect that interactions would reduce the energy of the system compared with that of the non-interacting gas, and detailed calculations bear this out. Quantum Monte Carlo calculations of the energy of a two-component Fermi gas with infinite scattering length yield the value $\xi=0.44 \pm 0.01$ [27] and a zerotemperature energy gap $\Delta \approx 0.6 \epsilon_{\mathrm{F}}[28]$.
As an illustration, we consider the zero-temperature crossover model described in Sec. 17.3.3. By solving the gap equation (17.50) with the left-hand side put equal to zero one finds $\Delta / \mu=1.17$. Insertion of this value in the number equation (17.53) gives $\mu / \epsilon_{\mathrm{F}}=0.595$. Thus in the unitarity limit the chemical potential and the energy gap are of the same order of magnitude and given by $\mu=0.595 \epsilon_{\mathrm{F}}$, which corresponds to $\xi=0.595$, and $\Delta=0.695 \epsilon_{\mathrm{F}}$. The difference between this value of $\xi$ and the one found in the Monte Carlo calculations is due to the fact that the simple model takes into account only a limited class of correlations.
The fact that the energy per particle for the unitarity limit varies as $n^{2 / 3}$, just as for a free Fermi gas, implies that in the Thomas-Fermi approximation, the density profile may be obtained from that for free fermions by scaling. In the unitarity limit, the density profile is given by Eq. (16.12) with the Fermi energy multiplied by $\xi$. Thus, for an isotropic harmonic trap $V(r)=K r^{2} / 2$, the radius $R$ of the cloud is determined by the condition that the potential $K R^{2} / 2$ at the edge of the cloud be equal to the chemical potential of matter at the centre of the cloud, $\xi \epsilon_{\mathrm{F}}(r=0)$. Since $\epsilon_{\mathrm{F}}(r=0)$ scales as $n(0)^{2 / 3} \propto\left(N / R^{3}\right)^{2 / 3}=N^{2 / 3} / R^{2}$, we see that the radius of the cloud scales as $R \propto \xi^{1 / 4}$ and the central density as $\xi^{-3 / 4}$ for a given number of fermions. In an expansion experiment, the release energy (the total kinetic energy of the particles after expansion to low densities) is proportional to the chemical potential, and therefore this scales as $R^{2} \propto \xi^{1 / 2}$.

The scaling arguments for the unitarity limit may be extended to nonzero temperatures. The only temperature scale in the problem is the Fermi temperature $T_{\mathrm{F}}=\epsilon_{\mathrm{F}} / k \propto n^{2 / 3}$, and therefore, e.g., for the free energy, one may write $F=E_{0} \phi\left(T / T_{\mathrm{F}}\right)$, where $\phi$ is a function which may be determined by detailed calculation. Other thermodynamic quantities may then be obtained from the free energy by differentiation. Likewise, the transition temperature is a factor times $T_{\mathrm{F}}$, and numerical calculations give values in the range 0.15-0.25 times $T_{\mathrm{F}}$ (for a discussion see Ref. [29]).

### 17.6 Experiments in the crossover region

In this concluding section we provide some background for the interpretation of two important sets of experiments, the measurement of collective mode frequencies $[6,7]$ and the observation of vortex arrays in the BCS-BEC crossover region [8]. Along with the observation of pair condensation [4] and measurements of the pairing gap [5] these experiments have provided strong evidence for the existence of superfluid correlations on the BCS side of the resonance.

### 17.6.1 Collective modes

As in the case of Bose systems, modes of oscillation of Fermi gases provide a valuable probe of the state of the system. In this section we consider a number of limiting situations for Fermi systems in harmonic traps.

## Above the transition temperature

For a weakly interacting Fermi gas, the frequencies of modes are the same as for Bose systems, as discussed in Sec. 11.2. In the collisionless regime, mode frequencies are sums of multiples of trap frequencies, Eq. (11.28). In the hydrodynamic regime, the equation of state for a free Fermi gas is given by $p \propto \rho^{5 / 3}$, where $\rho=n m$, so the frequencies of modes may be determined from Eq. (11.46). When interactions are taken into account, modes will be damped and their frequencies shifted, as we have described for bosons in Secs. 11.2-11.3.

## Zero temperature

At zero temperature the fermions will be paired, as described above. Such a system has two classes of elementary excitations. One is the elementary
fermionic excitations whose energies we calculated from microscopic theory in Sec. 16.3.3. Another class is collective modes of the condensate, which are bosonic degrees of freedom. These were not allowed for in the microscopic theory above because we assumed that the gas was spatially uniform. We now consider the nature of these modes at zero temperature, first from general considerations based on conservation laws, and then in terms of microscopic theory. At zero temperature, a low-frequency collective mode cannot decay by formation of fermionic excitations because it requires a minimum energy $\epsilon_{\min }$ to create one. For the BCS model of the crossover, this is given by Eqs. (17.61) and (17.62). For a boson to be able to decay into fermions, there must be an even number of the latter in the final state, and therefore the process is forbidden if the energy $\hbar \omega$ of the collective mode is less than $2 \epsilon_{\min }$. In addition, since no thermal excitations are present, the only relevant degrees of freedom are those of an ideal fluid, which are the local particle density $n$ and the local velocity, which we denote by $\mathbf{v}_{\mathbf{s}}$, since it corresponds to the velocity of the superfluid component. The equations of motion for these variables are the equation of continuity

$$
\begin{equation*}
\frac{\partial n}{\partial t}+\boldsymbol{\nabla} \cdot\left(n \mathbf{v}_{\mathrm{s}}\right)=0 \tag{17.117}
\end{equation*}
$$

and the Euler equation (7.24), which when linearized is

$$
\begin{equation*}
\frac{\partial \mathbf{v}_{\mathrm{s}}}{\partial t}=-\frac{1}{m n} \boldsymbol{\nabla} p-\frac{1}{m} \boldsymbol{\nabla} V=-\frac{1}{m} \boldsymbol{\nabla} \mu-\frac{1}{m} \boldsymbol{\nabla} V . \tag{17.118}
\end{equation*}
$$

In employing the Euler equation we have assumed that the stress tensor of the fluid is given by the expression for a uniform fluid. This description is applicable as long as the scale of spatial variations is large compared with the characteristic size of a pair. In deriving the second form of the Euler equation we have used the relation $d p=n d \mu$ for zero temperature to express small changes in the pressure $p$ in terms of those in the chemical potential $\mu$. We linearize Eq. (17.117), take its time derivative, and eliminate $\mathbf{v}_{\mathrm{s}}$ by using Eq. (17.118), assuming the time dependence to be given by $\exp (-i \omega t)$. The result is

$$
\begin{equation*}
-m \omega^{2} \delta n=\boldsymbol{\nabla} \cdot\left[n \boldsymbol{\nabla}\left(\frac{d \mu}{d n} \delta n\right)\right] . \tag{17.119}
\end{equation*}
$$

This equation is the same as Eq. (7.60) for a Bose-Einstein condensate in the Thomas-Fermi approximation, the only difference being due to the specific form of the equation of state. For a dilute Bose gas, the energy density is given by $\mathcal{E}=n^{2} U_{0} / 2$ and $d \mu / d n=U_{0}$, while for a weakly interacting Fermi gas the effects of interactions on the total energy are small for $k_{\mathrm{F}}|a| \ll 1$
and therefore we may use the results for an ideal gas, $\mathcal{E}=(3 / 5) n \epsilon_{\mathrm{F}} \propto n^{5 / 3}$ and $d \mu / d n=2 \epsilon_{\mathrm{F}} / 3 n$. For a Fermi system in the unitarity limit, the energy scales in the same way as for an ideal Fermi gas, and therefore the solution to the equation is the same. The only effect of the interactions is to change the size of the cloud.

We now discuss low-lying modes in anisotropic harmonic traps, with the force per unit mass being given by Eq. (11.47). For this case, which is of greatest interest experimentally, it is convenient to work in terms of the velocity field, rather than the density, because the flow pattern in the modes is particularly simple. We previously did this in Sec. 11.2.1 for hydrodynamic modes in a normal Bose gas, and this led to Eq. (11.46). For a Fermi system either with weak attractive interactions or in the unitarity limit, the equation of state is of the form $p \propto n^{5 / 3}$, just as it is for a thermal Bose gas under adiabatic conditions and therefore Eq. (11.46) holds for these systems too. This is remarkable, since the static structures of the clouds are different: for the Bose system the equation of state is that for a perfect Bose gas, which at temperatures high compared with the transition temperature for BoseEinstein condensation is $p=n k T$ while for the Fermi systems discussed here, it is $p \propto n^{5 / 3}$. For a system in the BEC limit, the equation of state is $p \propto n^{2}$. For general values of the coupling in the crossover region, the equation of state is more complicated than a power law, but let us assume for the moment that it may be approximated by a power law, $p \propto n^{\nu}$, where the exponent $\nu$ is independent of density. Repeating for this equation of state the arguments that led to Eq. (11.46) one finds

$$
\begin{equation*}
\frac{\partial^{2} \mathbf{v}}{\partial t^{2}}=\nu \frac{p_{\mathrm{eq}}}{m n_{\mathrm{eq}}} \boldsymbol{\nabla}(\boldsymbol{\nabla} \cdot \mathbf{v})+\boldsymbol{\nabla}(\mathbf{f} \cdot \mathbf{v})+(\nu-1) \mathbf{f}(\boldsymbol{\nabla} \cdot \mathbf{v}) \tag{17.120}
\end{equation*}
$$

where $p_{\text {eq }}$ is the pressure and $n_{\text {eq }}$ the density in equilibrium. The equations corresponding to Eqs. (11.50-11.52) are obtained by replacing in those equations $8 / 3$ by $\nu+1$ and $2 / 3$ by $\nu-1$. For an axially symmetric trap, with $\omega_{x}=\omega_{y}=\omega_{0}$ and $\omega_{z}=\lambda \omega_{0}$ we obtain as before one solution, the scissors mode, with frequency $\sqrt{2} \omega_{0}$ for which the motion is in the $x y$ plane and the divergence of the velocity field vanishes. The two other modes have frequencies given by

$$
\begin{equation*}
\omega^{2}=\omega_{0}^{2}\left(\nu+\frac{1}{2}(\nu+1) \lambda^{2} \pm \sqrt{\nu^{2}+\left(\nu^{2}-5 \nu+2\right) \lambda^{2}+\frac{(\nu+1)^{2}}{4} \lambda^{4}}\right) \tag{17.121}
\end{equation*}
$$

which reduces to (11.54) for $\nu=5 / 3$. For $\nu=2$, which corresponds to a

Bose-Einstein condensed cloud in the Thomas-Fermi limit, the mode frequencies (17.121) become identical with Eq. (7.86).

Experimentally, measurements of collective modes in the crossover region have been performed on highly anisotropic clouds with $\lambda \ll 1[6,7]$. In this limit the two mode frequencies are the transverse frequency $\omega_{\perp}$, given by

$$
\begin{equation*}
\omega_{\perp}^{2}=2 \nu \omega_{0}^{2} \tag{17.122}
\end{equation*}
$$

and the axial one $\omega_{\|}$, given by

$$
\begin{equation*}
\omega_{\|}^{2}=\left(3-\nu^{-1}\right) \omega_{z}^{2} . \tag{17.123}
\end{equation*}
$$

In the BEC limit, where $\nu=2$, the transverse frequency is thus $\omega_{\perp}=2 \omega_{0}$, while the axial one is $\omega_{\|}=\sqrt{5 / 2} \omega_{z}$. In the unitarity limit when the scattering length tends to infinity, the equation of state is characterized by the exponent $\nu=5 / 3$ as we have seen above, the same as for the equation of state of an ideal Fermi gas at zero temperature, and the frequencies are $\omega_{\perp}=\sqrt{10 / 3} \omega_{0}$ and $\omega_{\|}=\sqrt{12 / 5} \omega_{z}$. Note also that in the isotropic case the larger of the two frequencies (17.121) equals $2 \omega_{0}$. In the experiment of Ref. [7] good agreement was obtained at low temperatures near the unitarity limit with the theoretical value $\sqrt{12 / 5} \omega_{z} \approx 1.549 \omega_{z}$ for the axial frequency. In the experiment of Ref. [6] close agreement with the theoretical value for the transverse frequency was found at low temperatures near the unitarity limit. These experiments are thus consistent with the existence of a lowtemperature superfluid phase, in which the collective mode frequencies are determined by superfluid hydrodynamics. More direct evidence for a superfluid phase is provided by the observation of quantized vortex lines, which we now discuss.

### 17.6.2 Vortices

In Chapters 6 and 7 we saw that the wave function of the condensed state is a key quantity in the theory of condensed Bose systems. In microscopic theory, this is introduced as the c-number part or expectation value of the boson annihilation operator. ${ }^{5}$ The analogous quantity for Fermi systems is the expectation value of the operator $\hat{\psi}_{b}(\mathbf{r}-\boldsymbol{\rho} / 2) \hat{\psi}_{a}(\mathbf{r}+\boldsymbol{\rho} / 2)$ that destroys two fermions, one of each species, at the points $\mathbf{r} \pm \rho / 2$. In the equilibrium state

[^56]of the uniform system, the average of the Fourier transform of this quantity with respect to the relative coordinate corresponds to $C_{\mathbf{p}}$ in Eq. (16.63). If a Galilean transformation to a frame moving with velocity $-\mathbf{v}_{\mathrm{s}}$ is performed on the system, the wave function is multiplied by a factor $\exp \left(i m \mathbf{v}_{\mathrm{s}} \cdot \sum_{j} \mathbf{r}_{j} / \hbar\right)$, where the sum is over all particles. Thus the momentum of each particle is boosted by an amount $m \mathbf{v}_{\mathrm{s}}$ and $<\hat{\psi}_{b}(\mathbf{r}-\boldsymbol{\rho} / 2) \hat{\psi}_{a}(\mathbf{r}+\boldsymbol{\rho} / 2)>$ is multiplied by a factor $\exp (i 2 \phi)$, where $\phi=m \mathbf{v}_{\mathrm{s}} \cdot \mathbf{r} / \hbar$. The velocity of the system is thus given by $\mathbf{v}_{\mathrm{s}}=\hbar \boldsymbol{\nabla} \phi / m$, which has the same form as for a condensate of bosons, Eq. (7.14). An equivalent expression for the velocity is $\mathbf{v}_{\mathrm{s}}=\hbar \nabla \Phi / 2 m$, where $\Phi=2 \phi$ is the phase of $\left\langle\hat{\psi}_{b}(\mathbf{r}-\boldsymbol{\rho} / 2) \hat{\psi}_{a}(\mathbf{r}+\boldsymbol{\rho} / 2)\right\rangle$. The change in the phase of the quantity $<\hat{\psi}_{b}(\mathbf{r}-\boldsymbol{\rho} / 2) \hat{\psi}_{a}(\mathbf{r}+\boldsymbol{\rho} / 2)>$ is independent of the relative coordinate $\boldsymbol{\rho}$, and henceforth we shall put $\boldsymbol{\rho}$ equal to zero. We turn now to non-uniform systems, and we shall assume that the spatial scale of inhomogeneities is much greater than the coherence length $\hbar v_{\mathrm{F}} / \Delta$. Under these conditions the system may be treated as locally uniform, and therefore the natural generalization of the result above for the superfluid velocity is
\[

$$
\begin{equation*}
\mathbf{v}_{\mathbf{s}}(\mathbf{r})=\frac{\hbar}{2 m} \boldsymbol{\nabla} \Phi(\mathbf{r}) \tag{17.124}
\end{equation*}
$$

\]

where $\Phi(\mathbf{r})$ is the phase of $<\hat{\psi}_{b}(\mathbf{r}) \hat{\psi}_{a}(\mathbf{r})>$, and also the phase of the local value of the gap, given by Eq. (16.61), but with $\Delta$ and $C_{\mathbf{p}}$ both dependent on the centre-of-mass coordinate $\mathbf{r}$. For long-wavelength disturbances, the particle current density may be determined from Galilean invariance, and it is given by $\mathbf{g}=n(\mathbf{r}) \mathbf{v}_{\mathbf{s}}(\mathbf{r})$. While for dilute Bose systems at zero temperature, the particle density is the squared modulus of the condensate wave function, the density of a Fermi system is not simply related to the average of the annihilation operator for pairs, except in the BEC limit (see Eq. (17.54)). At non-zero temperature, thermal excitations are present, and the motion of the condensate is coupled to that of the excitations. In the hydrodynamic regime this gives rise to first-sound and second-sound modes, as in the case of Bose systems (see Sec. 10.4). The basic formalism describing the modes is the same as for Bose systems, but the expressions for the thermodynamic quantities entering are different.

We have seen in Sec. 9.1 that the single-valuedness of the condensate wave function implies quantization of circulation. For a Fermi system, the role of the condensate wave function is played by the pair wave function, and the requirement that it be single-valued similarly leads to the conclusion that around a closed circuit the phase of the pair wave function should change by an integer multiple of $2 \pi$, and that the circulation of the superfluid velocity,
defined by Eq. (17.124), is quantized,

$$
\begin{equation*}
\oint \mathbf{v}_{\mathrm{s}} \cdot d \mathbf{l}=\frac{\ell h}{2 m} \tag{17.125}
\end{equation*}
$$

the factor of two reflecting the fact that the basic entities in the theory are pairs of fermions.

Quantized vortices are a characteristic signature of a superfluid, since in a normal liquid such a velocity field would decay by viscous dissipation. The existence of a superfluid state on the BCS side of a resonance received direct experimental confirmation from the observation of lattices of vortices [8]. In this experiment a mixture of ${ }^{6} \mathrm{Li}$ atoms with equal numbers of atoms in the two lowest hyperfine states was held in an optical trap with a magnetic field parallel to the long axis of a cigar-shaped cloud. The interaction between $a^{6} \mathrm{Li}$ atom in one hyperfine state and an atom in the other hyperfine state exhibits a Feshbach resonance at $B=834 \mathrm{G}$, with $a<0$ for magnetic fields above the resonance and $a>0$ for fields below, thus allowing the BCS-BEC crossover to be explored by varying the strength of the magnetic field. The trapped cloud was rotated around its symmetry axis by stirring it with two laser beams parallel to the symmetry axis of the cloud. As a consequence of the stirring, vortex lattices were generated starting both from the BCS and the BEC sides of the resonance.

To understand how the vortex arrays were imaged, we consider how the structure of a vortex changes in the crossover region. In the BEC limit, the basic constituents are diatomic molecules, and a vortex is described by the Gross-Pitaevskii equation, as for an atomic Bose-Einstein condensate (see Sec. 9.2.1). In the vortex core, there is a deficit of particles because of the centrifugal barrier, and this makes it possible to image vortices after expansion, as described in Sec. 9.4. The situation is different in the BCS limit. Even though the pair wave function vanishes on the axis of the vortex, and heals to its bulk value on a length scale $\xi_{\mathrm{BCS}}$ (Eq. (16.82)), the total density of fermions varies very little over the core. The reason for this is that the Fermi energy of the atoms, which is large compared with the pairing energy per particle in this limit, makes it energetically expensive to create a density depression. What happens instead is that states in the core region with energy less than the chemical potential are occupied, and these constitute a normal fluid, in the sense of the two-fluid model. As the scattering length becomes more negative, the density depression in the core increases, but detection is made more difficult by the decreasing size of the vortex core which becomes comparable to the interparticle separation $r_{\mathrm{s}}$ in the strongly coupled regime $k_{\mathrm{F}}|a| \gtrsim 1$ where the experiments are performed.

This means that the total deficit of atoms per unit length of a vortex on the BCS side of the resonance is limited to $1 / r_{\mathrm{s}}$, and it has not been possible to see the vortex structure on the BCS side of the resonance by examining a rotating cloud after expansion. The method adopted was to lower the magnetic field to the BEC side of the resonance during the expansion. This was done in a time much shorter than the time for formation of an ordered pattern of vortices, thereby ruling out the possibility that the vortices were formed only on the BEC side of the resonance. On the BEC side of the resonance, in the regime where molecules interact weakly, the deficit of atoms per unit length in the core of a vortex is of order $n \xi^{2} \sim 1 / a$, which can be very much larger than $1 / r_{\mathrm{s}}$, and can be detected optically. In equilibrium, one expects the average circulation to be close to $2 \Omega$, where $\Omega$ is the stirring frequency. The circulation per vortex $2 \Omega / n_{\mathrm{v}}$, where $n_{\mathrm{v}}$ is the number of vortices per unit area was then estimated, and this was found to be close to the value $h / 2 m$ expected for pairs of fermions. This provided striking confirmation of pair formation on the BCS side of the resonance.

## Problems

Problem 17.1 Consider the square-well potential $U(r)=-\hbar^{2} k_{0}^{2} / 2 m_{\mathrm{r}}$ for $r<r_{0}$ and $U(r)=0$ for $r>r_{0}$, where $k_{0}$ is a constant. For $r \geq r_{0}$, the wave function of a bound state is given by Eq. (17.6). Evaluate the effective range, defined by Eq. (17.37), for this potential.

Problem 17.2 Show that the energy of a molecule with non-zero momentum $\mathbf{q}$ interacting with atom pairs according to the model Hamiltonian (17.13) is given by $\epsilon_{\mathrm{M}}(\mathbf{q})=\epsilon_{\mathrm{M}}(0)+q^{2} / 2 M$. This demonstrates the Galilean invariance of the model. The expression for the energy of a moving molecule is more complicated when more than two atoms (or one molecule) are present, because the other particles provide a preferred frame.

Problem 17.3 Show from Fermi's Golden Rule for the Hamiltonian (17.15) that the decay rate of a diatomic molecule when the energy of the molecular state $\epsilon_{\mathrm{M}}$ is slightly greater than that of its two constituent atoms is given by $2\left(\epsilon_{g} \epsilon_{\mathrm{M}}\right)^{1 / 2} / \hbar$, where $\epsilon_{g}$ is defined in Eq. (17.25), with $g$ being the matrix element for coupling of a d-molecule to a pair of atoms. This result is equivalent to calculating the decay rate of the molecule from the imaginary part of the molecule energy calculated from Eqs. (17.21) and (17.19). When analytically continued to negative energies, this gives the real contribution proportional to $\epsilon_{\mathrm{M}}^{1 / 2}$ in Eq. (17.24).

Problem 17.4 Calculate the density profile for a two-component Fermi
system with equal numbers of particles in the two states in the limit $k_{\mathrm{F}}|a| \rightarrow$ $\infty$. Show for an isotropic harmonic trap with frequency $\omega_{0}$ that Eq. (17.119) for the collective modes may be written in the form

$$
-\omega^{2} \delta n=\omega_{0}^{2}\left[1-\frac{r}{3} \frac{\partial}{\partial r}+\frac{1}{3}\left(R^{2}-r^{2}\right) \nabla^{2}\right] \delta n .
$$

Solve the equation, e.g. by the methods used in Sec. 7.3.1, and demonstrate that $\delta n=C r^{l}\left(1-r^{2} / R^{2}\right)^{1 / 2} F\left(-n, l+n+2 ; l+3 / 2 ; r^{2} / R^{2}\right) Y_{l m}(\theta, \varphi)$, where $C$ is a constant and $R=48^{1 / 6} N^{1 / 6} \xi^{1 / 4} a_{\text {osc }}$, with $a_{\text {osc }}=\left(\hbar / m \omega_{0}\right)^{1 / 2}$, is the radius of the cloud and $F$ is the hypergeometric function (7.71). Show that the mode frequencies are given by $\omega^{2}=\omega_{0}^{2}[l+(4 / 3)(2+l+n)]$, where $n$ is a non-negative integer.

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## Appendix. Fundamental constants and conversion factors

The tables give CODATA 2006 internationally recommended values (http://physics.nist.gov/cuu/Constants/index.html). The digits in parentheses are the numerical value of the standard uncertainty of the quantity referred to the last figures of the quoted value. For example, the relative standard uncertainty in $\hbar$ is thus $53 / 1054571628=5.0 \times 10^{-8}$.

| Quantity | Symbol | Numerical value | Units |
| :---: | :---: | :---: | :---: |
| Speed of light | $c$ | $\begin{aligned} & 2.99792458 \times 10^{8} \\ & 2.99792458 \times 10^{10} \end{aligned}$ | $\begin{aligned} & \mathrm{m} \mathrm{~s}^{-1} \\ & \mathrm{~cm} \mathrm{~s}^{-1} \end{aligned}$ |
| Permeability of vacuum | $\mu_{0}$ | $4 \pi \times 10^{-7}$ | $\mathrm{NA}^{-2}$ |
| Permittivity of vacuum | $\epsilon_{0}=1 / \mu_{0} c^{2}$ | $8.854187817 \ldots \times 10^{-12}$ | F m ${ }^{-1}$ |
| Planck constant | $h$ $h c$ | $\begin{aligned} & 6.62606896(33) \times 10^{-34} \\ & 6.62606896(33) \times 10^{-27} \\ & 1.239841875(31) \times 10^{-6} \end{aligned}$ | J s erg s eVm |
| (Planck constant) $/ 2 \pi$ | $\hbar$ | $\begin{aligned} & 1.054571628(53) \times 10^{-34} \\ & 1.054571628(53) \times 10^{-27} \end{aligned}$ | J s ergs |
| Inverse Planck constant | $h^{-1}$ | $2.417989454(60) \times 10^{14}$ | $\mathrm{HzeV}^{-1}$ |
| Elementary charge | $e$ | $1.602176487(40) \times 10^{-19}$ | C |
| Electron mass | $m_{\mathrm{e}}$ $m_{\mathrm{e}} c^{2}$ | $\begin{aligned} & 9.10938215(45) \times 10^{-31} \\ & 9.10938215(45) \times 10^{-28} \\ & 0.510998910(13) \end{aligned}$ | $\begin{aligned} & \mathrm{kg} \\ & \mathrm{~g} \\ & \mathrm{MeV} \end{aligned}$ |
| Proton mass | $m_{\mathrm{p}}$ $m_{\mathrm{p}} c^{2}$ | $\begin{aligned} & 1.672621637(83) \times 10^{-27} \\ & 1.672621637(83) \times 10^{-24} \\ & 938.272013(23) \end{aligned}$ | $\begin{aligned} & \mathrm{kg} \\ & \mathrm{~g} \\ & \mathrm{MeV} \end{aligned}$ |
| Atomic mass unit | $\begin{gathered} m_{\mathrm{u}}=m_{\left({ }^{12} \mathrm{C}\right) / 12}^{m_{\mathrm{u}} c^{2}} . \end{gathered}$ | $\begin{aligned} & 1.660538782(83) \times 10^{-27} \\ & 931.494028(23) \end{aligned}$ | $\begin{aligned} & \mathrm{kg} \\ & \mathrm{MeV} \end{aligned}$ |


| Quantity | Symbol | Numerical value | Units |
| :--- | :---: | :--- | :--- |
| Boltzmann constant | $k$ | $1.3806504(24) \times 10^{-23}$ | $\mathrm{~J} \mathrm{~K}^{-1}$ |
|  |  | $1.3806504(24) \times 10^{-16}$ | erg K |
|  |  | $8.617343(15) \times 10^{-5}$ | $\mathrm{eV} \mathrm{K}^{-1}$ |
|  | $k / h$ | $2.0836644(36) \times 10^{10}$ | $\mathrm{~Hz} \mathrm{~K}^{-1}$ |
| Inverse Boltzmann constant |  | $k^{-1}$ | $11604.836644(36)$ |
| $\mathrm{Hz} \mathrm{nK}^{-1}$ |  |  |  |
| Inverse fine structure constant | $\alpha_{\mathrm{fs}}^{-1}$ | $137.035999679(94)$ | $\mathrm{K} \mathrm{eV}^{-1}$ |
| Bohr radius | $a_{0}$ | $5.2917720859(36) \times 10^{-11}$ |  |
|  |  | $5.2917720859(36) \times 10^{-9}$ | m |
| Classical electron radius | $e^{2} / 4 \pi \epsilon_{0} m_{\mathrm{e}} c^{2}$ | $2.8179402894(58) \times 10^{-15}$ | m |
| Atomic unit of energy | $e^{2} / 4 \pi \epsilon_{0} a_{0}$ | $27.21138386(68)$ | $\mathrm{eV}^{2}$ |
| Bohr magneton | $\mu_{\mathrm{B}}$ | $9.27400915(23) \times 10^{-24}$ | $\mathrm{~J} \mathrm{~T}^{-1}$ |
|  | $\mu_{\mathrm{B}} / h$ | $13.99624604(35) \times 10^{9}$ | $\mathrm{~Hz} \mathrm{~T}^{-1}$ |
| Nuclear magneton | $\mu_{\mathrm{B}} / k$ | $0.6717131(12)$ | $\mathrm{K} \mathrm{T}^{-1}$ |
|  | $\mu_{\mathrm{N}}$ | $5.05078324(13) \times 10^{-27}$ | $\mathrm{~J} \mathrm{~T}^{-1}$ |
|  | $\mu_{\mathrm{N}} / h$ | $7.62259384(19) \times 10^{6}$ | $\mathrm{~Hz} \mathrm{~T}^{-1}$ |
|  | $\mu_{\mathrm{N}} / k$ | $3.6582637(64) \times 10^{-4}$ | $\mathrm{~K} \mathrm{~T}^{-1}$ |


[^0]:    ${ }^{1}$ Numbers in square brackets are references, to be found at the end of each chapter.

[^1]:    2 The name lambda point derives from the shape of the experimentally measured specific heat as a function of temperature, which near the transition resembles the Greek letter $\lambda$.

[^2]:    1 The specific heat $C$ is the temperature derivative of the internal energy, subject to the condition that the trap parameters are unchanged. For particles in a box, $C$ is thus the specific heat at constant volume.

[^3]:    1 The use of the term oscillator strength derives from the comparison of the result (3.52) given below for oscillating electric fields with the classical calculation of the polarizability presented in Sec. 4.2.1.

[^4]:    1 For doubly polarized states, in which the nuclear and electron spins have the largest possible projections on the magnetic field direction and are in the same direction, the magnetic moment is independent of the magnetic field (see Sec. 3.2).

[^5]:    2 In this section we shall assume throughout that the particles move in a three-dimensional space.

[^6]:    ${ }^{3}$ Had we included the effects of the external potential in the Boltzmann equation, the average force on atoms of all momenta would vanish locally, not only after averaging over space. Forces due to the potential are compensated in the local steady state by forces due to density variations (and hence also pressure variations) in the gas.

[^7]:    1 Other authors use the word channel in a different sense, to describe the physical processes leading from one particular internal state (the initial state) to another (the final one).

[^8]:    6 This effective interaction is closely related to the pseudopotential defined by the equation $V_{\mathrm{ps}} \psi=\left(4 \pi \hbar^{2} a / m\right) \delta(\mathbf{r}) \partial(r \psi) / \partial r$ introduced in Ref. [7]. This has the property that the energy of the two-body system is given by solving the Schrödinger equation $\left[-\left(\hbar^{2} / 2 m\right) \nabla^{2}+V_{\mathrm{ps}}\right] \psi=E \psi$. This pseudopotential is designed to be used with the full wave function, including the components due to the scattered wave. Outside the range of the potential, the wave function at low energies varies as $1-a / r$ and consequently the effect of the operation $\partial(r \psi) / \partial r$ is to remove the scattered wave. This pseudopotential acting on the wave function including the scattered wave thus gives the same result as the effective interaction $\left(4 \pi \hbar^{2} a / m\right) \delta(\mathbf{r})$ acting on the wave function without the scattered wave.

[^9]:    7 In the sum there are both bound states and continuum states. The normalization condition for the bound states is $\int d \mathbf{r}\left|\psi_{n}(\mathbf{r})\right|^{2}=1$, and the continuum states are normalized as usual.

[^10]:    8 If the relative velocity of the incoming particles is zero and provided real scattering between different open channels may be neglected, scattering states with 'outgoing' spherical waves are the same as those with 'incoming' ones since there are no phase factors of the form $e^{ \pm i k r}$, and therefore both functions behave as $1-a / r$ at large distances.

[^11]:    9 Due to the existence of Feshbach resonances, scattering lengths in the presence of a magnetic field can differ considerably from the zero-field values.

[^12]:    1 An exception is the calculation of the depletion of the condensate in Sec. 8.1.3.
    2 For a more general two-particle interaction $U\left(\mathbf{r}, \mathbf{r}^{\prime}\right)$, the interaction energy of two particles both in the state $\phi(\mathbf{r})$ is $\int d \mathbf{r} d \mathbf{r}^{\prime} U\left(\mathbf{r}, \mathbf{r}^{\prime}\right)|\phi(\mathbf{r})|^{2}\left|\phi\left(\mathbf{r}^{\prime}\right)\right|^{2}$.

[^13]:    ${ }^{3} \psi$ is given in terms of two real functions, its real and imaginary parts. In carrying out the variations, the real and imaginary parts should be considered to be independent. This is equivalent to regarding $\psi$ and $\psi^{*}$ as independent quantities.

[^14]:    4 In the Gross-Pitaevskii approximation, the interaction energy of an atom at position $\mathbf{r}$ is given by the density of other atoms at that point times the effective interaction. This approach is therefore closely related to Landau's theory of normal Fermi liquids. It must be contrasted with the Hartree approximation used for atoms, and with mean-field theory as applied to highdensity degenerate plasmas or lattice magnetic systems with high coordination number, where correlations are unimportant and the potential energy is given directly in terms of the bare interaction. Correlations are important in dilute Bose gases, and their effects are taken into account by using the effective interaction, rather than the bare one.

[^15]:    5 As we shall see from the detailed calculations in Sec. 6.3, the leading term is of order $\left(a_{\text {osc }} / N a\right)^{4 / 5} \ln \left(N a / a_{\text {osc }}\right)$.

[^16]:    ${ }^{6}$ Equation (6.67) contains the bare dipole-dipole interaction. This is because the dipolar interaction is long-ranged but is small for a given pair of atoms, and therefore correlations are unimportant. This situation is to be contrasted with that of the central interactions, for which the effective interaction is different from bare interaction. The mean-field theory appropriate for the dipolar interaction is the usual one known from plasma physics, not one similar to Landau Fermi-liquid theory that we used in treating the central part of the interaction.

[^17]:    1 Note that this result applies only if $\phi$ is not singular. This condition is satisfied in the examples we consider in this chapter, but it fails at, e.g., the core of a vortex line. The properties of vortices will be treated in Chapter 9.

[^18]:    2 The functional derivative $\delta E / \delta n(\mathbf{r})$ of the energy is defined according to the equation $\delta E=$ $\int d \mathbf{r}[\delta E / \delta n(\mathbf{r})] \delta n(\mathbf{r})$, and it is a function of $\mathbf{r}$ with the dimension of energy. It is given in terms of the energy density (7.6), which is a function of $n$ and $\nabla n$, by

    $$
    \frac{\delta E}{\delta n(\mathbf{r})}=\frac{\partial \mathcal{E}}{\partial n}-\sum_{i} \frac{\partial}{\partial x_{i}} \frac{\partial \mathcal{E}}{\partial\left(\partial n / \partial x_{i}\right)}
    $$

    where the sum is over the three spatial coordinates.

[^19]:    ${ }^{3}$ Note that the total kinetic energy equals $E_{\text {zp }}+E_{\text {flow }}$.

[^20]:    ${ }^{4}$ In the literature, the word 'soliton' is sometimes used to describe solitary waves with special properties, such as preserving their shapes when they collide with each other. We shall follow the usage common in the field of Bose-Einstein condensation of regarding the word 'soliton' as being synonymous with solitary wave.

[^21]:    1 In this and the following chapters we put a 'hat' on creation and annihilation operators as well as on other operators when these are expressed in their second-quantized form.

[^22]:    2 Note that with our convention for the Fourier transformation given in Sec. 5.2.1 this implies that the operator $\hat{a}$ is the Fourier transform of $\hat{\psi} / V^{1 / 2}$.

[^23]:    ${ }^{3}$ In this chapter and the following ones it is important to distinguish between the condensate density and the total density, and we shall denote the condensate density by $n_{0}$ and the total density by $n$.

[^24]:    ${ }^{4}$ If the matrix $\mathcal{M}$ is not positive definite, an eigenstate of the Bogoliubov equations with a real eigenvalue can have a norm with a sign opposite that of the eigenvalue. This corresponds to an energetic instability of the system (see Sec. 14.3).

[^25]:    5 The set is presumably complete for physically relevant conditions, but we know of no formal proof.

[^26]:    6 The interaction that enters the usual Hartree and Hartree-Fock approximations is the bare interaction between particles. Here we are using effective interactions, not bare ones, and the approximation is therefore more general than the conventional Hartree-Fock one. It is closer to the Brueckner-Hartree-Fock method in nuclear physics, but we shall nevertheless refer to it as the Hartree-Fock approximation.

[^27]:    7 In this approximation the effect of the thermal excitations on the 'pairing' terms proportional to $\hat{a}_{\mathbf{p}}^{\dagger} \hat{a}_{-\mathbf{p}}^{\dagger}+\hat{a}_{\mathbf{p}} \hat{a}_{-\mathbf{p}}$ has been neglected. More generally one could replace in the last term of (8.104) $n_{0}$ by $n_{0}+V^{-1} \sum_{\mathbf{p} \neq 0} A_{\mathbf{p}}$ where $A_{\mathbf{p}}$ is the average value of $\hat{a}_{\mathbf{p}} \hat{a}_{-\mathbf{p}}$, which is non-zero when excitations are present. However, this approximation suffers from the disadvantage that the energy of a long-wavelength elementary excitation does not tend to zero.

[^28]:    1 By this we mean that it is assumed that $\ln (D / \xi) \gg 1$ and therefore other terms in the energy, which give rise to a numerical factor in the argument of the logarithm, may be neglected.

[^29]:    ${ }^{2}$ The word yrast is the superlative of $y r$, which in Swedish means 'dizzy'.

[^30]:    3 More formally, one may define the coarse-grained average of a function $f(\mathbf{r})$ by the equation $\bar{f}(\mathbf{r})=\int d \mathbf{r}^{\prime} \mathcal{C}\left(\mathbf{r}-\mathbf{r}^{\prime}\right) f\left(\mathbf{r}^{\prime}\right)$ where $\mathcal{C}$ is a smooth function, e.g. a Gaussian, that is largest for small $\mathbf{r}-\mathbf{r}^{\prime}$, falls off on the length scale of the coarse graining, and satisfies the normalization condition $\int d \mathbf{r}^{\prime} \mathcal{C}\left(\mathbf{r}-\mathbf{r}^{\prime}\right)=1$.

[^31]:    ${ }^{4}$ According to the procedure described in footnote 3 , the coarse-grained average of $\nabla^{2} f(\mathbf{r})$, where $f(\mathbf{r})$ is some function, is $\int d \mathbf{r}^{\prime} \mathcal{C}\left(\mathbf{r}-\mathbf{r}^{\prime}\right) \nabla^{2} f\left(\mathbf{r}^{\prime}\right)$, which on integrating by parts twice and neglecting surface terms becomes $\int d \mathbf{r}^{\prime} f\left(\mathbf{r}^{\prime}\right) \nabla^{2} \mathcal{C}\left(\mathbf{r}-\mathbf{r}^{\prime}\right)$. Since $\nabla^{2} \mathcal{C}$ varies slowly on microscopic length scales, we may replace $f\left(\mathbf{r}^{\prime}\right)$ by $\bar{f}\left(\mathbf{r}^{\prime}\right)$ in the integrand. On performing two further integrations by parts, the expression reduces to $\nabla^{2} \bar{f}(\mathbf{r})$. For the case of interest, $f=\ln n=$ $\ln \bar{n}+\ln (n / \bar{n})$. For the LLL wave function, the coarse-grained average of $\ln (n / \bar{n})$ is a number independent of density, and therefore $\nabla^{2} \overline{\ln n}=\nabla^{2} \ln \bar{n}$.

[^32]:    1 That the result must have this form also follows from the theorem of small increments [3]. Small changes in an external parameter change a thermodynamic potential by an amount which is independent of the particular thermodynamic potential under consideration, provided the natural variables of the thermodynamic potential are held fixed. For the potential $\Omega=$ $E-T S-\mu N$ associated with the grand canonical ensemble, the natural variables are $T$ and $\mu$. It therefore follows that $(\delta \Omega)_{T, \mu}=(\delta E)_{S, N}$. The change in the energy when the interaction is turned on is the expectation value $E_{\text {int }}$ of the interaction energy in the state with no interaction. Since the particle number is given by $N=-\partial \Omega / \partial \mu$, the change in the number of particles due to the interaction when $\mu$ and $T$ are held fixed is given by $\Delta N=-\left(\partial E_{\mathrm{int}} / \partial \mu\right)_{T}$.

[^33]:    2 Note that this differs from the definition of $\mathbf{f}$ used in Sec. 9.6, where it was the force per unit volume.

[^34]:    ${ }^{3}$ In this section we choose to work with a complex deviation function. We could equally well have worked with a real function, with terms depending on time as $\cos 2 \omega_{z} t$ and $\sin 2 \omega_{z} t$. The dissipation rate then depends on time, but its average agrees with the result obtained using a complex deviation function.

[^35]:    1 We shall assume that the quantization axis is fixed in space. In magnetic traps this is not the case and novel textural effects similar to those in liquid crystals and superfluid liquid ${ }^{3} \mathrm{He}$ can occur.
    2 In Chapter 3 we denoted the angular momentum of an atom by $\mathbf{F}$ but, to conform with the convention used in the literature on spinor condensates, in this section we denote it by $\mathbf{S}$ even though it contains more than the contribution from the electron spin. Thus $\mathbf{S} \cdot \mathbf{S}=F(F+1)$.

[^36]:    ${ }^{1}$ In this chapter we denote the single-particle wave functions by $\psi_{1}$ and $\psi_{2}$ rather than by $\phi$, as we did in Chapter 6.

[^37]:    2 The correlation functions considered in this section are ones which contain the effects of the interparticle interactions only in a mean-field sense, as in the Hartree and Hartree-Fock approaches. The true correlation functions have a short-distance structure that reflects the behaviour of the wave function for a pair of interacting particles. For the alkalis, the wave function at zero energy for the relative motion of two atoms has many nodes and, consequently, the correlation function at short distances has rapid spatial oscillations.

[^38]:    3 Note that the occurrence of the explicit volume factor $1 / V$ in Eq. (13.111) originates in the normalization volume employed for the momentum eigenstates.

[^39]:    4 Note that according to Eq. (8.90) the interaction energy is minimized for $U_{0}<0$, when $\sum_{\mathbf{p}} N_{\mathbf{p}}^{2}$ is made as small as possible.

[^40]:    1 Under experimental conditions, the width of the excited atomic state is small compared with the magnitude of the detuning, and thus it may be neglected.

[^41]:    2 For even $N_{\text {lat }}$, the two states with $\nu= \pm N_{\text {lat }} / 2$ are identical, so only one of them should be included.

[^42]:    3 We use in the following the symbol $\mathcal{E}$ to denote the energy density, averaged over a volume with linear dimensions large compared with the lattice spacing. No confusion should arise with our previous use of $\mathcal{E}$ to denote the magnitude of the electric field.

[^43]:    ${ }^{4}$ Here we exclude global changes of the phase, which give rise to no change in the thermodynamic potential, and thus correspond to neutral stability.

[^44]:    ${ }^{5}$ For brevity, in future we shall refer to this operator as simply the Hamiltonian.

[^45]:    ${ }^{6}$ For a finite array, the Fourier coefficients will be appreciable only in a small range of wave vectors that differ from $\mathbf{K}_{\tau}$ by amounts of order $1 / L$, where $L$ is a characteristic linear dimension of the array before expansion.

[^46]:    1 In Sec. 13.1.1 we mentioned the difficulties in defining a Hermitian operator for the phase for the problem of tunnelling of particles between two wells. These are associated with the vacuum state, and in a Bose-Einstein condensate the effects of this state are small as long as the density fluctuations are small compared with the average density. As one can see, the operator (15.35) is Hermitian.

[^47]:    2 The quantity $-(\partial E / \partial L)_{N}$ has the dimensions of force, but in accord with the practice in the literature, we shall denote it by $p$ and refer to it as the pressure.

[^48]:    ${ }^{3}$ As an example, the two-body wave function in the strong coupling limit is proportional to $|\sin \pi x / L|$, and its Fourier transform is proportional to $[1+\cos (p L / \hbar)] /\left[p^{2}-(\pi \hbar / L)^{2}\right]$.

[^49]:    ${ }^{1}$ In this chapter all distribution functions are equilibrium ones, so we shall denote them by $f$ rather than $f^{0}$.

[^50]:    ${ }^{2}$ The chemical potential can be negative if interactions are strong (see Sec. 17.3.3).

[^51]:    3 The zero-temperature coherence length in BCS theory is denoted by $\xi_{0}$ and is given by $\xi_{0}=$ $\hbar v_{\mathrm{F}} / \pi \Delta(0)$, where $\Delta(0)$ is the energy gap at zero temperature.

[^52]:    ${ }^{4}$ However, on both sides of the transition the energy density and the pressure are changed by an amount $U_{0} n^{2}$ due to the Hartree contribution, which we have neglected in this section.

[^53]:    2 We use the symbol $\mu$ for both the chemical potential and for the magnetic moment. This should not cause confusion since it is clear from the context which of them is intended.

[^54]:    ${ }^{3}$ For historical reasons we shall refer to this equation as the gap equation, even though, as we shall show (see Eq. (17.62)), the minimum energy of a fermionic excitation is not given by $\Delta$ when a bound molecular state is present.

[^55]:    4 With the conventions used here, this quantity has the dimensions of an energy, but for historical reasons we shall refer to it as a frequency.

[^56]:    ${ }^{5}$ By assuming that the expectation value is non-zero, we work implicitly with states that are not eigenstates of the particle number operator. However, we showed at the end of Sec. 8.1 how for Bose systems it is possible to work with states having a definite particle number, and similar arguments may also be made for fermions. For simplicity we shall when discussing fermions work with states in which the operator that destroys pairs of fermions has a non-zero expectation value, as we did in describing the microscopic theory.

